

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;  
Boughton; Wereham

**September 2017**

Cover Illustration drawn by Mark Powell, Beachamwell ©

## WELCOME



Hope you enjoy this latest edition of G4N.

Once again, there are many events taking place in the villages and surrounding area we are spoilt for choice. If you are able to attend any of those advertised the organisers will be more than pleased and appreciate your support.

As always, 'Happy Reading'  
The Editorial Team  
Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

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**11th September**

### ADVERTISING

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## ‘FROM THE RECTORY’



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**God Spot:** A question that I'm asked as a Vicar - Where is God when it hurts and life is difficult? Jesus Himself faces this challenge on the cross when he asked, "My God, my God, why have you forsaken me?" (Matthew 27: 46) In His time of pain, it appeared as if God the Father did not care or was not there. Yet it's clear that Christ's pain on the cross later served as part of God's glorious plan to reveal the resurrected Jesus and bring salvation to many. This insight also applies to times of struggle in our own lives. In times of trouble, we tend to rely upon emotions. These emotions question whether God is really there because he doesn't appear to be at work during our struggle. Yet just as with Jesus on the cross, God is still at work even when it doesn't feel like it. In Romans 8: 28 it says "And we know that for those who love God all things work together for good, for those who are called according to his purpose." In times when God feels distant, we can continue to trust that he is there, that he loves us, and has a purpose for our lives. We can rest in his promises from his Word, knowing that his power is made perfect in weakness (2 Corinthians 12: 9-10).

God Bless,

**Ken Waters**

**Joke Spot:** Little Johnny was in the Religious Education class where the story of Adam and Eve was being carefully explained to the children. Following the story, the children were asked to draw some picture that would illustrate the story. Little Johnny drew a picture of a car with three people in it. In the front seat was a man and in the back seat, a man and a woman. The teacher was at a loss to understand how this illustrated the lesson of Adam and Eve. Little Johnny was prompt with his explanation. "Why, this is God driving Adam and Eve out of the garden!"

Growing old is inevitable, growing up is optional.

## BENEFICE NEWS

### Rural Dean

My name is William Burke and I have been asked to write a brief article to introduce myself as I have just been appointed as the new house-for-duty Rural Dean for Fincham and Feltwell. I have come from across the other side (west side of the edge of the fen) where I was the parish priest for twenty years for six rural villages in North Cambridgeshire, south and west of Peterborough. It is a great privilege for me to cross the fen to come to the Eastern edge of the fen at a challenging and exciting time for the rural churches not just here in West Norfolk but across the whole country. In so many villages across England the schools have closed, the post office has closed, the pubs are closing, the rectory/vicarage has been sold and the only community centre left is the village church. It is a real challenge for the church as we attempt to work out how we maintain our presence in every historic parish and work to enhance the life of the communities in which we are set as well as advance God's will and purpose as we seek to build his kingdom here on earth. The issues we face are strategic, how to do more than survive but make the best use of our historic resources to revive the life of the church



in our villages and contribute to enhancing the wider life of our communities. My primary function as Rural Dean is to support the parish priests, churchwardens and the lay ministry in the parishes, to be their spokesperson along with Michael Poole the lay co-chair, when liaising with the diocese and to assist as a priest where ever required. Consequently I shall be doing that by visiting but also taking services across the whole deanery. At present I am living in a bedsit in Denver but in the Autumn I will move(DV) into the Rectory at Fincham. I was a soldier prior to training for the priesthood at Ripon College Cuddesdon Oxford. Since then I have served as a priest in St Albans diocese, Salisbury Diocese and Peterborough Diocese (where I am a Canon Emeritus in the cathedral). I am very much looking forward to meeting people here in Ely Diocese and working with and supporting the parishes in this historic area of West Norfolk **William Burke**

## FROM THE SMALLHOLDING

Over the years I have tried to keep the topics of the Smallholding piece separate from that of 'From the Rectory' should I have been invited to contribute both. However living where we do in, or just outside, our rural villages, of which we are justly proud, it is frequently difficult to separate Church from seasonal matters. So as I write in mid August 'Lammas' is upon us and on our farms and gardens harvest has begun.

**Lammas** is the Jewish festival of first fruits of harvest. The priestly instruction to the Israelites, now settled in Canaan, was to place tokens of their early harvest, the first fruits, in a basket and to present it to the priest before the altar. Another translation has it that "you shall present your sheaf to the priest and he shall wave the sheaf before the Lord, to be accepted for you"; all this as if in acknowledgement of the Genesis promises that seed time and harvest, cold and heat, summer and winter, day and night shall not cease.....".

I write this while watching a combine harvest eating up a twenty acre field of wheat. There is nothing unusual about this these days but is not yet mid August. In spite of the stop - start summer it is an early harvest, so technically Lammas should have been celebrated on 1st August. A local fruit farmer friend tells me his apples are ready for picking about a fortnight earlier than usual. I love the idea of waving a sheaf before the Lord as if to say "We haven't forgotten". A home made loaf and a bottle or two of apple juice would certainly be appropriate at Harvest Thanksgiving!

### **Pightle Apples**

Those who wish to join us for the annual juicing exercise should be thinking of weekends at the middle of September and early October; dates will be confirmed as soon as possible.

As if to acknowledge the early season the next door Swifts left at the very end of July to embark upon their miraculous migratory journey, having been barely three months with us; we wish the screaming hooligans well!

As an increasingly 'armchair' vegetable gardener I enjoy seeing our Lammas harvest of tomatoes, French beans and cucumbers coming in. The proverbial armchair is a good place for both observation and planning. How much of the paddock do we convert to wildflower meadow and do we sow direct or introduce wild varieties as potted plants?

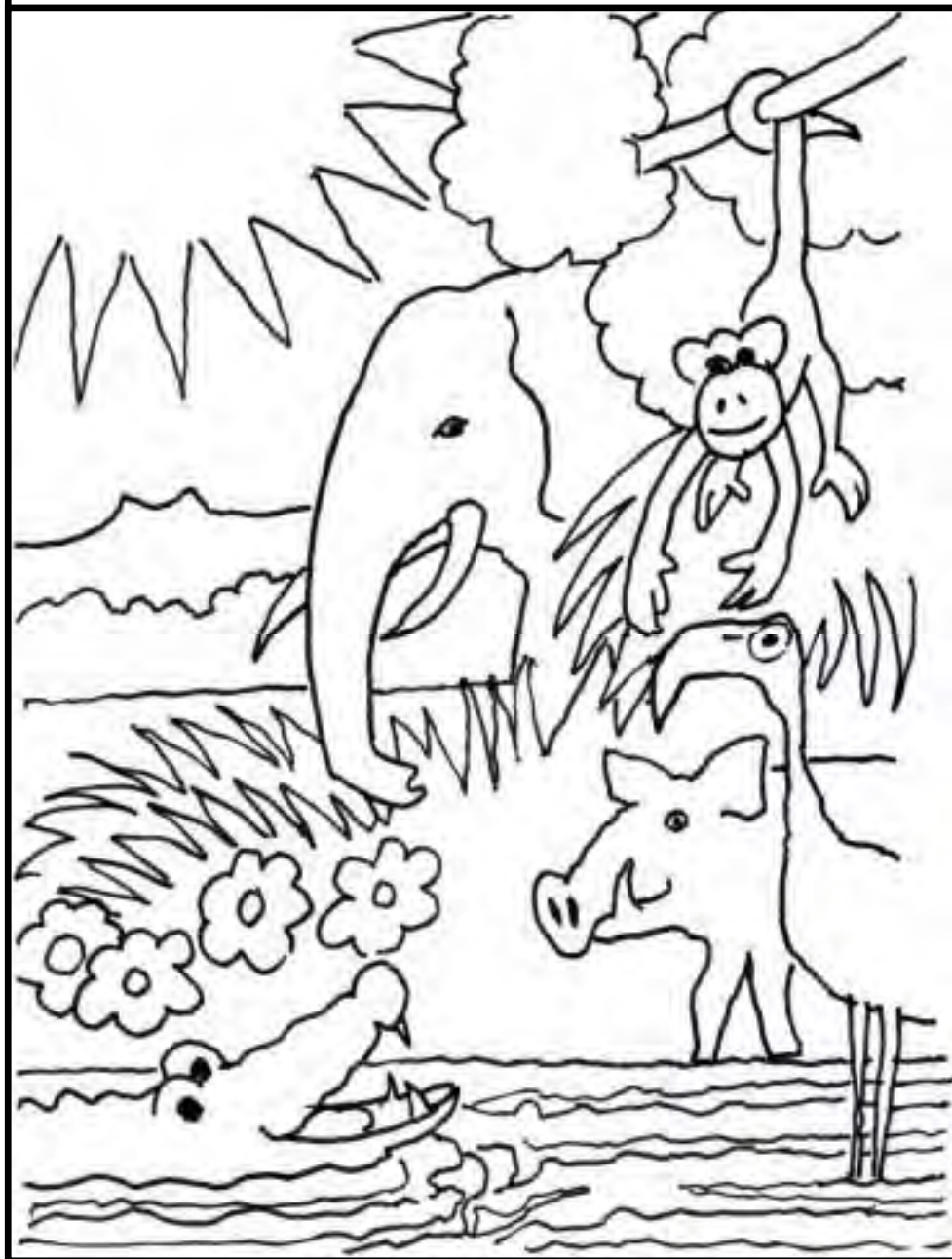
An autumn/winter job will be to re-organise the boundary hedge between the wheat field and us. The rabbit proof fence seems to be doing its stuff both ways and the task now is to remove some or parts of the trees causing unhelpful shade onto the arable field. This hedge is a fruitful habitat so any disturbance should be well before next breeding season. Wood pigeons nest there as they do in the vine over the terrace which is only a few feet from the bedroom window. One could be seen 'secretly' removing an eggshell of a recently hatched squab.

