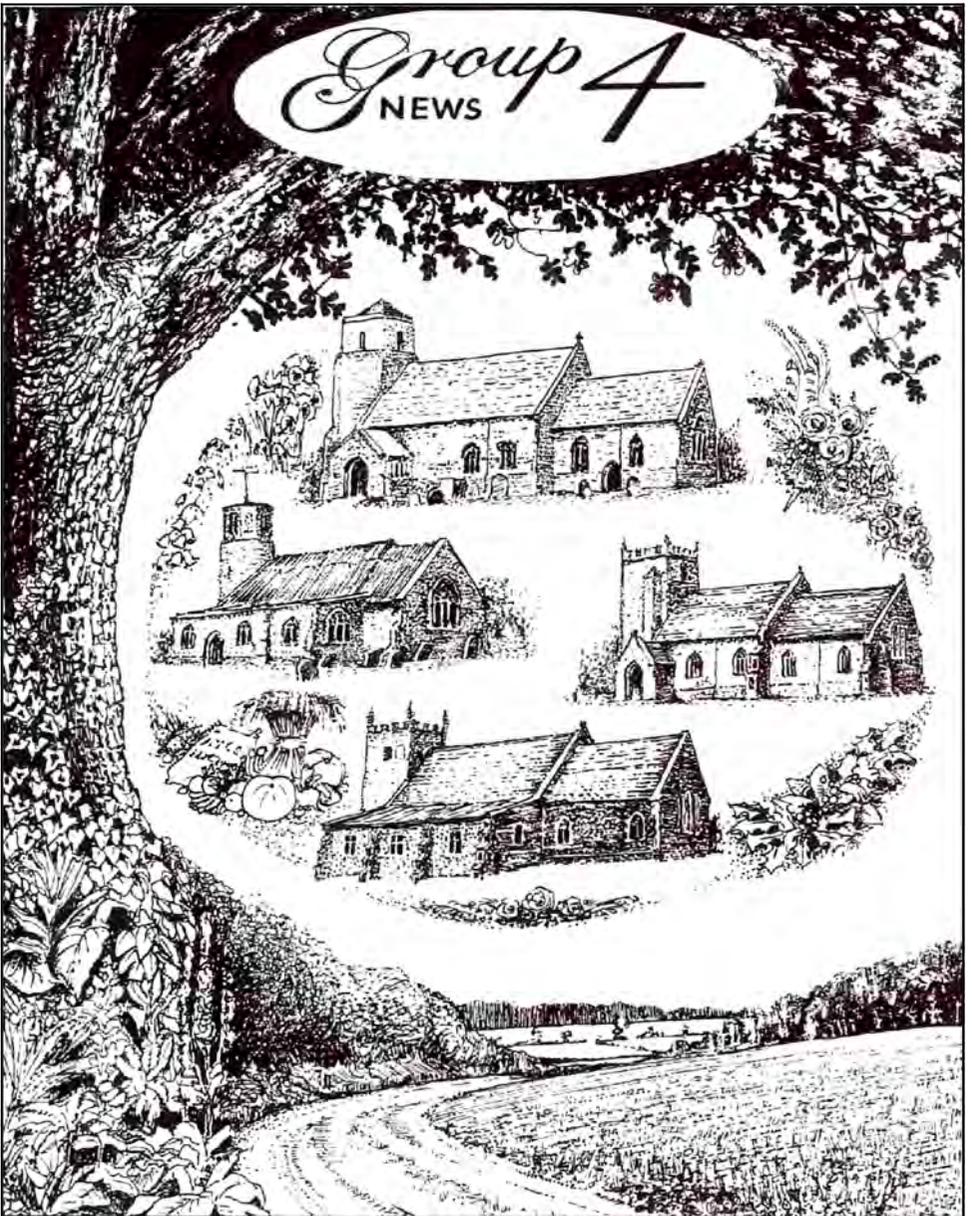


Group 4

NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

September 2018

WELCOME

As always, 'Happy Reading'
The Editorial Team
Eileen and Pam

**WE ARE
MACMILLAN.
CANCER SUPPORT**

Macmillan Coffee Morning

On Saturday 29th September
In Wereham Village Hall
Starting at 10am

Come and join us for a coffee or tea
and a delicious cake (or two), and
Support Macmillan.

There will be a **CRAFT, BOOK** and **Bric-a Brac** stalls,
as well as a
BIG RAFFLE
with many prizes to be won.

Donations of cakes and raffle prizes would be most
welcome

WE HOPE TO SEE YOU THERE

For further information, and offers of cakes, raffle
prizes or general help on the day, please contact
Angela(500145) or Diane (500798)

GROUP 4 TEAM VILLAGE CONTACTS

Barton Bendish: Jill Mason
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Tel: 01366 347 928
masons.sandmere@btinternet.com

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p.wakeling621@btinternet.com

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vivienne.scott@gmail.com

Please submit all information through
your Village Contacts.

Deadline for copy for the October 2018 edition:

11th September

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Alan Pickering 16 Tinkers Way,
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Kevin Fisher, Tel 01366 502224

Thanks to all contributors and
apologies to any whose work has not been
shown in this issue.

We promise to include your articles
wherever and whenever possible. Please
do keep them coming.

Many thanks to the distributors, we
couldn't do without you!!!

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‘FROM THE RECTORY’



New Rectory
High Street
Fincham nr. King's Lynn
Norfolk
PE33 9AP
01366 348079

Dear All,

“Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.” (Matthew 6: 34 NIV) Worry doesn't rid tomorrow of its sorrows, it just robs today of its joy. A salesman who usually drove an old car and wore out dated clothes turned up at his office one day in a designer suit and driving a new BMW. His colleague was amazed and said, “What happened, won the lottery or something?” “Remember how I used to worry about everything? The salesman said, “Well, I hired a team of professional worriers; now I tell them my problems and they do all the worrying for me.” The colleague asked, “How much do they charge?” £2,000 a week.” Said the salesman. “How can you afford that?” his colleague asked. The salesman smiled and replied, “That's their worry not mine!”

Wouldn't you like to have somebody to handle all your worries? You do; his name is Jesus and he said, *“Come to me, all you who are weary and burdened, and I will give you rest.”* (Matthew 11: 28 NIV) And God promises, *“...as your day, so shall your strength, your rest and security, be..”* (Deuteronomy 33: 25 AMP) That's because he only gives us *today's* strength for *today's* needs. Remember it's impossible to wring your hands and roll up your sleeves at the same time. So instead of wasting today worrying about tomorrow, *“Give your worries to God...”* (1 Peter 5: 7 NLT) and get busy living the life he gave you to enjoy!

God Bless.

Ken Waters

DEANERY NEWS

SIGNIFICANT INVESTMENT PLANNED FOR OUR MARKET TOWNS



Over the next five years, the Diocese of Ely will be investing 4.36 million pounds in the region's market towns.

The Changing Market Towns project has been awarded £2.13 million of Strategic Development Funding from the Church of England, which is being matched by the Diocese to bring the total investment over the next five years to £4.36 million. The project will be focussed on the seven towns of; Wisbech, March, Chatteris, Littleport, Ramsey, Huntingdon and **Downham Market**.

The project is an expression of one of the 'Levers for Change' within the Diocese of Ely's Ely2025 Growth Strategy - Targeting Resources to Key Areas. It will focus on enabling and sustaining church growth in small and medium-sized towns and will significantly enhance the Diocese's ability to realise its commitment to;

- •• **engage** fully and courageously with the needs of our communities, locally and globally
- •• **grow** God's church by finding disciples and nurturing leaders, and
- •• **deepen** our commitment to God through word, worship and prayer. It aims to work across whole towns, and not be constrained by some of the ancient parish boundaries.

The Rt Revd Stephen Conway, Bishop of Ely, said: *"I am delighted that this major project has received support from the Strategic Development Fund. We hope that, through it, very many more people will be enabled to join a journey of faith and share in God's work of transforming their communities. It is far-reaching, complex and ambitious and an expression of our faith in the power of God"*

Canon Matthew Bradbury, the Lead Minister in the Church of England's Wisbech Market Town Mission, added: *"I am absolutely delighted with the news of the grant. After more than a year in the planning, it will be great to start advertising for the additional support workers who together with the members of our congregations will be striving to take the Gospel to the heart of the community"*.

The funding will enable the Diocese to transform its engagement with Fenland town communities in the north of the region, bringing in new congregations and fresh expressions of church. It will be supported by the organisational changes necessary to provide our church leaders with the freedom to focus on town ministry. It will also help to pay for a network of community support workers with family, youth and other specialisms - leading the work of our churches in transforming their communities.

Other major elements of the project include the development of a learning community for theology and mission in Wisbech. This will aim to equip and grow a wide-range of lay ministers and other trained volunteers to develop new partnerships between the churches and the wider community.

To keep in touch with the Market Towns project please visit the Diocese of Ely website at <http://www.elydiocese.org/changing-market-towns>

A REFLECTION FOR HARVEST TIME

Give us today our daily bread

Jesus said, "I am the bread of life" (John 6:35). Every time we pray the Lord's Prayer we say, "Give us today our daily bread". A first action in the morning is to reach for the bread bin to find a slice of bread to put in the toaster. Bread is all around us, especially in Norfolk where grain production is for so many their life. As I go around the supermarket and see so much bread, particularly long-lasting wrapped bread, I find myself wondering what we make of those two statements.

