

Group 4
NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

June 2014

WELCOME



Hope you enjoy this latest edition of G4N.

Once again, there are so many events taking place in the villages and surrounding area we are spoilt for choice. If you are able to attend any of those advertised the organisers will be more than pleased and appreciate your support.

Happy Summer and as always, 'Happy Reading

The Editorial Team
Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

© Copyright Group4 News 2014

GROUP 4 TEAM VILLAGE CONTACTS

Barton Bendish: Jill Mason
Sandmere, Church Rd, Barton Bendish
Tel: 01366 347 928
Masons@sandmere66.fsnet.co.uk

Beachamwell: Eileen Powell
20 All Saints Way, Beachamwell
Tel: 01366 328 648
powells@beechamwell.plus.com

Boughton: Pam Wakeling
Robet, Mill Hill Road, Boughton
Tel: 01366 500 429
p.wakeling621@btinternet.com

Wereham: Viv Scott
Orchard House, Flegg Green, Wereham
Tel: 01366 500346
farthings@tiscali.co.uk

Please submit all information through your Village Contacts.

Deadline for copy: 11th of each month

ADVERTISING

Alan Pickering Tel: 01366 501035 or
07779 787499
e.mail: group4news@gmail.com

If you use any of the advertisers in the magazine, please mention where you have seen their advertisement.

WEBSITE

www.group4news.co.uk
Kevin Fisher, Tel:01366 502224

‘FROM THE RECTORY’



New Rectory
High Street
Fincham nr. King's Lynn
Norfolk
PE33 9AP
01366 348079

Dear All,

The cricket season is well under way. I like cricket, but I don't get to see many matches these days.

A day at a match is a real treat. When you watch a match it's obvious that teamwork really matters. One player doesn't make a team, and when a team wins a trophy, the Captain always says that it was a team effort rather than being down to one or two individuals.

Fans always dream of what might happen when the sporting season starts, and if there is an Olympics or Commonwealth Games coming up, we talk about how athletes have hopes of winning gold medals. All sports fans live in hope.

Christians live in hope, too, and their hope is in Jesus. Sometimes our sporting heroes let us down because, as humans, they make mistakes or don't always give one hundred per cent. Jesus never lets us down. He is someone who is always there for us. So three cheers for Team Jesus – the one team that is never beaten!

Yours in His service

Barbara

BENEFICE NEWS

Bishop Stephen Conway – Archdeacons’ Visitation, Ely Cathedral

Many of you were generous enough to read and respond to my document,



Imagining the Future. I believe that these attributes are distilled in our vision that we pray to be generous and visible people of Jesus Christ. We are united in being called by God as disciples. One of the children who responded to *Imagining the Future* imagined walking up the aisle as walking up God’s backbone to meet Jesus’s heart at the altar. Churchwardens may not have a vocation to that role for a life time as clergy and other ministers do; but God uses the authority of election to serve His purpose for the Church, too. It is all about how we discern God at work and then join in. We are seeking to do what we have been called to be: a growing and responding Church in our fast-changing region. We have a group coordinating consultation about the needs of

our multi-parish benefices in the diocese. We have 83 church schools across the diocese, for the improvement of which we are delighted to have greater responsibility. We have just established a link with the Diocese of Kigali in Rwanda. Second, we aim to grow God’s church by finding disciples and nurturing leaders. God converts people; we just do the nudging and nurturing. We are all called as disciples of Jesus to be his witnesses and friends. If we get discipleship right, we shall never lack a healthy stream of people seeking ordination and other forms of public ministry. We need leaders in our parishes and schools who are confident enough for that leadership to be shared. Third, we aim to deepen our commitment to God through word, worship and prayer. Sunday’s gospel reading draws us to Jesus the Good Shepherd. Our mission will be much more effective if we create more opportunities for collective daily prayer in our churches and our homes.

As a diocese, we are working on a strategy for our future. Once it is agreed, all of our deanery planning and diocesan support will be judged against the strategy which expresses the imperatives.

It is how we invite God to grow his Church in the Diocese of Ely. Amen.

BENEFICE NEWS

20th Anniversary of Ordination of Women

Message from Bishop Stephen:

On Saturday 21 June, the diocese will celebrate the 20th anniversary of the ordination of women to the priesthood with a Eucharist in Ely Cathedral at 1.30pm.

I am delighted that the Very Revd Catherine Ogle, Dean of Birmingham, will be the guest preacher at the Eucharist.

The service will be followed by afternoon tea in the garden of The Bishop's House.

This is a celebration of the ministry of all who offer their gifts in the service of the diocese, as well as an opportunity to give thanks for the ministry of women clergy.

Please encourage members of your parishes to attend. Children are particularly welcome and there will be supervised activities for them in the cathedral during the service and at the reception afterwards.

In order to assist those involved in the practical arrangements, please let Ruth Gildersleve know whether you will be attending and whether you will be bringing others. It would be particularly helpful to know whether you are bringing children, so that enough qualified adults are recruited to take care of them. Contact Ruth on email ruthg@miscom.co.uk or tel: 01954 719718 (Papworth Team office).

I look forward very much to seeing as many of you as possible on 21 June

First World War commemoration resources

The Church of England website commemorating the centenary of the First World War has been launched:

www.churchofengland.org/ww1

The site provides information about national and local events as well as liturgical resources.



COUNTRYSIDE NOTES

Norfolk Dialect

I meant to put this article together before the last appearance of the Singing Shepherd and his twin brother the Vocal Yokel so it would be easier to understand what they were saying. While their songs have more of a west country flavour the jokes (?) are true Norfolk. As with many rural counties, families who have lived there for generations retain remnants of the local dialect which I for one had to learn to interpret when I first met David and his family. Forty odd years ago the dialect was often spoken and I soon became familiar with some of the words, it wasn't long before I began using them myself.

The locals always enjoyed a '**mardle**' (chat) which could be about a '**mawther**' (woman) but was more often connected with rural life. Conversation usually began with a moan about the weather being '**daggly**' (damp) and the '**hod-a-me-dods**' (snails) eating the plants although a '**mavis**' (songthrush) had been doing a good job bashing them on stones. There was a '**king harry**' (goldfinch) nesting in the privet hedge as well as a '**spinks**' (chaffinch) and there were a lot of '**bishibeets**' (ladybirds) about. Young Ching recounted a recent ramble through the countryside. Walking down the '**loke**' (short lane) and across the field he'd seen a covey of partridges '**busking**' (dustbathing) along with a rare '**stone runner**' (stone curlew) and a '**mawkin**' (scarecrow) had been put out to keep the '**crows**' (rooks) off the newly sown corn. A '**chooser**' (rat) had scurried into the hedgerow and there was a '**dickey**' (donkey) in the next field. On past the '**pit**' (pond) where '**brakes**' (bracken) grew along the edge of the '**drift**' (farm road) then across the '**drain**' (dyke) and down to the '**fleet**' (shallow) stream. He climbed the gate which was '**on the sosh**' (slanting) and sat down to eat his '**dockey**' (lunch). A '**rannie**' (shrew) rustled about in the grass, a '**water hen**' (moorhen) swam across the stream and further along an old '**harnser**' (heron) stood still as a statue. He was able to wade across because he had his '**water boots**' (wellingtons) on and found an old branch his Mum could use as fire wood which he '**ligged**' (dragged) back home.

When he got there she '**mobbed**' (told off) and he got a '**ding**' (cuff) round the '**lug**' (ear) because he was late and the '**swimmers**' (dumplings) in the stew were getting '**claggy**' (moist or sticky). She '**hulled**' (threw) the paper at him, it '**thacked**' (hit) him on the arm. He thought this was a bit '**stingy**' (mean) but her '**screws**' (rheumatics) were giving her some '**jip**' (pain) and she also had a '**tissick**' (tickly cough). He felt like '**blarring**' (crying) and did when she got a '

GARDENING TIPS

Since early in March this year the weather has, so far, been rather kind to us gardeners. It was therefore quite disappointing to hear the forecasters suggesting a frost developing in the early hours of May 3rd and 4th. I hope none of you were caught out and lost or suffered damage to some of the more tender plants! I heeded the warnings and put away those of my early subjects that I could – a somewhat tedious but worthwhile job. Others, that I had taken a chance with, had to stay put! Fortunately the area where I live had no frost on the morning of the 3rd but I am quite sure there was a frost period in the early hours of the 4th but, in my garden, no damage ensued. Most plants are so much further forward this year and if we do get any frosts later on in the month then I fear the soft fruit crops could really suffer. Do please keep an ear to the weather forecasts and protect where possible. On a brighter note I heard the first call of the cuckoo on Tuesday morning, April 29th and then another call on Friday, May 2nd so perhaps summer is just round the corner!

Despite all the rain throughout last autumn and winter many areas, particularly those on the sandier soils, are becoming very dry and as a result some plants will soon need watering to keep them in good condition. Normally I avoid watering if I can other than for potted subjects, but there are instances where it is vital and this year it may well be that soft fruits and later cane fruits will need that extra bit of assistance to ensure a good crop of fruit. Don't forget to give these plants a top dressing of sulphate of potash to improve the quality of your fruit. One dressing before a good watering will be quite adequate.

Your sweet peas, if cordon grown, will now be coming into the period when they will need close attention to remove all the side shoots, tendrils and aphids. Keep the soil around the plants nice and moist, but not too wet. As soon as the first flower buds are well developed start feeding the plants with something like phostrogen once a week. When the plants are really well in flower it is advisable to increase the feeds to twice a week. If you intend, as I hope you will, to exhibit in one of the local Shows, cut the stems as long as possible, the night before the show and keep them in deep water overnight, this will help to enhance the size and quality of the blooms. If you grow for general use around the home then still give them that extra bit of attention – too many side shoots, although giving a mass of colour, will only detract from the size and quality of your flowers. The more growth you allow the greater is the need for feeding.

By June the danger of any frosts should be passed and the more delicate subjects can be planted out in the garden. We have had a very early season,

GARDENING TIPS

but don't be in too much of a hurry with anything that is really tender, there is always that late frost risk even in early June.

Those of you who took a chance in the vegetable garden with the early season, and were prepared to give the necessary protection to their plants in the event of frost, will soon be reaping the benefit. With that thought I can almost taste the delightful flavour of that first feed of new potatoes, young tender carrots and early peas assisted by a sprig of fresh mint. It is to my great regret that so many people have never had that wonderful experience and don't know what fresh vegetables from the garden taste like!

I am again growing my tomatoes in the new system that I wrote about in a recent article. This year because of an early holiday, I have had to bring-on all of my plants earlier than usual and as a result my tomatoes are well advanced. They were put into their permanent growing pots on 9th of April having already been potted on twice. They now have the first truss in full bloom, and the second and third trusses fully formed (May 3rd). This year I have given the plants less water in the early stages in their permanent quarters than has previously been the case to make them search for their water and hopefully develop a much stronger root system, and it seems to be working well as the plants seem to be much stronger and more robust than usual. I will report further in due course.

I hope all of your lawns are recovering after the very wet winter. As I reported earlier, parts of my grassed areas were badly infected by moss. I have treated them as previously reported and I am pleased to say that they seem to be recovering well.

With the holiday season fast approaching, I wish all of my readers a happy and satisfactory vacation wherever it may be. **Roy Coughtrey**

COUNTRYSIDE NOTES

shiver' (splinter) out of his hand with a **greart** (great) big darning needle.

I know this sounds a load of old **'squit'** (Norfolk nonsense) but honestly it's the way they used to talk.

If anyone is interested there is a group trying to preserve the local dialect known as Friends of Norfolk Dialect (F.O.N.D) and they have put an excellent 'dictionary' on their website **Jill Mason**

MEET YOUR NEW BRECKLAND MASTER GARDENERS!



Our newly-trained green-fingered growers will soon be out and about, using their knowledge to nurture novice gardeners, and kick off the two-year Breckland Master Gardeners project.

Following a successful training session last month, the Breckland Master Gardeners project



is up and running. There are now 21 experienced Master Gardeners who are keen to get started in supporting and mentoring families and individuals throughout Breckland in growing their own food.

Interested? You don't need to have grand ambitions – you could just start small with pots of herbs and salad leaves by the kitchen door. Do what is achievable within your daily routine and enjoy the results.

The Breckland Master Gardeners project, which is funded by Breckland Council and the Health and Wellbeing Board and managed by Garden Organic, is part of a national programme supporting new home-food growers.

To find out where your nearest Breckland Master Gardener is based, contact: Gabbie Joyce on 07584 583803

email gjoyce@gardenorganic.org.uk

look on the website www.norfolk.mastergardeners.org.uk

LIVING INDEPENDENTLY IN LATER YEARS (LILY)

This is an online directory for West Norfolk that brings together information about a wide range of activities, services, advice and guidance, primarily for the over 65s, providing an easy-to-access, easy-to-use reference and signposting guide. LILY is arranged into ten simple-to-search categories and there are useful filters and quick links that make finding information quick and easy. Whether you're looking for a club or activity close by, perhaps you want travel or mobility advice, or maybe you need tips for managing your money ... then LILY can help. If you're concerned about staying safe, worried about having a fall, or if you're at home caring for someone ... LILY can help you to find the advice and help you may need to help make your life a little easier

If you don't have a computer you can still access all the information in the LILY directory by calling 01553 616200 and speaking to a member of the Council's Customer Services team. An advisor will search the directory on your behalf and give you all the relevant information. If required, this information can then be sent to you, or to a relative, friend or carer, by post or email.

Organisers of regular activities, such as clubs or support groups, or community services for older people living in the region, can have details included in the LILY directory. Just email asklily@west-norfolk.gov.uk or call 01553 616200 with details.

If you're over 65 and you want to know what's going on the area or if you need signposting to specialist services, simply Ask LILY at www.asklily.org.uk or call 01553 616200

The LILY directory is a West Norfolk Partnership project, led by the Borough Council of King's Lynn & West Norfolk

Joanne Mawson

Project Officer

Borough Council of King's Lynn & West Norfolk

Telephone: 01553 616653

Email: joanne.mawson@west-norfolk.gov.uk

Website: www.west-norfolk.gov.uk

VOLUNTEERING OPPORTUNITIES AT DOWNHAM MARKET LIBRARY

Are you interested in volunteering at your local library? Downham Market Library has several volunteering opportunities available at the moment:

1. Volunteering to help out with our Friendship group
2. A coffee morning / event volunteer
3. Computer buddy (helping those new to the Internet)
4. For those aged 13 - 25, a summer reading challenge volunteer role taking place over the summer holidays.

