

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere; Boughton; Wereham

May 2018



WELCOME

If you are submitting copy for the magazines, please try to be as close to the deadline date as possible. Sometimes, something vital crops up unexpectedly, but this month there have been several late submissions which mean working to make space for them. If you are submitting copy or pictures, please don't send a pdf. Your poster may look lovely, but if it's in pdf form Publisher won't accept it.

As always, 'Happy Reading '

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

© Copyright Group4 News 2018

GROUP 4 TEAM VILLAGE CONTACTS

Barton Bendish: Jill Mason Sandmere, Church Rd, Barton Bendish Tel: 01366 347 928 masons.sandmere@.btinternet.com

Beachamwell: Eileen Powell 20 All Saints Way, Beachamwell Tel: 01366 328 648 powells@beechamwell.plus.com

Boughton: Pam Wakeling Robet, Mill Hill Road, Boughton Tel: 01366 500 429 p.wakeling621@btinternet.com

Wereham: Viv Scott Orchard House, Flegg Green, Wereham Tel: 01366 500346 vivienne.scott@googlemail.com

Please submit all information through your Village Contacts.

Deadline for copy for the June 2018 edition:

11th May

ADVERTISING

Alan Pickering 16 Tinkers Way, Downham Market, PE38 9TQ

Tel: 07779 787499 or 01366 386125 e:mail: <u>group4news@gmail.com</u>

If you use any of the advertisers in the magazine, please mention where you have seen their advertisement.

WEBSITE

www.group4news.co.uk

NOTES FROM THE RECTORY

During my walks I've been watching the changes that have been occurring in the hedgerows and gardens. The buds, the early flowers and the signs of life amongst the drab winter coat we have all been covered with. It just makes me feel guite privileged to live in this country that has real seasons. It also makes me think about life in general. When you're young, life seems this long way and time you have in front of you, then suddenly age creeps up and catches you by surprise. In your head you are still young but the body and the mirror tell you something different. I'm very happy about the age I am and wouldn't like to be young again. However, I am disappointed that as fast as my hair is getting longer the bald patch seems to be outpacing it. Wendy has refused to let me have a comb-over so I am in a battle of conscience as to whether I admit defeat, be sensible, and get it all cut off or I say to hell with it all and keep growing what I have left! I like having long hair so I think the latter is my course of action (at the moment). Although it sometimes has it downfall - in that I used to do some work at a homeless shelter and sometimes I was mistaken for one of the guests rather than one of the workers; but I could live with that.

What do I derive from the above rambling? Well, I think that the Good Lord gave us one life and we should live that to the full. Jesus told us that the two greatest commandments were to Love God and Love your neighbour and if we live our lives with these in mind what a great place we would live in and what a great life we could have.

God Bless.

Ken Waters

Growing old is inevitable, growing up is optional.

A VIEW FROM A PEW

Dear Friends,

Having made what I think is probably my last 'official' public appearance at the wonderfully joyful Easter Ceremonies I have been given this opportunity to express a view - this time from a different pew! You know, the beautifully constructed, boxed-in, locked-in pews from which it is not easy to escape to share the peace! My pew/view now is the window on to the promising part of the garden which separates the house from the road which runs through rural Eastmoor to rural Barton Bendish, and currently enhanced by a terrific show from the flowering cherry, Snow Showers. If I have over-used the word 'rural', I have done so intentionally because I believe it is over- used or misplaced with regard to the ministry of the Church. Multi-parish ministry is <u>not</u> the same as 'rural' ministry. The former is a strategy or means of administration the latter is the content of that ministry!

As a countryman, I can reflect from my new pew on the meaning and purpose of the traffic which passes the window and the importance of the seasons to those of us who live and work here. Are enough of our daily concerns reflected in our Christian lives and on our intercession lists in Church?

For example; 1. We pray for peace in the Middle East and in particular Syria and for cessation of what seems like indiscriminate killing of men, women and children. Do we or can we relate our prayers to the conveys of tankers and other HGVs which rumble through Eastmoor and Barton Bendish to make a contribution to the extension of RAF Marham; where the world's most sophisticated fighter bomber will be stationed. We, as rurally insignificant as we may feel we are, cannot ignore their presence, and that they will be used!

2. Another issue that has been about for sometime is that of bees and the use of neonicotinoids. Some of our community grow oilseed rape and need a suitable insecticide and some of us grow fruit and need bees for pollination; but of course we all need bees too.

3. The Sugar beet Factory is an important employer in our area and yet every week we are told that we should reduce our intake for the sake of our health! Beet is a useful cash crop - when the price is right.

4. Most of us acknowledge climate change but how can we reduce the use of Diesel engines? Pollution and health?

5. Rogation. The gospels are full of stories of Jesus being out and about in the Countryside with his disciples and there are stories with examples of husbandry too. Rogationtide is an opportunity for us to bring our concern and interests

before God in our fields and gardens and <u>be seen to be doing it.</u> At the heart of this is thanksgiving, care and co-operation; the Church calls it witness, and it can be fun!

6.Animals in Church. Animals are for many of us in the country an integral part of daily lives so that fact should be reflected in our worship. Companionship and service are matters for Thanksgiving and blessing. Animal services are not a gimmick, rather a date in the annual calendar.

7. Health. Our communities are small and with an ageing population thus we make a proportionally heavy call on our medical services; we pray for each other, do we pray for our doctors and pharmacists? A recent book review in The Reader magazine featured a book by Fr. Teilard de Chardin in which he mentioned a prayer of blessing over our medication, now there's a challenge!

8. Wildlife. My neighbour and I were rejoicing together about the re-emergence of a pair of song thrushes who share our gardens, not seen for a few years - neither of us uses slug/snail pellets now! Together with the Buzzard saga here is a rural issue for our concern and prayers.

We are still in the Easter season when we pray for the coming of the Kingdom of God in the light of the Resurrection. All these issues, and you will have your own, are relevant as we relate our own Rural ministry in our parishes to the Archbishops' 'Kingdom Come' call to prayer.



Beachamwell

Creative Writing Group

Meets every second Monday Afternoon 2.30pm

Everyone with an interest in putting pen to paper welcome.

Enquiries: 01366 328895 or

Swaffham Jazz Club

Tuesday 8th May 7.30 Swing That Thing -

Tuesday 15th May 7.30 US Singer Helen Welch with backing group led by Lee Vasey, guitar.

Tuesday 12 June 7.30 Colin Mason Quartet with Eleanora on piano and vocals Swaffham Conservative Club London Street PE37 7DD Entry £7 on the door. Information from Geoff 01366 328730 or



Beachamwell WI 'Woodland Burials'

Thursday May 3rd 7:30pm Beachamwell Village Hall Visitors welcome

Beachamwell

Book Group

Tuesday 1st May

7.30pm

Beachamwell Village Hall

Book to be discussed over a glass of wine

'Balzac and the Little Chinese Seamstress' Dai Sijie

Annual subscription £12.50

New members welcome

Beachamwell

Wednesday Walkers

Explore the rights of way in and around Beachamwell with us

We meet at the Village Hall at 10.00 am FIRST WEDNESDAY OF EACH MONTH Walks last between one and a half to two hours

All, including dogs on leads, are welcome

Some paths may be rough underfoot, there may be stiles or fields may be ploughed: come at your own risk and please wear suitable clothing and shoes for the outdoors

BEACHAMWELL LOCAL HISTORYGROUP

Thursday 10th May 7.30 Beachamwell Village Hall

'Constance Villiers Stuart in India' (From Beachamwell to Bharatpur)

The story of a Norfolk Edwardian lady and her ground-breaking book 'The Gardens of the Great Mughals'

An illustrated talk by Mary Ann Prior

Tickets £3.00 (members free) from Ceres Bookshop or on the door. Enquiries: 01366 327023 www.beachamwell.org.uk

Beachamwell



Quiz



Saturday May 12th 7.00 for 7.30

Beachamwell Village Hall

Bring your own refreshments

There will be a raffle

Tables up to 6 people £3.00 per person NB It is essential to book a table Enquiries 01366 328729 or 328648

Beachamwell

Parish Council Meetings (Annual & Ordinary)

Monday 14th May 7.30pm

Beachamwell Village Hall

Beachamwell & Fincham

Family History Group Tuesday 15 May 2pm

Sort out some of your paperwork, photographs, letters etc. in an attempt to organise your family's story...

Enquiries: 01366 328536 or 01366 347694 Beachamwell Afternoon Tea and a Chat..... Wednesday May 16th 2 - 4pm Beachamwell



Village Hall



'Ancestral Voices' www.ancestral-voices.co.uk

Sunday May 13th

3.00 pm Swaffham Assembly Rooms

The AGM will take place at this event

Free for members £12 non-members Accompanied children free

Tickets from Green Parrot 01760 724704 Ceres Bookshop 01760 722504

Nar Valley Ornithological Society (NarVOS)

Tuesday 29th May 2018, 7.30pm at the Barn Theatre, Sacred Heart Convent School, Swaffham. Access and parking from Sporle Road.

Please come along to this illustrated talk by **Dr Tony Leech**, entitled:

The Good, the Bad and the Ugly – in the world of Fungi

Dr Tony Leech is Norfolk's Fungi expert and county recorder.

Visitors most welcome. Admission £2 on the night if you are not a NarVOS

All Norfolk libraries will be closed on:

7 May 2018 - Early May bank holiday 28 May 2018 - Spring bank holiday10 May 2018 13:30 - 15:00

Come along for Scrabble, Chess, jigsaws and colouring. Bring a friend or join in with others for a chat. For further information call 01366 383073 21 May 2018 13:30 - 14:30

Come along for a talk by Inheritance Legal Services £3 a ticket including refreshments. Booking essential for further information please call 01366 383073

SWAFFHAM & LITCHAM HOME HOSPICE SUPPORT

We are fast moving to what the Fundraising Committee of the Charity term as a major event in the calendar for this year. It is being staged at Swaffham Rugby Club 12 noon - 5.30pm on the 17th June. We are calling it "Relay Together", as it does involve a sponsored walk for teams who will be raising monies for the Hospice. Whilst we have lots of teams already registered to take part, there is still time and room for others to join us. There is no limit to the size of teams, all that is needed is that each team has one member walking at all times between 1.30pm and 4.30pm (it does not have to be the same person) and that the team members obtain sponsorship from friends, neighbours and work colleagues etc. The walking will be done around the perimeter of one of the Rugby Pitches at the club on North Pickenham Road – one lap being approximately 360 yards.

We plan to have a lot of other activities on the day – stalls from organisations of the Town, tombola, refreshments, bar, BBQ's, music, Bouncy Castle, slide, Face Painting etc. In addition the Rugby Club will be staging a balloon release. So do come along and enjoy the event knowing whatever is raised is going to a wonderful cause run by a body of dedicated people. We have organised a Summer Draw with a wonderful array of prizes - the first is £150.00 cash. Tickets will be on sale from the Hospice's Gazebo, which will be on Clenshaw Minns forecourt (30 Market Place) on the 12th May when the Charity will be staging their annual Street collection. Tesco have also agreed that we can sell tickets in store on 25th and 26th May. The draw will take place 17th June at 4.30pm at the Rugby Club where tickets on the day will be available to purchase.

So – please mark the date on your calendars, organise a team or why not have a Stall (free of charge) to promote your organisation. Join us for a special Community Day in support of the Hospice and your loved ones. If you are not partaking as part of a team, then please feel free to bring the family along for the afternoon – we would appreciate your presence.

