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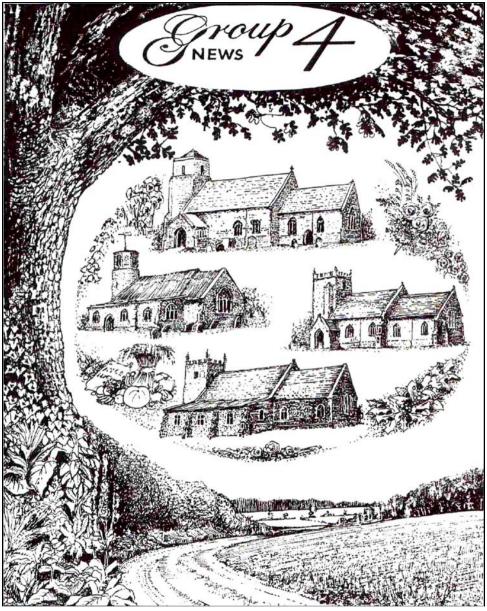
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February 2010

Cover Illustration drawn by Mark Powell, Beachamwell ©

WELCOME

Add Editor Notes

As always, 'Happy Reading ' The Editorial Team Eileen, Janet and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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OTHER TEAM MEMBER

Janet Walker, Beachamwell, 01366 328242

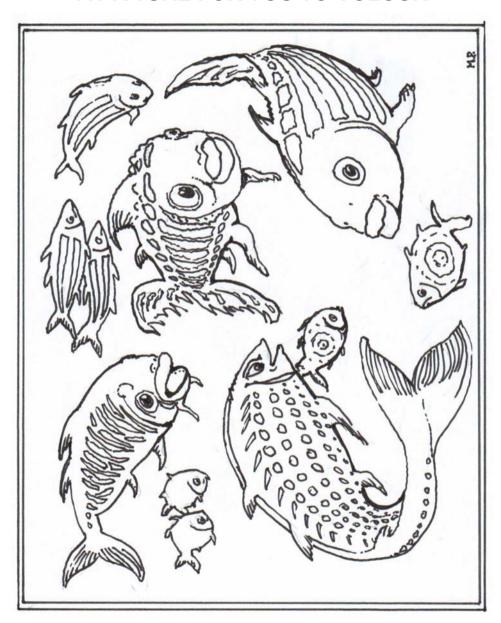
QUIZ PAGE

- 1. Where does the superstition of touching wood to ward off bad luck come from?
- 2. Edward Teach found notoriety as Blackbeard the pirate, the Boston Strangler, Jack the Ripper or Dick Turpin?
- 3. We talk about knuckling down to hard work why?
- 4. Why is Daniel Radcliffe so popular with children?
- 5. What are gnocchi on an Italian Restaurant menu?
- 6. Spades & Hearts are the major suits in what card game?
- 7. Who sang the duet 'I know him so well' with Elaine Page?
- 8. Which top English football club began life as Newton Heath FC Manchester United, Liverpool, Arsenal or Tottenham Hotspur?
- 9. If your GP says that you are suffering from septal defect, what is the problem?
- 10. Which organisation claims you can 'Be the Best'?
- 11. According to the saying 'If wishes were horses who would ride'?
- 12. In the Bible who was the first person to die?
- 13. How is the number 99 expressed as a Roman numeral?
- 14. St. Andrew is the Patron Saint of Scotland, golfers and what other group of individuals fishermen, firemen, tax hunters or fighters?
- 15. Name three songs which contain the word White in the title.
- 16. Which 'foreign' building can be found at 24 Grosvenor Square, London?
- 17. What is a horses withers?
- 18. Under what name did Mrs Darrell waters become a children's favourite?
- 19. When might a gentleman wear a potaine?
- 20. The sound holes on a violin resemble which letter of the alphabet?

Answers

1. From pagan worship of sacred trees and the Christian belief in the crucifixion of Christ on a wooden cross. 2. Blackbeard the pirate. 3. Expression began among children playing marbles. To beat throw a marble you had to flick it knuckle down. 4.He plays Harry Potter 5. Small dumplings made from potatoes, semolins or flour. 6. Bridge 7. Barbara Dickson 8. Mancheater United 9. You have a hole in your heart 10. The British Army. 11. Beggars. 12. Abel who was murdered by his brother Cain. 13. XCIX. 4. Fishermen. 15. Any three from White Cliffs of Dover, Uights in White Satin, White Christmas, Black and White etc. 16. United States Embassy. 17. The ridge at the base of the back of the neck. 18. Enid Blyton. 19. With a kilt. It's a sleeveless tunic worn over a loose-fitting shirt. 20. The letter 5. The second one is backwards

CHILDREN'S PAGE A PICTURE FOR YOU TO COLOUR



'FROM THE RECTORY'

The Reverend David Evans
Rector of Hilgay with Ten Mile Bank and Southery,
Diocese of Ely,
UK.

Dear All,

This year is the hundredth anniversary of 'The Parson's Pocket Book'. There was a time when we all had one, a small purple diary designed for the needs of clergy. And our greatest fear was loosing it, with its content of every appointment, wedding, baptism, whatever, that awaited us in the year ahead. A former colleague who lost his was in such a state that I sent him to a hypnotist to try and help him find it!

These days most of us have 'gone electronic'. We have mobile phone diaries that we connect to our computers and, 'hey-presto', contents of pocket diary and desk diary are matched and a back-up copy is sent via the internet to some computer in the USA for safe keeping. Amazing.

You can do the same with saying your prayers. Instead of the three large volumes of 'The Divine Office', the priests daily prayer book, you can now have it all loaded onto your mobile phone. It's highly portable, always to hand and for about a tenth of the cost.

But there's something very special about sitting still for twenty minutes with a book and slowly turning pages of prayer in the presence of God. It seems to work in a way that clicking a button doesn't.

So at the start of a new year, and especially if you're oppressed by modern technology, might I recommend a quiet few minutes each day. Sit with a bible open at one of the gospels and just be still in the presence of God. It'll do you the world of good!

A Happy New Year to you,

Fr. David

Group4 News Group4 News





The following are from a book called Disorder in the American Courts and are things people actually said in court, word for word, taken down and now published by court reporters that had the torment of staying calm while these exchanges were actually taking place.

ATTORNEY: This myasthenia gravis, does it affect your memory at all?

WITNESS: Yes.

ATTORNEY: And in what ways does it affect your memory?

WITNESS: I forget.

ATTORNEY: You forget? Can you give us an example of something you forgot?

ATTORNEY: Now doctor, "isn't it true that when a person dies in his sleep, he

doesn't know about it until the next morning?" WITNESS: Did you actually pass the bar exam

ATTORNEY: The youngest son, the twenty-year-old, how old is he?

WITNESS: He's twenty, much like your IQ. Continued on page 6

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The following questions were set in last year's GCSE These are genuine answers from 16 year olds......