As physical work becomes less possible there are rewards in observing life going on around; even if it means watching others work.

**Robin Blackall**



## CHILDREN'S PAGE



## QUIZ PAGE

1. What is the first thing that people do every morning?
2. If you asked for la cuenta in a Spanish restaurant what would the waiter bring you?
3. How old was Western outlaw, Billy the Kid when he was fatally shot?
4. Name the hits by the following artists with 'prayer' in the title - a) Bon Jovi, B) Madonna, c) Aretha Franklin, d) Texas.
5. The following answers can be found in TV's 'Coronation Street' - a) wanderers come back, b) climate meadow, c) motors on the road, d) Orpheus belongs here
6. E.H.Shepherd is probably best known for illustrating which series of children's books?
7. Unscramble DINER GRADES to find an impressionable TV comedy.
8. Whereabouts in the human eye is the sclera?
9. If someone gave you a sockeye would you wear it, eat it, play a tune on it or plant it in your garden?
10. Pick the odd one out - lead piping, rope, spanner, bread knife, candlestick, dagger, revolver.
11. Which two US States share a border with Florida?
12. What is the city of Hull's full name?
13. Pick the odd one out - grey squirrel, mink, rabbit, fox.
14. How did duffel coats get their name?
15. Should a rounders team consist of seven, nine or eleven players?
16. William Henry Pratt found fame in films after changing his name to what?
17. Which exotic plant contains the name of a planet?

### Answers

1. Wake up: 2. The bill: 3. He was 21: 4. a) Livin' On a Prayer, b) Like A Prayer, c) I Say a Little Prayer d) Prayer For You: 5. a) Rovers Return, b) Weatherfield, c) Street Cars, d) Underworld: 6. Winnie the Pooh: 7. Dead Ringers: 8. It's the white outer coat of the eyeball: 9. Eat it, it's a type of salmon: 10. Bread knife - all the others are murder weapons in the board game Cluedo: 11. Georgia and Alabama: 12. Kingston-Upon-Hull: 13. The fox - it is native to Britain, the others were introduced: 14. They were originally made of a coarse material produced in the Belgian town of Duffel: 15. Nine players: 16. Boris Karloff: 17. Venus fly trap.

## CELEBRATING LITERATURE

AN INVITATION TO THE OFFICIAL  
BOOK LAUNCH OF JILL MASON'S  
NEW NOVEL  
AND  
TO MEET OTHER LOCAL AUTHORS  
Saturday 9th September 2.0-6.0pm  
Barton Bendish Village Hall PE33 9GF

*The Life  
and  
Hard Times  
of  
Mary Caney*



*Jill Mason*



The opportunity to purchase  
books signed by the authors

Hear the story behind the story  
of Mary Caney

A guided tour of old Barton Bendish  
in the footsteps of Mary Caney

Listen to poetry readings

Learn about publishing  
and marketing

Refreshments available

Admission £1

Contact Jill Mason 01366347928



Proceeds to Benefit Barton Bendish Village Hall Charity #803776



## COUNTRYSIDE NOTES

I have recently self published an historical novel (see page 8) set in Barton Bendish about a woman by the name of Mary Caney who was born in 1790 to an agricultural labourer. I can't help but compare what farming in the area must have been like during her life time to what it is now. When she was born there were no machines working the land. Horses or oxen provided the power and, besides hand tools, the plough, harrow and carts were pretty much the only implements in use. The nineteenth century saw the invention of seed drills, a primitive horse-wheel operated threshing machine and horse drawn reapers. Later in the century steam engines took over some of the work done by horses. There were no tractors, no mowers and no combine harvesters. Not only have huge strides been made in the growing and harvesting of crops since those days but also the quality of them.

In Mary's younger days cereal crops would have grown much taller than those of today which made them particularly susceptible to being flattened by heavy rain. They were sparse, yields were poor and they were cut by men wielding sickles or scythes before being tied into small bundles known as sheaves. These were stood up (stooked) in groups of ten and left to finish drying for a few days before being taken to the farmyard on wagons and built into stacks. When a stack was complete it would be thatched with straw to keep it dry. Later in the year these would be taken apart and the ears of corn beat out from the husks by men using flails. Since the last war cereals have been bred to be higher yielding and with much shorter straw as less is required for bedding or fodder. Today wheat grows little more than knee high with barley and oats being not much taller. Rye is now often used for bio fuel and, as bulk is required, has not been reduced much in size.

It is not only crops that have seen a breeding revolution but livestock also. In Mary's day cattle would have been dual purpose regional breeds, kept for both milk and meat production. Poultry too, of which there are many local breeds, would have been bred to provide both meat and eggs. Many breeds of sheep have evolved over the centuries to suit the conditions of the areas in which they grazed although in Mary's day they would have been kept mostly for their wool.

It is really only in the last few decades that plant and livestock breeding has concentrated on developing strains suited to specific purposes and this has been brought about by three different methods. The desired traits have been attained through selective breeding, by cross breeding and in the case of livestock by the importation of breeds, mostly from the Continent, leading to great improvements in every aspect of farming

*Jill Mason*



## Iced Rose-petal Cake

*This sumptuous cake, complete with crystallized roses, is a sweet-scented version of a Victoria sandwich.*

1. Preheat the oven to 180°C/350°F/Gas 4. Grease and line the bases of two 20cm/8in round sandwich tins (layer cake pans). Sift 225g/8oz/2 cups self-raising (self-rising) flour and 5ml/1 tsp baking powder into a bowl, add 225g/8oz/1 cup butter or margarine, softened, 225g/8oz/generous 1 cup caster (superfine) sugar and 4 medium (US large) eggs, and beat until light and creamy.
2. Divide between the two tins (pans) and level the surfaces. Bake for about 25 minutes until just firm to the touch. Transfer to a wire rack to cool.
3. To make the rose-petal butter filling, separate the rose petals from the flower heads. Remove the white heel at the base of the petals and chop finely. Then beat 115g/4oz/½ cup softened butter with a wooden spoon or an electric mixer until it becomes very creamy and even in colour. Add 115g/4oz/1 cup icing (confectioners') sugar, a little at a time, and 60ml/4 tbsp sweetly scented rose petals. Sandwich the filling between the two cakes and place on a serving plate.
4. Beat 225g/8oz/2 cups icing sugar with 30ml/2 tbsp of rose water to a consistency that thickly coats the back of a spoon. Add more rose water, drop by drop, if necessary.
5. Spoon the icing over the cake, allowing it to run down the sides in places. Decorate with a circle of crystallized roses and petals, made by painting them with egg white, sprinkling while damp with caster sugar and allowing them to dry completely.

Makes a 20cm/8in cake

# ELIZABETH TRUSS MP



**Elizabeth Truss** is your local **Member of Parliament**  
for **South West Norfolk**.

Elizabeth regularly visits schools, businesses, charities  
and other organisations across the constituency, meets  
local councillors and residents and holds MP surgeries.

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Twitter: @trussliz

Facebook: ElizabethTrussSWNorfolk

## ONE MAN AND HIS DOG

On Sunday 11th June on a challenging course at Terry Hill, near Leeds Castle in Kent, Romney Marsh and District Sheepdog Society held their Starter Class and Open Trial. Alan Fitton (whose family, The Lewins, live in Beachamwell) from Cockley Cley won first place in the starter class with his four year old border collie bitch, Gwen, who he had bred from his wife, Margaret's bitch, May, and the instructor, Wendy Cole's dog Ben.

May and Ben were both International, Sheepdog Society registered with good backgrounds. Wendy, the owner of Ben is a highly qualified handler who has competed at World Trial level.

Alan has been training Gwen for four years but due to health problems has not seriously competed until recently. Alan took up sheepdog training about ten years



ago with his bitch Lucy, who is now retired. He learned from his training with Lucy but she proved too difficult for him to compete with, so much so that he now has a flock of five Portland sheep across the road with which to practice. They enjoy an easy life of grazing, sleeping and the occasional work with the dogs.