For further information contact Adrian Adcock 01760 724304 or Kate and John Davies 01760 622254 or the Home Hospice Office 01760 722937.

I know I made mention in last month's newsletter regarding the requirement of further volunteers for our Fundraising Committee. The Committee are an intricate part of the overall structure of the Charity's survival. They meet as required during the course of the year to discuss ways and means of raising much needed funds. Additional ideas are always welcomed and I can assure

Asparagus Farm Shop St John's Farm, Beachamwell

01366 328244



Open every day



April, May & June Asparagus cut fresh every day Seasonal Local Produce

Email: carolinesanderson@btconnect.com



NATIONAL GARDEN SCHEME Garden Open For Charity

Barton Bendish Hall

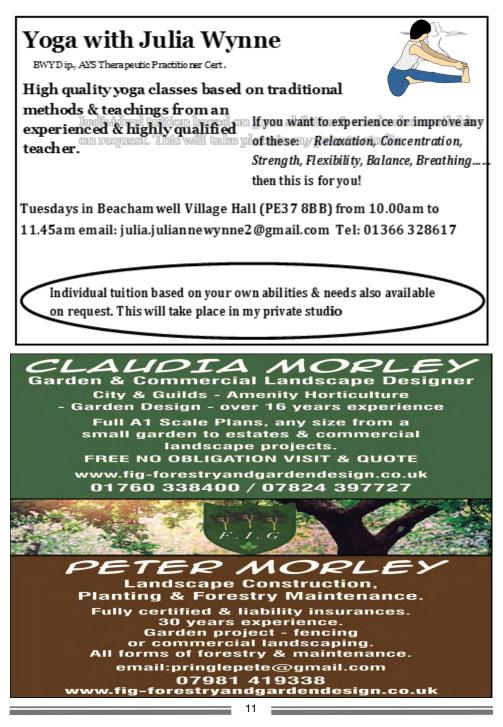
Fincham Road, Barton Bendish, King's Lynn PE33 9DL

Sunday 3 June 11am - 5pm

Adults £4 Children free



More information at ngs.org.uk



Beachamwell Craft Group

Wednesday 23rd May

2.00 - 4.00 Beachamwell Village Hall Bring along your drawing, painting, knitting, sewing ... whatever art or craft project you are working on at the moment. Or start something completely new!!

£2.00 + Bring and Buy All welcome. Enguiries:01366 328536



K.J.Catering Services

Contact Steve Bartram on

01366 727797 or 07542 923909

kjcatering@btconnect.com

www.catererssuffolkandnorfolk.com

Outside Catering And Hog Roast & Bar-B-Q Specialists

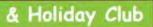
K.J.Bar Services

Fully Licensed for all occasions

K.J Catering is a family business based on



Preschool



Ofsted Registered EY246821

A Warm, friendly welcome is

waiting for you.

Accompanied sample sessions for you and your child the first Wednesday of every month 9:30-11:00



Marham Village Pre-school



We are a small and friendly Pre-school and place a strong emphasis on

Play With A Purpose

Opening Hours 8.30am til 3pm Daily Term Time

Places Available for children aged 2-4years

Contact us on 07950753877 or marhamvillagepreschool@hotmail.com For more information visit our website





We hold a monthly Bingo and all proceeds made go to the pre-school. Next Bingo 16th May 2018 doors open 6.45pm eyes down 7.30pm Refreshments Available At Marham Bowls Club

Information Update Event at RAF Marham

Wednesday 2 May

2:00 pm - 6:00 pm in the Sandringham Centre

Open to everyone Drop in anytime A general update which will include details about the commissioning of the new runway



WEREHAM

SHORT MAT BOWLS CLUB

Thursdays 7.00pm—9 pm

at the Village Hall

Come and meet our friendly club, find out what's involved, try a new activity, help grow our club and have some fun!

For more info or for a chat contact

Phillip on 501330

WEREHAM'S POP-UP CAFÉ

will 'pop-up'

TWICE EVERY MONTH

(initially on the 1st and 3rd Tuesday) from 10.30am till 1.00pm

The café will continue to serve a hot drink and a pastry or slice of home-made cake for just

£1.50

PLUS

a light lunch 'dish of the day' for an additional £2.50

Wereham Village Hall

'Buy a Brick' Campaign

Britain's First Passivhaus Village Hall



This is no ordinary 'Buy a Brick' campaign (largely because there are no bricks) but this is no ordinary village hall! It's your village hall to support you, your events and your activities.

We're so close – our community fundraising is going well but we've not yet reached our target of £20,000 so please support us by visitingour website <u>http://www.werehamvillagehall.co.uk</u> and follow the link on the home page to our dedicated 'MyDonate' donations page.

Your donations will buy:

- •£10 three breeze blocks
- •£100 timber cladding
- •£250 internal fire door
- •£500 Passivhaus certified window

For further details contact Trustee John Millard on 01366 500790

Thank you – Together, we'll do it!

YOGURT-MARMALADE CAKE

This was served at the film 'Paddington 2' which was shown by the Barton Bendish Film Club on April 14th. Many thanks to Elizabeth Perry.– there may be some Americanisms.

Ingredients:

1 1/2 Cup All-purpose Flour
1/2 teaspoon Salt
2 teaspoons Baking Powder
1 Cup (heaping) Plan, lowfat Yogurt
1 Cup Sugar
3 Whole Eggs
1 teaspoon Vanilla
1 whole Zest of Lemon
1/2 Cup Veg. Oil

Orange Glaze:

1/2 Cup Orange Marmalade 1/4 Cup Yogurt

Preparation:

Preheat oven to 350 degrees Fahrenheit (I baked in my fan oven @ 165 Celsius)

Spray a loaf pan with non-stick baking spray (or grease and flour it) Sift together the flour, baking powder and salt. Set aside.

In a separate bowl, mix together 1 Cup of yogurt, sugar, eggs, vanilla lemon zest and vegetable oil until just combined. Pour over dry ingredients and mix until just combined; do not over beat! and do not panic, Yes there will be a few lumps.

Pour into a loaf pan and bake for 45 min. (I baked mine for nearly 55min. and after about 30 min. covered the top with aluminum foil to prevent the cake from browning too much.) Remove from oven and allow to cool slightly. Remove from pan. While cake is cooling, pour marmalade into a sauce pan. Heat it on low until melted, stirring occasionally. Add 1/4 cup of yogurt to the pan and turn off heat. Stir to combine, then pour slowly over the top of the cake, allowing icing to pool around the sides (here, I poked the top of the cake with a long wooden

WEST NORFOLK RIDING FOR THE DISABLED SIGNS UP FOR "WEST NORFOLK WINS"

Big news from the Magpie Centre, home of West Norfolk Riding for the Disabled, is that we have signed up as one of the first beneficiaries of the newly-launched West Norfolk Wins lottery.

West Norfolk Wins (WNW), is the Borough Council of King's Lynn and West Norfolk's way of benefiting all West Norfolk charities. A launch presentation took place at King's Lynn Town Hall on March 20, at which Elizabeth Nockolds, Deputy Leader of BCKLWN introduced the scheme to representatives of more than 40 charities, including West Norfolk RDA.

The lottery will benefit good causes based in West Norfolk, with 60p from every £1 ticket sold going to charities, voluntary organisations and other good causes, as compared with 28p for the National Lottery Players of WNW can win £25,000 per month, plus smaller prizes. At the time of writing, tickets were scheduled to go on sale from April 17, with the first draw planned for May 26.

To play, just go online and visit: <u>www.westnorfolkwins.co.uk</u> or call 01553 341414, which is the Council's WNW department. Then choose your beneficiary: we suggest West Norfolk Riding for the Disabled. Well, we would, wouldn't we?

Payment can be by Direct Debit or card payment for one, three or six months at a time. For your security, Gatherwell, which runs the lottery, does not store bank details. All payments are securely audited, using SafePay. No paper tickets are issued, but players receive an email, confirming their numbers, or a letter, if they are not online.

Once the lottery is up and running, WNRDA will have a page, whose dashboard will keep supporters updated with how their cash is supporting us.Make no mistake, the more supporters WNRDA can rely on, the better we can project our income, and so plan for a really bright future.

And, making the jump from the digital to the terrestrial, the Magpie Centre is in urgent need of paddock maintenance volunteers, especially on Mondays. Therefore, if you fancy whizzing around the paddocks in a buggy, with a friend,

WEREHAM'S POP-UP CAFÉ

will 'pop-up'

TWICE EVERY MONTH

(initially on the 1st and 3st Tuesday) from 10.30am till 1.00pm

The cafe will continue to serve a hot drink and a pastry or slice of home-made cake for just

£1.50

PLUS

a light lunch 'dish of the day' for an additional £2.50

SPECIAL EVENT PLANNED?



NEW Range cooker and spacious larder fridge/freezer available when you hire

WEREHAM VILLAGE HALL!

Contact Doreen on 500218 for Bookings



Wereham Weekly Cash



Wereham Village Hall Wednesdays Doors open 6.45 pm Eyes down 7.30 pm Raffle and Refreshments

with complimentary biscuits



Enquiries: Doreen Rolph 01366 500218

All proceeds go to Village Hall Registered Charity Number 1151336 Wereham Village Hall

<u>Wereham</u>

Indoor/outdoor car boot sales and cafe. The last Sunday of every month excluding December. 9am until 1pm Cafe serving bacon rolls, sausage in a roll or egg in a roll, with plenty of tea and coffee.

A warm and friendly welcome is given to everyone. Please contact Philip on 07759033492 or 01366501330

Free magazine inspires families to get active this summer

Together with Active Norfolk, NCC Public Health has launched a free magazine which aims to inspire families in Norfolk get more active this summer.

Packed with ideas for cheap, fun activities and days out, **Get into Summer** aims to support cash-strapped families struggling to keep kids entertained during the summer holidays.

From free outdoor gyms and guided cycle rides, to park theatre and pond dipping, the magazine features activities to suit all ages, abilities and budgets.

Pick up your copy to find out more about a FREE six-week programme of family activities, starting this summer, with courses like Family Dance at The Garage, Norwich; Cycle Confidence on the Great Yarmouth seafront; and Swimming at St James, King's Lynn.

There's also a chance to win Halfords bikes for a family of four and a glamping holiday in West Norfolk courtesy of West Lexham, as well as money-saving vouchers to help you cut the cost of keeping your family active.

Launched in the Eastern Daily Press and some of Archant's weekly titles on June 26, copies of the free magazine are also available at Norfolk libraries and children's centres.

Part of a joint campaign by Norfolk County Council Public Health and Active Norfolk, **Get into Summer** is being launched in response to the falling levels of activity in Norfolk among adults and children and the impact of this on their health and wellbeing – now and in the future.

