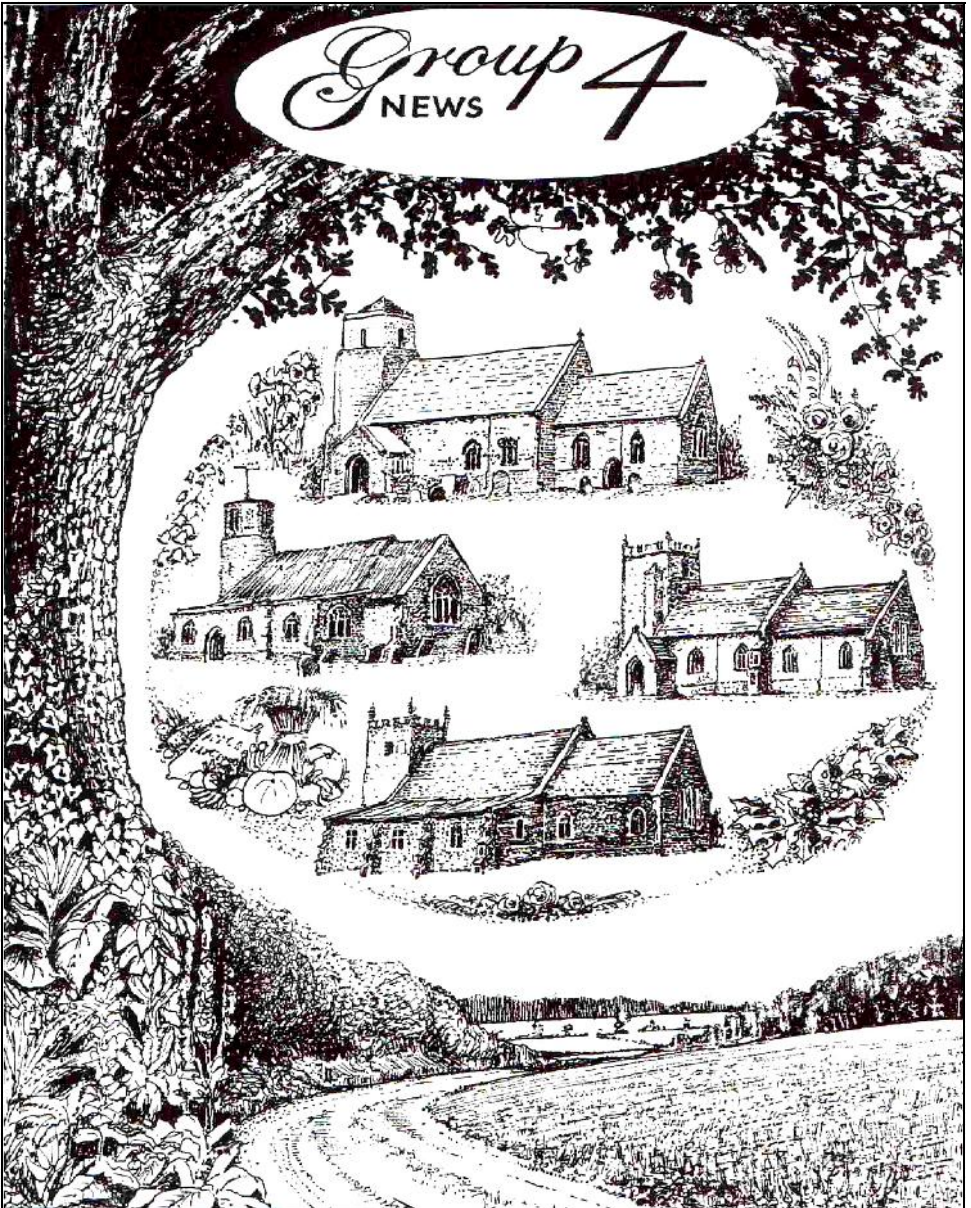


Group NEWS **4**



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

August 2024

Cover illustration drawn by Mark Powell, Beachamwell ©

WELCOME



Once again we would like to thank

- ◆ Alan Pickering for dealing with the adverts
- ◆ Kevin Fisher for the website
- ◆ Andrew and Liz Stephen for collecting and delivering to the villages.
- ◆ Limetree Printers for their super efficiency.
- ◆ Everyone who has helped with G4N in any way.

We do appreciate your continued support.
As always, 'Happy Reading'
The Editorial Team
Eileen and Pam

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Please submit all information through
your Village Contacts.

**Deadline for copy for the
September 24 edition:**

11th August Please Note

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Kevin Fisher, Tel 01366 502224

Thanks to all contributors and
apologies to any whose work has not been
shown in this issue.

We promise to include your articles
wherever and whenever possible. Please
do keep them coming.

Many thanks to the distributors, we
couldn't do without you!!!

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BENEFICE PAGE

On June 29th I experienced the second and final part of Ordination to the priesthood in the Church of England. It's a mystery to most that it happens in two parts but thank you so much to so many for so much love and support right through it all, to the wonderful service in the Cathedral and next day to my first communion service as president (yes, this is the correct term!)

The act of presiding has been described as 'standing at the table with the people on your heart' as we are mysteriously united with God through the simple earthy means of bread and wine.



Jesus' ministry on earth was centred on table fellowship with a magnificently diverse bunch of fellow diners some of whom weren't socially or religiously acceptable. He is still the Host and the president is the enabler, with help from others present, of a celebration and thanksgiving to which all are unreservedly welcome.

In the same spirit, wonderful breakfasts are shared in the context of informal worship in an increasing number of our churches; see G4 news for times and places!

Meanwhile, as Bishop Dagmar finished a recent letter;

'Alleluia, on we go!'

Love,

Pippa

COUNTRYSIDE NOTES

In China, 2024 is the year of the dragon – in England 2024 is the year of the gastropod i.e. - slugs and snails!!

There are at least 44 species of slugs and 90 species of snails in the UK and wet, mild conditions throughout the winter and spring provided ideal conditions for them to survive and multiply as every gardener knows to their cost. Plants have been disappearing at an alarming and expensive rate and lettuces have required much washing! Various methods of destruction can be tried i.e. slug pellets, sprinkling with salt or catching them in traps baited with beer. Deterrents include surrounding plants with coffee grounds, crushed egg shells, grit or sheep wool pellets and attaching copper tape around pots. Vinegar is recommended to remove slug slime and to include in slug sprays.

Snails are known to indigenous Norfolk folk as 'hodnedods'. Their homing instincts only extend to short distances, they are less likely to return if moved 20 metres away. Slugs, however, can find their way back to where they came from through leaving a unique scent trail. The RHS consider that slugs and snails are beneficial in gardens as they are an important food source for wildlife including birds, hedgehogs, beetles, reptiles and amphibians. Frustrated gardeners do not necessarily agree!! Thrushes love them, breaking the shells by bashing them on paths and stones to access the tasty morsel inside.

Gastropods lay eggs. Slugs are hermaphrodites; they can self-reproduce in great numbers! When two snails mate they both become pregnant. The majority of land snails are nocturnal, not liking to be exposed to sunlight. They hibernate during the winter in dry places, often in clusters. Those found in Britain differ greatly in size, some being very small indeed. Even those of the same species vary in the colouration and patterning of their shells. The largest land snail is the Roman or Burgundy Snail which can reach 3 inches (7.5cms) in length with a shell diameter of 1.5 inches (4cms). It is local on chalky soils in southern areas and was resident in Britain before Roman times.



