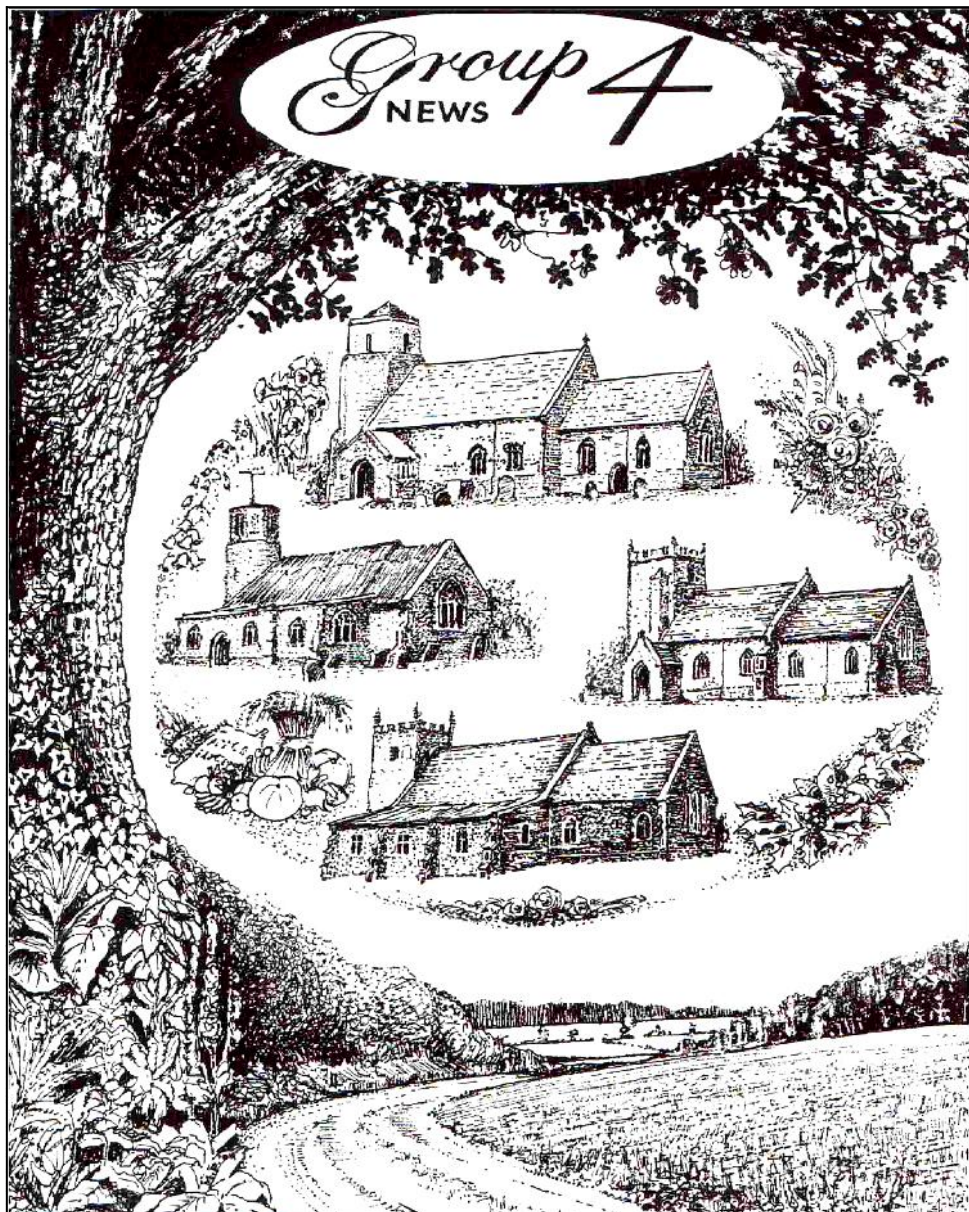


Group 4

NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

October 2023

Cover illustration drawn by Mark Powell, Beachamwell ©

WELCOME

I must admit I'm glad the weather has cooled down a bit. So is my elderly dog. Walkies will be more comfortable for both of us.

As I'm doing this month's edition, I'm conscious of the fact that I'll be 82 in a few weeks and if the magazine is to continue, there needs to be a successor in the background. If anyone is interested in being involved please contact one of the editors.

As always, 'Happy Reading'
The Editorial Team
Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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p.wakeling621@btinternet.com

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Tel: 01366 500346
vivienne.scott@googlemail.com

Please submit all information through your Village Contacts.

**Deadline for copy for the
November 2023 edition:**

11th October

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MISTS AND MELLOW FRUITFULNESS

The meteorological start of autumn is the 1st September each year. You could have fooled me! At the time of writing I had just ridden 41 miles on my bike for the Norfolk Churches Trust Ride, Walk and Drive sponsored event. That took place on one of the hottest days of the year. Don't we normally associate hot days with summer? Is this the result of Global warming? Well maybe, however, there has always been the phenomena of an Indian Summer. This was a term left over from Britain's imperial past which described an autumn heat wave. I don't expect that John Keats would have experienced such a heat wave as we have just had when he wrote the wonderfully descriptive poem *To Autumn*. That begins with one of the most often quoted lines about this season in the English language *Season of mists and mellow fruitfulness*. Keats goes on to describe the ripened fruits and the grain harvest. And favourably compares autumn with spring. In many ways such seasonal events have not changed since Keats wrote the poem in 1819. The beauty of the countryside, with the tree leaves turning to browns and reds, remains with us. And before the heat wave we even had some misty mornings!

We have a population approximately seven times what it was 200 years ago, we cannot allow ourselves to nostalgically read Keats' poem or look at John Constable's painting *The Hay Wain* and wish that things could be as they were then. Incidentally, the farm worker driving *The Hay Wain* would have had an average yearly wage of 20 - 25 shillings (£1 - 1.25p.). Do we really think those times were some form of rural ideal? Many of our city-dwelling fellow citizens may actually believe that's how things are now, in spite of watching *Countryfile*. I did watch one episode when a famous TV personality was eulogising what amounted to hobby farming. The country cannot be fed by some people keeping a couple of sows, a few hens and a vegetable patch in their back garden! We need what some disparagingly call factory farming.