You can find out more and view the magazine online at www.norfolk.gov.uk/getinto

Free home assessments on offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

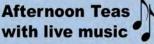


COUNTRYSIDE NOTES LITTER MAY 2018

An Eastmoor resident contacted Barton Bendish Parish Council recently because she is appalled by the amount of litter that has accumulated along the roadsides. I think everybody is. But what can be done about it? I'm very much afraid that the answer is that we pick it up ourselves. Sadly there is no way we can prevent that certain mentality of people from winding down their car window and lobbing it out. In my opinion the situation is going to get even worse now Norfolk County Council have introduced charges for disposing of DIY waste at their tips. Previously this had been limited, but at least was free. Now, measured by the 80 litre bag full (largest sized compost bag,) the tip at Crimplesham will continue to take rubble and wood but now charge £3 per bag and £5 for nonrecyclable waste. They won't take flat glass, plaster board or tyres, (these can be disposed of at the King's Lynn site for a charge of £5, £9 and £4 each respectively). How naïve is it to think that everyone will be willing to hand over their hard earned cash? What will they do instead? They'll tip it out on the verge or in a layby somewhere. It's estimated the authority will save £280,000. They might as on past form not a lot has been spent on removing either litter or fly tipped items. I am disgusted at the number of old household appliances which are accumulating between the slip road exiting Swaffham by pass and the boundary fence of the Breckland District Council run Splashes travellers site. With their efforts to promote Swaffham as a tourist attraction surely it would be in the local council's interest to keep this particular stretch of road verge looking good. After all they are responsible for managing the site and are hardly setting a good example by turning a blind eye to this shameful situation. If you, or I, dumped an old fridge by the roadside outside our property we'd very soon be receiving a letter from the local council. By the way it's worth knowing that Frimstone Ltd, (near Crimplesham tip) will take bricks, slabs, stone, concrete and soil and charities such as Sue Ryder, Age UK, the Red Cross and British Heart Foundation will collect unwanted saleable furniture and electrical items for Then there is Michael Gove's proposed charge of up to 22p on every single-use plastic or glass bottle and aluminium or steel can! I religiously recycle everything that's acceptable so will that mean I've got to cart bottles and cans back to where I shop to get a refund? Either that or I'll be out of pocket if I put them in the recycling bin. Have we got to pay the price for other people's irresponsible b h а ? v o 11

Litter on the verges of roads and lanes is a disgrace but unless a way can be found to educate those louts to respect our environment I suppose it will fall to





Raffle

Tickets £5.00 each – children free Tickets available on the Village Green

Enquiries: 01366 328818

Charity No. 245456 Ely Diocese

Wereham Open Gardens

Sunday 17th June

12-5.30 pm

A variety of gardens open including some new ones

Plant stall

Lunches and teas

Contact Greg Baddock on

01366 500233

Boughton Open Gardens

Sunday 10th June

12– 5 pm

A number of village gardens , some small and some large, of varying styles.

Lunch and tea available in the church/village space

Plant stall.

Entrance £4. Children under 12 free. Dogs welcome on leads.

Contact Pam Wakeling on 01366 500429

Barton Bendish

Open Gardens



Sunday June 24th 11am to 5pm

Delicious Afternoon Teas Raffle and Plant Stall

> Proceeds to St Andrew's Churc PE33 9GF

Numerous gardens open including the gardens

at Barton Bendish Hall.

Historic St Mary's Church also open

Ploughman's Lunches available

COMMUNITY NOTICE BOARD

Could you help a young person with a disability to think about their Future?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

MASSIVE FUEL LLS?

INEFFICIENT OIL FIRED & LPG BOILER? STORAGE HEATERS NEED HOME ISULATION?

On any of these Governments benefits?

- Child Tax Credit
- Working Tax Credit
- Universal Tax Credit,
- Pension Guarantee Credit Support Allowance
- Income Support
- Income Based Job Seekers Allowance
- Income related Employment and

PRIVATE HOME OWNER OR TENANT?

GOLDEN GLOBE will do all the hard work for you using government grants funded by all the big energy companies under the watchful eye of OFGEM.

- Confirm your benefits with DWP
- Book your free survey for you
- Install your new fuel efficient oil boiler

Look forward to A Warmer Winter, Lower your fuel bills. A home with added warmth and an **Energy Efficient New Boiler with an OFTEC Certificate**

Call Golden Globe today on 020 7096 5097 and book your appointment free of charge



COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesday	Beachamwell	Post Office	10:05 am
	Drymere	Telephone Box	10:40 am
13th March	Boughton	Sycamore House Mill Road	15:20 pm 15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
Monday 12th and 26th March		The Pond	9:30 am
	Wereham	Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

FARMERS' MARKETS

Second and Fourth Saturday 8:00-2:00pm
Fourth Saturday 8.30am to 12:00pm
First Thursday 12.00pm to 5.00pm
Second Saturday

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

Swaffham Museum 2018

Although our doors did not open to the public until February 12, we had a flurry of interest in late January following the broadcasting of an episode of **Antiques Road Trip** which featured Swaffham Museum. Raj Bisram came to explore the connection between Swaffham and Howard Carter who discovered the tomb of Tutankhamun in 1922. This episode is available to view on YouTube. We have one large room dedicated to Egyptology and Howard Carter.

One of our new displays 'From Beginning to End' is also very exciting as we



celebrate the Swaffham Railway. This opened in 1847 and closed under the Beeching cuts in 1968. Some of you may remember catching the train to the coast for a day out, or using it to travel to work or school. Whatever your memories, you will enjoy our displays of photographs and memorabilia, and the model rolling stock.

We have also delved into our store rooms and have a room

of art work. All are by local artists and include a number by Ben Ripper. There is also a digital display of some of the museum's photographs of old(er) Swaffham.

Also new to the museum this year is the 16th century Communion Chalice, with its 19th century paten, from the ancient church at Houghton-on-the-Hill near North Pickenham. The church itself has a latest date of 1090 and its remarkable wall paintings system of the same date is world renowned.

The Houghton display includes a Roman ring found in the hedgerow by the church and a mourning ring to Robert Say. Reverend Say was vicar at Swaffham and then Rector at Houghton-on-the-Hill in the 18th century. The ring was found on Campingland and subsequently sold on Ebay. Luck, or otherwise, brought it back home. The museum tells the story.

There are children's activities, take home information sheets and family museum trails as well as a Museum Shop which also houses the Tourist Information Centre. Opening times are Monday to Friday 10am to 4pm and Saturdays 10am to 1pm.

Ascension Day is on May 10th

What does Ascension Day mean? Ascension Day is the fortieth day of Easter. It occurs thirty-nine days after Easter Sunday. It is a Christian holiday that commemorates Jesus Christ's ascension into heaven according to Christian belief.

What Do People Do? Some Christians in the United Kingdom attend church services on Ascension Day to celebrate this event. Communion, also known as Eucharist, may also be offered to the congregation. (There will be a service at Boughton at 10 am.)Ascension Day marks the end of *Rogationtide*, which is a time when people pray for blessings to occur.

Background

Ascension Day is one of the earliest Christian festivals dating back to the year 68 CE. According to the New Testament in the Bible, Jesus Christ met several times with his disciples during the 40 days after his resurrection to instruct them on how to carry out his teachings. It is believed that on the 40th day he took them to the Mount of Olives, where they watched as he ascended to heaven.

Ascension Day marks the end of the Easter season and occurs ten days before Pentecost.

Pentecost is one of the most significant dates of the Christian calendar, although it may not be as widely known or celebrated as Christmas and Easter. The festival, which this year falls on 20th May, commemorates the coming of the Holy Spirit to the disciples following the death of Jesus Christ.

The biblical account describes how the apostles, who were gathered to celebrate the Jewish harvest festival of Shavuot, began to talk in foreign tongues, leading the massed onlookers to assume that they were drunk. However, Saint Peter explained that the disciples were inspired by the Holy Spirit and preached the first Christian sermon, prompting the conversion and baptism of 3,000 people.

This first Pentecost marked the beginning of the Christian church as an official, meaningful movement, so the celebration is widely considered the birthday of Christianity.

Why is the festival called Pentecost? When is it celebrated?

The festival's name comes from the Greek word 'Pentekostos', meaning '50'. It is celebrated on the seventh Sunday after Easter, marking 50 days since the final Sabbath of Passover, and so falls on a different date each year.

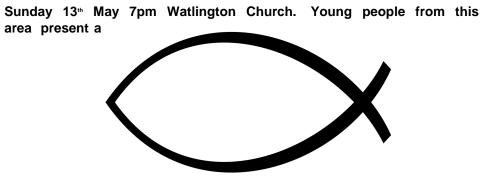
Why is it also known as Whitsun?

While 'Pentecost' is more widely used in the UK, traditionally the church has referred to the celebration as 'Whitsun', or 'Whit Sunday'. It is believed that the name comes from Pentecost being a day for baptisms, when participants would dress in white. 'Whitsun' is also thought to derive from the Anglo-Saxon word 'wit', meaning 'understanding', to celebrate the disciples being filled with the wisdom of the Holy Spirit.

How is it celebrated?

Between 1871 and 1978 the festival was marked by a UK bank holiday on Whit Monday, the day after Whit Sunday, before it was replaced by the current Spring Bank Holiday on the last Monday of May. However, Pentecost Monday is still a public holiday in many European countries, such as France, Germany and Belgium.

Within Christianity the day is still popular for baptisms, while some churches hold Whit Walks. Folk traditions such as cheese rolling and morris dancing also have long-standing associations with Whit Sunday.



Benefice Pentecost Service.

BARTON BENDISH AND EASTMOOR VILLAGE NEWS

Clematis Talk

On March 28th we spent a most enjoyable evening listening to Peter Skeggs-Gooch from Thorncroft Clematis, talking to us about how we should be growing and caring for our clematis. He was an excellent speaker and showed us pictures of some of the species, including ones that could be left to scramble over the ground. Many of us didn't even know these existed. It was a shame that there wasn't a larger audience because it was well worth turning out for. Jill

Easter Coffee Morning Saturday 31st March

It might have been miserably cold and wet outside but the atmosphere within the Village Hall was warm and friendly. It provided an excellent opportunity for village people to catch up with each other and have a chat as well as meeting a few people from other villages. It also raised £297 towards paying the Village Hall bills! As usual it wouldn't, and couldn't, have happened without the aid of the usual loyal band of helpers. It's not only the help on the day but also the time and money they've spent buying ingredients and making and baking. I hate to think how much time Maureen Buck must have spent making four Simnel cakes and Joan sticking 293 eggs on her 'guess how many eggs' cake which Andrew Stephen's granddaughter, Jessica, won. There is a nucleus of 'right-hand men' (well actually the majority are women) who regularly volunteer to assist at such events. They are definitely not an elite group and new 'recruits' would be extremely welcome.

The Coffee Morning was the success it was because of them and also to those people who donated cakes, Easter eggs and raffle prizes and of course the people who come along to spend their money. Without them none of our efforts would be worthwhile and we really enjoyed your company.

I hope everyone enjoyed the morning. If it wasn't for the Village Hall much of the social life in the village would cease to function so your support is very much appreciated. So it's a huge thanks to everyone. Jill

Easter Treats in Barton by Andrew Stephen

Despite the appalling and entirely traditional Bank Holiday weather, a good time was had by all at the Barton Bendish Village Hall on Easter Saturday. The village is well known for the quality of its cakes and events like the Family Coffee Morning always produce some real treats. There was a wide variety of stalls and events, including an exhibition of Easter hats. My grandchildren, staying in Barton for the weekend, found many ways of spending their pocket money. Jessica enjoyed particular success, winning an egg at the Tombola and the cake in the 'Guess the Number of Eggs' competition. Nearly £300 was raised in aid of the Village Hall.

We also enjoyed an Easter Egg Hunt at Oxburgh but were alarmed to discover that, yet again, masonry had fallen from the gatehouse, closing the Hall to visitors. Hopefully it won't take too long to solve this problem.

Village Projects

A reminder that contributions for the book commemorating 100 years since the end of WW1 are due in by June 1st. In an ideal world, all villagers will write a few lines about someone in their family who was involved in the Great War. Also, we are hoping to turn the village red with poppies, plants and flowers by June 24th (Open Gardens' Day). Soon the frosts will be over. We need to get planting ASAP!!