I am part of a family where home bread-making has always been a shared activity. When our children were small they mixed, kneaded and shaped the dough and then learned to wait patiently for the dough to rise and be baked. Cookery hints are now shared with them across the world. Bread continues to nourish our extended family life. Jesus, the bread of life, is reflected in such rich waiting and the delight of butter melting on that first slice of the new loaf which nourishes and sustains us, with the excitement of that cut before the loaf cools.

Harvest is indeed a time for thanksgiving. Thanksgiving for those who have grown, harvested and milled the grain Thanksgiving for our daily bread and the sensuous delight in eating it, living with he who is the bread of life.

David Yabbacome

HARVEST

September 2018

Dear Friends,

This year harvest is early! Farm vehicles pass through the junction that gives the option of going from Oxborough to Stoke Ferry or to Barton Bendish and Beachamwell. Whichever route you take you will pass through Eastmoor.

Those who live here are left in no doubt as to what is going on on the rolling acres through which the roads run, by the type and size of the machinery that fill the roads. This year's harvest started with a grass or cereal crop being chopped and prepared for biofuel via a digester, the rape and barley and wheat followed. If farm traffic is a guide then potatoes, carrots and parsnips still to come. The green maize, also for biofuel now somewhat held back by the drought is still bulking up.

For a week or so the golden stubble seems to be giving a good report and is now being spread with "stuff" from huge heaps at the field margins. Grey for recycled paper? And brown for? Perhaps the odour will be revealing.

The Garden Harvest although much affected by drought has responded to what little water was available. Late summer vegetables are good; apples plentiful, early and small.

So much for an observance of harvest. But how do we give appropriate thanks for yet another harvest? I expect we will decorate our churches with tokens of mellow fruitfulness and enjoy what it signifies. However a meaningful Christian thankful response is more difficult. The Old Testament tells us that once Israel had a settled Agriculture they were to bring gifts to the priest to distribute to the needy in the same way that their ancestors were helped on their pilgrimage (a wandering Aramean was my ancestor). A natural response today is for our small communities to send groceries to food banks; but that cannot be the end of our thanksgiving story. It is mind blowing that people in this country should be short of food but it's true. On a world scale the situation is far worse much of it provoked by insane political policies and alliances. So what can we in our Norfolk villages do to ensure that our wonderful world may be cared for in way that remains productive, beautiful and safe. In some respects we are toothless tigers against the power of multi nationals and governments whose main motivation is expedience and profit at the expense of the future wellbeing of our earthly environment.

So what can we do?

I believe it is our responsibility to be informed and alert to what is really happening in and to our environment. Peaceful protests and campaigns where appropriate may be the right way forward for some of us (online petition signing seems to be effective). Enjoyment of our harvest suppers will be possible with a clear conscience if we 'give thanks in all circumstances' (St Paul's letter to the Christians in Thessaloniki)

With best wishes for a joyful harvest celebration

Robin

Harvest Report

Ed Lankfer and his family farm about 200 hectares (nearly 500 acres) in the Wereham area

What a summer! What a year! Back in March the beast from the east caused the temperature to drop to minus 10°C. This was followed by the hottest driest period for a generation, with temperatures in excess of 30°C. That means that crops had to endure a 40° temperature variant, in the space of six months.

While holiday makers enjoyed the sun, farmers were sceptical, as the crops were forced through their final growth stages at great speed. Rather than ripen, they dehydrated and some necessary moisture evaporated.

We started harvest on the 2nd July, the earliest date in my life time. The first to be cut was a two row winter barley crop grown for seed, for a company called Openfield. They process it and sell it back to farmers for next years sowing. Surprisingly it yielded well and had good quality. We cut this variety first so that there is no contamination in the combine and it can be certified as pure.

The six row hybrid barley, which is grown solely for the feed market, also yielded and performed well. This is all destined for the port of Kings Lynn and will be exported to other countries in the EU.

My initial fears that the rapid senescence of the plants was going to affect the yield and quality were allayed.

One concern I did have was the straw. It had turned pink and I was worried that it would be harmful to my pigs and cows. After a little help from the wife and the farming forum we found out that as the plants died very fast it tried to hang on to its potassium to defend itself. It was no threat to the animals so I have baled close to 10000 bales which should get me through to next year's harvest.

Oats is a crop we grow exclusively for H & C Bearts in Stow Bridge. It looks a beautiful sample and will average approximately 7 tons/ha. It is all in store and will be delivered as and when they need it.

Oilseed rape had really dried out and had to be cut after the 64mm of rain. It looked good standing in the field, but I can only describe the yield as embarrassing. Although the rain had increased the moisture to a reasonable 8% and the oil content of 45% was quite pleasing there just wasn't enough of it.

Our main crop is wheat. This was very variable from field to field depending on variety and soil type. It is all grown as feed and is in store destined for 2 Agriculture in Stoke Ferry. The quality was better than predicted and on the whole yields will be slightly above average.

That leaves us with the canary seed which is not usually harvested until the first week of September, but the heat and drought will probably bring it forward.

So, in spite of the extreme weather I have a lot to be thankful for and it was a good harvest. All is safely gathered in with only a few small hiccups.

We still have the sugar beet to harvest when the factory opens and a lot of my neighbours have started the potato crop.

But, here is to harvest 2019.

COUNTRYSIDE NOTES - WASPS.

This year has seen record numbers of wasps. Common wasps (*Vespula vulgaris*) or 'jaspers' as they are known to country folk, have appeared in plague proportions. Last year, if I remember rightly, there were very few but the same certainly can't be said this summer!

Apparently there are 9,000 species of wasps in the UK alone and 100,000 identified world-wide. The vast majority are tiny, parasitic and solitary and, in England, the common wasp is the only one that really bothers us. If one is annoying you the best thing to do is stay calm. An angry wasp stings to defend itself and also releases a pheromone attracting other wasps to come to its aid.

Unlike bees, wasps do not store food so cannot survive the winter and they all die, with the exception of a few young fertilised queens. These individually seek out somewhere to hibernate then emerge in spring and set about building walnut sized nests in which each lays around twenty eggs. These hatch out into

set about building walnut sized nests in which each lays around twenty eggs. These hatch out into larvae which she feeds. By May they are mature and become workers. The queen then focuses her attention on laying more and more eggs which in due course also become workers. They expand the nest and feed the ever increasing number of larvae. Surprisingly, wasps do serve a useful purpose at this stage of their life cycle. The larvae need meat and while the workers don't eat meat themselves they catch insects, aphids, ants and caterpillars to feed them on.

This process continues until August when the queen ceases to lay eggs, apart from a special few to produce males and future queens. She no longer releases the pheromone which stimulates her workers to work. With no larvae to provide meat for they switch to searching for sweet, sugary substances to feed themselves and can also be seen drinking at bird baths and fish ponds. Come the cold weather they, the original queen and the males all die. Only the hibernating, mated queens survive.

Nests may be built in sheds, garages, bird boxes, wall cavities or a hole in the ground. Their location can often be discovered by studying the route wasps take. They are made out of seasoned or dead wood which has been chewed up and mixed with saliva to form a grey, paper-like substance. Beware, nests may be up to 40cms in diameter and contain 10,000 wasps but they really are works of art and well worth taking a close look at once they've been abandoned.

Professional pest controllers and local councils charge to dispose of active nests. Alternatively proprietary brands of powder or foam aerosols are available over the counter which, if used as instructed, can be effective. However, great care must be taken. Protective clothing should be worn and the nest only treated in the cool of late evening or early morning when the wasps are least active. If powder is used it should be put in place using a spoon tied to a long stick.

Jill Mason

GROUP HARVEST SUPPER IS AT WEREHAM THIS YEAR!

FRIDAY 28TH SEPTEMBER 7 PM £8 PER PERSON

BRING YOUR OWN DRINK.

CONTACT YOUR CHURCHWARDEN

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A quick and easy recipe for a late summer dessert:

Hazelnut Cheesecake

Ingredients:

55g (2oz) soft margarine
110g (4oz) digestive biscuits
30g (1oz) soft brown sugar
1 hazelnut yoghurt
85g (3oz) cream cheese
55g (2oz) caster sugar
125 mls ($\frac{1}{4}$ pt) double cream

Method:

1. 1. Melt the margarine.
2. 2. Crush the biscuits and add to the melted butter, together with the brown sugar.
3. 3. Put into a lightly greased dish, approximately 20cm (8 inch) in diameter.
4. 4. Chill for at least 1 hour. (You could leave it overnight.)
5. 5. Whip cream until thick.
6. 6. Mix cream with yoghurt.
7. 7. Mix cream cheese and caster sugar.
8. 8. Gradually add to yoghurt mixture and gently fold together.
Spoon into biscuit case. Decorate with your choice of fruit.

**The harvest of old age is the
recollection and abundance of
blessing previously secured.**

Marcus Tullius Cicero

CALLING ALL TENORS AND BASSES

My wife and I have been singing with the King's Lynn Festival Chorus for many years and enjoy the hard work (sometimes challenging) that Tom Appleton, our affable Music Director puts our friendly and supportive group through each week.

We have just completed a busy Season with the Rachmaninov Vespers sung in Russian as part of the King's Lynn Festival. A highlight earlier this year was being coached by and then singing with STILE ANTICO, triple Grammy Award Nominated Early Music group.

