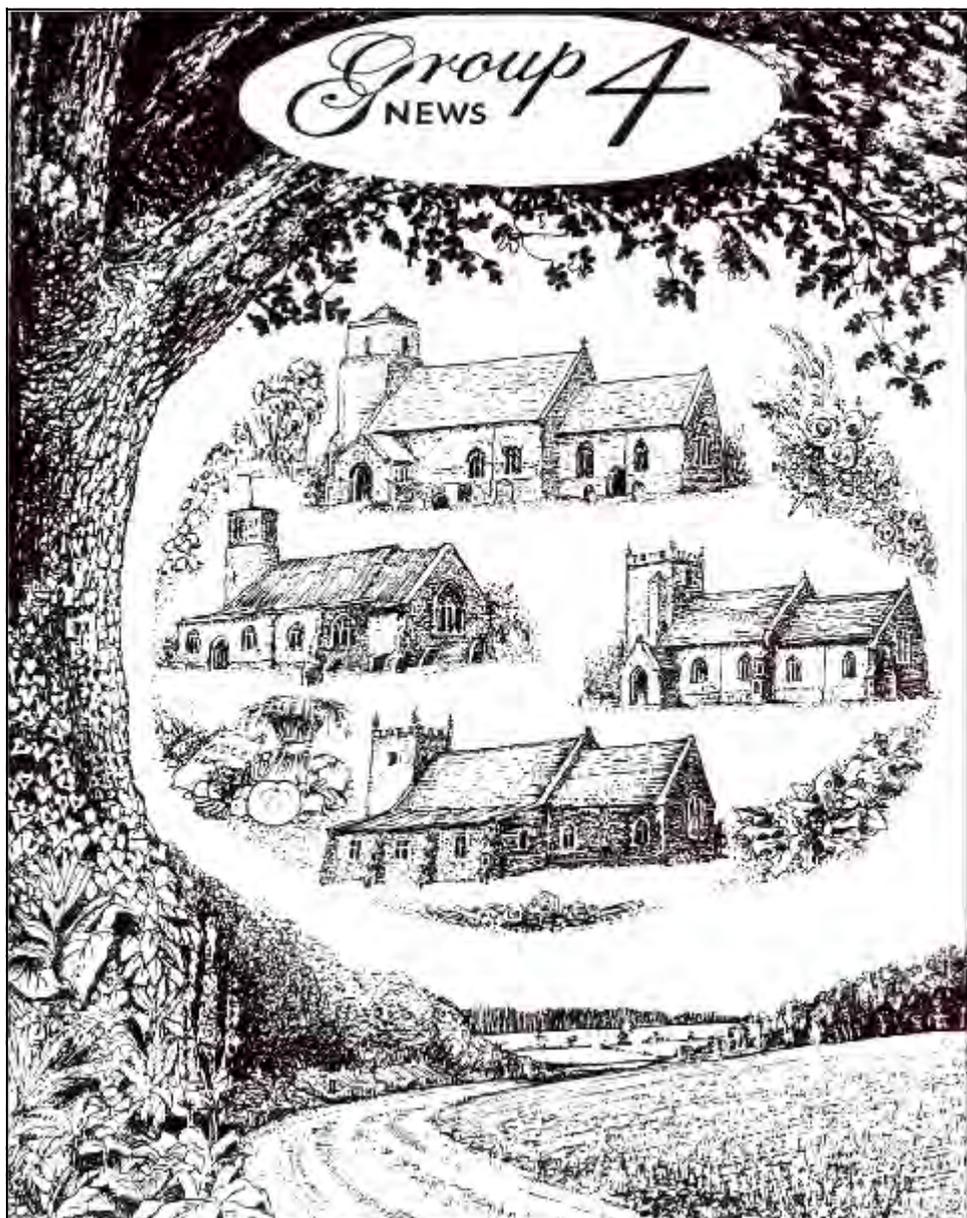


*Group 4*  
NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;  
Boughton; Wereham

**September 2014**

## WELCOME

I can't believe it's harvest time again. A neighbour has just brought me a generous gift of fruit and beans, which is one of the benefit of living here.

Normally at this time, I'd be thinking about my twin friends and what to get them for their September birthday, but sadly they both died last year, so I shall remember them on that day and be glad of their friendship. Let's all remember the people who shaped our lives and appreciate those who are still around.

Plenty of harvest festival services and two Harvest Suppers to enjoy as well. They are always worth going to and we are lucky to have people willing to organise the food and festivities in the various churches. Please remember the foodbanks when you are thinking of what to give.

As always, 'Happy Reading'

The Editorial Team

Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

## Deadline for October copy: 4th September

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[www.group4news.co.uk](http://www.group4news.co.uk)  
Kevin Fisher, Tel:01366 502224

## ‘FROM THE RECTORY’



New Rectory  
High Street  
Fincham nr. King's Lynn  
Norfolk  
PE33 9AP  
01366 348079

***Dear All,***

The Church likes to mark the changing seasons, and this month marks the start of the season of harvest festivals in our churches, and once again we will give thanks for what we have and consider how best we can work to ensure fairness for all. We will once again be giving our offerings of food in thanks for what we have received at God's hands, and those gifts will go to good causes, like the local Food Bank.

But I am sure we will also be reflecting on how much we are still at the mercy of nature. With all our modern technology we cannot control the weather (it is often difficult even to predict it accurately). Thanks to news broadcasts we see the effects of the elements both in this country and around the world.

We are called to work in partnership with the natural order and scientists seem now largely to agree that our misuse of the world's resources is part of the problem of global warming, and so it seems reasonable that we must also be part of the solution and live in a way that is more in harmony with nature. We must all play our part and think carefully about ways we can be more energy efficient and reduce our carbon footprint. How can we truly celebrate Harvest unless we are doing all we can to ensure the next generation will be able to do the same? We owe it to our children and grandchildren to remember that God entrusted the world to us, and that we leave them a world they can love and enjoy.

*Barbara*

## BENEFICE NEWS

A team of ringers from Shouldham, Shouldham Thorpe, Fincham and Boughton rang a quarter peal as part of the commemoration events for the 100 year anniversary of the first World War.

**Shouldham**, Norfolk

Monday 4 August 2014 **1260 Doubles (3m)**

3 extents each St Simons and St Martins, 4 extents Plain Bob plus 60 PB

- 1 Ann Hullah
- 2 Brian Hullah
- 3 Pam Wakeling
- 4 Gary Bainbridge
- 5 Anne Carpenter (C)
- 6 John Porter

To commemorate the outbreak of the Great War, remembering the 27 men of this parish who gave their lives in that conflict.

**Parish Spotlight** Browsing the Diocesan website, I found a section called 'Parish Spotlight'. For anyone interested in statistics, it offers some information gathered from censuses and parish returns, comparing each of our parishes with others across the diocese. The link can be found on the Home page of the website.

**Harvest Thoughts** Most of us will be having our harvest festival services in this month and much of the contributions will take the form of packages and tins, as well as the usual beautiful floral and fruit decorative displays. This item from the Downham Market Foodbank may help you decide where to send the packages and tins you receive:

**'The Downham Market Foodbank'** is still a place where people with a valid voucher can come to receive 3 days' worth of food for their family. Vouchers are provided by many different agencies such as doctors, the Job centre plus, health visitors and the Children's Centre. We are averaging 3-4 clients per week and the reasons for their needs are everything from benefits sanctions to low income.

As we come towards the Harvest Season, thoughts turn to what we can offer to our church and community for the Harvest festival. Anything that you can give to

the Downham Market Foodbank would be greatly appreciated. We still need donations of food and money to enable us to keep our shelves stocked and in September we are having a collection at Tesco in Downham Market. Held over 2 days on Friday 12<sup>th</sup> and Saturday 13<sup>th</sup> the foodbank volunteers will be at Tesco's asking you for donations. Anything would be greatly appreciated.

If you can donate something to the Foodbank please drop it off at your local church or Barclays Bank on Bridge Street where there is a drop off point inside or you can come along to the Foodbank at the Sovereign Centre at Downham Market Christian Fellowship on The Trafalgar Industrial Estate in Downham between 9 – 2 Monday to Friday.

If you have a voucher and need a food parcel the Foodbank is open on Tuesday 12.30 -2.10pm or on Fridays 10.30am – 12.30pm. Let's continue to support those families that are struggling in our community and breathe life into Jesus's words in the bible. I would like to thank everyone who has contributed their time, money or food to the Foodbank so far. God Bless you All.' Alex Coates Foodbank Coordinator

Churches across the country are being encouraged to support **Bring Home the Harvest** campaign, part British Food Fortnight, BFF, which encourages community organisations and schools to learn more about UK food and support British producers. To mark the fortnight churches can add their harvest events to the newly created [www.aharvestnearyou.com](http://www.aharvestnearyou.com), a database to publicise and share celebrations including harvest suppers and church services.

Canon Dr Jill Hopkinson, the Church of England's national rural officer, said that BFF is a reminder of why harvest festivals still have an important role in highlighting local producers and growers but also gives the opportunity for the community to come together to give thanks for farmers, cooks and food, and to celebrate and eat together.

"Harvest Festival is not just a quaint tradition carried on by the rural church but an opportunity in the modern world to reconnect with food, farming and the countryside. Harvest Festival is also a time to have fun in praising God and to share food together. All churches wherever they are should plan to have a harvest festival celebration, publicising it as widely as possible including through the new database. This is also a good opportunity to get involved in the Love British Food events and draw young people and the wider community into the important debate on food and have some fun at the same time."

*Exodus 23.16 Also you shall keep the Feast of Harvest [Pentecost], [acknowledging] the first fruits of your toil, of what you sow in the field. And [third] you shall keep the Feast of Ingathering [Booths or Tabernacles] at the end of the year, when you gather in the fruit of your labours from the field.*

## COUNTRYSIDE NOTES

### FRUIT

Fruits such as apples and grapes seem to have been around from the year dot but many cultivated fruits as we know them have been developed over the centuries from wild fruits. Many varieties of specific fruits have been named after their locality or the person who bred them but have you ever wondered how some species acquired their English names? With fruits such as blueberries and blackberries it's fairly obvious but what about the others?