Gardens Open June24th

This year our 'Open Gardens Day' will be held on Sunday June 24th. All proceeds from this go to St Andrew's and it is the main fund raising event of the year for the church. It normally attracts many visitors, some of them regulars, to the village and it's always good to have some new gardens for them to look at. If you feel you would like to add yours to the list please do. It doesn't have to be spectacular, fancy or large. What people seem to enjoy most is seeing what other people have done with their own gardens, discussing them, asking advice on solving problems and generally looking for fresh ideas.

Help is also needed on the day so if you can assist in any way please let me know. Needless to say donations of raffle prizes, plants and produce for the stalls as well as cakes would be much appreciated.

For further details please contact Maureen Tasker 01366 347432

Litter

The Parish Council has been contacted by an Eastmoor resident appalled by the amount of litter that has accumulated along the roadsides, as surely all of us are. It's doubtful however if anything can be done about it other than picking it up ourselves. We take a pride in our village and many of us already do this. Special thanks are due to Val and husband John who have recently done a stint round the village.

See this month's Countryside Notes

<u>Barton Bendish Ordinary Parish Council Meeting held on 14th</u> <u>March 2018</u>

Cllr Chapman was in the Chair, six Parish Councillors along with five parishioners, were in attendance.

Restoration work on the old map of the village had now been completed by Norfolk Records Office. A digital copy of the restored map had been provided to the Parish Council and this was passed to Councillors.

The Parish Council was disappointed to hear of damage on Hatherley Gardens which had been caused by a contractor for Anglian Water. It was agreed that an official complaint would be made from the Parish Council to Anglian Water and copied to Elizabeth Truss MP, Borough Councillor Sandra Squire and County Councillor Brian Long.

The Parish Council agreed to raise again with Norfolk County Council Highways the issue of a 30mph speed limit on Boughton Long Road.

First World War Centenary Commemorations:

The Parish Council was pleased to contribute to a village community project to plant poppies and wild flowers on Buttlands Lane and over the wall on either side of the War Memorial in the churchyard. A grant application had also been submitted by the Parish Council to assist with the cost of producing the planned book.

The next meeting will take place on Wednesday 9th May, 2018. This will be the Annual Parish Council Meeting starting at 7.30pm in the Village Hall.

Miss Sarah Thorpe, Parish Clerk Telephone number: 01945 430930

Email: <u>bartonbendishparishcouncil@aol.co.uk</u>

Further information is available on the Parish Council website at <u>bartonbendishparishcouncil.norfolkparishes.gov.uk</u>

FORTHCOMING EVENTS

SUNDAY MAY 13th Animal Service in St Andrew's at 3pm

SUNDAY JUNE 3rd Barton Bendish Hall Gardens Open for the NGS 11am – 5pm

SUNDAY JUNE 24th Barton Bendish Village Gardens Open 11am - 5pm

WEEKEND SEPTEMBER 15th and 16th Art, Photography and Craft

FINCHAM CHORUS PRESENTS

'An evening entertainment with Songs & Supper'

Saturday 9th June 2018 at 7.30 pm

at St.George's Hall Complex, Methwold, IP26 4NT

Tickets £10

(bring your own drinks)

available from

Fincham Chorus 01366 348136

Mobile Post Office

Monday and Thursday 12.55 – 13.15 Tuesday and Wednesday 11.10 – 11.40

Magazines

Spare copies of G4N and Swaffham Newsletter can be found in St Mary's Church and Beachamwell Village Hall

Parish Council



GOOD NEWS! As planned the Public Access Defibrillator has been fitted to the External Wall of the Village Hall. It is near the front entrance for all to see when you next drive carefully through the village.

This appliance has been registered with the Ambulance Service and First Responder, access to the number-locked PAD can only be gained once they have been called as they have the number to open it. IF you ever think the PAD is needed call them FIRST and explain the situation and visible symptoms of the person you are concerned about. They will talk you through the procedure, so you are not alone if it is needed, until the required

medical professional person arrives.

We must include our thanks to Breckland Council for the match funding of this appliance and of course our thanks to the Village Hall Committee for making a good viable space available to place it and agreeing to meet the annual running costs for the electricity to keep the PAD ready for use at a moments notice.

Wednesday Walkers

The April Wednesday walk found us going along bridleways and footpaths to follow the stream to Eastmoor. We were delighted to discover a broken stile at Caldecote Fen has been replaced by a bridge and gate: no more climbing up and down in fear of life and limb! Thank you to the Norfolk County Council for doing that.

We should also like to express our thanks to the Oxborough landowner who has not just simply re-instated the cross-field footpath, but also rolled it to make a firm surface for easy walking.

The return route via the Eastmoor Road to Murgot's Lane and so home to Beachamwell, gave us a chance to stretch our legs and to walk off some of those Easter egg calories.

Next month we shall explore the Long Drove – leaving the village hall at 10.00 a.m. – do come along.

Leah Spencer 01366 328536 and Sue Pennell 01366 328452



Beachamwell WI

As our scheduled speaker was forced to cancel at the last minute, we were very lucky indeed to find an excellent replacement in the form of Bunty Gotts, who is a volunteer at Blickling Hall. She told us about Blickling's amazing library of surprising, beautiful and unique books, collected by an erudite former owner.

The library is sadly now under threat from the deterioration of the building and the ravages of death watch beetle. To highlight this threat and also to raise much needed funds, Blickling is about to unveil (on May 1st) a new art installation in the house, on the theme of books and stories. The thinking behind this is that pictures speak louder than words and Bunty ended her talk with some moving stories of how individuals linked to Hiroshima, and latterly to the tragedy of migrant drownings, influenced attitudes far and wide, with simple visual images. In the summer, I am sure we will visit Blickling to see the installation for ourselves.

May's talk will be a very different one, about Woodland Burials. As always, visitors or prospective new members are very welcome to come along. Enquir-

We would like to thank all children and the adults who accompanied them for helping us mark this important day in the Christian calendar and we hope everyone ended up with some chocolates to take home.

On Easter Sunday our church looked beautiful for the Service – filled with colourful and fragrant floral displays. Many thanks to all who helped with the flower-arranging and gave their time and talents to make this year's Easter feel such a special time within our church.

Please note that there will be no Sunday Service on 6th May as we'll have 'all hands on deck' helping with the Beachamwell Half Marathon on that day. Let's hope the sun will shine on us on that day.

Vesna Hudson (Churchwarden)



Easter 2018 - 70 years a Church Organist ...

First. Т would to thank mv Beachamwell friends for the lovely flowers and chocolates presented to me on Easter Day. I was quite ρ

whelmed.

70 years a Church Organist... Where has it gone?

It all started unplanned and unexpectedly. In 1947 I was at home in Barton Bendish awaiting the results of my School Certificate Examinations. One day, while alone in the house, I was playing the piano when Miss Bessie Rumball (Sunday School teacher) called to see my mother. She expressed surprise because she did not know I played the piano.

Two weeks before Easter the Reverend Pallister, Rector at that time, came along and said he wanted me to play for an Easter Sunday Family Service, <u>but</u> on that lovely pipe organ in St Andrew's – Barton Bendish.

Easter Sunday, March 1948, was that first Service. It was a very warm sunny day and, with several butterflies in my tummy, I climbed to the organ. After that I was hooked, thrilled by the wonderful sounds those pipes produced.

Then followed three happy years of organ lessons with Mr Frederic Bone, organist of Sandringham, in Sandringham Church.

I then started to help by playing for Services at Beachamwell. Firstly on a small harmonium which eventually broke down and was replaced in the 1980's by the electric organ we are using now while the pipe organ is repaired. Again so many happy memories and friends through the years have given nothing but pleasure.

I have a lifelong love of music, especially rich organ music. One of my treasured possessions is a medal presented to me in June 2010 In Ely Cathedral "for over 60 years of parish music".

It has been an honour and a privilege to serve our Lord and the community; my reward is the great pleasure it has given me. If I have given pleasure along the way to some people, that is an added bonus.

My humble thanks to you all,

Freda Rumball (Organist)



The Friends of St Mary's Church Annual Half Marathon

I hope you are all in training for this on May 6th. Watch out for posters on the Notice Boards for details. All monies raised will be for the Thatched Roof Appeal St. Marys Church. Enquiries: 01366328628.

Brian Wilson

Quiz

We are holding another quiz on Saturday 12th May in the Village Hall at 7.30. It is essential to book a table beforehand. Hope it will be as successful as the first one.....

Wednesday Walkers

The April Wednesday walk found us going along bridleways and footpaths to follow the stream to Eastmoor. We were delighted to discover a broken stile at Caldecote Fen has been replaced by a bridge and gate: no more climbing up and down in fear of life and limb! Thank you to the Norfolk County Council for doing that.

We should also like to express our thanks to the Oxborough landowner who has not just simply re-instated the cross-field footpath, but also rolled it to make a firm surface for easy walking.

The return route via the Eastmoor Road to Murgot's Lane and so home to Beachamwell, gave us a chance to stretch our legs and to walk off some of those Easter egg calories.

Next month we shall explore the Long Drove – leaving the village hall at 10.00 a.m. - do come along.

Leah Spencer 01366 328536 and Sue Pennell 01366 328452



Beachamwell WI

As our scheduled speaker was forced to cancel at the last minute, we were very lucky indeed to find an excellent replacement in the form of Bunty Gotts, who is a volunteer at Blickling Hall. She told us **INSPIRING WOMEN** about Blickling's amazing library of surprising, beauti-

ful and unique books, collected by an erudite former owner. The library is sadly now under threat from the deterioration of the building and the ravages of death watch beetle. To highlight this threat and also to raise much needed funds, Blickling is about to unveil (on May 1st) a new art installation in the house, on the theme of books and stories. The thinking behind this is that pictures speak louder than words and Bunty ended her talk with some moving stories of how individuals linked to Hiroshima, and latterly to the tragedy of migrant drownings, influenced attitudes far and wide, with simple visual images. In the summer, I am sure we will visit Blickling to see the installation for ourselves.

May's talk will be a very different one, about Woodland Burials. As always,

BEACHAMWELL, SHINGHAM AND DRYMERE VILLAGE NEWS

Horticultural Show

After a lot of thought Di Lambert and I have decided that we will not be organising the Annual Horticultural Show again. There was not a lot of support last year and we think the event needs new leadership and new ideas if it is to work. If anybody reading this wants to organise something we would be more than willing to help with the paper work we have. There is also a small amount of money in the bank too. Please get in touch if you are interested.

Carole Wilson 01366328628

Beachamwell Local History Group

Our scheduled event for March, "Miss Reeve's Battle" unfortunately had to be cancelled, as at the last minute "Miss Reeve" herself was indisposed. We hope to rearrange this at a later date.

Don't forget however, that there will be a talk by Mary Ann Prior on Constance Villiers- Stuart in India on May 10th at 7.30pm, at Beachamwell Village Hall. Constance lived at Beachamwell Hall for most of her life and became an expert and writer on gardens and flower arranging. Her trip to India was the inspiration for a renowned book.

Tickets £3 on the door. Enquiries: 01366 327023 or 01366 328536

Maggie Mackenzie



Congratulations

Michael and Gemma Dye are pleased to announce the birth of their beautiful daughter, Matilda Elizabeth Anne born on April 11th weighing in at 8lb 6oz.

They brought the baby to meet everyone at 'Afternoon Tea' and what a reception she receive.....she is delightful.....

Michael is our very popular postman who supports the village in so many ways.

