

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere; Boughton; Wereham

July 2021

Cover Illustration drawn by Mark Powell, Beachamwell ©

WELCOME



Well, what can we say? It is over a year since our lives changed beyond recognition. Lots has already been written so suffice to say

Take care and stay safe

We would like to thank Alan for dealing with the adverts, Kevin for the website, Andrew and Liz for collecting and delivering to the villages and everyone who has helped with G4N in any way - we do appreciate your continued support. Thanks also to Limetree Printers for their super efficiency

Happy Reading

Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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ADVERTISING

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www.group4news.co.uk Kevin Fisher, Tel 01366 502224

THANK YOU

We would like to say a heartfelt thank you for all the cards, letters and messages we have received following Robin's death in April. Also for so many offers of help and support and numerous practical acts of kindness. We have been so aware of the love and prayers which have continued to surround us through Hannah-Lou's two serious illnesses and major surgery in UCLH in London. All this has taken us away from home a lot in the past few months but our friends in this corner of Norfolk have never been more important to us. Thank you all. *Pippa and Hannah-Lou Blackall*



PRIESTLY RAMBLINGS

Dear Friends

I came back from a fortnight's holiday yesterday and it feels like a lifetime ago. We stayed on a campsite situated in the middle of 3500 acres of National Trust woodland. It was an old estate complete with village and a shop to die for home made sausage rolls and pastries complete with an outside cafe- all surrounded by ancient woodland crisscrossed with footpaths. It was paradise on earth, an island in the middle of hell on earth.

Where was this place? Slindon, West Sussex five miles from Arundel.

Why hell on earth? Traffic- the A27 and A29 in particular.

As well as having a good rest with lots of walks interspersed with lunches in the village, complete with cream buns, we also wanted to go exploring. First stop the coast only a few miles away - traffic jams all the way with notices on people's fences decrying the folly of the A29. I should not have mentioned Folly! There was one on a hill just outside the village where the lady of the manor used to entertain her lady friends to tea. She took them up by horse and carriage - four horses which should have warned me about the steep long climb. But no I had to climb to the top to see the wonderful view over the landscape to the Isle of Wight. Yes it was wonderful at the top but oh dear I very nearly met my maker half way up and my calves the next day were jumping as if they were fully grown cows!

We then ventured into Chichester to see the cathedral and wander around the city. It took all day to get there, see the cathedral (we had to take it in turns as no dogs allowed - I shall be writing to their Bishop) and come home again - most of which we were stuck in traffic. We did feel sorry for the folk who live in those parts who have to face the bedlam every single day.

Our last week was glorious sunshine until the last day. We woke to pouring rain and decided to face the traffic and explore in the car rather than stay inside reading. Mulling around, I love that word, I spotted a sign to Selsey Bill and immediately my brain reminded me of a childhood visit many, many years ago. So off we headed for Selsey Bill not knowing what to expect. By the time we arrived - traffic again - the sun was out just a little and so we headed for the beach. Winnie The Pooh loved it. Running along the sand as the tide went out, she demanded to be carried over the nasty stones, and picking up and re-depositing the seaweed in a much better position than the tide had. She soon found it was not for eating. She had never been to the beach before and had never seen the sea and so I gradually led her to the waters edge. Oh no you

PRIESTLY RAMBLINGS

don't she said, I'm not going in there that water keeps trying to catch up with me. I gently picked her up and paddled her two front paws in the water and she backed away as if Jaws was on her tail. Playing in the sand - yes. Paddling in the sea a definite no, no!



As we made our way home to our island paradise I had plenty of time to think about our little adventure - traffic you know - and Winnie's reluctance to put her toes in the sea. It made me think of our fear of putting our toes into new ideas, new experiences and new ventures. We like to keep within our comfort zones just like little Winnie. Little Winnie was afraid of the unknown and lurking sharks. What are we afraid of? Failure, disappointment, looking foolish?

Let's all try to be a little braver the next time we are faced with something challenging. You never know one day one of us may end up swimming across the channel - but I don't think it will be Winnie.

Rev Carol Nicholas-Letch Priest in Charge Wissey Valley Benefice 01366 500704 carolnl53@hotmail.com

RECIPE PAGE

Lemon Chicken Piccata

(quick and easy, packed with flavour)



Ingredients

4 boneless, skinless chicken breasts

A little rapeseed oil

50g butter

4 finely chopped shallots

2 cloves minced garlic

60ml dry white wine (sorry you might have to open a bottle)

200ml chicken stock

150ml double cream

Juice and zest of 1 lemon

60ml capers

2 tablespoons chopped fresh parsley

Method

Cut the chicken breasts to keep them the same size but half the thickness.

Dust with the flour and cook in batches on a medium heat in oil and butter until just cooked through keeping them warm, you may need a little more oil and butter.

Still on a medium heat, in the same pan you cooked the chicken, add 25g of butter and the shallots - cook until they are nearly translucent, add the garlic and cook through.

Add white wine turn up the heat and bring to the boil to cook off the alcohol, making sure you scrape any bits off the bottom, then add the stock, lemon zest and juice, bring back to the boil and reduce by 1/6.

Reduce the heat to medium and add the cream and capers, once amalgamated turn off the heat and add the parsley.

Serve with rice or pasta

Geoff Siddons (Beachamwell)

COUNTRYSIDE NOTES

Volcanoes and glaciers contributed to the formation of mountainous areas. As ice melted, the valleys filled up with water creating lakes. A lake is defined as being a static or very slow moving body of fresh water more than five acres surrounded by land apart from where rivers enter or exit. It becomes a pond if it is smaller in size, does not have moving water and is seldom more than 6ft Some naturally formed ponds are filled by underwater springs or rainwater; in some cases these are known as 'dewponds'. On lower ground lakes may be natural or man-made through damming a river or as the result of mineral or aggregate extraction. Many are in specially protected areas. There are about 10,000 of various sizes in Britain, the majority covering less than 25 acres. The biggest natural lakes are found in Scotland and the English Lake District where there are 16 large lakes. Curiously, only Bassenthwaite is named as being a lake, the others are known as 'meres' or waters'. Technically 'meres' are relatively shallow in relation to their size, 'waters' are deeper. Grasmere, Rydal Water are famously Buttermere, Derwentwater and Windermere is the largest lake in England and Wastwater, at a depth of 259ft, is the deepest. There are also 'tarns' nestling high in the Lake District fell tops where crevices, made by the ice, have filled with water. In total there are about 200 tarns many of which are quite remote. One of the most visited is Tarn Hows owned by the National Trust.

