

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere; Boughton; Wereham

August 2019

WELCOME



Enjoy your summer!

As always, 'Happy Reading ' The Editorial Team Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

Deadline for copy for the September 2019 edition:

11th August

ADVERTISING

Alan Pickering 16 Tinkers Way, Downham Market, PE38 9TQ

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<u>www.group4news.co.uk</u> Kevin Fisher, Tel 01366 502224

'FROM THE RECTORY'

Ken is on a well deserved holiday, so this is a poem written by someone who attends the Fincham group services.

Have you ever wondered about what happens in our churches Sunday by Sunday? This poem landed on my desk last week. It is written by a person who has visited our churches in the West Norfolk Priory Group.

Reflections of a Wandering Worshipper

Thank you to the Wardens for everything you do,

The services kept going for people and me and you.

Faithfully to serve in each church of your own,

With local congregations, maybe a few but never alone.

If one cares to wander, each church a special place,

Where different forms of worship are there to embrace.

Each building a sacred space in which to share

Fellowship, hymns and quiet times of prayer.

Maybe the building is grand, with steps to climb,

Maybe tiny, intimate, with windows that shine.

Some have bells ringing out to welcome us in,

While in a village hall there is Peace found within.

There are those down tracks, far out in the fields,

Some behind trees, where it's quiet to just sit or kneel.

You can hear the birds singing softly outside,

And as you come outside, there may be flowers to find.

I am a worshipper that wanders around

To other churches, and have always found

A welcome within, each one a special place,

Each one filled with God's Heavenly Grace – L.S.

Next Sunday, why not come and see for yourself?

BENEFICE NEWS

The new Bishop of Huntingdon was consecrated at St Paul's las month. We welcome her and hope to see her in the Deanery before too long.

Dagmar will take the title Bishop of Huntingdon (a Suffragan Bishop), working alongside the Bishop of Ely, The Rt Revd Stephen Conway, across the whole Diocese which comprises Cambridgeshire, the western quarter of Norfolk, south Peterborough, and some adjacent parishes.



Congratulations to the Wissey benefice on the ordination of Carol Nicholas



Letch as priest. Carol is well known to many people in the benefice but also generally and her ordination as priest to serve in the Wissey benefice is long overdue and much welcomed. A large congregation attended her first celebration of Holy Communion at Wretton church, with representatives from most of the group churches, and we were able to share a meal afterwards.

Carol on the occasion of her ordination as deacon, earlier in the year.

BANANA CAKE

- 3 bananas (old ones are best)
- 4 oz (113g) butter
- 4 oz (113g) sugar
- 6 oz (170g) self raising flour
- 2 tablespoons milk
- 1 heaped teaspoon bicarbonate of soda

2 eggs

Method

Cream together butter and sugar. Mash the bananas and mix them into the butter and sugar.

Beat the eggs in another bowl, then beat into mixture.

Put the milk in a cup and stir in the bicarbonate of soda.

Mix the flour and the milk into the mixture, about a third at a time and alternating between the two.

Put the mixture into a greased cake tin and cook for 45 mins at Gas Mark 4, 300° F, 180 $^\circ$ C

After 45 minutes a skewer pushed into the centre of the cake should come out with no mixture sticking. If necessary cook for a little longer.

Sally Taylor



COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesday	Beachamwell	Post Office	10:05 am
	Drymere	Telephone Box	10:40 am
August 13th	Boughton	Sycamore House Mill Road	15:20 pm 15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
Friday		The Pond	9:30 am
August 9th	Wereham	Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	First Thursday 12.00pm to 5.00pm
Swaffham	Second Saturday

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Andrew Stephen	01366 347549 or 07748 015464
Beachamwell	Cathy Friend	01366 328892
Boughton	Pam Wakeling	01366 500429
Wereham		See page 18



BARTON BENDISH

10th Annual



ART, PHOTOGRAPHY & CRAFT EXHIBITION & SALE 2019 14th/15th SEPTEMBER

Sat. 14th 10am - 5pm

Sun.15th 11am - 5pm

Barton Bendish Village Hall and

St Andrew's Church

PE33 9GF

Refreshments and Light Lunches Available



Proceeds to Benefit: St Andrew's Church and The Village Hall

Email: bartonbendishevents@gmail.com

Charity No: 245458

DIOCESE OF ELY SAFEGUARDING NEWS

Safeguarding Duty Phone

As our team has expanded we now have a designated telephone number for accessing support when you have a safeguarding concern, allegation or are concerned about a person who may be at risk or may pose a risk. The Duty Phone number is 01353 652747 Please do not use this number for queries about DBS checks, training or recruitment issues.

Parish Safeguarding Officers Networking Morning

28 September 2019 9.30am—12.30pm at Cambourne Church

We are delighted to again welcome Elizabeth Locke, Safeguarding Adults Board Trainer, from the Cambridgeshire and Peterborough Safeguarding Adults Board as our key speaker at the above event. Elizabeth's presentation topic will be If Safeguarding Adults is Everyone's Responsibility, What's Expected of Me? The rest of the morning will be made up with diocesan & national updates and a chance to network with colleagues. Parish Safeguarding Officers Networking Morning

28 September 2019 9.30am—12.30pm at Cambourne Church (need to book)

DBS Workshop for Parish Safeguarding Officers

We are offering a further 2 workshops covering DBS checks, eligibility, roles requiring a DBS check, the different levels of checks and the application Dates offered are: 2 October 10am-1pm 19 November 2pmprocess. Both workshops will be held at the Diocesan Office Bishop 4.30pm. Woodford House Elv. You can book online or contact in safeguardtraining@elydiocese.org

Parish Focussed Support

The Safeguarding Team launched a project called "Parish Focused Support" in 2018. The purpose of the project is to ensure House of Bishop's Policy and Practice Guidance relating to safeguarding is being appropriately followed by all parishes

These are extracts from the newsletter, which can be read in full on the Ely Diocese website.

IT'S ALL SYSTEMS GO FOR CRAFT AND COUNTRY FAIR

Visitors to the Magpie Centre, home of West Norfolk Riding for the Disabled Association, enjoyed the Open Day on June 23, opened by West Norfolk Mayor Geoff Hipperson. This year marks the 50th anniversary of the RDA movement and the day comprised show jumping, dressage, side saddle and carriage driving demonstrations, resulting in a profit of £700 for the Centre.

Next up is the Magpie Centre's biggest annual event, the Craft and Country Fair, held in the glorious grounds of Wallington Hall, PE33 0EP (on A10 just north of Downham Market). This runs from 10.00 am to 5.00 pm on Sunday, August 18. Tickets, available on the gate only, are £6.00 each for children and adults, £18.00 per family (two adults plus two children) and Under 5's FREE. Sorry, but no dogs can be admitted except service/assistance dogs.

Star attractions include a ridden Heavy Horse Display, Archery, Carriage and Pony Rides, Falconry and not only Classic Cars and Bikes, but also Commercial Vehicles and Tractors dating from yesteryear. Highlight promises to be the Royal Air Force flypast of its WW2 Lancaster bomber, during the afternoon, weather permitting. Craft lovers can expect a hall full of treats as the indoor arena is packed to capacity with craft stalls of all kinds, which they can enjoy, accompanied by the music of a ukulele band, while food and drink stalls cater to every taste.