- Q. Name the four seasons
- A. Salt, pepper, mustard and vinegar
- Q. Explain one of the processes by which water can be made safe to drink
- A. Flirtation makes water safe to drink because it removes large pollutants like grit, sand, dead sheep and canoeists
- Q. How is dew formed
- A. The sun shines down on the leaves and makes them perspire
- Q. What causes the tides in the oceans
- A. The tides are a fight between the earth and the moon. All water tends to flow towards the moon, because there is no water on the moon, and nature abhors a vacuum. I forget where the sun joins the fight
- Q. What are steroids
- A. Things for keeping carpets still on the stairs
- Q. What happens to your body as you age
- A. When you get old, so do your bowels and you get intercontinental
- Q. What happens to a boy when he reaches puberty
- A. He says goodbye to his boyhood and looks forward to his adultery
- Q. How can you delay milk turning sour
- A. Keep it in the cow
- Q. How are the main 20 parts of the body categorised (e.g. The abdomen)
- A. The body is consisted into 3 parts the brainium, the borax and the abdominal cavity. The brainium contains the brain, the borax contains the heart and lungs and the abdominal cavity contains the five bowels: A, E, I, O and U
- Q. What is the fibula?
- A. A small lie
- Q. What is the most common form of birth control
- A. Most people prevent contraception by wearing a condominium
- Q. Give the meaning of the term 'Caesarean section'
- A. The caesarean section is a district in Rome
- Q. What is a terminal illness
- A. When you are sick at the airport.
- Q. Use the word 'judicious' in a sentence to show you understand its meaning
- A. Hands that judicious can be soft as your face.
- Q. What does the word 'benign' mean?
- A. Benign is what you will be after you be eight

Continued from page 4

ATTORNEY: She had three children, right?

WITNESS: Yes.

ATTORNEY: How many were boys?

WITNESS: None.

ATTORNEY: Were there any girls?

WITNESS: Your Honor, I think I need a different attorney. Can I get a new

attorney?

ATTORNEY: Can you describe the individual?

WITNESS: He was about 20, medium height, and had a beard.

ATTORNEY: Was this a male or a female?

WITNESS: Unless the Circus was in town I'm going with male.

ATTORNEY: Doctor, how many of your autopsies have you performed on dead

people?

WITNESS: All of them. The live ones put up too much of a fight.

ATTORNEY: Do you recall the time that you examined the body?

WITNESS: The autopsy started around 8:30 p.m. ATTORNEY: And, Mr. Denton was dead at the time? WITNESS: If not, he was by the time I finished.

ATTORNEY: Doctor, before you performed the autopsy, did you check for a

pulse?

WITNESS: No.

ATTORNEY: Did you check for blood pressure?

WITNESS: No.

ATTORNEY: Did you check for breathing?

WITNESS: No.

ATTORNEY: So, then it is possible that the patient was alive when you began

the autopsy?

WITNESS: No .

ATTORNEY: How can you be so sure, Doctor?

WITNESS: Because his brain was sitting on my desk in a jar.

ATTORNEY: I see, but could the patient have still been alive, nevertheless? WITNESS: Yes, it is possible that he could have been alive and practicing law.



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COUNTRYSIDE NOTES

Global warming eh? It hasn't seemed like it lately but then apparently they're talking about climate and not weather. All I know it's been rather chilly. Both have happened before. I bet there aren't many young people now who know what it's like to get up in the morning and see those beautiful fern-like patterns which form on the inside of a window when condensation freezes. Do you remember? There wasn't much else nice about not having central heating. What about those chilblains?

Did you know that no two snowflakes are identical nor are they white? Put very simply each one begins life as a minute droplet from a cloud that freezes into a tiny particle of ice. Then it flutters its way to earth through the cold atmosphere developing little branches and gaining in size as it falls. Growth depends much on the temperature but because each snowflake has not followed exactly the same route as another one, though similar in pattern, it is unique. En masse snow only appears to be white because of the way light is reflected off of it. When it first fell on the night of 17th December there was a new moon yet looking out the window in the dark it looked as light as if there had been a full one which was just as well because it was pretty dark inside with no lights. Doesn't the snow look pretty when it's fresh but what a pain it turns out to be after a couple of days especially when the electricity goes off? Fortunately here in Barton we were better off than some only being without for 21 hours.

While people in the village were checking up on each other to make sure everyone was alright it seemed that if you ventured out on the roads or pavements in town no one cared at all about your wellbeing. With a thick coating of compacted ice everywhere to say conditions were treacherous would be an understatement. I realise this situation is mostly brought about by the two words which shop keepers and the Council fear - LIABILITY and COMPENSATION but does it really make sense that A&E are at melt down dealing with breaks and fractures for the sake of someone clearing away the snow and putting down a shovel full or two of grit or salt? Surely displaying a disclaimer would exempt them from responsibility much the same as those signs in car parks saying that the company accepts no responsibility for cars left there. The Council may have gritted the main roads when the snow first came but it certainly didn't look as though they'd run the snow plough along first to push it out of the way. Surely A roads should be an immediate priority and kept clear. After all Norfolk Council doesn't have any motorways to worry about. I seem to remember in the past when we had a heavy fall of snow local farmers soon set to work clearing the side roads. Continued on Page 8



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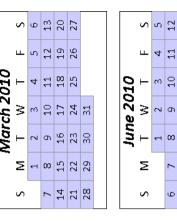
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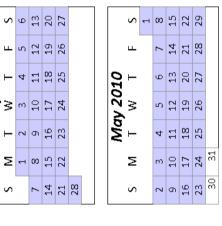


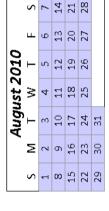
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Countryside Notes Continued

There seemed to be a system whereby a network of farmers kept a snow plough on their farms for just such occasions. In an arable area like we live in there's certainly no shortage of tractors and there's not much work that can be done on the land when it's covered in snow so time shouldn't be a problem either. Up north they even spread salt with their fertilizer spreaders. The end cost to the economy for this service would surely be less than the money lost through accidents and the country coming to a virtual standstill. Bring back common sense Jill Mason



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Group4 News

WOODS IN WINTER

A week or so before Christmas I took a short walk along a field edge and into a wood to see if I could find a friend and neighbour whom I knew I might find preparing fallen trees into manageable fire wood. The time was an hour before dusk. The woodland floor was black soiled, wet, and rutted with tractor tracks. On a later visit in the snow I managed a cold wet foot by going through snow-covered ice in one of these ruts. On this first visit though, it was damp, misty and silent. Somewhere towards the end of the wood by a wet ditch my friend was quietly and rhythmically working on a fallen oak which bridged the ditch. It was movement rather than sound which revealed his presence.

It was as if the wood was resting and waiting; quiet and slow regeneration amongst decay. Perhaps that was the cause of the smell; not unpleasant but in a way rather re-assuring that there would be sustenance for sustained and new growth. Here too was shelter for wild life. As dusk crept closer a great spotted woodpecker left the wood and with a brief call flew towards the gardens (and peanuts?) two hundred yards or so across the field. A blackbird chinked and a cock pheasant hiccupped up to roost, breaking the silence. Why do they do that? It would seem unwise to let a fox (and they do frequent this wood) know where he is resting; or is a two fingered ventriloquial gesture to re-locate the fox in protection of his harem? Probably not but a nice thought. As we left the wood a robin flew to inspect the wood cutting.

Many writers have of course written about woods but I particularly like this quotation from Henry David Thoreau's Walden (Life in the Woods) "Heaven is under our feet as well as over our heads".

ON THE SMALLHOLDING

Back across the field the snow that contributed to the comparative warmth in the wood has protected the organic parsnips which are excellent, however the deep frosts which have held the snow in place have deprived the rabbits (dug into the bank by the road) from grass and other herbage so they have turned with a vengeance to the young fruit trees that cropped so well last season. A friend has come to my rescue with trees guards but for some trees it may be too late. In the same orchard, which hosts the partridge wyandotts, yellowhammers and reed buntings have been attracted to hay and seed put out for scratching,

exactly as the media has reported.

Perhaps I should have tried feeding the rabbits too! Ah well, I now have a resolution to protect the remaining trees where there is still hope and get on

resolution, to protect the remaining trees where there is still hope and get on with the pruning as soon as the frost goes.

*Robin Blackall**

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RECYCLING CENTRES

A review of Norfolk County Council's services has identified opportunities to make savings as part of the ongoing development of the county's network of recycling centres. This process involves building larger, more modern facilities and closing a small and less efficient site. This process has already proved to be effective in West Norfolk where a large new centre in King's Lynn was opened in 2008 enabling the closure of a smaller site at Blackborough End.