COUNTRYSIDE NOTES CONTINUED

It's the species eaten as Escargot. The Common Snail is widespread and infests gardens. It's greatly affected by pollution so one consolation is that we must live in a comparatively pollution free area. Another common species is the Grove Snail. Slugs are predominately vegetarian although some species feed beneath the ground while others also consume excrement and even dead animals. They also vary greatly in size and colour and remain active year round providing the temperature exceeds 5°C. In winter 95% live underground feeding on seeds and roots. The Black Slug can grow to 5.5 inches (14cms) in length when fully mature. Generally, it's black in colour but can also be brown with an orange frill. The preferred diet of the more useful, spotted Leopard Slug is fungi and dead plant or animal matter. Easily recognisable, this species can grow up to 6 inches (16cm) and is commonly found in parkland, woodland and gardens.

Jill Mason
(Barton Bendish)



COMMUNICATION

Firstly, a type of health warning: in order to put what you're reading into some kind of context, please read my article in the July issue called *I don't believe it*. There are now more means of communication than ever before existed in history. There are hundreds of television and radio channels, there are podcasts, blogs and a multiplicity of social media 'platforms'. Those are in addition to more traditional forms such as newspapers and magazines. The latter of which cater for all interest groups and hobbies. And contrary to gloomy prognostications reading books, both in hard-copy and electronically, has seen an increase.

Yet the age-old art of conversation and polite debate seems to be in decline. Indeed, my attention was drawn to a group of younger people who could not or would not express themselves in direct discussion. Preferring, I believe, to communicate with one another using IT forms such as texting

In my opinion, among other causes that has exacerbated the incidence of mental health issues among young folk. Perhaps, not a popular view but do refer to my health warning above.

However, as the Greek philosopher Epictetus (c. 50 - 135 A.D.) remarked *We have two ears and one mouth so that we can listen twice as much as we speak*. A quotation I have used in sales training, adding that a salesperson should shut-up when a customer speaks because they may be saying *I want to buy!* What is called 'active listening' is an important skill that counselors and other mental health professionals use. It encourages their clients to talk about what troubles them and to discover coping mechanisms to support them. But what happens when people have lost that art of conversation? Then there is a need for them to be taught how to communicate their feelings, hopes and fears in a one-to-one or group situations.

When I was training as a Lay Minister over 30 years ago (see the preface of a health warning) I was not just nervous but actually terrified about speaking in public. That despite having been a salesman, in various forms, the whole of my previous working life. I could walk unannounced into someone's office and proceed to speak to them about my company's services. But when it came to be leading a Service or preaching, I had to 'psyche myself up' and prepare to the Nth. degree in order to cope with, what amounted to, my fears. I used to console myself with the knowledge that both Moses (*Exodus 4:10*) and St. Paul (*1 Corinthians 2: 1-5*) claimed not to be eloquent or forthright speakers.

Like so many other things in life you gradually become accustomed to the Mission of the Church and how to cope with any anxiety that remains. I've always regarded Ministry as a privilege and an opportunity to communicate God's Love, in the Light of Christ with the Power of the Holy Spirit. That especially applies when meeting people who do not routinely worship. Such as at funerals, when speaking to visitors as a Day Chaplain at Ely Cathedral and as a Chaplain to Ambulance Service personnel. In those latter roles the best way to communicate is to listen and to stand with those in need of support and Prayer. **Tony Mills**

RECIPE PAGE

Tandoori style chicken

Best cooked under a hot grill, on the BBQ or in an air fryer

Ingredients

8 chicken thighs
4 table spoons of Greek yoghurt
1 desert spoon of sweet paprika
1 teaspoon dried chipotle chillies
1/2 teaspoon turmeric
1/2 teaspoon ground coriander
1/2 teaspoon ground cumin
1/2 teaspoon garam masala
1/2 teaspoon onion powder
1/2 teaspoon garlic powder
salt and pepper

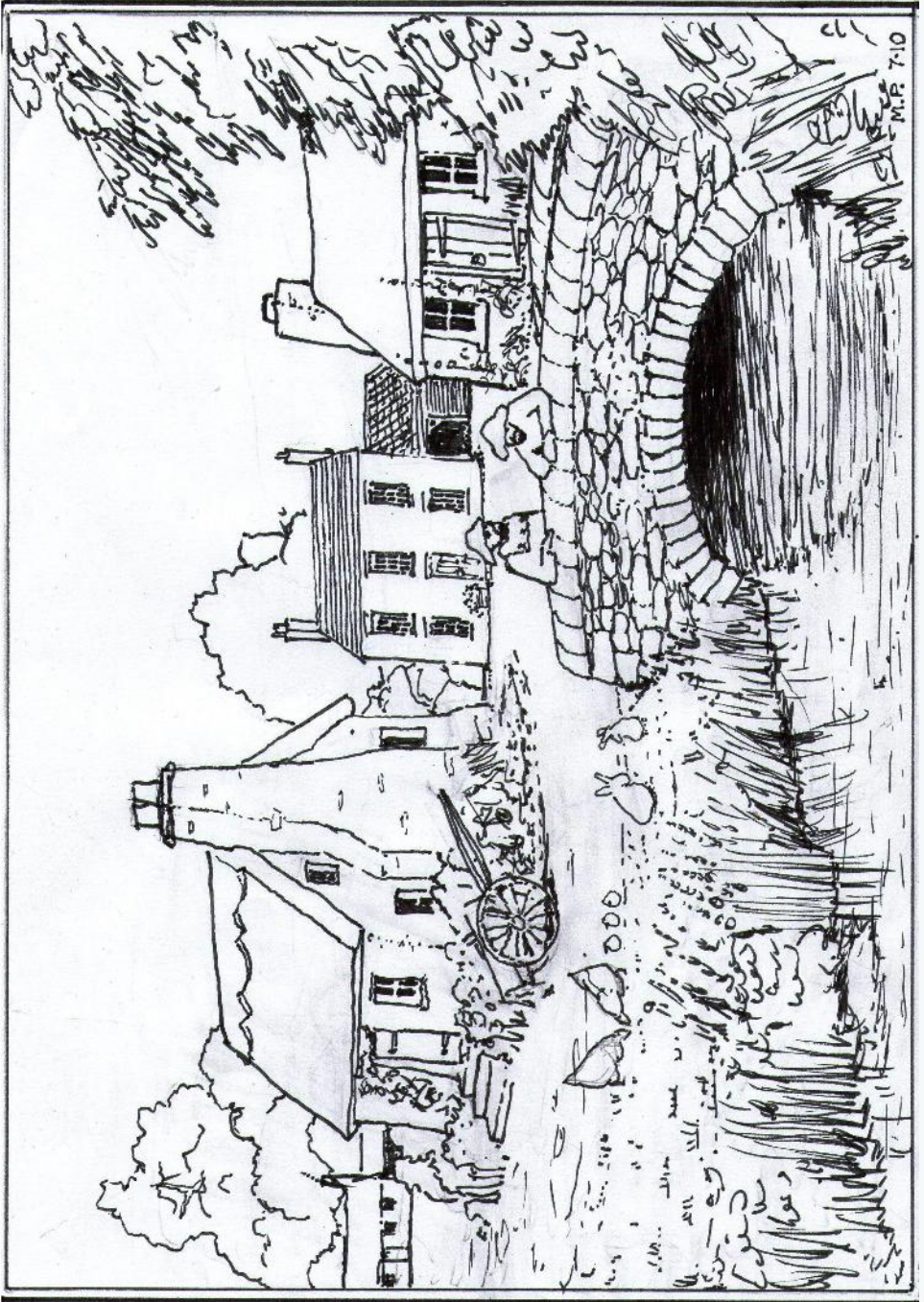


Method

1. For economy buy frozen thighs, defrost then de-bone yourself, discarding the skin if preferred. Waitrose sell de-boned and de-skinned thighs.
2. Butterfly the thighs so they are around 2cm thick.
3. The amount of spices and flavours in the marinade are a starting guide. Add some stronger chillies if you like things spicier.
4. To make the marinade add the yoghurt, spices and flavourings to a bowl and mix well.
5. Add the chicken, coating it well in the marinade then cover the bowl and into the fridge for a couple of hours or so.
6. Cooking time will vary depending on which method you use.
7. In an air fryer pre heat for 2 or 3 minutes on 230c then cook the thighs for around 14 minutes turning half way through. Cook in batches in a single layer leaving space between each thigh, they will shrink away from each other.
8. A little charring is to be expected and adds to the flavour.