You can meet new people, learn new skills, gain confidence and give something back to the community, all in a friendly environment.

Hours range from 2 - 4 hours per week depending on what individuals are able to spare. Full training is given on all of these roles.

For further information about any of these roles please contact the library on 01366 383073 or alternatively visit our website on www.library.norfolk.gov.uk and select **Volunteer with us**.

Free workshop from the Norfolk Record Office

Researching your Military Ancestors. 90 minute workshop including introduction and hands-on-workshop, led by Elizabeth Budd Downham Market Library Thursday 19th June 4.30pm. To book contact the library on 01366 383073.

Downham Market Library Friendship Group

Meets every two weeks on Tuesday afternoons, 1-3pm, at Downham Market Library, starting 27th May 2014. Come along and join in, open to all and all welcome. Most meetings will include an activity, talk or information and advice session. £1 per session includes refreshments. For further information please contact the library on 01366 383073 or Gemma on 07795 238239

Elena Parkin

Community Librarian, Norfolk County Council, Gaywood, Downham Market and Hunstanton Libraries

Gaywood - 01553 768498

Downham Market - 01366 383073

Hunstanton - 01485 532280

Mobile: 07786198618

Email: elena.parkin@norfolk.gov.uk. <http://twitter.com/NorfolkLibs>

www.facebook.com/norfolklibrariesUK. www.facebook.com/LynnLibraries

BRECKLAND FITNESS IN LATER LIFE FOR THE OVER 50'S

Taking part in organised physical activity is a great way to keep fit and active and make new friends.

A new scheme from Breckland Council gives people over 50 years the opportunity to take part in a wide variety of sports and physical activities and meet others with similar interests.

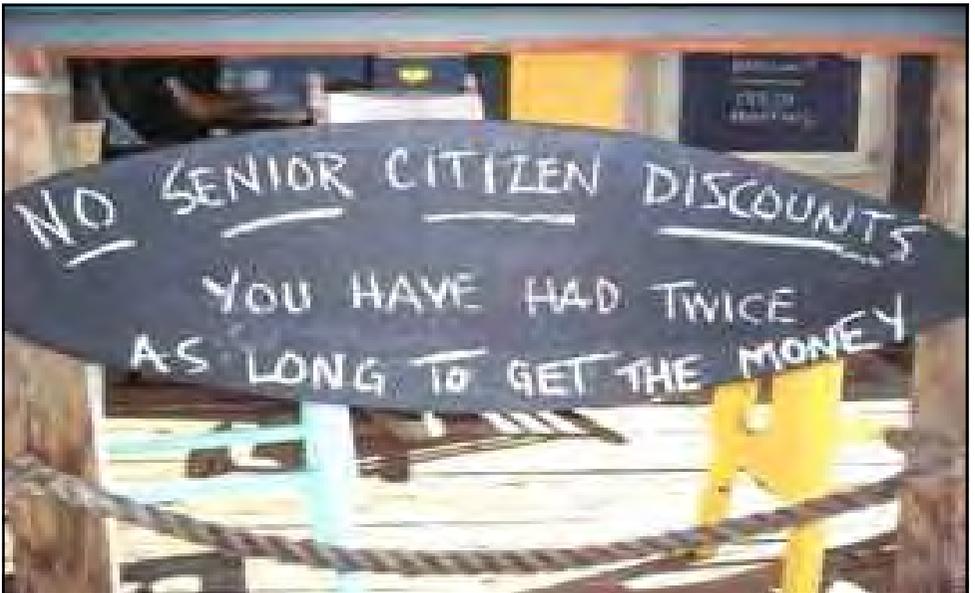
If you live in a rural part of the Breckland district, are aged over 50 and are interested in getting together a group of like-minded people to take part in moderate exercise, then the Breckland Fitness in Later Life Scheme would love to hear from you.

There's a range of equipment available for your group to hire under the scheme, such as croquet, boccia and carpet bowls sets, tennis racquets and balls, exercise mats and circuit training equipment. Alternatively, grants of up to £500 are available to subsidise start-up costs and help your group get going.

For more information look on the Breckland Council website

www.breckland.gov.uk/fill or call Breckland Council Community Officer

Stefan Clifford on 01362 656870.



NEW ALPHABET

A is for apple and B is for boat, that used to be right but now it won't float!
Age before beauty is what we once said but let's be a bit more realistic instead.

Now for the Alphabet.....

A is for arthritis,

B is the bad back;

C is the chest pains, perhaps car-di-ac?

D is for dental decay and decline,

E is for eyesight, can't read that top line!

F is for farting and fluid retention,

G is for gut droop, which I'd rather not mention.

H high blood pressure—I'd rather it low;

I for incisions with scars you can show.

J is for joints, out of socket, won't mend,

K is for knees that crack when they bend.

L is for libido, what happened to sex?

M is for memory, I forget what comes next.

N is neuralgia, in nerves way down low;

O is for osteo, bones that don't grow!

P for prescriptions, I have quite a few, just give me a pill and I'll be good as new!

Q is for queasy, is it fatal or flu?

R is for reflux, one meal turns to two.

S is for sleepless nights, counting my fears,

T is for Tinnitus; bells in my ears!

U is for urinary; troubles with flow;

V for vertigo, that's 'dizzy,' you know...

W for worry, now what's going 'round?

X is for X ray, and what might be found.

Y for another year I'm left here behind,

Z is for zest I still have - in my mind!

I've survived all the symptoms, my body's deployed and I'm keeping twenty-six doctors fully employed!

NHS BLOOD AND TRANSPLANT

Give blood and be part of the Greatest Team in the World

NHS Blood and Transplant is asking new and existing donors to give blood and be part of the Greatest Team in the World to help maintain healthy blood stocks for patients throughout the busy summer months.

The number of people donating blood often falls during the summer and this year's football World Cup may present even more of a distraction.

Jon Latham, Assistant Director for Donor Services and Marketing at NHS Blood and Transplant, said: *"We want to remind everybody that the need for blood will continue even when their attention turns to the beautiful game. While the overall need for blood within the NHS has been reducing, thanks to improvements in clinical practice and our work with hospitals, we still need more than 7,000 people to attend a blood donation session every day. Voluntary donors enable us to collect the amount of blood hospitals across England and North Wales need to treat patients.*

"So if you have an appointment coming up in June or July please keep it. And if you have time to donate, why not book an appointment to give blood and save lives? We particularly need our O Rh Negative and B Rh Negative blood donors and our platelet donors to keep attending.

"The Greatest Team in the World is never complete, so if you've never given blood before come and join us. We always have spaces in our squad as we continually need new donors to replace our former team members who can no longer donate for reasons such as illness or pregnancy. So come on, why not get off the bench and join the Greatest Team in the World?"

Every blood donation saves or improves the lives of up to three people, and if each member of the England World Cup squad gave blood, they would save or improve the lives of up to 69 people. In general, as long as you are fit and healthy, weigh over 7 stone 12 lbs (50kg) and are aged between 17 and 66 (up to 70 if you have given blood before) you should be able to give blood. If you are over 70, you need to have given blood in the last two years to continue donating.

For more information or to book an appointment visit www.blood.co.uk or call 0300 123 23 23.

For additional information please contact the NHS Blood and Transplant press office by calling 01923 367600.

For urgent, out-of-hours enquiries please call 0117 969 2444.

UNHAPPY WITH THE SERVICE YOU OR SOMEONE YOU KNOW HAS RECEIVED FROM THE NHS?

The NHS Complaints Advocacy service is here to help you if you are unhappy with the service you have received from the NHS, including services, care or treatment provided by a doctor, dentist, hospital, ambulance service or pharmacy.

The NHS Complaints Advocacy service is free, confidential and independent of the NHS.

In Norfolk, the NHS Complaints Advocacy service is provided by a partnership of Age UK Norfolk
Equal Lives
Norfolk RCC
POhWER.

Our advocates can help you to make a complaint and support you through the NHS complaints process. This can include explaining your options and supporting you with things like writing a complaint letter, attending a complaint meeting or signposting to other organisations if appropriate. You can also make an NHS complaint on someone else's behalf.

Whilst many of us don't like complaining, the complaints process is not only a way of resolving issues you or those close to you have faced but it is also an important way to help improve the NHS care in Norfolk.

Visit www.pohwer.net/our-services/nhs-complaints-advocacy
or call 0300 4562370 for more information about the service

Remember

Life should NOT be a journey to the grave with the intention of arriving safely in an attractive and well preserved body but rather to skid in sideways

Chardonnay in one hand

Chocolate in the other

Body thoroughly used up, totally worn out and screaming....

'WOO HOO, What a Ride'

YOUR LOCAL SCOUT GROUP NEEDS YOU!

Wereham and Wretton Scout Group is comprised of 3 sections:

- Beavers (age 6 to 8)
- Cubs (8 to 10½)
- Scouts (10½ to 14)

and attracts boys and girls from the local area. We are fortunate to have a well maintained Scout HQ on the outskirts of West Dereham to hold our meetings, with surrounding grounds for outdoor activities and camping, as well as an enthusiastic and active committee to support the Group.

Scouting is currently more popular than ever in the UK and recruiting young people to join is easy. However the Wereham and Wretton Group are currently short of leaders and can only continue to provide the varied opportunities Scouting can offer by recruiting new adult volunteers.

You don't have to be an adventurer like Chief Scout Bear Grylls to get involved with Scouting, neither do you have to have been a Cub, Scout, Brownie or Guide to become a Leader. Do you have first aid knowledge? Or a flair for craft activities? Perhaps a DIY whizz or handy in the kitchen? We all have useful skills and you can volunteer and help in many ways. Volunteering is fun; the amount of time you give is up to you and the role can be adapted to fit in around other life commitments. Not all roles need to be done by just one person – you may have one or more friends or family members that would 'job share' with you.

Scouting gives adults a chance to get involved with their local community and to make a difference to the lives of young people. Volunteers are likely to find and develop new skills which may be difficult to gain in the workplace and enhance their team-working abilities.

The Scout Association has a wealth of resources to assist recruits and a range of training opportunities is available, both locally and online.

If you are interested in finding out more, please get in touch.

Paul Smith, Group Scout Leader

1st Wereham & Wretton Scout Group

Telephone 01366 501224

email wereham.wretton.scouts@gmail.com

THE FOLLOWING QUESTIONS WERE SET IN RECENT EXAMINATIONS

These are purported to be genuine examination answers (from 16 year olds) and soon they will be voting in the UK!

Q. Name the four seasons.

A. Salt, pepper, mustard and vinegar.

Q. How is dew formed?

A. The sun shines down on the leaves and makes them perspire

Q. What guarantees may a mortgage company insist on?

A. If you are buying a house they will insist that you are well endowed.

Q. What are steroids?

A. Things for keeping carpets still on the stairs.

Q. What happens to your body as you age?

A. When you get old, so do your bowels and you get intercontinental

Q. What happens to a boy when he reaches puberty?

A. He says goodbye to his boyhood and looks forward to his adultery (So true)

Q. Name a major disease associated with cigarettes.

A. Premature death.

Q. How can you delay milk turning sour?

A. Keep it in the cow (simple but brilliant)

Q. How are the main 20 parts of the body categorized (e.g. The abdomen)?

A. The body is consisted into 3 parts - the brainium, the borax and the abdominal cavity. The brainium contains the brain, the borax contains the heart and lungs and the abdominal cavity contains the five bowels: A, E, I,O,U. (WTF!)

Q. What is the fibula?

A. A small lie.

Q. What is the most common form of birth control

A. Most people prevent contraception by wearing a condominium.

Q. What is a seizure?

A. A Roman Emperor. (Julius Seizure, I came, I saw, I had a fit)

Q. What is a terminal illness

A. When you are sick at the airport. (Irrefutable)

Q. What does the word 'benign' mean?

A. Benign is what you will be after you be eight (Brilliant)

BARTON BENDISH 'PLACE NAMES' QUIZ SHEET

1 Rodent funeral (10): Shrewsbury, 2 Bigger than a puddle (5): Poole, 3 This would look big in anything!! (3 4 6): Six Mile Bottom, 4 Delia does this (8): Bakewell, 5 Hopefully with 20/20 vision (3): Eye, 6 Editors do a lot of this (7): Reading, 7 Jonathon gives his reasons (4 2 3): Ross on Wye, 8 Maybe they are growing a crop for Royal Ascot? (8): Hatfield, 9 Henry VIII's Miss Redgrave (5,4): King's Lynn, 10 The breath of life (3): Ayr, 11 Colourful earth works (8): Redditch/Redgrave, 12 Soldiers do this (5): March, 13 Entrance to a sheep field (8): Ramsgate, 14 A retro hag (9): Harrogate, 15 A challenge for some Swedish singers (8): Aberdare or Waterloo, 16 Taffy and Gareth may have fish here (9): Welshpool, 17 How would a cowboy mark his cattle? (7): Brandon, 18 Chilly little river (10): Coldstream, 19 More recent than Windsor's (9): Newcastle/Cambridge, 20 Noel Coward's spirit (6): Blythe, 21 First lady's meat (7): Evesham, 22 A Ferrari for example (6): Redcar, 23 A cross is the destination for this equine hack (7): Banbury, 24 You may get this at airport security (8): Feltwell/Friskney/Chequers/Longslow/Scarning, 25 Behind rug (9): Edinburgh, 26 Truck (7): Bedford/Leyland, 27 Does he go up here with Posh? (7): Bexhill/Wembley/Beckton, 28 Ruby nectar (10): Canterbury, 29 Early British martyr (2 6): St Albans, 30 Parsley, sage, rosemary and thyme (11): Scarborough, 31 We could have lost it to the Euro (8): Stirling, 32 Way down to a grand entrance (11): Broadstairs/Grangemouth, 33 Staple of a picnic (8): Sandwich, 34 You can win this but still lose the war! (6): Battle, 35 Protect your salmon (9): Fishguard, 36 If you are tired of walking, you can do this (4): Ryde/Holt, 37 You would expect it to have better pictures than a diary! (9): Callander/Lichfield, 38 Almost where the Crawley's might shop!! (7 6): Downham Market, 39 Cereal crop (3): Rye, 40 Smaller than Felixstowe and Rotterdam (10): Littleport/Portsmouth, 41 Good print for a scarf! (7): Paisley, 42 Marmalade or cake (6): Dundee, 43 Good place for a soak (4): Bath, 44 Gordon for instance (6): Ramsey, 45 High stepping horse (7): Hackney/Upshire, 46 Cattle crossing (6): Oxford, 47 Where tumblers almost shine (7): Glasgow, 48 Longed for in a desert (5): Wells/Poole, 49 A bit more than a male thorax (10): Manchester, 50 A place to grow intelligence (9): Braintree/Bletchley, 51 Tying up in a marina (7): Docking/Hitchin, 52 Useful farm implement (6): Harrow, 53 Mr Moore perhaps (6): Dudley, 54 Can be hard to get rid of! (7): Staines/Molesey/Sticker, 55 Number 6 must have escaped by now (11): Portmeirion, 56 Add more than a possibility to a greeting medium (7):Cardiff,

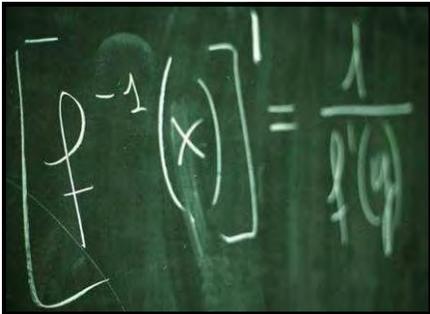
BARTON BENDISH 'PLACE NAMES' QUIZ SHEET

57 Not a dreadful oriental stallion! (6 5 4): Weston super Mare, 58 Sounds like a Potter character and its home (12): Peterborough, 59 Where the Queen's birds take to salty water (7): Swansea, 60 Layered orifice (8): Plymouth.