Like many choral groups, our tenor and bass sections need building up. So here's an extremely attractive SPECIAL OFFER starting in September – The King's Lynn Festival Chorus is offering a first term's FREE subscription to TENORS and BASSES who join them, followed by reduced subs (50%) the following term.

This is a great opportunity for ALL closet TENORS and BASSES to take advantage of; to be part of one of the best amateur choirs at least in Norfolk, if not beyond. A wonderful way to learn/re-learn some of the crown jewels of the choral repertoire, works that demand larger choral and orchestral forces.

So, what's planned for next Season?

We start with performing Beethoven's Ninth on Armistice Day in November; Rossini's Petite Messe Solennelle in February followed by Verdi's Requiem in May. And oh - there's also a small matter of a Christmas concert and the King's Lynn Festival Concert in July. Indeed, a busy but extremely rewarding Season that we are all looking forward to hugely!

Word may have got around that there are 'auditions' to get through. That is possibly too extreme and too strong a word to use.... It's really a voice assessment to hear which range suits you best, as voices change with the passage of time; also if you can hold and repeat a very short tune. It's all done very, very informally and in the most non- confrontational of atmospheres.

It doesn't matter if the last time you sang was at school as a child chorister, or belting out 'My Way' in the pub! It helps if you can follow a music score, but it's not compulsory. Give it a go!

(As a health bonus, there's a good release of endorphins at the end of each rehearsal that beats going to the gym anytime, and delays dementia I'm sure!)

So, tenors and basses out there, if you need more information, please contact me at michael.walker68@btinternet.com or phone on 01366 328242 or

(Sue Stewart) on secrtary@kingslynnfestivalchorus.co.uk

Mike Walker, Beachamwell

Marham Village Pre-school



We are a small and friendly Pre-school and place a strong emphasis on

Play With A Purpose

Opening Hours 8.30am til 3pm Daily Term Time

Places Available for children aged 2-4years

Contact us on 07950753877

or marhamvillagepreschool@hotmail.com

For more information visit our website



ESTABLISHED
44 years



We hold a monthly Bingo and all proceeds made go to the pre-school.
Next Bingo 19th September 2018
doors open 6.45pm eyes down 7.30pm
Refreshments Available

At Marham Bowls Club



All abilities welcome

Stretching, postures and breathing help to improve mobility and strength.

Please wear loose clothing and bring a warm rug and/or yoga mat (there will be a few mats available for loan/buy).

British Wheel of
Yoga Tutor,
Ann Lewing
Contact number:
01366 328350

**STOKE
FERRY
VILLAGE
HALL**

Mondays
7.00pm—8.30pm
Please arrive no
later than 6.55pm

£5.00 per session
(pay as you go)
Under 18 yrs old must
be accompanied by
an adult

WEREHAM

SHORT MAT BOWLS CLUB

Thursdays 7.00pm
at the Village Hall

Come and meet our friendly club, find out what's involved, try a new activity, help grow our club and have some fun!

For more info or for a chat contact

Phillip on 501330

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Please Note: I require space to park and easy access to an electrical point within 25 meters of the parking area. This is essential to carry out the full grooming process.

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesday 25th September	Beachamwell	Post Office	10:05 am
	Drymere	Telephone Box	10:40 am
	Boughton	Sycamore House Mill Road	15:20 pm 15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
Monday 10th and 24th September	Wereham	The Pond	9:30 am
		Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	First Thursday 12.00pm to 5.00pm
Swaffham	Second Saturday

For information:- www.farmersmarkets.net or your local Tourist Information Office

Barton Bendish	temporary	01366 347928
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

Beachamwell

Creative Writing Group



Meets every
second Monday
Afternoon

2.30pm

Everyone with an interest in
putting pen to paper welcome.

Enquiries: 01366 328895

or

james@jamesknoxwhittet.plus.com

Beachamwell

Wednesday Walkers

Explore the rights of way in and around
Beachamwell with us

We meet at the Village Hall at 10.00 am
FIRST WEDNESDAY OF EACH MONTH
*Walks last between one and a half to two
hours*

All, including dogs on leads, are welcome

Some paths may be rough underfoot,
there may be stiles or fields may be
ploughed: come at your own risk and
please wear suitable clothing and shoes
for the outdoors

Further details please telephone
01366 328452 or 01366 328536



Beachamwell WI

'Fungii'

A presentation by Sue Pennell

Thursday September 6th

7:30pm

Beachamwell Village Hall

Visitors welcome

01366 327023 or 01366 328589

Beachamwell

Table Tennis



Every Friday at

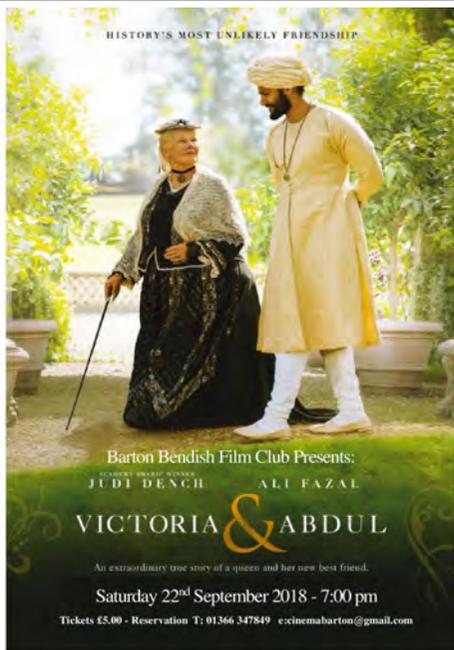
3.00pm

Village Hall

Enquiries: 01366 328895

or

james@jamesknoxwhittet.plus.com



Beachamwell Afternoon Tea and a Chat.....

Wednesday
September 19th
2 - 4pm

Beachamwell
Village Hall



Enquiries
01366
347673

Beachamwell The Churches of Beachamwell

Exhibitions
Open Churches
Guided Walk
Art, Poetry, Music
Refreshments

Sunday 23rd September
11am – 4pm
Free entry

St Mary's Church, Beachamwell
St Botolph's Church, Shingham
Beachamwell Village Hall

Proceeds of sales to the Friends of St Mary's

Registered Charity Number: 245456

Information at www.beachamwell.org.uk or
Telephone: 01366 328536

Beachamwell Quiz



Saturday September 29th
7.30

Beachamwell Village Hall

£3.00 per person
Tables up to six people
(essential to book a table)

Bring your own refreshments

There will be a Raffle

All proceeds to The Friends of St.
Mary's Church, Beachamwell

Enquiries and to book a table:
01366 328648 / 328729



Baroque Season

Norwich Baroque

September 22nd Saturday 7.30pm, Swaffham Assembly Rooms

Norwich Baroque Quartet

(Music for 2 Violins, Cello and Harpsichord)

October 21st, Sunday 3.00pm, Swaffham Assembly Rooms

Tale Dolce Musica

(Music for Soprano, Flute, Oboe, Bassoon and Harpsichord Continuo)

November 18th, Sunday 3.00pm, Swaffham Assembly Rooms

Season Ticket for all Three events

£21.00 members, £30.00 non members, accompanied children free
Otherwise

£9 for members, £12 non-members, accompanied children free

Tickets from

Green Parrot 01760 724704 and Ceres Bookshop 01760 722504

Enquiries: 01366 328648



**SWAFFHAM
WEA**

'Learn Something New'

Autumn Courses

Holland in the Golden Age

Mondays at 7.30pm from 17 September

Introduction to Sculpture

Fridays at 10am from 21 September

Fee: £52 for each 7 week course

Venue: Swaffham Community Centre

Further information and booking:

Tel 01760 723558



HAVEFUN! GET FIT!

WHY NOT JOIN

**METHWOLD
BADMINTON CLUB**

THIS FRIENDLY BADMINTON CLUB
MEETS EVERY THURSDAY EVENING AT
ST. GEORGE'S HALL IN THE CENTRE OF
METHWOLD FROM 7PM ONWARDS.

THE NEW SEASON STARTS ON 6th
SEPTEMBER 2018.

WHY NOT COME ALONG, MEET NEW
FRIENDS AND ENJOY AN ACTIVE
EVENING PLAYING BADMINTON.

WANT MORE DETAILS? PHONE
01366 383342. HOPE TO SEE YOU!

2018

**Barton Bendish
9th Annual**

**ART
PHOTOGRAPHY
CRAFT**

Exhibition & Sale

15th September 10.00 a m – 5.00 p m
16th September 11.00 a m – 5.00 p m

BARTON BENDISH VILLAGE HALL and ST ANDREW'S CHURCH will be transformed into art galleries showing the work of a large variety of talented local and well known artists, photographers and craftsmen. All art exhibited will be available for purchase.

There will be a number of demonstrations over the weekend including:-

Saturday morning and afternoon – fabric box making
Saturday morning – art
Sunday morning – mosaic art
Sunday afternoon – watercolour art

There will also be a demonstration of spinning during the weekend.

Refreshments and light lunches will be available.

Proceeds to benefit St Andrew's Church and the Village Hall.
Enquiries: bartonbendishvents@gmail.com

Nar Valley Ornithological Society (NarVOS)

Tuesday 25th September 2018,
7.30pm at the Barn Theatre,
Sacred Heart Convent School,
Swaffham. Access and parking
from Sporle Road.

Please come along to this
illustrated talk by **Greg Conway**,
entitled:

Birds of Thetford Forest.