Geoff Siddons (Beachamwell)





QUIZ PAGE

1. How many hairs are there on an average person's head?
2. Which is the USA's 'Mile High City'- Denver, Detroit, Nashville or Boston?
3. What is a trigamist?
4. What does poly in polyester and polyurethane mean?
5. In the game of shinty, what is a hail?
6. What's meant by the Latin phrase 'Semper Fidelis'?
7. During wartime, how were the Local Defence Volunteers better known?
8. "What would you do if I sang out of tune, would you stand up and walk out on me?" is the beginning of which well known song?
9. What's the difference between a dictionary and a thesaurus?
10. Who had hits with the songs [a] Daniel, [b] Alfie, [c] Ernie?
11. Is a farthingale a type of dance, a bird of prey, an old fashioned hooped skirt?
12. If the sun is at its zenith, where in the sky is it?
13. Which fruit grows on the opuntia cacti—prickly pear, kumquat or passion fruit?
14. What's a suspended sentence?
15. What do the Roman numerals MM stand for?
16. Who had the first number one hit- the Beatles or The Rolling Stones?
17. What was a Sopwith Camel?
18. Why do we say in the nick of time?
19. Fill in the blanks to make two words meaning calm SE_ _ _ E
20. What word describes the act of wilfully giving false evidence in Court?

Answers: 1. Around 90,000 to 140,000. 2. Denver. 3. A person having three husbands or wives at once. 4. Many. 5. A goal. 6. Always faithful. 7. The Home Guard. 8. With a Little Help From My Friends. 9. A dictionary gives the meaning of words, a thesaurus gives alternative words of similar meaning. 10. [a] Elton John, [b] Cilla Black, [c] Benny Hill. 11. An old fashioned hooped skirt. 12. Directly above the observer's head. 13. Prickly pear. 14. The offender doesn't have to serve it unless they are in trouble again for the set period. 15. 2000. 16. The Beatles with 'From Me to You' in April 1963. 17. A fighter aircraft of the 1914-18 War. 18. Tally sticks were once marked with notches to keep sport scores and records of college and church attendance, payment of taxes etc. 19. Serene & Sedate. 20. Perjury.

The Church of St. Peter & St. Paul, Swaffham

Swaffham Parish Church Flower Festival

Countries of the World

Entry
£2.50

August Bank Holiday Weekend

Fri 23 – 1000-1600

Sat 24 – 0930-1600

Sun 25 – 1200-1600

Mon 26 – 1000-1600

Refreshments available

Swaffham Band Box

Saturday 24th 7.30pm

An evening of light-hearted
entertainment



23-26 August 2024

Charity Number 1134160

Part Time Carer/Buddy in Wereham wanted

We are seeking a dedicated and compassionate Carer/buddy, to support our son, a vibrant 27-year-old individual with cerebral palsy. He is a wheelchair user who requires assistance with all his daily and personal needs. Despite his challenges, our son is an enthusiastic individual who enjoys various activities, such as listening to music, watching TV, using his iPad, and reading. Your role will be essential in helping him access the community and engage his overall well-being.

Initially, the position will involve supporting him for five afternoons a week, 3 hours per session, for a total of fifteen hours. Possibly more hours after a trial period.

Applicants must have, or undergo, a DBS check.

Payment of £11.68 per hour, made via direct payments.

Please email us; samharden67@outlook.com if interested, or for further information.



Barton Bendish Community Library and Second Hand Bookshop



Open every day 10am – 4pm
St Andrew's Church
PE33 9GF

Everyone, including people from surrounding villages, welcome to borrow or buy books

Beachamwell

24 Public Rights of Way? Where are they?

Come and explore with the
Wednesday Walkers

On the first Wednesday each month,
leaving the Memorial Hall at 10.00 a.m.

All welcome

dogs on leads please



**Enquiries:
01366
328960**

Barton Bendish Community Hub

Is held every week on a Wednesday afternoon from 2 – 4pm.

This event offers you a chance to chat and meet people and to bring hobbies and craftwork with you.
There is no charge.

ALL WELCOME

Look out for our new Facebook page:
St Andrew's Church, Barton Bendish

Enquiries:
bartonbendishevents@gmail.com

Beachamwell Book Group Tuesday 6th August

7.30

Beachamwell Village Hall

Book to be discussed over a glass of wine

**'The Last Thing To Burn
By Will Dean**

New members welcome

Enquiries: 01366 328470

Beachamwell



St. Mary's Church

**Short Service of
Worship on the
Green**

[If wet in the Village Hall]

**Saturday 10th August
11.00am**

Do come and join us
and stay for lunch afterwards
See Page 20

Enquiries 01366 328 779
in aid of St Mary's Beachamwell,

Beachamwell



**Afternoon Tea and a
Chat.....'**

**Wednesday
August 21st
2 - 4pm
Village Hall**

Enquiries: 01366 328108

Beachamwell



Pop Up Pub

Friday 23rd August

**7.00pm until
Last orders 10.30**

Village Hall

Enquiries: 07818 453 323

Barton Bendish

Film Club

Proudly Presents:

**'One Life
Saturday 7th September**

6.30 [D/O] For 7.00pm [S]

Barton Bendish Village Hall

Tickets £5

**Free refreshments during interval
included**

To reserve your seat please contact
Box Office: 01366 347849
email: cinemabarton@gmail.com
www.bartonbendishfilmclub.btck.co.uk/

WORTH THINKING ABOUT

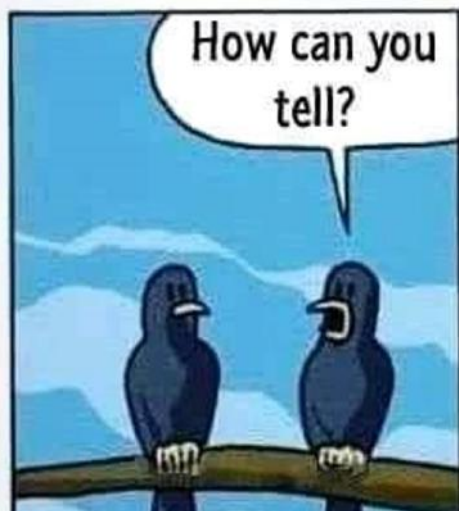
A 92-year-old, petite, well-poised and proud man, who is fully dressed each morning by eight o'clock, with his hair fashionably combed and shaved perfectly, even though he is legally blind, moved to a nursing home today. His wife of 70 years recently passed away, making the move necessary.. After many hours of waiting patiently in the lobby of the nursing home, he smiled sweetly when told his room was ready. As he maneuvered his walker to the elevator, I provided a visual description of his tiny room, including the eyelet sheets that had been hung on his window.. I love it,' he stated with the enthusiasm of an eight-year-old having just been presented with a new puppy. Mr Jones, you haven't seen the room; just wait.' 'That doesn't have anything to do with it,' he replied. Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged ..it's how I arrange my mind. I already decided to love it. 'It's a decision I make every morning when I wake up. I have a choice; I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do.