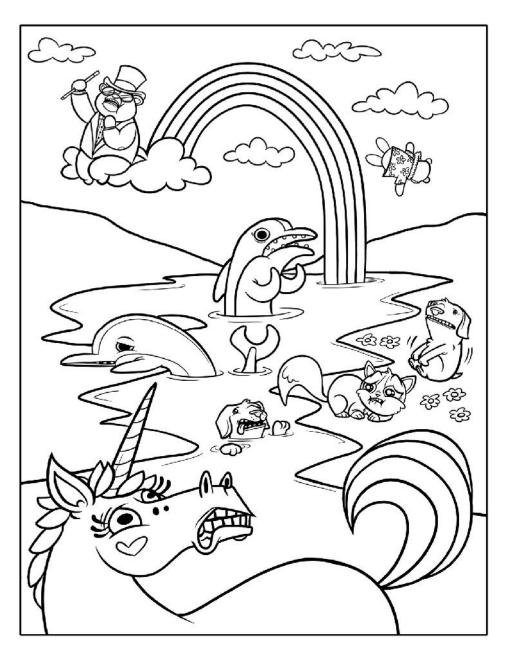
In Norfolk 'meres' are also found in Breckland but these are much smaller bodies of water. They are a curious phenomenon because they lie in depressions of ice age topsoil and are fed by water from the underlying chalk aquifer which has natural fluctuations in groundwater levels. Because of this they are often dry but this frequently occurs in winter, not summer as might be expected, because rainfall from the previous winter takes months to permeate through. In the Watton area there are water-filled hollows created at the end of the last ice age known as 'pingos'. There are also 'broads' in the east of Norfolk which are a network of mostly navigable rivers and lakes formed by the flooding of centuries old peat workings. Although being a very popular holiday destination the Broads are also a conservation area having a level of protection similar to a national park.

In Scotland lakes are called lochs which also apply to tidal sea lochs connected to the sea. Loch Lomond is the biggest, Loch Awe the longest, and Loch Ness the deepest at 788ft. The latter has the largest volume of fresh water in Great Britain. Much smaller lochs which have formed in peaty areas mainly found in the Highlands are known as 'lochans'

In Northern Ireland lochs are spelled differently as 'loughs' but pronounced the same. Lough Neagh in Northern Ireland is the UK's largest lake. In Wales a lake is called 'llyn'.

Jill Mason [Barton Bendish]

A PICTURE FOR YOU TO COLOUR



QUIZ PAGE

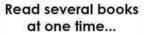
- 1. What belongs to you but is used by almost everyone you meet?
- 2. What is the hardest substance in the human body?
- 3. We all know what a jaguar is but what, also in the natural world, is a jaeger?
- 4. What is a funambulist at the circus?
- 5. Whose logo is a revolver incorporating three numbers?
- 6. Could 18 year olds vote in 1969?
- 7. Where does the expression "one fell swoop" come from?
- 8. How many "road" films did Bob Hope and Bing Crosby make 5,7,9 or 11?
- 9. Solve these "man" words [a] West African ape; [b] window dummy; [c] minister's residence; [d] old document..
- 10. What kind of meat should you find in a saveloy sausage?
- 11. Rearrange ADD LOVER CLEO to reveal the name of a British bird.
- 12. Phil Harris and John Goodman did the voice of this character in the original and sequel of which Disney cartoon?
- 13. What type of missile takes its name for the French for Flying fish?
- 14. What is the difference between flotsam and jetsam?
- 15. We call it Japan but how do the Japanese know it?
- 16. What type of fish is also something you might find in a cage?
- 17. Where was the late Princess Margaret born?
- 18. Which fictional family in a Disney film live at Cherry Tree Lane?
- 19. What is a "re-tread" in the House of Commons?
- 20. Why are flowers scented?

for pollination.

[1] Your name. [2] Enamel on your teeth. [3] A predatory seabird. [4] A tightrope walker or ropedancer. It means rope walker in Latin. [5] 007 James Bond [6] Yes, the voting age was lowered to 18 on May 12th 1969. [7] It's part of a quote from Macduff in Shakespeare's 'Macbeth', when he hears his family has been murdered. [8] Seven – Road to Singapore, Zanzibar, Morocco, Utopia, Rio, Bali, Hong Kong. [9] [a] Mandrill [b] mannequin [c] Manse [d] manuscript. [10] Pork. [11] Collared Dove. [12] Jungle Book. They did the voice of Baloo the bear. [13] Exocet. [14] Flotsam is goods lost by shipwreck floating on the sea. Jetsam is stuff deliberately dumped at sea. [15] Nippon. [16] A perch. [17] Glamis Castle. [18] The Banks family in Mary Poppins. [19] An MP who is re-elected to the Commons having previously lost a seat [20] To attract insects

Answers:

Things Book Lovers Do





...while also having a stack of books to read next...



...and keeping a running list of even MORE books you want.



© Adrienne Hedger

Feel happy when you remember you get to read your book later.



Feel sad and lost when you finish a great book.



Pause to appreciate a beautifully written sentence.



See the cover of an old book and be transported back to your youth.



Find joy and comfort in rereading a favorite book.



Walk into a library or bookstore and say...



DOWNHAM MARKET LIBRARY

Summer Reading Challenge Let the kids go wild with reading this summer

Visit Downham Market Library to register your children for the Summer Reading Challenge for children aged 11 and under to pick up their free packs.

Every week there will be different activity sheet available throughout the summer holidays. These activities will be in a bag of books hand selected by staff although, of course children can also choose their own books.

This year the theme of the challenge is World Wildlife Heroes and is running in partnership with the Reading Agency and the World Wildlife Fund. If your child loves nature, the environment, animals, bugs and slugs this challenge is the perfect opportunity to foster a love of reading.

Most importantly the Summer Reading Challenge is fun and engaging for children. In addition, it can support your child to keep up with their reading during the long summer holiday and nurture a lifelong love of books with all the benefits that brings.

The Library and Information Service is also hosting some exciting children's author and storytelling events on-line. Including award winning author, vet, and wildlife enthusiast Gill Lewis and children's TV presenter, author and vet Jess French.

To find out more and to book on to our events visit our Norfolk Libraries webpage and follow the links to the Summer Reading Challenge.

You can pop into Downham Market Library to register for the Summer Reading Challenge from the 10th July, all the way through the summer holidays.

Kim Martin

Library and Information Assistant Downham Market Library Priory Centre Priory Road Downham Market PE38 9JS Tel: 01366383073 SATURDAY OF THE PROPERTY OF TH

It's called **reading**.
It's how people install new software into their brains.

Every minute, six people over 65 suffer a fal/

We're here to help.

To find out more, call us on 01553 616200 or visit www.careline-cs.org.uk



Careline



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Helping adults in west Norfolk get involved in their community







2016-0-0

Lily Has Changed!

From 1 July 2018, our Lily service expanded to include everyone over 18, not just those in later years.

Lily provides a comprehensive range of support in West Norfolk to combat loneliness and social isolation in adults of all ages. The project is linked to the 'No Lonely Day' initiative and encourages our residents to develop friendships and engage in their local communities.