Thank you to all who took part in our quiz. There was a spelling mistake in clue no 48 "dessert" was printed and not "desert" which was the appropriate clue. However, a number of people did realise and answered it correctly. If a sheet had all answers correct apart from that clue and therefore had 59 out of 60 it was also placed in the draw, as the error was ours. There were 6 people in the final draw. Their names were put in a hat and the winner was Mrs J Highy from Beverley, East Yorkshire. We are pleased to say that approximately 150 people took part. Many thanks as always to the people who sell the quiz sheets on our behalf. We are urgently looking for more people who would be prepared to sell our quiz sheets - it does not have to be in big numbers, selling 5 is a great help - either locally or further afield. We currently have friends or relatives of locals selling in Somerset, Scotland and Cambridgeshire, or if you know of a business or organization that would be prepared to have a stand with some in to sell, please let us know.

Other charitable organizations are welcome to use part or all of this quiz sheet but we ask that a donation is made to St Andrew's Church Funds.

Maths Magic



Just try it.....

$$259 \times \text{your age} \times 39 = ?$$

You will get an interesting result

hmmmm...
and yet another
day has passed
and I did not
use Algebra
once...very
interesting.





DEREHAM 5K AND 1K FAMILY FUN RUN

Feeling up to a challenge? Entry is now open for the fourth annual Dereham 5K run.

The 5K race starts on London Road, just to the south of the Recreation Ground, with a 2-lap loop of the town centre before finishing on the Recreation Ground; road closures and diversions will be operating in the town between 9-10am. For those who prefer something less challenging, there's 1K family Fun Run in the Recreation Ground.

Both runs will be held on Sunday 20 July 2014 at Dereham Recreation Ground, Station Road, Dereham. The event is organised by Breckland Council in partnership with Dereham Runners and supported by Dereham Town Council, Hire-a-lite Traffic Management Services and Parkwood Leisure.

For more information about the two races and how to enter, look on the Breckland Council website, www.breckland.gov.uk/dereham5k, or call Breckland on 01362 656870.

A FEAST OF ACTIVITIES FOR ALL AGES

The summer family favourite, 'Festival on the Farm' is back for a third year, with a packed programme for children - and the return of an extra-special guest, the Gruffalo.

The event will be held on Saturday 26 July from 10am - 5pm and is based in the beautiful grounds of Gressenhall Farm and Workhouse. Treats include a woodland survival camp where children and parents can learn to build fires and dens, a festival menagerie, the Tortoise Club, the Raptor Trust, Barry the Beekeeper, and a storytelling tent with local author Karen Clarke. Pif Paf Theatre is back with their bee guides Bombus and Borage, exploring all things Bees and Pollination. There will be tasty treats for sale from local food producers, as well as an Art Fair featuring work by local artists.

Even better, after paying the single admission charge all activities, with the exception of the Gruffalo Feast, are free.

The Festival is organised and funded by Breckland Council. The ticket price includes entry to the Gressenhall museum. Online bookings can be made at www.fotf14.eventbrite.co.uk (no card charges). The full programme of events for the day is available at www.festivalonthefarm.com or just call 01362 656870.



Oxburgh Hall - What's On 2014

Oxborough, King's Lynn, Norfolk PE33 9PS

Telephone 01366 328258 Email oxburghhall@nationaltrust.org.uk

To avoid disappointment, please book events in advance on 01366 327242, unless otherwise stated. A small booking fee applies to bookable events.

JUNE

A Wander in the Wash-pit - Throughout June and July. The Wash-pit field (normally closed to the public) will be open for visitors to walk through and experience a wetland meadow (weather permitting) - **Normal admission.**



Bee Aware - Saturday 7 June 11am – 4pm. Learn more about the fascinating world of the bee. Meet the West Norfolk Beekeeping Association. Honey-themed menu in the tearoom - **Normal admission.**



Boys & Toys Weekend/National Gardens Scheme - Saturday 14 and Sunday 15 June 11am – 4pm

Join us on Father's Day weekend for this always popular event, with displays of boats, trains, planes and engines by a variety of model clubs. Proceeds from the 'garden only' ticket (**Sunday only**) will go to the **National Gardens Scheme** fund - **Normal admission.**



Romeo and Juliet - Thursday 19 June 7.30pm (Gates open at 6pm). Join the Lord Chamberlain's Men for the world's greatest love story, with action from the outset, jealousy, comedy, murder, banishment and the most famous balcony in the history of theatre! Bring a picnic, settle back and be swept up in the romance, drama and passion of *Romeo & Juliet*. Bring rugs or chairs. Barbecue (burgers/sausages), beverages and ice creams available. **Adult £13.50, child £9.00. At the door, (if available) £15, £10 - Booking essential.**



Volunteer Recruitment Day – Friday 20 June 10am-1pm. Come and find out more about volunteering opportunities at this well-loved property. A variety of roles available to suit all interests – meeter and greeter, room guide, garden volunteer, garden steward, catering, learning, raffle ticket seller and more - **Free drop-in event.**



Details correct at the time of going to print and may be subject to change.

Cancellation and curtailment – The National Trust reserves the right to change or cancel any of the advertised events, in which case a full or partial refund may be given. In other cases, tickets can be returned for a refund up to 14 days before the event, subject to an administration charge. Registered Charity No. 205846

Beachamwell

Open Garden Day

Sunday 1st June

Many lovely gardens are open from 12 noon – 5 p.m.

Organ recitals in the ancient thatched and round-towered St.

Mary's church, ploughman's lunches, afternoon teas with live music, variety of stalls, raffle and tombola. The exhibition created by the Connecting Threads' Group for their "Walking Weekend" will be on show in the church.

£3.00 and children free.

Enquiries 01366

328339/328706/328818

Wereham

Pop-Up Café



Tuesday

June 3rd

10.30 to 12.00

Fresh coffee/tea, home-made cakes, sit and read papers or have a natter....



Just £1.00.



All proceeds go to Village Hall.

Beachamwell

Book Group

Tuesday June 3rd

7.00 - 9.00pm

Beachamwell Memorial Hall

Book to be discussed at this meeting

'Lucky Bunny'

Jill Dawson

£2.00 + Bring & Buy Bookstall

New members welcome

Enquiries:

Leah Spencer 01366 328536

Beachamwell

Wednesday Walkers

Wednesday June 4th

Meet at 10.00am outside Beachamwell Memorial Hall

Walk will be approximately 2 hours

Dogs to be walked on a lead

Enquiries:

Sue Pennell 01366 328452

Wereham Weekly Cash



Wereham Village Hall
Wednesdays

Doors open 6.45 pm

Eyes down 7.30 pm

Raffle and Refreshments
with complimentary biscuits



Enquiries: Roger Collins
01366 500088

All proceeds go to Village Hall
Registered Charity Number 1151336 Wereham Village Hall

Wereham

Messy Church

Thursday June 5th

4 - 5.30pm

Starts in the Church followed by activities and a free meal in the Village Hall

The next Wereham Messy church will be about Noah. (No we are not praying for rain!). It will again be informal, fun and enjoyable. It will include stories, singing, activities and FOOD. Don't miss it. We are looking forward to seeing you there.

We are looking forward to seeing you.

Please put these dates in your diary
25th September and 27th November

To book places or for further information please ask Debbie or Ian Rye telephone 502083 or call in at The Old Chapel by the pond.

Beachamwell

“Pop Up” Pub

Friday 6th June & 4th July

6.30 - 11.00 Last Orders 10.45



Beachamwell Memorial Hall

Bring your friends

Licensed Bar with selection of beers,
wines and bar snacks

Enquiries

Susie Davis 01366 328249

A Beachamwell Memorial Committee
Event



The Breckland Society

Annual General Meeting

Friday June 6th

at the enchanting

WATER GARDENS, GOODERSTONE

The Breckland Society is privileged to have private access to the Water Gardens from 6.30 pm. Members and non-members can stroll through this beautiful garden, explore the nature trail, and perhaps see a kingfisher. Tea or coffee and cakes will be served in the Tea Rooms at 7.25 pm prior to the AGM.

AGM, starting at 7.30 pm, is free to members

Cost for visiting the gardens: Members:

£2.50, non-members: £5.50

Sue Pennell 01366 328452

info@brecsoc.org.uk

Boughton

Open Gardens

Sunday June 8th

A range of gardens will be open around the village from 12 noon until 5 pm. The plant emporium will be open again and lunches and teas will be available in the church. If you have already seen our reordered church and sampled Sandy's refreshments, you won't need a second hint. If you haven't, come along and enjoy good food and a warm welcome. Toilet available.

Dogs on leads welcome.

Adults £3.50 and children free.

Enquiries: 01366 500429.

Fincham

Coffee Morning

Wednesday June 11th

10.00 - 12 noon

St Martin's Fincham

Enquiries:

May Pinches: 01366 347228

Beachamwell

Scrabble

Wednesday June 11th

2.00 - 4.00

Orchard House, Beachamwell

Enquiries:

Sonia Williams 01366 328774

Beachamwell

Local History Group

Thursday June 12th

7.30pm

Beachamwell Memorial Hall

Why not find out more about

Enquiries

Leah Spencer 01366 328536

Wereham

Open Gardens

Sunday June 15th

At least 8 village gardens will be open

12.45 pm to 5.30 pm.

Garden maps will be available from the church. Salad lunches will be served from 12 noon. Teas, a plant stall and a raffle will also be available.

Adults £3.50 and children free

Enquiries;

Lizzie Baddock 01366 500233

**Beachamwell
Afternoon Tea and
a Chat.....**

**Wednesday
June 18th
2 - 4pm**

**Beachamwell
Memorial Hall**

Enquiries
Graham & Sonia Williams
01366 328774

Wereham Village Hall

Charity Bingo

Saturday 21st June

Doors open 6pm—eyes down 7pm

Prizes and a raffle, last game a cash flyer

**Teas, coffees and cakes on sale
during the interval**

**Raising money for Medical Supplies for
Boughton Surgery**

Contact

Roger 01366 500088

**Beachamwell
Craft Group**

**Thursday June 26th
2 – 4.30pm**

Beachamwell Memorial Hall

Bring along something you are
already working on or start a new
hobby in a friendly group of like
minded people.

£1.50 + Bring & Buy

All welcome.

Enquiries:

Leah Spencer 01366 328536

Beachamwell

Horticultural Society

Friday June 27th

Group Visit to ngs Garden

At Dale Farm, Dereham

**Meet at 6pm outside
Beachamwell Memorial Hall**

Early booking essential

Entrance: £7

(including tea and cake)

All welcome.

For details see Beachamwell

Village News or phone

Leah Spencer 01366 328536

Fincham Chorus Present
‘Lost Voices’

Music from WW1 & WW2

Saturday 28th June

7.30 pm

The Parish Church of St Peter and
St Paul, Swaffham

Supported by King’s Lynn Male Voice
Choir

Cy Paine and the Downham Market
Swing Orchestra

Special Guest Appearance by Rich-
ard Spendlove MBE – broadcaster

Tickets £10 including refreshments
Available from Fincham Stores

Wereham

**Indoor/Outdoor Car
Boot**

Sunday June 29th

Wereham Village Hall

Café from 8am

Bacon butties, cakes and drinks
Children’s playground, Book Stall

Organised by The ‘Friends Group’
of Wereham Village Hall

To book a pitch call
Nikki and Chris 01366 501111
07789695783

Barton Bendish

Open Gardens
Sunday June 29th
11 - 5.00

Numerous gardens open including
the gardens at Barton Bendish Hall

£3.50 per adult children free

Ploughman’s Lunches available from
noon in the village hall
and Afternoon Teas

Raffle, Plant Stall and Cake Stall
St Mary’s Church also open

Enquiries
Maureen Tasker 01366 347432

Wereham Village Hall

Family Bingo

Saturday 12th July

Doors open 5.30pm—eyes down 6.30pm

Prize one and the last game a cash flyer

Also a raffle

Teas, coffees and cakes on sale

during the interval

All proceeds go to Wereham Village Hall

**If anyone can help with prizes all
donations will be very welcome**

Contact
Roger 01366 500088

Barton Bendish

Jazz at the Hall

Jazz Picnic in the grounds of Barton Bendish Hall, PE33 9DN

Sunday July 13th 12 noon – 3pm
(Gates open at 11.30am)

Tickets in advance £5.50 per person
or £6.50 on the day
(16 years and under free)

Bring your picnic and enjoy the music!