Each day is a gift, and as long as my eyes open, I'll focus on the new day and all the happy memories I've stored away. Just for this time in my life. Old age is like a bank account. You withdraw from what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of memories!

Thank you for your part in filling my Memory Bank. I am still depositing. 'Remember the five simple rules to be happy:

1. Free your heart from hatred.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Expect less.





BARTON BENDISH & EASTMOOR VILLAGE NEWS

Notes From Barton Bendish

“All we have to decide is what to do with the time that is given us.”

JRR Tolkein

August is an unusually quiet time in the village. I say unusually because the remarkable individuals who organise and run so many events here have achieved a remarkable number of popular and successful events over the years. There is a very clear sense of wanting to build community links here and in these chaotic and social media driven times, it feels like a great privilege to be part of it.

Liz Truss may be reflecting on the fact that you can't be a leader unless you feel that it's important to look out for everyone. However, learning may not be her strong point.

June saw one of the highlights of the Barton Bendish year-Open Gardens. We had 470 paying visitors who raised a similar sum for St Andrew's as last year. For a village this size, that is phenomenal. It is great to see all the various groups and organisations in the village in alignment. When people work together, great things can be achieved.

The other major event in Barton Bendish is of course the Art, Photography and Craft Exhibition and Sale on September 21st and 22nd. All applications to submit work must be received by 1st of September. For more details or an application form, contact bartonbendishevents@gmail.com. And, please, come and join in the event. It's a great opportunity to buy presents or to find the perfect piece of Art for your home.

Finally, how wonderful it is to hear that we are going to have a café based in the Berney Arms. It is due to open in July and I feel certain that it will be a real asset to community life. Watch this space.

Andrew Stephen



BARTON BENDISH & EASTMOOR VILLAGE NEWS

Here I Am Again

This place is full of spectres

Which rise amongst the river mist

And tell me that

Belonging is for others

More willing to play the game

With synthetic emotions

Approved politics and fashionable views.

A poem is a struggle

With a head full of intuition

And uncertainty.

They possess us

And sooth us while we sleep.

No search ever ends

No time is ever saved,

The flashes of knowledge elude us

Like words which can't be spoken,

Smiles which can't connect

And stories which should have endings

But somehow never do.

We are born to explore

And to feel what no one else

Ever feels.

We are understood for moments
only

And that is enough.

This deals in part with the difficulty
of entering a community which is
resistant to change and with the
difficulty of being understood!!!!!!

Andrew Stephen

Barton Bendish

**ART
PHOTOGRAPHY
CRAFT**

14th Annual

**SEPTEMBER
21st and 22nd**

2024

EXHIBITION

Deadline for submissions

AND

September 1st

SALE

**CALLING ALL ARTISTS,
PHOTOGRAPHERS AND
CRAFTERS INTERESTED IN
SUBMITTING YOUR UNIQUE
WORK**



PROCEEDS TO BENEFIT:

ST ANDREW'S CHURCH & THE VILLAGE HALL PE33 9GF

Email: bartonbendishevents@gmail.com

VILLAGE HALL +

ST ANDREW'S CHURCH

PE33 9GF

**BARTON BENDISH & EASTMOOR
VILLAGE NEWS**

**COMMUNITY HUB 2.00 — 4.00
FUTURE DATES**

Wednesday July 24th; 31st

**Wednesday August 7th; 14th; 21st;
28th**

Tuesday September 3rd

Wednesday September 11th; 25th

**Wednesday October 2nd; 9th; 16th;
23rd; 30th**

ALL WELCOME

**acstephen@hotmail.com 01366
347549**

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Mobile Post Office

Monday and Thursday 13.00 – 13.15: Tuesday and Wednesday 11.10 – 11.30

Beachamwell PCC



What a great day the 2nd of June was for Open Gardens, lovely weather and a good turnout by the public. Thank you to all who opened their garden, helped with catering and car parking and not forgetting the infamous Beachamwell Bakers who once again did us proud with their cakes and other eats. The event raised over £2,500 for the benefit of St Mary's church.

Now onto church news, our architect is working on the plans that will enable us to get a Faculty to do the re-ordering work that will make the restored church accessible to all regardless of infirmity or disability and get the restoration completed and the church brought back into service. Meanwhile our stonemasons are working on the window frames, the glaziers on the manufacture of the plain glass windows, and we hope to have a separate faculty by late July to get all the wall memorials inside the church restored, repaired or replaced. There is much to do but once we have the necessary ecclesiastical authority to do it, it should not take too long.

Meanwhile we, the PCC, are still raising monies to ensure that any uninsured work revealed by the fire can be covered.

Thank you for your continued support for the village team and our team of experts restoring our beautiful little church. As we make further progress keep an eye on our Facebook page under 'St Marys Beachamwell'.

This month, August, we will have our usual service on the second Saturday of the month, 10th Aug. There will be a lunch in the village hall after the service, the two are not linked so please come to lunch even if you are not able to attend the service. You are always welcome.

Peter Berendt (Churchwarden and Vice Chairman)

Village Fete - Bric-a-Brac Stall

The Bric -a - Brac team are back for the Bi-Annual Beachamwell Village Fete

WE SELL ALMOST ANYTHING

Now is the chance to get rid of those items you no longer need. We accept clothes (clean & in good condition), but cannot accept large electrical items, computers and/ or printers.

All funds raised go towards the running and maintenance of the Village Hall. Your support for the bric-a-brac stall in the past has been amazing. Temporary storage can be arranged if required. Phone 01366 328920 or 07968745460 if you have any items you need storing or that you are unable to deliver to the Village Hall yourself.

Books are very welcome. Please note the Village Hall will be open on Monday 26th August to Friday 30th Aug 10am - 17.00. Saturday 31st Aug from 10am onwards.

Thank you **Geraldine Warner & Mary Riches**

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Village Hall



Quite a lot to tell you this month so here goes

The next pop up pub is on Friday 23th August from 7pm.

Several items of clothing, bags and walking stick have been hanging around in the hall for several months. If these are not claimed before the fete they will go to the Bric a Brac stall.

PLEASE, PLEASE, PLEASE can drivers NOT drive over the foot-path. In time this will destroy it and use a lot of funds to repair/replace it.

FINAL CALL from any villagers wishing to have a stall at the fete. Please email cathyagfriend@yahoo.com for the form and further information. Tombola prizes still needed please, and help on the day especially with bric a brac and car parking in particular. Email as above if you can volunteer your services. Many thanks. The fete is THE major fund raising event for the village hall and is held alternate years - please try and support the hall in its endeavours to provide a comfortable hall for all to use and be at the heart of the community we are so lucky to live in.

The bric a brac stall would like any coat hangers anyone has spare please, as well as bric a brac! The hall will be open the week prior to the fete for items to be dropped off.

The playground has had its annual inspection recently and unfortunately after over 20 years of service the swings are now obsolete. The playground needs a lot of money spending on it and grants will be applied for and ideas sourced. If anyone in the village would like to get involved in this project, please contact Colin Friend on 07572434049 for further information. It is an excellent amenity for children of the village and visitors so the committee will be working hard to get it improved but this will not be an overnight fix.