Nightjars, Tree Pipits, Firecrests and more

Greg Conway has worked for the British Trust for Ornithology for 20 years and has studied many of the birds of Thetford Forest, including Nightjar, Woodlark, Firecrest, Tree Pipit and Stonechat. The NarVOS area has similar habitat and species so Greg's talk should be particularly enlightening. Come along to find out more about these and other fascinating bird species.

Visitors most welcome. Admission £2 on the night if you are not a NarVOS member. For more information about this meeting or NarVOS call Ian Black on 01760 724092.

Greetings by
Oscar



Come and visit our pop-
'Greetings Cafe' and
browse our selection of
greetings cards. We will be serving light
lunches.

Oscar's Birthday Celebration Sale - buy
two greetings cards at £1.00 each and get
the third one free!

Wednesday 19th September 2018
at All Saints' Church, Boughton
between 11:30 am and 2:00 pm.

WEREHAM'S POP-UP CAFÉ

will 'pop-up'

TWICE EVERY MONTH

(initially on the 1st and 3rd Tuesday)

from 10.30am till 1.00pm

The café will continue to serve a hot drink and a pastry or slice of home-made cake for just

£1.50

PLUS

a light lunch 'dish of the day' for an additional £2.50

Wereham Weekly Cash



Wereham Village Hall
Wednesdays

Doors open 6.45 pm

Eyes down 7.30 pm

Raffle and Refreshments
with complimentary biscuits



Enquiries: Doreen Rolph
01366 500218

All proceeds go to Village Hall
Registered Charity Number 1151336 Wereham Village Hall.

SPECIAL EVENT PLANNED?



NEW Range cooker and spacious larder fridge/freezer available when you hire

WEREHAM VILLAGE HALL!

Contact Doreen on 500218 for Bookings



Wereham

Indoor/outdoor

car boot sales and cafe.

The last Sunday of every month

excluding December.

9am until 1pm

Cafe serving bacon rolls, sausage in a roll or egg in a roll, with plenty of tea and coffee.

A warm and friendly welcome is given to everyone.

Please contact Philip on

[07759033492](tel:07759033492) or [01366501330](tel:01366501330)

e-mail

rose-

mary.pease@btinternet.com.

The dates for the rest of the year are Mar 26th, Apr 30th, May 28th, Jun 25th, Jul 30th,



Autumn Garden

Jumble 2018

Saturday 29th Sep-
tember

Garden paraphernalia and
plants for sale at
Tapestry Cot-
tage,
Chapel Road, Boughton

From 10 am until.....everything
sold!

All proceeds to All
Saints' Church,

Free home assessments on offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required. To book an appointment call the Careline Community Team on 01553 760671 .

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COMMUNITY NOTICE BOARD

Swaffham Museum

Swaffham Museum reopened in February after a busy six weeks. Behind the scenes work included **two new exhibitions, a new activity** for adults and children 'Do you know how to use a 1930's typewriter?', **additional dressing-up options** and **a new museum trail**.

The first new exhibition 'Philo's diary' has extracts from a diary written in 1850 by James Philo (1810-1877) who worked as a boot and shoemaker from his home at 8 London Street – approximately where Blaine's shop is today. He revisited the diary in 1873 and he describes the changes in Swaffham over the 19th Century. Besides his own personal sentiments, there are references to Education, Emigration, Local Government, Unions and Entertainment in Swaffham.

Our second exhibition is a display of paintings from our store. This is mostly paintings from the Carter family – Samuel John (father to Howard Carter), and Harry Carter who is well respected for his village signs. There are some copies of Harry's original designs. There are also some works from the graphic designer, Max Mueller. Max was a graphic artist and printer in Leipzig before becoming an unwilling conscript in the German army during WW11. He surrendered to the American army and eventually came to live as a prisoner of war in the camp at Cockley Cley. After his release he remained within the locality working for a funeral director before setting up his own printing press.

30th Anniversary of Swaffham Museum

This year is the 30th Anniversary of the Opening of Swaffham Museum. It was opened on March 14 by Dick Joice, well known and respected presenter of regional television and of the 'Bygones' programme. The Museum started with two rooms in the Town Hall, and there were over 1000 artefacts which had been collected during the previous 10 years. Mrs Merle Boddy was a prime mover in the establishment of the Museum. We will celebrate our 30 years in September on one of the Heritage Open Days.

Open Mon – Sat 10am to 4pm. More information on our website(www.swaffhammuseum.co.uk)





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D oor latches	L inen line	U ndercoat
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F ire grates	N ails	W ater butt
G loves	O veralls	X cellent service!
H ose pipe	P egs	Y ale locks
		Z ip polish

Swaffham Jazz Club

At Swaffham Conservative Club - £7
Tues 11th Sept at 7.30

Change of programme!

We are pleased to welcome from Canada

Roger and Karey Hewitt keyboard and vocals, with

Lee Vasey & Friends

COMMUNITY NOTICE BOARD

Could you help a young person with a disability to think about their Future?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

MASSIVE FUEL BILLS?



**INEFFICIENT OIL FIRED
& LPG BOILER?**

STORAGE HEATERS

NEED HOME

INSULATION?



On any of these Governments benefits?

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- Pension Guarantee Credit
- Income Support
- Income Based Job Seekers Allowance
- Income related Employment and Support Allowance

PRIVATE HOME OWNER OR TENANT?

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- Confirm your benefits with DWP
- Book your free survey for you
- Install your new fuel efficient oil boiler



Look forward to **A Warmer Winter, Lower your fuel bills.** A home with added warmth and an **Energy Efficient New Boiler** with an **OFTEC Certificate**

**Call Golden Globe today on 020 7096 5097
and book your appointment free of charge**



FARMING IN SOUTH EASTERN AUSTRALIA 2018 (GUARDIAN AUSTRALIA)

‘The price of grain is rising. The price of stock is falling. Everywhere is dust, and the trees are dying. You don’t hear frogs any more.’

South-east Australia is in the grip of a drought worse than many can remember. Last month was the second-hottest July on record, and the driest since 2002. It continued a 15-month run of below-average rainfall across New South Wales, central Queensland, the north-west of Victoria and into [South Australia](#).

I have lived here since 1982 and there have been some very tough times and droughts, but this is by far the worst I have ever seen our farm. What concerns me most is the widespread nature of it – from where are we to source grain even if we can afford it? We had no harvest last year and none this year along with most other farmers in south-east Australia.

We, my husband and kids and I, have worked very hard all our working lives to improve the land and our sheep enterprise. It is very hard to see the state of the land now. Many farmers cannot take a break because of the constant feeding of stock and are pretty exhausted.

A doctor’s story.....

I don’t depend directly on the land for my livelihood but many of our patients do, and the farmers and their families are struggling.

We live 10km out of Tamworth. Our garden is dying, we have no grass except the little bit watered by the grey water outflow. Everything is dusty and so dry. I have been buying water for most of the last year, every month another truckload. Normally you don’t see roos except at dawn and dusk – now we see them any time of the day, they have come out of the hills and are in the paddocks, eating the last of the tall dead grass. Huge mobs. They are even coming into town, eating any grass or plants they can find. They are desperate.

Even the indigenous trees are dying. Driving in through the pass in the hills behind Tamworth, the gums on the ridgelines are starting to die – dead leaves, dead branches on almost every tree.

There are no frogs – the last six months we have hardly heard any frogs at all.

We are losing things that are precious to us – the breed lines for the farmers, the special trees and plants in our gardens and parks, the lovely green lawns we used to have. It seems so long since we have seen green grass, since we have heard rain on the metal roof. It is a hard slog, minimising water use, shuffling buckets of water out to the remaining treasured plants, knowing that it may all be useless unless the rain comes.

And yet, on the mainstream news bulletins, it is as if we don’t exist on the other side of the sandstone curtain. Weather reporters blab on about lovely clear skies and sunny weather as if the cities were all that mattered. But how will the people in the cities eat if the country isn’t producing food for lack of water?

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BARTON BENDISH & EASTMOOR VILLAGE NEWS

Bill Tasker RIP



It is with great sadness I have to report that Bill Tasker passed away on August 11th. His family were by his side when he eventually lost the battle with cancer which he'd bravely fought for so long.

I'm sure everyone will join me in offering our deepest sympathy to Maureen, Matthew and the rest of his family.
Jill

Emily Dawn Cuttell

Thank you so much to all who were able to join us at Ma's funeral and reception, we really appreciated seeing so many of you, and thank you to everyone for your friendship and kindness over the years to our much loved Ma.

Hilary, Nigel and Simon.

Another Musical Triumph at Barton

A Summer Afternoon of Music at St Andrew's Church, Barton Bendish on August 12th

This event was our first experience of a community celebration after arriving in Barton Bendish two years ago. Poignantly, two of the people we met that day were Michael Horn and Bill Tasker both of whom, sadly, are no longer with us.

It is sad that the Grade II listed Halmshaw organ (the only one in Norfolk) is not played more often but soloists David Milbourn and Martyn Clarke gave us a tantalizing glimpse of what it would be like. They are both gifted musicians who were fully appreciated by approximately 70 members of the public, making this the highest attended organ recital yet, despite the indifferent weather. Similarly, flautist Phyllis Clarke's performance was greeted with enthusiastic and well-deserved applause.