**Margaret Fitton**



## **MAGPIE CENTRE PREPARES FOR AUTUMN: CAN YOU LEND A HAND?**

As you read this, the summer will be fading into memory, students will have resumed their studies and the West Norfolk Riding for the Disabled Association ponies at the Magpie Centre, after a well-earned rest, will be back at work, providing rides and carriage drives for up to 114 people with disabilities every week.

But the Centre still needs volunteers to help with a wide range of activities. The most pressing need is for volunteers with DIY skills, to lend a hand, during weekdays or weekends, with maintenance tasks around the Centre, based at Wallington Hall, South Runcton, PE33 0EP. This is an ideal opportunity for retired people, or students working towards the Duke of Edinburgh awards

If you have book-keeping or accountancy experience and can spare a few hours a week, we can use your skills to help our hard-working Treasurer.

Hands-on help in lessons, day or evening, is also required. Each rider needs a leader for their pony, plus one or even two "sidewalkers", to help them maintain balance, and develop communication skills, so these volunteers are always welcome, but don't worry – full training is provided.

Whatever your role or field of expertise, you can be sure of joining a happy, friendly team, while knowing that you are helping a very worthwhile cause.

Just call the Magpie Centre on 01553 810202 or see our website [www.rda-westnorfolk.org.uk](http://www.rda-westnorfolk.org.uk).

Our autumn programme begins with an Equestrian Table Top sale at the Magpie Centre indoor school at Wallington Hall, South Runcton, PE33 0EP on Saturday September 23 from 11 am to 1 00 pm, £7.00 per pitch - £1.00 Entry. Children under 12 FREE. Set-up from 10.00 am. BBQ and refreshments served all day. No dogs allowed except service dogs. To book a pitch call 01553 828935.

Next up, on Saturday October 21, is a Quiz with Hog Roast Supper (vegetarian option), delicious salads and desserts, plus licensed bar at Stowbridge Village Hall, Downham Road, Stowbridge PE34 3PE. 7.00 for 7.30 pm. Teams of 4 to 8 people, or make up a team on the night. Advance booking essential. Just call 01553 828935.

**NB****Boughton Group Harvest Supper****All Saints' Church, Saturday 30th September**

Tickets will be £10, for a two course meal. Please bring your own drinks.

To reserve your seat, phone 01366 500429 or 01366 500743

Alternatively ask your churchwarden for tickets.



## SWAFFHAM & LITCHAM HOME HOSPICE SUPPORT

We continue to receive so much support from you the members of the public each and every month ensuring those that give their time to the Charity can continue with their much valued expertise to the patients. Importantly the majority are unpaid volunteers and it is to them that we must praise for their commitment to our cause. The office staff we must never forget, they are the backbone of the Charity, the experts who have the necessary qualifications to guide the volunteers. So your support is so vital and may we ask you to continue to attend the functions us and those of you who assist by arranging events in addition to those which appear on our calendar, thank you.

The Charity attended the Ashill Fete last month as a profile raising event, but donations of £35.55 were raised. Then the following week we attended the Narborough Funday raising a further £103.40. Thank you for your support and to those volunteers who gave their effort and time for both of the events.



One of our supporters, Beryl Perkins decided to carry out a sponsored Glider Flight at Banbury, Oxfordshire on 12<sup>th</sup> July and she raised a fantastic £235 for the Home Hospice, a huge thank you to Beryl. The photo shows Beryl alongside the glider after her flight.

Our next high profile event is the Race Night – 9<sup>th</sup> September at 7.30pm at the Swaffham Assembly Rooms. This is

being organised by the Swaffham & District Lions and the Swaffham Rotary Club with our organisation being one of the beneficiaries from profits made on the evening. Tickets are £10.00 each to include a Fish and Chip Supper and are likely to sell quickly, they are available from Dennis Tallon on 01760 721550.

We promised you further information regarding Peter Harris's Sponsored Walk from Swaffham to Great Yarmouth. Peter will commence his mammoth trek on 23<sup>rd</sup> September taking in the Peddars Way to Holme next the Sea and then onto the Norfolk Coastal path, raising funds for ourselves and Swaffham Rugby Club. Donations can be made online to [virginmoneygiving.com/giving/make-a-donation](http://virginmoneygiving.com/giving/make-a-donation) then typing "Peter Harris" as your friend. Alternatively contact our office at 17-19 Brocks Road, Swaffham 01760 722937.

It has been decided once again to stage one of our favourite events, that being

# SWAFFHAM & LITCHAM HOME HOSPICE SUPPORT

the Concert of Choirs. We are continually being asked by you as to whether we would, and we are 7th October 7.00pm for a 7.30pm start. The King's Lynn Male Voice Choir and the Marham Bluebirds Choir will once again be entertaining to what is expected to be a full house. Tickets at £10.00 are available from Ceres Bookshop and the Office. I suggest if you are interested then be advised to purchase as soon as possible as we are limited to numbers in the Assembly Rooms, Swaffham.

If you require further information on any subject concerning the work we do then please contact the Office or why not visit our Website

[www.swaffhamandlitchamhomehospice.co.uk](http://www.swaffhamandlitchamhomehospice.co.uk)

**David Gulliver**



If you are interested in buying Tapestry  
Wool for 50p a skein,  
telephone 01366 328494



## Volunteers **Home Start** Needed!

support and friendship  
for families

**Do you remember those early years?.....  
Sleepless nights, tantrums & teething.**

If you have parenting experience Home-Start Swaffham & District would love to hear from you. We have families waiting for support and all we ask is for a couple of hours a week commitment. We offer a prep course accredited through the Open College Network which takes place one day a week for 10 weeks. Term time 10am-2pm.

So, if you think you can make a difference to a family needing a little help call us today to find out more.

Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

**Home-Start Swaffham & District**  
**The Community Centre, Campinglands,**  
**Swaffham, PE37 7RB**  
**Tel: 01760 721271**  
**Email: [admin@homestartswaffham.org.uk](mailto:admin@homestartswaffham.org.uk)**

## Free Home Assessments On Offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life. The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

To book an appointment call the Careline Community Team on 01553 760671

## WHAT'S ON AT DOWNHAM MARKET LIBRARY

For further information about these events, or to book your place where necessary, contact the library on 01366 383073.

We are now on Facebook. [www.facebook.com/downhammarketlibrary](http://www.facebook.com/downhammarketlibrary)

All children must be accompanied by an adult.

### Regular Events

1. **Scrabble Club** every Tuesday 10am – 12pm (term time only) Enjoy a game of scrabble.
2. **Baby bounce and rhyme** - Thursdays – 10-10.30 term time only  
Come along and enjoy some songs and rhymes.
3. **Knit and Natter** – 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays in month - 1.30 – 3pm
4. **Brew and Banter** every Friday 10am – 12 noon. 50p suggested donation.  
Enjoy a chat over a tea or coffee.
5. **Job Help** – free help with using the universal Jobsmatch website. Wednesday mornings or Friday afternoons. Booking essential.

### Special Events

#### 1. Storytelling with Liam Caroll - Local Folk Tales

Monday 4<sup>th</sup> September, 2pm – 3pm

Most suitable for 4 - 8 year olds but everyone welcome.

Family ticket - £12 (2 adults, 2 children), Adults £4, Children £3

All children to be accompanied by an adult.

Booking essential - tickets available from the library in advance or on the day.

#### 2. Opium Eating in the Fens in 19th century

A talk by Dr Eric Somerville of the Wisbech Society

Tuesday 5th September, 1 - 2pm

This event is part of the In Good company Group so £1 payable, refreshments included.

Booking essential.

#### 3. Chair Yoga

Come along and have a go at chair yoga.

Monday 11th September, 1.30 - 2.30pm

Booking essential.

#### 4. Animal Agents Presentation Ceremonies!

Saturday 23<sup>rd</sup> September at 1.45, 2.45 or 3.45pm. Booking essential. Free event.

5. **Timescape** - Come and join us for an afternoon to sing along and jive to some songs from the 1940s and '50s and enjoy some refreshments too!

Saturday 30th September 2 - 3.30pm

FREE (donations for refreshments welcome)

**Elena Parkin, Community Librarian, Norfolk County Council, Downham Market Library. Email: [elena.parkin@norfolk.gov.uk](mailto:elena.parkin@norfolk.gov.uk)**

## SWAFFHAM MUSEUM



Swaffham Museum receives good reviews from our visitors. It is open daily – except Sundays – and has five rooms. Local history is always popular with visitors from around Swaffham as well as with people holidaying in the area. Many visitors comment very favourably on the many activities we have for children – dressing up, museum trails, drawing and colouring amongst them.

This year we have an exhibition 'Philo's diary' which has extracts from a diary written in 1850 by James Philo (1810-1877) who worked as a boot and shoemaker from his home in London Street – approximately where Blaine's shop is today. He revisited the diary in 1873 and he describes the changes in Swaffham over the 19<sup>th</sup> Century. Besides his own personal sentiments, there are references to Education, Emigration, Local Government, Unions and Entertainment in Swaffham.