The Lily online directory lists organisations, services and activities that help people to live healthy, active and independent lives. It includes information relevant to adults of all ages. If you would like your event or organisation to be included in the directory, get in touch asklily.org.uk

Lily Advisors from local charities are available to offer one-to-one support to people at home or in community locations.

Lily has a strong focus on community development, by helping groups to arrange activities and encouraging volunteering, and by providing community events, onsite information sessions, and support for employers, schools, and colleges.

If you, or anyone you know, would like to know how Lily can help, call 01553 616200 and choose option 6.

Free Home Assessments on Offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

To book an appointment call the Careline Community Team on 01553 760671

MOTOR NEURONE DISEASE

A rewarding way to make a difference locally

Do you enjoy listening to and helping people? Are you looking for a volunteering role which fits in around your family, work, studies and other commitments? By giving just a few hours a week you could make a huge impact.

As an Association Visitor for the Motor Neurone Disease (MND) Association you would maintain contact with people with MND, their families and carers by phone, email, via online platforms, or with face to face visits, when permitted. The role is a challenging but rewarding one. By offering confidential emotional support, information and help to access the right services, you can enable people affected by MND to live their lives more easily.

Katie Moore, Association Visitor with the local West Norfolk Group says,

'Being an Association Visitor is a really rewarding role. It is a privilege to be able to support people in difficult times and to know that you can make a difference in someone's life. It's not always about the big things, sometimes just being there is enough.'

Nina Hicks whose late Mother, Pamela Tresize had MND commented on the support they received from their Association Visitor Steve and the support they received from the Kings Lynn and West Norfolk group:

"Because MND is so complex and individual it takes an amazing person to volunteer and I am forever grateful to Steve Thorn and the compassion he showed my Mum. MND Kings Lynn are exceptional. They provide endless support emotionally and through the provision of information for both the patient and their families at diagnosis, during the illness and afterwards. They are irreplaceable and I thank them every day for everything they did for my mum and continue to do for me. They made a horrific situation a little easier and I will continue to raise money for them."

For more information on how you can become an Association Visitor, or if you have any other skills to offer, please contact Liz Cooper, local Area Support Coordinator on 01604 800620 or email liz.cooper@mndassociation.co.

Alternatively, you can find out more about MND, the Association, the Association Visitor and other roles and apply online at www.mndassociation.org

Facebook: https://www.facebook.com/MNDKingsLynn

Twitter: @mndkingslynn

Facebook: https://www.facebook.com/MNDANorwichWaveney

Twitter: @MNDANorWave

About the MND Association:

Please note that style wise motor neurone disease is lower case and then abbreviated to MND. The Motor Neurone Disease Association can be shortened to the MND Association or the Association but never the MNDA.

The MND Association was founded in 1979 by a group of volunteers with experience of living with or caring for someone with MND. Since then, we have grown significantly, with an ever-increasing community of volunteers, supporters and staff, all sharing the same goal – to support people with MND and everyone who cares for them, both now and in the future.

The MND Association focuses on improving access to care, research and campaigning for those people living with or affected by MND in England, Wales and Northern Ireland.

About motor neurone disease (MND):

MND is a fatal, rapidly progressing disease that affects the brain and spinal cord. It attacks the nerves that control movement so muscles no longer work. MND does not usually affect the senses such as sight, sound, feeling etc.

It can leave people locked in a failing body, unable to move, talk and eventually breathe.

Over 80% of people with MND will have communication difficulties, including for some, a complete loss of voice.

It affects people from all communities.

Around 35% of people with MND experience mild cognitive change, in other words, changes in thinking and behaviour. A further 15% of people show signs of frontotemporal dementia which results in more pronounced behavioural change.

It kills a third of people within a year and more than half within two years of diagnosis.

A person's lifetime risk of developing MND is around 1 in 300.

Six people per day are diagnosed with MND in the UK.

It affects up to 5,000 adults in the UK at any one time.

It kills six people per day in the UK, this is just under 2,200 per year.

It has no cure.



COULD YOU HELP A YOUNG PERSON WITH A DISABILITY TO THINK ABOUT THEIR FUTURE?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact:

Vicki Howling, the project co-ordinator for an informal chat.

Telephone 01366 386972 or 07926 044845

Email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.



CSV, 237 Pentonville Road, London, N1 9NJ

Find out more at www.csv.org.uk

Like CSV UK' on Facebook: www.facebook.com/CSVUK
Follow @CSV_UK' on Twitter: www.facebook.com/CSVUK





Contact us to find

01355 34,7260 or office@stmartin.norfolk,sdv.



for eligible 3 and It year olds.



Nursery places available at St. Martin at Shudidham Primany Academy



THIRD AGE (U3A)



I am the business secretary for Downham Market and District University of the Third Age (U3A) which is a registered charity. We are keen to get the information out that we exist and to welcome new members.

The U3A is a national movement for retired and semi-retired people who would like to continue learning and sharing knowledge as well as making new friends and taking up new activities. Our U3A is very popular and we have over 200 members

We have over 35 learning/activity/discussion groups, all led voluntarily by members. A few examples of groups are: indoor games, walking, gardening, current affairs, book club, philosophy, family history, luncheon club, craft, music appreciation, art and ukulele. All groups meet in the daytime, often in member's homes, where group members contribute 50p for refreshments. For groups requiring a larger space members share the cost of the venue.

For me joining the U3A has been great, I have developed new skills and followed my interests. It has filled my spare time in interesting and enjoyable ways and the social aspect has been great and stopped me feeling isolated.

Covid 19 really affected us all and the monthly U3A meeting at Downham Market Town Hall, which always included a speaker on an interesting topic, had to stop. We have continued to have monthly speakers via zoom. Several groups had to stop. Groups are beginning to run again now and we are hoping to be back at the town hall in September.

We have a website (https://u3asites.org.uk/downham-market/home) for anyone requiring further information, new members are always welcome.

Anyone interested can email me at <u>u3adownhammarket@gmail.com</u> or phone John on 01366347526 or Fiona on 01366380363

Fiona Bembridge

I'VE LEARNED...