The **strawberry** familiar to us was first grown in Brittany, France in the 1750s. Originally they were called 'strewberries' because they were 'strewn' (thrown) across the ground. It's thought possible that **raspberries** were named after a 16th century French wine known as 'raspis'. **Loganberries** came about by accident in California in 1883. An American lawyer and horticulturist by the name of James Harvey Logan in trying to improve the existing varieties of blackberries grew a few plants next to some raspberries. They cross-pollinated and hey presto we had loganberries. It's thought that **gooseberries** possibly acquired their name from either the old German, French or Dutch language not geese. The **damson** plum is said to have been called such because it hails from Damascus and the **greengage** was first brought to England from France in 1724 by Sir William Gage. Apparently labels on the trees came off and were lost, subsequently they became known as the green Gage's plum.

**Oranges** were not so called because of their colour, it was actually the other way round. The name they were given is said to have originated in India and was derived from the Sanskrit word 'narangah' which, in the English language, was interpreted as orange. **Grapefruit** was named because it grows in clusters resembling grapes. Botanists think it is a cross between a sweet orange and a pummelo (a citrus fruit native to south-east Asia). It dates back to the 18th century. **Lemon** is thought to have come from the old French word 'limon' which is similar to the Italian, Arabic and Persian names for the fruit. **Melon** is derived from the Latin 'melopepo'. **Bananas** were first domesticated from wild plants in Papua New Guinea although their name is said to be African origin coming from the wolof word 'banaana'. Wolof is a language spoken by peoples in North West Africa.

**Kiwi fruit** are native to China and were originally known as Chinese gooseberries. They were first commercially cultivated in New Zealand in the

early 20th century and became popular with American servicemen during the Second World War. Importers rebranded them as Kiwi fruit because in appearance they resembled a kiwi bird which was also the national symbol of New Zealand. 17th century British explorers discovered a tropical fruit in the Americas which they named **pineapple** because it resembled a pine cone. One was presented to Charles 11. **Tomatoes** originated in South America and the English word for the fruit derived from the Aztec word 'tomatl'. **Jill Mason**

## Apple Juicing

The signs are that there is a bumper apple crop this year. Accordingly we are planning 3 juicing days:-

28th September 10 –4 pm

18th October 10-4 pm

The third date to be decided.

All at the Pightle House, Eastmoor.

If you would like to take part with or without apples please phone Robin & Pippa  
01366 328663

### Foodbank shopping list

Milk (UHT or powdered )Sugar (500g) Fruit juice ( carton) Soup

Pasta sauces Sponge pudding (tinned) Tinned tomatoes Cereals

Teabags/instant coffee Instant mash potato/rice/pasta

Tinned meat/fish

Tinned fruit/jam/biscuits or snack bar

### Extras

Toilet rolls, toothpaste, shampoo Feminine hygiene items, washing up liquid

Nappies/wet wipes

Pet food

# Beachamwell Book Group

**Tuesday September 2nd**

7.00 - 9.00pm

Beachamwell Memorial Hall

Book to be discussed at this meeting

**'The Winter Ghosts'**  
Kate Mosse

£2.00 + Bring & Buy Bookstall  
New members welcome

Enquiries:  
Leah Spencer 01366 328536

# Beachamwell Wednesday Walkers

**Wednesday September 3rd**

Meet at 10.00am outside  
Beachamwell Memorial Hall

Walk will be approximately  
2 hours

Dogs to be walked on a lead

Enquiries:  
Sue Pennell 01366 328452



# Beachamwell WI

**Thursday September 4th**

7.30pm

Beachamwell Memorial Hall

**'Members' Evening'**

Enquiries:  
Jenny Gabrielsen 01366  
328297

# Beachamwell

**"Pop Up" Pub**

**Friday September 5th**

6.30 - 11.00 Last Orders 10.45



Beachamwell Memorial Hall  
Bring your friends  
Licensed Bar with selection of beers,  
wines and bar snacks

Enquiries  
Susie Davis 01366 328249  
*A Beachamwell Memorial Committee  
Event*

## **Beachamwell Day Walk**

**Saturday September 6th**

Meet at 10.00am outside  
Beachamwell Memorial Hall

Lunch at Oxburgh Pub

No Dogs

Enquiries:

Leah Spencer 01366 328536

or

Sue Pennell 01366 328452

## **Beachamwell**

**Parish Council Meeting**

**Monday September 8th**

**7.30**

**Beachamwell Memorial Hall**

Enquiries

Eileen Powell 01366 328648

## **Beachamwell**

**Scrabble**

**Wednesday September 10th**

2.00 - 4.00

Orchard House, Beachamwell

Enquiries:

Sonia Williams 01366 328774

## **Beachamwell**

**Afternoon Tea and a Chat.....**

Wednesday

**September 17th**

2 - 4pm

Beachamwell Memorial Hall

Enquiries:

Sonia Williams 01366 328774

## **Beachamwell**

### **Craft Group**

**Thursday September**

**25th**

2 - 4.30pm

Beachamwell Memorial Hall

Bring along something you are  
already working on or start a new  
hobby in a friendly group of like  
minded people.

£1.50 + Bring & Buy

All welcome.

Enquiries:

Leah Spencer 01366 328536

## **Beachamwell Local History Group Tuesday September 23rd**

7.30pm

Beachamwell Memorial Hall

Enquiries:

Mike Walker 01366 328242



## The Breckland Society

**Friday September 12th**  
6.30

Visit to the Stone Curlew Roost  
at Cavenham Heath National  
Nature Reserve  
Led by the RSB

Members: Free. Non-members: £5.00

Places are limited so bookings by  
September 8th

Enquiries:

Sue Pennell 01366 328452

[info@brecsoc.org.uk](mailto:info@brecsoc.org.uk)



## 'Top Brass' Brass Quintet

**Sunday September 28th 3.00pm**  
Swaffham Assembly Rooms

£7.00 for members

£10 non-members

Accompanied children free

Tickets from

Green Parrot 01760 724704

Ceres Bookshop 01760 722504

Enquiries

01366 328648

### CRAFT DAY

#### **FINCHAM & DISTRICT WI**

Saturday 11<sup>th</sup> October 2014 10 am - 4 pm

Stoke Ferry Village Hall, Lynn Road, PE33 9SW

Cost £14 for WI Members

Non-Members welcome at a cost of £15 including refreshments and lunch

#### **5 CRAFTS TO CHOOSE FROM**

3 Fabric Bags with a difference – ideal for gifts Decorative Needle Case

Creative Cards and Cardcraft Sugarcraft Watercolour Painting

Materials will be provided by the tutors, but please bring sewing kits or craft tools. For further information please contact:- Mrs P Steel, 3 Ryston Close, Downham market, PE£\*8BD01366 383183

**CLOSING DATE 20<sup>th</sup> SEPTEMBER 2014**

## RECIPE OF THE MONTH



At the time of writing (end of July) the blackberries look as though they are going to provide a bumper crop this year. This cake a) is deliciously moist so can be eaten either with a cup of tea or for pudding, b) can be made with either fresh or frozen berries and c) is lower in fat than most cakes. What's not to like?

### **Blackberry and Cinnamon Yogurt Loaf**

Oven temp: 190°C / 375°F / Gas Mark 5

Grease and base line a 900g / 2lb loaf tin

*Ingredients:*

125ml sunflower oil

175g plain flour

1½ tsp baking powder

1½ tsp cinnamon

200g blackberries (fresh or frozen – not thawed if frozen!)

125g golden caster sugar

zest and juice of 1 lemon

125ml Greek yogurt

3 medium eggs, beaten

Sift flour, baking powder and cinnamon. Add berries and toss to coat. Make well in centre.

In another bowl, whisk sugar, oil, lemon, yogurt and eggs. Mix into flour.

Spoon into tin, level surface. Bake for about 55 minutes (cover with foil if browning too quickly) or until a skewer comes out clean.

Dust with icing sugar when cool.

*Kirstie Urquhart*

## GARDENING TIPS

Are we heading into an early autumn to continue the process of the early season we have so far experienced this year? Or, as some of the long range weather pundits suggest, summer will go on into October? Personally, as I write today, I think the weather is gradually starting to break down – but only time will tell! Whichever proves to be right, we as gardeners must as always be ready for anything at this time of the year. Almost everything in my garden is pointing to an early end to the ‘fruiting’ season. Our plants, like many others, had a very early start this year and will inevitably run out of steam rather earlier than usual so my normal autumn tasks will probably be upon me rather earlier than is customary.

Lawns on the sandy soils in the area are starting to suffer but considering the rainfall we have had since the downpours in May that is not surprising. Hopefully, we shall get some rain over the next weeks to carry them over into the wetter period later in the year. However, towards the end of the month a good brushing with a besom will lift out the debris from the dry period we have experienced. Follow this with a light scarifying and, if the grassed area is moist enough, spiking – a somewhat laborious task but well worthwhile. Finish the process with an autumn feed to allow the grass roots to develop strong growth to produce the fine sward in the next season that we all like to see and achieve. The time of the final cut will depend upon the season, but to protect your lawn do not cut below one inch (2.5cm).

By the end of the month the vegetable garden, other than for the remainder of the runner beans and the winter brassicas, will be largely clear so take an early opportunity to clear it up, remove any old plant material and weed growth and put what is suitable in the compost bin (don’t try to compost perennial weed), It is far easier to do this job before the bad weather sets in and it will make the job of winter digging so much easier and, may I even suggest, more pleasurable! Similarly, many of the summer flowers are now past their best and the plants themselves are closing down. Indeed, many of the annual flowers have already finished. Again, don’t wait for the bad weather to arrive before starting to clear out the borders. Handling wet vegetation is far worse than getting the job done when it is comparatively dry. Most of this plant vegetation is fit for the compost bin. Partial clearance at this time will make the final adjustments for planting the spring flowering subjects next month that much easier. Spring flowering bulbs should be planted by the end of this month. Towards the end of the month

a careful watch needs to be kept on the weather forecasts – in the event of frost tender subjects will need to be given protection or moved into a place of safety.