The day also offers draws for two incredible 'money can't buy' prizes. All adults paying £6.00 to enter the event will receive a ticket for the Grand Prize Draw, whose prize is a Harvard T6 Trial Flying lesson. This aircraft was used for training pilots to fly the legendary Spitfire and is a real adrenaline rush for pilot or non-pilot alike!

For something more sedate, His Grace the Duke of Rutland has donated a very special prize: a ride for two people in his 1908 Renault, a private tour of Belvoir Castle and a picnic in the Castle grounds. Tickets @ $\pounds 2.50$ will be on sale on the day and the draw will take place at 4.30 pm.

Help with setting up the arena for the Craft Fair on Saturday August 17 is also required. We need some sturdy types to unroll the coir matting which enables wheelchair users to access the craft stalls, so if you, and maybe a group of friends from your local club/pub or church can help anytime from 10.00 am to 2.00 pm on Saturday August 17, please call WNRDA Chairwoman Rosie O'Grady on 01366 500104. For more info call Caroline on 01553 828935 or email c.dudley@success-in-english.co.uk.



BMW Select Representative example: new BMW 320i M Sport Saloon

Duration	48 months	Total amount payable	£39,642.50
47 monthly payments	£399.00	Total amount payable by	£36,058.57
Customer deposit	£3,000.00	customer	
BMW contribution	£3,583.93	Option to purchase fee^	£0.00
On the road price	£35,465.00	Contract mileage	32,000 miles
Total amount of credit	£28,881.07	Fixed interest rate	4.9%
Optional final payment	£14,305.57	Representative APR	4.9%

For more information, call us on 01553 692000 or visit www.listerskingslynnbmw.co.uk

Listers King's Lynn

Hardwick Road, King's Lynn, Norfolk PE30 4NA

Fuel economy and CO₂ results for the new BMW 320i M Sport Saloon. Mpg (I/100km): Combined 42.2 (6.7). CO₂ emissions: 129g/km.

Figures are for comparison purposes and may not reflect real life driving results which depend on a number of factors including the accessories fitted (post registration), variations in weather, driving tayles and which leads. All figures are determined according to a new test (WTP). The CO, figures were translated back to the outgoing test (NECC) and will be used to calculate vehicle tax on first registration. Only compare fuel consumption and CO22 figures with other care state to the same technical procedure.

Listers King's Lynn is a credit broker and not a lender.

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OXBOROUGH FUN DAY

DOG SHOW & CAR BOOT

SUNDAY AUGUST 25th

9am – 4pm

CAR BOOT PITCHES £2

SET UP 12 NOON ON THE DAY

BURGER VAN AND ICES

FURTHER DETAILS FROM

GRAHAM 07570065098

BOUGHTON

FRIDAY SEPTEMBER 13TH

FINCHAM CHORUS

will perform a concert in Boughton church on Friday13th September at 7.30 pm, in aid of church funds.

They will be performing 15 songs, of a mixed repertoire, some sacred and others of a secular nature.

Entrance £5 to include light refreshments. Please come along and support this for an enjoyable evening.

KING'S LYNN FESTIVAL CHORUS CELEBRATES 500 YEARS OF CHORAL CLASSICS

with internationally renowned, multi award winning British vocal ensemble

VOCES8

Sunday 6th October 2019 at 7 pm St Nicholas' Chapel, King's Lynn.

Programme: Allegri's Miserere, plus works from Bach, Mahler, Rusby, Tippett, The Beatles

Conductor: Tom Appleton

Tickets £17 -£24 (Early Bird offers and free fo under 18s) Available from King's Lynn Corn Exchange <u>www.kingslynncornexchange.co.uk</u> Box office: 01553 164864 KLFC@kl festchorus on Twitter and Facebook

www.kingslynnfestivalchorus.co.uk

Lily has changed!

From 1 July 2018, our Lily service expanded to include everyone over 18, not just those in later years.

Lily provides a comprehensive range of support in west Norfolk to combat loneliness and social isolation in adults of all ages. The project is linked to the 'No Lonely Day' initiative and encourages our residents to develop friendships and engage in their local communities.

The Lily online directory lists organisations, services and activities that help people to live healthy, active and independent lives. It includes information relevant to adults of all ages. If you would like your event or organisation to be included in the directory, get in touch asklily.org.uk

Lily Advisors from local charities are available to offer one-to-one support to people at home or in community locations.

Lily has a strong focus on community development, by helping groups to arrange activities and encouraging volunteering, and by providing community events, onsite information sessions, and support for employers, schools, and colleges.

If you, or anyone you know, would like to know how Lily can help, call 01553 616200 and choose option 6.





Contact Debbie - 01366 502150

47 Wretton Road, Stoke Ferry, Kings Lynn, Norfolk, PE33 9QJ www.little-oaks-preschool.ik.org

FIT MAMAS & CO

Approx. 1 hours brisk walking...



BRING COMFY FOOTWEAR & A SMILE!!

DIFASE

Fitness walking group for all ages!

Mama's, Papa's, Nanna's, Grandad's, Children & Pushchairs all welcome!

Mondays @ 10.30am

Starting location will vary weekly from surrounding villages (Wereham, Wretton, Boughton, Stoke Ferry, Oxborough, Barton Bendish)

For information please contact Charlotte on 07873355671 or follow Fit Mamas & Co on facebook!!

Wereham

Mobile Post Office

Please note that Mobile Post office will park near the Village Pond on the following days/ times

Monday 14.00-14.15

Tuesday 12.25-12.55

Wednesday 12.25-12.55

Thursday 14.00-14.15

K.J.Catering Services

Contact Steve Bartram on

01366 727797 or 07542 923909

kjcatering@btconnect.com

www.catererssuffolkandnorfolk.com

Outside Catering And Hog Roast & Bar-B-Q Specialists

K.J.Bar Services

Fully Licensed for all occasions

K.J Catering is a family business based on quality food and service



'We're open for hot drinks 10am-3pm weekdays, when you can browse the pre-loved book stall and enjoy our free Wi-Fi!' Activities and Community Groups, extend a warm welcome to all new visitors

Monday -

- Hatha Yoga Monday 9.30am to 11am. Main hall. Become more aware of how we conduct ourselves, physically, emotionally, mentally and spiritually. Call Gail 07938978980
- No Mean Feet, foot care specialist 10am to 3pm, meeting room. Call Steve for information 07837 506906
- Friends of Wereham Village Hall (FoWVH), fundraising events group, 7.30pm. Monthly meet to discuss new ideas and organise events. Call Doreen 01366 500218 or email doreenirolph@talktalk.net

<u>Tuesday</u> -

- Pilates 9.30am to 10.30am. £5 Increase flexibility, joint mobility and circulation. Main hall. Call Christine 07796 102677
- Pop Up Café 1st and 3rd Tuesday of every month 10.45am 1pm. Main Hall. Selection of hot drinks and a slice of homemade cake £1.50. Light lunch £2.50. See Facebook or call Doreen 500218 for latest menu.
- Craft Group, social fundraising group 2nd Tuesday of every month, Community Room, 10.30am 12.30pm. Meet for a social, drink, cake and try different crafts. Call Rosemary 01366 501330
- Restore and More Yoga, 7pm to 8.15pm, Vinyasa Flow, main hall. Call Gemma 07943 848431

<u>Wednesday</u>

- Zumba 9.30am to 10.30am, main hall. A fun dance-fitness programme. Call Domonique 07769 341680
- Cash Bingo doors open 6.30pm, eyes down 7.30pm, main hall. Café open before and during the break. Weekly prize money + jackpot with prize Bingo's at Easter and Christmas. Call Diane 01366 500798.