- I've learned that life is like a roll of toilet paper. The closer it gets to the end, the faster it goes.
- I've learned that the best classroom in the world is at the feet of an elderly person.
- I've learned that having a child fall asleep in your arms is one of the most peaceful feelings in the world.
- ♦ I've learned that you should never say no to a gift from a child.
- I've learned that I can always pray for someone when I don't have the strength to help them in some other way.
- I've learned that no matter how serious your life requires you to be, everyone needs a friend to act goofy with.
- I've learned that sometimes all a person needs is a hand to hold and a heart to understand.
- I've learned that we should be glad God doesn't give us everything we ask for.
- I've learned that it's those small daily happenings that make life so spectacular.
- I've learned that under everyone's hard shell is someone who wants to be appreciated and loved.
- I've learned that the Lord didn't do it all in one day. What makes me think I can?
- I've learned that love, not time, heals all wounds.
- I've learned that you can make some one's day by simply sending them a little note.
- I've learned that you can tell a lot about a person by how they handle these three things: a rainy day, lost luggage and tangled Christmas tree lights.
- I've learned that regardless of your relationship with your parents, you'll miss them when they're gone from your life.
- I've learned that making a "living" is not the same thing as making a "life."
- I've learned that life sometimes gives you a second chance.
- ♦ I've learned that every day you should reach out and touch someone. People need and love human touches -- holding hands, a warm hug, or just a friendly pat on the back.
- I've learned that I still have a lot to learn.



With the start of warm weather, we often see an increase in opportunists taking advantage of doors and windows being left open. This coupled with the easing of pandemic restrictions and our being able to travel further afield I would like to talk about crime prevention and home security.

Being burgled can be a traumatic experience. However, as the majority of burglaries are opportunist as opposed to being planned, there are some simple steps you can take to reduce the risk of it happening to you. When it comes to home security people often think this only applies to doors and windows, however, the most effective security consists of a variety of measures, creating layers of security around your home to deter, defend and detect any intruders.

Keep front perimeters at no more than 1 metre high this will allow for natural surveillance from neighbours or passers-by while rear perimeters should ideally be at lease 1.8 metres high to deter access from neighbouring properties. In garden areas ensure that there is nothing outside your property such as tools, bricks, ornaments which could be used to force entry while a gravel driveway is noisy to walk on and can act as a deterrent. Sheds and garages should always be kept secure and lighting is also a good deterrent; dusk to dawn lighting can illuminate entry points, deter burglars and provide a means of you being able to safely investigate any suspicious noises.

All external doors into your home, should have robust and secure locking mechanisms. Keep your doors locked and remove the key at all times – even when you are at home. Have a fire exit plan so that in an emergency everyone can leave quickly. Never leave a door insecure to avoid having to get up to let family members have access – use a key safe, and never hide a spare key outside. Burglars know all the usual hiding places! Fit a door chain and door viewer and use it each time you open the door. Keep windows secure at all times – even if you are at home. Never leave a downstairs or easily accessible window open.

Alarms and CCTV also add an extra layer of security to your home if installed and used correctly. Don't use dummy systems and make sure you set the alarm every time the house is empty and at night if possible. Another good tip is to try to make you home look occupied. Use lights and a radio – and when using lights on timers do this on lights that would normally be used. An only light on in the landing could be an indication that the house is unoccupied. Don't keep large quantities of cash in the home, make an inventory, take photographs and use a permanent marker or UV pen to add your postcode to valuable items.

NORFOLK COUNTY COUNCIL

A new single point of contact for flooding in Norfolk has been launched, allowing residents to report any sort of flooding quickly and efficiently. Call 0344 800 8013 or online via www.norfolk.gov.uk/flooding

Where there is a potential risk to life from flooding people should still call 999 immediately.

Lord Richard Dannatt, Chair of the Norfolk Strategic Flooding Alliance (NSFA), said: "When flooding hits, people have to make quick decisions on how to react. For those who want to alert others and report a flood, the process of finding the right agency could be slow and frustrating, wasting valuable time. This new initiative makes reporting a flood faster and easier, allowing residents to get on with protecting their families and property. The introduction of this number is the result of the work of the NSFA over the past few months, and is the first step in the Alliance's programme of work to address the risks of flooding in Norfolk and will make dealing with flooding in our county simpler and easier for the people of Norfolk."

A leaflet detailing the new number, including a pop-out-and-keep card, is being delivered to households across Norfolk to ensure everyone knows how to report flooding in the county.

The new number has been set up by the Norfolk Strategic Flooding Alliance, a partnership of agencies across Norfolk working to provide a consistent and co-ordinated response to flooding in the county, while also making communities and infrastructure are safer and more resilient. The number is staffed by Norfolk County Council officers and funded by the County Council.

The Norfolk Strategic Flooding Alliance is a new taskforce, brought together in early 2021, to work so that Norfolk communities and infrastructure are safer and more resilient to the risks of inland and coastal flooding. The Alliance includes, among others, the Environment Agency, Anglian Water, the Association of Drainage Authorities, the Water Management Alliance, Water Resources East, the Norfolk Resilience Forum, the Broads Authority and Norfolk's County, Borough, City, District and Parish Councils.

For details of cabinet members, committee chairs and agendas, please see: www.norfolk.gov.uk/cabinetandchairs

Group leaders' and councillors' contact details are available at: www.norfolk.gov.uk/countycouncillors

For further information please contact:

Communications Team at Norfolk County Council

Tel: 01603 228888

Email: pressoffice@norfolk.gov.uk

MAGPIE CENTRE NEEDS VOLUNTEERS



Are you healthy and active? Might you be able to give us a hand?

Activities at the Magpie Centre, home of West Norfolk Riding for the Disabled Association, have been returning to normal, in line with the gradual lifting of lockdown restrictions.

Riders have returned with great enthusiasm and the Centre is currently awaiting delivery of three new mounts: two ponies and one horse, a weight-carrier for adult riders. The horse will be privately-owned but on working livery at the Centre.

Now the hunt is on for volunteers to help with the rides, which run from Monday to Friday lunchtime.

If you enjoy fresh air, the countryside and making new friends, while helping the community - this one's for you!

The Magpie Centre, situated in the picturesque grounds of Wallington Hall, near Downham Market, and which has an indoor school, provides more than 100 riding and carriage driving lessons a week to people of all ages, who are living with a wide range of physical and learning disabilities.

We need volunteers who can lead a quiet pony in lessons, and/or who would be prepared to 'sidewalk'. The role of the sidewalker is very important. They walk beside the rider to help them maintain balance and helps to communicate the instructor's directions to the rider.

No previous experience is necessary, as all training will be given, so if you have a couple of hours to spare each week, please call the Centre on 01553 810202, visit our website: www.rda-westnorfolk.org.uk or

email magpiecentrewnrda@hotmail.co.uk to find out more.

We look forward to hearing from you and can promise you a friendly welcome!

Caroline Dudley

ST MARY'S CHURCH, HOUGHTON ON THE HILL



- We are now open every day from 2 4pm for guided tours
- Sunday July 18 at 3pm: Our Annual Thanksgiving Service will be dedicated to the memory of Bob Davey. There will be a quartet of singers. Refreshments after the service.
- Saturday 31 July at 4pm: We are looking forward to hosting a concert by Donald Bousted, composer and musician. Tickets (comprising the concert and refreshments) will be available through our website at www.houghtonstmarys.org.uk
- Further events are planned for August and September please see the website or St Mary's facebook page.