I know that many gardening ‘experts’ and the books they have written will tell you to take your geranium and other cuttings in early August or even late July. Over the years I have tried both with limited success. I think the air in July and August is generally too dry to facilitate easy rooting and excess watering, particularly with geranium, can be quite fatal! I now take all my geranium cuttings in the first few days of September or at the earliest the very end of August using a compost made up of peat (or a substitute if you prefer) and horticultural grit sand at a ratio of 60 to 40%. Take the cuttings as usual, dip into rooting compound if you wish and plant around the edge of, for preference, a suitable sized clay pot. A clay pot allows air to pass through to the base of the cuttings so that they are not too wet. When a pot is complete I water it well, allow to drain and then place it in an airy place out in the open but not in direct sunlight and protected with netting to keep the birds at bay. Additional water will be needed from time to time but be careful not to overwater to avoid the cuttings ‘damping off’. The cuttings should root in three to four weeks.

Towards the end of the month fallen leaves can become a problem. Do try as far as possible to keep your lawns clear of them. If you have the space available make a simple four post, netted enclosure to put the leaves in. They will need agitating from time to time but over a period of twelve to eighteen months they will produce a quantity of very valuable leaf mould. If you put leaves into a compost bin then they need to be mixed with other, more robust material otherwise they will matt together and stop the bin’s composting potential.

**BOUGHTON PLAYGROUND ACTION GROUP**

ARE EMBARKING ON A FUND RAISING MUCKATHON

CALLING ALL GARDENERS, WHY NOT TREAT YOUR GARDEN THIS AUTUMN TO SOME NATURAL GOODNESS IN THE FORM OF WELL ROTTED FARMYARD MANURE.

BAGS DELIVERED TO YOUR DOOR DURING OCTOBER FOR THE PRICE OF £2.50, AND YOU KEEP THE BAG! CONTACT ANDY BEESTON ON 01366500731

OR EMAIL [andy-beeston@hotmail.co.uk](mailto:andy-beeston@hotmail.co.uk)

PLACE YOUR ORDERS NOW,  
LAST ORDERS BY THE END OF SEPTEMBER



## METHWOLD BADMINTON CLUB

Methwold Badminton Club is a small friendly club that meets every Thursday, 7:00pm at St George's Hall, Methwold from September to April.

The new season starts on Thursday 4th September 2014. If you are interested in playing, please come along. New members are welcome, and the first night is free.

Contact Neil Edgley - 07943964248, Christine Dungay on 01366 383342 or Sue Pogmore on 01366 500461 for more details.

We look forward to seeing you.

## PLEASE JOIN US FOR A MACMILLAN COFFEE MORNING

ON

THURSDAY OCTOBER 9th 10am – 12noon

AT BARTON BENDISH VILLAGE  
HALL PE33 9GF

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IN AID OF

MACMILLAN CANCER SUPPORT  
CHARITY

Details Jill 01366 347928



BARTON BENDISH

**Art, Photography &  
Craft Exhibition & Sale**

**SATURDAY 27<sup>TH</sup> & SUNDAY 28<sup>TH</sup>  
SEPTEMBER 2014  
SATURDAY 10.00AM - 5.00PM  
SUNDAY 11.00AM 5.00PM**

**IN THE VILLAGE HALL AND ST.  
ANDREW'S CHURCH**

Admission Free

Refreshments and light lunches  
available

**Downham Market Library  
Friendship Group**

Meets every two weeks on Tuesday afternoons, 1 - 3pm, at Downham Market Library. Come along and join in, open to all and all welcome. Most meetings will include an activity, talk or information and advice session. £1 per session includes refreshments. For further information please contact the library on 01366 383073 or Gemma on 07795 238239

**2<sup>nd</sup> September** – Family History and Ancestry, an introduction to starting your family tree using Ancestry

**16<sup>th</sup> September** – Get online! Drop in if you need a bit of help with computers/the Internet.

**Enjoy the Shared Reading  
Experience**

Starts Friday 26 September 2014 and runs for 6 weeks.

2 - 3pm

If you like listening to stories or poems...and chatting about them....then this group is for you. For further information please contact the library on 01366 383073

**Knit and Natter**

Meets at the library every two weeks on Wednesdays 1.30 - 3pm. Starts again on after the holidays on Wednesday 17th September.

**NAR VALLEY ART  
GROUP**

**Annual Art & Craft Exhibition  
& Sales**

ALL SAINTS CHURCH

NARBOROUGH

OCTOBER 4th & 5th

10.00 AM - 4.00 PM

Refreshments available in church rooms



## **SAFER NEIGHBOURHOOD ACTION** **PANEL - PUBLIC MEETING**

**The next meeting for WATLINGTON is**

**Wed 17th Sept. at 7pm at St Martin Primary School, Shouldham, PE33 0BU.**

### **Neighbourhood Includes:**

West Winch, North Runcton, Setchey, Middleton, Fair Green, Blackborough End, Watlington, Tottenhill, Runcton Holme, South Runcton, Wormegay, Shouldham Thorpe, Shouldham, Stow Bardolph, Marham, Wimbotsham, Crimpleham, Stradsett, Fincham, West Dereham, Barton Bendish, Wereham, Wretton, Boughton, Beachamwell, Stoke Ferry.

### **This is your opportunity to have your say. You can:**

- Highlight a community problem
- Suggest ideas to improve your neighbourhood
- Discuss what should be a priority for your neighbourhood

#### **The Neighbourhood's current priorities are:**

- Tackle ASB & potential issues in open spaces across all Watlington neighbourhood villages

### **For more information, contact:**

The Neighbourhood Officers  
Tel: 01553 818200  
Email: [snaps@west-norfolk.gov.uk](mailto:snaps@west-norfolk.gov.uk)  
Visit: [www.west-norfolk.gov.uk/SNAP](http://www.west-norfolk.gov.uk/SNAP)

Norfolk Constabulary  
Tel: 101 (calls cost 15 pence)  
Visit: [www.norfolk.police.uk/saferneighbourhoods.aspx](http://www.norfolk.police.uk/saferneighbourhoods.aspx)

## **Could you help a young person with a disability to think about their Future?**

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people aged 16+. Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator, for an informal chat. Telephone 01366 386972 or 07926 044845 or email [vhowling@csv.org.uk](mailto:vhowling@csv.org.uk)

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do: empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

What we plant in the soil of contemplation, we shall reap in the harvest of action.

Meister Eckhart—German philosopher 1260-1328

**Premier  
Holiday accommodation  
in Wereham  
overlooking the pond  
4\* very comfortable, well  
equipped 4 bedroomed house  
Sleeps 10, 2 bathrooms**

Ideal if you have family or friends visiting

Good discounts available for  
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For more details please Tel Debbie or  
Ian Rye on 01366502083, 02476 742077  
or 07863 049677 or see website  
[www.wix.com/ryeholidays/theoldschoolhouse](http://www.wix.com/ryeholidays/theoldschoolhouse)

## *Bed & Breakfast Rose Cottage*

*Downham Road,  
Fincham,  
Norfolk,  
PE33 9HF*

*Reasonable Rates 01366 347426*



*Featured in Which?  
Good Bed &  
Breakfast Guide*

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**Whitlock Computer Services  
Computer Repairs & Upgrades**

Downham Market based PC repairs  
covering Downham Market and the  
surrounding area. The services we offer  
include:

- Virus removal.
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For more information or a free quote  
contact Stephen Whitlock on:  
Tel: 01366 502017  
Mobile: 07786635092  
E-mail: [stephen.whitlock@virgin.net](mailto:stephen.whitlock@virgin.net)  
Website: [www.srwcs.co.uk](http://www.srwcs.co.uk)



The harvest of old age is  
the recollection and  
abundance of blessing  
previously secured.

Marcus Tullius Cicero

Roman Statesman

Born 106 BC

Died 43 BC

## Wereham

### Pop-Up Café



1st Tuesday  
every month  
10.30 to 12.00

Fresh coffee/tea, home-made  
cakes, sit and read papers or  
have a natter....



Just £1.00.



All proceeds go to Village Hall.

## Wereham Weekly Cash



Wereham Village Hall  
Wednesdays

Doors open 6.45 pm  
Eyes down 7.30 pm

Raffle and Refreshments  
with complimentary biscuits



Enquiries: Roger Collins  
01366 500088

All proceeds go to Village Hall  
Registered Charity Number 1151336 Wereham Village Hall

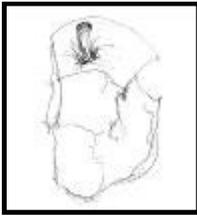


Since light travels faster than sound, some people appear bright until you hear them speak.

I'm supposed to respect my elders, but it's getting harder and harder for me to find one now.

I didn't say it was your fault. I said I was blaming you.

There is a story about an old lady who was very poor. She had nothing. No shelter, no food, no proper clothes. She prayed to God and God gave her 10 apples. This was wonderful. 'Now I can get the things I need,' she said. She was so hungry of course that she ate the first three apples and so was full. The next three apples she traded to rent some modest shelter so that she could be safe from the rain and the sun. She exchanged the next three apples for some new clothes, so she was no longer cold at night and would look smart during the day. But there was then one apple left over. 'Why did you give me one apple more than I needed?' she asked God. 'So you can have something with which to say thank-you to me,' replied God. God gives us enough to say thank-you.



Don't judge each day by the harvest you reap, but by the seeds that you plant.

Robert Louis Stevenson

Scottish writer 1850-1894

## A BONUS QUIZ

1. Who had an encounter with the three bears?
2. What is the name of Winnie the Pooh's donkey friend?
3. Who was created by Gepetto the woodcarver?
4. Who painted the Mona Lisa?
5. Who leads a gang of outlaws in Sherwood Forest?
6. Who were all the King's horses and men unable to put together again?
7. Sculptures of which animals lie at the base of Nelson's column?
8. What is the name of the Lion in The Lion, The Witch and the Wardrobe?
9. What is the name of the wizard at the court of King Arthur?
10. What is the name of the recreated theatre from Shakespeare's time in London?
11. Who picked a peck of pickled pepper?
12. In Charlie and the Chocolate Factory, what is Charlie's surname?
13. Which artist painted a number of pictures of sunflowers?
14. What is the name of Peter Pan's piratical enemy?
15. What kind of animal is Beatrix Potter's Mrs Tiggy-Winkle?
16. In a nursery rhyme, how much are the bells of St Martin's owed?
17. What was the name of Harry Potter's pet owl?
18. Who is the son of Widow Twankey and brother of Wishee Washee?