My particular highlight of the day, however, was the performance of the Barton Bendish choir whose reputation now goes before them. Apart from several songs familiar to many of us who have seen them perform before, the choir produced an astonishingly good rendition of the Halleluiahs Chorus resulting in a standing ovation led by Jill Mason. Lissa Kinsey has produced a choir for the village to be proud of and to enjoy.

Thank you once again to the PCC for yet another enjoyable event which brought the village together. Now for the Arts and Crafts Festival!

Andrew Stephen

Art, Craft and Photographic Exhibition and Sale. Weekend September 15th/16th

Once again there are loads of entries for Barton's forthcoming annual Art, Craft and Photography Exhibition. As well as a wide range of pictures and crafts there will be books by local authors on sale and also demonstrations.

Refreshments and light lunches will be available.

The Exhibition will be open from 10am to 5pm on the Saturday and 11am to 5.0pm on the Sunday. Why not come along and take the chance to do some early Christmas shopping.

Further details from Mhari (01366 347849) or Linda (01366 347563)

Barton Bendish Film Club presents 'Victoria and Abdul' September 22nd at 7.0pm.

Victoria and Abdul, the 2017 drama starring Dame Judi Dench and Ali Fazal will be shown on Saturday 22nd September in the Village Hall with doors opening at 6:30 for a 7.00pm screening. As usual there will be free popcorn, and teas and coffee refreshments afterwards.

Abdul Karim arrives from India to participate in Queen Victoria's golden jubilee. The young clerk is surprised to find favour with the queen herself. As Victoria questions the constrictions of her long-held position, the two forge an unlikely and devoted alliance that her household and inner circle try to destroy. As their friendship deepens, the queen begins to see a changing world through new eyes, joyfully reclaiming her humanity.

Running time 1hr 52mins

Tickets are £5.00 and can be reserved by telephone 01366 347849, or email to cinemabarton@gmail.com Further information is on www.bartonbendishfilmclub.btck.co.uk/

Village Hall Update

By the time you read these notes the Trustees will have submitted a planning application for Option One, the more traditional of the two designs presented at the Consultation Meeting. Happily, none of the respondents opted for a third option – that of doing nothing. The next step, following the granting of planning permission, will be to approach funding agencies, such as the lottery scheme and WREN, for the money needed for developing and extending this vital community asset.

I think we can be optimistic about attracting funding. Liz Truss has offered to support us and we have the backing of Albanwise, the Parish Council, the Trustees, the PCC, Abricot, the Barton Bendish Film Club and RAF Marham. Most importantly, we have the support of the village. Achieving our aims was never going to be an overnight process but success is certainly in sight.

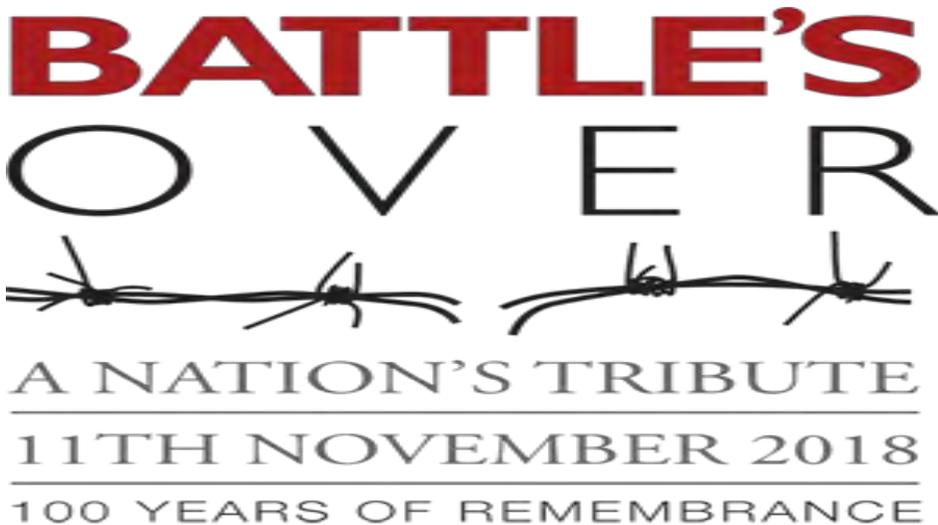
Finally, we are immeasurably saddened to hear of the death of Bill Tasker, a man whose contribution to the Village Hall whilst a Barton resident was nothing short of astonishing. He will be missed.

Andrew Stephen, Chair of Barton Bendish Village Hall Management Committee.

Extract from the Norwich Mercury 3rd June 1865

Barton Bendish

The seventh annual meeting of the Fincham, Beachamwell, and Barton choirs took place at St Andrew's church, in this parish, on Ascension evening, when a full choral service was most effectively performed. The chancel was decorated with beautifully illuminated scrolls, artistically arranged, appropriate texts, tasteful devices in evergreens, &c; the whole being the production and work of the family and guests at the Hall. After the service an excellent sermon was preached by the Rev. Smith Churchill, rector of Boughton, and a collection made in aid of the funds of the West Norfolk and Lynn Hospital, amounting to £3 13s 10d



100th Anniversary of the end of WWI 11th November 6.30pm Village Hall

Everyone is invited to Barton Bendish Village Hall on Sunday 11th November at 6.30 for the Nation's lighting of Beacons of Light to celebrate the 100th Anniversary of the end of WWI. This will be followed by a Social Evening of Remembrance and Thanksgiving.

Val McAlister

Bendish Ordinary Parish Council Meeting

held on 11th July 2018

The Chairman, Cllr Will Chapman, presided over the meeting and five members of the public were in attendance.

It was reported that members of the Parish Council had met with a representative from Anglian Water regarding damage caused by their contractors on Hatherley Gardens. An explanation of the problems had been provided and an apology for the damage and inconvenience to residents. Full details can be read in the minutes from the meeting, which are on the Parish Council website. A meeting was also being arranged with Anglian Water to discuss the ongoing issue of sewerage odour on Buttlands Lane.

The Parish Council was pleased to agree to give financial assistance to the project to extend and renovate the Village Hall by donating the cost of the planning application to the Village Hall Committee.

A request had also been received from the Village Hall Committee for assistance with the cost of replacement parts to keep the defibrillator in working order. As this is a facility for all residents the Parish Council felt that it was appropriate for them to cover these costs, which had previously been met by donations.

The next meeting will take place on Monday 24th September 2018. This will be an Ordinary Parish Council Meeting starting at 7.30 pm in the Village Hall.

Miss Sarah Thorpe, Parish Clerk

Telephone number: 01945 430930

Email: bartonbendishparishcouncil@aol.co.uk

Further information is available on the Parish Council website at bartonbendishparishcouncil.norfolkparishes.gov.uk

FORTHCOMING EVENTS

WEEKEND SEPTEMBER 15th and 16th Art, Photography and Craft Exhibition see poster

SATURDAY SEPTEMBER 22nd Film Victoria and Abdul 7.0pm Village Hall see poster

SATURDAY OCTOBER 13th Breakfast Church 9.30am Village Hall

SATURDAY OCTOBER 20th Trafalgar Evening 7.30pm Village Hall

SUNDAY NOVEMBER 11th 100th Anniversary of the end of WWI 6.30pm Village Hall

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Mobile Post Office

Monday and Thursday 12.55 – 13.15

Tuesday and Wednesday 11.10 – 11.40

Magazines

Spare copies of G4N and Swaffham Newsletter can be found in St Mary's Church and Beachamwell Village Hall

Parish Council



The next Parish Council meeting will take place on September 10th at 7.30pm.

If you have any items for the agenda please give them to me in writing at least a week beforehand.

As always, if you have a query or a problem, you can consult the Councillors at any time – they are more than willing to listen and help if they can. The Parish Council website is beachamwell-pc.norfolkparishes.gov.uk

Eileen Powell (Parish Clerk)

Remembrance



As we begin to make preparations for the Community Service on Sunday 11th November to commemorate the end of World War I, I would like to have the names of all the men and women from Beachamwell, Shingham and Drymere who have been on active service, in any war or conflict as we shall remember them and give thanks for them all by name on the 11th November. If you would let me have their name and where they served and whether or not that person died in service or not, would be much appreciated.

I do hope you will join us on this very special occasion on the morning of 11th November. The service will begin by gathering under the flag on The Green, and then continue in church, followed by refreshments afterwards in the Village Hall. Those who wish to come in uniform, are very welcome to. We hope to have a bugler from RAF Marham with us, but that is dependent on whether or not he has been deployed overseas by then.

Ann Knox Whittet annknoxwhittet@hotmail.com or 01366 328895

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St Mary's Church

As the exhibition in St. Mary's on the 23rd of September will reveal, Beachamwell once had five churches in around the village: All Saints and St. John which are now both ruins; St. Botolph's and the Wesleyan Chapel in Shingham, neither of which are used as places of worship which leaves only St. Mary's which somehow manages to struggle on from year to year, against all the odds. It's remarkable that such a small village should have had such a range of churches within such close proximity and it's well worth remembering and paying tribute to this important aspect of the history of the village.

On the day of the exhibition, there will be a rare opportunity to see inside St. Botolph's where there will be readings from an anthology of poems inspired by the five churches. There will also be songs sung by two fine singers to complement the poems. It will be good to have this beautiful and historic small church echo with voices again after years of silence.