Please become a Friend of St Mary's and receive news about the Church. By becoming a Friend you will be in regular touch with the church and help to contribute to maintaining it and its priceless paintings. Application forms available on our website.

More information please contact admin@houghtonstmarys.org.uk. Kind regards.

The Trustees

Hockwold cum Wilton

St Peter's Church (the church on Station Road,)
A Churches Conservation Trust building



We are open again
Local volunteers, the Friends of St Peter's (FoSP) invite to our

OPEN DAY

Sunday 04 July 2021 at 10-4pm

Oxborough Open Gardens and Church Flower Festival Weekend

3rd and 4th July from 12 – 4pm Entry £5, children free Programme with map from the Church.

Refreshments, including ploughman's lunch and home made cakes, at the Village Hall

In aid of Church and Village Hall. Enquiries 01366 328 730



Barton Bendish Community Library and Second Hand Bookshop



Open every day 10am – 4pm St Andrew's Church PE33 9GF

Everyone, including people from surrounding villages, welcome to borrow or buy books



Nar Valley Ornithological Society (NarVOS)

Saturday 10th July, 8.00am 2.30pm, NarVOS Stall on Market Place, Swaffham, to promote Swift Awareness Week. Come and have a chat to find out more about Swifts and NarVOS.

Wednesday 28th July, 7.30pm, Indoor meeting at the Assembly Rooms, 1 Market Place, Swaffham, PE37 7AB. Subject to easing of Covid restrictions. More info at www.narvos.org.uk

Please come along to this illustrated talk by **Lyn Ibbitson-Elks**, entitled:

Terns and Seals

Lyn is a very busy person! She volunteers with the RSPB to help with the Little Terns near Sea Palling and she is a warden with the Friends of Horsey Seals. Lyn will talk about the progress of the Little Terns and the work of the Friends of Horsey Seals to support the Grey Seal population. Please join us for this evening of coastal wildlife insight and the admirable work being done to sustain it

Visitors most welcome. Admission £4 on the night if you are not a NarVOS member.

Enquiries: 01760 724092.





Beachamwell Afternoon Tea and a Chat.....'

Wednesday July 28th 2 - 4pm

Village Hall



Enquiries: 01366 328108

Beachamwell

Creative Writing Group



Meets every second Monday Afternoon

2.30pm

Everyone with an interest in putting pen to paper welcome.

Enquiries: 01366 328895 or james@jamesknoxwhittet.plus.com

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Barton Bendish Film Club

Unfortunately, as you know the Government has had to announce the continuation of Covid –19 Level 3 lockdown restrictions after 21st June. Consequently it's not possible to show the film David Coppefield as planned on 3rd July in the village hall and this event is cancelled.

We will schedule another screening when we're able to do so and look forward to inviting you back and to then welcoming you to our newly improved and extended Barton Bendish Village Hall Cinema. Thank you for your continued support *The Barton Bendish Film Club Committee*

Art /Photography/Craft Exhibition and Sale - September 18th and 19th

This will be the eleventh annual exhibition and sale of art, photography and craft. Details have gone out to all previous exhibitors and are available by contacting <u>bartonbendishevents@gmail.com</u> or Liz Stephen (347549).

Queries: Linda 01366 347 563 or Mhari.01366 347 849

Update from Barton Bendish Parish Council

Annual Parish Council meeting held in Village Hall on 19th May immediately after the Annual Parish Meeting.

The Parish Council were pleased to return to face-to-face meetings in the Hall and very impressed with the newly extended and refurbished Hall.

Cllr Will Chapman was reappointed as the Chairman and Cllr Paul Swallow was reappointed as the Vice-Chairman. The Annual Governance & Accountability Return for the last financial year was approved and the documents for the audit can be found on the Parish Council website.

The Parish Council had been notified of a Community Infrastructure Levy payment from the Borough Council of £2356.65 and will be considering how to spend this in the future. There are limitations on how this money can be used as it must be on something that is for the benefit of the community.

The date of the next meeting will be on Wednesday 14th July 2021 from 7.30pm in Barton Bendish Village Hall. All meetings are open to the public to attend.

Miss Sarah Thorpe, Parish Clerk

Telephone number: 01945 430930

Email: bartonbendishparishcouncil@aol.co.uk

Further information is available on the Parish Council website at bartonbendishparishcouncil.norfolkparishes.gov.uk

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Remembering Valerie McAlister

"You want to set a goal that is big enough that in the process of achieving it you become someone worth becoming".

As the Sun beats down remorselessly and July seems to have arrived early, I find myself thinking about Val who loved to come here to Witsend to watch the annual air display which takes place in the skies over RAF Marham during the height of Summer. When we first laid eyes on Witsend the Red Arrows were busy and spectacular overhead and, had I not already been sold on Barton Bendish, that stirring sight would have clinched the deal.

One of Val's favourite moments was, having waved to a Lancaster pilot who was flying the venerable plane low over our house, he waggled his wings in response. I wont forget it either. She loved planes and once she organised a



trip to the base during which we were allowed a wing walk on a Tornado. Needless to say we were on the ground and motionless but she laughed with

BARTON BENDISH & EASTMOOR VILLAGE NEWS



glee at the joy of the moment. Enthusiasm is infectious and delightful.

Curiously, we had a dramatic falling out when she had me working on a short book to commemorate a hundred years since the Great War. The Parish Council had wanted something to commemorate Barton's part in it. We both had very clear ideas of how to go about things and, it could be said, we were both a bit stubborn. Anyway, we soon made up and together we organised an evening of Remembrance in the Village Hall. We had become the best of friends by taking the trouble to understand each other better.

Of course the time is approaching when our Village Hall is about to reopen after the brilliant extension and renovation project

and the long, dark months of Covid isolation. I really hope that people will remember that Val served on the Management Committee that helped to get the project started. She was a fervent supporter of the idea from its very earliest days. She was adamant that the Village Hall should be a powerful tool for uniting and serving the village. In particular, she wanted elderly people, many of whom live alone and feel lonely and forgotten to have somewhere to go. She believed that we could and should do something for people who feel isolated, forgotten and worthless. We are an ageing community and it is easy for people on their own in an isolated village to simply disappear from view. Covid has made things even more fragmented. Val believed that hiring the hall out could make enough money to susidise coffee mornings, breakfasts and lunches for the elderly. Long before Covid and the tragic and seemingly permanent closure of our pub, she was talking about drop in sessions, a Dementia Café and pop up Post Office and Bar.

I hope that among all the celebrations Val's contribution isn't forgotten. I loved her vision for the Village Hall and the good it could do. And I loved her. Wouldn't it be wonderful if her vision came to pass?