The three dead trees have now been replaced - perhaps that is why it hasn't stopped raining! Saves having to water them. Sincere thanks to Paul Andrews for planting. A gardening fairy also pruned the flowering shrubs now that they have stopped flowering and tidied the edges around the patio.

The pruning was excellent timing as that made life easier for the installation of a bike rack.

Thanks to Malcolm Warner for sourcing and installing.

Cathy Friend



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS



Wednesday Walkers

The wet, grey morning did not bode well for us in July. Yet luck was on our side as the drizzle had ceased by 10.00 am when we set off from the Memorial Hall. The route to be followed was planned to avoid long and wet vegetation, newly ploughed paths and soaking shoes.

The group stopped to admire the wonderful myriad of colourful hollyhocks growing besides the cottages along The Street before continuing along the Gooderstone Road as far as Bridleway 19. But where was this Bridleway? Somewhere on the left before the oak we all thought, but it seemed to have vanished. There was no gap in the hedge to be seen. Eventually after much hunting midst bracken, nettles, brambles and sloe trees, the finger post was discovered and a way was forced through to allow us access to the fields and path back to the village. A total of something around three miles was walked and we were not too wet or muddy!

Next month it is hoped to explore the public paths near Warren Farm and Larch Wood and some the forest rides (also public bridleways) at Drymere. Do come and join us – Wednesday, 7th August, 10.00 am at the village hall. We should love to see you. **Sue Pennell**

The Norfolk Churches Trust Cycle Ride

14th September 9.00—5.00. Please think about taking part.
More information 01366 328452

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell Parish Council



Councillors

Diana Lambert [Chair]

Jonathan Cooper, Sally Davies, Colin Friend, Geoff Siddons

Paul Roberts, Malcolm Warner,

Peter Wilkinson (District Councillor)

01760 338819 / 07788381796

peter.wilkinson@breckland.gov.uk

Fabian Eagle (County Councillor)

01760 440284 / 07450 679382

fabian.eagle.cllr@norfolk.gov.uk

Beachamwell Parish Council now has a full complement of seven Councillors following the recent co-option of Mr Paul Roberts. This is great news for the Council which has taken time to come up to full strength.

There are regular complaints received at the Council office with regard to dog fouling in the village and irresponsible owners. Whilst Breckland District Council will take enforcement action it really shouldn't be necessary. The Parish Council would ask that if you exercise your dog within the Parish, particularly on the village green, that you do the responsible thing and clear up after them.... (How many times has this request been made over the years ???). People know it is wrong, unpleasant and anti social.

There are several dog bins available and bags can be disposed of in normal bins if there is no dog bin on your route.

The Parish Council is considering a Neighbourhood Plan. This would be undertaken by a group drawn from the Parish, and would be a document based and evidenced on the wishes of Parishioners to influence future planning in the Parish. Locality are the umbrella organisation and have great guides on the internet that you can read. If you have any interest please can you let either Sarah the Clerk, or a Councillor know. The first step would be an open meeting to explore what is involved and the benefits, and Council would like very much to gauge any local interest before committing time to the project.

The Village Green trackway is being maintained in good condition, unfortunately this has meant that cars have increased their speeds! Please could you be considerate to other residents, Village Green users and the Council who have to undertake the repairs and drive no more than 5mph on the trackway around the village green.

Sarah Hunt [Parish Clerk and Responsible Financial Officer]

07355694133 beachamwellparishcouncil@gmail.com

BEACHAMWELL VILLAGE FETE

1ST SEPTEMBER
12PM-5PM



TRADITIONAL COUNTRY FAIR

VILLAGE GAMES
HOOK-A-DUCK
COCONUT SHY
CROCKERY SMASH

BBQ

FACE
PAINTING

STALLS

MUSIC

BAR

BBQ

PRIZES

BRIC-A-BRAC

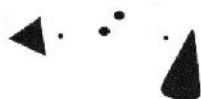
FUN 
DOG SHOW



DON'T MISS BEACHAMWELL FETE'S



SPONSORED BY



BUDDY & LOLA

ENTER YOUR DOG
£3 FOR 1 CLASS
£5 FOR 2 CLASSES

REGISTRATION
FOR CLASSES
WILL START AT
12.30
THE FIRST CLASS
STARTS AT 1PM.

ROSETTES
AWARDED FOR
THE FIRST
4 PLACES.
OVERALL WINNER
FOR BEST IN
SHOW

- 1-SENIOR CITIZEN (OVER 8)
- 2-BEST ADULT
- 3-CUTEST PUPPY (FROM 8 WEEKS)
- 4-OWNER DOG LOOKALIKE
- 5-BEST RESCUE
- 6-APPEALING EYES
- 7-BEST CONDITION
- 8-BAD HAIR DAY
- 9-SMOOTH AND SLEEK
- 10-SOLID COLOUR
- 11-COLOUR AND MARKINGS
- 12-AMAZING EARS
- 13-BEST BISCUIT CATCHER
- 14-WAGGY TAIL
- 15-PRETTIEST GIRL
- 16-HANDSOME BOY
- 17-HAPPY FAMILIES
- 18-FANCY DRESS



THE GREEN, BEACHAMWELL, PE37 8BB
WHAT3WORDS:BEYOND.COVERINGS.COOKING

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS

DATE	VILLAGE	LOCATION	TIME
Tuesday 6th August	Barton Bendish	Hatherley Gardens	11:10 am
Tuesday 6th August	Beachamwell	Old Post Office	09:45 am
Tues day 6th August	Drymere	Telephone Kiosk	09:45 am
Tuesday 6th August	Boughton	Mill Road	10:45 am
Friday ? August	Wereham	Queen's Close	12.25 am
		Village Hall	12:45 am

For services to all 'Group 4' villages ring Mobile Library Information on 01362 693184 or 01603 222303 or look at the website - <https://www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/mobile-library/routes-and-timetables>

MARKETS - Farmers' and Indoor

Ely (Farmers')	Second and Fourth Saturday each month 8.00am to 2.00pm
Fakenham (Farmers')	Fourth Saturday each month 8.30am to 12.00pm
Kings Lynn (Farmers')	Second and Fourth Saturday each month
Swaffham (Indoor)	Every Friday 9.00am to 1.00pm
Wisbech (Farmers')	Alternate Fridays 8.30am to 2.00pm

For information:- www.farmersmarkets.net or your local Tourist Information Office. Check to see if they are actually taking place.

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Mary Simons	01366 347 790
Beachamwell	Cathy Friend	01366 328892
Boughton	Pam Wakeling	01366 500429
Wereham	sara.villagehallwerehamr@ Gmail.com	01366502214



Rural Dial - a - Bus

We offer a Rural Dial - a - Bus weekly service from a variety of villages into local towns. All our vehicles are wheelchair friendly and we provide a door to door service. Please see timetable below for the day of the week each service runs and the destination.

<u>Village</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesda</u> <u>y</u>	<u>Thursday</u>	<u>Friday</u>
Beachamwell		Swaffham			
Cockley Cley		Swaffham			
Crimplesham				Downham	
Drymere		Swaffham			
Feltwell					Brandon
Foulden		Swaffham			
Gooderstone		Swaffham			
Hockwold					Brandon
Methwold				Downham	Brandon
Northwold				Downham	Brandon
Oxborough		Swaffham			
Southery	Ely *				Downham
Stoke Ferry				Downham	
Weeting					Brandon
Wereham				Downham	
Whittington				Downham	
Wretton				Downham	

Locations marked with a * are not every week.