1. Goldilocks 2. Eeyore 3. Pinocchio 4. Leonardo da Vinci 5. Robin Hood 6. Humpty Dumpty 7. Lions 8. Aslan 9. Merlin 10. the Globe 11. Peter Piper 12. Bucket 13. Vincent Van Gogh 14. Captain Hook 15. Hedgehog 16. three three farthings 17. Hedwig 18. Aladdin

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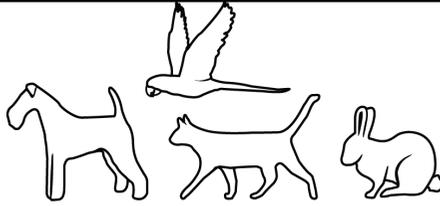
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[www.theberneyarms.co.uk](http://www.theberneyarms.co.uk) or call 01366 347995.**

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Whole or half legs & shoulders for parties or lunch for 2.

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**Caroline Sanderson  
01366 328244**

# BARTON BENDISH AND EASTMOOR VILLAGE NEWS

**Congratulations** To Ernie and Josie on celebrating their Diamond Wedding

## **Jazz Picnic 2014**

Following a very sunny week leading up to the Jazz picnic, the day itself was forecast with heavy rain and thunder storms. Not our normal good weather! Despite this, a good amount of brave souls came along and enjoyed their picnics to the lively notes of Barry Tyler's Dixieland Jazz Band. The shelter of the marquee was much appreciated when it did rain and our thanks go to the great chaps who put it and the other marquee up. Thank you also goes to Phil and Sue from The Berney Arms for the opportunity to purchase beer, ice cream and delicious "posh picnics". Thank you to Bill for keeping the car park in order and to Ollie for displaying all the signs. Weather aside, it was a most enjoyable afternoon and we look forward to seeing everyone including the sun at next year's picnic.

Mhari & Linda

## **Joint Flower Festival at St Mary's, Beachamwell**

How beautiful St Mary's church looked displaying 24 arrangements under the title of Celebrations, Anniversaries and Commemorations. So much creative hard work from both villages had gone into arranging the various flora displays from The 100th Anniversary of the WI to The World Cup, Dr Who, The First World War and The Tour de France. Jane Harris kindly led the Songs of Praise on the Sunday morning and many people commented on how lovely the church looked and smelled with a strong hint of lavender and lilies. Many thanks to Beachamwell for hosting the festival and to all the ladies who helped in the church and in the village hall with refreshments. It raised £1,1000. Next year the Flower Festival will be back in Barton Bendish. Mhari & Linda

## **WWI Commemoration Evening**

Barton's WW1 Commemoration was indeed a commemoration packed with information and providing not only the opportunity to reflect on the enormous tragedy it ultimately proved to be but it was also a source of information which made us all realize how little we actually knew about the sequence of events that occurred and the reasons why. A wide variety of food and drink was offered representing many of the countries who became involved. Tim filled us in with

many facts and a series of quiz sheets throughout the evening proved to most of us how inadequate was our knowledge

On a more personal note Anna and Jay read extracts from a diary written by a WW1 survivor taken from the book 'Remembrances of Hell' and Ian one of his stories. David had put a wall display together with details of men tragically lost from our parish and pictures of the war cemeteries in which they were laid to rest. In their honour he sang the extremely poignant 'Green Fields of France'. The evening ended with a medley of songs which became popular during the War many of which would have been sung by marching troops in an effort to raise their spirits followed by the National Anthem.

Everyone left the Village Hall that evening sobered by thoughts of that dreadful period of history and the horrors men endured and the price they paid fighting a war which was supposed to end all wars - but didn't.

Thanks to Val, Maureen, Joan and Tim for all their hard work.

The evening was kindly sponsored by The Commemoration WW1 Fund via Norfolk Community Foundation. A donation of £230 will be made to Help for Heroes.

When one has guests staying who are ex R.E.M.E. Airborne soldiers what do you do with them on a Saturday night? Well, you take them to the Village Hall for the Barton Bendish World War I Commemoration Evening. What a great time we all had. The WWI themed food was imaginative, tasty and plenty of it. The quizzes were well thought out, interesting and challenging, making us realise just how little we know of WWI facts. Obviously a great deal of research had been done, no mean task. Our thanks to all those involved. We were entertained royally and to top it all we then sang (with gusto) a range of WWI songs. A great tribute to those who gave their lives for us all. *Ann and Bob Lewing*

### **Art, Photography and Craft Exhibition**

Don't forget our sixth annual exhibition will take place on September 27<sup>th</sup> and 28<sup>th</sup> in Barton Bendish. It is being held between 10am - 5pm on Saturday 27<sup>th</sup> and 11am - 5pm on Sunday 28<sup>th</sup>.

As usual artists, photographers and crafts people who have exhibited their work before are very welcome to exhibit again as are any new people who might wish

to take part. Exhibitors need not be local to our villages, so please do pass this on to anyone you know may be interested.

**There is a strict deadline for the submission of entry forms by Thursday 11<sup>th</sup> September.**

If you would like to know more details please contact Mhari (347849) or Linda (347563).

### **MACMILLAN COFFEE MORNING Thursday 9th October**

Our annual Macmillan Coffee Morning will this year will be held on Thursday October 9th. Please make a note in your diary and on your calendar and come along to show your support for this worthy cause.

**HISTORY OF BARTON BENDISH** Illustrated talk to be repeated on **November 14th** On the 28th November last year Barton's village hall was the venue for a 'sell out' talk by David Mason on the history of the village and surrounding area. It was a 'sell out' again when he repeated it in March so, as there are still people who weren't able to come previously and wish to see it, he will be presenting the talk once again on Friday November 14th at 7.30pm. It offers glimpses of times gone by illustrated throughout by photographs of people and places along with many anecdotes. Refreshments will be provided.

Tickets are £4, payable on the night, but please book in advance to avoid disappointment. Please contact Linda (347563) or Mhari (347849) to be sure to reserve your place.

### **QUIZ SHEET**

The answers to the last quiz are elsewhere in the magazine. A new one will be available in late September.

### **News from St Andrew's**

### **Volunteers needed!!**

We are once again asking for volunteers to come and help us carry out routine maintenance jobs at St Andrew's church and churchyard – all ages are welcome! We are having our annual **WORKING PARTY on Saturday September 6<sup>th</sup> starting at 10am**. All refreshments and equipment will be provided and dress for mess!!! If you would be willing to help but cannot make this date please contact Linda (347563) or Mhari (347849) as there is a long list

**Knitted Creatures!** Our grateful thanks once again to Joan Eves and fellow knitters who have been supplying us with the wonderful knitted hedgehogs, mice, bunnies, bees, and ladybirds over the summer months, which we have been filling with crème eggs. They have made an amazing £311 pounds – an incredible amount when they cost just £2 or £3 to buy. Our thanks go also to the Berney Arms who have sold them so enthusiastically for us. Look out for new ‘lines’ for Halloween and Christmas!!!

**Christmas Wreath Making Workshops** It’s hard to believe that the time is approaching for us to organise this, but we have already had bookings for all three sessions which we are planning to run. There will be the usual two evening sessions on Thursday 20<sup>th</sup> and Friday 21<sup>st</sup> November and this year we are also again planning a morning session on Thursday 20<sup>th</sup> followed by a pub lunch at the Berney Arms. More details in the October G4!!

**Flower Rota** Thank you to everyone who takes a turn on the flower rota for the Church. Now the Church is open every day and is visited regularly, it really looks so much brighter and more welcoming when there are flowers in it. If you would be happy to help on the rota, please could you contact Mrs Rumball on 347324. Great skill is not necessary and vases can be provided!

**September** Mrs Blanchfield

**October** Vacancy

**November** Mrs Baird

**December** No flowers in Advent. All arrangers to decorate at Christmas

### **Forthcoming service dates at St. Andrew’s Church**

**S e p t e m b e r 1 4<sup>th</sup> 1 1 a m** Holy Communion

**September 28th** 6pm No service as Art and Craft Exhibition is on.

### **Summary of Forthcoming Events**

**SEPTEMBER 27<sup>th</sup> & 28th** Art and Craft Exhibition St Andrews Church and Village Hall

**OCTOBER 9<sup>th</sup>** Macmillan Coffee Morning

**NOVEMBER 14<sup>th</sup>** History of Barton Bendish illustrated talk

**NOVEMBER 20<sup>th</sup> & 21<sup>st</sup>** Wreath Making Workshop in the village hall.

Optional Lunch at The Berney Arms on Thursday.