Beer, Raffle and Ice Creams,

Posh Picnics available to order from
the Berney Arms (01366 347995)

For more details or tickets contact
Mhari 01366 347849 or Linda 01366
347563

Proceeds to St Andrew's Church

Barton Bendish Film Club

Village Hall

Friday 18th July 7.30pm



Proudly Presents:

'Grand Budapest Hotel'

The 2014 comic movie recounts the adventures of Gustave H, a legendary concierge at a famous European hotel between the wars, and Zero Moustafa, the lobby boy who becomes his most trusted friend. The story involves the theft and recovery of a priceless Renaissance painting and the battle for an enormous family fortune, all against the back-drop of a suddenly and dramatically changing Continent.

Tickets £4 in advance £5 on the door

Raffle and Refreshments

Box Office: 01366 347849

www.bartonbendishfilmclub.btck.co.uk

FESTIVAL OF FLOWERS

SATURDAY 26TH & SUNDAY 27TH JULY 2014



This year's Festival of Flowers, which will again be held jointly with Barton Bendish, will be held in St Mary's Church, Beachamwell.

The theme will be "Celebrations and Commemorations" as there are many events that people would like to celebrate and this year thoughts will also be with the commemorations of the start of The Great War in 1914. We hope many of you will feel able to get involved in this event and a circular will be sent out in the Spring asking for people to take part both with making a floral arrangement or by helping in other ways.

It is not essential to keep to the theme if you would rather not and we will be delighted to have offers of all types of flower arrangements. We would particularly like to hear from some-one who is willing to make our war memorial look very special.

Beachamwell	Sonia Williams	01366 328774	williamsoldies@gmail.com
Beachamwell	Gill Sanderson	01366 328818	
Barton Bendish	Linda Webster	01366 347563	linntim@btinternet.com
Barton Bendish	Mhari Blanchfield	01366 347849	Mhari.blanchfield@gmail.com

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Eileen Horton

Very sadly Eileen Horton passed away on April 22nd a few months short of her 90th birthday an event she had been looking forward to. Until her failing health prevented it she was always willing to lend a hand at village events and could often be found assisting with the raffle.

Eileen moved to Hatherley Gardens from Durham in the mid 1990s with her husband who sadly died a short while afterwards. Being unable to drive she then had to rely on other people to help her out with appointments and shopping. Dawn was one of these who had been friends with Eileen for 70 years, long before either of them moved to Barton. The Taskers too were very kind neighbours who helped her a lot particularly latterly when she was beset with numerous health problems as did Keith Benn.

Eileen had no family other than a younger sister who lives in London and a younger brother who emigrated to Australia to be with his daughter so all her friends in Barton became her immediate family.

Barton once again proved that it is not just a village but also a caring community. Rest in peace.

Easter Coffee Morning

I would very much like to thank everyone for contributing their time and making donations to our Easter Coffee Morning which raised £234 for the Village Hall. In context though, this didn't leave much in the way of change after paying the annual bill for insurance! We had a very impressive collection of Easter Eggs in the Tombola and prizes in the Raffle. Thanks so much to all those people who gave raffle prizes, Easter eggs, cakes and produce and to Joan who made a magnificent hat shaped cake covered with 184 eggs. Charles, grandson of Bob and Ann Lewing from Eastmoor, was closest to this number with his guess of 185. Special thanks also to those who manned the stalls and served refreshments on the day.

There were also some magnificent hats some of which were entered by the family of a newcomer to the village and which duly won prizes. How nice it is to have some fresh people joining in so thanks also to them.

Jill Mason

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Easter Chicks and Bunnies

Thank you so much to Joan Eves and Freda Rumball for their amazing hard work in producing so many beautifully knitted chicks and bunnies (filled with crème eggs!) that were sold to raise funds for St Andrew's. What started as 'Possibly we may sell 30' snowballed into hundreds and our final profit was an outstanding £380!!! - in the end we ran out completely and could have sold even more!! Our grateful thanks also goes to The Berney Arms who displayed them on their bars and who sold them so enthusiastically for us.

We are currently working on a 'summer range'- look out for them at our Open Gardens!!! - and have some great ideas for a similar items at Christmas.

If you enjoy knitting and would be willing to join our knitters (wool and patterns can be provided), or you have oddments of wool you would be happy to donate, please contact

Mhari Blanchfield (01366 347849) or Linda Webster (013663 47563)

Open Gardens Sunday 29th June

The Gardens will be open from 11am-5pm. Ploughman's Lunches will be served again this year in the Village hall from 12 noon. Afternoon Teas will be served from 2pm. Maureen Buck will have the Cake Stall in the Village Hall. Olly Forest will have the Plant Stall at 47 Church Road. There will also be a Raffle Entry to the gardens is £3.50 per person with no charge for children. Tickets and maps are available at the Church. Donations of Cakes, Plants, Produce and Raffle prizes will be greatly appreciated. All proceeds will go to St. Andrew's Church. Please let me know if you are able to help on the day in any way, and/or willing to have your garden open.

Maureen Tasker 01366 347432

WW1 Commemoration in Barton Bendish August 2nd

By now our Flanders poppies should be growing well around the Village. Plans are well underway for our Social evening on Saturday 2nd August in aid of Help The Heroes. The evening will feature an easy quiz and factoids about WW1, a sing-a-long of popular songs from the war era, some personal wartime reflections and a selection of snacks typical of some of the combatant nations. Further details from

Maureen Buck (01366 347703) or Valerie McAlister (01366 347570)

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Barton Bendish Film Club

Present 'The Grand Budapest Hotel' on Friday July 18th at 7.30pm. See advert page 27

News from St. Andrew's Church

Flower Festival at St Mary's Beachamwell July 26th and 27th

Anyone who would like to take part in the Flower Festival, either by doing an arrangement, helping on the stalls, refreshments or raffle or by baking cakes would be very welcome. For further details please contact

Mhari Blanchfield (01366 347849) or Linda Webster (013663 47563)

Working Parties

Last year we had two very successful working parties that tackled general maintenance and small repair jobs within the church and churchyard. We are hoping to organise similar events this year – there are tasks to suit all ages and abilities and refreshments and lunch will be provided. We would love to hear from anyone who is interested in helping, even for an hour or two, and then we can arrange some mutually convenient dates.

For further details please contact

Mhari Blanchfield (01366 347849) or Linda Webster (013663 47563)

Service Dates

8th June 11am Family Service with Holy Communion

22nd June 6pm Evensong BCP

Flower Rota

June: Maureen Buck

July: Anne Baird

We are now operating an e-mail list for people interested in being kept up to date with events happening in Barton Bendish. If you would like your address to be added, please send it to me at linntim@btinternet.com. Addresses will only be put on our list and not passed on to anyone else.

Linda Webster

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Quiz Sheet

The next quiz sheet will be available from the end of May. Its theme will be 'Celebrations' which is the theme for the joint flower festival to be held at St Mary's Church, Beachamwell on July 26th and 27th. The proceeds will help to fund the flowers for the festival. If you would like a copy sent to you, please send an SAE with £1 to: Linda Webster, Rowan House, Church Road, Barton Bendish, King's Lynn, Norfolk PE33 9GF. Sheets are also available from:

Mhari Blanchfield	01366 347 849 (Barton Bendish)
Linda Webster	01366 347563 (Barton Bendish)
Jill Mason	01366 347928 (Barton Bendish)
St Andrew's Church	(Barton Bendish)
Ann Lewing	01366 328350 (Eastmoor)
Margaret Webster	01366 328888 (Beachamwell)
Sonia Williams	01366 328774 (Beachamwell)
Debbie Fisher	01366 502224 (Boughton)
Lynda Eddy	01366 501308 (Wereham)
The Berney Arms	01366 347995 (Barton Bendish)
Post Office	(Fincham)

Summary of Forthcoming Events

June 29th	Village Open Gardens
July 13th	Jazz Picnic
July 18th	Film The Grand Budapest Hotel
July 26th & 27th	Flower Festival at St Mary's Church, Beachamwell
August 2nd	WW1 Commemorations and Social Evening
September 27th & 28th	Art and Craft Exhibition in St Andrew's Church and Village Hall
November 20th & 21st	Wreath Making Workshop in the village hall. Optional Lunch at The Berney Arms on Thursday.
December 6th & 7th	Hall of Stalls and Christmas Tree Festival in St Andrews Church and Village Hall. Cringle Service at 3pm in St Andrews Church on the 7 th .
December 13th	Victorian Evening of Christmas Entertainment in the Village Hall

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St. Mary's Church

Porch Roof Restoration and Repairs: Last month I asked for ideas and suggestions for raising the funds to repair the roof of our medieval porch which is now very urgent and I would like to thank the people who have come forward with helpful ideas and information – some of which have already been acted upon. Please continue to think of ideas because we urgently need to have the repairs done before the porch roof deteriorates further.

Beachamwell Half-Marathon: I would once again like to thank Carole and Brian Wilson for organising the Beachamwell Half-Marathon on Sunday 4th May and, on behalf of the Churchwardens and PCC, I would like to thank everyone who supports this marvellous event and makes it so successful every year. The event has, once again, raised over £1,000 and there will be Gift Aid added to much of this figure. I would like to also thank Carole and Brian for generously donating this to the fund for the repair and restoration of the church porch.

Open Garden's Day – Sunday 1st June: Our annual Open Gardens' Day is almost upon us and it promises to be a really enjoyable day. Please do come along and enjoy the gardens, the organ recitals, ploughman's lunches, afternoon



teas with lovely live music and much, much more including another opportunity to see the superb exhibition that the 'Connecting Threads' Group created for their "Walking Weekend" including the lovely quilt all of which will be on display in the church.

At our Vestry Meeting and AGM on 28th April Carole Wilson presented the church with a beautiful candlestick that Brian Wilson had carved from the wood of one of the yew trees that were felled last year. Carole and Brian had also made a candle from wax from their own bees. The candlestick is now on the altar of the side chapel in the church. On behalf of everyone I would like to thank Brian and Carole for a very

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Festival of Flowers: By now you have probably received a flier through your door asking if you would like to take part in the Festival of Flowers being held in St Mary's Church in Beachamwell on Saturday 26th and Sunday 27th July this year. The theme this year is "Celebrations and Commemorations" but the organisers will, of course, also be very happy to have offers of all types of flower arrangements.

As you will also see from the flier and the advertisement in G4N help is needed in all sorts of ways such as stewarding in the church and helping with refreshments in the Village Hall. Please do let the organisers or myself know if you can help in any way at all.

Coffee Morning and Plant Sale: We held a very enjoyable and successful Coffee Morning and Plant Sale on Saturday 10th May and despite threatening clouds and the occasional showers it was hugely successful and we have made a profit of £220.00 which will go towards the cost of the flowers at the Festival of Flowers in Beachamwell at the end of July. At the time of writing there are still some lovely plants available so we are extending the Plant Sale for a couple of weeks and hope by the time this is published to have increased our funds.

Afternoon Teas: It is now the fifth anniversary and we are delighted that so many people regularly join us from Beachamwell, Shingham, Barton Bendish and other villages. We are particularly pleased this year that some younger families are joining us. I would like to thank everyone who helps by making cakes, putting the tables out, serving the teas and clearing up afterwards. There are a number of people who regularly turn up to quietly help organise everything and we are very grateful to them.

If you would like any further information about the above events or anything else please contact me on 01366 328774 or williamsoldies@gmail.com

Graham Williams Churchwarden

Flower Rota June

1st Several People [*Gardens Open Day*]

8th Olwyn Locke; 15th Betty Phillpot, 22nd Eileen Powell, 29th Sarah Richardson

If anyone is interested in joining the Flower Rota please contact me and I will explain what is involved.

Eileen Powell

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell Half Marathon

41 participants and one dog took part in this years Classic. A bit chilly to start with but the day developed to be warm and sunny. It was good to see friends from Gooderstone, Foulden, Kings Lynn, Shouldham, Oxborough, Buckinghamshire and London and of course Beachamwell. Brian gave the usual Health and Safety Talk about the route and what the markers look like. He gave the "off" and in seconds the village green was empty. The going was really rough to start with and the sand thicker than ever. The children did very well to cope with it because I found it difficult and skidded a number of times. The two Stephens Bassett and Green were definitely out to win and they cycled the Course wheel to wheel, passing Marshals at great speed and very exciting to watch especially at the finishing line I am told. Did not see much wild life this



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

year but I think that's because we were making too much noise enjoying ourselves.

Well done to Ian Sandall our only Walker this year. I think that's because all the Wednesday Walkers were helping to Marshall.

Ian Monson, our County Councillor, presented the trophies and we thank him very much for coming to support us.

1st Cyclist (just) Stephen Bassett, Kings Lynn, 52mins.50secs

2nd Cyclist Stephen Green, Beachamwell, 52mins, 53secs

3rd Cyclist Martin Ive, Beachamwell, 53mins 50secs.

All broke the Course Record – Well Done

1st Male Runner Ashley Gilbert, Gooderstone, 1 hr. 23mins

1st Female Runner Susan Matthews, Shouldham, 1 hr. 31mins

1st Child Cyclist (joint) Douglas Sanderson Beachamwell age 10 and Oliver Moriarty Marham age 12, 1 hr 16 mins Course Record – Well Done

Best Improver Medal Callam Hargrove, London, Aged 10 improved pb 18 mins

Special mention to Anya Garner, Aged 11 improved her pb by 11 mins

Watch out for Ivan Bond Green next year, aged 6 he went round some of the Course with his Dad on his new bike and wearing his new yellow jacket.

Brian and I thank everybody who sponsored or cheered us on our way. Special mention to the wonderful band of Marshals who gave up their Sunday morning, without their support the event could not happen. Nevin Ranner, Mark & Eileen Powell, Leah Spencer, Peggy English, Graham Johnson, Graham & Sonia Williams, Karen Bridges, Pat Stringer, Sue Pennell, Val Sidey and Karen, Di Lambert. John & Gill Sanderson, Judith Blanchfield, Richard Wainer. Dave Tonks (our brilliant tail end Charlie and always so patient)

Registration. Maggie McKenzie and Jim White (time keeper)

Landline Telephone Murdo McKenzie

Drinks Stations, Julie Ive and Ella Garner. Betty & Ian Phillpot. Di Lambert.

Refreshments in Village Hall, Jenny Gabrielsen.

First Aider at Base, Rachael Bond Green.

When all the Sponsor money is collected we hope to raise £1000+ and including Gift Aid we should be nearly there for the repair of the Church Porch.