Many of us will have attended Harvest Thanksgiving Services. These traditionally mark the end of the grain harvest. Although, these days, certain cereal crops such as maize remain after others. There are other crops yet to be harvested. Sugar beet being one of those, as we may be aware living close to the British Sugar factory. There are other harvests which go on the year-round including fisheries. So, is it right to continue to hold a festival at the traditional time of the year? I believe that certain of our traditions are worth keeping. And holding Harvest Festivals at this time of year being one of those. I have conducted those in the past when virtually the whole village attended. They are Services when we can give thanks to God but also those who work in

agriculture and horticulture. And not only those but all who work in the distributive and processing industries; providing our food and drink. Let us remember those who do not have enough to eat or drink. Whether in this country or elsewhere in the world. Praying for food banks and the provision of aid to those in need.



The Revd Devin McLachlan tells us more about his background and journey to his role as a Bishop's Advisor for Inter-faith

I was ordained in the Episcopal Church (in the USA) nineteen years ago (in 2004), having as a young adult returned to the calling I'd first heard as a child. I've served in churches and chaplaincies in both the US and Cambridge — including at the University of Chicago; St Mark's Cathedral, Seattle; Jesus College, Cambridge; and Great St Mary's, Cambridge. During that time I've been blessed to be involved with local interfaith groups, as well as briefly working the Parliament of the World Religions; along with that interfaith experience, I have bachelor's degree in Folklore & Mythology as well as a Masters of Divinity. It's been a blessing to celebrate and encourage local Christian engagement with other faith communities in our midst. As a Christian, I believe that building relationships with other religious communities can strengthen our own faith – recognising our differences as well as our commonalities, and learning fresh perspectives about the world and about how the Church is perceived outside our own walls. I also believe that working alongside other faiths is an effective strategy for Christian relevance in the face of both secularism and sectarianism. I'm looking forward to encouraging and facilitating interfaith connections between our church communities and local non-Christian faith groups - and to celebrating the interfaith connections that have already been going on for years in the Diocese of Ely. The language that the Church of England uses is **Presence & Engagement**. In other words, effective multi faith work is about engaging locally with our non-Christian neighbours, on a personal and community level. There is already excellent theological and academic work being done, but it's our local community relationships that are at the heart of Christian interfaith engagement. In an era of rising sectarianism and nationalism - both at home and abroad - multi faith relationships continue to be an important, Gospel-driven antidote to the language of division and isolation.

To read more of this article, look at the Ely Diocese News page.



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7.00pm Improvers

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Wednesday Evening ~~Tottenham~~ Tottenham Village Hall:

6.30pm Puppy Class

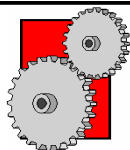
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So, if you think you can make a difference to a family needing a little help call us today to find out more.

Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

Home-Start Swaffham & District
The Community Centre, Campinglands,
Swaffham, PE37 7RB
Tel: 01760 721 271
Email: admin@homestartswaffham.org.uk

OCTOBER COCKTAIL



WILD KNIGHT®
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This simple three-ingredient cocktail is a sweet, dessert drink filled with Autumnal flavours. A real favourite that can be served warm in the winter or iced in the summer.



Ingredients

- 30ml Nelson's Gold®
(bottle pictured below)
- 25ml Apple Juice
- 5ml Cinnamon Syrup

Method

1. Shake all ingredients with ice and strain into a Martini glass.
2. Garnish with an Apple fan.

Top Tip:

Alternatively, gently warm all the ingredients in a small saucepan and enjoy as a mulled-toffee-apple in a glass.



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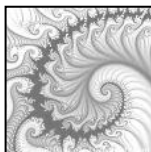
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info@swaffhamvets.co.uk

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A selection of Fincham Memorial Hall Diary Dates

OCTOBER 2023

ZUMBA takes place every **Monday & Thursday** at 6.30pm. Contact Russ at rmmwelch13@hotmail.co.uk for information.

FINCHAM CHORUS resumes on **Tuesday 5th September** at 7pm. Contact John on 01366 348136 for more information.

SLIMMING WORLD meets every **Wednesday** at 5.30pm. Contact Mikayla on 07940 817539 for details.

FINCHAM W.I. Will meet at 2pm on **Wednesday 11th October**

QUIZ NIGHT is at 7.30pm on **Friday 6th October**. Entry £2 per person. 50/50 Raffle. Bring your own refreshments. Come join the fun - all welcome. Up to 6 in a team, either bring your own team or help make up a team on the night.

BINGO NIGHT is on **Friday 20th October**. Cash bingo with raffle and other games. Just pay for the games you want to play. Doors open **7.30pm** with eyes down **8.00pm**. Bring your own nibbles & drink.

LIVE MUSIC with **THE MACRANOS** on **Saturday 14th October**. Doors open 7pm with licensed bar available. Entry £5 at the door.

LIVE MUSIC with **TRAVIS GRAHAM** on **Saturday 28th October**. Doors open 7pm with licensed bar available. Entry £5 at the door.

THE HAPPY DOG CLUB will continue to meet every **Sunday** - Contact Kerry on 07903 409514 for details.

We can also now accept card payments at all our Saturday events.



VOLUNTARY NORFOLK



Voluntary Norfolk is looking for volunteers to support the NHS and vulnerable people needing extra help in the community. We have a wide variety of volunteer opportunities and are happy to work with you to find the volunteering role that is right for you, fits your interests, skills, location and availability.

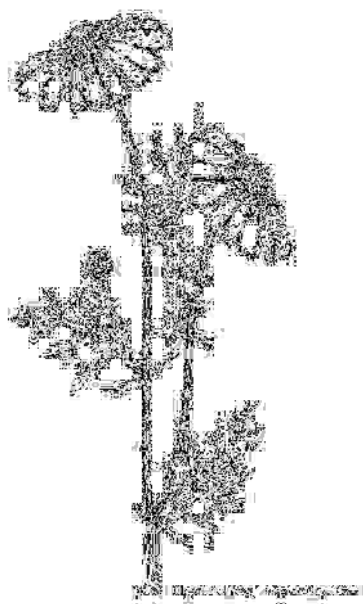
Current volunteer vacancies, include supporting carers and the people they care for; volunteer drivers to assist patients in accessing key healthcare appointments; meet and greet, admin support and stock room roles in community hospitals and GP surgeries; marshals and administration roles at Covid vaccination centres; volunteers to help people with a newly diagnosed long term condition achieve health goals and improve their quality of life; volunteers to help clients use smart phones and computers to connect with family and friends and, of course, telephone befrienders to reduce isolation and loneliness.