We also have a temporary exhibition of paintings from our store. There are paintings from the Carter family – Samuel John (father to Howard Carter) and Harry Carter who is well respected for his village signs. There are some copies of Harry's original designs. There are also some works from the graphic designer, Max Mueller. Max was a graphic artist and printer in Leipzig before becoming an unwilling conscript in the German army during WW11. He surrendered to the American army and eventually came to live as a prisoner of war in the camp at Cockley Cley. After his release he remained within the locality and set up his own printing press. Recently we have acquired a few more paintings by Ben Ripper. These too are on display.

Visit our website( [www.swaffhammuseum.co.uk](http://www.swaffhammuseum.co.uk))

**Veronica Hutchby (Publicity Officer)**

## DISCOVER DOWNHAM HERITAGE

Visit the new Heritage and learning Centre and find out about the history of Downham Market and the people who lived and worked here.

Displays show how Downham developed from a Saxon settlement to a thriving market town and the trades, industries and shops which have helped shape the streets.

Opening hours Thursday to Saturday 10am to 4pm

Free admission

School groups, workshops and drop-in research available on other days.

Large room available to hire for local community groups.

The Old Fire Station, 30 Priory Road, Downham Market PE38 9JS

Telephone 01366 384428

## GEEZER TRUTHS

01. Sometimes I'll look down at my watch three consecutive times and still not know what time it is.
02. Nothing sucks more than that moment during an argument when you realize you're wrong.
03. I totally take back all those times I didn't want to nap when I was younger.
04. There is great need for a sarcasm font.
05. How on earth are you supposed to fold a fitted sheet?
06. Was learning cursive really necessary?
07. Map Quest or Google Maps really need to start their directions on # 5. I'm pretty sure I know how to get out of my neighbourhood.
08. I can't remember the last time I wasn't at least kind of tired.
09. Bad decisions make good stories.
10. You never know when it will strike but there comes a moment when you know that you just aren't going to do anything productive for the rest of the day.
11. Can we all just agree to ignore whatever comes after Blu-Ray? I don't want to have to restart my collection... again.
12. I'm always slightly terrified when I exit out of Word and it asks me if I want to save any changes to my ten-page technical report that I swear I did not make any changes to.
13. I keep some people's phone numbers in my phone just so I know not to answer when they call.
14. I think the freezer deserves a light as well.
15. I wish Google Maps had an "Avoid Ghetto" routing option.
16. I have a hard time deciphering the fine line between boredom and hunger.
17. How many times is it appropriate to say "What?" before you just nod and smile because you still didn't hear or understand a word they said?
18. I love the sense of camaraderie when an entire line of cars team up to prevent a jerk from cutting in at the front. Stay strong, brothers and sisters!
19. Shirts get dirty. Underwear gets dirty. Pants? Pants never get dirty and you can wear them forever.
20. Even under ideal conditions people have trouble locating their car keys in a pocket, finding their cell phone and Pinning the Tail on the Donkey - but I'd bet everyone can find and push the snooze button from 3 feet away, in about 1.7 seconds, eyes closed, first time, every time, while half asleep.
21. The first testicular guard, the "Cup," was used in Hockey in 1874 and the first helmet was used in 1974. That means it only took 100 years for men to realize that their brain is also important. (Ladies .. Quit Laughing!)

It just gets better as you get older, doesn't it?

A final thought.....

At What Point-In-Life Do We Become "OLD PEOPLE " ??





**National Trust**

## **Oxburgh Hall Events**

**Unless otherwise indicated, please call  
08442 491895 to book tickets.**

**Saturday 16<sup>th</sup> and Sunday 17<sup>th</sup> September, 10.30am to 4pm  
on both days**

### **Costume Weekend**

Come and meet the costumed volunteers who re-create 15<sup>th</sup> century life at Oxburgh. See who would have lived, worked and visited Oxburgh when Henry VII was king.

**Normal admission to house and gardens applies.**

## **WOMEN - FOOD FOR THOUGHT.....**

Remember, women always have the last word in an argument. Anything a man adds after that is a new argument,

If a woman says 'First of all' during an argument, run away because she has prepared research, data, charts and will destroy you.

Behind every angry woman stands a man who has absolutely no idea what he did wrong...

**Arguing with a woman is like  
reading the Software License  
agreement.**



**In the end you have to ignore  
everything and click "I agree".**

Every time you talk to your wife/partner, your mind should remember that..... 'This conversation will be recorded for training and quality purposes'

A wise man once said nothing.....

## Wereham's Pop-Up Cafe

will 'pop up'  
**Twice Every Month**  
(initially on the 1st and 3rd Tuesday)

10.30 am till 1.00pm

The café will continue to serve a hot drink and a pastry or a slice of home-made cake for just

**£1.50**

**PLUS**

A light lunch 'dish of the day'  
For an additional £2.50

## Beachamwell Wednesday Walkers

Explore the rights of way in and around  
Beachamwell with us

We meet at the Village Hall at 10.00 am  
**FIRST WEDNESDAY OF EACH MONTH**  
*Walks last between one and a half to two hours*

*All, including dogs on leads, are welcome*

Some paths may be rough underfoot,  
there may be stiles or fields may be  
ploughed: come at your own risk and  
please wear suitable clothing and shoes  
for the outdoors

Further details please telephone  
01366 328452 or 01366 328536

## Wereham Weekly Cash



Wereham Village Hall  
Wednesdays  
Doors open 6.45 pm  
Eyes down 7.30 pm

Raffle and Refreshments  
with complimentary biscuits



Enquiries: Doreen Rolph  
01366 500218

All proceeds go to Village Hall  
Registered Charity Number 1151336 Wereham Village Hall

## Wereham Short Mat Bowls Club


**Thursdays**

7.00pm

**Village Hall**

Come and meet our friendly  
club, find out what's involved,  
try a new activity, help grow our  
club and have some fun

For more information or for a chat  
telephone 01366 501330



**HAVE FUN!  
GET FIT!  
WHY NOT JOIN**

**METHWOLD  
BADMINTON CLUB**

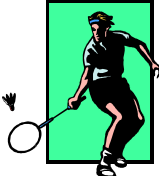
THIS FRIENDLY BADMINTON CLUB MEETS EVERY THURSDAY EVENING AT ST. GEORGE'S HALL IN THE CENTRE OF METHWOLD FROM 7PM ONWARDS.

THE NEW SEASON STARTS ON 7th SEPTEMBER 2017.

WHY NOT COME ALONG, MEET NEW FRIENDS AND ENJOY AN ACTIVE EVENING PLAYING BADMINTON.

WANT MORE DETAILS?  
PHONE 01366 383342.

HOPE TO SEE YOU!



**Beachamwell  
Barn Dance**

**Live Band and Caller**

**St John's Farm**

**Friday 1st September**



Enquiries: 01366 328244

**Charity Quiz Night**

**Barton Bendish Village Hall**

**Friday 8<sup>th</sup> September**

**7pm**

£15 per team (4/5 people)

 **Raffle and Guess Sweets in Jar** 

Enquiries 01366 328775, or email [e.lewins@hotmail.com](mailto:e.lewins@hotmail.com) to book your team.

Pre-book and receive:  
a free raffle ticket!

**RESTLESS DEVELOPMENT** **ICS**

Charity no. 1127488

**Charity Cream Tea**

 3 Malthouse Croft,  
Beachamwell, PE37 8HH

**Sunday 3<sup>rd</sup> September**

**2-5pm**

£5 per person

Raffle and Guess Cake Weight

Enquiries 01366 328775 or email [e.lewins@hotmail.com](mailto:e.lewins@hotmail.com) to make a booking

**Pre-book and receive a free raffle ticket!**

**RESTLESS DEVELOPMENT** **ICS**

Charity no. 1127488

## Wereham



### Summer Evening Concert

**POETRY AND PIANO**  
**"ALFRESCO"**

**Composed and Performed by**  
**ELIZABETH LODGE**

**St Margaret's Church**

**Saturday 9th September**  
**7.00 pm**

Refreshments provided  
Admission free  
Donations and all proceeds to  
**MIND**

## Swaffham Jazz Club

**Tuesday 12th September**  
Melody Brooker (vocalist)  
Quartet

**Tuesday 10th October**  
Bays River Jazz Group

**7.30pm**

**Swaffham Conservative Club**  
**23 London Rd PE37 7DD**

**Entry £6 on the door**

Enquiries:  
01366 328730 or 01760 722384

## Barton Bendish

### Film Club

Proudly Presents:

### 'Whiskey Galore



*Based on a true story*  
**Saturday 16th September**  
**7.00pm**

**Barton Bendish Village Hall**

**Tickets £4**

Raffle and refreshments  
Box Office: 01366 347849

email: [cinemabarton@gmail.com](mailto:cinemabarton@gmail.com)

[www.bartonbendishfilmclub.btck.co.uk/](http://www.bartonbendishfilmclub.btck.co.uk/)



## Boughton

*Greetings by*  
*Oscar*

Come and visit our  
pop-up 'Greetings  
Cafe' and browse  
our selection of greetings cards  
whilst enjoying tea and cake.