Although St. Botolph is not one of the better known saints, there are in fact some seventy churches in England named after him. Botolph was a Saxon noble who lived in the 7th century and he was sent to a Benedictine monastery in France to continue his education. He returned to East Anglia and he founded a monastery in Suffolk. St. Botolph has come to be known as the Patron Saint of Wayfarers and a guide to all who journey through this sometimes bewildering life.

I hope that many of you will journey to the church in Shingham on the afternoon of Sunday, 23rd September. There will be more details of the day elsewhere in Group 4 and on posters around the village. **James Knox Whittet**

St Mary's Church PCC still have a vacancy for the position of Secretary. We meet four times per year, usually on a mid-week evening. You do not necessarily need to be attending church services in order to take up this position. If you are willing to consider helping us in this voluntary role please get in touch.

Vesna Hudson (Churchwarden) 07854 261273 or tj.hudson@btinternet.com

Flower and Brass Cleaning Rota for September

2nd Karen Butler and Jeanne Flynn; 9th Jenny Gabrielsen; 16th Heidi Hale;
23rd Several people as it is Churches of Beachamwell Open Day; 30th Bridget James.

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Update from The Friends of St Mary's

We had our first ever Summer Lunch on August 8th and what a lovely surprise



that 21 people came along for a light lunch and a drink with us. £70.00 was raised which will go towards the repairs to the thatch on the church roof.

Many thanks to everyone who came along and special thanks to Gill Sanderson for her large sausage rolls which were the first thing to sell out.

We would also like to thank the Village Hall Committee for allowing us the use of the

Hall and facilities without charge.

Next lunch will be Roast Turkey with all the trimmings. See G4News in November for details.

Patricia Clarke

Quiz

We will be holding the 3rd quiz in aid of FoSM on Saturday 29th September in the Village Hall at 7.30. If you are coming, which we hope you decide to do, please book a table beforehand

Peggy English and Eileen Powell

Village Hall - Beachamwell Village Fete and Country Fair

Your last chance to get rid of those items you no longer need, that may be cluttering up your shed, garage or loft, back of the wardrobe etc. We do accept clothes (clean and in good condition) but cannot accept large electrical items, computers and/or printers. All funds raised go towards the running and maintenance of the Village Hall. Your support for the bric-a-brac stall in the past has been amazing. Temporary storage can be arranged if required.

Phone 01366 328999 if you have items you need storing or that you are unable to deliver to the Village Hall yourself.

Books are very welcome and Beachamwell Book Group are running a book stall to raise funds for their group. Please leave any books on the stage in the Hall.

Please note the Hall will be open on Tuesday 28th, Wednesday 29st Thursday 30th August from 10am to 5pm. Friday 31st August from 10am onwards

Mary Riches

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Wednesday Walkers

With clear blue skies and the temperature set to climb again, it was off to the cool of the forest for the Wednesday Walkers on the 1st August. The circular walk covered around four and a half miles along shady rides and the ancient Pedderysty at Drymere.



Dozens of butterflies and day-flying moths were seen nectaring on the wild marjoram and knapweed growing beside the path. Amongst the common butterflies, two Silver-washed Fritillaries were spotted. These bright orange butterflies are one of the largest found in England, and are the cause of excitement in Norfolk as they have only been seen in the county since the millennium. Next month we shall explore around Beachamwell Warren, so do come and join us on Wednesday, 5th September. We shall walk from the village hall starting at 10.00 a.m.

Sue Pennell

(Photographs: Walking Group – Simon Smith and Butterfly - Sue Pennell)

Beachamwell Local History Group

The Churches of Beachamwell

The parish of Beachamwell is the site of four churches and also a Methodist Chapel. Beachamwell Local History Group is celebrating this wealth of historic and religious buildings with a range of exhibitions and events on Sunday 23rd September from 11am to 4pm.

In St Mary's Church there will be displays and exhibits featuring the history and architecture of the various churches, and information about their incumbents. Some of the parishioners who worshipped here through the centuries, and who

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

are remembered in memorials and gravestones will be included together with information from the registers of Births, Marriages and Deaths. In particular a snapshot of villagers who worshipped here in 1766 has been compiled. A timeline will show the significant dates stretching back to the Domesday Book.

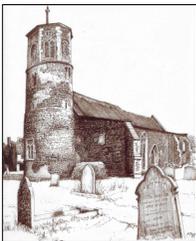
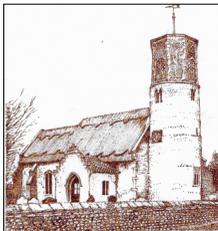
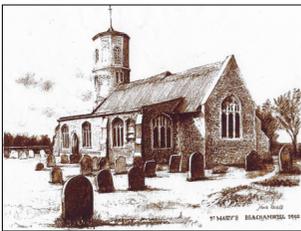
The day will provide a chance to visit St Botolph's Church at Shingham – normally not open to the public - and experience the charm of its simple interior with 15th century benches and the 17th century Jacobean pulpit. There will be a guided walk along local footpaths from Beachamwell to St Botolph's.

In Beachamwell Village Hall art exhibition will feature the Beachamwell churches in painting, drawings and photographs. The Hall is also the venue for light refreshments. The Beachamwell creative writing group has already produced a booklet of poetry inspired by the churches, and this will be on sale. Members of the group will be reading some of their poems in a short programme at St Botolph's at 2pm, including songs from two visiting singers.

Entry to all events is free. More information on the Beachamwell Local History Group website at www.beachamwell.org.uk or Tel: 01366 328536

Philip Spencer

A Brief Guide to Beachamwell Churches booklet will be on sale together with four postcards of St. Mary's Church.



BEACHAMWELL CHURCHES

A Brief Guide



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

WI

After last month's Bollywood event, Beachamwell WI enjoyed a quieter evening in August, when we welcomed Colin Hawgood, otherwise known as "Mr Norfolk Sharp". He gave a most interesting talk about his work and a demonstration of knife and tool sharpening techniques. We learned how to "get sharp and stay sharp". For us, August also brings a garden meeting with chat, tea and scones.



September is the month when the Committee step down from their duties and the members take over, as a thank you. Our speaker will be Sue Pennell, who will talk about "Fungi", illustrated by her own photos. Previously we have all enjoyed Sue's talks on wild flowers and butterflies; she is a real expert on our Breckland natural history and her photos are exquisite. In October, we will celebrate 100 years of Votes for Women with a special presentation written and performed by our members.

If you like the sound of what we do at Beachamwell WI, you are very welcome to come and join us for a visit. Telephone: Maggie 01366 327023 or Helen 01366 328589 **Maggie Mackenzie**



The CHURCHES of BEACHAMWELL

ONE VILLAGE - FOUR CHURCHES & A CHAPEL

EXHIBITIONS
OPEN CHURCHES
GUIDED WALK
ART POETRY MUSIC
REFRESHMENTS

St Mary's Church, Beachamwell
St Botolph's Church, Shingham
Beachamwell Village Hall

BEACHAMWELL LOCAL HISTORY GROUP

SUNDAY 23rd SEPTEMBER
11am - 4pm Free entry

Fundraising for Friends of St Mary's - Registered Charity No: 245456
www.beachamwell.org.uk OR Tel: 01366 328536

CHURCH SERVICES IN SEPTEMBER

(Priory/Northern group)

Sunday 2nd September The Fourteenth Sunday after Trinity

10.00 am	Fincham	Family Communion
10.00 am	Shouldham	Morning Prayer
10.30 am	Marham	United Worship (Methodist Chapel)
10.30 am	Stow Bardolph	Holy Communion
11.00 am	Wormegay	Holy Communion

Sunday 9th September The Fifteenth Sunday after Trinity

9.30 am	Shouldham Thorpe	Harvest Festival
10.30 am	Stow Bridge	Holy Communion
10.30 am	Marham	Morning Worship (Holy Trinity)
11.00 am	Runcton Holme	Holy Communion
6.00 pm	Fincham	Evensong

Sunday 16th September

10.00 am	Shouldham
10.30 am	Marham
10.30 am	Nordelph
11.00 am	Tottenhill

The Sixteenth Sunday after Trinity

Holy Communion
United Worship (Methodist Chapel)
Holy Communion in the Village Hall
Holy Communion

Sunday 23rd September

9.30 am	Fincham
10.30 am	Marham
10.30 am	Wimbotsham
11.00 am	Watlington

The Seventeenth Sunday after Trinity

Holy Communion (said BCP)
Holy Communion (Holy Trinity)
Holy Communion
Lay led service

Sunday 30th September

10.30 am	Stow Bardolph
----------	---------------

The Eighteenth Sunday after Trinity

Group Harvest Festival

THURSDAY SERVICES at 10am

HOLY COMMUNION **Fincham** 6th, 20th and 27th

BAPTISMS AND WEDDINGS

Please contact the Churchwarden in your parish.