All our volunteers are friendly, approachable, have a sympathetic manner, good communication skills, and are determined to help and support others living in Norfolk.

If you would like to have a conversation about the volunteering opportunities available at Voluntary Norfolk, please get in touch.

1. 1. Email us at volunteering@voluntarynorfolk.org.uk providing your preferred contact information
2. 2. phone 07385 378740 and speak to a volunteer coordinator or leave us a message,
3. 3. fill in the volunteer registration form for the relevant service you are interested in via this link: <https://www.voluntarynorfolk.org.uk/home-2/register-to-volunteer-2/>

We look forward to hearing from you and thank you for your help.



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Rural Dial - a - Bus

We offer a Rural Dial - a - Bus weekly service from a variety of villages into local towns. All our vehicles are wheelchair friendly and we provide a door to door service. Please see timetable below for the day of the week each service runs and the destination.

<u>Village</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Beachamwell		Swaffham			
Cockley Cley		Swaffham			
Crimplesham				Downham	
Drymere		Swaffham			
Feltwell					Brandon
Foulden		Swaffham			
Gooderstone		Swaffham			
Hockwold					Brandon
Methwold				Downham	Brandon
Northwold				Downham	Brandon
Oxborough		Swaffham			
Southery	Ely *				Downham
Stoke Ferry				Downham	
Weeting					Brandon
Wereham				Downham	
Whittington				Downham	
Wretton				Downham	

Locations marked with a * are not every week.

Please call us on 01553 770310 for more information on dates and times for our Rural Dial-a-Bus.

Volunteer Community Car Scheme

Our Community Car Scheme offers short or long-distance transport for medical or wellbeing appointments with our friendly volunteer drivers. All Volunteers are DBS checked and transport is provided from 50p a mile. For more information or to book transport please call 01553 770310

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PS: if you haven't heard of us before, that's because we used to be called 'Timbers'

Friday 10th November

Bonfire Night

Barton Bendish Hall

6.30 – 9.30 pm

Entry £6 adult/Free for accompanied
and supervised children

Includes hotdog or vegetarian
alternative and glass of wine

To benefit

Barton Bendish Village Hall

and

St Andrew's Church

**Tech Skills for Life is
here to help**

Community Tech Coaches,
Debra and Anna
will be at Barton Bendish
Village Hall

on Wednesday 11th October from
12- 2:30pm

hosting an informal
Community Tech

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Teach you new skills and suggest useful
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**For further details please
visit**

[www.norfolk.gov.uk/
TechSkillsForLife](http://www.norfolk.gov.uk/TechSkillsForLife)

**Combined Pop-up Café
and**

**Macmillan
Coffee Morning**

October 11th 10.30am - 2.30pm

Barton Bendish Village Hall (PE33 9GF)

RAFFLE AND PRODUCE STALL



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or lunch and have
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while supporting
a good cause

**Everyone welcome
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BARTON BENDISH NEWS

Sunday 8th October Celtic Service at 6.0pm in St Andrew's Church

Wednesday 11th October Pop-Up Café/ Macmillan Coffee Morning. 10.30am – 2.30pm

Please Note: The timing has been amended from the normal and will start at the earlier time of 10.30am. Tea, coffee cake and lunches will be served until 2.30pm. We look forward to seeing many of you at the Village Hall raising funds for a very worthwhile cause which sadly touches too many people. There will be a Home Produce table offering homemade cakes and garden produce. Donations of such would be most welcome. We are also having a raffle and anyone with suitable contributions can leave them with Linda or Mhari.

Also on Wednesday 11th October 12-2:30pm

As part of the Pop-Up Café on Wednesday 11th October in the Village Hall we're also very pleased to welcome the **'Tech Skills for Life Team - West Norfolk'**. Community Tech Coaches, Debra and Anna will be hosting an informal Community Tech drop in session – do feel free to pop in with your enquiries.

Our friendly Community Tech Coaches can help you with free laptops, free tablets and data and advice about affordable broadband. They can also teach you new skills that will make tech easier to use.

Community Tech Coaches can:

- Give you the skills and confidence to be safe online and use your tablet, laptop, or smartphone however you want

- Show you how to borrow a smartphone, tablet or laptop

- Give you a smartphone, laptop or tablet to keep

- Help you get free mobile data or a cheaper broadband tariffs

- Teach you new skills and suggest useful things like classes or social groups

Alternatively, Call 01485 536420, Monday to Friday from 9am to 5pm and speak to a Community Tech Coach, or leave a message, and we'll call you back. If you're online already, fill in our contact form: www.norfolk.gov.uk/TechSkillsForLife

The Bernie Pop-up Pub - Friday 13th October

Why not meet up with friends and neighbours at the Pop-up Pub in Barton Bendish Village Hall, 7:00pm to 10:30pm? All welcome.

IMPORTANT NOTICE**Barton Bendish Poor's Charity**

The trustees for the Charity are considering making grants for winter fuel to senior citizens, who are in receipt of state pension, and widows/widowers. All applicants must have resided in the parish for a minimum of 2 years. One grant will be issued per household.

Residents who completed a form previously will need to contact the Clerk, on the details below, to confirm they are still eligible and wish to receive a grant this year.

Residents who have not contacted the Clerk previously, but believe they are eligible to receive a grant should contact the Clerk on the details below, to confirm their eligibility and complete a form which will authorise the Charity to hold their personal information.

The deadline for contacting us to receive a grant this year is Tuesday 31st October 2023. Mrs Sharon Sweet, Clerk to the Trustees

2 Grimshoe Road, Downham Market, PE38 9RA

Email: bbpoorscharity@yahoo.com (please note this is a different email address to previous years. Please do not contact the charity at the old gmail address)

Barton Bendish Parish Council

Please contact the Parish Clerk for any matters concerning the Parish Council
Mrs Sharon Sweet, Locum Parish Clerk

Email: [bortonbendishparishcouncil@aol.co.uk](mailto:bartonbendishparishcouncil@aol.co.uk)

Further information is available on the Parish Council website at bortonbendishparishcouncil.norfolkparishes.gov.uk

Coming up in November

Friday 10th November Pop-Up Café

Friday 10th November Barton Bendish Hall Bonfire - 6:30pm-9:30pm

Entry £6 adult/Free for accompanied and supervised children. Includes hotdog or vegetarian alternative and glass of wine. Everyone welcome.