**All Saints' Church**

**Wednesday 20<sup>th</sup> September**

**10:00 am - 1:00 pm.**

All cards at the special price of  
**£1.00 each**

A Boughton Village Caravan Production



## Norwich Historical Dance

[www.norwichhistoricaldance.org.uk](http://www.norwichhistoricaldance.org.uk)

### 'Dancing Through the Ages'

**Sunday 24th September  
3.00 pm**

Swaffham Assembly Rooms

£9.00 for members

£12.00 non-members

Accompanied children free

Tickets from

Green Parrot 01760 724704

Ceres Bookshop 01760 722504

Enquiries: 01366 328648

## Wereham

### Indoor / Outdoor Car Boot Sales and Café

The last Sunday of every month  
excluding December.

9am until 1pm

Café serving bacon rolls,  
sausage in a roll or egg in a roll, with  
plenty of tea and coffee.

A warm and friendly welcome  
is given to everyone.

Please contact Philip on  
07759033492 or 01366501330

**e-mail**

[rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com).

The dates for the rest of the year are  
Sept 24th, Oct 29th and Nov 26th



'Learn something new'

### Autumn Courses

**A Moving Story: transport and  
travel in East Anglia**

Mondays at 7.30pm

from 25 September

**Art History in 100 Paintings**

Fridays at 10am

from 29 September

Swaffham Community Centre

Fee: £51 for 7 week course

Further information and booking:

01760 723558

[www.wea.org.uk](http://www.wea.org.uk)

### Nar Valley Ornithological Society (NarVOS)

**Tuesday 26th September  
7.30pm**

The Barn Theatre

Sacred Heart Convent School, Swaffham.  
Access and parking from Sporle Road.

Please come along to this illustrated talk  
by Paul Newport, The Breckland Birder,  
entitled:

#### 'Breckland through the Year'

Paul Newport, from Watton, is known as  
'The Breckland Birder'. Paul has been a  
birder for most of his life and lives in and  
loves Breckland. His aim, through his  
blog - [brecklandbirder.blogspot.co.uk](http://brecklandbirder.blogspot.co.uk) - is  
to provide a diary of his birding. If Paul's  
talk is as good as his blog NarVOS can  
look forward to a great evening.

Admission £2 on the night for non-  
member and visitors are most welcome.

Enquiries: 01760 724092



## Wereham



### Messy Church

**Thursday September 28th**

4pm - 5.30pm

Starts in the church followed by activities and a free meal in the Village Hall.

The theme is Harvest. It will be informal, fun and enjoyable. It will include stories, singing, activities and FOOD. Don't miss it. We are looking forward to seeing you there. Just turn up.

**All Welcome**

Enquiries 07863049677

## Boughton



### Group Harvest Supper

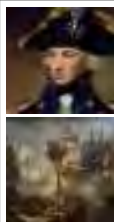
All Saints' Church

**Saturday 30th September**

Tickets will be £10, for a two course meal. Please bring your own drinks.

To reserve your seat, phone 01366 500429 or 01366 500743  
Alternatively ask your churchwarden for tickets.

There is normally a good attendance from across the villages and we've been lucky to persuade Tom Golden to play for us again.



## Barton Bendish Trafalgar Night Supper

**Barton Bendish Village Hall**

**Saturday 21st October**

**7 for 7:30pm**

**Tickets £14**

Evening to include

2 Course "Themed Menu"

Tea/Coffee and Mints, Tot of Rum to

Toast Nelson's Memory

Followed by Entertainment

(w/ Vegetarian Option)

*(welcome to bring your own drinks)*

Enquiries 01366347849 or 01366347563

*To engage in the spirit of the evening please wear something Red, White or Blue!*

Proceeds to St Andrew's Church

## Boughton Bistro Quiz 2017

**All Saints' Church  
Friday 27th October**

Back by popular appeal!

An entertaining 8 round quiz starting at 7.00pm. This will allow time for a relaxed French bistro three course supper with wine by candlelight.

£15 per person. Tables up to 6

Enquiries and booking a table:  
01366 500429



# A Night at the Museum

Treasure hunt

Games and food

Prize for the best fancy dress

**Tuesday 24th October**

**6:30–8:30pm**

**Ages 5-11 - £3 Entry**

To book, phone 01366 384428

Or email [learning@discoverdownham.org.uk](mailto:learning@discoverdownham.org.uk)



## **BARTON BENDISH & EASTMOOR VILLAGE NEWS**

### **Afternoon Tea**

By way of a thank you Linda and Mhari very kindly invited all those who've helped, in one way or another, with village events during the past year to partake of afternoon tea in Linda's garden. This kind gesture was very much appreciated by all the guests.

Thank you Linda and Mhari on behalf of the Barton Bendish team of helpers.

*Jill*

### **Michael Horn**

Michael Horn's ashes were interred beside the pathway leading up to St Andrew's church on August 5th following a short service taken by Rev Ken Waters. As a boy Michael lived in the thatched cottage by the church and he often avoided parental control by jumping out of the window overlooking the churchyard!! His heart was always in Barton and it is fitting that this has become his final resting place.

Many of his friends from the village joined family members to say farewell. Memories and anecdotes were shared afterwards over coffee and biscuits in the Village Hall.

*Dear David and Jill*

*Just a short message to say a big THANK YOU for all you and the team did for us [and Michael] on Saturday. I can assure you it was very much appreciated by us all as it was difficult for us to say a final farewell to Michael but you all made it a special day for us. We know it was the right decision to take him back home and a lovely spot for him to be. Watch out when he's riding his motorbike around the village with Mervyn!!*

*Once again, THANK YOU All.*

*Derrick*

### **'Celebrating Literature' and Launch of 'The Life and Hard Times of Mary Caney' Saturday September 9th 2.0pm – 6.0pm Barton Bendish Village Hall**

This is the day I have chosen to launch my latest book, an historical novel set in Barton Bendish, and, to make it more interesting, I have invited other local authors to share the occasion with me by coming along to promote their books at the same time.

Please join us and take the opportunity of talking to me, as well as them, about our books and the writing, publishing and marketing of them. Claire Dunne from Ceres bookshop and Leah Spencer of the Beachamwell Book Group will be on

## **BARTON BENDISH & EASTMOOR VILLAGE NEWS**

hand to dispense advice and information. Local poets are also invited to come and read out their poems. Our planned itinerary for the afternoon is:

Doors open at 2pm

A formal welcome followed by a few words from authors, if they wish, about each of their books including me and my new book 'The Life and Hard Times of Mary Caney'.

Followed by poetry reading (10 minute maximum slots)

At approximately 4.0pm 'Walk in the Footsteps of Mary Caney'. A guided tour of historic Barton with readings of relevant extracts from my book en route. Alternatively for those not joining the walk authors are invited to read extracts from their own books in the Village Hall.

This will be followed by a discussion on 'The Pros and Cons of Book Writing and Publishing.'

Refreshments will be available.

Admission to 'Celebrating Literature' is £1 per person.

This event will provide a unique opportunity to meet authors and to discover more about why people write books and how they are written, published and marketed.

I'm sure it will prove to be an interesting, as well as an entertaining, afternoon.

**Jill (Mason) telephone 01366 347928 email [jill.events@btinternet.com](mailto:jill.events@btinternet.com)**

### **Barton Bendish Film Club**

Presents 'Whisky Galore' Saturday September 16<sup>th</sup> at 7.0pm in the Village Hall.

Apologies if you read in the Group 4 News that we would be screening the forthcoming biopic of Churchill. Unfortunately we have been unable to get a copy in time for the September showing. However we have another corker for you with the 2017 remake of Whisky Galore, starring Ellie Kendrick, James Cosmo and Eddie Izzard.

As usual, please reserve your seats by calling 01366 347849 or through the Barton Bendish Film Club website. (Join our mailing list using our 'contact us' webpage for details and timings of all our screenings.)

We look forward to seeing you then. In the meantime, enjoy our variable summer!

### **New Quiz Sheet**

Look out for a new quiz sheet on 'Books and Authors' available in September.

## **BARTON BENDISH & EASTMOOR VILLAGE NEWS**

### **Barton Bendish Ordinary Parish Council Meeting held on 12<sup>th</sup> July 2017**

The Chairman, Cllr Will Chapman, presided over the meeting and four members of the public were in attendance.

The Parish Council had explored options for funding to restore the old historical map of Barton Bendish, which is held by The Norfolk Records Office in Norwich, but unfortunately no funding options had been discovered. It was therefore agreed that the Parish Council should pay the cost of £1120 required to cover the restoration project which would enable the map to be preserved for future generations.