Carole Wilson

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Local History Group

On Monday 19 May a well attended meeting was the first step towards forming a local history group in Beachamwell. Speakers from groups in Fincham, West Dereham and Oxborough came along to describe how they are organised and after refreshments, those present drew up an extensive list of interesting subjects to investigate. There will be a meeting in Beachamwell Memorial Hall 7.30pm Thursday 12 June to decide the next steps. Do come along and find out more! **Leah Spencer**

WI

May is the month to vote on the Resolution that will go forward to the final vote at the Annual Meeting in June. "The NFWI notes that three people die every day whilst waiting for an organ transplant. We call on every member of the WI to



make their wishes regarding organ donation known, and to encourage their families and friends, and members of their local communities to do likewise". This Resolution was discussed in great detail and it was decided that Beachamwell would support the Resolution. More information can be found at www.organdonation.nhs.uk/campaigns 0117 975 7575.

Irene, acting President, dealt with the business side of things, including the arrangements for our Birthday Supper which will be held at 20 Church Wardens this year. Ann showed us some lovely craft ideas she had made

for the Village Fete and Christmas Fayre. Val has become totally "hooked" on crochet following the recent Crochet Workshop and she showed us her efforts which were brilliant considering she could not crochet before the Workshop.

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Refreshments were served by Brenda and Margaret.



We finished a very interesting and useful meeting by suggesting ideas for next years Programme. Thanks to Leah for organising this.

We welcomed Pauline Bennell, who has moved into the village, to the meeting and hope she enjoyed the evening enough to join us.

Thanks to Eileen for providing us with the Thought for the Month – “The only people who think there is a time limit for grief have never lost a piece of their heart. Take all the time you need”.



Carole Wilson (Photographs Eileen Powell)

Parish Council

The Parish Councillors voted in at the recent Annual Meeting are:

John Adcock (Chairman); Diana Lambert (Vice Chair), Matthew Adcock; Brian Cockerill, Pat Clarke, Mark Powell and Tom Sanderson

Dates for 2014 - 2015 meetings. Everyone is welcome to attend as always.

2014: July 14th September 8th November 10th

2015: January 12th March 9th May 11th (Also Annual Parish Meeting)

It was decided that the Bottle Bank will not be moved for the time being.

It has been reported to the Parish Council, yet again, that someone is allowing their dog to foul just by the dog bin at Shingham. This is unpleasant and causing unnecessary stress to people who live close by. The dog bin was purchased in all good faith — please use it for the sake of your neighbours

Eileen Powell (Parish Clerk)

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell Memorial Hall

Two more Pop Up Pubs are planned for Friday 6 June and Friday 4 July. Don't miss the opportunity to get to know new people and chat to old friends in the comfortable surroundings of our village hall. You could even bring along your dominoes ...

We are continuing to carry out improvements to the hall and by the time you read this there will be new curtains across the stage area and better storage facilities. A cushion-covering session is planned for June to make the chairs more comfortable. If you have any ideas for hall improvements or for activities for this year's Fete and Country Fair on Sunday 31 August, please contact Susie Davis (suedavis@afiweb.net)

The BMH Committee

Wednesday Walkers

Our May Wednesday Walk took us across Toot Hill to the Lodge and then along the little-used bridleway that leads to the Roman road now known as the A1122. We noticed the flinted surface and the thick old trunks of hawthorn and pines that indicated this was once an important and frequently travelled path. Indeed it was important. An eighteenth-century estate record book for Beachamwell reveals that, under the terms of his lease, the warrener had to convey *Rabbits or Conies fresh killed in their skins* to owners of Narborough Hall each year, and it would have been along this path, that the *harvest* was taken, leaving the warren at the Narborough Gate crossing the Roman road and so on to Narborough.

In June we will to walk the Shingham-Caldecote circuit and hope you will be able to join us. We are also planning to walk some evenings during the summer – watch this space!

Leah Spencer and Sue Pennell

Mobile Post Office

Monday, Tuesday, Wednesday, Thursday and Friday: 11.15 - 12.00

Some changes are due to take place in the near future. We will let you know the details asap.

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell Footpath Map

Apologies to Beachamwell residents who were expecting a copy of the new Beachamwell Footpath Map to be delivered with the May issue of G4N. The map has proved very popular and copies are going fast. Because of this, and the fact that many local people will have already picked up a copy, it seemed wasteful to deliver it to every address. However copies continue to be available at the Memorial Hall (in the new leaflet display rack in the entrance) and will also be in the Parish Church for Beachamwell Open Gardens on 1st June, where material from the Connecting Threads Exhibition will be on display again.

Otherwise please contact me and I will happily deliver a copy.

Philip Spencer 01366 328536

Horticultural Society

A very successful meeting was held in the Memorial Hall on April 23rd. Over 60 people came along to hear Allan Hale's talk 'A Birder's Year in Norfolk'. Allan showed a selection of wonderful slides and regaled us with amusing anecdotes and fascinating facts. £188 was raised for the society's funds. The evening was the first in a programme of monthly events, which we hope will appeal to a wide range of people in the village and surrounding area.

Don't miss this treat for garden lovers: On Friday June 27th a group visit has been arranged to a special garden near Dereham. 'Dale Farm is a 2 acre plant lover's garden with a spring fed lake. Over 700 plant varieties are featured in exuberantly planted borders and waterside gardens'. (ngs Norfolk 2014)

We will meet at Beachamwell Memorial Hall at 6pm then drive to the garden. Cost per person will be £7 to include tea and cake and the garden owners will donate proceeds to a gardening charity. Minimum group size needed is 10 (maximum 50) so please book early (01366 328536) to ensure that the visit takes place.

Horticultural Show August 17th: Contact Carole Wilson (01366 328628) to order your Beachamwell Giant Onions ready to grow and show on the day and if you aren't sure what the judge will be looking for, put 7.30pm Friday July 18th on your calendar because Roger Gore Row is going to explain ... more about this next month. In the craft section this year we will be asking entrants for a woollen garment so get busy with your knitting, crochet or weaving!

Leah Spencer

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesday June 10th	Barton Bendish	Hattersley Gardens	9:55 am
	Beachamwell	Old Post Office	10:15 am
	Drymere	Telephone Kiosk	10.40 am
	Boughton	Mill Hill Road	14.20 pm
Monday Junel 9th & 23rd	Wereham	The Pit Queen's Close	9:30 am 16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	Third Friday 9:00am to 2:00pm
Swaffham	First and Third Sunday
Watton	Sadly no longer trading

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Leah Spencer	01366 328536
	Jayne Frost	01366 328893
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

CHURCH SERVICES

June 2014

DATE	LOCATION, SERVICE and TIME
1 st June	Beachamwell Open Gardens – no service Wereham Evensong 6 pm Shouldham Morning Prayer 9.45 am – note change of service Marham Café Church 10.30 -11.30 am
8 th June	Barton Bendish Family Communion 11 am
Pentecost	Boughton Open Gardens – no Breakfast Church Fincham Evensong 6 pm Shouldham Thorpe Holy Communion 9.30 am Marham Holy Communion 10.30 am – note change of service
15 th June	Beachamwell Morning Prayer 11 am
Trinity Sunday	Wereham Open Gardens Day Holy Communion 8 am – note change of time! Shouldham Holy Communion 9.45 am – note change of service Marham Holy Communion 10.30 am (HT)
22 nd June	Barton Bendish Evening Service 6 pm Boughton Holy Communion 11 am Fincham Holy Communion 9.30 am
29 th June	Barton Bendish Open Gardens Day Group Service 6 pm Beachamwell at Park House if fine, or in the church if wet. Park House is on the same road as the church, about half way along on the opposite side. Thanks to John and Gill Sanderson for their hospitality.

THURSDAY COMMUNIONS

10 am HC followed by coffee

5th Fincham, 12th Boughton, 19th Fincham, 26th Fincham

CHURCHWARDENS

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
	Graham Williams	01366 328774
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

BAPTISMS AND WEDDINGS

Please contact the Revd. Barbara Burton or the Churchwarden in your parish.

BOUGHTON VILLAGE NEWS

All Saints' Church

We've had our Quinquennial Inspection and await the report. The inspection happens every five years and the architect makes a thorough inspection of the building and points out any work that needs to be done. The report comes to the PCC and also goes to the Diocese of Ely. Last time we were told that the East Window needed work as the lead was beginning to bow, but we were able to raise the money to get that major repair done. It is to be hoped that nothing as major will be found this year. The architect, Ruth Blackman, looked at the recurring problem with plaster render falling on to the vicar's stall and she thinks it's due to a missing tile under the flashing, so that will need to be done. She was most impressed with the reordering and the new appearance of the building. We've had time to become accustomed to it, but last time Ruth was here the pews were still in place! The church's Annual Parochial Church meeting was on the 28th April and the elections took place for the next year. There were no changes and I was re-elected as churchwarden. I can't remember how many years this will make, but it must be nearly fifteen at least. Two new members were elected to the electoral roll and we welcome Jean and Morten McConnell to the village and to the church.

The annual swearing in of Churchwardens took place in Ely Cathedral this year and was conducted by the Bishop of Ely. Normally it's done by the Archdeacon in several different venues around the diocese, which covers the county of Cambridgeshire (except for three parishes in the south which are in the diocese of Chelmsford); together with the western quarter of Norfolk, a few parishes in Peterborough and in Essex and one in Bedfordshire. This means a long way to travel! It's rare for the Bishop to take over the ceremony and gather a thousand churchwardens and their clergy together in the cathedral, but for the moment there is only one Archdeacon who would have had to carry out sixteen ceremonies! If you use Facebook and look on the Ely page, there are several photos which did include the vicar and the Boughton churchwarden.

Sunday June 8th is Open Gardens Day and let's hope the weather is kind to us. Thank you to all the people who have opened their gardens again – it would be lovely to have some new gardens. The people who come round often travel some distance and they are really appreciative of the gardens. They don't expect Kew Gardens or public park perfection – sometimes they are reassured to see gardens just like theirs. If you can't open your garden, I hope you will

BOUGHTON VILLAGE NEWS



Remember this?

come round and meet the neighbours and help to raise funds to support the church in this village. Although it functions as a village centre now as well as a church, ultimately we are part of the Diocese of Ely and we have to pay our dues - the dreaded parish share. Among other things, that pays for our share of the vicar. We also have to pay for repairs and for heating and lighting. We don't have as many fundraising events as some villages – there aren't enough of us to run them and each village is different in its needs – but I hope you have planned to come along. If you can offer help on the day please do. Tell all your friends and family about it!. Let's make it even better than our previous record, when we had two hundred visitors and raised nearly £2000

Pam Wakeling

BOUGHTON VILLAGE NEWS

News from Boughton Parish Council June 2014

The last couple of months have been busy in your Parish Council and here is a round-up of some of what we have been doing.

Accounts: Every year the parish council accounts are audited internally by an independent auditor, and then externally by the Audit Commission. We have successfully completed the independent audit where the auditor found the accounts to be 'well documented and in good order.' The accounts have now been submitted to the Audit Commission and we await their report in due course.

A.G.M.: At the AGM on 2nd May 2014 councillors voted to make charitable donations to two worthy causes. The East Anglian Air Ambulance and MAGPASS, the Emergency Medical Charity, which both cover our area, will each receive a £45 donation in support of their services. The Council wish to emphasise that the monies donated came from either the Wishing Bucket donations, or other fund raising events held by the council. No monies raised from the precept, your council tax, are used for such donations.

Playground: Councillors have carried out ongoing maintenance of the equipment following the annual safety inspection to keep out playground in good condition. Rear fence replacement, re-painting of guide rails and other items are examples of works carried out.

As the play equipment is now over ten years old your parish council are putting together a scheme to ensure we can gradually replace ageing or worn out equipment over the next five years, depending upon how well it stands up to usage. As the current replacement cost is circa £24,000 the council will investigate fund raising opportunities to ensure the burden does not fall unduly upon council tax payers. Look out for next report for how we intend to progress this.

Parish Council Meetings: For the coming year we are varying the days of the week upon which the meetings are held. This is to give parishioners more opportunity to attend the meetings. We tend to take it that few members of the public means we are doing a satisfactory job. BUT we would like to see more of you at our meetings, see what we do, and hold us to account for the decisions we make upon your behalf for the good of Boughton. Make a note of the new dates.

Boughton Parish Council June 2014

BOUGHTON VILLAGE NEWS

Boughton Parish Council.

Meetings for 2014/15

1. Council Meeting. Thursday 24th July. 2014
2. Council Meeting. Friday 24th October 2014
3. Council Meeting. Wednesday 14th January 2015. Precept setting.
4. Annual Parish Meeting followed by Council Meeting.
Friday 17th April.2015
5. Internal Audit. TBC. With J.Cross
Thursday 23rd April. 2015

(Includes Audit Commission Mazars report Compliance)

Frank Reid

Summer Party Wine Tasting

Join Giles Luckett on Boughton's beautiful green (or Boughton's beautiful church if it is raining!) for a tasting of superb summer sippers on Saturday 26th July 2014 at 7:00 pm. We've everything for every summer occasion, from fabulous fizz to BBQ reds and a sundown Port. Tickets for this unique summer highlight are strictly limited to 40 and will be allocated on a first come, first served basis. So to join us please contact Angela on 501335.

Tickets £10 a head. All proceeds towards Boughton village playground.

The Boughton Village Caravan

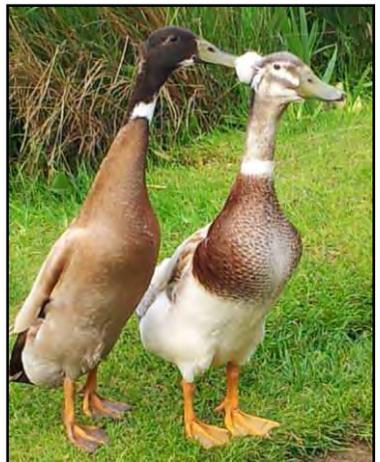
Mystery Birds on the Pond

Do you have any idea what these could be?

I think they are attractive and obviously related to the mallards, but what else?

I've only seen one pair, which makes accidental crossbreeding seem unlikely.

Pam Wakeling



WEREHAM VILLAGE NEWS

Wereham Messy Church

Thursday June 5th 4pm -5.30pm

Starts in the church followed by activities and a free meal in the Village Hall
The next Messy church is on June 5th. The theme is the story of Noah. It will again be informal, fun and enjoyable. It will include stories, singing, activities and FOOD Don't miss it. We are looking forward to seeing you there.