Please call us on 01553 770310 for more information on dates and times for our Rural Dial-a-Bus

Volunteer Community Car Scheme

Our Community Car Scheme offers short or long-distance transport for medical or wellbeing appointments with our friendly volunteer drivers. All Volunteers are DBS checked and transport is provided from 50p a mile. For more information or to book transport please call 01553 770310

Volunteers Needed

We urgently need volunteer drivers to help out a busy charity to provide transport around West Norfolk. Mileage is paid.



AUGUST 2024 CHURCH SERVICES WISSEY GROUP



Sunday 4th August 10th after Trinity

9.30 am	Wretton/Stoke Ferry	Service of the Word
9.30 am	Methwold	Holy Communion
6.00pm	Wereham	Evensong

Saturday 10th August

11.00am	Beachamwell	Outdoor Service
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Sunday 11th August 11th after Trinity

9.30 am	Methwold	Service of the Word
9.30 am	West Dereham	Holy Communion
9.30 am	Whittington	Breakfast Church
10.00am	Boughton	Breakfast Church

Sunday 18th August 12th after Trinity

9.30 am	Methwold	Holy Communion
9.30 am	West Dereham	Celtic Service
9.30 am	Wretton/Stoke Ferry	Holy Communion
11.00 am	Wereham	Holy Communion
5.00pm	Barton Bendish	Evensong

Sunday 25th August 13th after Trinity

9.30 am	Methwold	Service of the Word
9.30 am	West Dereham	Informal Breakfast Church
9.30 am	Whittington	Holy Communion
11.00am	Boughton	Holy Communion

Every Sunday 6.30 pm online service West Dereham Cell [see page28

Details of all Services on Wissey Valley Benefice Website

<https://www.wisseyvalleybenefice.co.uk/>

Midweek Services

Tuesdays	5.00pm	Methwold	Evening Prayer
Wednesdays	9.00 am	Wretton /Stoke Ferry	Morning Prayer
Thursdays	8.30 am	Methwold	Morning Prayer
Thursdays	9.30 am	Wretton/Stoke Ferry	Holy Communion [not 3rd week]
3rd Thursday	10.00	Boughton	Holy Communion

Weekly Online Services

Tuesday	5.00 pm	Prayer Group
Wednesday	5.30 pm	Compline
Sunday	6.30pm	West Dereham

Full details from janet.tanton@gmail.com or pickwickclub.cc@btinternet.com



AUGUST 2024 CHURCH SERVICES PRIORY GROUP



Sunday 4th August 10th after Trinity

9.30am	Runcton Holme	Holy Communion
10am	Shouldham	Morning Prayer
11am	Marham	Holy Communion
6pm	Online & Phone	Evening Prayer

Sunday 11th August 11th after Trinity

9.30am	Shouldham Thorpe	Holy Communion
11am	Fincham	Morning Prayer
11am	Marham	Morning Prayer
11am	Stow Bridge	Holy Communion
11am	Watlington	Holy Communion
6pm	Online & Phone	Evening Prayer

Sunday 18th August 12th after Trinity

9.30am	Wormegay	Holy Communion
11am	Marham	Morning Prayer
11am	Shouldham	Holy Communion
6pm	Online & Phone	Evening Prayer

Sunday 25th August 13th after Trinity

9.30am	Fincham	Holy Communion
9.30am	Tottenhill	Holy Communion
11am	Marham	Morning Prayer
11am	Wimbotsham	Holy Communion
6pm	Online & Phone	Evening Prayer

Details of all Services to be found at [https://](https://www.westnorfolkpriorygroup.co.uk/Groups/381492/West%20Norfolk%20Priory.aspx)

[www.westnorfolkpriorygroup.co.uk/Groups/381492/](https://www.westnorfolkpriorygroup.co.uk/Groups/381492/West%20Norfolk%20Priory.aspx)

[West Norfolk Priory.aspx](https://www.westnorfolkpriorygroup.co.uk/Groups/381492/West%20Norfolk%20Priory.aspx)

Midweek Services

Wednesdays	10.00 am	Watlington	Morning Prayer
1st Thursday	10.00 am	Runcton Holme	Holy Communion
2nd Thursday	10-12 am	Marham	5 minute Morning Prayer then Coffee Morning



CHURCHWARDENS AND CONTACTS

WISSEY VALLEY GROUP

Barton Bendish:	Mhari Blanchfield	01366 347 849
	Linda Webster	01366 347 563
Beachamwell	Peter Berendt	01760 708 177
	Sue Pennell	01366 328 452
Boughton:	Pam Wakeling	01366 500 429
Methwold	Alan Burbridge	01366 727 002
West Dereham	Graeme Pressley	01366 501 179
Wereham	Karen Sams	01366 501 428
	Sheila Smith	01366 858 165
Whittington	Susan Smith	07849 157 080
Wretton	Anita Horgan	01366 500 785
Whittington & Wretton	Elaine Taylor	01366 500 948

PRIORY GROUP

Fincham	Cathy O'Brien	01366 347 279
Marham	Philip Fay	01760 444 199
	Glenda Jayes	01760 339 688
Shouldham [Key Holder]	Alex Gammie	07803 248 230
ShouldhamThorpe	Gordon Reid	01366 347 253



ONLINE SERVICES IN AUGUST

Weekly Online Services

Sunday 6.30 **Service of The Word (West Dereham Cell)**

Tuesday 5.00 **Prayer Group**

Wednesday 5.30 **Compline**

Full details (including the links) from janet.tanton@gmail.com or
pickwickclub.cc@btinternet.com

BOUGHTON VILLAGE NEWS

All Saints' Church

I'm sorry to have to announce the death of Tony Golds a few days ago. Tony had been first in hospital and more recently in a care home, awaiting assessment to decide his future. Tony will be much missed. He was a long time resident of the village and was well known to many people. Before Covid he was deeply involved with the Freemasons, and has been a faithful and generous member of the congregation at All Saints. He was always ready to regale us with tales of his time in the RAF, and published a book about his experiences. Details of the funeral are not known as I write, but it will be at Boughton and I'll publish the time and date as soon as known.

It's been a busy few weeks for the tiny congregation and PCC. We went to Ely Cathedral on June 29th for the ordination of Pippa Blackall, and we hosted the Benefice service the following day for Pippa's first Holy Communion as President. Momentous and lovely occasions where it was good to see the gathering of all our benefice churches.

It was good to see a good turn-out at the picnic organised by Carol on the 13th. The weather was cold but it didn't rain and everyone seemed to be enjoying it. We hope more events will follow. The church needs funds, and so does the parish open space – one and the same thing. I'd like to thank the person who contributes regular small amounts to the upkeep by setting up standing orders. There are just over a hundred houses in the village and if everyone of those contributed a regular small amount we'd have fewer concerns about the potential bills. We have yet to discuss and agree the response to the report on works done on emergency repairs. At the moment our expenses outweigh the income. Please consider if you could spare a small amount on a regular basis.

We are pleased to welcome Steve and Moira Saunders back to the village after thirteen years in New Zealand. Their energy and enthusiasm are already being seized upon!

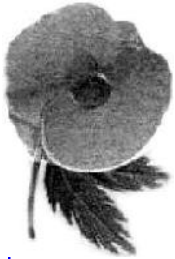
Advance notices – the next Breakfast church will be on Sunday August 11th, and our Harvest Festival service will be on September 22nd at 11 am.