The proposal is to:

- · Open a new, £1 million best practice recycling centre at Dereham in Autumn 2010, subject to planning permission.
- · Close Docking recycling centre, Norfolk's least used site, where residents can be redirected to Heacham and Hempton.
- · Open Bergh Apton, Wells, Snetterton, Wereham and Wymondham recycling centres part-time with the sites closed on Tuesdays, Wednesdays and Thursdays - the days when they are least used.

The proposed part-time recycling centres would remain open on Fridays, Saturdays, Sundays and Mondays all year round (with the exception of Christmas Day, Boxing Day and New Year's Day).

We realise that these decisions will have an impact on residents but we have tried hard to choose options which will have least impact on frontline services and affect the fewest number of the county's residents (and staff at the centres). We have analysed usage and throughput data, which shows that these sites are the least used with alternative options available.

It is important to emphasise that these are only proposals at this stage and were they to be approved at full council in February, would likely come into effect from April 2010. A communications plan would precede any changes.

Dan Jacobs

Waste Infrastructure Manager

Norfolk County Council

Direct Landline: 01603 224439

Mobile: 07795 265886

Customer Service Centre: 0344 800 8004

Web: www.norfolk.gov.uk/recycling

Group4 News ■ Group4 News





Whether you want to 'Get Back Into...' a sport you used to play, try a new sport or generally become more active. 'Get Back Into...' is offering you this chance.

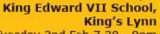
GOLF

Middleton Hall Golf Club Saturday 6th Feb 11am - 12 noon £24 for 8 week course



BADMINTON

Methwold High School Wednesday 3rd Feb 7pm -



Tuesday 2nd Feb 7.30 - 9pm £20 for 8 week course booked in advance or £3 per session payable on the day



Lynnsport

Monday 1st Feb 6.30 = 7.30pm

For men and women. Free of charge



TABLE TENNIS

Lynnsport

Sunday 7th Feb 6.30pm - 8pm **Methwold High School** Tuesday 2nd Feb 7,30-8.30pm

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GREAT BRITISH FISH AND CHIP SUPPER FRIDAY 21ST MAY 2010



"Hold a Fish and Chip Supper to help spinal cord injured people live full and independent lives."

Want to do something different? Want to raise money where you live or work? Want to eat Fish and Chips, while raising money for charity? Hold a fish and chip supper on Friday 21st May 2010 whilst raising awareness of spinal cord injury and supporting SIA's information and support services.

You can hold a fish and chip supper in your own home, at work or hold a larger supper at your local community centre.

SIA will provide a fundraising pack containing hints and tips, recipes, invitations and donation envelopes. By inviting 7 friends and asking them to donate an additional £5.00 means you will raise at least £35.00 from your supper but we will also give you additional fundraising ideas to raise even more money for SIA. Last year we had over 80 suppers taking part in England and Wales. In 2010 we want to double that figure and ensure we can provide more support to spinal cord injured people.

The money raised from the suppers will help the Spinal Injuries Association offer support to individuals who become paralysed and their families, from the moment a spinal injury occurs and for the rest of their lives by providing services and publications which enable and encourage paralysed people to lead independent lives.

Every year in the UK over 1,000 people experience a spinal cord injury and there are an estimated 40,000 spinal cord injured people in the UK alone.

Community Fundraising Officer, Elizabeth Wright, says, "The Fish and Chip Supper is a wonderful opportunity for a great evening with friends and family. We are also encouraging people who work to hold a Fish and Chip Lunch in their work places to raise even more funds. You may be even a local community group wanting to run a fun evening with your group.

Be a part of something special and make a real difference to help spinal cord injured people gain access to the information and support they need to enable them to live full and independent lives."

For more information or request a fundraising pack call Elizabeth Wright on 0845 678 6633 xtn 229 or email fishandchips@spinal.co.uk or visit www.spinal.co.uk

A COUPLE OF POEMS SENT IN BY OUR READERS

Dust if you must

Dust if you must but wouldn't it be better

To paint a picture or write a letter Bake a cake or plant a seed. Ponder the difference between want and need.

Dust if you must but there's not much

time.

With rivers to swim and mountains to climb!

Music to hear and books to read, Friends to cherish and life to lead.

Dust if you must but the world's out there

With the sun in your eyes, the wind in

your hair,

A flutter of snow, a shower of rain.
This day will not come around again.

Dust if you must but bear in mind, Old age will come and it's not kind. And when you go and go you must, You, yourself, will make more dust.

Dust if you must but listen to this, It's caring not cleaning that brings upon bliss.

Remember, a house becomes a home

when

you can write "I love you" on the furniture.

Anon

A Poem

A row of bottles on my shelf Caused me to analyze myself. One yellow pill I have to pop Goes to my heart so it won't stop.

A little white one that I take Goes to my hands so they won't shake.

The blue ones that I use a lot Tell me I'm happy when I'm not.

The purple pill goes to my brain And tells me that I have no pain.

The capsules tell me not to wheeze

Or cough or choke or even sneeze.

The red ones, smallest of them all Go to my blood so I won't fall.

The orange ones, very big and bright

Prevent my leg cramps in the night.

Such an array of brilliant pills Helping to cure all kinds of ills. But what I'd really like to know . . . Is what tells each one where to go!



All abilities welcome

Stretching, postures and breathing help to improve mobility and strength.

Please wear loose clothing and bring a warm rug and/or yoga mat (there will be a few mats available for loan/ buy).

Do not eat a heavy meal just before class.

British Wheel of Yoga Tutor, Ann Lewing Contact number: 01366 328350

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RECIPE FOR THE MONTH



BAKED APPLES

I have a fondness for this dish as it is the first dessert that I ever cooked, unsupervised, some 43 years ago!

Make sure that you use large apples of the same size; I prefer to use Bramley cooking apples. You can, however, use eating apples if you prefer.

Ingredients

100g mixed dried fruit 80g soft brown sugar

1 teaspoon Cinnamon

4 Large apples

50g Butter

A little extra sugar to sprinkle over the apples before baking

Method

Pre heat oven 180c/350f/gas4

- 1 Mix together the fruit, sugar and cinnamon.
- 2 Wash, and core the apples, ensuring that all pips are removed.
- 3 Run a knife around the middle of the apple, just cutting through the skin. (*This helps to prevent the apple bursting*).
- 4 Slice a small amount of apple off the bottom to level and place the apples onto a roasting tin. Fill the centres with the fruit mixture and sprinkle with sugar.
- 5 Pour a little warm water around the base of the apples, top each one with a knob of butter and bake for approximately 40 minutes.

Dredge with brown sugar and serve with ice-cream or custard.