CHURCHWARDENS

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	Vesna Hudson	(01366) 327030
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

CHURCH SERVICES IN SEPTEMBER

(Wissey Valley/Southern Group)

Sunday 2nd September

9.30am
9.30 am
11.00am
11.00am
6.00 pm

The Fourteenth Sunday after Trinity

Methwold	Service of the Word
Wretton	Service of the Word
Beachamwell	Holy Communion
West Dereham	Family Service
Wereham	Evensong

Sunday 9th September

9.30 am
9.30 am
9.30 am
10.00 am
11.00 am

The Fifteenth Sunday after Trinity

Methwold	Service of the Word
West Dereham	Service of the Word
Whittington	Holy Communion
Boughton	Breakfast Church
Barton Bendish	Family Service

Sunday 16th September

9.30 am
9.30am
9.30am
11.00am
11.00 am

The Sixteenth Sunday after Trinity

Methwold	Methodist Service
West Dereham	Holy Communion
Wretton	Service of the Word
Beachamwell	Service of the Word
Wereham	Holy Communion

Sunday 23rd September

9.30am
10.00 am
11.00 am
6.00 pm

The Seventeenth Sunday after Trinity

West Dereham	Service of the Word
Whittington	Harvest Festival
Boughton	Harvest Holy Communion
Barton Bendish	Evensong

Sunday 30th September

10.00 am

The Eighteenth Sunday after Trinity

Wereham	Together@10 Harvest Festival
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MIDWEEK SERVICES

Holy Communion 10.00am

Boughton Thursdays 13th and 27th

Holy Communion 10.00am

Wretton with Stoke Ferry Tuesday 18th

Compline 5.30pm **Whittington** Thursday 20th

BOUGHTON VILLAGE NEWS

Church news September 2018

We continue to have small but steady congregations. Twice a month, on Thursdays, we host the regular weekday communion service and the numbers are encouraging, being drawn not only from Boughton, but also Fincham, Eastmoor and Wretton, with one person travelling from Downham Market. We aren't going to make huge numbers in a small village, but we try to be welcoming and friendly so that everyone feels able to join us, even if they aren't regular church-goers. We are grateful to Brian Redgers for our Thursday Services, to Pippa for leading Breakfast Church and to Robin for his continual support and encouragement

Breakfast church continues to bring people in from various villages in the old group, with a beautifully presented and cooked meal prepared by Sandy and her team. We have a thought provoking talk from Pippa, with prayers and a hymn, and also Frank's account of the Bottle's latest adventures. Well worth coming for – good in the magazine, but even better live from Frank. Read his latest account of the Bottle's adventures.

It's rare for Boughton to host weddings in the church, but this year we have two. At the end of July Sarah Birch and Stuart Dockray were married in a happy ceremony where the church was full. Sarah is Janet Tidy's granddaughter and had lived in the village for several years. There will be another wedding with a village connection on 1st September when a member of the Jones family is married. We offer both couples our best wishes for their future together.

Boughton's Harvest Festival this year will be on Sunday 23rd September at 11 am. It will include a communion service, but please come along if you are not a communicant. We would welcome donations of packaged and tinned goods which will go to the Food Bank collection in Downham Market. The collection will be for a charity connected with farming. Decorating the church will be on Friday 21st September, from 10 am. Anyone is welcome to come down and join in. Coffee will be provided!! Foliage and flowers would be welcomed. If you have fruit, or other edibles, they will have to be removed after the service on Sunday to avoid a collection of rotting veg.

The group Harvest Supper this year will be in Wereham Village Hall, on Friday 28th September at 7pm

Tickets £8 -bring your own drink

contact Sheila 01366 858165 or I will collect names and money when tickets become available. I already have 9-10 names, so I hope Boughton will be well represented as it usually is. Make a note of the date in your calendar. It will be a chance to visit the new village hall in Wereham and the food is always good.

Further dates for your diaries: the annual church cycle ride takes place on September 8th. You are invited to walk, cycle or drive to as many Norfolk churches as you can, and be sponsored to raise money which is shared between your home church and the Norfolk churches trust. Contact me or Paul Coulten for details.

The annual church service on **Nine Lessons and Carols** will be on **Monday 17th December** at 6.30 pm, so please put the date in your diary now. Further details later.

Pam Wakeling (Churchwarden)

Greetings by Oscar Pop-Up Cafe ~ Bargain Birthday Deals, read on.....

Oscar has been selling cards for a year and to celebrate his birthday we are offering you a bargain deal whereby you buy 2 cards and get the 3rd one free. Cards are still amazingly good value at £1.00 each so 3 cards for £2.00 is an offer not to be missed. We will be serving light lunches and greetings cards at our next pop-up on Wednesday 19th September 2018 at All Saints' Church, Boughton between 11:30 am and 2:00 pm.

Look forward to seeing you.

The Boughton Village Caravan

Autumn Garden Jumble 2018

Calling all gardeners, Saturday 29th September is a date for your diaries. There will be a selection of garden paraphernalia and plants for sale at Tapestry Cottage, Chapel Road, Boughton. From 10 am until.....everything sold!

All proceeds to All Saints' Church and yes, if you have any items to donate they will be greatly appreciated.

Andrew & Angela on behalf of Boughton PCC

Update on the defibrillator

The Parish Council have given permission for the phone box to be used to house this life saving equipment. Currently a lottery application is underway to secure funding for this project, which will include the necessary insurance. The lottery application needs to come from a community group rather than the Parish Council, or an individual. Our village community group, The Boughton Village Caravan, kindly agreed to support this venture. I welcome the additional support that Angela Faharty and Sue Pogmore are giving me. I'll keep you informed with our progress. *Sarah Francis*

World Cup Bottle.

We had a message from Theresa May. : - "Bottle invited to be President Putin's guest at the world cup in Russia. He is trying to improve diplomatic relations with the UK. So it would be a good thing if Boughton's bottle could attend." We were reluctant initially to agree, what dangers could we be sending our bottle into? Our concerns were relayed to the PM. The UK secret services were immediately put on alert and charged with protecting the bottle. They did pretty well since he has returned safe and sound. He had to undergo shirt tugging and grappling training in the Penalty area. Falling over and rolling around in agony. Head butting on the ref's blind side. Oh, and a really good one – walking 50yds down the touchline before taking a throw-in. He was taught to swear in Portuguese and Spanish. Clasp his hands over his face as a gesture of innocence. Surround the referee in protest at decisions to delay the taking of penalties even scuffing up the penalty spot while his team mates distracted the Ref. There are a few more that he is reluctant to tell us about.

However despite all that he enjoyed the Word Cup. Mostly because he was invited to quite a few post-match dinners.

Back in training now to shed a few pounds.

He did actually put some 1950's plastic milk tokens on France to win the world cup when odds of 20:1 were available.

We have just taken delivery of 100 crates of milk. !!!

Semolina, Rice Pudding anyone ?

The eleventh annual Boughton Jazz Picnic was blessed with perfect weather ie no rain nor yet too hot. One of the largest audiences to date enjoyed an afternoon of New Orleans type jazz on the lawn at Rectory House, whilst tucking into their picnics and drinking the bar out of Pimms and Moongazer real ale from Hindringham brewery. As usual the raffle was well supported and Paul Coulten was able later to send donations to some well known charities: £500 to Medecins sans Frontieres, and £250 each to Help for Heroes and the East Anglian Air Ambulance.

Attached: photo of Barry Tyler's Original Dixieland jazz band, courtesy of Lynn News



WEREHAM VILLAGE NEWS

NEW DRAMA GROUP

We are aiming to set up a new drama group for Wereham and all of the surrounding villages. It is anticipated that we shall meet regularly in the Wereham Village Hall.

Open to all ages, we are not only looking for people who enjoy acting and singing, but also those who would like to try their hand at directing, stage management or set design. Can you help to make sets and costumes or props? Or perhaps you have skills in lighting and sound which would be invaluable to us.

It is planned to start the new group in September. If you are interested in finding out more, come along to our first meeting at Wereham Village Hall on Thursday 20 September at 7.30pm. For more information please contact Keith or Chris Murray on 01366 500976

or email: stagestruck_37@hotmail.com

Wereham Craft Group

We continue to make items to sell on the craft stall which in turn is fund raising for the village Hall.

We are also making poppies, either knitted or crochet, or made in felt, this is for a display that Ian Rye and the Heritage group are doing in November for 100 years anniversary of the First World War. If any of you ladies out there would also like to contribute poppies for the display, you can either get in touch with Ian Rye or myself. Quite a large quantity are needed. Some of our ladies who knit are also knitting blankets for charity mainly for terminally ill babies and children; I will also be making quilts for the same charity, if anyone out there has spare children's fabric that I could use I would be eternally grateful. The craft stall will be at the Summer Fayre on 2nd September, The Macmillan coffee morning on 29th September, for details of this event please contact Angela on 500115 or Diane on 500798. The next craft fair is on 3rd November 10am until 4pm and we will also be at the Christmas Bazaar on 1st December. For craft group details please contact me on 01366 501330 or email rosemary.pease@btinternet.com. We look forward to seeing you at all or any of the above events. Rosemary.

Short Mat Bowls.

The group is thriving and we now have 19 players. We are a mix of ladies and gentlemen and one male teenager. It would be lovely to see more young people playing so to all you teenagers out there I invite you to come along and watch to

see if you think you would enjoy it or you could come along and play straight away. The first week is free and thereafter it is £2 per week. No experience needed as we will show you what to do. For details please contact Philip on [01366 501330](tel:01366501330), or [07759033492](tel:07759033492), e-mail rosemary.pease@btinternet.com.

Car Boot and Cafe.