<u>Thursday</u>

- Line dancing 9.30am to 11.00am, main hall, beginners welcome, £5. Call Ron 01406 350732
- Short Mat Bowls 7pm to 9pm, main hall. £2 per player, spectators are free, includes tea/coffee and biscuits. New
 players welcomed. Call Philip 01366 501330
- Youth Club (Term Time) 4.45pm to 6.45pm, main hall. Age 8+, free of charge. Call Swann Project 01366 386259. Tuck shop including hot dogs 50p, drinks and snacks.
- Drama Group 'Wissey Players' every other Thursday 7.30pm to 9.00pm, community room. Call Keith 01366 500976
 Friday
- Wereham Tots, (Term Time), parents and toddler group 10am to 12.00pm, main hall. £2 per session for up to 2 children (50p per additional child). Call Angela 01366 500115.
- Cinema Night, 'The Favourite' 15 Friday 23rd August. Bar open from 7.00pm. £5. Loyalty card, 5 for the price of 4. Book <u>www.werehamvillagehall.co.uk/events</u> or call the office 07497 430005. See trailers on Facebook.
- Mobile Library stops by Fridays, monthly, at 12.45pm next visit is 9th August. Call in for a cuppa while you wait.
 <u>Saturday</u>
- To celebrate to our 1st year anniversary, we are launching the Community Café and Sport England Project on Saturday the 3rd of August where you can sample delights from the café and enjoy taster sessions of new activities launching from the hall.

There will be activities for all ages and abilities. Full details will be promoted on our Website and Facebook page. Any queries, please contact Craig in the office on 07497 430005 or email <u>craig.villagehallwereham@gmail.com</u>

<u>Sunday</u>

Car Boot and Café 25th August, 9am to 1pm, Café open 8am with hot breakfast rolls, snacks and drinks. To book a £5 pitch indoor/outdoor call/txt Phillip 07759033492.

For more information on activities, cinema listings or to book, go to https://www.werehamvillagehall.co.uk/whats-on or

or pop in weekdays 10am–3pm to speak to Angie, Lyn or Sara or call us on 07497 430005, <u>www.facebook.com/werehamvillagehall</u>



HOW GREEN IS GREEN?

In principle caring for the environment is a good and necessary thing but establishing different methods of curbing climate change comes at a cost that eco warriors don't always take into account. Last spring Extinction Rebellion protested calling for a reduction in CO2emissions. They came from all over the country and, unless they were within walking or cycling distance, used carbon emitting transport to get there. Perhaps the biggest hypocrites were actress Emma Thompson who flew in from Los Angeles and those who ordered 650 white roses imported from Bolivia to hand out to MPs as a publicity gimmick. 10,000 police were mobilised from across the country to deal with the disturbances causing even more pollution! And why is a third runway planned at Heathrow when car users are being penalised within London? Even electric cars need charging!

Only a small percentage of blades for wind turbines are manufactured in the UK, everything else is imported. Wherever they are sited they require a substantial base, in most cases using hundreds of tons of concrete for each, miles of huge underground cables and a substation connecting them to the national grid. Onshore wind turbines require service roads. There is major disruption to the area when wind farms are under construction. 75% of the world's carbon storing heather moorland is in the UK and yet there are places where turbines have been built on it. Land on which they stand is leased from landowners who receive several thousand pounds annually for each one - a lucrative source of income. There are nearly 500 offshore turbines around the East Anglian coastline plus 175 in the Outer Thames Estuary comprising the 122 square mile London Array, the world's second biggest off shore complex. Cables from the 67 turbine Dudgeon windfarm 20 miles off Cromer come ashore at Weybourne and are connected to the National Grid at Necton substation by 30 miles of underground cable.

Even though they occupy acres of productive farmland the hundreds of landbased solar farms are more environmentally friendly, being low to the ground they are less obtrusive and sheep can be grazed beneath them.

The biomass power station at Thetford was built to use burnable local waste poultry manure and forestry byproducts such as wood, bark, chippings and sawdust. However chipped tree roots couldn't be used as planned because flints mixed in with them damaged the machines resulting in lorry loads of chicken manure having to be imported.

Anaerobic digesters, in theory, are perhaps the most efficient in reducing carbon emissions. They utilise waste products using a process similar to a cow's digestive system which produces gas used to generate electricity. However locally, hundreds of acres of rye and maize are specially grown to feed the

anaerobic digester recently built at Swaffham. These crops require soil preparation, sprays, fertilizers and haulage.

How green is renewable energy? Carbon emissions resulting from manufacturing, transportation and maintenance need to be recognised as being part of the equation.

Jill Mason

NOTES FROM THE RECTORY - HOLIDAY

"Gon' fishin', that's the sign upon my door." Catch up next month

God Bless, Ken Waters

Joke Spot: Little Johnny was struggling to make ends meet on his Vicar's stipend, and he was livid when he confronted his wife with the receipt for a £250 dress she had bought. "How could you do this?!" "I was outside the store looking at the dress in the window, and then I found myself trying it on," she explained. "It was like Satan was whispering in my ear, 'You look fabulous in that dress. Buy it!" "Well," Little Johnny replied, "You know how I deal with that kind of temptation. I say, 'Get behind me, Satan!"" "I did that," replied his wife, "but then he said, 'It looks fabulous from back here, too!'"

Growing old is inevitable, growing up is optional.

SHOULDHAM LADYBIRDS

The Ladybirds meet on the third Tuesday of the month. 7.45pm. We use two venues for our get together ... the Village Hall or the Bowls Club ... unless we are attending a special event away from the village. We are a small group of ladies who meet up and enjoy a very lighthearted pleasant evening. Most future events are decided by all the ladies at one of the meetings. We are also keen to organise a couple of charity evenings with donations going to local charities. We have events planned for the next 4 months. Should you wish to join our group then from June the membership fee is £30 for the remainder of this year and until March next. Should you wish to find out more then please do not hesitate to contact either

Lorna 01760 337089 or mobile: 07808957854 or Sandra on 01366 347789 or mobile: 07961447027.

We look forward to hearing from you.

Beachamwell

Table Tennis



Every Friday at 3.00pm Village Hall

Enquiries: 01366 328895 or james@jamesknoxwhittet.plus.com Village Hall bookings

Wereham

Bookings can be made live 24/7 on line at <u>https://</u> www.werehamvillagehall.co.uk/hall-<u>hire/</u> or by visiting/calling the office weekdays 10am to 3pm with Angie, Lyn or Sara 07497 430005.

Beachamwell Wednesday Walkers

Explore the rights of way in and around Beachamwell with us

We meet at the Village Hall at 10.00 am FIRST WEDNESDAY OF EACH MONTH Walks last between one and a half to two hours

All, including dogs on leads, are welcome

Some paths may be rough underfoot, there may be stiles or fields may be ploughed: come at your own risk and please wear suitable clothing and shoes for the outdoors

Further details please telephone 01366 328960

Beachamwell

Creative Writing Group



Meets every second Monday Afternoon

2.30pm

Everyone with an interest in putting pen to paper welcome.