© Written by Yvonne Findlay. Wretton Road, Boughton Email: yvonne.hume@btinternet.com

PUNS - FOR THOSE WHO ENJOY LANGUAGE (OR SEVERE DISTORTIONS THEREOF)

- 1. Energizer Bunny arrested charged with battery.
- 2. A pessimist's blood type is always b-negative.
- 3. Practice safe eating always use condiments.
- 4. A Freudian slip is when you say one thing but mean your mother.
- 5. Shotgun wedding a case of wife or death.
- 6. I used to work in a blanket factory but it folded.
- 7. A hangover is the wrath of grapes.
- 8. Corduroy pillows are making headlines.
- 9. Is a book on voyeurism a peeping tome?
- 10. Sea captains don't like crew cuts.
- 11. Does the name Pavlov ring a bell?
- 12. A successful diet is the triumph of mind over platter.
- 13. Time flies like an arrow. Fruit flies like a banana.
- 14. A gossip is someone with a great sense of rumour.
- 15. Without geometry, life is pointless.
- 16. When you dream in colour, it's a pigment of your imagination.
- 17. Reading while sunbathing makes you well-red.
- 18. A man's home is his castle, in a manor of speaking.
- 19. Dijon vu the same mustard as before.
- 20. When two egotists meet, it's an I for an I.
- 21. A bicycle can't stand on its own because it is two-tired.
- 22. What's the definition of a will? (Come on, it's a dead giveaway!)
- 23. A backwards poet writes inverse.
- 24. In democracy your vote counts. In feudalism, your count votes.
- 25. A chicken crossing the road is poultry in motion.
- 26. If you don't pay your exorcist, you get repossessed.
- 27. With her marriage, she got a new name and a dress.
- 28. Show me a piano falling down a mine shaft and I'll show you a flat minor.
- 29. When a clock is hungry, it goes back four seconds.
- 30. The man who fell into an upholstery machine is fully recovered.
- 31. A grenade thrown into a kitchen in France would result in Linoleum Blownapart.
- 32. You feel stuck with your debt if you can't budge it.

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Working as a pediatric nurse, I had the difficult assignment of giving immunization shots to children.

One day I entered the examining room to give four-year-old Lizzie her needle.

'No, no, no!' she screamed.

'Lizzie,' scolded her mother, 'that's not polite behaviour.'

With that, the girl yelled even louder, 'No, thank you! No, thank you!'

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- 33. He often broke into song because he couldn't find the key.
- 34. Every calendar's days are numbered.
- 35. A lot of money is tainted. It taint yours and it taint mine.
- 36. A boiled egg in the morning is hard to beat.
- 37. He had a photographic memory that was never developed.
- The short fortuneteller who escaped from prison was a small medium at large.
- 39. Once you've seen one shopping center, you've seen a mall.
- 40. Those who jump off a Paris bridge are in Seine.
- 41. When an actress saw her first strands of gray hair, she thought she'd dye.
- 42. Bakers trade bread recipes on a knead-to-know basis.
- 43. Santa's helpers are subordinate clauses.
- 44. Acupuncture is a jab well done.
- 45. She was engaged to a boyfriend with a wooden leg but broke it off.

IMPONDERABLES

(Sent in by one of our readers)

- 1. If a pig loses its voice, is it disgruntled?
- 2. If love is blind, why is lingerie so popular?
- 3. Why is the person who invests all your money called a broker?
- 4. When cheese gets its picture taken, what does it say?
- 5. Why do overlook and oversee mean opposite things?
- 6. Why isn't the number 11 pronounced onety one?
- 7. 'I am' is reportedly the shortest sentence in the English language. Could it be that 'I do' is the longest sentence?
- f lawyers are disbarred and clergymen defrocked, doesn't it follows that electricians can be delighted, musicians denoted, cowboys deranged, models deposed, tree surgeons debarked, and dry cleaners depressed?
- 9. What hair colour do they put on the driver's licences of bald men?
- 10. You never really learn to swear until you learn to drive.
- 11. No one ever says, 'It's only a game' when their team is winning.
- 12.....Ever wonder about those people who spend \$2.00 apiece on those little bottles of Evian water? Try spelling Evian backwards: NAIVE

Group4 News Group4 News

NOTICE BOARD

"SOUPER LUNCH"

Thursday February 4th 12.30pm

Beachamwell Memorial Hall

In aid of St Mary's Church Beachamwell

Enquiries: 01366328774

Beachamwell & District WI

Thursday February 4th 7.30

'Work of a Librarian at Kings Lynn & The Forum'

Talk by Mrs. Linda Tree

Further details contact 01366 328990 or 01366 328297

"Jack and The Beanstalk"

Friday February 5th -7pm Saturday February 6th -5pm Wereham Village Hall

Tickets: Adults £4.00; 5/16 £2.00; under 5's free Further details 01366 500 743 or 01366 500 233

Proceeds to: St Andrew's Church BB All Saints' Church Boughton St. Margaret's Wereham

Valentine's Day Winter Walk

Blow away those cobwebs and join us on our now annual winter coastal walk followed by a pub lunch

Sunday February 14th

commencing at 10.00am to
Finish at a local hostelry for lunch
Strong waterproof footwear essential
Please contact Mark or Sue
on 01366 500461 or
e:mail mark@pogmore.myzen.co.uk
to book your place
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On the way back from a Cub Scout meeting, my grandson asked my son the question.

'Dad, I know that babies come from mummies' tummies but how do they get there in the first place?' he asked innocently.

After my son hemmed and hawed awhile, my grandson finally spoke up in disgust.
'You don't have to make something up, Dad. It's OK if

you don't know the answer.'

NOTICE BOARD

'AFTERNOON TEA' and a chat

Wednesday February 17th 2 - 4pm

Beachamwell Memorial Hall

Enquiries: Sonia Williams 01366 328774

Boughton Quiz

Saturday

February 20th 7.30

Quizmaster

Stewart Waterston

Will take place in

Barton Bendish Village Hall £3.50 per person

Further details contact
Pam Wakeling 01366 500429

Proceeds for Boughton All Saints' Church

Beachamwell & District WI

Invite you to an Open Evening 'RSPB Lakenheath Fen from Carrots to Bittens'

[Talk by Mr D. White]
Thursday March 4th
7.45 Memorial Hall
Entry £2.50

Enquiries Sheila Smith 01366 328990 or Jenny Gabrielsen 01366 328297

'AFTERNOON TEA' and a chat

Wednesday March 17th 2 - 4pm

Beachamwell Memorial Hall

Enquiries: Sonia Williams 01366 328774

DATES FOR YOUR DIARY

- 1. **April 3rd Easter** Saturday Family Coffee Morning 10.00 Noon Barton Bendish Village Hall. Jill Mason 01366 347928
- 2. **April 21st** Wednesday Tea & Chat, 2 4 *Beachamwell Memorial Hall Sonia Williams 01366 328774*
- 3. **May 2nd** Beachamwell Half Marathon [set off at 9.00am] *Carole Wilson 01366 328628*
- 4. **May 19th** Wednesday Tea & Chat, 2 4 *Beachamwell Memorial Hall Sonia Williams 01366 328774*
- 5. **June 6th** Sunday Beachamwell Open Gardens *Alan Butler 01366 328817*
- 6. **June 13th** Sunday Boughton Open Gardens *Pam Wakeling 01366 500429*
- 7. **June 16th** Wednesday Tea & Chat, 2 4 *Beachamwell Memorial Hall Sonia Williams 01366 328774*
- 8. **June 20th** Sunday Wereham Open Gardens *Lizzie Baddock 01366 500233*
- 9. **June 27th** Sunday Barton Bendish Open Gardens *Maureen Tasker 01366 347432*
- 10. **July 3rd** Saturday Boughton Village Hog Roast *Moira Saunders* 01366 500955
- 11. **July 11th** Sunday Barton Bendish Jazz Picnic *Mhari Blanchfield 01366 347849 or Linda Webster 01366 347563*
- 12. **July 24th** Sunday Boughton Jazz Picnic

Paul Coulten 01366 500315

- 13. **August 8th** Sunday Barton Bendish Vintage Car Rally & Summer Fete *Mhari Blanchfield 01366 347849 or Linda Webster 01366 347563*
- 14. **August 222nd** Sunday Beachamwell Horticultural Show Memorial Hall *Dave Guild 01366 328525 and Carole Wilson 01366 328628*
- 15. **September 5th** Sunday Beachamwell Village & Country Fair *Caroline Sanderson 01366 328244*
- 16. **November 25th/26th** Thursday/Friday Christmas Wreath Workshop Barton Bendish Village Hall

Mhari Blanchfield 01366 347849 or Linda Webster 01366 347563

14. **December 4th/5th** Saturday/Sunday Christmas Tree Festival & Hall of Stalls *Linda Webster 01366 347563 & Mhari Blanchfield 013666 347849*

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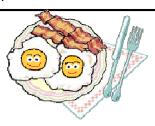


"Hello, Bob? It's your father again.