Pam Wakeling (Church Warden)



BOUGHTON VILLAGE NEWS

Saturday 29 June was Armed Forces Day. It is a chance to show your support for the men and women who make up the Armed Forces community: from currently serving personnel to Service families, veterans and cadets. I was at Boughton Church when approximately 8 bicycle riders turned up (in the full gear). They had started from Downham Market and were cycling to a number of churches where there were identified Commonwealth War Graves to leave a poppy. This was their second year. I didn't get the full route however from Downham Market they had cycled to Welney, later come to Boughton and were on their way to Marham.



Well done to the group Well done for celebrating those who have served and are serving.

Private C Seymour, Norfolk Regiment, died of wounds January 1918 **Moira Saunders**

Musings on New Zealand – Language

Steve and I have just returned to Boughton after living in New Zealand for 13 years, as some of you are already aware. We were/are often asked why we moved there and amongst the answers, my reply includes 'because they speak English or near enough.'

We found that there were some new words to learn. First priority is often finding accommodation. Patio doors are called Ranch Sliders (NZ). Nets (NZ) actually refer to curtains and are often left in the house when moving. The other fact that got me confused is that a good sunny garden is north facing! Referring to houses, all bedding and towels are called Manchester (NZ) including in the sales, can you work out why? Answer at the end.

We had some building work done and learnt that plaster board is called gib (NZ) after the company that make the boards. Skirting boards are called architraves (NZ). One day at church, in my early days, I was explaining about the rota and that we needed volunteers (it doesn't change). At the end, Tim the assistant clergy, stood up and said 'for all those who are not sure, Moira has been talking about the roster (NZ).'

When I got a teaching job in High School (NZ), I was faced with a number of new words, including what to call Snopake. In the end I tended to call it correction fluid as Snopake is a trade name. The NZ trade name was 'Twink'. There were quite a range of words. In class, many students called the teachers Mr instead of Sir, this was disrespectful. I was called Mrs by students. Lollies (NZ) mean all sweets not just lollipops. There are a number of favourite sayings. 'Sweet as' means good, OK. Often students used it after an explanation of a question or piece of work. With that could be 'Bro', everyone is a 'Bro'. Another phrase is 'She'll be alright' which could refer to any object, which could be on the iffy side.

BOUGHTON VILLAGE NEWS

Answer to Manchester: Bedding and towels and textiles arrived in NZ from the ships in large crates with Manchester across them as this was the Port of Origin.

Quiz:

What do you think these words are in GB English?

Vivid (writing implement)

Relief (teacher)

Roll (school)

Refill (stationary)

Togs (sport)

Schedule (school)

Roster (church)

Napkins

Jandals (footwear)

Dairy (place)

Moira Saunders



WEREHAM VILLAGE NEWS

Village Hall

Church Road, Wereham, PE33 9AP - Registered Charity No: 1168472 01366 502214 www.werehamvillagehall.co.uk villagehallwereham@gmail.com

Regular Events (with dates for August 2024)

Monthly Indoor Car Boot Sale - Sunday, 4th August, from 8:30am (Café open from 8am). Call Philip on 01366 501330 or 07759 033492 to book a stall.

Monthly Pop-up Café - Tuesday, 6th August, 10:45am-1pm. (£3 per meal - Panini (choice of fillings), plus a side salad; £2 for Cake or pastry & Hot Drink).

Regular Weekly Events: (please note that some classes may pause during schools holidays)

Mondays: LITTLE MOVERS, 10:15-11am, contact Heather on 07881 998780; SHORT MAT BOWLS, 7:30-9:30pm, contact Philip on 01366 501330; Tuesdays: PILATES, 9:30-10:30am, contact Christine on 07796 102677; MULTI-SPORT MASH-UP (5-12yrs) - FREE classes - contact community@alivewestnorfolk.co.uk EARTH & ETHER YOGA, 7:00-8:15pm, contact Gemma on 07943 848431; Wednesdays: ZUMBA GOLD, 9:30-10:30am, contact Domonique on 07769 341680; BINGO, 6:45-9:00pm (eyes down 7:30), contact Diane on 01366 500798; Thursdays: LINE DANCING, 9:30-11:00am, contact Ron on 01406 350732; SHORT MAT BOWLS, 2:00-4:00pm, contact Philip 01366 501330; Fridays: ZUMBA GOLD - 9:30-10:30am, STRETCH, STRENGTH & RELAX - 11:00am-Noon, FIT & FABULOUS SEATED FITNESS - 12:30-1:30pm, contact Domonique on 07769 341680; LITTLE RUGGERS (4-7yrs) - 5:00-6:00pm, contact Liz on 07951 713 837; Monthly SOUNDBATH event, with the Feelgood Friday Soundbath on Friday, 10th August, doors open at 7pm with the soundbath starting at 7.30pm. To book your place or for more information, please go to robynwren.co.uk/soundbaths The fortnightly PAINTING CLASSES with professional artist Jill Olenski, on Wednesdays (between 12pm and 3pm) are paused for the summer and will be back on the 2nd of October. Contact the Village Hall for information



WEREHAM VILLAGE NEWS

Village Hall Monthly Activities

All activities and regular weekly events now also featured in the separate inserted sheet, for Wereham residents. Also details for mobile Library and Post Office. Further details can be found on the website www.werehamvillagehall.co.uk and on their Facebook page.

Wereham Open Gardens, June 16th

The weather during the week leading up to Open Gardens was awful; cold, grey. The weather during the week leading up to Open Gardens was awful; cold, grey, wet and windy. To add to the gloom it was also raining on the Sunday morning and I thought we would be lucky to have any visitors at all. By ten o'clock it seemed to be a bit brighter, by eleven I spotted a patch of blue sky and by twelve we had the start of a lovely afternoon! wet and windy. To add to the gloom it was also raining on the Sunday morning and I thought we would be lucky to have any visitors at all. By ten o'clock it seemed to be a bit brighter, by eleven I spotted a patch of blue sky and by twelve we had the start of a lovely afternoon!

Over a hundred visitors from near and far enjoyed looking round our twelve gardens and, as always, their comments about the gardens, the gardeners and the village itself were all very complimentary. Once again, the lunches and teas served in the village hall throughout the afternoon were given top marks.

The total for the day was just over £1200 which is very encouraging and will certainly help towards the upkeep of our Grade 2 Listed church of St. Margaret.

To those kind folk who opened their gardens and to all of those involved in the smooth running of the day, my sincerest thanks. The publicity, posters, printing, catering, baking, running the raffle, tombola, craft stall and selling the garden maps all rely on the goodwill, time and energy of village volunteers and without them Open Gardens could not take place. My grateful thanks to you all.

Sadly, one of our gardeners, Anne King, passed away only a few days before Open Gardens. Anne was a keen gardener and, although very ill, was determined that her garden would be open. With support from her family and close neighbours Anne's wish was fulfilled. Her garden looked splendid on the day and, on behalf of all of those who knew her, I would like to dedicate Open Gardens 2024 to the memory of a lovely lady, Anne King.

A special thank you also to Masson Seeley of Downham Market for making and donating our outstanding road signs

Greg Baddock

WEREHAM VILLAGE NEWS

Wereham Parish Council

Next Meeting Date Monday 9th September 2024 at 6.30 pm, Ordinary Meeting of the Parish Council

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting (seven annual meetings), and notified via the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk. You will also find minutes of all meetings here too.