Please put these dates in your diary - 25th September, 27th November

Look out for further details

To book places or for further information please ask Debbie or Ian Rye telephone 502083 or call in at The Old Chapel by the pond.

Village Yard Sale May 4th....

Wows.. What a Great day we all had. Sun Shining, Village Buzzing, Yards Selling, Oodles of Maps and Cakes sold. A Huge Thank you to each and everyone of you who had a Yard, to those who made the cakes (even Jenny in Boughton - Brownies yummy), to helpers in the Cafe - to the Sign makers (Karl-that's you).. We made a Fantastic.... £313.50p for the Village Hall. **Thank you.**

Jacqueline Butcher

Pop-up Cafe Tue 6th May

Thanks to all that came to Pop-Up, Best Kept Secret in the area!!!.. Thanks to Diane and Wendy for running the Show and all who made Cakes and our most desirable Garlic Sausage Rolls, You know who you are...

Back to Normal next month, so I set a challenge to my regulars to - bring along a friend, neighbour, a new person to the Pop-Up. Let them indulge in our Scrummy Cakes, Fresh Coffee and Bacon Rolls, whilst enjoying our friendly atmosphere... Come along on Tues 3rd June @ 10:30 - 12:00.

Look forward to seeing you there. **Jacqueline Butcher**

Active Norfolk Roadshow 12th April – thanks to Aaron Roberts from Active Norfolk who arranged a morning of activities. We had Archery, Corn Boards, New Age Kurling, Table Tennis & Bowls. The Archery was great and subject to funding we hope to arrange for the Fayre. All the kids loved the table tennis and the New Age Kurling was a 1st for all. Thanks to Bob Smith for supporting the event on behalf of the bowls club (7pm every Thursday) and thanks to everyone who joined in.

WEREHAM VILLAGE NEWS

Parish Council: The Annual Wereham Parish Meeting and the Annual Meeting of Wereham Parish Council was held on 13th May. Minutes are available from the Clerk on 01366 500527 or werehampc@gmail.com. The next Wereham Parish Council meeting will be held on Tuesday July 8th, 7.30pm at Wereham Village Hall. All are welcome to attend.

Wereham World War I commemoration Saturday, 8 November at 7pm

We are planning a heritage evening on Saturday, 8 November to commemorate World War 1 in the Village Hall.

It will be an entertaining evening with something for everyone, young or old. We are hoping to include:

World War I poetry readings, Stories about World War I soldiers,

A singalong of old songs such as Pack up your troubles,

A Piper playing a lament, A Bugler playing the last post,

A display of world war one memorabilia

Food and drink based on menu from 1914

We will be researching the names on the Wereham war memorial to see what we can find out about Wereham people's role in the war.

If you have any stories, memories, memorabilia, information or ideas about what you like to see in the evening please contact Debbie or Ian Rye at the Old Chapel, Ben's Lane, Wereham Tel 01366502083 or 07863049677.

We are also looking for volunteers who would like to read poetry or stories or tell their own family story or make any other contribution to the evening. We aim to make this an entertaining and thought provoking event. **Debbie and Ian Rye**

Wereham Open Gardens

Just a reminder about Open Gardens in the village on June 15th from 1.45 to 5.30. Why not have a potter round the village gardens that are open and have tea and cakes at the village hall? We will have at least 8 gardens open, a plant stall, raffle and tombola. Salad lunches and filled rolls will served in the village hall from 12 onwards. (advance bookings taken).

It is a lovely way to spend a summer's afternoon and help the church funds at the same time. *Hope to see you in one of the gardens*

Lizzie Baddock 500233

If you would like to make a cake or buns we would be grateful to receive any contributions you can offer.

WEREHAM VILLAGE NEWS

Wereham Festival 2014 - Sunday 20th July 11.am to 3.30pm

Come and enjoy the festival this year. There will be lots to do including:

Giant Tombola, Raffle with lots, yes lots of prizes, Horse shoes, Hoop bowls, Hoopla, Plant stall, Cake stall, Produce stall, Meat raffle

Children's fancy dress competition more info from Angela Tel 500115

Tea/ coffee/refreshments and cream teas, Sponsored fish look out for sponsor forms, Tots and Messy church display in St Margaret's church, Organ music in the church. **What more can you ask for?????????**

On the subject of asking, please donate a raffle or tombola prize (yes that unwanted Christmas or birthday pressie would be fine). As last year please leave prizes at Rachel and Gerard's ...Pitt Farm House, Church Road (box at back) or to Lizzie Baddock, Chile House Tel 500233.....**And**.....

Help in setting up and taking down the stalls, catering, running a stall would be greatly appreciated. Please contact Lizzie Tel 500233.

Don't miss the Wereham social event of the year, put the date in your diary now!

Thank you to all of our Friends of Wereham Village Hall volunteers who co-ordinated and supported several events during May.

For all pictures, events feedback and progress towards a new village hall, log onto www.facebook.com/werehamvillagehall and click on the 'Like' option.

Bonus Ball Club – £50 Winners for May were Mitsy & Gwen – congratulations! If you'd like to be added to the waiting list phone 07795006811. Many thanks,

Ink Cartridges and **Bottle tops** - collection boxes on the piano in the hall, open 10 -12 Fridays. Or leave them in a bag at the door of the village hall.

Events list:

Bingo - every Wednesday, doors open at 6.45pm, eyes down at 7.30pm. Enquiries to Roger on 500088.

Pop up Café – First Tuesday of the month. Fresh cake and hot drink for £1, daily papers, chance to natter with friends. Enquiries to Jacqueline 500880.

Indoor/Outdoor Car Boot – Next dates are June 29th & July 27th, 9am to 1pm. Café, bric-a-brac and book stall. £5 pitch, to book call Nikki/Chris on 501111.

If you have any queries with regards to the plans to get funding for a new village hall, or anything we're doing, please contact Victoria Gray, Chair, Wereham Village Hall Committee. Home: 501277, Mobile: 07725513583

Email: darren.gray@tesco.net or via www.facebook.com/werehamvillagehall

WEREHAM VILLAGE NEWS

May Update from Wereham Village Hall Committee

Meetings - Since our last update, we've had our AGM in April and an Ordinary meeting in May.

AGM – we welcomed residents of Wereham to the AGM who joined the committee in taking part in the Open Consultation & Focus Groups whilst enjoying a natter over a cup of tea. The AGM started on time, our treasurer John Eastgate delivered our end of year figures with a fantastic fund-raising success of £11,800 only to be thwarted by outgoings of £9,600 – a huge chunk caused by roof repairs and improvements to bring the hall up to Health & Safety Standards. I delivered the chair's report detailing our improvements to the hall & fund-raising efforts, thanking all those involved from the committee and FOWVH group for the outstanding fund-raising effort this year!

Ordinary Meeting May 6th–

Roger Collins was voted in as our Vice Chair and I was re-voted in as Chair.

Costs to replace the gas heaters were presented and discussed, with the decision taken to apply for funding (although this won't cover the total cost!).

For the purpose of completing the design brief, Committee visits booked to village halls at Dunham and Thornham.

New build Team reported 2 gaps in evidencing that will be resolved with 2 focus groups on the 15th May – Afternoon Tea & chat with our older retired residents and a Pizza Tea for the teens (11-17). Then the evidencing should be complete – hurrah! Next task will be to complete and cost the design brief to enable us to complete the Stage 1 Lottery Application.

Feedback from the Open Consultation and Focus Groups –

We had a great turnout at the Active Norfolk Event and few people attended the pre AGM meet. The combined feedback was;

Open consultation on options for the future of the hall -

Option 1 – do nothing, close the hall. Result 100% No.

Option 2 – Build a new hall in a different location. Result 58% No, 17% Yes, 25% Undecided.

Option 3 – Re-build on the existing Site. Result 100% yes.

Focus groups in response to top 4 social needs –

Adult Education – Computers for beginners/Internet café & Cookery classes were the top 2 needs.



Church Road, Barton Bendish



Traditional village Inn offering luxury accommodation and restaurant with AA Rosette.

Real ales, good food and a warm welcome.

Open 7 days a week, Monday to Saturday 12 noon to 11pm, Sunday's 12 noon to 10pm.

Locally sourced, home cooked food served every day.

Enjoy our extensive gardens & unique Children's Play Church Tower, traditional deck chairs & large multi-coloured bean bags.

Free WiFi available in the pub, gardens and rooms.

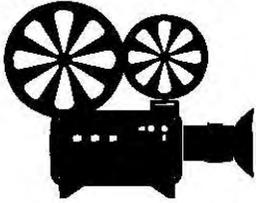
Come and try out our speciality coffees and chocolate including Nestle Grand Cru Coffee and Cailler Swiss Chocolate - even more delicious served with homemade cakes.

Check out the website for details of all the menus and the diary of events

www.theberneyarms.co.uk or call 01366 347995.

Phil, Sue and the team will be happy to help with any enquiries.

Films to Treasure.co.uk



Treasure your old Family films

8mm Cine Film

- 3 inch reels (50 feet) £6.00 each
- 5 inch reels (200 feet) £24.00 each
- 6 inch reels (300 feet) £36.00 each
- 7 inch reels (400 feet) £48.00 each

VHS

£10 per hour of tape

Ring Tony: 01760 755561

**HD Professional
Transfers
to USB Stick**



**I'm always
disappointed when
a liar's pants don't
actually catch
on fire.**

**Premier
Holiday Accommodation
in Wereham
overlooking the pond**

**4* very comfortable, well
equipped 4 bedroomed house
Sleeps 10, 2 bathrooms**

Ideal if you have family or friends visiting

Good discounts available for
Group 4 News readers!

For more details please Tel Debbie or Ian
Rye on 01366502083, 02476 742077 or
07863 049677 or see website
www.wix.com/ryeholidays/theoldschoolhouse

Bed & Breakfast
Rose Cottage

*Downham Road,
Fincham,
Norfolk,
PE33 9HF*

Reasonable Rates 01366 347426



*Featured in Which?
Good Bed &
Breakfast Guide*

K.J.Catering Services

21 Main Road Brookville,
Thetford, Norfolk

**01366 728858
or 07542 923909**

kjcatering@btconnect.com

www.catererssuffolkandnorfolk.com

**Outside Catering
And
Hog Roast &
Bar-B-Q
Specialists**

K.J.Bar Services

**Fully Licensed
for all occasions**

K.J Catering is a
family business based on
quality food and service

Beachamwell Lamb



Our delicious lamb is now available to you by the joint, frozen so you can enjoy it whenever you fancy!

Whole or half legs & shoulders for parties or lunch for 2.

Mince & chops for BBQs or casseroles & tagines.

Telephone me first to come & have a butchers!

**Caroline Sanderson
01366 328244**

BOOKINGS NOW BEING TAKEN

FOR ART CLASSES



Learn to paint in oils and acrylics

Mornings and afternoons any date to suit.

All equipment provided

Classes start 24th February in Oxborough.

Contact 01366 328874

Asparagus Farm Shop

St John's Farm, Beachamwell

01366 328244



Open every day



April, May & June

Asparagus cut fresh every day

Seasonal Local Produce

Homegrown Lamb

Email: carolinesanderson@btconnect.com

JET ACCOUNTANCY & BOOKKEEPING SERVICES

Professional and qualified service offering:

- ◆ Accounts
- ◆ Bookkeeping
- ◆ Self Assessment
- ◆ VAT Returns
- ◆ Payroll
- ◆ CIS Returns

Tel: Louise Scott (MAAT)

07806 792211

info@jetaccountancy.co.uk

THE TEKKIE PC AND NETWORK ENGINEER

- *PC repairs & upgrades.*
- *Viruses & malware removed.*
- *Internet problems resolved.*
- *Wireless Networking.*
- *Data recovery.*
- *Quality PCs built to order.*
- *Microsoft systems specialist.*
- *On-site support.*

Call: Joe Trattle 01366 347304 or 07760 118804

Web: <http://www.thetekkie.co.uk>

Email: joe@thetekkie.co.uk



SYSTEMS BUILT TO SPECIFICATION
MOTHERBOARD REPAIR
OPERATING SYSTEMS INSTALLED OR
RE-INSTALLED
WEB DESIGN / AD DESIGN
VIRUS REMOVAL
HARDWARE INSTALLATION & REMOVAL
LAPTOP & PC REPAIR



PC REPAIRS + UPGRADES

I AM BASED AT COCKLEY CLEY & WILL TRAVEL
FREE OF CHARGE WITHIN 15 MILE RADIUS
FREE PC COLLECTION-RETURN SERVICE

E-MAIL-pc-probs@hotmail.com

TEL-01760-725647

ASK FOR IAN



Whitlock Computer Services Computer Repairs & Upgrades

Downham Market based PC repairs covering Downham Market and the surrounding area. The services we offer include:

- Virus removal.
- Repairs (Desktops & Laptops).
- Upgrades.
- Data transfer.
- Tutoring.
- Website design.
- Business network design/installation.
- Plus many more.

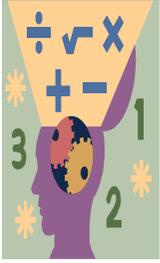
For more information or a free quote contact Stephen Whitlock on:

Tel: 01366 502017

Mobile: 07786635092

E-mail: stephen.whitlock@virgin.net

Website: www.srwcs.co.uk



Maths Tutor (to GCSE level)

- unravel problems
- boost confidence
- improve numeracy

A Cambridge graduate offers one-to-one tuition in your home
(one-off or ongoing)

£25 per hour

**For details, or to arrange a
£10 INTRODUCTORY SESSION
contact Katherine Shaw
07773 – 433180**

Methwold Nursery School and Pre-School

Experience for yourself the welcoming atmosphere of our nursery where exceptional care, homely surroundings and wonderful large garden are second to none. Our highly qualified experienced staff will ensure that each child's individual needs are met and provide them with the opportunity to make new friends, develop in confidence and become independent whilst;

learning through play!