I have another question about my new computer.

Can I tape a movie from cable TV then fax it from my VCR to my CD-ROM then E-mail it to my brother's cellular phone so he can make a copy on his neighbor's camcorder?"

■ Group4 News



We went to breakfast at a restaurant where the 'seniors' special' was two eggs, bacon, hash browns and toast for \$1.99.

'Sounds good,' my wife said.
'But I don't want the eggs.'

'Then, I'll have to charge you two dollars and forty-nine cents because you're ordering a la carte,' the waitress warned her. 'You mean I'd have to pay for not taking the eggs?' my wife asked incredulously.

'YES!!' stated the waitress.
'I'll take the special then.' my
wife said.

'How do you want your eggs?' the waitress asked.

'Raw and in the shell,' my wife replied.

She took the two eggs home.

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Swiffing

February 28th 2010

'Hannah Francis (Soprano) Roger Rainer (Accompanist) Recital

Sunday 3.00pm Swaffham Assembly Rooms

March 13th 2010

Ely Sinfonia (Full Orchestra)

Concert 'Northern Lights'

Grieg, Sibelius & Nielsen

Saturday 7.30

Swaffham Church of St Peter &

St. Paul

March 24th 2010

Ronald Blythe

Talk & Readings by the famous
author of 'Akenfield'
Wednesday 1.00pm

Swaffham Community Centre

Box Offices Ceres Bookshop: 20 London Street, Swaffham 01760 722504 Green Parrot: Market Place, Swaffham 01760 724704

Further Information Eileen Powell 01366 328648



THE NATIONAL TRUST

Oxburgh Hall Tel: 01366 328258

February Events

Every weekend

Experience early spring flowers including snowdrops and aconites

Enjoy a guided woodland walk with one of our garden stewards and then sample a homemade pie (Saturdays) or traditional roast lunch (Sundays) in the tearoom.

Winter nature trails for children

Valentine's Evening Dinner

Sunday 14 February, 7pm and 8pm

Treat your partner to a romantic dinner in the 'Old Kitchen' tearoom of this magnificent moated manor house. Be serenaded by live piano music as you dine.

Two sittings, limited numbers.

£28. Booking essential on 01366 328243 (Catering only)

Falconry and Owl Weekend

Saturday 20 and Sunday 21 February 11am - 4pm

Norfolk Falconry will be displaying their birds of prey and owls. Visitors can "hold" the birds under supervision for a small extra cost.

Normal admission.

Pruning Workshop

Wednesday 24 February, 10am - 2pm

Hands-on pruning experience with the head gardener. Come and learn how to prune roses, shrubs and clematis.

Coffee and light lunch included. £22.50. Booking essential Victorian Lunch 12 noon – 2pm

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Royal British Legion Poppy Appeal

During the week after the Coffee Morning held on 14th November further donations of £85.00 were received making the total for that event £730.81p

This included £59 from Philip Carter of Eastmoor for his cakes project. When I told him the date set for the Coffee Morning he realised he would be on holiday so set about his own fund raising making cakes for family and friends plus orders taken at the Coffee Morning.

POPPY SALES IN NOVEMBER 2009

House to house collection in Barton Bendish and Eastmoor - £136.60.

Collection in Spread Eagle

£ 21.75.

This made a total of £889.16 which has been donated to Downham Market and District Royal

British Legion Poppy Appeal 2009. This is a wonderful result and all due to the generosity of the people of Barton Bendish and Eastmoor. THANK YOU ALL

Freda Rumball

Christmas Events in Barton Bendish

The festive activities began in Barton Bendish with the popular wreath making workshops that were held over two nights at the end of November. A total of 30 creative ladies hand wired an eclectic mix of yew, rosemary, leylandii, ivy, berried and variegated holly, along with ribbons, baubles, dried fruit and sprayed foliage and turned them into magnificent and very individual door wreaths. It was lovely to see some new faces along with those who had made wreaths last year.

The following weekend saw the Christmas shopping start with the Hall of Stalls in the village hall. Ten stalls ranging from Jams & Chutneys to Organic Living to Wood work, Stained glass work, Jewellery, Art and Photography filled the hall. Refreshments were served in the marquee next door with the smell of homemade soup and bacon rolls still managing to drift through!

St Andrew's Church hosted the Christmas Tree Festival the same weekend and over 27 trees were decorated in a wide variety of traditional and modern styles. Santa Claus was at the Tree Festival on Saturday and paid a visit to the Hall of Stalls and brought plenty of Christmas cheer. I know two very excited children who were amazed that he managed to come to Barton Bendish.

The whole weekend finished with a wonderful Advent Carol Service on the

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"Dear Andy: How have you been?
Your mother and I are fine. We miss you.
Please sign off your computer and come
downstairs for something to eat. Love, Dad."

Group4 News Group4 News

Little Oaks Pre School

Open during the School Holidays for Children aged Two to Eight

Children taken from age Two to Five, during School term time, Up to age Eight during Holidays

Open 50 Weeks of the Year 8.30 – 3.30 Monday – Friday

OFSTED inspected: Early educational sessions Morning and Afternoon

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Places available for Special Educational Needs



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Manager: Debbie Sammons

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2-5 years Monday to Friday 9.00am-1.00pm Term Time only

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Methwold Nursery School

Open all year Monday - Friday 7am to 6pm age 3 months to 11 years

Come and meet our new highly qualified staff and experience for yourself the welcoming atmosphere of our nursery where each child's individual needs are met. We also have a wonderful garden and outdoor play area for children to explore and learn in.

Funded places for children aged 3 and 4. Child Care Vouchers Accepted Parent Toddler Group every Wednesday 10am - 11:30am

What our parents say:

"my child has so much fun, she never wants to leave at the end of the day!"
"the whole nursery is clean and modern with excellent home cooked food, I've tried it!"
"I love the cosy dedicated baby sleep room which is in contrast to the rest of the nursery
which is bright and fun - it really is home from home!"

"I've never seen so many toys and wonderful activities, my son loves it!"
"My girls look forward to coming to the Holiday Club as there is so much to do."

39 Stoke Road, Methwold, Thetford, IP26 4PE Tel: 01366 728419

BARTON BENDISH & EASTMOOR VILLAGE NEWS



Sunday afternoon in St Andrew's church. The service was taken by Pippa and it was a lovely atmosphere for singing carols as the church was filled with candle light and decorated with so many wonderful trees.

The fantastic sum of £850 was raised by these activities. This would not be possible without the generosity and support of all who came and all who helped. This is **greatly** appreciated by the organisers. Thank you all so much.

A very big thank you to everyone who has been involved in any of our events during 2009 and our very best wishes for a happy and healthy 2010.