Andrew Stephen

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Mobile Post Office

Monday and Thursday 13.00 – 13.15: Tuesday and Wednesday 11.10 – 11.30

Parish Council



The Parish Council has resumed face to face meetings in accordance with Local Government legislation.

The Parish Council held the Annual Parish Council meeting on 17th May 2021 at Barton Bendish Village Hall. At this meeting Councillor Sanderson was re-elected as the Chairman and Cllr Lambert was re-elected as Vice-Chairman for the year 2021/22.

An increase in litter, mostly from take-away foods, was noted by the Parish Council and Cllr James advised he was reporting this to Breckland District Council using their online reporting system.

Cllr O'Donnell had brought to the attention of all Councillors; the base of the recently repaired village sign was crumbling away. Cllr Sanderson confirmed he had spoken to the contractor who carried out the work and this would be repaired in the coming weeks, without charge.

Date for the next Parish Council meeting is:

Monday 19th July 2021 Ordinary Meeting. Starting at 7.30pm

Mrs Sharon Sweet Clerk to the Council:

07823 772 270 <u>beachamwellparishcouncil@gmail.com</u>

Councillors:

Cllr. Tom Sanderson (Chairman):

Cllr. Diana Lambert (Vice Chairman):

01366 328227

Cllr. Richard James:

01366 328968 rjj1james@gmail.com

Cllr. Pat O'Donnell:

01366 328385

Nextdoor Beachamwell App

Recently we all had a letter from Yvonne Gough, Chestnut Walk posted through our doors. Unfortunately there is no way we can get in touch as no house number, phone number or email were shown.

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS



Thank you

Allan and Karen Butler

Beachamwell Afternoon Tea and Chat



We are hoping to open up again in the Village Hall on Wednesday 28th July, from 2-4pm. This of course depends on Government guidelines, but all being well, it will a great opportunity to get together again. Please see advert on page 26

Gay Paterson

Beachamwell Creative Writers

This group has now resumed. Please see advert on page 26 *James Knox Whittet*

BOUGHTON VILLAGE NEWS

Frank Reid

Sandy and family would like to thank everyone who sent cards of condolence and messages of sympathy after the recent sad loss of Frank.

It has been so touching for the family to receive so many lovely messages.

Please accept this as our only but most sincere acknowledgement.

Sandy Reid

All Saints' Church

We are hoping to establish a more regular pattern of services, with Holy Communion on the fourth Sunday every month.

For the moment, we can't go back to Breakfast Church, but hope to do so later in the year.

We will have a service of Morning Prayer on the second Sunday of each month until things have settled down and we are hoping that Pippa will be able to take this most of the time.

We had a good attendance for Compline on May 30th, so perhaps we will need to explore this more closely. We needed an 'in church' service on that day to read the banns for a wedding in July, which is always good. Helen Payne grew up in the village and her grandmother, Audrey Payne, was churchwarden for many years before me. We all wish Helen and Ollie a lovely day and many happy years together.

Thanks to Angela and Andrew for their work. There has been a problem with the big ash tree, and specialists are being used to determine the health of the tree and what needs to be done to keep it safe for everyone. Does anyone know how old it is? It was a large tree more than thirty years ago when I first came to live here, so it's done very well. Ash trees have had a lot of problems, so we want to preserve this one in good health for as long as possible. It's a major feature of the churchyard.

Pam Wakeling

BOUGHTON VILLAGE NEWS

Boughton Fen – CPRE Awards

Earlier this year, I was contacted by Norfolk CPRE and asked if I would submit an entry to this year's CPRE awards.

Despite the limitations imposed on us by the terrible winter, and, to a lesser extent, the pandemic, there was still plenty to write about, and then condense into the required 500 words, along with some decent photos, which all had to adjusted to the sizes required by the conditions of entry.

By the time you read this, we will have received a visit from the judges, so we have clearly passed the first hurdle to be included in the sites thought worthy of consideration.

Thanks to the great team who have spent time getting very hot and bitten by insects to ensure seats, signs and boardwalks are clean and easily accessible.

I know from past experience that the standard for these awards is incredibly high, so we can only cross our fingers now and wait to see how we have done.

Sue Pogmore



COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS

DATE	VILLAGE	LOCATION	TIME
Tuesday 13 July	Barton Bendish	Hatherley Gardens	11:10 am
Tuesday 13 July	Beachamwell	Old Post Office	09:45 am
Tuesday 20 July	Drymere	Telephone Kiosk	09:45 am
Tuesday 13 July	Boughton	Mill Road	10:45 am
Friday 9 July	Wereham	Queen's Close	12.25 am
	vverenam	Village Hall	12:45 am

For services to all 'Group 4' villages ring Mobile Library Information on 01362 693184 (Barton, Beachamwell, Boughton & Drymere) or 01366 383073 (Wereham) or look at the website - https://www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/mobile-library-routes-and-timetables

MARKETS - Farmers' and Indoor

Ely (Farmers')	Second and Fourth Saturday each month 8.00am to
	2.00pm
Fakenham (Farmers')	Fourth Saturday each month 8.30am to 12.00pm
Kings Lynn (Farmers')	Second and Fourth Saturday each month
Kings Lynin (Farmers)	Occord and Fourth Saturday Cach Hontin
Swaffham (Indoor)	Every Friday 9.00am to 1.00pm
Wisbech (Farmers')	Alternate Fridays 8.30am to 2.00pm

For information:- www.farmersmarkets.net or your local Tourist Information Office. Check to see if they are actually taking place.

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Mary Simons	01366 347 790	
Beachamwell	Cathy Friend	01366 328892	
Boughton	Pam Wakeling	01366 500429	
Wereham	Angie, Lyn or Sara	07497 430005.	weekdays 10 - 3
	www.werehamvillage	hall.co.uk/ hallhire	Anytime



West Norfolk Community Transport provides door to door transport for the local community allowing access to the market towns for medical appointments, shopping or visiting friends.

Village	Day	Destination	Price	With Concessionary Pass	Office
Barton Bendish	Friday	Downham Market	£5.50	£4.00	Swaffham
Beachamwell	Tuesday	Swaffham	£5.50	£4.00	Swaffham
	Friday	Downham Market	£6.00	£4.00	
Boughton	Tuesday	Downham Market	£5.50		Kings Lynn
Drymere	Tuesday	Swaffham	£4.50	£3.00	Swaffham
	Friday	Downham Market	£5.00	£3.00	Swaffham
Wereham	Tuesday	Downham Market	£4.50		Kings Lynn

You need to be a member and you must prebook your seat.

For more information please call

Kings Lynn - 01553 776971

Swaffham - 01760 720906

CHURCH SERVICES IN JULY (WISSEY GROUP)

These are the planned services during July, but all are subject to change or cancellation as the pandemic situation changes.