Enquiries: 01366 328895 or james@jamesknoxwhittet.plus.com

Beachamwell

Book Group

Tuesday 6th August 7.30

Beachamwell Village Hall

Book to be discussed over a glass of wine

"An Anatomy of a Scandal" By Sarah Vaughan

New members welcome Enquiries: 01366 328960

Beachamwell Afternoon Tea and a Chat.....

Wednesday August 21st 2 - 4pm

Beachamwell Village Hall



Enquiries 01366 347673

the WI

Beachamwell WI

Thursday 1st August ^{7.30pm} Beachamwell Village Hall

"In Search of the Smoking Gun"

Speaker- Brian Heard Visitors very welcome

Enquiries 01366 328589

Beachamwell Pop Up Pub



Friday 9th August 7.00 - onwards

Beachamwell Village Hall

Enquiries:01366 328892



Free magazine inspires families to get active this summer

Together with Active Norfolk, NCC Public Health has launched a free magazine which aims to inspire families in Norfolk get more active this summer.

Packed with ideas for cheap, fun activities and days out, **Get into Summer** aims to support cash-strapped families struggling to keep kids entertained during the summer holidays.

From free outdoor gyms and guided cycle rides, to park theatre and pond dipping, the magazine features activities to suit all ages, abilities and budgets.

Pick up your copy to find out more about a FREE six-week programme of family activities, starting this summer, with courses like Family Dance at The Garage, Norwich; Cycle Confidence on the Great Yarmouth seafront; and Swimming at St James, King's Lynn.

There's also a chance to win Halfords bikes for a family of four and a glamping holiday in West Norfolk courtesy of West Lexham, as well as money-saving vouchers to help you cut the cost of keeping your family active.

Launched in the Eastern Daily Press and some of Archant's weekly titles on June 26, copies of the free magazine are also available at Norfolk libraries and children's centres.

Part of a joint campaign by Norfolk County Council Public Health and Active Norfolk, **Get into Summer** is being launched in response to the falling levels of activity in Norfolk among adults and children and the impact of this on their health and wellbeing – now and in the future.

You can find out more and view the magazine online at www.norfolk.gov.uk/getinto

Free home assessments on offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required. To book an appointment call the Careline Community Team on 01553 760671 .

SPECIAL EVENT PLANNED?



NEW Range cooker and spacious larder fridge/freezer available when you hire

WEREHAM VILLAGE HALL!

Contact Doreen on 500218 for Bookings



Nar Valley Ornithological Society (NarVOS)

Tuesday 27th August 2019, 7.30pm at the Barn Theatre, Sacred Heart Convent School, Swaffham. Access and parking from Sporle Road.

Please come along to this illustrated talk by Steve Cale, entitled:

The Art of Birds

NarVOS is delighted to welcome local bird artist, Steve Cale. Steve started drawing birds when he was a voluntary warden at Minsmere some 25 years ago. Anyone interested in art and/or wildlife will find this insightful talk from the much-travelled Steve particularly enthralling. Don't miss it.

Visitors most welcome. Admission £2 on the night if you are not a NarVOS member. For more information about this meeting or NarVOS call Ian Black on

SHOULDHAM FLOWER FESTIVAL

Diary – Flower Festival: Jennifer Malby has most kindly offered to oversee the arrangements for this event, to be held during the three-day August Bank Holiday period, from Saturday, 24th to Monday, 26th August in church. This year, the theme is:- **"A Day in London"**, and Jennifer would be pleased to hear from prospective new arrangers – or anybody who can help at any time across the festival. It is a well publicised, social event, as well as being our church's principal fund-raiser. If any reader is able to help, please give Jennifer a call on (01366) 347420.

Holy Trinity Church Marham

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Saturday 10th August 2019

Starting at 11 am

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COMMUNITY NOTICE BOARD

Could you help a young person with a disability to think about their Future?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

MASSIVE FUEL BILLS?

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onday 26th August will be the last Bank Holiday of 2019. A bank holiday is a national public holiday in the United Kingdom. These are set by the UK parliament in statute law. The term bank holiday is commonly used interchangeably with other public holidays such as Good Friday and Christmas Day, which are held by convention. The term refers to all public holidays in the United Kingdom be they set out in statute, declared by royal proclamation or common law. There are eight holidays a year in England and Wales, nine in Scotland and ten in Northern Ireland. Additional days have been allocated for special events, such as royal weddings and jubilees. The eight main bank holidays are: New Year's Day, Good Friday, Easter Monday, the early May bank holiday, the Spring bank holiday, the Summer bank holiday, Christmas Day and Boxing Day. In Scotland, Easter Monday is not a bank holiday, but 2nd January and St Andrew's Day are. In Northern Ireland, St Patrick's Day and Orangemen's Day are also bank holidays. Bank holidays are days on which most businesses and nonessential services are closed, although an increasing number of retail businesses (especially the larger ones) do open on some of the public holidays. There are restrictions on trading on Sundays and Christmas Day in England and Wales and on New Year's Day and Christmas Day in Scotland. There is no automatic right to time off on these days, but banks close and the majority of the working population is granted time off work or extra pay for working on these days, depending on their contract.

The first official bank holidays were the four days named in the <u>Bank Holidays Act</u> <u>1871</u>. Until 1834, the <u>Bank of England</u> observed about 33 <u>saints' days</u> and religious festivals as holidays, but in that year this was reduced to four: 1 May (<u>May Day</u>), 1 November (<u>All Saints' Day</u>), <u>Good Friday</u> and Christmas Day. In 1871, the first legislation relating to bank holidays was passed when <u>Liberal</u> politician and banker <u>Sir John Lubbock</u> introduced the <u>Bank Holidays Act 1871</u>, which specified the days in the table below.^[5] Under the Act, no person was compelled to make any payment or to do any act upon a bank holiday which he would not be compelled to do or make on Christmas Day or Good Friday, and the making of a payment or the doing of an act on the following day was equivalent to doing it on the holiday. People were so grateful that some called the first bank holidays St Lubbock's Days for a while.^[I] Scotland was treated separately because of its separate traditions. The Act did not include Good Friday and Christmas Day as bank holidays in England, Wales, or Ireland because they were already recognised as common law holidays as they had been customary holidays for centuries.

During the <u>sterling crisis of 1968</u>, Prime Minister <u>Harold Wilson</u> convened a meeting of the <u>privy council</u> in the early hours of 14 March to declare 15 March a non-statutory bank holiday. This allowed the UK government to close the London gold market to stem the losses being suffered by the British pound.^[13] It was this meeting that triggered the resignation of Foreign Secretary <u>George Brown</u>. A century after the 1871 Act, the Banking and Financial Dealings Act 1971, which currently regulates bank holidays in the UK, was passed. The majority of the

current bank holidays were specified in the 1971 Act: however New Year's Day and May Day were not introduced throughout the whole of the UK until 1974 and 1978 respectively.^[15] The date of the August bank holiday was changed from the first Monday in August to the last Monday in August, and the Whitsun bank holiday (Whit Monday) was replaced by the Late Spring Bank Holiday, fixed as the last Monday in May. In 1978 the first Monday in May in the rest of the UK, and the final Monday of May in Scotland, were designated as bank holidays. In the present day, bank holidays have seen retailers offer large discounts to entice people to shop, particularly for large domestic purchases such as electrical goods and furniture.^[clation needed] In particular, <u>Argos</u>, Currys and <u>Amazon</u> typically have large discounts and high revenues on these days.