Congratulations and well done to you both from everyone in Beachamwell, Shingham

CHURCH SERVICES IN MAY (Priory/Northern group) Sunday 6th May Sixth Sunday of Easter 10.00 am Fincham Family Communion 10.00 am Shouldham Morning Praver 10.30 am Marham Café Church (Methodist Chapel) 10.30 am Stow Bardolph Holy Communion 11.00 am Wormegay Holy Communion Sunday 13th May Seventh Sunday of Easter 9.30 am Shouldham Thorpe Holy Communion 10.30 am Stow Bridge Holy Communion 10.30 am Marham Morning Worship (Holy Trinity) 11.00 am Runcton Holme Holy Communion 6.00 pm Fincham Evensong Sunday 20th May Pentecost 10.00 am Shouldham Holy Communion 10.30 am Marham United Worship (MC) 10.30 am Nordelph Holy Communion in the Village Hall 11.00 am Tottenhill Holv Communion Sunday 27th May Trinity Sunday 9.30 am Fincham Holy Communion (said BCP) 10.30 am Marham Holy Communion (Holy Trinity) 10.30 am Wimbotsham Holy Communion 11.00 am Watlington Holy Communion THURSDAY SERVICES at 10am HOLY COMMUNION Fincham 3rd and 17th MORNING PRAYER (Lay led) Runcton Holme 3rd HOLY COMMUNION Runcton Holme 10th (Ascension Day) **BAPTISMS AND WEDDINGS** Please contact your Churchwarden: Fincham Cathy O'Brien 01366 347279 Marham 01760 444199 Philip Fav Shouldham Brian & Ann Hullah 01366 347814

CHURCH SERVICES IN MAY (Wissey Valley/Southern Group)

Sunday 6	th May Sixth Sunday of Easter			
•	Methwold Service of the Word			
	Wretton with Stoke Ferry Holy Communion			
	West Dereham Family Service			
	Wereham Evensong			
-	3th May Seventh Sunday of Easter			
-	Methwold Service of the Word			
	Whittington Service of the Word			
	Boughton Breakfast Church			
	Barton Bendish Pet Service			
•	West Dereham Christian Aid Service			
•				
•	Oth May Pentecost			
	Methwold Methodist Service			
	West Dereham Service of the Word			
	Wretton with Stoke Ferry Service of the Word			
11.00 am	Beachamwell To be announced			
11.00 am	Wereham Holy Communion			
Sunday 27th May Trinity Sunday				
9.30 am	Methwold Holy Communion			
9.30 am	West Dereham Service of the Word			
10.00 am	Whittington All Age Service			
11.00 am	Boughton Holy Communion			
6.00 pm	Barton Bendish Evensong			
WEEKDAY SERVICES				
HOLY COMMUNION Wretton Tuesday15th 10am				
HOLY COMMUNION Boughton Thursdays 10th and 24th 10am				
COMPLINE Whittington Thursday 17th 5pm				
CHURCHWARDENS				
Barton Bendish Mhari Blanchfield 01366 347849				

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	Vesna Hudson	(01366) 327030

BOUGHTON VILLAGE NEWS

News from All Saints

We had a busy but enjoyable few days at Easter. On Wednesday March 28th we

welcomed the children, staff and parents of All Saints' Academy for their Easter service. As usual it was very enjoyable, led by Carol Nicholas Letch. The children spoke well, were well behaved and their singing is excellent. They seemed to have a good grasp of the Easter story as well. Here is a report from Amy Dewart, who lives in this village:



Easter Church Service

On our Easter church service, which happened on Wednesday the 28th March, all the classes went on the coach to Boughton church near the duck pond. The year five and six classes all did the readings; the titles were: The resurrection, Jesus is put on a trial and crucified and Jesus enters Jerusalem. The reception class had palm trees to wave that they made. The year two class held up some signs people had to say. The year three and four classes lit and blew out the candles. We sang: Lord of the Dance; There was a Green Hill Far Away and We have a King who rides a Donkey. We enjoyed preparing for and participating in our end of term Easter service

By Amy Dewart, Year 6.

Easter Vigil on Holy Saturday

We were pleased to welcome nearly fifty people to our Easter Vigil service on the day before Easter Sunday. The service starts with the church quiet and three fairly long readings, describing the events leading up to Easter. Then the church is plunged into darkness, while the congregation goes outside to witness the lighting of the Easter candle from the fire ably prepared by Frank. In the darkness we were trying to change the sombre Lent colours into celebratory white for Easter, to bring up the candles and flowers – not the safest activity in long robes. We were not quite ready when the candle was borne in with William

Burke singing the celebratory words. The service continued with bells, singing and every sign of joy. Thanks to Ken Waters for taking a service which was unfamiliar to him but dear to everyone else and to William for taking part. It was a great way to celebrate the first Communion of Easter.

The Annual Parish Church meeting was held on Monday April 9th. Pam Wakeling was re-elected as Churchwarden and the other members of the PCC were reelected. The churchwarden's report noted all the main events since the last APCM, including the replacement of guttering on the north side and the repair of the lightning conductor. Thanks were given to all those who help keep the church going: Paul Coulten as Treasurer, Angela and Andrew Faherty for all that they do, Frank and Sandy Reid for running Breakfast Church and Pippa Blackall for taking the service every month.

Two major fund raising events:

Wednesday May 16^{m} - a talk about Oxburgh Hall to be given by Roger Farmer. This will be £3 per head, and well worth attending. Roger is one of the conservation volunteers at the Hall and has a wealth of knowledge about it, well illustrated and very interesting. He has given this talk several times and I hope it will be well attended. I've heard it twice already and it was fascinating on both occasions.

Sunday June 10th – OPEN GARDENS Day. Several gardens already offered for us, but more would always be welcome. If you haven't opened before, and feel a bit nervous, talk to someone who has. It's great fun and visitors come from far and wide to enjoy our gardens and the refreshments on offer. I know the weather has been bad, and everyone will say they can't get it ready, but the garden doesn't have to be perfect. There are a range of sizes, styles and degrees of perfection and the visitors love them all. If you have spare plants or garden related articles, they would be gratefully received for sale. It's the church's biggest fundraiser of the year and a way for many people in the village to come together – can you make a cake for the teas?

Buzzard fatalities

The police responded quickly to the finding of two dead buzzards in Boughton last month, by having the birds Xrayed. No shot was found, and if a rifle had been used there would have been visible damage.: It was suggested that the birds had eaten poisoned rats, but I believe that buzzards are hunter killers after

d

V



young pheasants and vermin, and are not scavengers, though it is of course possible that poisoned rats struggle about on the surface before d y i n g.

However PC Ben Clark from Downham, the wildlife officer dealing, now tells me Natural England have become concerned at the loss of such birds (not just here) and will be examining the birds with a toxicology report. This will take several weeks, but hopefully we will learn exactly the cause of death. Something is contributing to the loss of these birds.

Talking to the police it emerged that they are in a joint initiative with local landowner to prevent hare coursing. Hence all these gates and excavated field entrances. Personally I am distressed that we locals are being barred from walking (and riding) field tracks that we have used for years, but reference to some old maps regarding rights of way bring some redress.

The police responded quickly to the finding of two dead buzzards in Boughton last month, by having the birds Xrayed. No shot was found, and if a rifle had been used there would have been visible damage.: It was suggested that the birds had eaten poisoned rats, but I believe that buzzards are hunter killers after young pheasants and vermin, and are not scavengers, though it is of course possible that poisoned rats struggle about on the surface before



This Photo by Unknown

However PC Ben Clark from Downham, the wildlife officer dealing, now tells me Natural England have become concerned at the loss of such birds (not just here) and will be examining the birds with a toxicology report. This will take several weeks, but hopefully we will learn exactly the cause of death. Something is contributing to the loss of these birds.

q

Talking to the police it emerged that they are in a joint initiative with local landowner to prevent hare coursing. Hence all these gates and excavated field entrances. Personally I am distressed that we locals are being barred from walking (and riding) field tracks that we have used for years, but reference to some old maps regarding rights of way bring some redress.

Get Set for Gardening 2018

Thank you so much to all who supported this event on Good Friday, your



donations of plants and garden related equipment raised £180.51 for church funds.

Andrew & Angela on behalf of Boughton PCC Greetings by Oscar Pop–Up Cafe

Light lunches will be served at our next pop-up on Wednesday 23rd May at All Saints' Church, Boughton between 11:30 am and 2:00 pm. We have re-stocked our cards which still remain at the special price of £1.00 each. Pop along for a card or two, a chat or some lunch or all of the aforementioned, you will be most welcome.

The Boughton Village Caravan

Goodbye to Friends.

Church on Sunday 8th April was tinged with sadness because it was the last breakfast service that John & Juliana Hawley will be attending. They will be travelling around the UK in May prior to returning to America sometime in June.

I am sure you will join me in wishing them God speed, and saying we will miss them very much. Sandy and I have really enjoyed seeing their young family growing up in Boughton, which was capped with the arrival of the latest Hawley, Graham, about two years ago.

John & Juliana have supported all our village events, and have become a very welcome part of our community. The three boys are delightful, and the family



have certainly made the most of living in a quintessentially English village.

They have also come to understand English humour, and we have shared a few jokes together.

They have very generously presented the village with a beautifully carved

plaque to express their appreciation of their time living in Boughton. We will find a suitable place to hang the plaque in our community area of the Church.

Finally, bon voyage, John (David), Juliana, Jonathan. Jackson and Graham.

We will miss you.

Frank & Sandy

Boughton's Sporting Bottle.

Following England's poor showing in the six nations, Eddie Jones requested a visit from the Bottle to raise morale among England's poor little chaps who were feeling a bit unloved after three defeats in a row. The Bottle first congratulated Joe Schmidt and his Ireland fifteen for a thoroughly deserved Grand Slam. Then gave the England squad a hard hitting tactical review of their performance, or lack of, is perhaps a better way of putting it. Eddie was very grateful for the Bottles input, and has commented that his team were uplifted by the pep- talk and have resolved to concentrate harder and perform better.

The Bottle's response was "Time will tell ", and left Twickenham with a rousing – "For England and St George !! "

Immediately after this, in fact as the Bottle was leaving Twickenham a call came in – "Would you like a trip on the Thames in a long narrow rowing boat from Putney to Mortlake next week-end ?" "What is the occasion?" asked the Bottle "oh it's just a bit of fun, a Varsity boat race, happens every year, plenty of ducking and bubbly of course," at which the Bottle instantly agreed.

WEREHAM VILLAGE NEWS

Wereham short mat bowls is reverting to the summer day and times, as from May 3^{rd} , we will be bowling on a Thursday evening 7pm until 9pm. The rest of the notice needs to stay the same just the day and time are different. I am also contacting the gentleman at the village pump to have the entry changed in there.Many thanks for your help. Rosemary.

Schoolreaders is a wonderful charity, which recruits volunteers to give one-to-one support to primary schoolchildren. As you may be aware, 1 in 4 children left primary school in 2017 reading below the government's required reading standards - and research shows that after that they have great difficulty catching up. Improving literacy has huge benefits, both for the individual and society as a whole.

Schoolreaders recruits volunteers who then go into primary schools to listen to children read. Volunteers are carefully matched to the best local school for them. This is a completely free service to both schools and volunteers. There are no rules about background, experience or age when it comes to being a great Schoolreader – enthusiasm, dedication and a good command of English are all that are required.

The lovely thing about this scheme is that everyone wins - the children- the school- and the volunteers who get a great deal of pleasure from the experience and in seeing what difference a little of their time can make.

If you have any questions, I would be happy to answer them, or they can be addressed to our head office on 01234 924111.