To benefit Barton Bendish Village Hall and St Andrew's Church

Sunday 12th November Remembrance Service at 10.30, St Andrews Church and Village War Memorial

Wreath Making - Yes it is that time again!
Thurs 23rd and Fri 24th in the evening and Sat 25th morning and afternoon sessions

£28 per person. Contact Linda or Mhari to book your place.

Barton Bendish Arts and Crafts Weekend

Since we've lived in this lovely bit of Norfolk, the two events I look forward to most are Open Gardens and the Arts and Crafts. They both have the same feel to them. People from all over Norfolk - and further - come to our village. They feel welcome and invariably comment on what a lovely village it is and how incredible that such a small place should produce such professional, popular and successful events.

Last year's Arts and Crafts was a spectacular success and the worry was that we'd peaked and that it may not be quite as successful. We needn't have worried. The preview evening on the Friday was a delight. It was very well attended and there were many complimentary remarks about how well the exhibits were set up, the effect of the lanterns between the church and the Village Hall. There was plenty of wine to go around, thanks to the generosity of Hylton Gott who provided it, and many of our old friends came back to visit us.

On the Saturday things tailed off a bit in the afternoon. Our glorious Indian Summer had continued and many families headed for the beach and a myriad of inevitable traffic jams. People were better off here. There were a number of brilliant demonstrators. Old favourite Bob Lever, the willow weaver, and the 'Spinning Lady' fascinated passers-by. I was astonished by the quality of refreshments, the service to the public and by the small army of people putting in hours to keep things ticking over smoothly. The PCC are the prime movers of course but in the background many people contributed their time and energy to support a supreme village effort. Twenty eight volunteers set out signs, built racking, put up posters, erected and took down tents and baked superb cakes. People always tell me that they can't believe what a small village like Barton Bendish achieves. The answer is, of course, that we are a community led by people of talent and vision. There is a moral in that somewhere.

Sunday dawned. It wasn't quite so warm and there were cars everywhere. The church was particularly busy and, other than my amateurish efforts at being a waiter, things looked good. When the dust settled, it was hard to tell how things had gone. As we undid cables, packaged up remnants and helped our 51 very talented exhibitors to pack up what remained of their wares, we all speculated. On the Saturday, the Lynn News asked who were the stars of the show. The obvious notables were Linda, Mhari, Janice and Liz - and there were many others without whom such an event would not be possible and the PCC are very grateful to them all. The news is beginning to break that this year has proved to be almost as successful as last year. St Andrew's Church and the Village Hall will share the benefit. 360 paying customers attended over two days and many crafters in particular were very happy with their business. We hope they will be back. More than anything, I feel huge pride in my village and the remarkable people who live in it.

Andrew Stephen

Beachamwell

24 Public Rights of Way? Where are they?

Come and explore with the
Wednesday Walkers

On the first Wednesday each month,
leaving the Memorial Hall at 10.00 a.m.

All welcome

*dogs on leads
please*



Enquiries:
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SUNDAY 8th OCTOBER
6PM

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Beachamwell

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a Chat.....'**

Wednesday
October 18th
2 - 4pm

Village Hall



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Beachamwell

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BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Mobile Post Office

Monday and Thursday 13.00 – 13.15: Tuesday and Wednesday 11.10 – 11.30

St Mary's Church



There will be a Harvest Festival service on Sunday the 15 October at the village hall beginning at 1100am. This will be followed by refreshments in the hall and a soup and a roll shared lunch. All are welcome to help us celebrate this important festival.

The restoration of the church continues with the next event being the delivery of the roof trusses, for which we do not have a date but

we hope that by the time this is published it will either have happened or be about to happen. This is a watershed in the repair of our church and is a once in a lifetime opportunity to see the installation of an entire church roof. It is our, the PCC's, intention to let all affected householders living on The Street know what is happening at the earliest opportunity. This is because access along the road by the church will be limited whilst craning operations are undertaken to fit the trusses, and the street will be restricted by the low loaders carrying the trusses.

All are welcome to watch the operation from the safety of the village green to the east and south of the church. Depending upon the date and village hall availability the PCC hopes to provide refreshments for those spectating. It is also a media event with confirmation of intent to cover the truss installation from Anglia News, Lynn news, EDP and we await BBC Look East too.

Looking to other recent events, St Mary's opened its doors to the Norfolk Churches Trust Annual Church Bike ride on 9 September and were visited by some 18 cyclists on a very hot Saturday. Members of the PCC took turns manning both the church and the village hall where we provided refreshments for those who needed them and water refill facilities. All those who visited, from Methwold, Wereham and a group from the Cotswolds appeared to be impressed by the progress made. We shall await the results from NCT to see how much money was raised by these intrepid bikers.

Peter Berendt (Churchwarden and Vice Chairman)

Parish Council

No news

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Wednesday Walkers [September Report]

The forecast was hot, hot, hot and it was!

Autumn was in its full glory with branches of ripe black berries, crab apples and elderberries on display along every hedgerow: Mental notes were made of where to go to gather large quantities of fruit for the freezer.

Our walk this month was not an easy one. Public footpaths were overgrown so



difficult to walk safely. Why had they not been cut as legally required? Way-markers too were missing or well hidden in the undergrowth. Perhaps prizes should be awarded to any who can spot them?

The route took us across the fields, along Murgot's Lane and on into the foreign climes of Barton Bendish. We started out in the cool but that didn't last. By the time we had completed our three and a half (and a bit more) miles, we were all hot and sticky, and were delighted to get back to the

village centre. We felt we had passed an endurance test!

Hopefully, October will be cooler and the walk easier to negotiate.

We will meet again on Wednesday, 4th October, leaving the Village Hall at 10.00 am. You are all very welcome to come along too.

Sue Pennell



[Photographs: Simon Smith]

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell Village Hall



Save the date! Saturday 25th November from 7pm.