Members of the Parish Council had met with the Highways Engineer regarding concerns over safety on Boughton Long Road. It had been agreed that Highways would install "slow" signage and chevrons along with widening some of the grips at the side of the road. It was also agreed that the Parish Council would apply for funding from the Norfolk County Council Parish Partnership Scheme for 2018/19 to help with the cost of installing a trod (informal footpath) on the stretch of the road around the bend. The Parish Council were also contacting Norfolk County Council to formally ask them to make provision in their budget for 2018/19 to extend the 30mph speed limit in the village to include Boughton Long Road.

Cllr Lissa Kinsey had provided a letter to formally give her resignation as a Parish Councillor. Cllr Chapman thanked her for her service to the Parish Council. The casual vacancy created by this resignation has been advertised by the Borough Council and as there was no call for an election the Parish Council is now able to co-opt to fill this vacancy. If you would be interest in becoming a Parish Councillor or would like further information on the role please contact the Clerk on the details below before 20<sup>th</sup> September 2017.

Cllr McAlister is still looking for volunteers to help with repainting of the telephone boxes on Church Road and in Eastmoor which have been adopted by the Parish Council. If you are able to help please contact her on 01366 347682 or speak to the Clerk on the details below.

The next meeting will take place on Wednesday 20<sup>th</sup> September, 2017. This will be an Ordinary Parish Council Meeting starting at 7.30 pm in the Village Hall.

### **Miss Sarah Thorpe, Parish Clerk**

01945 430930 or [bartonbendishparishcouncil@aol.co.uk](mailto:bartonbendishparishcouncil@aol.co.uk)

Further information is available on the Parish Council website at [bartonbendish-parishcouncil.norfolkparishes.gov.uk](http://bartonbendish-parishcouncil.norfolkparishes.gov.uk)

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## Parish Council

Dates for future meetings are:



2017 November 13<sup>th</sup> (Venue Village Hall)

2018: January 8<sup>th</sup>, March 12<sup>th</sup> and May 14<sup>th</sup>

If you have any items for the agenda please give them to me in writing at least a week beforehand.

As always, if you have a query or a problem, you can consult the Councillors at any time – they are more than willing to listen and help if they can.

The Parish Council website is [beachamwell-pc.norfolkparishes.gov.uk](http://beachamwell-pc.norfolkparishes.gov.uk)

## Notice of Vacancy in the Office of Parish Councillor

Notice is hereby given of a vacancy that exists for ONE Parish Councillor to serve on the Beachamwell Parish Council caused by the resignation of Councillor Pat O'Donnell

Unless within 14 days of the date of this notice, (*which was put onto the Notice Board on 18th August*) ten electors for Beachamwell (*named on the Electoral Register*) have requested to hold an election, the Parish Council will fill the vacancy by co-option as soon as practicable.

All requests (in writing) for an election to fill the vacancy should be sent to:

The Returning Officer,  
Breckland Council,  
Elizabeth House,  
Walpole Loke,  
Dereham  
Norfolk NR19 1EE

***Eileen Powell (Parish Clerk)***

Note: In computing the 14 (and 60) day periods, Saturday, Sundays, Christmas Eve, Christmas Day, Good Friday and bank holidays are disregarded. 14 days will end on Friday September 8th.

## Mobile Post Office

Monday and Thursday 12.55 – 13.15

Tuesday and Wednesday 11.10 – 11.40

## BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

### St Mary's Church

As the Summer starts giving way to the shorter days of Autumn our thoughts turn to the celebration of another harvest.



This year Group Harvest Supper will be held at Boughton Church on 30<sup>th</sup> September and we hope that residents of our village will support this enjoyable annual event.

Our PCC is currently analysing the findings of the latest quinquennial survey of our church and preparing a 'Planned Maintenance Programme' which should ensure that the building remains water-tight

and safe for regular use.

The Barn Dance event on the 1<sup>st</sup> of September will contribute some much needed funding to kick-start the 'Friends of the Church' budget which will hopefully assist the PCC with financing the urgently needed remedial works to the thatched roof ridge.

We hope you will find time to visit our lovely church, either to attend one of the two monthly services (first and third Sunday) or for a private prayer (the church is open during the day).

**Vesna Hudson (Churchwarden)**

### Afternoon Teas

It is now over eight years since we started organising Afternoon Tea and Cake on the third Wednesday of every month and I would once again like to thank everyone who joins us on these occasions and helps make them so enjoyable.

We had a record number of people at our Tea on 2<sup>nd</sup> August with over 40 people coming during the afternoon. It was lovely to hear the buzz of conversation and the laughter. It was particularly nice that the school holidays meant a number of children were able to join us.

I would like to say thank very much indeed to those people who month after month help by putting out tables and chairs and laying the tables, provide cakes and help serve teas. There are many people to thank but I just wanted to say a particular thank you to Peggy English who for all these eight years has turned



# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

up an hour early to get the tables and chairs out. Thank you very much also to the many people who just step in and help clear up afterwards. So much help is offered to put tables and chairs away, wash up and sweep the floors - we could not manage without you.

I would also like to thank the Beachamwell Memorial Hall Committee for their generosity in allowing us to use the Hall regularly which is greatly appreciated.

Another thank you must go to Eileen Powell who regularly forwards my reminders about the Afternoon Teas to a vast number of people which makes sure as many people as possible have the information.

There will not be an Afternoon Tea in September because of the work being done at the Hall but I hope we will be able to hold one on 18<sup>th</sup> October. I will, of course, confirm this date once we know the Hall is available again.

Look out for the teapot posters.

**Sonia Williams**

## **Beachamwell Village Hall (Charity registration number 303900)**

**Pop up Pub thank you:** What a fun evening we had on Friday 21 July. The sun shone and lots of people came along to relax in the hall and on the field. The beer was indeed Worth the Wait (Beeston Brewery) and the burgers and ice-creams were delicious. For many families it was an ideal way to start the summer holidays and, speaking for some of the older residents, I can say it was a delight to spend the evening meeting some of Beachamwell's newer residents. We took nearly £600 during the evening. A big thank you to everybody who came along!

**Accessibility Project:** Hooray!! Building work is underway at last. Please make sure that children do not play within the fenced off area and if you drive to the hall, please park safely away from any building work. Thank you.

**Barn Dance:** There will be a report on the event in the October edition.

**Autumn Plans:** Watch out for notices about the various groups restarting, when work is completed in October.

Fund raising continues, as we plan to further improve disabled access by constructing a pathway from the track to the new door. We are already planning a half-term Pop up Pub, A Pop up Restaurant and an Auction of Promises before mid-December. Watch this space!

**Beachamwell Village Hall Committee**

**Contact:** Leah Spencer 01366 328536 or [leah@wissey.co.uk](mailto:leah@wissey.co.uk)

## BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

### Wednesday Walkers

Those undeterred by an early shower were rewarded with a bright and blustery walk round by Caldecote, and the opportunity to observe the full range of agricultural activity around the village - including a particularly fragrant onion harvest - while yellowhammers called among the hedgerows and the verges were lively with skipper butterflies.

Next month we'll be exploring the forest rides north of Drymere - do come and join us!

**Simon Smith**



### WI

The August Meeting was an outing to Blickling Hall, following on from the excellent talk given by Kate Barns at the July Meeting. It was a windy day but we managed to enjoy the gardens and for some a walk round the lake. Special thanks to Helen for organising the excellent tour of the house before the public were allowed in. The tour guide was excellent and pointed out some of the Blickling Belles that Kate talked about. Thanks to the Committee for organising transport. There will be an extra meeting on August 21st an afternoon tea in the Old Rectory Gardens. Please let me know if you are able to attend.

**Carole Wilson**

### Giant Onion Competition Results.

Biggest Adult: Rachel Bond Green 801g

Child: Ivan Bond Green 622g

Smallest: Ashton Begg 82g

Unfortunately only 6 families joined in the Competition which was a great pity as a lot of work had gone into preparing for the event. Never mind there were more cakes for those who turned up.

The Bond Green family stole the show with their massive onions, grown apparently on horse muck. Well done to Ashton who grew the smallest.