**Open all year Monday to Friday 7am to 6pm
from age 3 months to 6 years**

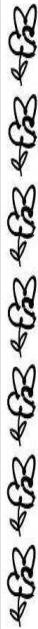
Breakfast, After School and Holiday Clubs up to the age of 6
570 hours of Free Child Care* for all children residing in Norfolk/Suffolk
over the age of 3 and 4 years. Child Care Vouchers Accepted

Visit our website to view 'The Tardis' and learn more about us!

www.methwoldnurseryschool.co.uk

39 Stoke Road, Methwold, Thetford IP26 4PE Tel: 01366 728419

*Subject to Local Authority Terms and Conditions



M.M.A. BOOK-KEEPING AND ACCOUNTANCY

Chartered Management Accountant

- ❖ Tax Returns
- ❖ VAT Returns
- ❖ Self Build VAT Claims
- ❖ Monthly Management Accounts Preparation
- ❖ Sage, Excel and Manual Systems Advice
- ❖ Computerisation of Records
- ❖ Home/On Site Visits Available

Call Keith Matthews (ACMA)

01366 347848 / 07818 438066

Scotts Medals and Coins

WANTED...

**World War Medals
Pre Decimal Coins
Old or Broken Jewellery**



TOP PRICES PAID

Don't miss out on the best deal...

**Call Joe on 01553 840124
or 07768 623596**

Little Oaks

Preschool

www.little-oaks-preschool.uk.org

01366 502150

Open Day

Thursday 12th June 2014



Ages
2-5

Come and join the fun

*A great place
for your
child to grow*

Opening Times
Mon to Fri 9-3

Open 50 weeks of the year

47 Wretton Road, Stoke Ferry, Kings Lynn, Norfolk, PE33 9QJ

Summer Holiday Club

Open Monday, Wednesday & Fridays each week throughout the school holidays.



On Wednesday's we will be having a **SPECIAL** day with fun activities



30th July Science experiments

6th August Little oaks "Bake off" competition

13th August Movie themed day, dress up, act out, bring DVD's and eat popcorn

20th August Let's get messy (Old clothes are a must)

27th August Building obstacle course

3rd September 100's of things to make with sweets

Catering for ages 2 to 8, even if they do not attend Stoke Ferry school

£2.90 per hour, lunch provided for **£1.60**

SPECIAL OFFER book 4 hours in one week and receive the 5th hour free



Call Little Oaks **01366 502150**



or pop in to pick up a booking form but hurry as places are on a first come first serve basis

Opposite National Trust's Oxburgh hall



The Bedingfeld Arms



01366 328300

BEDINGFELD ARMS
SINCE 1793

BEDINGFELD ARMS
SINCE 1793

Find a Friendly Welcome at the Fully Restored Bedingfeld Arms

Fresh flowers, candles and relaxing seating in the main bar

A traditional pub with a 'rustic-chic' restaurant.

Homemade favourites & exciting seasonal dishes.

Served Monday to Saturday 12pm-3pm & 6pm-9pm

Sundays 12pm-4pm & 6pm-9pm

Pop in for a frothy coffee (free Wi-Fi) & check us out.

Bed (£69-£125 per room/ night) and Breakfast (£9.50 per person)

5 refurbished, cosy, contemporary coach rooms, easy access ideal for dogs and wheel chair.

Also 4 individual feature rooms in the main house and even 4 poster beds.

Meal Deal 'Monday Madness' 6pm-9pm

Choice of a main course & glass of house wine or draught beer - **Only £10**

'Burger Tuesdays' 6pm-9pm

Choice of a Bedingfeld burger and glass of house wine or draught beer - **Only £10**



SUNDAY 29TH
JUNE

SUMMER BBQ

12PM-7PM

LIVE MUSIC

E-mail - info@bedingfeldarms.co.uk www.bedingfeldarms.co.uk

BEDINGFELD ARMS, OXBOROUGH, NR SWAFFHAM, PE33 9PS

Your local health food store & natural therapy centre

- Gluten free, vegan and sugar free foods
- Nuts, grains, seeds and cereals
- Quality vitamins & supplements
- Full range of Ecover cleaning products
- Natural bodycare and baby care sections
- Full range of treatments from Acupuncture to Homoeopathy in our natural therapy centre

Everything you need for healthy living!



Montpelier House, Market Place, Swaffham, tel. **01760 724704**

www.green-parrot.co.uk

YOGA

All abilities welcome

Stretching, postures and breathing help to improve mobility and strength.

Please wear loose clothing and bring a warm rug and/or yoga mat

British Wheel of
Yoga Tutor,
Ann Lewing
Contact number:
01366 328350

**STOKE
FERRY
VILLAGE
HALL**

Mondays
7.00pm—8.30pm
Please arrive no
later than 6.55pm

£5.00 per session
(pay as you go)
Under 18 yrs old must
be accompanied by an
adult

**BEAUTY
TREATMENT**



"Should I get you a shopping cart?"

Cognitive Behaviour Therapy, Counselling and EMDR

Do you suffer from:

- Anxiety
- Depression
- PTSD
- OCD
- Phobias
- Relationship Difficulties
- Self Esteem Problems
- Problems At Work
- Lack Of Direction
- Addictions



Then Cognitive behaviour therapy or EMDR may help. Both are recognised as successful treatments by the NHS

For more information or an appointment contact:

Rebecca Judge RNMH, BSc, MSc, MAREBT, BABCP

EMDR & Psychotherapist on:

Tel: 01366 320782 Mob: 07530 928070

Email: enquiries@cbtnorfolk.co.uk

Web: www.cbtnorfolk.co.uk

Charlotte Rose LicAc, VTCT

Aromatherapy Massage

Acupuncture

Facial Cosmetic Acupuncture

Acupuncture for Pain

Hot Stone Massage

**Clinics in Wereham and Old Red
Lion, Castle Acre**

20 minutes aromatherapy
massage taster £5

Gift vouchers available

**Contact: Charlotte: 07855 513199
01366 501232**

charlotterose.charlotterose@gmail.com

www.charlotte-acupuncture.co.uk

Michelle's Foot Care

Day, Evening & Saturday Appointments

Home Visiting

FOOT HEALTH PRACTITIONER

07723 427844

01760 755314

Corns – Callous – Verruca - Ingrown Nails

Thickened Nails - Fungal Nails - Diabetic

Trained – Many other Foot Problems

Fully Insured

Qualified: MCFHP MAFHP

Enhanced CRB

All instruments sterilized

*Registered Member of the British Association
of Foot Health Professionals*

NO MEAN FEET

CENTRAL TO THE GROUP 4 AREA
FOOT CARE IN YOUR OWN HOME



- ✓ **Nail Cutting**
- ✓ **Corns Removed**
- ✓ **Hard & Dry Skin Removal**
- ✓ **Cracked Heels Treated**
- ✓ **Callous Reduced**
- ✓ **Verrucae Management**
- ✓ **Ingrowing Toenails**
- ✓ **Infection Management Discussed**
- ✓ **Advice and Care for Clients with Diabetes**

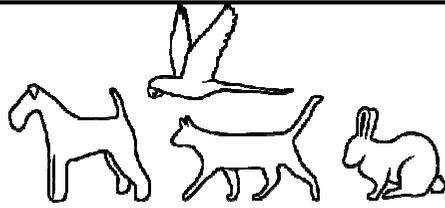
Evening, Daytime and Weekend Appointments Available.

As you would expect, each and every client is treated with a sterilised set of instruments and full insurance is in place.

For The Best Feet In The Street

Call Steve on 07837 506 906

**Steve Jones MBE, SAC Dip (Adv.), FHP, FHPP, FHPT
Member, The Volitional Register of Foot Care Practitioners.
Member, The Alliance of Private Sector Practitioners.**



Vets 1 Small

'Veterinary Surgeons'

"Nothing says more about the Vets 1 team than its policy of not charging clients at the point at which they have to say goodbye to their much loved pet"

Everything you would expect from a Vet (and a little more)

Telephone: 01366 384 644 (24/7)

WE ARE NOW OPEN!



Vets Jon Mills, Liam Manson and Practice Manager Helen Manning are pleased to announce they have opened a new, independent, small animal veterinary practice in Swaffham.

The team are excited to be able to offer:-

- * Appointment times to suit you
- * Cutting edge diagnostics
- * Full operating facilities
- * Emergency out of hours care at the practice
- * Nurse preventative health clinics
- * Accessible easy parking.

Telephone 01760 722054

Opening times: Monday-Friday 8:30-6:30pm & Saturday 9-12pm

info@swaffhamvets.co.uk
www.swaffhamvets.co.uk



Jen's Pet Care



Are you at work all day?

Do you need someone to pop in and feed your pet, let it out and keep them company for an hour?

Does your puppy need socialising and some basic training? Maybe you're an older person who needs help exercising and caring for your dog?

Contact Jen at Wretton on 07799 733 463

Pet Sitting - Dog Walking - Home Visits
Livestock Care - Puppy Socialising - Pet Care

30 years experience working with animals

Reasonable Pricing - please ask

www.facebook.com/JensPetCareWretton

“Petcutz” DOG GROOMER



Small/Medium Dogs
NVQ 2 and 3 qualified
in animal care - dog grooming

From bathing, nails trimming, clipping
and scissoring to hand stripping.

For all your dogs requirements
**ask for Rachel on
01366 501152 or 07584 279384**

Drymere Lodge Boarding Cattery

Luxury 5 Star Hotel for your Cat

Large heated chalets and covered runs
Forest surroundings
Endless water bowls
New litter trays and fresh bowls every day
Fully heated

Cuddles guaranteed!!



Please come and look
Still low rates

www.drymerelodgecattery.co.uk

Call Belinda or Kevin on
01760 723468 or 07825 00286

Email drymerelodgecattery@btconnect.com

CHURCH FARM STOW BARDOLPH

Open Daily 10am - 5pm
13th Feb - 2nd Nov 2014

PLUS Winter Opening Thurs - Sun

FUN FOR ALL THE FAMILY
WHATEVER THE WEATHER

- Indoor Treehouse Playarea
- Adventure Playground
- Huge Undercover Sand Pit & Climbing Wall
- Trampolines & Pedal Tractors
- Homemade Lunches & Cakes
- Tractor & Trailer Rides
- Lots of Friendly Farm Animals



EASTER HOLIDAY FUN!

- Meet the Lambs • Lamb Feeding
- Cuddle Fluffy Easter Chicks
- Easter Egg Quiz

Just off the A10 near Downham
Market, Norfolk, PE34 3HT



01366 382162
www.churchfarmstowbardolph.co.uk



A.J. COGGLES
Family Funeral Directors

Family Owned & Managed ~ Established 1851

A complete caring and personal service offered by a local family business providing advice and guidance at your time of need when you need it most

24HR Personal Family Caring Service

Individually Tailored Funerals At A Competitive Price

5TH Generation Independent Family Service

Distance No Object

69 Bridge Street, Downham Market ☐ (01366) 384182

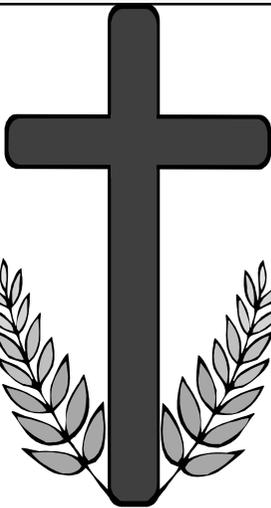
1 Blackfriars Street, King's Lynn ☐ (01553) 766795



Golden Charter
Funeral Plans 

Funeral Planner of the Year Regional Winner 2013

WWW.AJCOGGLES.CO.UK



PR Bowers & Son
Funeral Directors (Est 1921)

Anmer Cottage Methwold Road Northwold IP26 5LN

01366 727432

07796 780270

Private Chapels of Rest ~ 24 Hour Service
Upholding Traditional Family Values Of
Dignity & Respect For Your Loved Ones



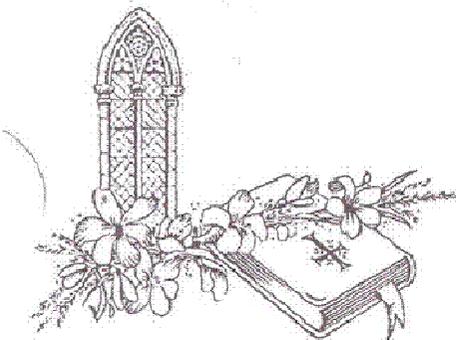
Privileged To Serve Families In The Area For 3 Generations

Family Funeral Directors
R. H. BOND
STOKE FERRY

Formerly G.P. Riches & Son
Still family owned and now run by the
5th Generation
Est. 1872

Offering a Complete Funeral Service
24 hours a day, to all areas

Salisbury House
Lynn Rd
Stoke Ferry
PE33 9SW
Tel: 01366 500241
Mobile: 07861 671325



Help and
understanding
when you need it
most

Now Autumn's here it's time to prepare your garden for winter

Are you in need of getting your garden ready for winter? We can provide lawn care, cutting, scarification, aeration or rotovate a new bed ready for planting. Light hedge cutting, pruning and general tidy up.

We can also redesign your garden and provide plans, planting layout, and organise construction. Whatever your gardening needs, We can help. References available.

Just the JOB Gardening

Call Jamie on
07880948203
Or Jacquie on
07919371994
for a chat or quote



Garden Services John Adcock

For conifer, shrub
and hedge trimming

Garden Maintenance
and winter 'tidy ups'

Grass Cutting for large or small lawns

New fencing erected
or old fencing repaired

Power Washing

Tel: 01760 337058 or 07909 785801

Fully Insured

ADE HARDY GARDENING SERVICES

For all your gardening needs



Garden Clearances
Mowing and Strimming
Hedge Cutting
Tree Work
Fencing
Winter tidy ups
General Garden Maintenance



To discuss your requirements
call Ade on 07798 785663

No job too large or too small to be
considered

Some people just need
a sympathetic pat...

On the head...

With a hammer.

Tim's Tree Services



Pruning
Topping
Felling
Clearing

All aspects of tree and hedge
work undertaken



Over 30 years
experience



Qualified - Insured

Call 01366 347656

or 07867 764307

For your free quote

LOCAL MAN - LOCAL RATES

D.J.B. LANDSCAPING

- : Driveways : Paving : Fencing :
- : Garden Clearance :
- : Hedge Maintenance :
- : Grass Cutting / strimming :
- : Building Repairs / Maintenance :
- : Concreting :

All jobs considered

David Bennett

Mobile 07795 833440

Fakenham 01328 700859



NORTHWOLD ROCKERY STONE

@ BRYAN CATERS

Suppliers of Natural Stone Paving,
Circles, Setts, Rockery Stone, Cobbles,
Pebbles and much more.