Schoolreaders Ambassador Schoolreaders Karen Bromham 6 u I F а В uil d i r 1 r n Т m q т е t b u r y G L 0 u С esters h i r е G 8 8 S Q т 1 2 3 9 2 1 1 1 L 0 Δ e Web: www.schoolreaders.org

April Update from the Wereham Village Hall Committee

We had a very successful night at the Family Prize Easter Bingo. More than 75 people played and we raised a fantastic £600.60. Thank you to everyone who gave prizes and all those who helped on the evening, in particular Diane for being caller for the night.

Don't forget that our next family fundraiser is imminent – the Beetle Drive is on Friday 27th April, starting at 6.30 pm. As always, we are always grateful for donations of prizes and refreshments – please contact Angela (01366 500115) or Diane (01366 500798).

This will be followed by the annual Yard Sale on 20th May, 9-12. Take the opportunity to declutter this spring - contact Nikki Cooper on 01366 500527 to book your place on the map.

There will also be another Craft Fayre on 10th June. Contact Rosemary on 01366 501330 for further details.

Update from the New Build Project Team

We have had news of a number of successful grant applications over the past month, all of which push us closer to our overall project budget. We have been awarded £2000 from the Paul Bassham charity, £1500 from the West Norfolk Recycling Rewards Scheme and we were notified that we came second in the Tesco Bags for Life program and will therefore receive £2000. Thank you to everyone who supported us with their blue tokens in Downham Tesco during January and February! We are also very excited to announce that we have hit our Buy-a-brick target of £10,000 so a massive thank you to everyone who has donated. Even so, the donation portal is still open at the moment so there is still time to have your name added to the donation plaque if you have been meaning to donate but have not yet got round to it. Just follow the link from our website to our MyDonate page.

The wooden cladding is now all but complete, the kitchen is in, and we really are on the homeward straight. Assuming no glitches, the much anticipated new hall should be ready for opening later this month.

For more regular updates and photos, follow us on our Facebook page. *Victoria, John E, John M & Rachel*

"Just one important thing to note. One team wears light blue colours the other Werebarn Village Hall Borus Rall Clube an unbiased attitude (c'mon Oxford !!!). The lucky winners of £60, each in March were Geraid. Gott and Jean Fiby _____ Congratulations by pound on s bottle is the paragon of diplomacy, he has been anoun things of bound of the bottle on Saturday 24th the race starts at 5.30pm

Stopphase 245 March 4:25 pm. The light Blues swept the board and won both Next Meeting Date Tuesday 8 May 2018 Faces Watch of the bottle. Erank & Tim Annual Parish Meeting to follow after approximately 7.00 pm

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Parish Council Facebook Wereham Page and the on website www.werehamparishcouncil.co.uk You will also find minutes all of meetings here too.

Plea from Wereham Parish Council. Are you cleaning your ponds out this spring?

If you are splitting any plants up and could spare some for Wereham pond then please think before throwing anything away. Especially things like oxygenating weed. The pond water quality for years has been awful and after seeking professional advice we found out its due to lack of plants. We will also be installing some barley straw soon to help reduce the nitrate levels. To buy new plants would cost the village hundreds of pounds which would be added to all our council tax bills. So why not donate some from your garden like our Chair has done? –

Obviously if you think your pond is polluted or has a disease please don't donate as this will create problems instead of helping. Our village handyman carried out the work above (paid for privately by the chair). He's very reasonably priced, so if you don't fancy doing the work yourself contact the clerk for his contact details – werehampc@gmail.com

The issue of dog fouling was discussed by the Parish Council at their March meeting and information can be found in the minutes on the website. We will all agree that this is just not acceptable for dog owners to not collect and dispose of their dog's mess, and it has been going on for far too long all over the village where this has not happened. The boundary of Wereham extends past the houses, and this includes the country walk roads and pathways which are there to be enjoyed by all. For a resident of Wereham to not collect their dogs mess in the village or in the surrounding countryside is without due care and is just not acceptable. Wereham Parish Council and the majority of residents do not want this blighting the village any longer and the Clerk will be stopping any dog walker in the village to check they have the necessary dog bags for the foreseeable future. The Parish Council has supplied and pays for three dog bins and for them to be emptied across the village but unless certain dog owners take their responsibility they are in vain. They are located at the end of Lamas Lane (Flegg Green end); along Cavenham Road towards the public footpath field end; and on the playing field near the village hall entrance. https://www.west-norfolk.gov.uk/info/20094/ animals and pests/157/dog issues

All are welcome to attend meetings in 2018, if there are topics or ideas that you wish to share or be discussed with the Parish Council at any time during 2018, please email me on werehampc@gmail.com.

The Wereham Parish Council are upgrading the street lighting in the village to LED's as a way of saving money and also energy. The LED bulbs will use less electric, which the village pays for, and also won't need replacing or repairing as often as the current ones making the annual maintenance fee 75% less. This work will take place from the 1st May and shouldn't be a disruption whilst they change the light fitting. If you have any queries when the work is occurring please contact the Clerk on <u>07795006811</u> or via email <u>werehampc@gmail.com</u>.

Helen Richardson Wereham Parish Clerk and Finance Responsible PersonEmail werehampc@gmail.com or Phone/Text: 0779 500 6811

Recruitment Day - come and join us!

Wereham & Wretton Scout Group are holding a Recruitment Day on Saturday 12th May between 10.00am to 4.00pm at the Group's Grange Farm HQ, just off the A134 (access toward on opposite side to Crimplesham turning – turn right from track just before main farm yard).

We are looking to recruit girls and boys for our Beaver section (ages 6 to 8), and Scouts (10½ to 14), with places for Cubs (8 to 10½) possibly available later in the year. We are also very keen to attract more adult volunteers as we can only expand our sections and continue to deliver fun and relevant activities by extending our Leader and Assistant Leader support teams. A detailed breakdown of what our sections do appeared in last month's magazine.

Parents – please pop along with your children to say hello and find out more on what the Group has to offer. Prospective adult volunteers, do drop in to see us too. We will have an open fire to showcase outdoor cooking skills and will run some activities for supervised children. We look forward seeing you on the 12th!

Paul Smith Group Scout Leader 01366 501224

WEREHAM OPEN GARDENS SUNDAY 17TH JUNE FROM 12PM TO 5.30PM.

We are delighted to report that we have some new gardens entered this year but it's still not too late if you are considering opening your own. Tickets and directions for the gardens will be available on the day.As usual there will be our famous lunches and afternoon tea and cakes which hopefully will be served in our new village hall. There will also be our plant, craft and tombola stalls along with our usual gardening raffle prizes. Donations of plants, seedlings and items for our tombola would be gratefully received. Any items that need to be picked up then please let us know.We have a diverse collection of lovely gardens for everyone to enjoy and we would really appreciate your support as all monies received go towards the up keep of our centrally located historic church.Any further information or collection of items then please contact me Greg Baddock on 01366-500233

Wereham Heritage group Saturday 12 th May 2pm – 4pm in Wereham village hall

'The life and times of Bexwell aerodrome 'A history of RAF Downham Market

We are pleased to welcome Andy Moore to our Wereham Heritage event. He will bring a range of items from his collection relating to the Aerodrome that was on Wereham's doorstep .He will talk to us using his extensive knowledge of Bexwell. If you have memories of Bexwell Andy is always pleased to hear them.

Tea, coffee and biscuits provided.We look forward to seeing you there.

Wereham Craft Group.

The craft group ladies are busy getting items made in time for our first craft fair this year which is to be on Sunday 10th June, 10am Until 4pm.The usual choice of filled rolls will be available along with tea, coffee and cold drinks. We have a very good selection of stallholders coming along to tempt you with d t h е r g 0 0 i. е s We are also once again doing the Christmas shoe boxes to go abroad to disadvantaged children aged from 6months to 14 years old, either boys or i. L r s g The ladies in our group who knit are busy knitting squares to be made up into blankets, we are also considering knitting blankets for terminally ill people, this will be in conjunction with the Queen Elizabeth Hospital, we will have more news about this next month if anyone is interested in joining us for this venture please get in touch with me, it is a very worthwhile thing to do. New crafters are always welcome; we meet on the second Tuesday of every month in the village hall. 10.30am until about 12.30pm, please just come along have a coffee and see what you think of us. Contact Details are Rosemary on 01366 501330 or 07749240606. E-mail rosemary.pease@btinternet.com.

Short Mat Bowls

As <u>from Thursday May 3rd</u> we will revert back to the summer times for short mat bowls which is every <u>Thursday evening 7pm until 9pm</u>. New members always welcome. Come along and have a look to see if you think you would enjoy it. We are not a serious group we play for fun and companionship; we are a mixed group of ladies and gentlemen. For details please contact Philip on 01366 501330 or <u>07759033492</u>. E-mail <u>rosemary.pease@btinternet.com</u>.

Car Boot Sales and Café

The car boot and cafe continue to flourish. We only have indoor tables for the moment as the field is to wet to drive onto. Cafe serving Bacon rolls, egg in a roll or sausages in a roll or any combination of items, with plenty of tea and coffee. The 50/50 raffle is proving to be popular. The raffle winner for March was Nicola.For details please contact Philip on 01366 501330 or 07759033492. E-mailrosemary.pease@btinternet.com.

April Update from the Wereham Village Hall Committee

We had a very successful night at the Family Prize Easter Bingo. More than 75 people played and we raised a fantastic £600.60. Thank you to everyone who gave prizes and all those who helped on the evening, in particular Diane for being caller for the night.

Don't forget that our next family fundraiser is imminent – the Beetle Drive is on Friday 27th April, starting at 6.30 pm. As always, we are always grateful for donations of prizes and refreshments – please contact Angela (01366 500115) or Diane (01366 500798).

This will be followed by the annual Yard Sale on 20th May, 9-12. Take the opportunity to declutter this spring - contact Nikki Cooper on 01366 500527 to book your place on the map.

There will also be another Craft Fayre on 10th June. Contact Rosemary on 01366 501330 for further details.

Update from the New Build Project Team

We have had news of a number of successful grant applications over the past month, all of which push us closer to our overall project budget. We have been awarded £2000 from the Paul Bassham charity, £1500 from the West Norfolk Recycling Rewards Scheme and we were notified that we came second in the Tesco Bags for Life program and will therefore receive £2000. Thank you to everyone who supported us with their blue tokens in Downham Tesco during January and February! We are also very excited to announce that we have hit our Buy-a-brick target of £10,000 so a massive thank you to everyone who has donated. Even so, the donation portal is still open at the moment so there is still time to have your name added to the donation plaque if you have been meaning to donate but have not yet got round to it. Just follow the link from our website to our MyDonate page.

The wooden cladding is now all but complete, the kitchen is in, and we really are on the homeward straight. Assuming no glitches, the much anticipated new hall should be ready for opening later this month.

For more regular updates and photos, follow us on our Facebook page.

Victoria, John E, John M & Rachel

Wereham Village Hall Bonus Ball Club

The lucky winners of £60 each in March were Gerald Gott and Jean Filby – congratulations to you both! *Helen Richardson, Secretary.*

Events list

Family Beetle Drive – Friday 27th April, 6.30pm. Lots of fun and great family prizes.

Contact Angela (01366 500115) or Diane (01366 500798).

Bingo - Wereham Village Hall "Cash Prize" Bingo every Wednesday, doors open 6.45, eyes down 7.30pm. Teas/coffees available with complimentary biscuits. For enquiries contact Angela (01366 500115) or Diane (01366 500798).