**Carole Wilson**

# COMMUNITY NOTICE BOARD SEPTEMBER

## MOBILE LIBRARY VISITS

DATE	VILLAGE	LOCATION	TIME
Tuesday September 26th	Barton Bendish	Hatherley Gardens	9.55 am
	Beachamwell	Old Post Office	10:15 am
	Drymere	Telephone Kiosk	10:40 am
	Boughton	Mill Road	14:20 pm
Monday September 11th & 25th	Wereham	Church Road opposite George & Dragon	9:30 am
		Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - [www.norfolk.gov.uk/Leisure\\_and\\_culture/Libraries/Mobile\\_libraries](http://www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries)

## VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Traveline (08706) 082608 ([www.traveline.org.uk](http://www.traveline.org.uk))

## FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00 - 2:00pm
Fakenham	Fourth Saturday 8.30am - 12:00pm
King's Lynn	3 <sup>rd</sup> Friday of each month
RAF Marham	Third Friday 9:00am to 2:00pm
Swaffham	No longer trading

For information:- [www.farmersmarkets.net](http://www.farmersmarkets.net) or your local Tourist Information Office

## VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

## CHURCH SERVICES (SOUTHERN GROUP)

Date & Time	Location	Service
<b>Sunday 3rd September - The Twelfth Sunday after Trinity</b>		
9.30 am	Methwold	Holy Communion
9.30 am	Whittington	Service of the Word
11.00 am	Beachamwell	Holy Communion
11.00 am	West Dereham	Family Service
6.00 pm	Wereham	Evensong

<b>Sunday 10th September - The Thirteenth Sunday after Trinity</b>		
9.30 am	Whittington	Holy Communion
9.30 am	West Dereham	Service of the Word
9.30 am	Methwold	Service of the Word
10.00 am	Boughton	Breakfast Church
11.00 am	Barton Bendish	Family Communion

<b>Sunday 17th September - The Fourteenth Sunday after Trinity</b>		
9.30 am	Methwold	Methodist Service
9.30 am	West Dereham	Service of the Word
9.30 am	Wretton with Stoke Ferry	Service of the Word
11.00am	Beachamwell	Family Service
11.00am	Wereham	Harvest

<b>Sunday 24th September - The Fifteenth Sunday after Trinity</b>		
9.30 am	Methwold	Holy Communion
9.30 am	West Dereham	Service of the Word
11.00 am	Boughton	Harvest
11.00 am	Wretton with Stoke Ferry	Harvest Brunch
6.00 pm	Barton Bendish	Evensong

### Thursday Communions

Boughton 14th and 28th. Holy Communion at 10 am, followed by coffee and biscuits. Everyone welcome, even if you don't wish to take communion.

Whittington 14th. Compline at 5pm

### Churchwardens

Barton Bendish: Mhari Blanchfield 01366 347849/Linda Webster 01366 347563

Beachamwell: Vesna Hudson 07854 261273

Boughton: Pam Wakeling 01366 500429

Wereham: Sheila Smith 01366 858165

### Baptisms and Weddings

Please contact the Churchwarden in your parish.

# CHURCH SERVICES (NORTHERN GROUP)

Date & Time	Location	Service
<b>Sunday 3rd September -The Twelfth Sunday after Trinity</b>		
10.00 am	Shouldham	Morning Prayer
10.30 am	Marham	Café Church (M/Chapel)
10.30 am	Stow Bardolph	Holy Communion
11.00 am	Wormegay	Holy Communion
<b>Sunday 10th September- The Thirteenth Sunday after Trinity</b>		
9.30 am	Shouldham Thorpe	Harvest Festival
10.30 am	Marham	Morning Prayer
10.30 am	Stow Bridge	Holy Communion
11.00 am	Watlington	Holy Communion
6.00 pm	Fincham	Evening Service
<b>Sunday 17th September - The Fourteenth Sunday after Trinity</b>		
10.00 am	Shouldham	Holy Communion
10.30 am	Marham	United Worship (M/Chapel)
10.30 am	Nordelph	Holy Communion (V/H
11.00 am	Runcton Holme	Holy Communion)
<b>Sunday 24th September - The Fifteenth Sunday after Trinity</b>		
9.30 am	Fincham	Holy Communion (said BCP)
10.30 am	Marham	Holy Communion
		(Holy Trinity)
10.30 am	Wimbotsham	Holy Communion
11.00 am	Tottenhill	Holy Communion

## Thursday Services of Holy Communion at 10am

Fincham 7th and 21st

## Baptisms and Weddings

Please contact the Churchwarden in your parish:

Fincham:	Cathy O'Brien 01366 347279
Marham:	Philip Fay 01760 444199
Shouldham:	Brian and Ann Hullah 01366 347814
Shouldham Thorpe:	Gordon Reid 01366 347253
Shouldham Thorpe:	Gary Eggleton 01366 347829

## BOUGHTON VILLAGE NEWS

### **All Saints' Church**

We don't have Breakfast Church in August, as so many people are away or busy with other things so this morning we had Morning Prayer, a service devised by Barbara Burton some years ago. Although it's regularly held at Shouldham, one of the sister churches in our old group, it has rarely been held at Boughton. It's a pleasant service, with readings and canticles not often heard these days. Canticles are hymns or chants, typically with a biblical text, forming a regular part of a church service. We don't sing them, but say the verses antiphonically, with opposite sides of the seated congregation responding to alternate verses. After the service, thanks to Pippa and Sandy, we enjoyed coffee and rather delicious cake, together with enthusiastic chat! Thanks to Pippa for taking the service and to the visitors from other churches who joined us.

### **Harvest Supper**

The group harvest supper will be at Boughton on Saturday 30<sup>th</sup> September. Tickets will be £10, for a two course meal. Please bring your own drinks. To reserve your seat, either phone Pam on 01366 500429, or Sandy on 01366 500743, or ask your churchwarden for tickets. There is normally a good attendance from across the villages and we've been lucky to persuade Tom Golden to play for us again.

### **Harvest Festival Service**

This will be on Sunday 24<sup>th</sup> September at 11 am. Everyone is welcome! As usual the collection from this service will be for a charity - to be decided. The collection of packeted food and tins will be for the local foodbank. Decorating the church will take place on Saturday 23<sup>rd</sup> from 9.30 am onwards. We welcome fruit, vegetables, flowers and foliage for this, but they can't be sent to the food bank so will need to be removed after the service. Unfortunately they aren't likely to survive for the Harvest Supper on 30<sup>th</sup> September.

*Pam Wakeling*

### **Boughton Scarecrows 2017**

It's time for our biennial free to enter Boughton Scarecrow event which will take place during the week 21<sup>st</sup> October to 28<sup>th</sup> October 2017. So once again get your thinking caps on, turn out those old clothes, start recycling and get ready to make yourself a scarecrow (or two!) to display in your garden or indeed somewhere else around the village! If you are stuck for ideas or can't quite remember what you created last time, then take a look at the fantastic photo gallery at [www.group4news.co.uk](http://www.group4news.co.uk)

What are the rules for making my scarecrow?

Your scarecrow can be themed in any way you choose (and it is Halloween!)

Straw can be used along with props and accessories to enhance your scarecrow

As many entries as you like, adult and children categories

Your scarecrow must have a name!

BUT most of all have fun and give your scarecrow a personality!

## BOUGHTON VILLAGE NEWS

How do I enter?

Complete an entry form, see next month's G4 News.

Ensure your scarecrow is on display prior to judging day on Saturday 28<sup>th</sup> October

How will my scarecrow be judged?

A selection panel will judge your entry on Saturday 28<sup>th</sup> October

Winners will be announced and prizes awarded

Join us for the prize-giving afternoon on Saturday 28<sup>th</sup> October at All Saints' Church between 3:00 pm and 5:00 pm, where light refreshments will be available.

We are looking forward to seeing a village brimming with imaginative scarecrow creations and hope you can help make it the biggest and best yet.

***The Boughton Village Caravan***

### **Boughton Jazz Picnic**

For the tenth annual Boughton Jazz Picnic the weather was kind for long enough, to enable jazz enthusiasts to listen to Barry Tyler's Dixieland Band, to enjoy a jive on the dance floor and to eat their picnic in comfort.



The funds raised were for:

1. Prostate Cancer
2. East Anglia Air Ambulance
3. The Royal Air Force Association
4. Norfolk Churches Trust. They have just awarded a grant to All Saints' Boughton, to assist the Church

Council in replacing the tired plastic guttering with cast iron, much more appropriate on a Grade 2 building.

It's always a bit nerve racking running an open air event and beforehand I said I wouldn't do it again. However, after a successful outcome, maybe I'll give it another go next year! ***Paul Coulten***



## BOUGHTON VILLAGE NEWS

### All Saints' Bottle on Centre Court

Following the bottle's operation in Zurich how fitting that a World famous Swiss Tennis player provided debenture tickets for the bottle to watch the tennis on Centre Court at Wimbledon.



In fact quite a number of the lower seeded players did ask if they were fortunate enough to win their Championship could they please get to hold the bottle for a short while.

Even more appropriate that the tennis player in question, Rodger Federer, did win the Gentlemen's singles final. As can be seen in the accompanying photograph the management committee of the All England Club were proud to put the bottle on display with the Ladies and Gentlemen's singles trophies.

We did not permit his opponent, Cilic, to hold the bottle and he was seen in the background crying. **Frank Reid and Tim Scrivener**

### Cricket Club's first year in the Norfolk League

Last game of the year on Boughton's Cricket Ground takes place on September 3, when the Geoff Proctor X1 takes the field in a friendly game. Play starts at 1.30pm, spectators welcome. There is also the promise of some special refreshment!

## WEREHAM VILLAGE NEWS

### Wereham Church Festival

Church and Community came together in February to plan our 2017 Festival. Five months later, it all came to fruition.

Sunday 16<sup>th</sup> July dawned with mixed weather forecast but the day was a great success with lots of people coming to enjoy a traditional village occasion.