Beachamwell Village Hall is excited to announce its upcoming 60th anniversary celebration this November. Join us for a fun filled 1960's-themed party, complete with live music from The Haley Brothers. It's going to be an evening filled with nostalgia and fun! Make sure to mark the date in your diary now so you don't miss out on this important milestone in our

village's history. Let's celebrate 60 years of community and memories with many more to follow at Beachamwell Village Hall. Any special dietary requirements please let Cathy know on 07818453323. There will be a paid bar but chilli and rice will be provided. Vegetarian chilli too! All we ask is you bring a desert to share and your dancing shoes!

Does anyone know where the village photograph albums are? Long time ago Carol and Brian Wilson were the custodians - but who is now?

A car key fob was found outside the hall recently. Is it yours? I have it! So please contact me.

In order for any community to blossom and grow it needs to have willing volunteers. The Hall committee is in need of some new members and in particular a treasurer. Do you fancy joining us? Our next meeting is on Thursday 12th October. Why don't you pop along and listen to what we get up to?

If anyone has any raffle prizes they would be very much appreciated for the Christmas Fayre on Saturday 11th November. Please drop them off at Allan Butlers house.

Diary dates

- Friday 27th October Pop Up Pub 7pm onwards
- Saturday 11th November Christmas Fayre 11.30am
- Saturday 25th November 60th Birthday Party 7pm

Wissey Valley Services for October 2023

First Sunday October 1st

9.30 am Methwold Holy Communion

9.30 am Wretton/Stoke Ferry Holy Communion

4.00 pm Wretton/Stoke Ferry Animal Service (St Francis)

4.00 pm Wereham Animal Service (St Francis)

October 8th

9.30 am Whittington Service of the Word

9.30 am West Dereham Holy Communion

10.00 am Boughton Breakfast church

6.00 pm Methwold Harvest Festival

6.00 pm Barton Bendish Celtic Holy Communion

October 15th

9.30 am Methwold Service of the Word

9.30 am West Dereham Service of the Word

9.30 am Wretton/Stoke Ferry Holy Communion

11.00 am Wereham Holy Communion

11.00 am Beachamwell Outdoor Harvest Festival

October 22nd

9.30 am Methwold Service of the Word

9.30 am West Dereham Morning Worship

9.30 am Whittington Holy Communion

11.00 am Boughton Holy Communion

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Fifth Sunday – 29th October	29th October	01366 347432
Barton Bendish	Leah Spencer	01366 328536
Beachamwell West Dereham	Dereham Benefice Informal Breakfast Service	
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

West Norfolk Priory Group Service October Calendar

1st Sunday of the Month

9.30am, Runcton Holme – Holy Communion
10am, Shouldham – Morning Prayer
11am, Marham – Holy Communion
11am, Watlington – Morning Prayer
6pm, Online & Phone– Evening Prayer

2nd Sunday of the Month

9.30am, Shouldham Thorpe – Holy Communion
11am, Fincham – Morning Prayer
11am, Stowbridge – Holy Communion
11am, Watlington – Holy Communion
6pm, Online & Phone – Evening Prayer

3rd Sunday of the Month

9.30am, Tottenhill – Holy Communion (April to September)
11am, Marham – Morning Prayer
11am, Shouldham – Holy Communion
11am, Watlington – Morning Prayer
6pm, Online & Phone – Evening Prayer

4th Sunday of the Month

9.30am, Fincham – Holy Communion
11am, Wormegay - Holy Communion
11am, Watlington – Morning Prayer
11am, Wimbotsham – Holy Communion
6pm, Online & Phone – Evening Prayer

5th Sunday of the Month

11am, United Benefice Service – As Advised.
6pm, Online & Phone – Evening Prayer

Wissey Valley continued Midweek Services

Tuesdays 5.00 pm Methwold Evening Prayer

Wednesdays 9.00 am Wretton with Stoke Ferry Morning Prayer

Thursdays 8.30 am Methwold Morning Prayer

Thursdays 9.30 am Wretton with Stoke Ferry Holy Communion

3rd Thursday of the month 10 am Boughton Holy Communion



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BOUGHTON VILLAGE NEWS



Harvest flowers at Boughton's Harvest Supper on Friday 22nd. With many thanks to those who supplied and prepared it. The building looked lovely and the food was excellent., washed down with home pressed apple juice. There aren't many of us, but we were joined by friends from elsewhere and the churchwarden supplied a geographical quiz to great amusement. Most of us now know how to find Estonia. The war in Ukraine has broadened our knowledge of that part of the world and there were many surprised realisations of some lesser known Eastern European countries.

Our Harvest service will be held on Sunday 24th and the collection from that service will go to Farm Africa. The collection of tins for the Foodbank will be taken to Downham Market a couple of days after that. Many thanks to those who have left gifts.

Pam Wakeling—photo supplied by Carol Luckett.

BOUGHTON VILLAGE NEWS

Poppy Appeal 2023

This year the traditional poppy with its black plastic centre button and green plastic stalk will be replaced by one made wholly of paper and therefore fully recyclable. The plastic free poppy is made from an innovative blend of renewable fibres from responsible sources and can be recycled in our green recycling collection bin. The plastic free poppy retains its iconic design and can be fastened with a pin or inserted into a buttonhole as normal.

The plastic free poppy will be available alongside remaining stocks of the current plastic poppy to reduce any waste of poppies already produced. Whether I am selling the old poppy or the new poppy I am certain that you will continue to be supportive and generous when I knock on your door towards the end of October.

If for any reason you so not wish for me to call then please contact me.

Angela Faherty 501335

Working party season coming up on Boughton Fen

October is here already. This means we are now about to get started on our winter working parties on Boughton Fen.

For those of you new to the area, if you haven't found it yet, Boughton Fen is a SSSI site which is a haven for bird watchers, and just a nice place to go if you enjoy a walk in a natural environment. However, it does not look after itself, and a group of volunteers maintain the site, principally over the winter months as we are not allowed to go on the sensitive areas during the nesting season.

We undertake a variety of tasks over the season, culminating in reed cutting in the late winter, which requires quite a lot of help to deal with the cut reed. In the meantime, there is scrub to cut back, outfalls to clean, strimming to be done, and more. If you enjoy fresh air and exercise, and like meeting new people, whilst helping to look after this important site, please get in touch. We welcome any help – whether it be for an hour here and there, or a more regular attendance throughout the year.