**DECEMBER 6<sup>th</sup> & 7<sup>th</sup>** Hall of Stalls and Christmas Tree Festival

St Andrews Church and Village Hall **Cristingle**  
Service at 3pm in St Andrews Church on the 7th

**13<sup>th</sup>** Victorian Evening of Christmas Entertainment in the Village Hall

St Andrew's Church, Barton Bendish

### **'Celebrations, Anniversaries and Commemorations' Quiz Sheet**

Thank you to all who took part in our quiz. The winner was Margaret Lawrence from Gloucestershire. We are pleased to say that approximately 120 people took part. The proceeds from this quiz sheet went towards funding the flowers for our joint Flower Festival, held at St Mary's Beachamwell on 26th and 27th July, which also had this theme. Many thanks as always to the people who sell the quiz sheets on our behalf. We are urgently looking for more people who would be prepared to sell our quiz sheets-it does not have to be in big numbers – selling 5 is a great help, either locally or further afield . (We currently have friends and relatives of 'locals' selling them on our behalf in Somerset, Scotland and Cambridgeshire!!) Or if you know of a business or organisation which would be prepared to have a stand with some in to sell, please let us know. Other charitable organisations are welcome to use part or all of this quiz sheet but we ask that a donation is made to St Andrew's Church Fund

1 Spicy chicken dish (10): Coronation, 2 What a scorching evening (5.5): Burns' Night, 3 Four decades ears you a gem stone! (4,7,11): Ruby Wedding Anniversary, 4 Premier Foundation (5.7): First footing, 5 More than a stick with strings! (7): Maypole, 6 Jewish festival of lights (8): Hanukkah, 7 In its hundredth year but not all jam and Jerusalem (6,9): Women's Institute, 8 You need a lot of puff for this and no sharp objects (7): Balloon, 9 There it goes again, and again, and again.....(9,3) : Groundhog Day, 10 174th Anniversary of a coloured coin (5,5,7,5): Penny Black Postage Stamp, 11 Making sure (12): Confirmation, 12 Blooming over 60s in west London started this 101 years ago. (7,6,4): Chelsea Flower Show, 13 Tying the knot!(7): Wedding or married, 14 In charge of the box brownie (12): Photographer, 15 Naughty or nice (5,2,5): Trick or treat, 16 Welsh poetry festival (10): Eisteddfod, 17 2014 is an equine year (7,3,4): Chinese New Year, 18 SOS (3,3): May Day, 19 Betrothal (10):

Engagement, 20 Doctors don't normally run this fast (5,3-4,6,4): First sub-four minute mile (60th anniversary), 21 Hopefully not of fire! (7): Baptism, 22 Conservatives, Labour, UKIP (7): Parties, 23 Half a century panning for this (4,11): Gold Anniversary, 24 A quarter of a century since this German divider went (6,4,5,4): Berlin Wall comes down, 25 An instrument in the fizzy region of France (9,5): Champagne flute, 26 Comings and goings in the stable scene (8,4): Nativity play, 27They don't mean that kind of breakfast (3,2-4): Eid ul-Fitr,28 Celebration to mark the first harvest of the settlers (12): Thanksgiving, 29 Aristocratic venue for ball games turns 200 this year (5,7,6): Lords Cricket Ground, 30 2014 marks two decades of this volume of portraiture (8): Facebook, 31 The arrival of the three kings (8): Epiphany, 32 Minors cavorting !!! (6,7): Morris dancers or Morris dancing, 33 Sacks, eggs and spoons (6,3): Sports Day, 34 All is safely gathered in (7,8): Harvest Festival, 35 Rockets and bangers (7,5): Bonfire Night, 36 Sounds like half a meat eater joins half a friend (8): Carnival,37 Famous for camping in the mud (11): Glastonbury, 38 A northern 'yes' to a lad and a pig! (8): Hogmanay, 39 Card makers and florists love him (9): Valentine, 40 11th hour of the 11th day of the 11th month (11,3): Remembrance Day, 41 Name of a Ford (6): Fiesta, 42 Good job it's not heavy when you throw this!! (8): Confetti or streamer43 A naval man might toast an immortal memory (9,3): Trafalgar Day, 44 Grey line underground(7): Jubilee45 A letter, one of seven, coming down (1-3,8): D-Day landings, 46 This 65 year old female still looks slim (6):Twiggy, 47 24 hours for the pugilists or hares (6,3): Boxing Day, 48 More than a push on this day(6,7): Shrove Tuesday, 49 Elevation (9): Promotion or Ascension, 50 Agitating this weapon started 450 years ago (11):Shakespeare

The next quiz will be available in late September. If you would like a copy sent to you please send an SAE with £1 to: Linda Webster, Rowan House, Church Road, Barton Bendish, Kings Lynn, Norfolk PE33 9GF

Many are needed to plant and water what has been planted now that the faith has spread so far and there are so many people.....No matter who plants or waters, God gives no harvest unless what is planted is the faith of Peter and unless he agrees to his teachings.

Thomas Becket—English Archbishop martyred at Canterbury 1117—1170

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## St. Mary's Church

**Festival of Flowers:** We had a glorious weekend for our fourth Festival of Flowers organised together with Barton Bendish at the end of July although the Saturday was a bit too hot for some people which reduced the number of visitors on that day. On Sunday, however, we had a steady stream of visitors all day and in the end we made a profit of £1,049.62 which will increase as a number of donations were given with gift aid envelopes. This will be shared equally with Barton Bendish.

This year the theme was “Celebrations and Commemorations” and we had an almost equal number of flower arrangements portraying a celebration or commemorating the 100<sup>th</sup> Anniversary of the start of the First World War – some commemorating individuals.



The church looked (and smelt) beautiful and was full of light and colour. There

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

are so many people to thank from both villages for all the hard work that went into organising this two day event and I would like to take this opportunity to say thank you to everyone who helped by arranging flowers, selling raffle tickets, acting as stewards in the church, organising and helping with the stalls in the Village Hall, helping serve refreshments, making cakes and helping in so many other ways. Next year the Festival of Flowers will be held in Barton Bendish.

**Porch Repairs:** We have the opportunity to raise some money for the porch fund by organising the light refreshments in the Memorial Hall at the Village Fete on 31<sup>st</sup> August. The Hall's Committee have said we can keep any profits we make on selling teas/coffees/cakes, so ONCE AGAIN we are asking if you can make a cake for us. We will be very grateful if you have time to make a cake for the fete and help us raise some more money for the porch repairs.

We are, of course, still applying for grants from various sources.

**PCC Meeting:** The next PCC Meeting is being held on Tuesday 9<sup>th</sup> September and if you have any suggestions or comments that you would like discussed please let me know.

**Future Events:** The next Scrabble Afternoon will be on Wednesday 10<sup>th</sup> September from 2 – 4 p.m. at Orchard House and the next Afternoon Tea will be Wednesday 17<sup>th</sup> September in Beachamwell Memorial Hall from 2 – 4 p.m. I hope you will be able to join us.

**Graham Williams Churchwarden**

## Beachamwell Memorial Hall

**(Charity registration number 303900)**

By the time you read this our Fete and Country Fair (Sunday 31 August 12 noon – 5pm) should have taken place and we hope it will have been a great day for all involved. More in next month's issue.

The next Pop Up Pub will be on Friday 5 September, not 26 September as previously advertised – look out for posters, emails etc. nearer the time. We are calling this a Mop-up Pop up Pub as it will be only a few days after the fete and we do hope you will be able to join us.

**Beachamwell Memorial Hall Committee**

**Contact: Susie Davis, secretary ([suedavis@afiweb.net](mailto:suedavis@afiweb.net))**

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## Wednesday Walkers

Yet another month when the forecast did not bode well for the morning's outing!



It had rained all the previous night and everywhere was pretty wet, so plans were hastily changed. Instead of the long grass of drove and meadow, we walked the drier tracks of the warren – no wet legs for us, thank you!

September will be a busy walking month. On Wednesday 3<sup>rd</sup> we shall leave the Memorial Hall at 10.00 a.m. to explore the footpaths and bridleways around Shingham. Then on Saturday 6<sup>th</sup> we plan to walk to the pub at Oxborough for lunch, via Langwade and Gooderstone. We shall make our way back along the road to Eastmoor and follow the stream to Caldicote and across the fields to Beachamwell. So why not join us? Just turn up at the Memorial Hall at 10.00 with your stout boots!

By the way, you do not have to LIVE in Beachamwell to walk with us – everyone is welcome.

***Leah Spencer and Sue Pennell***

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## Local History Group

Since the last Local History open meeting in June, Mike Walker, Jayne Frost and Maggie MacKenzie have worked as a steering group to draft a constitution. They are keen to get the group up and running as soon as possible and there will be a meeting in the village hall 7.30pm Tuesday 23 September. Do come along to find out more and get involved in what promises to be an exciting village group! Further information from

**Mike Walker 01366 328242**

## Parish Council

The next meeting will be held 8th September. As always, everyone is welcome to attend. If you have a query or a problem, you can consult any of the



Councillors at any time – they are more than willing to listen and help if they can.

We receive information from Norfolk County Council and Breckland District Council on a regular basis. If you would like to have a copy of this let me have your email address and the information will be passed on to you.

Don't forget to check the Notice Board.....

**Eileen Powell (Parish Clerk)**

## Mobile Post Office

The opening hours are as follows:-

Monday and Thursday: 11.30 - 12.00

Tuesday, Wednesday and Friday: 11.15 – 12.00

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## WI

Many of you will have seen the stunning displays at the recent Flower Festival. Our display was quite spectacular. Irene is to be congratulated on stitching the



kneeler which was a fitting centrepiece. Heidi and Vesna, with help from Peter Hodgson (Gooderstone) assembled the actual display. Several other WI members produced individual or group displays which were duly admired.

The August Meeting is traditionally a Garden Meeting and this year it was held at The Old Rectory. The weather was fantastic and we enjoyed an afternoon of warm sunshine. Lots of business was discussed including which products are to be made for the Fete. Ann talked about the recent Crochet afternoon and plans

## BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

were made for another session. Next years Programme was discussed at great length and hopefully an interesting Programme for 2015 will be prepared. After wine and savouries Members had two Competitions on offer. 'A Cartoon Quiz' and 'Name the Tree'. Members who chose the 'Name the Tree' had the opportunity to walk around the Old Rectory Garden (as immaculate as ever) and match the tree to the number hanging on it, not an easy task as some of the trees were most unusual. Maggie won the Tree Competition and Joan the Cartoon Quiz. Next up was Tea and Cake. It was a wonderful way to spend an



afternoon together. Anybody wishing to join us would be most welcome.

Thought for the month was 'Worry is a total waste of time. It doesn't change anything. All it does is steal your joy and keep you very busy doing nothing'.