Mhari and Linda (Church Wardens)

News From St Andrew's

You may remember that a few months ago we wrote about the planned repair to the tower hip slates and buttresses cracks in St Andrew's church. We are pleased to say that all the paperwork was completed and sent to the pre faculty approval committee which met at the end of November. The committee passed without restriction all that we wanted to do and has given us the paperwork to complete to send to Westminster to petition for the Faculty. It is hoped that the repair work should start in the spring once the worst of the frosts are over. One of our next projects will be to install a heating system in the church - I am sure that those of you who have attended services there in the colder months will agree with the necessity!!; at present we only have a couple of portable electric heaters as we are not now allowed gas bottles in the church anymore - the congregation at St Andrew's definitely need their thermals! The Diocesan Heating Advisor has already been to see the church and has drawn up a report of what we will be allowed to do. (It is a Grade 1 Listed building, with plain walls, so we have limited options). However, the jobs in hand need to be completed first, grants sought for the heating project, red tape to be waded through and some major fundraising to make it all happen! As always we are tremendously grateful for all the help and support given to us by the members of the village and beyond and to the people who come and support our events, we couldn't do it without you! Thank you. Linda and Mhari (Church Wardens)

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Roger Southwell

Roger died on December 13th at the age of 66, his untimely death has saddened everyone who knew him and there were a great many people who did. He was well known among the farming community, he drove lorries, he flew a plane, he went caravanning and was involved in a lot of local charities to whom he generously donated his services. In fact it could truly be said that Roger lived life to the full supported at all times by his wife Maureen. Both seemed to possess a phenomenal amount of energy and nothing was ever too much bother.

The Southwells moved in to the Old Rectory, Barton Bendish in 1995 and lived there for ten years. In all that time Roger was never without a smile and a joke, many of which were at his own expense as he recounted his personal experiences. He was well known locally as an after-dinner speaker and regularly provided entertainment at the annual Old Folks Party in Barton hosted by the Chapman family.

So many of his friends and neighbours in the village have benefited from his kindness, practical help and generosity over the years. Sadly Roger's luck seemed to change when they left the village in 2005. It seems very cruel that someone so full of life and kind hearted as him should have that life slowly extinguished by bone cancer. Thinking of others even after his death Roger had expressed his wish that his organs should be donated. It is a great pity that his smile and humour couldn't also be transplanted – the world would be a much happier place if more people regarded life in the same way as Roger did.

I'm sure I speak on behalf of everyone in offering Maureen and their family our heartfelt sympathy and to let them know that they aren't the only ones who will be missing Roger. *Jill*

Broadband

In the Dec 11th edition of the Lynn News there was a feature about a 'fasterfuture' campaign which had just been started by the West Norfolk Partnership in conjunction with West Norfolk Council. The aim is to improve broadband speed which in some of our local places is diabolical to say the least and to make sure that rural areas are not forgotten. Campaign organisers are asking local residents and businesses to go online at www.fasterfuture.co.uk to register their interest in receiving a high-speed broadband service. Leaflets have also been introduced and are available in libraries and council offices

WEREHAM VILLAGE NEWS

A Gentle Reminder

Since my last appeal for evidence to support the need for our village hall, I have received only two e-mails, both from relatively 'new comers' into the village. It is imperative that we produce stacks of evidence showing the need for the hall otherwise we will not be considered for any grants that may be available. For those of you who have taken the time to drop me a line then thank you, for those of you who have not been able to do so up to now, may I appeal to you again to help us to help you and the rest of the villagers who need and want the hall to remain for their various activities. Please e-mail to patricia.evans@homecall.co.uk or drop a letter through the door at Flintstones, School Lane. Even if you do not use the hall, we still need your support for those who do. It would be great if we could get at least 200 replies to show that our project is worthy of financial support from grant givers. Thanking you in anticipation.



Have you got your tickets yet?

Jack and the Beanstalk is coming to Wereham Village Hall 5th February - 7 pm 6th February - 5 pm

Adults - £4.00 Children 5-16 years - £2.00 Under 5 - Free

Tickets from:

Greg Baddock 500233 Tom Golden 500052 Patricia Evans 501395 Doreen Rolph 500218 Angela Goddon 500115 Janet Voutt 500732 Louise Kaveney 501130 Ivy Humphries 501108

ALL PROCEEDS TO BE SPLIT BETWEEN THE PARISHES OF BOUGHTON, BARTON BENDISH & WEREHAM

WEREHAM VILLAGE NEWS

Festival of Light

Ivy and I would like to thank everyone who helped to make "The Festival of Light" for our Carol Service this year, a great success. Thanks go to Ronnie, Kirsten, Janet, Nichola, Lizzie, Angela and the Tots group who made all the cut out Christmas trees for us to string around the Church pillars. Paul from Stoke Ferry brought us a Christmas tree complete with lights in response to our G4 advert. The Choir sounded wonderful, thanks to Tom and we thank Archdeacon McCready for the service. We had fifteen Christmas trees around the Church and when each tree was switched on, along with the many red and white candles organised by Ivy, it was truly a wonderful sight to welcome the baby Jesus. So thank you again to everyone who attended and Best Wishes for 2010 Sheila Heavens

Christmas Bingo

On December 9th Wereham held its Christmas Bingo which was supported by many villagers and visitors from the outlying villages. The Village Hall Committee would like to thank all who donated so generously the gifts for the raffle prizes and also thank you to all who came to play for your support on the evening. A special thanks goes to Janet and Doreen who collected the prizes and to the ladies who ran the event. The sum raised at this event was £450 which was a fantastic result. Bingo evenings run every Wednesday evening at 7.30 throughout the year so if you want to whistle when legs 11 is called, then please feel free to come and join the regular players of this popular game, you will be most welcome.

Children's Disco

All the children who came to the disco had a great time, there was loud music, games, food and gifts for all. Many of the children had their faces painted by a professional face painter and looked great. Mums and Dads who came also enjoyed the evening and it was deemed a great success. A different disco was used for this evening and he proved to be very professional and good with the children - they loved it. The amount raised was £172.00 which all goes to the rebuild project of the hall. Thanks has to go to Louise who worked hard to make this event happen and also to Sam and family for their help on the evening. Another children's disco is planned for around Easter time so if you missed the last one and would like to come to the next one, the date will be advertised in the G4 nearer the time.

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Confectionery Quiz

Thank you to all those people who took part in the 'Confectionery Quiz'. The winner was Judith Rayner - Green from Beachamwell with 59 out of 60 answers correct. Five people shared the highest score (although they didn't all get the same one wrong!) and the winners name was drawn at random. The amount raised by the guiz sheets was £101. Look out for the next guiz which will be available in February and is based on 'numbers in phrases' - nothing to do with maths! Linda [Well done—great fun - Ed]

The answers to the confectionery guiz are:

1 Cinderella's favourite - chocolate buttons

3 Alchemist's dream all gold 4 Part of Bruce's catch phrase twirl

5 Bad from the start bourneville 6 Is this revnard's herb cold? fox's glacier mint 7 Fallen fruit pear drop

9 Forget the e when you go to the arctic north, but O isn't it cold polo

10 Made for he who must not be named black magic 11. Reward a paper towel bounty

12 Granulated Jerries sugar mice

14 Anchor whisky butterscotch

16 Star system galaxy

18 Cosmic explosion starburst

20 Add to boost or extra

22 Clever dick smartie

24 Hairy hound yorkie

26 Subject topic

28 Nibbles munchies

30 Historical players minstrels

32 Dating arrangers matchmakers

34 Musical sweet relief tunes

36 Cross-section from a root liquorice allsorts

38 Cloudy path milky way

40 Rhymes with Boris twice double decker

42 Aromatic lotions peppermint creams

44 Snow, soap, corn flake

46 Odds on communication tic tacs

48 Part of between twix

50 Angler's chum fisherman's friend

52 Container in a milking parlour dairy box

2 Well made road quality street

8 From a Mediterranean island maltesers

13 High plains - drifter

15 Churchill's sign victory v

17 Low noise germ hum bug 19 Mum's local mars bar

21 Lactic salver milk tray

23 Flower in a swamp marshmallow

25 Wobbly infant jelly baby

27 Greek disappointment Turkish delight

29 Choose to steal picnic

31 Feline's equipment kitkat

33 Kernel's stick walnut whip

35 Nine, ten ,eleven after eights

37 Hybrid Teas roses

39 Snoopy's easily broken peanut brittle

41 Tropical nut in a much colder state coconut ice

43 UFO's flying saucers

45 Adhesive grumble wine gum

47 Royals herb mint imperials

49 Festivities celebrations

51 Fiercely flavoured extra strong mints

53 Dentists particularly like this sweet candifloss

54 Large feline doesn't do this even without a k! lion bar 55 The weasel has the cash *lollipop*

56 Ecologically dark green and blacks 57 Toothed instrument used to remove seeds from flax ripple

58 Citrus fizz lemon sherbet 59 Inter the bounder! cadbury

60 Frosty walking surface crunchie

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St Mary's News

Christmas

Firstly I would like to thank everyone who braved the cold and snowy weather to join us at our Christmas Services.