<u>Boxing Day</u> is a holiday celebrated in Britain, Australia, New Zealand, Canada and other Commonwealth countries. Boxing Day originated in England in the middle of the nineteenth century under Queen Victoria. For years in which the holiday falls on a weekend, the celebration is moved to make sure workers still get a day off (except in Canada, where it remains 26 Dec.) In the UK, December 26 is a bank holiday unless it falls on a Saturday, in which case December 28 is a bank holiday, or a Sunday, in which case both December 27th and 28th are bank holidays – the former in lieu of Christmas Day. The legislation does not use the term Boxing Day. Regional variations. Effectively what happens is that if a holiday falls at the weekend a substitute day is given in lieu.

Bank holidays may be declared in two ways: by statute (statutory holidays) – Holidays specifically listed in the <u>Banking and Financial Dealings Act 1971</u>. by <u>royal proclamation</u> – Under the Banking and Financial Dealings Act 1971, bank holidays are proclaimed each year by the legal device of a <u>royal proclamation</u>. Royal proclamation is also used to move bank holidays for special occasions.^I (The Act does not provide for a bank holiday to be suppressed by royal proclamation without appointing another day in its place). In this way, public holidays are termed a 'bank holiday <u>in lieu</u>' of the typical anniversary date. In the legislation they are known as 'substitute days'. The movember is a weekend day is statutory and does not require a proclamation.^[26] Bank holidays falling on a weekend are always moved to a later date, not an earlier one.

Although there is no statutory right for workers to take paid leave on bank holidays, where paid leave is given (either because the business is closed or for other reasons), the bank holiday can count towards the minimum statutory holiday entitlement. Likewise, if people are required to work on a bank holiday, there is no statutory right to an enhanced pay rate nor to a day off <u>in lieu</u>, although many employers do give either or both. Any rights in this respect depend on the person's contract of employment. The statutory minimum paid holidays is 28 days or 5.6 weeks a year under the <u>Working Time Regulations 1998</u> (including any bank holidays or public holidays that are taken).

EVERY ONE'S ON HOLIDAY IN AUGUST.....

August 1, 1838 - Slavery was abolished in Jamaica. It had been introduced by Spanish settlers 300 years earlier in 1509.

August 1, 1944 - Anne Frank penned her last entry into her diary. "[I] keep on trying to find a way of becoming what I would like to be, and what I could be, if...there weren't any other people living in the world." Three days later, Anne and her family were arrested and sent to Nazi concentration camps. Anne died at Bergen-Belsen concentration camp on March 15, 1945, at age 15.

August 2, 1939 - Albert Einstein wrote a <u>letter to President Franklin D.</u> <u>Roosevelt</u> concerning the possibility of atomic weapons. "A single bomb of this type carried by boat and exploded in a port, might very well destroy the whole port together with some of the surrounding territory." Six years later, on August 6, 1945, the first Atomic Bomb, developed by the U.S., was dropped on the Japanese port of Hiroshima.

August 2, 1990 - The Iraqi army invaded Kuwait amid claims that Kuwait threatened Iraq's economic existence by overproducing oil and driving prices down on the world market. An Iraqi military government was then installed in Kuwait which was annexed by Iraq on the claim that Kuwait was historically part of Iraq. This resulted in Desert Shield, the massive Allied military buildup, and later the 100-hour war against Iraq, Desert Storm.

August 3, 1492 - Christopher Columbus set sail from Palos, Spain, with three ships, *Nina*, *Pinta* and *Santa Maria*. Seeking a westerly route to the Far East, he instead landed on October 12th in the Bahamas, thinking it was an outlying Japanese island.

August 4, 1962 - Apartheid opponent Nelson Mandela was arrested by security police in South Africa. He was then tried and sentenced to five years in prison. In 1964, he was placed <u>on trial for sabotage</u>, high treason and conspiracy to overthrow the government and was sentenced to life in prison. A worldwide campaign to free him began in the 1980s and resulted in his release on February 11, 1990, at age 71 after 27 years in prison. In 1993, Mandela shared the Nobel Peace Prize with South Africa's President F.W. de Klerk for their peaceful efforts to bring a nonracial democracy to South Africa. In April 1994, black South Africans voted for the first time in an election that brought Mandela the presidency of South Africa.

August 6, 1945 - The first Atomic Bomb was dropped over the centre of Hiroshima at 8:15 a.m., by the American B-29 bomber *Enola Gay*. The bomb detonated about 1,800 ft. above ground, killing over 105,000 persons and <u>destroying the city</u>. Another estimated 100,000 persons later died as a result of <u>radiation effects</u>.

August 9, 1945 - The second Atomic bombing of Japan occurred as an American B-29 bomber headed for the city of Kokura, but because of poor visibility then chose a secondary target, Nagasaki. About noon, the bomb <u>detonated</u> killing an estimated 70,000 persons and <u>destroying</u> about half the

city.

August 9, 1974 - Effective at noon, <u>Richard M. Nixon resigned</u> the presidency as a result of the Watergate scandal. Nixon had appeared on television the night before and <u>announced his decision</u> to the American people. Facing possible impeachment by Congress, he became the only U.S. President ever to resign.

August 11-16, 1965 - Six days of riots began in the Watts area of Los Angeles, triggered by an incident between a white member of the California Highway Patrol and an African American motorist. Thirty-four deaths were reported and more than 3,000 people were arrested. Damage to property was listed at \$40 million.

August 13, 1961 - The Berlin Wall came into existence after the East German government closed the border between east and west sectors of Berlin with barbed wire to discourage emigration to the West. The barbed wire was replaced by a 12 foot-high concrete wall eventually extending 103 miles (166 km) around the perimeter of West Berlin. The wall included electrified fences, fortifications, and guard posts. It became a notorious symbol of the Cold War. Presidents <u>Kennedy</u> and <u>Reagan</u> made notable appearances at the wall accompanied by speeches denouncing Communism. The wall was finally opened by an East German governmental decree in November 1989 and torn down by the end of 1990.

August 14, 1945 - Following the two Atomic Bomb drops and believing that continuation of the war would only result in further loss of Japanese lives, delegates of Emperor Hirohito accepted Allied surrender terms originally issued at Potsdam on July 26, 1945, with the exception that the Japanese Emperor's sovereignty would be maintained. Japanese Emperor Hirohito, who had never spoken on radio, then recorded an announcement admitting Japan's surrender, without actually using the word. The announcement was broadcast via radio to the Japanese people at noon the next day. The <u>formal surrender ceremony</u> occurred later, on September 2, 1945, on board the USS *Missouri* in Tokyo Bay. **August 14, 1945** - V-J Day, commemorating President <u>Truman's announcement</u> that Japan had surrendered to the Allies.

August 16, 1977 - Elvis Presley was pronounced dead at the Memphis Baptist Hospital at 3:30 p.m., at age 42.

August 17, 1943 - During <u>World War II in Europe</u>, the Allies completed the conquest of the island of Sicily after just 38 days. This gave the Allies control of the Mediterranean and also led to the downfall of Benito Mussolini and Italy's eventual withdrawal from the war.

August 17, 1978 - The first transatlantic balloon trip was completed by three Americans; Max Anderson, Ben Abruzzo, and Larry Newman, all from Albuquerque, New Mexico. Starting from Maine on August 11th, they traveled in *Double Eagle II* over 3,000 miles in 137 hours, landing about 60 miles west of Paris.