Wereham Cemetery, The Row – Interment Area:

The Parish Council would like to trace the family/next of kin for some of the interment ashes plots in the Wereham Cemetery as it would like to make improvements Autumn 2024, with gravel inlay and edging. If you are next of kin or know family of those loved ones in the interment area of the Wereham Cemetery, The Row please contact the Parish Clerk, contact details below. The Parish Council would like to seek endorsement from the next of kin for the improvements prior to going ahead.

Highways – Paths and Roads – Defects

Please report anything that you see verges, trees, pot holes, main holes, drains to Norfolk County Council Highways via their defects page of their website. You need to set up a login, and once on the site you can easily report issues and upload pictures of the issue. They will then arrange inspection. You are also able to track the report. The Parish Council will report issues that it finds, but if residents do this also we can increase the repairs that we need doing. <https://apps.norfolk.gov.uk/HighwaysDefect/>

Helen Richardson

Wereham Parish Clerk and
Finance Responsible Person
Email werehampc@gmail.com
or Phone/Text: 0779 500 6811



WEREHAM VILLAGE NEWS



CASH BINGO - EVERY WEDNESDAY
Doors Open 6.45pm - Eyes Down 7.30pm
Enquiries to Angela 01366 500115
or Diane 01366 500798

WEREHAM SHORT MAT BOWLS CLUB

MONDAYS - 7:30pm to 9:30pm
THURSDAYS - 2pm to 4pm

£2.50 per player
Free refreshments
Enquiries to Phillip
on 01366 501330



Our Beat Manager for Wereham is PC112 Jamie Cowen. Contact Jamie by phoning 101 or email him via the group email - sntwatlington@norfolk.police.uk

REGULAR WEEKLY EVENTS

MONDAY

10.30-11.15am **LITTLE MOVERS** - Heather - 07881 998780
7.30-9.30pm **SHORT MAT BOWLS** - Phillip - 01366 501330

TUESDAY

9.30-10.30am **PILATES** - Christine - 07796 102677
5.00-6.00pm **MULTI-SPORT MASH-UP (5-12yrs)** -
community@alivewestnorfolk.co.uk
7.00-8.15pm **EARTH & ETHER YOGA** - Gemma - 07943 848431

WEDNESDAY

9.30-10.30am **ZUMBA GOLD** - Domonique - 07769 341680
6.45-9.00pm **BINGO (eyes down 7.30)** - Diane - 01366 500798

THURSDAY

09.30-11.00am **LINE DANCING** - Ron - 01406 350732
2.00-4.00pm **SHORT MAT BOWLS** - Phillip - 01366 501330

FRIDAY

9.30-10.30am **ZUMBA GOLD** - Domonique - 07769 341680
11.00-Noon **STRETCH, STRENGTH & RELAX** -
Domonique - 07769 341680
12.30-1.30pm **FIT & FABULOUS SEATED FITNESS** -
Domonique - 07769 341680
5.00-6.00pm **LITTLE RUGGERS (ages 4-7)** - Liz - 07951 713837

Fabulous new monthly Soundbath events at the Village Hall. Feel-good Friday evenings during the summer months, Soothing Sunday afternoons when the days are shorter. This month it's on Friday, 12th July, doors open at 7pm. Switch off, relax and let go, suspend an overactive mind and bring the body into ease, enabling you to have a good night's sleep and embrace the feeling of being refreshed. To find out more, and to buy your tickets, go to robynwren.co.uk/soundbaths



Fortnightly Painting Classes, with professional artist Jill Olenski (Dip.A.D. B.A Hons), are held on Wednesdays between 12pm and 3pm - this month's dates are the 3rd & 17th of July, then Jill will have a break over the summer. For more details, please call the Village Hall office on 01366 502214 or email karen.villagehallwereham@gmail.com



WEREHAM VILLAGE HALL is a stockist of **THE VILLAGE PIJAM** pop in to buy your copy of the current edition, filled with news, interesting articles, upcoming events, useful tips and contact info.



The Mobile Post Office

service is available in Wereham on Mondays and Thursdays from 2pm-2:15pm; and on Tuesdays and Wednesdays from 1:05-1:30pm; at The War Memorial on Church Road.



WEREHAM CRAFT GROUP

SECOND TUESDAY OF EACH MONTH - 10:30am-12:30pm
call Rosemary on 01366 501330 for more information

MAKE & MARDLE - Not purely 'Knit & Natter' - other crafters welcome too! Third Tuesday of each month, 10am-noon, in the foyer of the Village Hall. Free admission. Tea & Coffee available to buy. Contact Rosemary on 01366 501330 for more information.

THE NORFOLK MOBILE LIBRARY SERVICE

The Mobile Library will be visiting Wereham on Thursday, 25th July, stopping at Queen's Close between 10:35 & 10:50am.



Norfolk County Council

Wereham Parish Council

The next meeting of the Parish Council will be held in the Community Room at the Village Hall on Monday, 8th July 2024, at 6.30pm. Contact the Parish Clerk - Helen Richardson T: 07959006811 E: werehampc@gmail.com www.werehamparishcouncil.co.uk



ST MARGARET'S CHURCH WEREHAM Over the Summer months St Margaret's Church presents two of the most popular events in the annual Wereham village calendar, following on from the Open Gardens last month, we move on to this month's event, the **SUMMER FESTIVAL** on Sunday 21 July, from 11am to 2.30pm. The Festival is one of the major fundraisers of the year (alongside Open Gardens) in support of our historic St Margaret's Church. It is a great day out and a real community event for the whole family. There will be a wide variety of stalls to keep everyone entertained, a delicious Hog Roast and the ever popular raffle. Inside the Church there will be teas, coffees and light refreshments served, and in the Chancel there will be a beautiful exhibition of Wedding attire and Wedding photographs from modern and past generations. If you are unable to make the Festival on the 21st July, the Wedding Exhibition will be available over the weekend, Saturday, Sunday and Monday, so don't miss it.

We would still greatly appreciate any donations of prizes for our stalls, Raffle, Tombola, Hoopla and Wine Bottle Stall, as well as Cakes, Home Made Jams and Preserves. Items will be gratefully accepted/collected if you call Chris 01366 500976.

Regular Services - An Evensong service is normally held on the 1st Sunday of the month, at 6pm, and Holy Communion on the 3rd Sunday at 11am. For more information or news on upcoming church events, please visit www.wisseyvalleybenefice.co.uk or go to www.facebook.com/friendsofstmargaretschurch/

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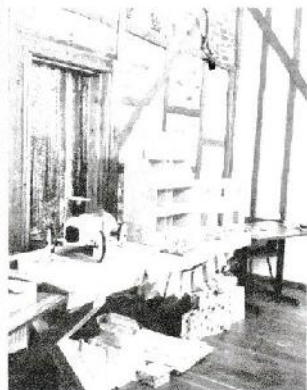
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INFO@THEFARMHOUSEATFINCHAM.CO.UK



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Ingredients:

- 50ml Nelson's Gold Caramel Vodka
- 100ml pineapple juice
- 20ml fresh lime juice
- 50ml soda water
- Ice
- Pineapple slice & mint sprig garnish

Method:

1. Fill a tall glass with ice.
2. Pour in the caramel vodka, pineapple juice, and lime juice.
3. Stir gently to mix.
4. Top up with soda water.
5. Garnish with a pineapple slice and a sprig of mint.

www.wildknightdistillery.co.uk

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MAFHP. MCFHP

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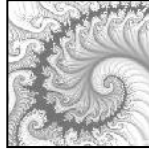
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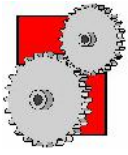
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