A myriad of stalls including Horse Shoes, Hoop-bowls, Hoop-la, Sand in a cup, Bean bags, Ear-phones, Tombola, Plants, Water or wine? Shove-halfpenny, Play your cards, Cakes and Produce, BBQ and drinks and a comprehensive raffle.

A new departure this year was Barry and Marcus Hawkins who spent a very busy day valuing antiques and collectables.

Inside the Church were displays by Wereham Tots, Messy Church and Wereham Heritage Group together with beautiful flowers and organ music. A P/A system had been kindly loaned and behind the scenes, a financial structure was in place.

Members of Wereham PCC are extremely grateful and wish to thank all the people who made the festival such a success - the stall holders, planners, those who donated goods and items, flowers and plants and those who made generous donations.

Grateful thanks go also for fuel and meat for the BBQ, to Barry and Marcus Hawkins, to all contributors to the displays and to the team who set up the infrastructure and cleared up at the end.

This was a real Community and Church Festival to which many people devoted much time and energy and it resulted in a magnificent total of £1,898.23.

### Messy Church



Thursday September 28th 4pm -5.30pm

Starts in the church followed by activities and a free meal in the Village Hall. The theme is Harvest. It will be informal, fun and enjoyable. It will include stories, singing, activities and FOOD. Don't miss it. We are looking forward to seeing you there. Just turn up.

Please contact 07863049677 if you want more details.

Thank you. All Welcome *Ian and Debbie Rye*

### Wereham Church Concert Alfresco

Please note date is Saturday 9th September (a change from the previous notice) at 7.00pm

This is the concert of original music and poetry composed and selected by Elizabeth Lodge. It is a unique opportunity to see a local composer perform her own work interspersed with related poetry all in the beautiful atmospheric surroundings of Saint Margaret's Church.

Admission and refreshments are free. There will be a retiring collection in aid of Mind. An event not to be missed. *Debbie Rye*

## WEREHAM VILLAGE NEWS

### Wereham Heritage Group

#### Mardle Event

Thanks to all who came along to Wereham Heritage Group's second 'Come and have a mardle' afternoon on 22<sup>nd</sup> July. Holding this the same day as the separately organised Wereham School Reunion worked well, keeping the hall busy with plenty of lively chatter. Our display of old photographs, newspaper clippings and postcards proved to be very popular conversation starter. A number of people brought photos along with them, and having a laptop, scanner and hard drive to hand enabled us to add these images to the Group's collection. My personal favourites both feature the village pond, one showing Billy the Seal swimming at its edge (late 1920s) and the other from 1961, showing skaters on the frozen ice. Please keep the pictures coming as we know there are plenty more out there! Just contact one of the planning group members (Doreen Rolph, Nicola Palmer, Wendy Bruce, Greg Baddock, Debbie and Ian Rye and Sue Smith) or email us at

[werehamheritagegroup@gmail.com](mailto:werehamheritagegroup@gmail.com)

#### Guess What?

Can you tell the difference between an oojamaflip, a whatchamacallit, thingummy or gizmo – and guess what was it for? Join us on **Saturday 16<sup>th</sup> September** to put your detective skills and imagination to the test in identifying everyday objects of yesteryear. Peter Bates will be bringing along examples of historical household and agricultural items, relics of a bygone era, whose purpose may not be altogether obvious. This promises to be a light-hearted and social event with the emphasis on group involvement and participation.

Saturday 16<sup>th</sup> September, 2pm to 4pm in Wereham Village Hall. Refreshments will be available.

Donations for Wereham Heritage Group graciously accepted.

### Wereham Harvest Festival Family Service

Sunday 1st October 11.am St Margaret's Church Wereham



This will be a traditional family harvest festival service. Come and sing the traditional harvest hymns including 'We plough the fields and scatter'. Sample some of the freshly baked harvest loaf. Come and see the vintage tractor.

There will be a collection of tinned food which will be donated to the Downham Market food bank so please bring an offering if you can.

Please contact 07863049677 if you want to know more. See you there. Everybody welcome.

**Ian and Debbie Rye**

## WEREHAM VILLAGE NEWS

### Update from the New Build Project Team

You may have seen that the Turf Cutting for our new village hall was featured in



the Lynn News and since then, the project has been progressing well. Follow us on our Facebook page for regular updates and photographs.

The 'Buy-a-Brick' campaign continues as we gradually edge towards our £10,000 target - it's still not too late to 'Buy-a-Brick' – just logon to our MyDonate page - accessed from our

website:[www.werehamvillagehall.com](http://www.werehamvillagehall.com)

**Victoria, John E, John M and Rachel**

### Wereham Village Hall Bonus Ball Club

The lucky winners of £60 each in August were Chris Harrison and Lizzie Baddock – congratulations to you both!

**Helen Richardson, Secretary.**

### Wereham Parish Council

**Next Meeting Date Tuesday 12 September 2017 (Ordinary Parish Council Meeting)**

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at [werehampc@gmail.com](mailto:werehampc@gmail.com). The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the website [www.werehamparishcouncil.co.uk](http://www.werehamparishcouncil.co.uk) You will also find minutes of all meetings here too.

The Parish Council is able to apply for Parish Partnership Funding if there is anyone that has any traffic calming related ideas that could be included in the bid please contact the Clerk.

**Helen Richardson Wereham Parish Clerk and Finance Responsible Person**  
**Email [werehampc@gmail.com](mailto:werehampc@gmail.com) or Phone/Text: 0779 500 6811**

## WEREHAM VILLAGE NEWS

### Events List

**Bingo** - Wereham Village Hall "Cash Prize" Bingo every Wednesday, doors open 6.45, eyes down 7.30pm. Teas/coffees available with complimentary biscuits. Enquiries - Doreen [01366 500218](tel:01366500218).

**Pop up Café** – first and third Tuesday of the month, 10.30-1pm. Join us for a slice of homemade cake, a hot drink, a natter and a read of the daily papers - all for just £1.50. Light lunches also available – look out for our monthly specials! Cake donations/queries to Doreen on 01366 500218. Next dates are Tuesday 5<sup>th</sup> and 19<sup>th</sup> September and Tuesday 3<sup>rd</sup> and 17<sup>th</sup> October.

**Car boot and Café** – last Sunday of the month, 9am-1pm (café opens at 8am). Next dates Sunday 24<sup>th</sup> September and Sunday 29<sup>th</sup> October. Café serving bacon butties, hot dogs and hot drinks. £5 per pitch. Contact Philip on 07759033492/01366 501330 e-mail [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com).

**Village Fayre** – Sunday 3<sup>rd</sup> September 10am-4pm. Including the usual dog show, classic cars, tractors, craft stalls, bouncy castle, car boot, face painting, fish and chips, bacon rolls, ice creams, games, raffle, tombola, cake stall and a fly pass by a Hurricane. Contact Doreen on 01366 500218.

**For all the pictures and feedback** from our events, log onto [www.facebook.com/werehamvillagehall](http://www.facebook.com/werehamvillagehall). By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

**Wereham Craft Group:** The craft group is thriving we had a lady come and show us how to crochet this time and a very enjoyable morning was had by all. We also had two new ladies join us this week, one was a new lady to the village and the other one came from Downham Market. New people are always welcome, we meet on the second Tuesday of every month in the village hall 10.30am until about noon. **Rosemary 01366 501330**

**Wereham Short Mat Bowls:** We continue to meet on a Thursday evening in the village hall, 7pm until 9pm, new players are always welcome as there are only six of us at the moment, three ladies and three gentlemen so they always end up the girls playing against the boys. More players would be brilliant, no experience needed. **Philip 01366 501330**

**Car Boot Sales:** Continue on the last Sunday of every month, the cafe is thriving with bacon rolls, sausage in a roll or egg in a roll with plenty of tea and coffee, come along and have breakfast with us, you will also be able to see the progress on the new village hall. At the moment we have a quantity of new goods for sale which have been donated to raise funds for the village hall, there are cushion covers, chair backs, arm caps various cut lengths of voile and net curtaining and some display curtains, all items are brand new, just make us a sensible offer on anything that you see. **Philip 01366 501330**



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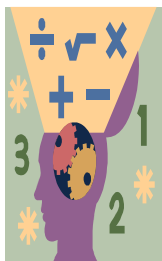
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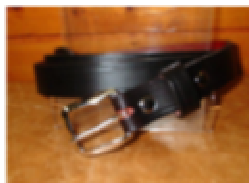
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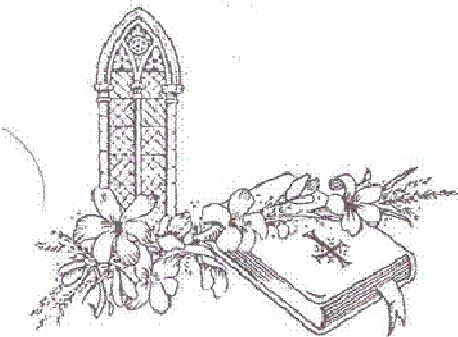
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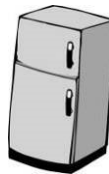
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