August 17, 1998- Bill Clinton became the first sitting President to give testimony before a grand jury in which he, the President, was the focus of the investigation. This resulted from a sweeping investigation of the President by Independent Counsel Ken Starr as well as a private lawsuit concerning alleged sexual harassment by Clinton before he became President. In the evening, President Clinton appeared on national television and gave a <u>speech</u> admitting he had engaged in an improper relationship with former White House intern Monica Lewinsky. The admission occurred several months after a much publicized denial.

August 18, 1920 - The 19th <u>Amendment</u> to the U.S. Constitution was ratified, granting women the right to vote.

August 19, 1991 - Soviet hard-line Communists staged a coup, temporarily removing Mikhail Gorbachev from power. The coup failed within 72 hours as democratic reformer Boris Yeltsin rallied the Russian people. Yeltsin then became the leading power in the country. The Communist Party was soon banned and by December the Soviet Union itself disintegrated.

August 21, 1959 - President <u>Dwight D. Eisenhower</u> signed a proclamation admitting Hawaii to the Union as the 50th state..

August 24, 79 A.D. - Vesuvius, an active volcano in southern Italy, erupted and destroyed the cities of Pompeii, Stabiae and Herculaneum.

August 24, 1572 - Thousands of Protestant Huguenots were massacred in Paris and throughout France by Catholics, in what became known as the St. Bartholomew's Day Massacre.

August 26, 1883 - One of the most catastrophic volcanic eruptions in recorded history occurred on the Indonesian island of Krakatoa. Explosions were heard 2,000 miles away. Tidal waves 120 ft. high killed 36,000 persons on nearby islands, while five cubic miles of earth were blasted into the air up to a height of 50 miles.

August 29, 1991 - Following the unsuccessful coup of August 19-21, the Soviet Communist Party was suspended, thus ending the institution that ruled Soviet Russia for nearly 75 years.

August 31, 1980 - Solidarity, the Polish trade union, was formed at Gdansk, Poland. Led by Lech Walesa, Solidarity opposed Communist rule and was outlawed in 1981. Seven years later, the re-legalization of Solidarity occurred and the government agreed to hold partially free parliamentary elections. Solidarity candidates scored stunning victories in the elections that followed, gaining power in Poland and paving the way for the downfall of Communism there.

August 31, 1997 - Britain's <u>Princess Diana</u> died at age 36 from massive internal injuries suffered in a high-speed car crash, reportedly after being pursued by photographers. The crash occurred shortly after midnight in Paris inside a tunnel along the Seine River at the Pont de l'Alma bridge, less than a half mile north of the Eiffel Tower.

BARTON BENDISH AND EASTMOOR VILLAGENEWS

Bargain Hunt

The Village Hall Management Committee are trying to raise funds for the Improvement Project in a number of ways.

On Saturday 22 June we held a Bargain Hunt - Barton Bendish style. Seven villagers had Yard Sales, there were a couple of table tops at the Village Hall and we were able to put the Car Boots on the field in Buttlands Lane.

Bacon rolls and homemade cakes served in the Village Hall proved as popular as always. We made a total of \pounds 355, which wasn't bad for a new idea.

The Management Committee would like to thank everyone who helped in any way, and especially thanks to Albanwise for the use of the field and the administration involved!

If anyone has any other fundraising ideas we would love to hear from them. Mary Simon

Art, Craft and Photographic Exhibition and Sale. Weekend September 14th/15th

Once again there are loads of entries for Barton's forthcoming annual Art, Craft and Photography Exhibition. As well as a wide range of pictures and crafts there will also be demonstrations. Refreshments and light lunches are available.

There is a strict deadline for the submission of entry forms. They need to be in by **Sunday 1st September 2019**. Forms are available from bartonbendishevents@gmail.com

The Exhibition will be open from 10am to 5pm on the Saturday and 11am to 5.0pm on the Sunday. Why not come along and take the chance to do some early Christmas shopping.

Further details from Mhari (01366 347849) or Linda (01366 347563)

Village Hall update

We knew from the beginning that the process of gathering funds would be gradual at best. That being so, there is comparatively little to report. So far, approximately £40 k has been raised, including donations from Barton Bendish Hall and a participant in last year's Arts and Crafts event, who was delighted with the help and encouragement he received. A further £100k has been applied for and when we reach the half way stage, further funding will become available for us to apply for. We are waiting to hear whether we are a winner in the Tesco Community Fund Scheme and Calor Gas will name the winners in their Rural

Fund scheme on July 17th. We received a creditable 636 votes and will have to wait and see.

Finally, our next fund raising event will be a quiz with a Fish and Chip Supper to be held sometime in mid October.

We are grateful for all donations and for all those who took the trouble to vote for us in the Calor Gas and Tesco schemes last month.

Andrew Stephen, Chair of Barton Bendish Village Hall Management Committee.

Voices from the Vestry Breakfast Church – August 31st – 9.30am

This is another unmissable opportunity to break bread with your neighbours and to enjoy a thoughtful start to the day in the Village Hall. Contact Linda (347563) or Mhari (347549) to book your breakfast!

Art /Photography/Craft Exhibition and Sale - September 14th and 15th

This will be the tenth annual exhibition and sale of art, photography and craft. Details are available by contacting <u>bartonbendishevents@gmail.com</u> or Liz Stephen (347549). Queries: Linda or Mhari. (See poster)

Celtic Service - September 22nd 6pm

We will be holding another candle-lit service in the Celtic tradition and we hope you will join us and share the experience.

Harvest Brunch – October 5th 11am

Each year, one of our group of churches celebrates Harvest, often with a Harvest Supper. This year it is the turn of Barton Bendish to host the celebration. As you would expect, we have decided to do something slightly different and so, instead of the Breakfast Church originally planned for October 12th, we will be hosting a Harvest Brunch in the Village Hall the week before.

Tickets will cost £5 (available from Linda 347563 or Mhari 347849). Everyone is welcome so please make a note of the date in your diary or on your calendar. Don't miss it!

We are grateful for any help with or publicity for our events. Please encourage your friends to 'pass the word' and to join in. Liz Stephen (PCC Secretary)

FORTHCOMING VILLAGE EVENTS WEEKEND SEPTEMBER 14/15th Arts/Photography/Craft Exhibition and Sale

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St. Mary's Church The Friends of St Mary's

What a lovely day we had for the Open Gardens. Sunshine brought out lots of



visitors from far and wide. The 13 gardens which were open were looking at their best and a testament to all the hard work, weeding and watering that had gone on for weeks and weeks before. On behalf of the Friends of St Mary's I would like to thank all the hard working gardeners who make the day worth a trip. I am sure that we also had





organised the gardeners, singers, plant stalls and overall operation of the day and Pat had a gang of bakers and lunch and tea helpers who produced the most delicious lunches and cakes and served and washed up tirelessly all afternoon. The Beachamwell bakers excelled themselves. Cathy had put together a enticing raffle and the tea towels of the Church were ready for the day (again thanks to Brenda and Eileen

visitors who had heard of the delicious lunches and cakes available in the village hall as well as the musical entertainment provided bv the Pot of both Gold (Swaffham Shanty Crew) and Mike and Victoria who played the organ in the Church. Of course the success of the day itself was due to Brenda and Pat's planning and hard work on the day. Brenda had



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

who let us use one of Mark's drawings for these). We still have a stock of tea towels for sale - they make lovely gifts. This is the first year the FOSM had taken over the Open Gardens and we raised the phenomenal sum of £2039.50 from the day itself. We are now holding a fund of £10,235.56 towards thatch repairs. Our fund was boosted by the generous donations from Caroline's funeral of about £400 and I would like to thank Tom for thinking of St Mary's when deciding where the collection , should go. We met in mid July to start the process of setting up a village trust applying for grants and getting the necessary schedule of works and permissions from the Diocese of Ely. This will take a little time but we will keep you all informed of progress. Again, thank you to all who made the day so successful.