***Carole Wilson and Eileen Powell***

# COMMUNITY NOTICE BOARD

## MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Thursday 21st November	Beachamwell	Post Office	10:05 am
19th December	Drymere	Telephone Box	10:40 am
	Boughton	Sycamore House Mill Road	15:20 pm 15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
Thursday 7th, 21st November 5th, 19th December	Wereham	The Pond Queen's Close	9:30 am 16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - [www.norfolk.gov.uk/Leisure\\_and\\_culture/Libraries/Mobile\\_libraries](http://www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries)

## VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday) 18 (Tuesday)	Lewis Coaches Eagles Coaches	Swaffham King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat) 40 (Mon to Sat)	Coach Services Coach Services	King's Lynn Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 ([www.traveline.org.uk](http://www.traveline.org.uk))

## FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	Third Friday 9:00am to 2:00pm
Swaffham	First and Third Sunday
Watton	Sadly no longer trading

For information:- [www.farmersmarkets.net](http://www.farmersmarkets.net) or your local Tourist Information Office

## VILLAGE AND PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Caroline Sanderson	01366 328244
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

# CHURCH SERVICES IN SEPTEMBER

## Sunday September 7th

Shouldham	9.45 am	Holy Communion
Marham	10.30 am - 11.30 am	Café Church
Beachamwell	11.00 am	Holy Communion
Wereham	6 .00pm	Evening Service

## Sunday September 14th Holy Cross Day

<b>Shouldham Thorpe</b>	<b>9.30 am</b>	<b>Holy Communion*</b>
Boughton	10 00 am	Breakfast Church
<b>Barton Bendish</b>	<b>11.00 am</b>	<b>Holy Communion*</b>
<b>Fincham</b>	<b>6 .00 pm</b>	<b>Evening Service*</b>

Sunday September 21st St Matthew

<b>Shouldham</b>	<b>9.45 am</b>	<b>Morning Prayer*</b>
Marham	10.30 am	Morning Prayer
Beachamwell	11.00 am	Morning Prayer
<b>Wereham</b>	<b>11.00 am</b>	<b>Harvest Festival*</b>

Sunday September 28th

Fincham	9.30 am	Holy Communion
Marham	10.30 am	<b>United Harvest Holy Communion*</b>
<b>Boughton</b>	<b>11.00 am</b>	<b>Harvest Festival*</b>

\* by a service in bold type means that it will be a Harvest Festival service according to the form decided in each church.

## CHURCHWARDENS

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
	Graham Williams	01366 328774
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

## BAPTISMS AND WEDDINGS

Please contact the Revd. Barbara Burton or the Churchwarden in your parish.

## BOUGHTON VILLAGE NEWS

### BOUGHTON – SPEEDING

As many Boughton residents will know speeding through the village is a continual problem. We are fortunate that so far there have been no human fatalities although ducks, coots and moorhens, particularly around the pond, are regularly found dead on the road.

Your Parish Council have had two meetings with Norfolk County Council (NCC) to consider how best to deal with this matter. We discussed a wide range of options from a reduction of the speed (to 20 MPH); vehicle activated signs; road width restrictions; road humps (sleeping policemen); through to village gateways and even changes to road surface material.

NCC had considerable familiarity with the various options but noted that the combination of cost and the good (i.e. lack of accidents) safety record in Boughton meant that the majority of measures were unlikely to feature highly on their priority list.

However there is one measure (village gateways) which is relatively inexpensive to implement and could have a positive (i.e. reduction in speeding) effect. Your Parish Council have been investigating this option further and believe gateways at both ends of the village – that is at the Mill Hill Road end and at the Stoke Road



MILL HILL ROAD ENTRANCE

end could be very beneficial. The total cost is estimated to be in the order of £700 (including NCC costs as NCC will install the gates for us). Importantly there would be no impact upon the precept as this money is available from the reserve the council maintain for such projects.

You will see below mock ups showing how the gateways could look. The exact position will be determined by NCC to ensure they meet all highway requirements.

#### STOKE ROAD ENTRANCE



We believe they could be a very useful aid to reducing speeding and that the style looks good for our village.

However before your Parish Council make any decisions we would like the views of Boughton residents.

We would welcome any questions, comments or thoughts you have -please either

**e-mail them to: [boughton.council@gmail.com](mailto:boughton.council@gmail.com) or**

**Phone: Tom Roberts on 01366 500957.**

**Closing date for comments - 24 September 2014 please.**



## Harvest Festival at All Saints' Church

Sunday 28th September at 11 am. It will not be our usual fourth Sunday Holy Communion, but more of a Songs of Praise cum Morning Prayer! It would be lovely to see people there who do not normally come to church as well as the regular congregation. As usual, we'll be collecting packaged and tinned goods for the local Foodbank, but fresh fruit, vegetables and flowers would help to decorate the church. If you are able to donate, either goods or time, please contact me (500429) or come along to the church. It's usually open at the weekends but several people have keys as well. Packaged goods can be brought down on the morning of the service. Boughton church and the wider village have a good tradition of collecting for people less fortunate than ourselves, so please help us to keep it going.

**Cycle Ride** The Annual cycle ride in aid of Norfolk Historic Churches Trust will take place on Saturday 13th September. If anyone cycles on behalf of their village church, that church receives half of all money collected. The remainder goes to the Trust, which gives grants for work on the many historic churches in the county. We received a grant towards the refurbishment of our East Window two years ago, so we are among the churches which have benefitted in the past. If you are able to take part, or can possibly sit in the church to welcome cyclists, please contact me on 500429. Many thanks *Pam*

## Boughton Fen Report for Parish Council Meeting 24.07.2014

Since our last meeting, the summer weather has arrived along with all our summer visitors, including nightingales and cuckoos. We have also had the arrival of a number of human visitors.

On 26<sup>th</sup> April, we gave two guided walks around the fen as part of the CPRE award winner open days, with both trips being fully booked. Most of our visitors were from the east of the county and were surprised at the fantastic site we have here, especially when they were able to see four Marsh Harriers and a pair of Red Kites flying over the fen.

On 19<sup>th</sup> May, a group from Norfolk Wildlife Trust visited the site for an evening walk around the fen, led by Allan Hale. This was enjoyed by all the visitors, especially as a bittern flew over while they walked. We thank NWT Fakenham group for their donation of £25.

We had our own village get together on the fen on 21<sup>st</sup> June, when we celebrated the official opening of Boughton Fen Wildlife Walk with about forty people out for the afternoon. Joy Boldero, who had previously presented us with the CPRE Boldero award for access to the countryside, cut the ribbon as we all

enjoyed a glass of fizz on Highland Fen.

Winter work concluded with the grass areas of Highland Fen being cut to a lower level as part of our management scheme. This was done by the Hawk and Owl Trust from Sculthorpe Moor, who also installed a new owl box for us.. The 'cutting team' has kept the wildlife walk clear so that people can enjoy the walk, and will continue with this until the grass slows down in September. Thanks to all those volunteers who have helped with this work.

We are now planning our autumn & winter work, which will be done along with Natural England, Norfolk Wildlife Trust, Hawk and Owl, the Environment Agency, specialist contractors and of course, our loyal band of volunteers. We hope to start a series of work parties in October this year, so if you are on email, I will be contacting you fairly soon. If you are not, and would like to help, please call me on 01366 500461. *Mark Pogmore*

### **Horse Chestnut Tree and Circular Seat.**

The horse chestnut tree near the village sign is suffering from the disease Bleeding Canker, is in poor health and in a weakened condition as a result. The public are advised not to walk under the canopy or use the circular seat for the time being. The Parish Council has consulted a tree specialist and will be arranging to have the tree removed, as the illness is terminal, in due course. A suitable alternative flowering tree will then be sourced and placed close to the current position, and the circular seat reinstated accordingly. *Boughton Parish Council*

### **Boughton Parish Council in Action**

For some time now the Council has been aware that the maintenance of the playground and the equipment had started to increase due to natural wear and tear. At the last safety inspection, commissioned earlier this year, the equipment was designated as having up to five years useful life. This may vary according to conditions and usage, but it means we have to start thinking about future replacement of the equipment now. To that end, at the last Parish Council meeting in August, the Council agreed to the formation of an Action Group to plan and seek the funding and replacement of play equipment. The group, comprising two councillors and four parents from the village is already up and running. Please see their report elsewhere in this month's G4 where they are seeking the views of all Boughton Parishioners on the future of the playground. *Boughton Parish Council*

### **Boughton Playground Action Group**

We are a recently formed group, part of the Parish Council, that has come together to plan the replacement of equipment in the playground in due course.

We consist of two parish councillors and four parents, users of the playground. You will by now have received the questionnaire regarding the playground and the plans to replace equipment as it becomes necessary. Although the equipment was installed just 10 years ago ongoing maintenance has become a more regular occurrence. To ensure the playground remains a superb place for our children to play we need your views, and support, to make this happen. We really value your views about the playground and urge you to return any outstanding questionnaires to either the box in the playground or the School House on The Green. Once we have the returns we shall publish the results and advise how we intend to progress the gradual replacement of equipment in a planned manner and how you can help with this aim.

*BPAG – September 2014 See the advert for the Muckathon on page 15*

### **Boughton Home Watch – Alarm and Security Products**

Boughton Home Watch in conjunction with Norfolk Constabulary will be holding a drop in session at All Saints' Church, Boughton. The purpose of which will be to introduce you to our local PCSO Jane Edwards who will have with her various security products for you to view before you buy if you so wish. The security products available are predominately to protect oil tanks, sheds and garages, Select DNA and some recently released products including Alarmed Padlocks. Come along on Thursday 25<sup>th</sup> September 2014 between the hours of 4:00 pm and 7:00 pm.

If you are unable to make this date but would like information on the products available please contact Jane on 101. *Angela Faherty*

**Pilates classes** broke up for the August holiday period, but recommence on Saturday Aug 30, at 9am in Boughton All Saints Centre. New recruits are needed for this low impact exercise routine, which concentrates on stretching and strengthening one's core: this helps defeat the gradual loss of flexibility which comes with aging. For the first time in a long time, I can now touch my toes. Next I hope to turn like Rory McIlroy on the golf course! Classes are led in a pleasantly informal manner by Suzi Hancock from Swaffham. The only equipment you need is a Pilates or Yoga mat, though Suzi can provide this if you want to drop in initially for a taster session. See you there! *Paul Coulten*

*Dates of future meetings*

*Parish Council:— 24th September, 14th January 2015, 17th April 2015*

*Fen Committee — 3rd September, 12th December, 6th March 2015*

## WEREHAM VILLAGE NEWS

### St Margaret's Festival July 20<sup>th</sup>

As always we watch the skies anxiously on that first Sunday closest to St Margaret's feast day on the 17th of July. Happily, it was not the sunniest but the rain kept away.

It's always a great thing to see it all come together on the day although it is all organised in separate compartments. Fortunately there are people who tirelessly coordinate all these strands behind the scenes and manage to bring it all together -and the tried and tested recipe is fit for purpose for yet another year!