For more information I can be contacted on sue@pogmore.myzen.co.uk or 01366 500461.

Sue Pogmore

Boughton Fen Committee



WEREHAM VILLAGE HALL

Registered Charity Number: 1168472



WEREHAM SHORT MAT BOWLS CLUB

Mondays – 7:30-9:30pm
Thursdays – 2pm to 4pm



£2.50 per player - free refreshments

NEW PLAYERS WELCOME!

Meet our friendly club members,
try a new activity, have fun!

HOPE TO SEE YOU SOON!

Enquiries to Philip on 01366 504330

LOOKING FOR A VENUE ... ?

Need somewhere to hold your wedding reception, family party or other social event? Or a professional environment in which to host your next business meeting, to run a training session or conference, then Wereham Village Hall could be the perfect choice for you.

There is a range of modern technical equipment available to hire in the village hall, including a high-definition wide-screen projection system & screen.

We are also able to offer catering for meetings and events to suit your particular requirements, and have a fully equipped kitchen for hire too.

When you hire Wereham Village Hall for Badminton or Table Tennis with friends, there's no extra charge for the use of the Badminton Courts or Table Tennis Table.

For further details, or to make a booking, please call the office on 01366 502214 - we will be more than happy to show you around.

WEEKLY/REGULAR ACTIVITIES

There are a great range of activities taking place at Wereham Village Hall, we aim to cater for all ages, levels of interest and experience ...

Current regular weekly activities/ events include Pilates, Yoga, Line Dancing, Zumba Gold, Short Mat Bowls and Cash Bingo.

There's a range of weekly activities for youngsters too, with Little Movers, Little Rugbys, Dodgeball and Alive Leisure's Multi-Sport Mash-up

Painting Classes (fortnightly on Fridays)

Regular monthly events include -

Pop-up Café (first Tuesday);

Craft Group (second Tuesday), Make & Muddle (third Tuesday), Movie Nights (last Friday) and Indoor Car Boot (last Sunday).

To see what opportunities we offer for you to have fun, socialise, get physically active, learn new skills, or if you'd like to volunteer, please visit our Facebook page or go to www.werehamvillagehall.co.uk



WEREHAM VILLAGE HALL CAFE

The Village Hall Cafe is open from 10am to 2:45pm each weekday, serving a range of hot and cold drinks, confectionary, biscuits and crisps, plus delicious home-made cakes when available.

A perfect place to relax and meet friends, the Cafe also offers free Wi-Fi access and the opportunity to browse/buy from our pre-loved bookstall - there is always a warm welcome for all at Wereham Village Hall.

If you can spare a few hours and would like to join our team of volunteers helping to run the Cafe, please contact us on 01366 502214 or just pop into the Hall for a chat ...

For more information on activities and events, or to book the hall for your own event, please visit our website - www.werehamvillagehall.co.uk

WEREHAM VILLAGE NEWS

Monthly activities

All activities for August and regular weekly events now featured in the separate inserted sheet. Also details for mobile Library and Post Office.

WEREHAM PARISH COUNCIL

Next Ordinary Meeting Date Monday 13th November 2023 at 6.30 pm (To be held in the Wereham Village Hall – Community Room).

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, and notified via the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk. You will also find minutes of all meetings here too.

Highways – Paths and Roads – Defects Please report anything that you see verges, trees, pot holes, main holes, drains to Norfolk County Council Highways via their defects page of their website. You need to set up a login, and once on the site you can easily report issues and upload pictures of the issue. They will then arrange inspection. You are also able to track the report. The Parish Council will report issues that it finds, but if residents do this also we can increase the repairs that we need doing. <https://apps.norfolk.gov.uk/HighwaysDefect/>

Helen Richardson

Wereham Parish Clerk and Finance Responsible Person

Email werehampc@gmail.com or Phone/Text: 0779 500 6811



9th September 2023

Norfolk Churches Trust

Annual Bike Ride from Wereham



On an extremely warm and sunny morning, a group called the Wereham

Wobblers left St. Margaret's Church, to cycle around the area visiting a

total of 10 local Churches. It was a splendid effort despite the extreme heat, and they raised an amazing £560 plus gift aid.



On their return the Home Team, who had manned the church throughout the day, refreshing all visiting participants, welcomed them with drinks and delicious home made cakes and biscuits, to replace the burned calories. The PCC of St. Margaret's would like to thank everyone who was involved In this amazing feat of endurance, be it bikers, backers or bakers. Well done



WEREHAM VILLAGE HALL DANCE NIGHT

All Types of Dancing

BALLROOM (Waltz, Quickstep, etc) : OLD TIME (Barn Dance, Valetta, etc)

ROCK 'N' ROLL : LINE DANCE : or just "SING ALONG"

with

RON & MARION plus 1950's singing by SANDRA



SATURDAY 7th OCTOBER 2023

7.30pm to 11.00pm

CASH BAR : RAFFLE: IRISH BINGO

BRING YOUR OWN NIBBLES

Admission £7 per head

Under 11s accompanied by parent(s) go free.

Tickets from Wreham Village Hall Office

Mon-Fri 10am to 3pm

RAFFLE PROCEEDS KINDLY DONATED BY RON TO
PROSTATE CANCER RESEARCH



WHY NOT DROP IN TO OUR

POP-UP CAFÉ

TUESDAY 3rd OCTOBER

between

10.45am and 1.00pm

EVERYONE IS WELCOME!

PLEASE FEEL FREE TO BRING ALONG YOUR FAMILY & FRIENDS

- THERE'S A WARM WREHAM WELCOME FOR EVERYONE

Tasty Bacon and Cheese Pastry Slice - or

Vegetarian option of Cheese & Onion

Pastry Slice - served with salad

at only £3.00 per person

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- each served with one of our delicious

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- for just £2.00

For any further details please call

Doreen on (01366 500218)

All proceeds to Wreham Village Hall CIO Registered Charity No 1168472



The Village Cinema



Friday 27th October 2023

Bar opens at 6.45pm

Programme begins at 7.30pm

12-16's £3.00 Over 16s £5

Tickets can be purchased in advance from the Village Hall,
Mondays to Fridays from 9am to 4pm, or on the door

Wreham Village Hall CIO, Registered Charity Number 1168472

Nelson's Shantymen

ARE BACK!
at
Wreham Village Hall
on
Sunday, 19th November

Playing 2 x 1 hour sessions - venue open at 3pm
Tickets £10 (including Tea, Coffee, Cakes & Pastries)
Available from the Village Hall office 01366 382214
or call Angela on 07535 399883
Bar Open too - to help you to sing along!