Peggy Ray (Chair Friends of St Mary's)

St Mary's Church Commemorative Tea Towel

Eileen Powell has very kindly granted us (the Friends of St Mary's) permission to use her husband Mark Powell's drawing of St Mary's Church to commission a commemorative tea towel to help raise funds for the church. I hope people will like and buy it, although it is not an exact copy I feel it does keep the integrity of Mark's drawing.

The tea towel cost £5 and can be obtained from me Brenda East, 15 Chestnut Walk, or telephone number 01366 328811.

Brenda East (Friends of St Mary's)

Flower and Brass Cleaning Rota for August

4th Diana Lambert; 11th Victoria Lee; 18th Olwyn Locke; 25th Eileen Powell The rotas for the flowers and the opening of the Church will continue

Mobile Post Office

Monday and Thursday 13.00 - 13.15: Tuesday and Wednesday 11.10 - 11.30

Beachamwell Parish Council



In the light of recent events in the village - the theft of lead from the church roof and a Rave - we would ask you to report anything suspicious. If you see anything out of the ordinary it is best to call 999 and report it. The parish councillors (Tom Sanderson (Chairman),

Diana Lambert (Vice Chairman), Richard James and Pat O'Donnell) are always happy to help.

The next parish meeting is on the 23rd September at 7.30 in the village hall *Liz Goddard (Parish Clerk)*

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell WI



At our July meeting we welcomed Poppy Rose who described herself as а "transgender lesbian poet all rolled into one" and what an interesting evening she gave Between readings of her striking us. poems, Poppy told us about her life. Born a male but from her earliest memories sure that she was by nature female, she was forced by prejudice and bigotry to live a lie. It was not until she was in her fifties, that

she felt able to make the transition which has at last brought the peace and happiness she craved. Unflinching in her honesty, Poppy gave us an evening which was both moving and life-affirming. The WI's mission is not just social but educational, and Poppy gave us a whole new perspective on an issue, which has become more current in recent years as times (at last) are changing.

In complete contrast, our August speaker is a forensic scientist, Brian Heard, whose talk is entitled "In search of the smoking gun". Visitors, those who are not thinking of joining our WI, are most welcome to join us in Beachamwell Village Hall at 7.30pm on August 1^{st} at a charge of £3.50. Prospective new members are always welcome to come along to one meeting and look us over, free of charge. Just turn up on the night or contact Helen (01366 328589).

Maggie Mackenzie

Note from Ed.

The Women's Institute (WI) was formed in 1915 to revitalise rural communities and encourage women to become more involved in producing food during the First World War. Since then the organisation's aims have broadened and the WI is now the largest voluntary women's organisation in the UK. The WI celebrated its centenary in 2015 and currently has almost 220,000 members in approximately 6,300 WIs. The WI plays a unique role in providing women with educational opportunities and the chance to build new skills, to take part in a wide variety of activities and to campaign on issues that matter to them and their communities. The WI is based on the ideals of fellowship, truth, tolerance and justice. The organisation is non-sectarian and non-party political. WIs are charitable and everything they do must be consistent with that special legal status.

CHURCH SERVICES IN AUGUST (Priory/Northern group)

Sunday 4th August

9.30 am Runcton Holme10.00 am Shouldham11.00 am Marham11.00 am Stow Bardolph

Sunday 11th August

9.30 am Shouldham Thorpe
10.30 am Marham ```
11.00 am Watlington
11.00 am Stowbridge
6.00 pm Fincham

Sunday 18th August

9.30 am Tottenhill 10.30 am Marham 11.00 am Shouldham 11.00 am Nordelph

Sunday 25th August

9.30 am Fincham 10.30 am Marham 11.00.am Wimbotsham 11.00 am Wormegay

Seventh Sunday after Trinity

Patronal Festival Morning Prayer Holy Communion Holy Communion

Eighth Sunday after Trinity

Holy Communion United Methodist Worship Holy Communion Holy Communion Evensong

Ninth Sunday after Trinity Holy Communion

Service of the Word Holy Communion Holy Communion in the village hall

Tenth Sunday after Trinity

Holy Communion (BCP) United Methodist Worship Holy Communion *TBA*

THURSDAY SERVICES at 10am

HOLY COMMUNION Fincham 1st, 15th and 29th

BAPTISMS AND WEDDINGS

Please contact Mrs. Louise Vigus Church Office, 27/29 Bridge Street, Downham Market, PE38 9DW 07596 707469 <u>louise.vigus@westnorfolkpriorygroup.co.uk</u>
CHURCH SERVICES IN AUGUST (Wissey Valley/Southern Group)

Sunday 4th August

Seventh Sunday after Trinity

9.30 am Methwold 9.30 am Whittington

11.00 am West Dereham

6.00 pm Wereham

Sunday 11th August

9.30 am Methwold9.30 am West Dereham9.30 am Wretton with Stoke Ferry10.00 am Boughton

Sunday 18th August

9.30 am Methwold9.30 am West Dereham9.30 am Whittington11.00 am Wereham

Sunday 25th August

9.30 am Methwold

9.30 am West Dereham

11.00 am Boughton

6.00 am Whittington

Saturday 31st August

9.30 am Barton Bendish

Holy Communion Service of the Word Family Service Evensong

Eighth Sunday after Trinity

Service of the Word Holy Communion Service of the Word Breakfast Church

Ninth Sunday after Trinity

Service of the Word Service of the Word Service of the Word Holy Communion

Tenth Sunday after Trinity

Service of the Word Service of the Word Holy Communion Songs of Praise (by the river)

Breakfast Church

MIDWEEK SERVICES

Holy Communion 10.00am **Boughton** Thursdays 8th and 22nd Holy Communion 10.00am **Whittington** Tuesday 20th Compline 5.30pm **Wretton with Stoke Ferry** Thursday 15th See page 61 for contact details for churchwardens in the Barton Bendish group.

BOUGHTON VILLAGE NEWS

From the Chair, Boughton Parish Council

This month the parish clerk and I attended a conference for local councils in Norfolk. The sessions presented were very relevant, especially for small councils like ours, and included topics such as cyber security for councils, their duties and powers, notably the impact of the Localism Act 2011 and General Data Protection Regulations 2018. These latter two provide us with more latitude on what we can do locally and provide guidance on protecting personal data.

The most informative presentation concerned operation "London Bridge", the national plan of action in case of the death of a monarch. Not that anyone is suggesting the our Queen is anything other than in rude health, but almost noone working in public service today has known any other sovereign. I was surprised at how extensive the plans are, and the level of detail. Even at parish council level we need to be prepared to respond in an organised, dignified and respectful manner to ensure that people in our community may show their respects, send messages of condolence and prepare any appropriate memorials.