We are immensely grateful for the help and goodwill we receive in the way of prizes, donations and homemade bakes. Not forgetting those who help to man the stalls, the raffle, the barbecue and individual games. The stalls and games are traditional and maybe that is why many of us enjoy them so much year after year. Tin Can Alley turned out to be good, simple fun and definitely one to include in future.

For the last few years it's always been a question of whether or not to organise a fancy dress, and the children who once enjoyed taking part are now teenagers who help us with the stalls but happily in our village there are always young ones coming up .

It takes a lot to beat a really good hamburger or hotdog (we have it on good authority that one golden retriever we know will absolutely agree about that - because the very next day he made straight for the spot where he happened to have been given one!)

The beautifully displayed produce stall included really fresh vegetables and special items at bargain prices. The plant stall was definitely the place to buy beautiful healthy plants. And .....how fortunate we are to have live music from the church to accompany all of this.

So a huge thank you to everybody- all the willing helpers and generous donors we -really appreciate your generosity and contributions. Our final figure was £2175.21 which included a generous boost from Dave's Fishing Competition which converts the village pond into a real asset. Thank you to everybody who was involved in that and supported it by sponsorship.

A final **thank you** to everyone who helped set up the stalls and gazebos, put up the bunting and notices and then helped us to pack it all up at the end of the day (we finished in record time) We couldn't do without you. *Lizzie Baddock*

**Ken and Betty English**, who for many years ran the shop and Post Office in Wereham, celebrated their Diamond Wedding Anniversary on 12th June. We would like to congratulate them and wish them all the best.

*From Doreen and all their Friends from Wereham*

### Wereham Messy Church. Messy Harvest

**Thursday September 25th 4pm -5.30pm**  
**Starts in the church followed by activities and a free meal in the Village Hall**

The next Messy church is on September 25th. The theme is Harvest. It will again be informal, fun and enjoyable. It will include stories, singing, activities and FOOD. Don't miss it. We are looking forward to seeing you there.

**Please put these dates in your diary**

Thursday 27<sup>th</sup> November Messy Advent  
Sunday 21<sup>st</sup> December Nativity service and children's drama

Look out for further details

To book places or for further information please ask Debbie or Ian Rye telephone 502083 or call in at The Old Chapel by the pond.

**Wereham World War I commemoration Saturday, 8 November**  
**7pm Wereham Village Hall**

The Wereham World War 1 commemoration evening will be on Saturday, 8 November, the night before Remembrance Sunday.

It will be entertaining and thought provoking evening with something for everyone, young or old. It will include:

World War I poetry readings and amusing sketches

Stories about the World War I soldiers named on the Wereham war memorial

A sing-along of old songs such as 'Pack up your troubles'

The role of animals in WW1

A Piper playing a lament

A Bugler playing the last post

Display of world war one memorabilia

**Wereham Neighbourhood Watch Meeting** WILL BE HELD ON TUESDAY 16TH SEPTEMBER 2014 at 7.30pm in Wereham Village Hall.

Anyone wishing to join us please contact our Chairman Tom Golden on 500052 or Doreen Rolph on 500218.

The next **Wereham Parish Council** meeting will be held on Tuesday September 9th, 7.30pm at Wereham Village Hall.

There has been no call for an election to fill the current Wereham Parish Council

Vacancy therefore the position will be filled through 'Voting by Council on Casual Vacancy ("Co-Option")'. Nominations have been requested through the minutes of the July meeting, the Wereham Parish Council Facebook page and on the Parish Council notice board with a deadline of 25th August. Candidates will be voted on at the September meeting.

For further details or previous minutes please contact the Parish Clerk on 01366 500527 / [werehampc@gmail.com](mailto:werehampc@gmail.com).

## **ADVANCE NOTICE**

**Wereham Harvest Supper will be on October 10th.**

For FURTHER details see posters or a member of the PCC.

### **August Update from Wereham Village Hall Committee**

#### **Family Prize Bingo:**

This proved to be another very successful event. There were some fantastic prizes up for grabs and our grateful thanks go out to the many individuals and local businesses who kindly donated these to the event. The final total raised on the night was £185.05 which will go towards the replacement gas heaters.



We had a really good turnout for the Summer Prize Bingo

#### **Wereham Village Fayre:**

The annual Village Fayre is almost upon us so come and join in the fun at the Playing Field and Village Hall on Sunday 7<sup>th</sup> September, from 10 until 4. The ever popular dog show and car boot will be there as well as tractors, vintage cars, static displays, fish & chip van, ice creams, games and activities, bouncy castle, face painting and much much more!

We would be very grateful for donations of both cakes and raffle prizes for the day. If you are able to support us with either of these, please contact Doreen on

01366 500218 or Nikki on 01366 501111 to arrange collection. Or you can drop your donations with any of the committee.

Thank you in advance for your support and we look forward to seeing you there, Rachel Barron, Marketing and Publicity Officer.

**Update from the new build team:**

A design brief has been created in response to data from the community survey, event survey, user groups surveys, open consultation, focus groups and visits to other lottery funded village halls. In response to the design brief, we've found that we need more space than the current plot provides to meet the needs of ours and the surrounding neighbourhood. We have met with the Conservation Officer and Principle Planner to discuss options for hall location and parking required for a new development. They are very supportive of what we are trying to achieve for the community and will respond with feedback for discussion at our next meet in September. If we find that there are options to build a new hall on a new site, we will hold a public consultation to discuss the options. In the meantime, as the hall designed in 2009 doesn't meet our communities needs, we are consulting with architects that meet the project criteria, which is 1 - have experience of funded projects, 2- have community build experience and 3 - have sufficient eco experience to help us achieve zero fuel costs and address other environmental issues. We have requested tenders from three architects who meet the criteria and will advise further as the project progresses. In the meantime, we have been working closely with the WNVCA to prepare our Lottery application for submission. New build team - Victoria, Helen, Rachel & John.

**Time Credits:**

Fantastic news for volunteers! We've joined SPICE time credits which means:

For every hour (or time made up to 1 hour e.g: 2 lots of 30 minutes) that you volunteer with us, we will reward you with 1 hours time credit.

Time credits can be spent locally on swimming, ten pin bowling, having beauty treatments, playing golf (see the full list at <http://www.west-norfolk.gov.uk/pdf/Spend%20Menu.pdf>) and outside of Norfolk e.g.: sightseeing in London.

They never expire and can be spent 100's of ways across the country.

Children and adults can earn time credits

Time credits don't affect benefits as they have no face value.

They're transferable to friends and family.

To register to earn time credits, contact our Time Credits facilitator Nikki on 501111/07789695783 or join the next Friends of Wereham Village Hall (FoWVH) meet on the 2nd September at 7.30pm.



Thank you to all of our FoWVH volunteers who co-ordinated and supported events during August.

The next FoWVH meeting will be held on Tuesday 2<sup>nd</sup> September at 7.30pm in the Village Hall.

**For all the pictures and feedback** from our events, log onto [www.facebook.com/werehamvillagehall](http://www.facebook.com/werehamvillagehall). By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

**Wereham Village Hall Bonus Ball Club** – The Winners of £50 each for the August Lotto draw were Kevin Woolston and Roy Smith – congratulations! If you'd like to be added to the waiting list, contact Helen on 07795006811. Many thanks, Helen Richardson, Secretary.

**Ink Cartridges** - collection boxes for ink cartridges are on the piano in the hall, open 10-12 Fridays. Or alternatively, leave them in a bag at the door of the Village Hall.

#### **Events list -**

**Bingo** - every Wednesday, doors open at 6.45pm, eyes down at 7.30pm. Cash prizes, raffle and refreshments with complimentary biscuits. Enquiries to Roger on 500088.

Wereham Village Fayre – Sunday 7<sup>th</sup> September , 10-4.

**Pop up Café** – first Tuesday of the month, 10.30-12. Next dates are Tuesday 9<sup>th</sup> September, then Tuesday 7<sup>th</sup> October. Join Jacqueline and friends for a slice of homemade cake & a hot drink for just £1. Join friends for a natter and a read of

the daily papers. Cake donations/queries to Jacqueline 500880.

**Indoor/Outdoor Car Boot** – last Sunday of the month, 9am-1pm. Next dates are September 28<sup>th</sup> & October 26<sup>th</sup>. Café, bric a brac and book stall. £5 pitch, to book call Nikki/Chris on 01366 501111.

Quiz Night – Saturday 4<sup>th</sup> October at 7.30pm in the village hall. John's ever popular quiz night makes a welcome return! Contact John Eastgate on 01366 500766 for more details.

**WWI Commemoration** – Saturday 8<sup>th</sup> November, starting at the War Memorial at 6.45 and then on to the Village Hall. Contact Ian Rye on 01366 502083.

If you have any queries with regards to the plans to get funding for a new village hall, or anything we're doing, please contact

Victoria Gray, Chair,  
Wereham Village Hall Committee  
Home: 501277 Mobile: 07725513583

Email: darren.gray@tesco.net or via [www.facebook.com/werehamvillagehall](http://www.facebook.com/werehamvillagehall)

**Wereham Tots** will be holding a coffee morning as part of the **MacMillan World's Biggest Coffee Morning** on Friday 26<sup>th</sup> September, from 10.30 – 12.30. Last year's was a huge success, raising lots for this fantastic cause so please come along again and make this year's even better! We would be very grateful for any donations of cakes or raffle prizes – please contact Rachel on 01366 502252 or Angela on 01366 500115 or just bring them along on the morning.

## SPECIAL EVENT PLANNED?

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Saturday 6 and Sunday 7 September

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#### **Great British Walk**

September 8—October 24

Enjoy the autumn colour, explore Oxburgh's estate or walk circular walks around the local area, starting here. Accessible walks for all abilities.

Normal admission

#### **Brecks Food Festival**

Saturday 13 & Sunday 14  
September

Locally themed menu. See rare breed pigs from Scott's Field Pork on the Saturday.

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Who had an encounter with the three bears?

What is the name of Winnie the Pooh's donkey friend?

Who was created by Gepetto the woodcarver?

Who painted the Mona Lisa?

Who leads a gang of outlaws in Sherwood Forest?

Who were all the King's horses and men unable to put together again?

Sculptures of which animals lie at the base of Nelson's column?