The car boot sales continue apace and the cafe is always busy. Do come along and grab a bargain or have a table either inside or outside and sell your unwanted items and raise yourself some extra cash. There is always a warm and friendly atmosphere and children's playground and apart from the regular cafe there are also ice-creams and lollies for sale. For details please contact Philip on [01366 501330](tel:01366501330), or [07759033492](tel:07759033492), email rosemary.pease@btinternet.com

WEREHAM Village Summer Fayre

SUNDAY 2nd SEPTEMBER

10am - 4pm

The annual Wereham Village Summer Fayre takes place on the village recreation ground, next to the amazing new Wereham Village Hall, on Sunday 2nd September.

This very popular event is a great day out for all of the family. There will be a wide variety of stalls, entertainments and games for all. Test your skills, win prizes and have fun!

There will also be a Car Boot Sale, Dog Show, Classic Cars and Vintage Tractors, as well as a Barbecue, Ice Creams and Doughnut Stall.

The students of Legacy Dance will be there to give us an exciting demonstration of their varied dance styles and skills.

The Village Hall Cafe will be open throughout the day serving hot and cold drinks, bacon rolls and cakes.

There is so much to enjoy so do come and join us, and if you haven't already done so, it will also be a great opportunity to see the new Village Hall.

WEREHAM VILLAGE HALL BONUS BALL CLUB

The lucky winners of £60 each in August were:

Janet Winter and Graham Watson

Congratulations to you both.

MACMILLAN COFFEE MORNING

Saturday 29th September in Wereham Village Hall starting at 10.00am.

Come and join us for a coffee or tea and a delicious cake (or two), and support Macmillan.

There will be Craft, Book and bric-a-brac stalls as well as a **BIG RAFFLE** with many prizes to win.

Donations of cakes and raffle prizes would be most welcome.

WE HOPE TO SEE YOU THERE

For further information and offers of cakes, raffle prizes or general help on the day please contact Angela 500115 or Diane 500798.

Wereham Parish Council

Next Meeting Dates: Tuesday 11 September 2018 at 7.00 pm in the Wereham Village Hall

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk You will also find minutes of all meetings here too.

All are welcome to attend meetings in 2018, if there are topics or ideas that you wish to share or be discussed with the Parish Council at any time during 2018, please email me on werehampc@gmail.com. Helen Richardson
Wereham Parish Clerk and Finance Responsible Person

Email werehampc@gmail.com or Phone/Text: [0779 500 6811](tel:07795006811)

Update from the Wereham Village Hall Committee

Despite the intervention of the holiday season, activity in the new hall has taken off with, in the first few weeks, the launch of a number of new regular weekly

activities and a rapidly growing number of bookings for one-off social events, with children's parties particularly popular just now. In addition to our well established and pre-existing regulars – bingo, short-mat bowls, pop-up café, tots and the ever popular monthly indoor/outdoor car boot sale and café, we can now offer Sean's Monday evening 'Fit-Camp' for the more energetic amongst us, three varieties of Yoga with Gail or Gemma , Pilates with Christine and Line Dancing with Ron. The Heritage and Craft Groups continue to thrive and plans are afoot to set up a local Drama Group, details of which you will find elsewhere in this publication. Do come along to the inaugural meeting in the Hall on Thursday, September 20th at 7.30pm if you're interested.

Our daily Drop-in Café is now operational in the welcoming surroundings of our bright and airy Foyer, where one of our part-time administrators (Lyn, Sara and Sue) will be happy to serve you with a cup of tea or coffee and a small selection of biscuits between 10.30am and 3.30pm Monday to Friday for just £1. The first cinema showing is planned for early September, shortly after our annual Summer Fayre (2nd September) so watch out for details.

The new hall's amazing Passivhaus design has certainly proved its' worth during the July/August heatwave, with constant internal temperatures in the low-mid 20's being maintained, while the outdoor temperature soared to more than 35°C at times – and all without using a single unit of primary energy – gas, electricity or oil.

Visit our website at www.werehamvillagehall.co.uk to stay up to date with what's on, or call Lyn, Sara or Sue on [07497 430005](tel:07497430005) between 10.00am and 4.00pm Monday to Friday for further information.

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Tuesdays in Beachamwell Village Hall (PE37 8BB) from 10.00am to 11.45am email: julia.juliannewynne2@gmail.com Tel: 01366 328617

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So, if you think you can make a difference to a family needing a little help call us today to find out more.

Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

**Home-Start Swaffham & District
The Community Centre, Campinglands,
Swaffham, PE37 7RB**

Tel: 01760 721271

Email: admin@homestartswaffham.org.uk



Oxburgh Hall Events

Unless otherwise indicated, please call 08442 491895 to book tickets.

September

4th September, 10.30am – 3.30pm

Tudor Tuesday

Be transported back to 15th century England when Oxburgh was built by dressing up as the Lord or Lady of the Manor. Even become a Yeoman with shield and sword or a daughter of the house with long skirts. Suitable for kids big and small!

Free, plus normal admission to grounds applies. Please note that this is an outdoor event.

Saturday 15th and Sunday 16th September, 10.30am – 3.30pm

Costume Weekend

The terrace at Oxburgh is turned into a 15th century encampment by our costumed volunteers. See who would have lived in, worked at or visited Oxburgh when Henry VII was king. Learn the skills of a seamstress and how to play teetotum. Visit the wool merchant and try lifting the woosack or have your ear wax removed by the resident doctor.

Normal admission to house and gardens applies.

Saturday 29th September 2018, 10.30am to 4.30pm

Apple Day

An event to promote the importance of heritage apples and orchards, especially those that originate in the East of England. The East of England Apple and Orchards Project will be on hand to raise awareness of the different apple varieties and give advice about which apple trees visitors may like to buy. They will also be promoting courses on Orchard Management. Visitors can also bring along unknown apple and pear varieties from their gardens and have these identified. An apple press will be available for visitors to bring along their own apples to crush and take juice home. Visitors will need to bring along their own containers for this.

In addition, other organisations such as Cockley Cley wood-turners, willow basket makers, cider and apple juice for sale, Riverford Organics and a spinner will be on hand. Children's activities will also run. Apple-themed menu in tearoom.

Normal entry to the gardens applies



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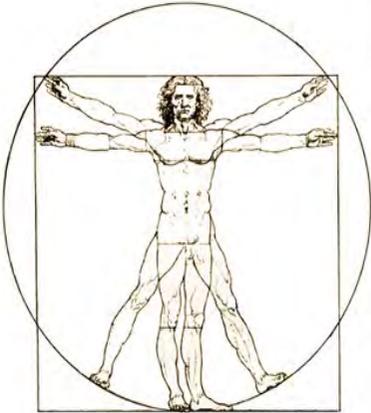
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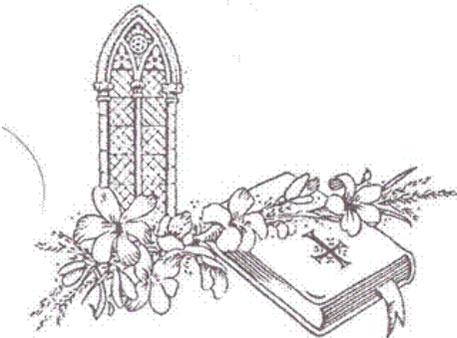
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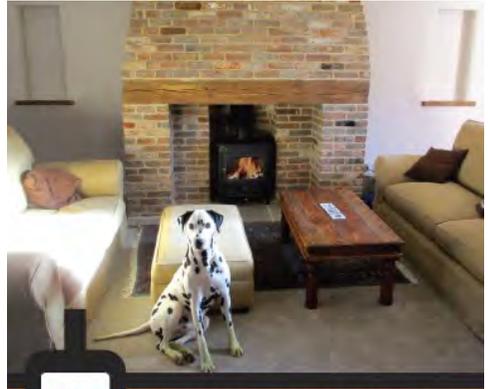
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ANSWERS to quiz on page

74

1. Rome
2. Amazons
3. Nine
4. Neptune
5. Eurydice
6. Olympus
7. Jason
8. Sharazad (Shéhérazade)
9. Swiss
10. Perseus

11. Helen
12. They hid inside a wooden horse
13. Cyclops
14. By a single hair
15. They acquire the 'gift of the gab'
16. Ra
17. Icarus
18. Diana



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QUIZ TIME

1. Which city was said to have been founded by Romulus and Remus ?
2. Name the race of warrior women, famed for their exploits in the Trojan war and ruled by a queen ?
3. The Muses were the goddesses of poetry and song. How many Muses were there ?
4. Poseidon was the Greek god of the sea. What did the Romans call him ?
5. Orpheus went down to Hades to rescue his wife. What was her name ?
6. Where did the Greek Gods live ?
7. Who led the Argonauts in search of the golden fleece ?
8. Which Arabian princess saved her life by telling stories for 1001 nights ?
9. What nationality was the legendary hero William Tell, who shot an apple from his son's head ?
10. Which hero killed the Gorgon, Medusa ?
11. The beauty of a woman, the daughter of Zeus, led to a war between Greece and Troy, so her face was said to have 'launched a thousand ships'. What was her name ?
12. The Greek forces besieged Troy for 10 years before they devised a plan to smuggle soldiers into the city. How was this accomplished ?
13. What was the name of the one-eyed giant of Greek mythology ?
14. How was the sword of Damocles suspended ?
15. What happens to those who kiss the Blarney Stone in Ireland ?
16. Who was the ancient Egyptian god of the sun ?
17. Which character in Greek mythology died when he flew too close to the sun and melted his wings ?
18. The Greeks called the goddess of the hunt Artemis. What was the Roman name for this goddess ? (Answers on page 71)

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