Nar Valley Ornithological Society (NarVOS)

Indoor meeting at The Assembly Rooms, 1 Market Place, Swaffham PE37 7AB

Wednesday 25 October 2023 at 7.30pm

"Geology of the Breckland"

Tim Pankhurst is the Regional Conservation Manager at Plantlife International which is at the heart of a worldwide network that is spearheading the race to save wild flowers, plants and fungi. We need wild plants and fungi to survive. Unfortunately, both wild flowers and pollinators are disappearing rapidly.

The Breckland heath and woodland form a unique and richly diverse ecosystem providing habitats for the notable species of birds and fauna which are special to this area of East Anglia. Tim's role in applying threatened plant conservation programmes here in East Anglia is critically dependent on understanding the Breckland Geology which underpins this outstanding landscape and supports the intriguing Breckland Flora. Tim's presentation gives us a perfect opportunity to understand how we might support our environment and what makes Breckland special.

Please come along. Visitors welcome. Admission £4 on the night; free to NarVOS members.

For more information contact Ian Black on 01760 724092 or go to www.narvos.org.uk



Little Movers
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Little Movers
Wereham Village Hall
Little Movers 10.15am – 11.00am
Mondays from 11th September to 16th October

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Christmas CRAFT FAIR
Saturday, 18th November
10am-4pm at WEREHAM VILLAGE HALL

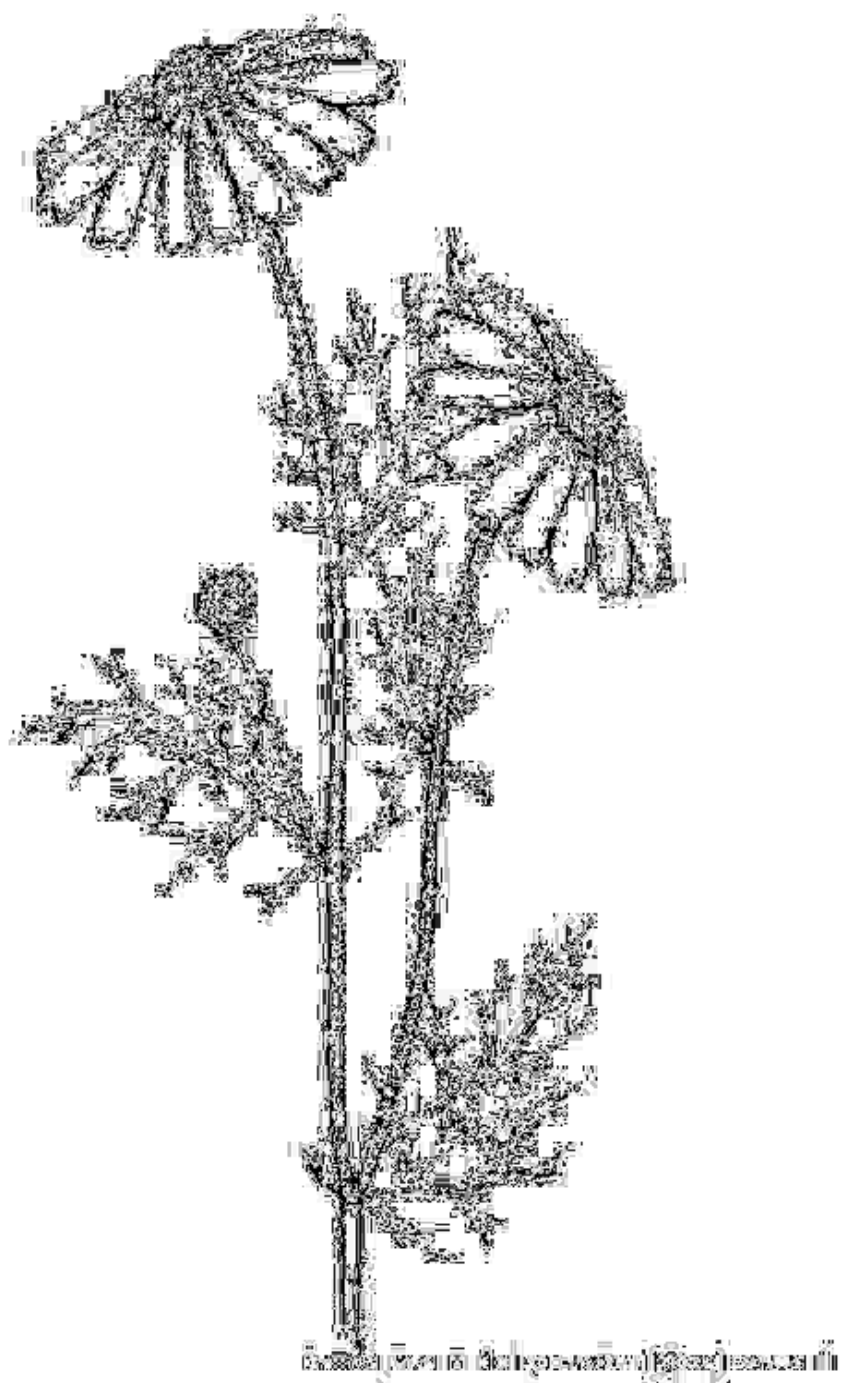
Lots of great gift ideas for friends and family, and maybe treat or two for yourself too!