Pop up Café – first and third Tuesday of the month, 10.30-1pm. Join us for a slice of homemade cake, a hot drink, a natter and a read of the daily papers all for just £1.50. Light lunches also available – look out for our monthly specials! Cake donations/ queries to Doreen on 01366 500218. Next dates are Tuesday 1st and Tuesday 15th May.

Yard Sale - Sunday 20th May, 9am -12, contact Nikki Cooper on 01366 500527.

Car boot and Café – last Sunday of the month, 9am-1pm (café opens at 8am). Next dates are Sunday 27th May and Sunday 23rd June. Café serving bacon butties, hot dogs and hot drinks. £5 per pitch. Contact Philip on 07759033492/01366 501330 e-mail rosemary.pease@btinternet.com.

Craft Fayre - Sunday 10th June, contact Rosemary on 01366 501330

For all the pictures and feedback from our events, log onto <u>www.facebook.com/</u> <u>werehamvillagehall</u>. By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall

Update from the New Build Project Team

We have had news of a number of successful grant applications over the past month, all of which push us closer to our overall project budget. We have been awarded £2000 from the Paul Bassham charity, £1500 from the West Norfolk Recycling Rewards Scheme and we were notified that we came second in the Tesco Bags for Life program and will therefore receive £2000. Thank you to everyone who supported us with their blue tokens in Downham Tesco during January and February!

The wooden cladding is now all but complete, the kitchen is in, and we really are on the homeward straight. Assuming no glitches, the much anticipated new hall should be ready for opening later this month! With this on mind, if there is anyone who would still like to donate to the buy-a-brick campaign, and have their name added to the commemorative plaque, there is only little time left. We are still а approximately £3000 short of the £10,000 target we pledged to the lottery as our community fundraising. If you have been meaning to donate but just not got round to it, now really is the time. Just follow the link from our website to our MyDonate page.

For more regular updates and photos, follow us on our Facebook page. Victoria, John E, John M & Rachel

Wereham Village Hall Bonus Ball Club

The lucky winners of £60 each in March were Gerald Gott and Jean Filby – congratulations to you both! Helen Richardson, Secretary. email rosemary.pease@btinternet.com.

Events list

Premier Holiday accommodation in Wereham overlooking the pond 4* very comfortable, well equipped 4 bedroomed house Sleeps 10, 2 bathrooms Ideal if you have family or friends visiting Good discounts available for Group 4 News readers!

For more details please Tel Debbie or lan Rye on 01366502083, 02476 742077 or 07863 049677 or see website www.wix.com/ryeholidays/theoldschoolhouse



Are you at work all day?

Do you need someone to pop in and feed your pet, let it out and keep them company for an hour?

Does your puppy need socialising and some basic training? Maybe you're an older person who needs help exercising and caring for your dog?

Contact Jen at Wretton on 07799 733 463

Pet Sitting - Dog Walking - Home Visits

Livestock Care - Puppy Socialising - Pet Care

30 years experience working with animals

Reasonable Pricing - please ask

www.facebook.com/JensPetCareWretton

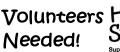


HOLIDAY COTTAGE

Sleeps 6—8 Perfect for visiting friends & relatives. Rural location on our farm in Beachamwell.

Contact:

Tom & Caroline Sanderson. St. John's Farm, Beachamwell, Swaffham, Norfolk PE37 8BE Tel: 01366 328244 Fax: 01366 328716





Do you remember those early years?..... Sleepless nights, tantrums & teething.

If you have parenting experience Home-Start Swaffham & District would love to hear from you. We have families waiting for support and all we ask is for a couple of hours a week commitment. We offer a prep course accredited through the Open College Network which takes place one day a week for 10 weeks. Term time 10am-2pm.

So, if you think you can make a difference to a family needing a little help call us today to find out more.

Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

Home-Start Swaffham & District The Community Centre, Campinglands, Swaffham, PE37 7RB Tel: 01760 721271 Email: admin@homestartswaffham.org.uk

EXCLUSIVE OFFER FOR PARISH COUNCIL MAGAZINE READERS.

Enjoy £500 rowards selected new MINIs* ordered and registered by 30 June 2018. Simply show this advert to a Sales Executive when you place your order with us.

To find out more, please call 01553 692244 or visit www.listerskingslynnmini.co.uk

Listers King's Lynn Hardwick Road, King's Lynn, Norfolk PE30 4NA

MINI FINANCIAL SERVICES.



Official Fuel Economy Figures for the MINI Range: Urban 26.6-72.4mpg (10.6-3.9 l/100km), Extra Urban 46.3-91.1 mpg (6.1-3.1 U/100km), Combined 362-63.1 mpg (7.7-3.4l/100km), CO₂ Emissions 179-89 g/km. Figures may vary depending on driving style and conditions.

Listers Group Limited is a credit broker and not a lender.

*Office only valid as Linnes Xing's Jams on subcond new MINIa, ordered between 1 April and 20 Jams 2018 and regimented by 20 September 2018. Office valid for sone parchase only and matches the Johishe to E000 sowards the value of the raw. No cash alternative, Linnes Group Landin, Ohishel Tokona, Stratford apost-Avent Business and Technology Park, Bashuay Nead, Stratford upon Aven OX "77547 in anticomismi and regulational by the Strategial Conduct Authoring.









Experienced, Qualified Professional

07749 257770 or 01366 727537

forestfensweep@aol.com

All appliances swept. Fully insured & certificates issued.



OIL AND GAS HEATING ENGINEER

SERVICING, MAINTENANCE, BREAKDOWNS, LANDLORD CERTIFICATES,

Why have your boiler serviced?

The importance of having your boiler serviced. Having a reliable and dependable boiler to provide hot water and heat is a daily essential. An annual boiler service can prevent potential problems, avoid unwanted disruption, ensure maximum central heating efficiency and keep energy coststo a minimum.



Call on

01366 387595

01366 383661

07957357480

Check us out on

checkatrade.com

Doggie Style Grooming



No Cages...No Mess... No Stress!

Fully Equipped Mobile Salon Covering a 15 Mile Radius Of Swaffham

Qualified & Insured

Please Note: I require space to park and easy access to an electrical point within 25 meters of the parking area. This is essential to carry out the full grooming process.

JET ACCOUNTANCY & BOOKKEEPING SERVICES Professional and qualified service offering:

- Accounts
- Bookkeeping
- Self Assessment
- VAT Returns
- Payroll
- CIS Returns

Tel: Louise Scott (MAAT) 07806 792211

info@jetaccountancy.co.uk









DAVID THOMPSON MASTER CHIMNEY SWEEP

All chimneys, flues & appliances swept Brush and vacuum used CCTV Chimney surveys Bird/rain guards,vent caps and cowls supplied and fitted NVQ qualified chimney engineer Certificates Issued

01328 851081

www.the-sweep.co.uk D. Thompson Chimneys Ltd

PRESSED FOR TIME

Go let off some steam... and let me iron out one of life's little chores

Domestic Ironing

75p for first 10 items thereafter 50p per item. Local delivery and collection available minimum order $\pounds10$.

Holiday Let laundry and ironing Please phone for information and pricing.

Call Sarah Today

01366 501317 07870 768781

SL Ironing Services 12 Buckenham Drive Stoke Ferry

Frustrated by technology? Confused by the experts? Problems with your: Computer; Tablet; Mobile Phone; Broadband; WiFi; Printer; Digital Camera; Television?

I can help!

ade

Ade Jordan Friendly Technology Solutions

Based in Wereham, West Norfolk

Fault finding; Repairs; Installations; Configuration; Training

Tel: 07980 140000

email: help@adejordan.com www.adejordan.com

No call out charge. No fix, No fee

Every minute, six people over 65 suffer a fal/

We're here to help.

To find out more, call us on 01553 616200 or visit **www.careline-cs.org.uk**









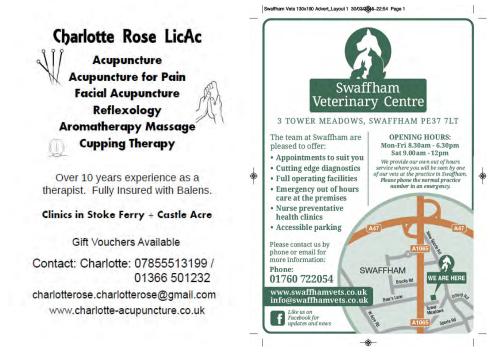
Cognitive Behavior Therapy, Counselling, and EMDR Do You Suffer From:

*Anxiety *Depression *PTSD *OCD *Phobias *Relationship Difficulties *Self Esteem Problems *Problems At Work *Lack of Direction *Addictions

Then Cognitive Behaviour Therapy or EMDR my help and both are recognised as successful treatments by the NHS For More Information or an appointment, contact:

Rebecca Judge RNMH, BSc, MSt, MSc, MAREBT, BABCP EMDR & Psychotherapistion: Tel: 07530 928070 Email: enquiries@cbtnorfolk.co.uk

www.cbtnorfolk.co.uk





Méthiwolul Niersery School Bwal Pre-School Expenses to yousel the weccoming strateghen of our naturely where exceptonic care, honely surtuancings and wonderful large garten are second to name. Our highly qualified experienced staff will encound that each child's individual needs are net and provide them with the opportunity to nation new friends, develop in confidence, and become interpretent whild largewizing, thirologic plays! Open all year Monday to Friday 7am to 6pm from age 3 months to 6 years Biestifest, After School and Huikay Clubs up to the sge of 6 578 hours of Free Child Care' for all children residing in North/Suffok over the sge of 3 and 4 years. Child Care Vauchers Accepted With our website to view the tradist and learn more about on!

www.methwoldnurseryschool.co.uk.

39 Stole Road, Methods (Thefland (P26 4FE Tel: () 1366 726419

֥•× +--3 * 2

Maths Tutor

(to GCSE level)

- ·unravel problems
- · boost confidence
- · improve numeracy

A Cambridge graduate offers one-to-one tuition in your home (one-off or ongoing) £20 per hour

For details, or to arrange a £5 INTRODUCTORY SESSION contact Katherine Shaw 07773 – 433180

JET ACCOUNTANCY & BOOKKEEPING SER VICES Professional and qualified service offering:

- Accounts
- Bookkeeping
- Self Assessment
- VAT Returns
- Payroll
- CIS Returns

Tel: Louise Scott (MAAT) 07806 792211

info@jetaccountancy.co.uk

FREELANCE GROOM

All stable and yard duties undertaken

Longterm, shortterm and holiday cover

Trust worthy, experienced, caring and reliable

British Grooms Association member and

Intermediate Certificate

BHS Stage1 and RRS

NVQ Horse and Yard Safety

Equine Health (Moreton Morrell College)

References available

Contact Holly

on 07731 395142 or

Email: hollyweb92@gmail.com

NO MEAN FEET

FOOT CARE IN THE COMFORT OF YOUR OWN HOME

YOUR LOCAL CARE SPECIALIST







for the best feet in the street **CALL STEVE ON 07837 506 906**

STEVE JONES MBE, SACDip FHP(Adv), Dip C Tec, Dip Bmec, Dip RM Fellow of The Alliance of Private Sector Practitioners Member, Accredited Register of Foot Health Practitioners

NO MEAN FEET

CARE IN THE COMFORT OF YOUR OWN HOME

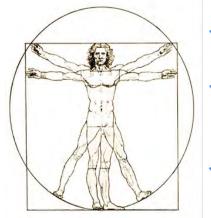
YOUR LOCAL CARE SPECIALIST





✓ REMEDIAL MASSAGE

✓ THERAPEUTIC MASSAGE



✓ SPORTS INJURY

✓ BIO MECHANICAL
& GAIT ANALYSIS

✓ THERAPY FOR PAIN IN LOWER BACK,LEG JOINTS & MUSCLES

✓LYMPHATIC DRAINAGE CALL STEVE ON 07837 506 906

STEVE JONES MBE, SACDip FHP(Adv), Dip C Tec, Dip Bmec, Dip RM Fellow of The Alliance of Private Sector Practitioners Member, Accredited Register of Foot Health Practitioners

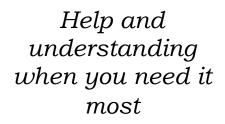


Family Funeral Directors **R. H. BOND** STOKE FERRY

Formerly G.P. Riches & Son Still family owned and now run by the 5th Generation Est. 1872

Offering a Complete Funeral Service 24 hours a day, to all areas

Salisbury House Lynn Rd Stoke Ferry PE33 9SW Tel: 01366 500241 Mobile: 07861 671325



63

WJA TILING

The Complete Wall and Floor Service

Ceramics, Porcelain, Mosaic and Natural Stone Under floor heating and Karndean

> No job too big or small All Work Guaranteed 15 years experience

For a free quote, measure up or advice Phone Will on: 07884 446257

PAUL FARRAR GENERAL PLUMBING SERVICES

ALL ASPECTS OF PLUMBING UNDERTAKEN, INCLUDING MAINTENANCE AND REPAIRS

AT COMPETITIVE PRICES

PHONE 01366 328072 OR 07725 300624

GOT DIRTY WINDOWS? G.COSTIN WINDOW CLEANING

Windows, doors, frames & sills cleaned as standard.