Latest details may be found on the Wissey Valley Facebook group at: https://www.facebook.com/groups/205146954071877/

Sunday, 4 July [The Fifth Sunday after Trinity]

9.30am	Methwold	Holy Communion
9.30am	West Dereham	Holy Communion
11.00am	Wereham	Morning Prayer
11.00am	Wretton with Stoke Ferry	Holy Communion

Sunday, 11 July [The Sixth Sunday after Trinity]

9.30am	Methwold	Service of the Word
9.30am	Whittington	Service of the Word
11.00am	Boughton	Morning Prayer

11.00am West Dereham Family Service inc. Baptism

Sunday, 18 July [The Seventh Sunday after Trinity]

9.30am	Methwold	Holy Communion
9.30am	West Dereham	Service of the Word
9.30am	Wretton with Stoke Ferry	Service of the Word
10.00am	Barton Bendish	Holy Communion
11.00am	Wereham	Holy Communion

Sunday, 25 July [The Eighth Sunday after Trinity]

9.30am	Methwold	Service of the Word
9.30am	West Dereham	Service of the Word
9.30am	Whittington	Holy Communion
11.00am	Boughton	Holy Communion

Midweek Services

Tuesdays* and Wednesdays 9.00 am **Wretton with Stoke Ferry** Morning Prayer

Thursdays 8.30 am Methwold Morning Prayer

Thursdays 9.00 am Wretton with Stoke Ferry Holy Communion

*Please note change of day.

CHURCH SERVICES IN JULY (PRIORY GROUP)

At the time of publication, these are the intended services for July.

All services are subject to Covid-19 restrictions and change or cancellation.

For up-to-date information check our website at http://finchamgroupnews.co.uk/ or the WNPG website at. https://www.westnorfolkpriorygroup.co.uk/calendar

Sunday, 4 July [The Fifth Sunday after Trinity]

-		
10.00am	Shouldham	Morning Prayer
11.00am	Marham	Holy Communion
11.00am	Watlington	Morning Prayer
6.00pm	Online Evening Prayer	See link below

Sunday, 11 July [The Sixth Sunday after Trinity]

• •	, .	7.
09.30am	Shouldham Thorpe	Holy Communion
11.00am	Fincham	Morning Prayer
11.00am	Stowbridge	Holy Communion
11.00am	Watlington	Holy Communion
6.00pm	Online Evening Prayer	See link below

Sunday, 18 July [The Seventh Sunday after Trinity]

09.30am	Wormegay	Holy Communion
11.00am	Marham	Morning Prayer
11.00am	Shouldham	Holy Communion
11.00am	Watlington	Holy Communion
6.00pm	Online Evening Prayer	See link below

Sunday, 25 July [The Eighth Sunday after Trinity]

09.30am	Fincham	Holy Communion (BCP)
11 00am	Tottenhill	Holy Communion

11.00am Watlington Morning Prayer

11.00am Wimbotsham Holy Communion (at Stow Bardolph)

6.00pm Online Evening Prayer See link below

Midweek Services

Every Wednesday 10.00am Watlington Morning Prayer.

Stow Bardolph Church is now open every Wednesday and Sunday for private prayer and visits.

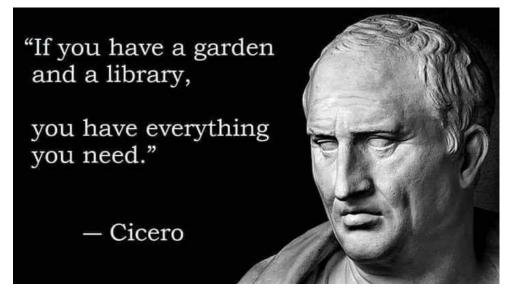
Link.https://us02web.zoom.us/j/84842560875? pwd=Ym82ajBzWIZzdXRoYVNiUW1JSWRsQT09

WISSEY VALLEY GROUP CHURCHWARDENS

Barton Bendish:	Mhari Blanchfield	01366 347 849
	Linda Webster	01366 347 563
Beachamwell	please contact	
	Rev. Carol Nicholas-Letch	01366 500 704
Boughton:	Pam Wakeling	01366 500 429
Methwold	Alan Burbridge	01366 727 002
West Dereham	Graeme Pressley	01366 501 179
Wereham:	Sheila Smith	01366 858 165
Whittington	Susan Smith	07849 157 080
Wretton	Anita Horgan	01366 500 785
Whittington & Wretton	Elaine Taylor	01366 500 948

PRIORY GROUP CHURCHWARDENS

Fincham	Cathy O'Brien	01366 347279
Marham	Philip Fay	01760 444199
	Glenda Jayes	01760 339688
Shouldham	Brian & Ann Hullah	01366 347814
Shouldham Thorpe	Gordon Reid	01366 347253



ONLINE SERVICES IN JULY

Online Zoom services are due to take place as below. Services may change as the pandemic situation changes.

Every Sunday

11.00 am Holy Communion See link 1 below
6.00 pm Evening Prayer See link 3 below
6.30 pm Service of the Word See link 2 below

Every Wednesday

5.30 pm Compline See link 4 below

Every Thursday

10.00 am Holy Communion See link 1 below

Link 1 - https://us02web.zoom.us/j/3119595155?
pwd=dy9nNzRJby910VprZG9nSzIMSEIPZz09

Link 2 - https://us02web.zoom.us/j/82822775006?
pwd=eU12TDN0VTJpZFVocld4WlpvZEM4dz09

Link 3 – https://us02web.zoom.us/j/84842560875? pwd=Ym82ajBzWIZzdXRoYVNiUW1JSWRsQT09

Link 4 – https://us02web.zoom.us/j/83015183191? pwd=Y2toS2RkeEJDQUhBSXICektzZXq4dz09



Mobile Post Office will park near the village pond on the following days/times Monday and Thursday 14.00 – 14.15 Tuesday and Wednesday 13.05 -13.30.

Wereham Village Hall

Whilst awaiting the outcome of the government's decisions regarding possible further easing of lockdown measures, the Village Hall is delighted to announce that a range of regular activities and events are already up and running, including Yoga, Zumba, Line Dancing, Bingo, Tai Chi, Pilates and a welcome return of both the Drama Group (Wissey Valley Players) and the Jazz Group.

Being at the heart of the local community, the Village Hall is proud of the fact that since its inception it has been able to host a diverse range of activities and events to suit all ages, areas of interest and levels of experience and in this way to provide opportunities for as many people as possible to get involved, learn new skills, socialise, have fun and get physically active. Each group is run by a local organiser who brings their own skills and experience to the activity and/or event on offer. All groups welcome new members. Also, if you have an idea for a new group activity or would like to set one up, do let us know.

For further details please check our website www.werehamvillagehall.co.uk or visit our Facebook page.

The Village Hall also welcomes enquiries about hiring the hall for social and family events, business meetings, and individual activities and performances.