The church was once again almost full for the Carols by Candlelight Service and everyone enjoyed the wonderful atmosphere created by the candles and the singing of the familiar Christmas Carols. On such a cold night it was particularly pleasant to have hot mulled wine and mince pies to send us on our way home. Many thanks to Gill Sanderson for organising the Service and the refreshments.

Despite the even colder weather on Christmas Eve we were delighted to welcome nearly 50 people to our Midnight Service.

May I also thank everyone who helped make the church look so beautiful for Christmas. The flower arrangements and Christmas trees looked lovely and I would like to thank Betty Phillpot for, once again, making the Advent Ring.

At this point, on behalf of the PCC, I would like to thank Ian Phillpot for organising the monthly Family Services and would also like to thank Anne Clarke, Jane Harris and Carol Nicholas-Letch for conducting the services.

Bells

I am delighted to tell you that we have been given two grants towards the restoration of the Bells which together total £900. At the present time the architect is having to make a few alterations to the plans to comply with Diocesan and English Heritage requirements but we hope to have news of the actual work starting soon.

Fund Raising

Marie Rich hosted a very successful Coffee Morning at the end of November which raised £150 for Church Funds.

Future Events

We are holding another Souper Lunch on Thursday 4th February in Beachamwell Village Hall. Soup, rolls and home-made cakes will be available from 12.30 p.m. until 1.30 p.m. but you are very welcome to stay longer for a leisurely chat and a cup of tea. Tickets will be available on the door and will cost £3.50 each.

Our monthly Afternoon Tea and Cakes will continue on the third Wednesday of each month between 2 p.m. and 4 p.m. The dates for the next three months are as follows:-

17th February, 17th March, 21st April

BOUGHTON VILLAGE NEWS

- ♦ How much will it cost? The current budget estimate is £56,300
- Why are we doing it?

Boughton has long suffered from a lack of a Community building for social events. Such a building is beyond the resources of such a small Parish. Those events that are held in the Church already are affected by the lack of flexibility afforded by the fixed pews and lack of open space within the Church. Whilst it is imperative we retain the central function of the church as a place of worship, it is also desirable to enhance the building to make its use socially a lot more flexible. We believe the changes being made will not detract from the central function, and indeed will contribute positively as more varied services will be possible once the chairs are in place.

How is it being paid for?

All the funds are being raised by the All Saints Community Project Committee via fund raising from donations, sponsorship and events. We are seeking all contributions, however small in support of this Project.

♦ What's next?

After a number of years planning, seeking a faculty from the diocese to permit the alterations, and a great deal of very hard work by current and past members of the Project Committee we have now been able to target 2010 as the year we carry out the works. Fund raising is central to our plans and YOUR help is central to those plans.

♦ How can I help?

Firstly you can contribute by entering the sponsorship of a complete chair, or contribute towards a chair. Every donation is essential to the success of the Project and your donation would be extremely well received.

Secondly you can support events we will be holding throughout this year to raise funds. Every additional person attending such events will assist the progress of the Project. So when you see events posted in G4 magazine, on posters around the village, in the Church or hear of them by word of mouth, please do your utmost to come along and support this worthwhile cause.

In future years we will look back and recall those times when we had no community facility in Boughton and wonder how we ever managed. You have an opportunity to be part of the provision of such a facility and we wholeheartedly welcome your involvement, however you can contribute, to the success of this project.

Peter Agate on behalf of the Committee.

BOUGHTON VILLAGE NEWS

Jack & the Beanstalk. A Village Pantomime.

Rehearsals are progressing well. At the time of writing this update we are busy sorting out costumes, props, scenery and trying to learn our lines. Multitasking at it's best. We have had a few changes to the cast and it is great that so many people have asked to be involved. Our younger cast members are most certainly setting a very high standard and are inspiring us older Thespians.

Having three villages involved, Boughton, Barton Bendish and Wereham is fantastic; so much more talent. We are also having a great time rehearsing (weather permitting) with a few giggles. We hope our audiences enjoy it as much as we are.

Tickets are selling well and Friday29th Jan at Barton Bendish is now sold out. So hurry to your ticket outlet shown on the posters to avoid disappointment.

Fee- Fi- Fo- Fum !!

Frank Reid.

All Saints Community Project Project Committee News Update - January 2010

♦ Who are we?

A group of like-minded people who are working towards the provision of Community Facilities within All Saints Church Boughton.

Committee members comprise: Alan Wilkinson - Chairman, Moira Saunders, Pam Wakeling, Pamela Jennings, Paul Coulten, Sandy Reid, Mark Pogmore & new member Peter Agate.

The committee members also represent other vibrant groups in the village including Boughton Parish Council, Boughton Village Caravan as well as the Church via the Churchwardens and P C C.

What are we doing?

In order to provide much needed community facilities the pews are being removed and appropriate cushioned stackable chairs are being installed. A 'cabinet kitchen' is being built at the rear of the church to facilitate the provision of food preparation, hot drinks, washing up and storage. In addition an all-users WC is being provided in what is now the Vestry, which shall be re-modelled accordingly.

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

We would like to thank the people who came to the December Afternoon Tea for the collection they made for the church as a thank you. We do appreciate the kind thought.

Finally, on behalf of the Churchwardens and PCC I would like to wish you all a Very Happy New Year.

Graham Williams (Churchwarden)

Flower Rota:

7th Betty Phillpot;14th Eileen Powell [Ash Wednesday is 17th];

21st Irene Ranner [Lent Brass only]; 28th Judith Rayner-Green [Lent Brass only] Many thanks to everyone who helps with the Church Flowers in any way. Your support and generosity is greatly appreciated.

Eileen Powell

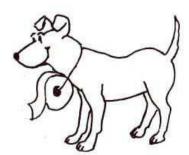
Parish Council:

In spite of the Parish Council purchasing five bins [at the request of residents] unfortunately some people apparently feel that their animals are exempt..... Once again you are reminded that it is antisocial and unhygienic not to clean up

after your animals.....

On the subject of antisocial behaviour, one car was seen driving at 50mph through the village........ Another reminder that the speed limit through the village is 30mph.......





The next meeting will be on March 8th. As always, everyone is welcome.

Your Parish Councillors

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

WI

What a lovely way to spend the 30th Anniversary of Beachamwell W.I. with a





super cake made by Maureen and entertainment by the St. Withburga Handbell Ringers. The twelve ladies played a variety of tunes and songs on their various size bells, including the Celebration Ramble which was very appropriate. Some members volunteered to join in which proved to be great fun for them and for the audience too. They were certainly a very friendly group of ladies. Heidi won the competition, Maureen the flower of the month and Julia won the raffle. The buffet produced by the members was excellent and much enjoyed by everybody including the bellringers. Maureen's cake tasted fantastic. Sheila. President, asked members for

support in entering the Cator Cup again. We look forward to Alan Hale's slide show at our January Meeting

It was such a shame that the snowy weather cancelled our January Meeting and we do apologise to everybody who was looking forward to watching Allan Hale's slides on The Birds of Trinidad and Tobago. We do hope to have this Meeting sometime in the spring. *Carole Wilson*

Thought for the month:

Don't just grumble at the dark, switch on a lamp.