What is the name of the Lion in *The Lion, The Witch and the Wardrobe*?

What is the name of the wizard at the court of King Arthur?

What is the name of the recreated theatre from Shakespeare's time in London?

Who picked a peck of pickled pepper?

In *Charlie and the Chocolate Factory*, what is Charlie's surname?

Which artist painted a number of pictures of sunflowers?

What is the name of Peter Pan's piratical enemy?

What kind of animal is Beatrix Potter's Mrs Tiggy-Winkle?

In a nursery rhyme, how much are the bells of St Martin's owed?

What was the name of Harry Potter's pet owl?

Who is the son of Widow Twankey and brother of Wishee Washee?

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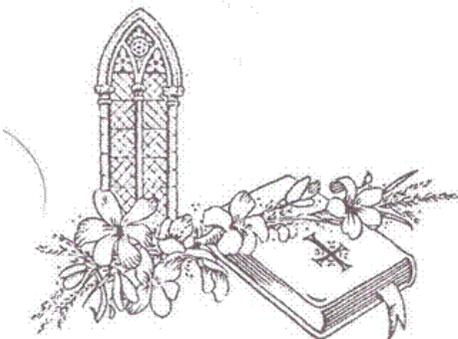
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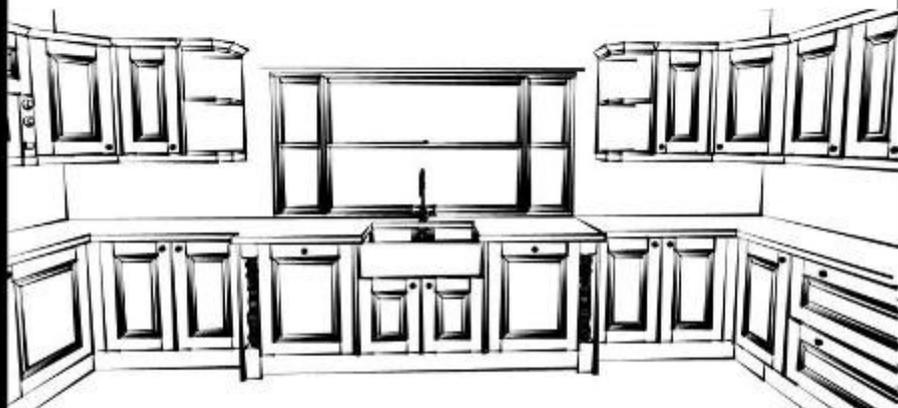
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God's people were very happy. God had given them a special place to live and a special building - the temple - where they could meet with him. God loved his people and wanted to be close to them but they often forgot about this. They forgot to love God and so that meant they also forgot to love others. God was sad because this was not how it was meant to be. God sent his special prophets to talk to the people. Prophets are people who know things. They know what is important. Prophets come close to God and God comes so close to them that they know what special things God wants to say to his people. Isaiah was one of these prophets. God wanted him to tell the people how sad God was. This is the message he gave Isaiah to share. It is really a sad song.

The one I love, said Isaiah, once owned land for a vineyard. It was on a hillside. He wanted to grow grapes there in the rich fertile soil. So he dug over the land to get it ready. He dug up all the stones that would get in the way of the roots. He planted the vine seeds. He built a strong wall around the vineyard. And he planted a hedge there, to make sure his vineyard was safe from wild animals and thieves. He built a tall watchtower so he could keep a careful eye on all that happened in his vineyard. Finally, he built a great tub in the ground, which was the wine vat, where one day he hoped to collect all the grapes and press them into the best wine ever. Isaiah sang: 'There is nothing that the one I love didn't do to make this the best vineyard ever.' So he waited for the vines to grow, watching over them day and night. Time passed. The sun shone and the rains came and the vines grew. He was waiting for the day when he would pick the good, juicy green grapes. But that day never came. Instead, all that the vineyard produced were wild grapes. They were sour and ugly and rotten. The vineyard owner said, 'What has gone wrong? What sort of harvest is this? It is all bad.'

I wonder what the vineyard's owner will do next.



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John 4

<sup>34</sup> Jesus said:

My food is to do what God wants! He is the one who sent me, and I must finish the work that he gave me to do.

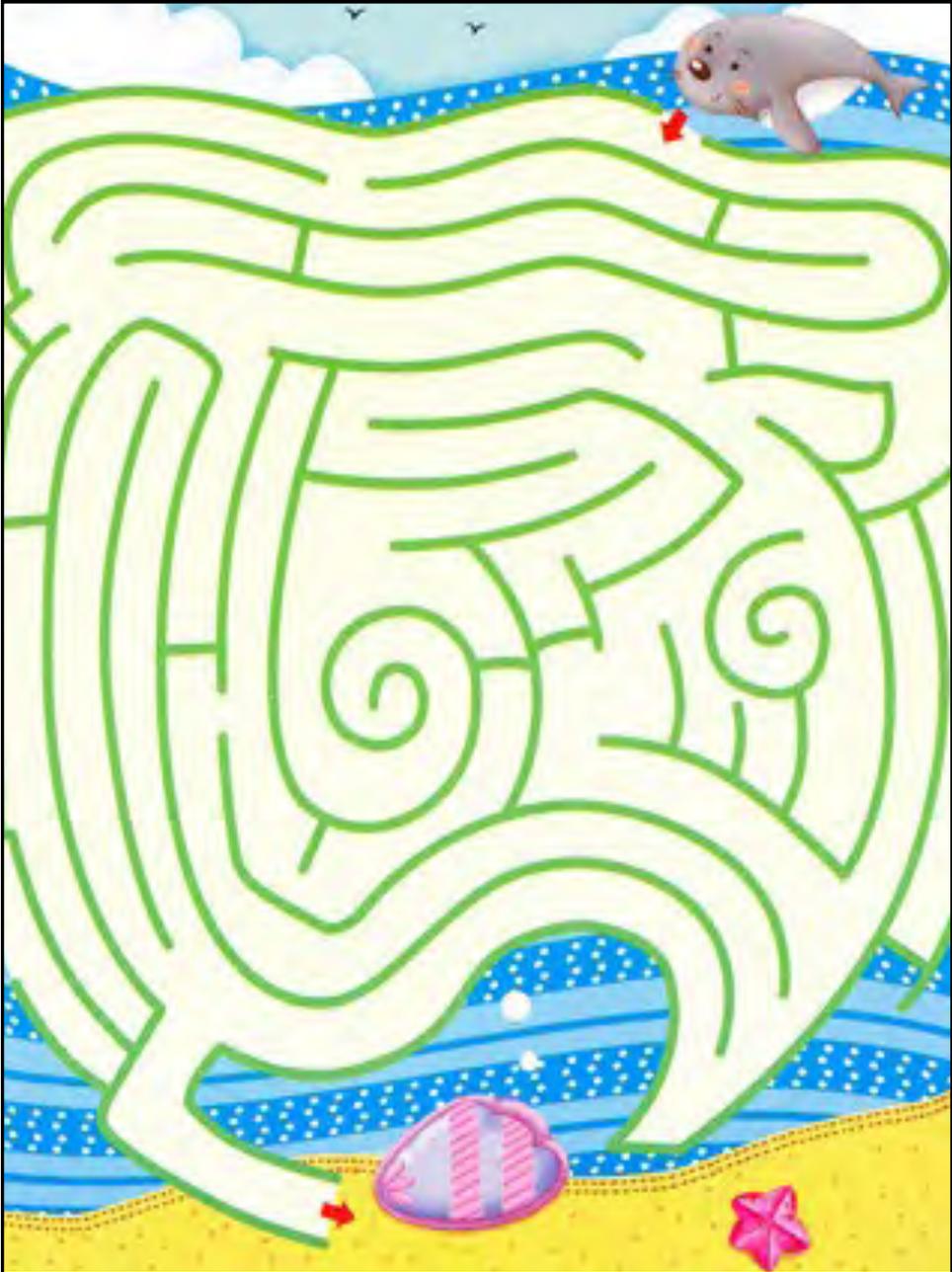
<sup>35</sup> You may say that there are still four months until harvest time. But I tell you to look, and you will see that the fields are ripe and ready to harvest.

<sup>36</sup> Even now the harvest workers are receiving their reward by gathering a harvest that brings eternal life. Then everyone who planted the seed and everyone who harvests the crop will celebrate together.

<sup>37</sup> So the saying proves true, "Some plant the seed, and others harvest the crop."

<sup>38</sup> I am sending you to harvest crops in fields where others have done all the hard work.

# CHILDREN'S PAGE



## PUZZLE PAGE

**Simply put: The first clue is a six letter word. Add a letter to that word to give the answer to the second clue.**

1. Put into some kind of order, then blew a fuse.
2. When given a faint colouring, went off.
3. Product protection for someone in a ward perhaps.
4. Annoys the river-bank sportsmen.
5. Relish a sharp tingly sensation.
6. Taking out the middle bit whilst adding some points.
7. Quaint antique collectables about which you're very inquisitive.
8. A modern day pop-artist pursued by a hunter.
9. Lashing out on something then putting it down under.
10. Something to put the wind up the cargo.

9. BUYING/BURYING 10. FRIGHT/FREIGHT  
 5. PICKLE/PICKLE 6. CORNING/SCORING 7. CURIOS/CURIOS 8. RAPPER/TRAPPER  
 SORTED/SHORTED 2. TINTED/TAINTED 3. PATENT/PATIENT 4. ANGERS/ANGLER

In traditional skylore, the Harvest Moon is the full moon *closest to the autumnal equinox*, and depending on the year, the Harvest Moon can come anywhere from two weeks before to two weeks after the autumnal equinox. For us in the Northern Hemisphere, the 2014 [autumnal equinox comes on September 23](#), so the September 9 full moon counts as the Northern Hemisphere's Harvest Moon. The moon turns precisely full on Tuesday, September 9, at 1:38 [Universal Time](#). Translating Universal Time to the clock time at United States' time zones, that places the precise time for the September full moon on *Monday, September 8*, at 9:38 p.m. EDT, 8:38 p.m. CDT, 7:38 p.m. MDT or 6:38 p.m. PDT. See worldwide map below. The Harvest Moon is known for bringing a procession of moonlit nights!



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