The Village Hall can offer first class facilities and services, both technical and catering, to all hirers. For further details or to make a booking call the office on 01366 502214 / 07497 430005. We would be delighted to show you around.

If you can spare a few hours and would like to join our team of volunteers helping out in various areas of the Hall's work, please contact us through our website, Facebook page or by giving us a call, or just pop into the Hall for a chat. After many months of closure and uncertainty we look forward to welcome everyone back to our lovely Village Hall very soon.

Trustee, Wereham Village Hall

Wereham Car Boot and Cafe.

For details please contact Philip on 01366 501330, 07759033492.

E-mail rosemary.pease@btinternet.com.

Short Mat Bowls.

We plan to start bowls again on July 8th, 2pm until 4pm. For details please contact Philip details as above.

Wereham Craft Group

The date for the next meeting will be Tuesday July 13th, 10.30am until about For details please contact Rosemary on 01366 501330, 12.30pm. 07749240606, e – mail. rosemary.pease@btinternet.com.

Wereham Parish Council

Next meeting date -Tuesday 13 July 2021 at 7.00 pm (To be held in the St Margaret's Church, St Margaret's Hill, Wereham pending Covid safety – check Agenda on Website for the most up to date meeting details, if deemed unsafe the meeting will be cancelled). The Church will be the venue for Parish Council meetings for the rest of 2021 until further notice whilst we err on caution in social distancing ourselves during the meeting, the room at the Village Hall that is usually used for meetings is not of the right size and the main hall has ongoing activities planned.

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, and notified via the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk You will also find minutes of all meetings here too.

Public Notice Wereham Pond Dredging: This is an advance notice to all Wereham residents that the Wereham pond is planned to be dredged by a contractor sometime early August. Residents to that area will be notified nearer the time of the exact dates. This is work that hasn't been done for around 25 years and needs to now be done to help improve the depth of the pond for the fish. It may be the case that there is a smell that results from the dredging the few days after, but this should subside after a few days. If anyone wishes to discuss with the Council please either attend the July Parish Council meeting or email the Clerk werehampc@gmail.com or phone 07795006811.

Wereham Village Sign: You may see this disappear as it is refurbished and brought back to its former glory sometime in June/July.

Church Road: Thanks to residents who moved their vehicles in May to allow the Borough Council to sweep the road, I think all will agree it looks more than 100 percent better.

St Margaret's Hill Hole in the Road: The Clerk has been chasing for a few weeks Highways to complete work to resolve this hole and will continue to chase. The urgency of safety to close the hole has been directed to Highways.

Public Safety Notice Wereham Pond: This is a message for residents but mainly parents of children in the village to please speak to their children about the dangers of playing and entering natural waterways. It has been reported to the Parish Council that twice this week over two separate instances that groups

of older children unsupervised have been using the pond in the village as a paddling pool standing in the edge of the water. Please ensure whilst children are out in the village unsupervised that it is known of their location and what they are doing. Not only is this dangerous, it poses potential health risks should an individual cut their feet whilst in the water from diseases found in natural waterways where wildlife and particular rats live.

Highways – Paths and Roads – Defects: Please report anything that you see verges, trees, pot holes, main holes, drains to Norfolk County Council Highways via their defects page of their website. You need to set up a login, and once on the site you can easily report issues and upload pictures of the issue. They will then arrange inspection. You are also able to track the report. The Parish Council will report issues that it finds but if residents do this also we can increase the repairs that we need doing. https://apps.norfolk.gov.uk/HighwaysDefect/

Helen Richardson (Wereham Parish Clerk and Finance Responsible Person) Email werehampc@gmail.com or Phone/Text: 0779 500 6811

St. Margaret's Church Wereham



The Wereham PCC invite you to a special service Sunday July 4th at 11.am to mark the end of Lockdown and to remember all those who have been affected by the pandemic.

There will be drinks and nibbles in the churchyard at 12 noon. All welcome to the service and /or the drinks and nibbles.

Please let any member of the PCC know if you would like a person or persons to be included on the prayer list for the service.

75th Anniversary of VE Day – Wereham's Covid Delayed Commemoration

Yes, we know it's late to be celebrating, but Covid scuppered the original event planned for May 10th 2020. A new date has been set – Sunday 22nd August starting at 2.30pm - get this date in your diaries now!

While it might be possible to just turn up on the day, spaces are limited and tickets should be reserved in advance to avoid disappointment. Identity card-style tickets are free of charge and available from Wereham Heritage Group members, Doreen, Greg, Wendy and Nicola, or alternatively from the Village Hall office on weekdays 10am to 3pm.

Don't forget to bring a picnic tea and be prepared to dance, sing and join in the fun! 1940s dress optional.

Enquiries: Ian or Debbie Rye, 07863 049677 or ian rye@msn.com

BRING A PICNIC TEA AND BE PREPARED TO DANCE, SING AND JOIN IN THE FUN! 40s DRESS OPTIONAL

WEREHAM HERITAGE GROUP INVITE YOU TO OUR COVID-DELAYED EVENT TO COMMEMORATE THE 75th ANNIVERSARY OF V.E. DAY.

IN THE WORDS OF WINSTON CHURCHILL, "MY DEAR FRIENDS, THIS IS YOUR HOUR"



VE DAY

75th ANNIVERSARY

WEREHAM'S COVID-DELAYED CELEBRATION SUNDAY 22nd AUGUST at 2.30 pm

WEREHAM VILLAGE HALL
1940s dress optional — don't forget your picnicl

Spaces limited - reserve your free tickets ahead to avoid disappointment
Tickets from Wereham Heritage Group members, Doreen, Greg, Wendy and Nicola
alternatively, from Village Hall office on weekdays 10am to 3pm
For enquiries contact ion or Debbie Rye - 07863 049677 or ion_rye@msn.com

EVENT INCLUDES * TRIBUTES TO WEREHAM'S WW2 SOLDIERS

SWINGTONES SINGING DUO * HOME-GUARD & LAND GIRL RE-ENACTORS

LEARN TO DRILL WITH THE HOME GUARD * JAZZ GROUP

'DOING THE LAMBETH WALK' * WEREHAM IN THE 1940s

NEWSREEL FROM THE PERIOD

RATIONING DISPLAY * HORSE & CART



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E-mail: peter@pgms.co.uk



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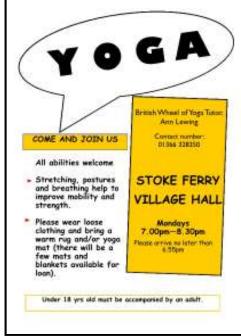
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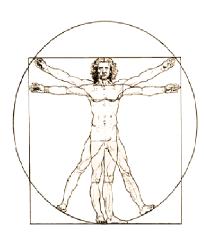
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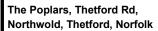
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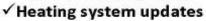
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