Don't just stumble over a stone, lift it from the path.

Don't just tat over a wrong, right it.

Live positively Ruth Rix

BOUGHTON VILLAGE NEWS

Geoff Proctor's continual kindness to everyone in Boughton

The snow on the evening of 17 December left several cars abandoned in Gibbet Lane. They were mostly stuck in drifts though one had gone into the ditch. Geoff cleared the lane with one of his machines. Then he returned some of the abandoned cars to their owners. This was just the latest example of Geoff's kindness. He believes "that's what villagers do for one another". A lifetime of kindness despite people thieving diesel and implements from his yard and cattle food from his stocks. Geoff Proctor is our local hero. Thank you, Geoff.

Ralph Brereton.

I could not agree more. Geoff does a tremendous amount for Boughton and gives so much. The car rescue is one of a list of kindnesses, there are many others. Bless him.

Frank Reid

Thanks must also go to Barry Ovel and Matthew Morton as they were part of my team. I want their work and efforts to be recognised - great guys, thanks a lot.

Geoff Proctor

Power Cut

Our grateful thanks to all those who kindly offered flasks of hot water, nourishing meals, warm beds, hot showers and most importantly of all the provision of a temporary electrical supply whilst we were without power from 10:00 pm Thursday 17th December through to 10:30 am on Sunday 20th December 2009. Where else would we find such kindness on our doorstep ~ only in Boughton.

Andrew and Angela Faherty

All Saints at Christmas

Many thanks to the dedicated band who decorated the church before Christmas. As usual, it looked absolutely lovely. It's a small church that dresses up well! Pamela Jennings donated the beautiful tree and the Mortons put it up. Many thanks. The service of nine lessons and carols was well attended and apart from a slight administrative mix-up it went well. Good to see so many people in church. I understand the Crib service was also well attended, in spite of the weather, so thanks to those who organised it. One day I might actually get to be there.

Pam Wakeling

BOUGHTON VILLAGE NEWS

Rainfall 2009 [Wet or Dry]

Well - has 2009 been a wet year of a dry year? It has, in fact been dry, with rainfall about 14% below average, and if there had not been a 'top up' in November and December, the rainfall would have been about 27% below average.

Ask people in other parts of the country the same question and they will almost all tell that it was wet (The British Barbeque Summer??) with Cumbria being soaked even before the terrible flooding.

April once again took the driest month prize with 5.5mm and November the wettest with 93.0mm. September had the largest number of dry days with 21 having no rainfall and December had the least with only four dry days.

If you want advice on what to do in what month – here are a few thoughts.

Repair your roof in February and March, fill your new pond in November, don't build a snowman in June (let's wait and see...). You can barbecue in December but the red wine is a bit chilly at room temperature.

As for April – anything could happen. I will leave you to choose what to do in April.....

Mark Pogmore

EACH Santa Run



Boughton contingent of Santa's successfully completed the course on Sunday 6th December 2009. Many thanks to all our sponsors between us we raised £500 for the East Anglia's Children's Hospices. Well done everyone.

The Boughton Santa's

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Memorial Hall

There will be a Beachamwell Memorial Hall AGM on Tuesday 2nd March at 8.30pm. Everyone is welcome so we do hope you'll join us for the evening.

Cherri Kina

Beachamwell Bonus Ball Lottery Winners

Wednesdays 11th November 29 John Muntus 18th November 38 Tom Cross 25th November 44 T & C Sanderson 2nd December 28 R & S Dorney 9th December 6 V Hall 16th December 49 Mr & Mrs Wood 23rd December 22 Mrs J. Bonning 30th December 4 C & T Sanderson 23 Mr & Mrs Dixon 6th January

Saturdays

14th November 38 Mary English 21st November 35 Judith Rayner-Green 28th November 8 Mary English 5th December 12 Margaret Webster 12th December 4 B Hall 19th December 35 Judith Rayner-Green 26th December 30 Louise Sinclair 2nd January 18 V. Hall 9th January 25 Steph Brown

Ella Garner

Congratulations to Ella who played the part of Cinderella in the annual pantomime of The Swaffham Players. Carole Wilson

Vera Wood



You will be very sad to hear that our friend, Vera, passed away suddenly on December 26th. We offer our sincere condolences to Geoff. and the family.

Peggy English

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS

DATE	VILLAGE	LOCATION	TIME
	Beachamwell	Post Office	10:50 am
Thursday 18th Feb	Deachaniweii	Chestnut Walk	11:30 am
	Drymere	Telephone Box	11:55 am
Thursday 11th Feb	Barton Bendish	Hatherley Gardens	3:25 pm
		Chequers, Flegg Green	11:10 am
	Wereham	The Pond	11:25 am
Friday 10th Fab	vverenam	Back Street	11:40 am
Friday 19th Feb		Queen's Close	12:00 pm
	Davadatasa	Mill Hill Road	12:25 pm
	Boughton	Sycamore House	12:45 pm

Services to ALL 'Group 4' villages run to a 3-weekly pattern

For Beachamwell service enquiries contact Watton Library (01953 881671)

For service enquiries to other villages call Downham Market Library (01366 383073)

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Dagahamwall	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Maraham	28 (Mon to Sat)	Coach Services	King's Lynn
Wereham	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely (Farmer)	2 nd and 4 th Saturday (13 th and 27 th)
Fakenham (Farmer)	4 th Saturday in each month
King's Lynn (Farmer) Swaffham (Indoor) Watton (Farmer) Wisbech (Farmer)	3 rd Friday of each month (19 th) Every Friday 9:00am to 1:00pm 1 st Saturday in each month, 8:30 am to 12:30 pm Alternate Fridays

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE AND PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Caroline Sanderson	01366 328244
Wereham	Doreen Rolph	01366 500218



CHURCH NEWS



GROUP 4 CHURCH SERVICES

DATE	TIME	LOCATION	SERVICE
	9:30 am	Fincham	Holy Communion & Baptism
7th Cabrusan	11:00 am	Beachamwell	Holy Communion
7 th February	11:00 am	Wereham	Morning Prayer & Baptism
	6:00 pm	Shouldham	Evensong
	11:00 am	Barton Bendish	Holy Communion
14 th February	11:00 am	Marham	Family Service
	6:00 pm	Boughton	Evensong / Holy Communion
	11:00 am	Beachamwell	Family Service
04St =	11:00 am	Shouldham	Holy Communion
21 st February	6:00 pm	Fincham	Evensong
	7:00 pm	Wereham	Songs of Praise
	9:30 am	Shouldham Thorpe	Holy Communion
00th ======	10:00 am	Boughton	All Age Service
28 th February	6:00 pm	Barton Bendish	Evensong
	6:00 pm	Marham	Evensong / Holy Communion

FROM THE REGISTERS

CHURCHWARDENS

_	
Mhari Blanchfield	01366 347849
Linda Webster	01366 347563
John Sanderson	01366 328818
Graham Williams	01366 328774
Pam Wakeling	01366 500429
Moira Saunders	01366 500955
Sheila Smith	01366 500414
	Linda Webster John Sanderson Graham Williams Pam Wakeling Moira Saunders

BAPTISMS AND WEDDINGS

Please contact the Churchwarden in your parish



THURSDAY COMMUNIONS (FEBRUARY)

4th - Barton Bendish, 11th - Fincham, 18th - Boughton, 25th - Fincham Services at 10:00 am followed by tea/coffee. All Welcome