Lovely prizes in our Christmas Raffle

Freshly made Filled Bread Rolls,
Tasty Home-made Soup with a warm bread roll,
Tea, Coffee and Cakes - all available from our Village Hall Café

For more info please contact Rosemary on 01366 501330 or 07749 240606

All Proceeds to Wereham Village Hall CIO, Registration No 3168472



MOBILE LIBRARY TIMETABLE

The Mobile library visits every four weeks **Any queries 01603 222303**

Route number: DOW503 Calls on: Friday Normally every: 28 Days

14 West Dereham 11:45 12:00 Telephone Box PE33 9RE

16 Wretton 12:05 12:20 Oak Tree PE33 9QT

18 Wereham 12:25 12:40 Queens Close PE33 9AX

20 Wereham 12:45 13:05 Village Hall N/A

Route number: EDE208**Calls on: Tuesday Normally every: 28 Days**

2 Beachamwell 09:45 10:00 Old Post Office PE37 8BD

8 Boughton 10:45 11:00 Mill Road PE33 9AJ

10 Barton Bendish 11:10 11:20 Hatherley Gardens PE33 9DR

20 Marham 14:10 14:20 Donato's Pizza Hse - The Street PE33 9JP

22 Marham 14:25 14:40 Hillside PE33 9JJ

24 Marham 14:45 15:00 Villebois PE33 9JD

26 Marham 15:05 15:20 Village Hall PE33 9JA

28 Shouldham 15:30 15:45 Woodward Close PE33 0DE

30 Shouldham 15:50 16:05 Hallfields PE33 0DN

32 Shouldham 16:10 16:20 Ryes Close PE33 0AG

34 Shouldham Thrpe 16:25 16:40 Telephone Box PE

33 0DP

36 Fincham 16:45 17:00 Village Hall PE33 9EN

38 Fincham 17:05 17:15 Churchill Crescent PE33 9EU

Please check this information for yourself.....

6th September Please note this information is subject to change or amendment both on a permanent and temporary basis. For all enquiries about this route please call 01603 222303.

Quiz for younger people

What sort of creature is a dingo?

In which country is the Taj Mahal?

3. Who was the first man to walk on the moon?

4. What are the names of Harry Potter's parents?

5. What are the four oceans called?

6. Which language is spoken in Australia?

7. What is the name of the tree that produces acorns?

8. What is a baby kangaroo called?

How many sides does a hexagon have?

How many strings does a violin have?

1. A wild dog
2. India
3. Neil Armstrong
4. James and Lily
5. Arctic, Atlantic, Indian and Pacific
6. English
7. Oak
8. Joey
9. Six
10. Four

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24 Marham 14:45 15:00 Villebois PE33 9JD

26 Marham 15:05 15:20 Village Hall PE33 9JA

28 Shouldham 15:30 15:45 Woodward Close PE33 0DE

30 Shouldham 15:50 16:05 Hallfields PE33 0DN

32 Shouldham 16:10 16:20 Ryes Close PE33 0AG



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Mediterranean Spirals From Norfolk Federation of Wis



Ingredients:

- ● ● ● 50g pitted black olives
 - ● ● ● 50g sun dried tomatoes in oil
 - ● ● ● 14 large basil leaves
 - ● ● ● 2 tbsp sun dried tomato paste
 - ● ● ● 2 tbsp balsamic vinegar
 - ● ● ● 1 tbsp olive oil
 - ● ● ● 500g pack puff pastry/ready rolled
 - ● ● ● Flour for dusting
- 50g Grana Padano, grated

Method:

1. 1. 1. Preheat Oven 220-C/210-C fan/Gas 7
 2. 2. 2. In a food processor add all ingredients **except pastry, flour and Grana Padano**.
 3. 3. 3. Cut pastry in half and roll out to about 32cm x 33cm or use ready rolled.
 4. 4. 4. Spread half the mixture on the pastry leaving 1cm border on top long edge.
 5. 5. 5. Scatter with half cheese and brush clean edge with a little water.
 6. 6. 6. Rollup tightly from bottom to top, rolling onto the damp edge to seal. Repeat with the other half of pastry.
 7. 7. 7. Place the two rolls onto a baking paper, chill in freezer for about 40 minutes.
 8. 8. 8. When firm, slice into rounds of about 1cm thick. Can be frozen to bake later.
 9. 9. 9. To bake - oil a baking tray, place rounds about 5 cm apart.
 10. 10. 10. Flatten each spiral with thumb or heel of hand.
 11. 11. 11. Bake for 8-10 minutes.
- Cool on wire rack.
Makes 50-60 spirals.

Nar Valley Ornithological Society (NarVOS)

Indoor meeting at The Assembly Rooms, 1 Market Place,
Swaffham PE37 7AB

[Wednesday 25 October 2023 at 7.30pm](#)

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1 Blackfriars Street, King's Lynn (01553) 766795

67 Lynn Road, Wisbech (01945) 461112

40 Greevegate, Hunstanton (01485) 534421



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General knowledge quiz—answers opposite

1. In which popular film is one of the central characters a regal tang?
2. A currency which derives its value from government regulation and is not backed by a commodity is called what?
a. Audi, b. Lexus, c. Kia, d. Fiat
3. In Western alchemy, what name was once given to the sought after substance that some believed could turn base metals into gold or silver?
4. Who cooked using "nose of Turk" and "Tartar's lips"?
5. Which small town in North Carolina reached the height of fame on the 17th of December 1903?
6. Which five women have had the most No 1 hit singles in the US charts? (as solo performers)
8. Which of the following kitchen tools is also a collective noun for hawks in flight?
a. kettle, b. grill, c. whisk, d. skillet
9. The following are the first words to which film?
"People are always asking me if I know Tyler Durden."
10. Which British musician wrote or co-wrote a record seven US number one hit singles in 1978?
a. Freddie Mercury, b. Paul McCartney, c. Elton John, d. Barry Gibb
11. Which US detective agency was the largest private law enforcement organisation in the world in the late 19th century?
13. The dystopian novel Brave New World takes place in the year 632 A.F. .
What does A.F. stand for?
- 14 The novel and the film Das Boot both begin in which seaport?

ANSWERS to quiz

1. Finding Nemo (Dory is a regal tang, Marlin is a clownfish)
2. Answer d. Fiat (Latin for "let it be done")
3. Philosopher's stone
4. The three witches in Shakespeare's Macbeth
5. Kitty Hawk (thanks to the first controlled powered airplane flight by the Wright brothers)
6. Five answers. In order: Mariah Carey (19), Rihanna (14), Madonna (12), Whitney Houston (11), Janet Jackson (10)
8. Answer a. kettle
9. Fight Club
10. Answer d. Barry Gibb (How Deep is Your Love, Stayin Alive, Love is Thicker Than Water, Night Fever, If I Can't Have You, Shadow Dancing, Grease)
11. Pinkerton's
13. After Ford
14. La Rochelle



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