Gutters, fascias, conservatories & Reach & Wash Pure Water System.

Reliable & friendly service.

Other cleaning services now available.

Call Gavin 07796 606607

gcostinwindowcleaning@yahoo.co.uk

BRYAN CATER

Guild of Master Sweeps certified Clean and Reliable Certificates Issued Fully Insured Fire Parts Supplied and Fitted

Call Gavin on 01366 728342



The Poplars, Thetford Rd, Northwold, Thetford, Norfolk

TRY SAILING **IN MAY** TASTER SESSIONS

Ouse Amateur Sailing Club Sunday 20th May 1.00pm - 4.00pm

hon.sailingsec@oasc.co.uk www.oasc.co.uk

RAY GRIBBLE

Antique Restoration & Traditional Upholstery

All aspects of antique furniture restoration, including French polishing, cabinet repairs and traditional upholstery

Traditional Upholstered Furniture

Footstools, Sofas and Chairs made to commission

Picture Framing & Mirrors

www.raygribble.co.uk

Contact ray@raygribble.co.uk or phone 01366 500387

Vine House, Church Road, Wereham

D W SAVAGE "CARPENTER/BUILDER" 25 Years Experience For all your building requirements

EXTENSIONS

Kitchens, Bathrooms supplied and Fitted or just labour Conservatory, fascias, guttering Laminate or Oak flooring Patios, Decking etc. Car Ports All roof systems Renovations

> Ask for Darryl Telephone 01366 501152 Mobile 07884 373315

Richard Pooley Cabinet Maker

The Complete Kitchen Design & Installation Service

All Aspects of Carpentry & Joinery

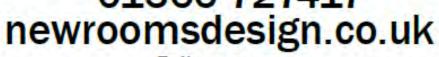
Bespoke Furniture

Wall & Floor Tiling

Tel: 01366 728791 - 07920 117784 Email: richypooley@gmail.com

newrooms kitchens bedrooms bathrooms **KITCHENS** BEDROOMS BATHROOMS FLOORING

Our showroom is located on the Brandon Road, Methwold, IP26 4RH 01366 727417





facebook

Follow us on







Jake Stansfield Itd

Plumbing & Heating

All aspects of Plumbing & Heating to the highest standard.

Gas Safe registered.

Contact 07780463787 or

01366 500469

jakestansfield@live.com



Paul Braybrooke Oil Fired Boiler Engineer Boiler Servicing

Breakdown Service

Commissions Tank Replacements Phone 01353 777788 07946 735691

Taylors Solid Fuels Family run since 1946

Regular fortnightly Solid Fuel deliveries in your area. Competitive prices and a full range of products. "Don't Shiver We

Deliver"

Quality top soils and aggregates. Bulk bags and Tipper loads from 1-20 tonnes Tel: 01842890568 or see us on www.taylorssolidfuels.co.u k

Repairs







Garden Services John Adcock

For conifer, shrub and hedge trimming

Garden Maintenance and winter 'tidy ups'

Grass Cutting for large or small lawns

New fencing erected

Power Washing

Tel: 01760 337058 or 07909 785801

ADE HARDY GARDENING SERVICES For all your gardening needs



Garden Clearances Mowing and Strimming Hedge Cutting Tree Work Fencing Winter tidy ups General Garden Maintenance

f T

To discuss your requirements call Ade on 07798 785663

No job too large or too small to be considered

Turn To Ted

Friendly, Hardworking, Handyman, Gardener, DIY

£15 per hour, 1hour min

No job too Small or Large

Telephone

07967 796992

Tim's Tree Services

Pruning Topping Felling Clearing

All aspects of tree and hedge



work undertaken Over 30 years



experience Qualified - Insured

Call 01366 347656 or 07867 764307 For your free quote LOCAL MAN - LOCAL RATES

D.J.B.

LANDSCAPING

:Driveways : Paving : Fencing : : Garden Clearance : : Hedge Maintenance :

: Grass Cutting / strimming :

: Building Repairs / Maintenance : : Concreting :

All jobs considered

David Bennett

Mobile 07795 833440 Fakenham 01328 700859





Geoff Dixon

Geoff Dixon Carpentry, Joinery and Handyman Services, Beachamwell

Over 45 years experience in this industry. I have experience and am happy to carry out jobs such as; fascia and guttering repairs or cleaning; external fence panelling repairs, replacement/ treatments; gates made; doors and locks repairing and replacing; refitting and refurbishment of kitchen cupboards; shelving; and general maintenance jobs around the house.

> No job is too small, if there's something you'd like doing that I haven't listed, Please get in touch and ask.

Telephone: (01366659828 _) Mobile: 07726 584502
Email: geoff@norfolkshandyman.co.uk
@ Web site: www.norfolkshandyman.co.uk



Fabrication of a variety of metals Mechanical engineering

States & accessories

Peter Garner Mechanical Services Shingham Lane, Beachamwell,

Swaffham, Norfolk. PE37 8AY. Tel: 01366 328823



R D VOUTT & SON

PLASTERING

All aspects of plastering & floor screeding.

Contact Bob on 01366 328 545 mobile 07799514635 <u>rdvoutt@yahoo.co.uk</u>

Peckhams Plumbing

John Peckham Friendly local Plumbing and heating engineer

All Work Undertaken Big Or Small

Fully Qualified and Insured

No Estimates Just 1 Price



No Call Out Fees rdvoutt@yahoo.co.uk



✓ Full Heating Systems
✓ Heating system updates
✓ Radiator changes
✓ Oil Tank changes
✓ Fully Fitted Bathrooms
✓ Fully Fitted Bathrooms
✓ Leaks And Repairs
✓ Tilling
✓ Boiler replacements & repairs
✓ Boiler Services

Tel: 07534892411

Five free garden waste subscriptions to be won.

Now is the ideal time to get out into the garden for a good clear and tidy ahead of the growing season. Taking advantage of Breckland's brown bin service makes disposing of your garden waste simple and straightforward and, if are a subscriber to the service on 30 June 2018, you could win a free annual subscription.

Not yet subscribed? To be in with a chance of winning, simply sign up to the service online at <u>www.breckland.gov.uk/gardenwaste</u>, where you can find more details about the service. Residents who have already signed up online are also eligible to enter - if you win a free subscription we'll send a refund cheque.

To be in with a chance of winning, entrants must also email <u>communications@breckland.gov.uk</u> and

Entitle their email 'Garden Waste competition'

Provide their name, age and address

State how they first heard about the competition. This could have been through an article in a community newsletter or in Breckland's Transforming Breckland magazine, in the local paper, or perhaps on Twitter or Facebook.

The competition closes on June 30 2018, and the five winners will be notified in July. To be eligible to enter the prize draw, you must be aged 18yrs or over, live in Breckland, and have an active garden waste subscription on 30 June 2018. One entry per household. Full terms and conditions at <u>www.breckland.gov.uk/Ts-</u>



TRIVIA QUIZ

1. The Whitsunday Islands are located off the coast of which country?

2. Which artist's studio was known as the factory?

3. What is the lightest of all the elements and has the atomic number 1?

4. Which note does an orchestra tune to?

- 5. In the world of weaponry, what do the initials ICBM stand for?
- 6. Which Italian city is home of the car manufacturer Fiat?
- 7. What is North America's highest mountain?
- 8. The song The Rhythm Of Life comes from which musical?
- 9. The Stratocaster is a model of which guitar maker?

10. What month in 2007 was the smoking ban in England introduced?

11. Who was the BBC reporter kidnapped in the Gaza Strip and later released in July 2007?

- 12.Cristina Kirchner became the first elected woman president of which country?
- 13. The iPhone was launched by which company?
- 14. What colour are the berries from the rowan tree?
- 15. Which country has the international car registration letter A?
- 16. Who was the first British monarch to broadcast a Christmas

message to the nation?

17 Which of the Wise Men was said to have brought the gift of gold for the

. Melchior	.71		
TOIDOIDNA	21	Sweet Charity	.8
George V 1932	.91		
		Mount McKinley	.7
Austria	12.	Turin	.9
рәЯ	.41	· ±	Ũ
	_	Intercontinental Ballistic Missile	5.
əlqqA	13.	А	.4.
. Argentina	12.	v	V
	07	Hydrogen	3.
nosndol nslA	.11		
July 1st	.01	Andy Warhol	Σ.
10 F VIU	01	Australia (Queensland)	٦.
Fender	.6		-
		SJ	9wsnA

Traditional Values ...



Life has changed so much since this photograph was taken...

But the traditional values of honesty, integrity and service associated with the time are an essential part of our business.

So if you are thinking of buying, selling, letting or renting and seek the reassurance of an Agent practicing these traditional values, yet with a modern approach, please call us on 01366 388991



19a High Street, Downham Market, Norfolk, PE38 9DA info@ashtonroberts.co.uk www.ashtonroberts.co.uk



Saint John's Way Saint John's Business Estate Downham Market Norfolk PE38 0QQ

Easy access, ample on-site parking, dedicated sterile operating theatre, dedicated dental suite, separate dog and cat wards, isolation ward, all staff and facilities on one site, x-ray suite, inhouse laboratory, ultrasound facilities, Pet Passport, export services and 24 hour nursing cover.

Many practices now use other veterinary surgeries for their out of hours work. This means that you will have to travel to an unfamiliar practice which is likely to be much further away. Despite being only a two vet. practice we continue to do all of our own on call cover. The phones are diverted directly to the vet on call as we know that clients appreciate a familiar voice at the end of the phone, 24 hours a day, who knows their pets and, if treatment is necessary, then they prefer to travel to their own practice to be seen. This is part of our Professional and Personal service that our existing clients are accustomed to and we warmly welcome new clients who wish to register with us.

Our surgery times are listed below. Please note that appointments are now necessary for all evening surgeries.

Open surgeries: Monday to Friday, 9-10am, Saturday 10-11.30am

All other consultations will be by appointment only so please ring in advance info@crossingsvets.co.uk

01366 382219

www.crossingsvets.co.uk