Check Out Our Prices!

www.bryancater.co.uk

The Poplars, Thetford Road, Northwold, Thetford,
Norfolk IP26 5LW. Tel: 01366 728342

ARE YOU 65 OR OVER? NEED INFORMATION OR ADVICE ON THINGS TO DO, GETTING OUT AND ABOUT, STAYING SAFE AND WELL OR CARING FOR SOMEONE, THEN...

**ASK
LILY**



Living Independently
in Later Years
a directory of services,
activities, advice and
guidance for older people
living in West Norfolk

Available online at
www.asklily.org.uk
or by calling 01553 616200



Borough Council of
King's Lynn &
West Norfolk



Repairing the past

JMR Conservation
Specialising in the restoration and conservation
of historic buildings and monuments

Mr Jack M Rolfe
Conservator Mason
Wereham
Norfolk
07827608216

www.jmrconservationnorfolk.co.uk

WJA TILING

The Complete Wall and Floor Service

Ceramics, Porcelain, Mosaic
and Natural Stone
Under floor heating and Karndean

No job too big or small
All Work Guaranteed
15 years experience

For a free quote, measure up
or advice
Phone Will on: 07884 446257

NORTHWOLD TILE CENTRE

Retailers of wall &
floor tiles



Established 23 years
Expert fixing service

SPECIAL OFFERS ALWAYS
AVAILABLE ON SELECTED TILES

Opening times:
Mon - Fri 9am - 1pm, 2.15pm - 5pm
Sat: 9am - 5pm, Sun - Closed
The Old Chapel, High Street,
Northwold, Thetford, IP26 5NF.

Tel/Fax: 01366 728325

NEW for 2011
MULTI-FUEL/WOODBURNING STOVES
DISPLAYED IN STORE

BRYAN CATER Chimney Sweep

Guild of Master Sweeps certified
Clean and Reliable
Certificates Issued
Fully Insured
Fire Parts Supplied and Fitted

Call Gavin on
01366 728342

The Poplars, Thetford Rd,
Northwold, Thetford, Norfolk



GOT DIRTY WINDOWS?

G.COSTIN WINDOW CLEANING

Windows, doors, frames &
sills cleaned as standard.

Gutters, fascias,
conservatories & more.

Reach & Wash
Pure Water System.

Reliable & friendly service.

Other cleaning services now available.

Call Gavin 07796 606607

gcostinwindowcleaning@yahoo.co.uk

RAY GRIBBLE

Antique Restoration & Traditional Upholstery

All aspects of antique furniture restoration, including French polishing, cabinet repairs and traditional upholstery

Traditional Upholstered Furniture

Footstools, Sofas and Chairs
made to commission

Picture Framing & Mirrors

www.raygribble.co.uk

Contact
ray@raygribble.co.uk
or phone
01366 500387

Vine House, Church Road, Wereham

D W SAVAGE

“CARPENTER/BUILDER”

25 Years Experience

For all your building requirements

EXTENSIONS

*Kitchens, Bathrooms supplied and
Fitted or just labour*

*Conservatory, fascias, guttering
Laminate or Oak flooring*

Patios, Decking etc.

Car Ports

All roof systems

Renovations

Ask for Darryl

Telephone 01366 501152

Mobile 07884 373315

Richard Pooley

Cabinet Maker

Providing a Full Range of
Carpentry & Joinery

—————
Bespoke Furniture

—————
Kitchens Supplied & Fully
Installed

—————
Wall & Floor Tiling

Tel: 01366 728791 or 07920 117784

Email: richypooley@gmail.com



Geoff Dixon

The professional alternative to doing it yourself

Geoff Dixon Carpentry, Joinery and Handyman Services, Beachamwell

Over 45 years experience in this industry. I have experience and am happy to carry out jobs such as; fascia and guttering repairs or cleaning; external fence panelling repairs, replacement/ treatments; gates made; doors and locks repairing and replacing; refitting and refurbishment of kitchen cupboards; shelving; and general maintenance jobs around the house.

No job is too small, if there's something you'd like doing that I haven't listed, Please get in touch and ask.

☎ Telephone: 01366 328330 📱 Mobile: 07726 584502

✉ Email: geoff@norfolkshandyman.co.uk

🌐 Web site: www.norfolkshandyman.co.uk

Poppi Interiors

Shop Studio NOW OPEN

The Maltings, Main Road

Narborough PE32 1TE



Bespoke Curtains, Blinds, Fabrics,
Furniture & more. Interior Design Service.
01760 339100 www.poppiinteriors.net

FENLAND GARAGE DOORS

The area's most
comprehensive range of
manual and automatic
doors.

Plus repairs to all doors
and spares

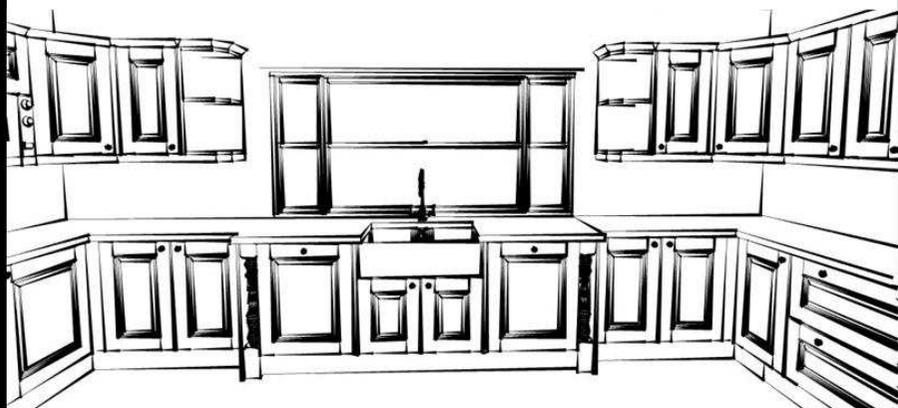
PROUD TO SAY MORE THAN HALF
OUR NEW CUSTOMERS COME TO
US BY RECOMMENDATION

Swaffham 01760 790 009

Bexwell Showroom 01366 382815

www.fenlandgaragedoors.co.uk

Create your new look with newrooms.



From inspiration to installation we take care of everything
transforming your Kitchen, Bathroom, Bedroom
In to the room you always dreamt of.

For your free consultation call now on 01366 727417
Visit newroomsdesign.co.uk

or see our showroom at The Workshops, Brandon road
Methwold, Norfolk, IP26 4RH

newrooms 
discover a new level of service



newroomsdesign



newroomskitchens

S J SUPPLIES

GIBBET LANE, WEREHAM

KINGS LYNN, NORFOLK, PE33 9AA

07780663527

07767251284



FLO GAS

Agents for FLO GAS

Now supplying Gas Bottles

Give us a call to see if we can beat your current price

All size cylinders stocked

Delivery Service Available



Whitley & Walford

HARDWOOD CONSERVATORIES, ORANGERIES, DOORS & WINDOWS

Improve your home with quality hardwood conservatories, orangeries, doors & windows



Create Space

Tel: 01328 700161 enquiries@whitleyandwalford.co.uk
www.whitleyandwalford.co.uk

Eco Window & Door

C O M P A N Y

- > Windows
- > Doors
- > Conservatories
- > Porches
- > Carports
- > Garage Doors
- > Fascia
- > Guttering



We also repair all makes of windows and doors !
How about replacing your existing glass for energy A rated Glass and start saving on those heating bills?

27 years in the industry
Friendly family business (No pushy salesmen)
I sell it, I fit it, and I guarantee it!
All work Guaranteed & Insurance Backed Inc Deposits
Call Jason on 01362 853242 or 07718 080778
Email ecowad@hotmail.co.uk

certass
Quality & Evaluation for Construction
APPROVED INSTALLER

M.B. Roofing

**Complete Re-Roof
UPVC Facias
Leadwork
Guttering
Repairs
Re-Pointing
Bird Proofing
Roof Cleaning
Chimney Rebuild
Dry Verge System**



01760 725047

07979 811260



mb-roofing.co.uk

Peckhams Plumbing

**John Peckham Friendly local
Plumbing and heating
engineer**

**All Work
Undertaken
Big Or Small**

**Fully Qualified
and
Insured**

**No Estimates
Just 1 Price**

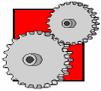
**No Call
Out Fees**



- ✓ Full Heating Systems
- ✓ Heating system updates
 - ✓ Radiator changes
 - ✓ Oil Tank changes
- ✓ Fully Fitted Bathrooms
 - ✓ Leaks And Repairs
 - ✓ Tiling
- ✓ Boiler replacements & repairs
 - ✓ Boiler Services



**Tel Feltwell: 01842 850576
Mobile: 07534892411**



P.G.M.S.

**Fabrication of a
variety of metals**

Mechanical engineering

Sparex *Agricultural
spares & accessories*

Peter Garner

Mechanical Services

Shingham Lane, Beachamwell,
Swaffham, Norfolk. PE37 8AY.

Tel: 01366 328823

E-mail: pgms@lineone.net



Solid Fuel, Gas & Oil Heating Systems
Solar & Bathrooms / Service & Repairs
HETAS & GasSafe Registered

01553 763589 / 07824 819015

info@heatsync.co.uk

www.heatsync.co.uk

Find us on....



PAUL FARRAR

GENERAL PLUMBING SERVICES

ALL ASPECTS OF
PLUMBING UNDERTAKEN,
INCLUDING MAINTENANCE
AND REPAIRS

AT COMPETITIVE PRICES

PHONE 01366 328072

OR 07725 300624

MHS SERVICES

For all your Plumbing, Electrical
and Building maintenance work

40 years in trade

Electrical certificates supplied
to BS7671



Call Mike
Shaw on



**07776 154474 or
01760 336739**

No job too small
Free estimates



Paul Braybrooke
Oil Fired Boiler Engineer
Boiler Servicing
Breakdown Service

Commissions

Phone 01353 777788

Tank Replacements

07946 735691

Doubledays Waste Disposal

Doubledays can assist with all waste problems, from domestic septic tanks and treatment plants to commercial/industrial liquid waste, interceptors and gulleys. We also rod-out or jet blocked drains.

Portaloo and Skip Hire also available

We offer a no obligation, FREE quote for the following:-

- ♦ Installation of new septic tanks and soakaways
- ♦ Repairs to damaged drains and pipe work



Look out for our Logo *'You make it – we take it'*

Telephone: 01366 500217
01945 773757

We take most major credit and debit cards, cheques and cash

Check out our facebook page to find out more about us and any special offers in your area

CHILDREN'S PAGE

Garden Word Search

Words may go vertically, diagonally and horizontally in either direction

F T C S R E N E D R A G J K I O
Y V G P O T T I N G S H E D V H
H J K O S C B N M C V G H J E F
H J X N E A T Y H B M V N J G K
O P U D B U P U I V G X C F E R
H R E S U E W P C F V J K K T B
B H U O S V G D L E R T Y U A H
E F G H H J Y O I E E X C G B D
V R F D L A W N A S T D C V L H
Y U U T Y E N M G H J R D S E E
G T Y U R Q E T Q U I T E F S Y
J H F S W C V F G H I I B E H J
R U N N R E G N U O L N U S V H
D O N K E R E D N E V A L Y E S
D O N G Y T G D V J W E M B L I
S E R G H E R B S Z U I B J K K
W R T Y D U G B M L O P K U G T

Potting Shed
Rose Bush
Lawn
Ponds
Flowers
Vegetables

Apple Tree
Sun Lounger
Lavender
Weeds
Herbs
Gardeners

QUIZ PAGE

1. Who was the last left-hander to win the Men's singles at Wimbledon?
2. In the Rolling Stones' lyric who is a 'gas, gas, gas'?
3. Rearrange 'THEN GARY SAVED FRUIT' to identify a musical film.
4. What does blepharitis affect?
5. Where in London does the Ceremony of the Keys take place every night?
6. Does a fright really make your hair stand up?
7. Name three 'golden' birds.
8. When did the UK change over to decimal money?
9. What colour is the cover of a UK passport?
10. Who bought the Queen her first corgi?
11. Which town in the Scottish Borders contains two parts of the human body?
12. What are cherubim and seraphim?
13. Rearrange OUCH A HOT DOUBTING MAN to find a Shakespeare play.
14. Name two James Bond Themes sung by Shirley Bassey.
15. What four-letter word written in capitals reads the same forwards, backwards and upside down?
16. Who parachuted into Scotland during 1941 and later was the last resident of Berlin's Spandau Prison?
17. Quasi-autonomous non-governmental organisations are often criticised for their unconventional ideas. How are they more commonly known?
18. What makes the holes in cheese?
19. Hoist, fly and canton are all parts of what?
20. Rearrange SCHOOLMASTER to reveal a seat of learning.
21. Seen in a garden, what is a James Grieve?

Answers: 1. John McEnroe; 2. Jumping Jack Flash; 3. Saturday Night Fever; 4. Eyelashes; 5. The Tower of London; 6. Yes, fear stimulates hormones, your muscles contract and hair becomes erect; 7. Golden eagle, Golden plover, Golden pheasant etc; 8. 1971; 9. Burgundy; 10. Her father, King George V1, who bought a Pembrokeshire corgi called Dookie in 1933; 11. Eymouth; 12. Angels; 13. Much Ado About Nothing; 14. Moonraker, Diamonds are Forever or Goldfinger. 15. NOON; 16. Rudolph Hess; 17. Quangos; 18. Bacteria produce carbon dioxide which bubbles, producing holes when it sets; 19. A flag; 20. The classroom; 21. A variety of apple.



**Saint John's Way
Saint John's Business Estate
Downham Market
Norfolk
PE38 0QQ**

Easy access, ample on-site parking, dedicated sterile operating theatre, dedicated dental suite, separate dog and cat wards, isolation ward, all staff and facilities on one site, x-ray suite, in-house laboratory, ultrasound facilities, Pet Passport, export services and 24 hour nursing cover.

A Personal and Professional service that our existing clients are accustomed to. We warmly welcome new clients who wish to register with us.

We are continuing to invest in equipment which allows us to offer a more comprehensive service to our clients and patients. We have recently invested in an ultrasound scanner and a state of the art digital x-ray system.

01366 382219

www.crossingsvets.co.uk

Our surgery times are listed below. Please note that appointments are now necessary for all evening surgeries.

Open surgeries

Monday to Friday	9-10am
Saturday	10-11.30am

**All other consultations will be by appointment only
so please ring in advance**

info@crossingsvets.co.uk