There were a number of trade stalls present as well, and I was able to discuss with manufacturers options for potential new playground equipment and measures to curb speeding.

Many of our neighbouring councils were represented and I discussed with some of them the possibility of joint projects, shared activities, and coordinated lobbying of district councils where we have common concerns. I hope to progress the idea of a "rural forum" with these councils in the coming months.

Finally, returning to Boughton, it has been wonderful to watch the juvenile little owl perched on the wall of the barn on Mill Hill Road. See photograph. More photographs on our Facebook page - search for "All About Boughton" or @boughtonpc.

Neil Matthew Chair, Boughton Parish Council chair.boughtonpc@gmail.com

Rainfall during June 2019 Many of you will have noticed that June was very wet. Having been exceptionally dry for a long time, the weather then did what we have come to expect – we got it all at once – or very nearly! Most of it came on the 10th. 43.2mm fell, with heavy rain all day and night. This was followed by another 10.1mm on 12^{th} when it also rained all day and night, but a bit more

steadily. On 13th a further 7.1 came – in heavy bursts over twenty four hours.

Then there was a little respite before torrential rain on the 18th and 19th, with 6.8mm and 4.8mm falling on those days respectively. With a few other bits and bobs in between, the grand total was a whopping 93.3mm. That is an enormous for one month at any time of the year, and particularly unusual in the summer. *Sue Pogmore*

Boughton Fen over the past year

Quite a lot has happened during the course of the past year.

Most importantly, after all the concerns that there would be no funds, was the good news that Countryside Stewardship had been awarded to Boughton Fen for the next ten years, with just shy of £6000 per year to go towards work to maintain the habitat. Natural England are very prescriptive in what they expect to be done, and there are some significant changes in how we need to have some tasks carried out, so we must be mindful of that both during working parties and when engaging contractors.

At last, in October, after two failed attempts over the past two years, the weather was good enough to install the second outfall, and Bonnets were also able to fit both safety platforms at the same time. Ironically, it did not rain enough over the winter to need it, but I am sure we all remember the previous winter, when we could have really done with it.

All the winter working parties went ahead without a hitch, and with new volunteers. It must be the first time that we have not lost days to the weather, and far more was done prior to Christmas than ever before. Consequently, when we came to start clearing and burning the cut reed at the end of the winter, there was no other outstanding conservation work left to be done.

Mark had been able to discuss the requirements of the new stewardship agreement with Stephen, our specialist grass/reed cutter, so he has done an experimental late summer cut along these guidelines. This meant that much of the cut grass was left in situ, and not cleared as before, with alternating strips of uncut grass.

Following the previous winter's disastrous weather, making it impossible to cut much reed, NE gave us derogation to undertake a 'double cut' in 2019. Certainly, Stephen managed to cut reed over a large area, some of it in parts that have not been done before. The reed cutting has to be undertaken on a rotation basis. Gathering and burning it proved more tricky, although working

parties were well attended and frequent, the weather was often too windy to make much progress.

Norfolk Wildlife Trust were able to give us a substantial piece of funding for specific work on the County Wildlife Site. This was a complete surprise, and it seems that it comes from money collected from members subscriptions etc, and is used to fund work on sites that have public access, thus giving something back their membership. Good news for all of you who have a membership!

Lastly, Dave Cooper has masterminded two complete cuts of the wildlife walk over the past two months, supported by a hardworking group of volunteers. This has been a tremendous effort, and judging by the number of people who are using the site, is certainly well appreciated.

Sue Pogmore

All Saints' Church

Please see the Barton Bendish pages for information about Harvest celebrations this year. It would be good if Boughton supported the Harvest Brunch as well as it has supported Harvest Supper in the past. Our own Harvest celebration will be on September 22nd, when we celebrate at our normal 11 am service. Except that it won't be a 'normal' 11 am service, as other celebrations will also be happening. It will be the fiftieth anniversary of Robin's ordination and the fifty-first anniversary of Brian Redgers' and they were both ordained in the same place and on the same day of the year. We shall celebrate this at our Harvest service, a season dear to Robin and where he has led our worship in the past. Everyone welcome. Nearer the time, 'll send round arrangements for decorating the church and a reminder about donations for the Foodbank.

Pam Wakeling

Following a request from Boughton church members, Fincham Chorus will perform a concert in Boughton church on Friday13th September at 7.30 pm, in aid of church funds. They will be performing 15 songs, of a mixed repertoire, some sacred and others of a secular nature. Entrance £5 to include light refreshments. Please come along and support this for an enjoyable evening. Let me know if you can, but just come along and support us and the choir.

Pam Wakeling

WEREHAM VILLAGE NEWS

VILLAGE HALL ACTIVITIES

All activities are listed in the Community Section of this magazine. Any further details are featured in the website www.werehamvillagehall.co.uk and on the Facebook page Wereham Village Hall.

MOBILE POST OFFICE will park near the village pond on the following days/ times.

Monday and Thursday 14.00 – 14.15

Tuesday and Wednesday 12.25 -12.55

Wereham Parish Council Next Meeting Tuesday 10 September 2019 at 7.00 pm in the Wereham Village Hall. Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss.

Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk You will also find minutes of **all meetings here too**.

Wereham Cemetery – Memorials Next of Kin Please could any members of the public known to be the next of kin for memorials within the Wereham Cemetery please contact the Parish Clerk to agree to share their contact details. We need to ensure that our contact database for the purposes of contacting next of kin, where we need to discuss memorials is as up to date as possible. *Helen Richardson Wereham Parish Clerk and Finance Responsible Person*

Email werehampc@gmail.com or Phone/Text: 0779 500 6811

Open Gardens, June 16th.

What a week of weather leading up to the 16th! It rained on Monday, Tuesday, Wednesday, Thursday and half of Friday. Saturday was the only day to get in the garden to cut the grass and do a dozen other jobs. Sunday's forecast was pretty dismal with threatened heavy showers – the Radio Norfolk Treasure Quest team, who were on their way to Wereham, got lost in the rain at Tottenhill!

– but for us, thankfully, the rain held off. It was a bit blustery but not enough to spoil the day.

As always, the visitors to the village were lovely people, genuinely interested in all things gardening. They enjoyed the range of different gardens and really appreciated the friendly welcome they received from the gardeners themselves. Eleven gardens were open with the twelfth sadly having to withdraw owing to family circumstances.

I am so grateful to those who opened and particularly to the three new gardens which added an extra level of interest to the day. One of the new gardens was in Flegg Green which is an expanding part of the village and it would be great to have more gardens from here hopefully next year.

Every successful event, big or small, relies upon those good people who are prepared to help in so many different ways and our Open Gardens day could not take place without them.

Lunches and teas received much praise, as did our young waitress Faye. Many thanks to the ladies who worked so hard to prepare and present the food and thanks to all who made such delicious cakes, pies and quiches.

Once again Ronnie's plant stall looked a picture enhanced by kindly donated trays of colourful bedding plants.

At this time of year, with events almost falling over themselves, publicity is so important and my thanks go to those responsible for designing and printing the posters, contacting press and radio, printing the garden maps and selling them in the church together with a raffle for garden vouchers and tombola in the village hall.

After expenses, the day raised £1285 which is very encouraging and much needed to maintain our village church of St. Margaret.

Once again, my sincere thanks to all involved.

Greg Baddock.

Wereham Craft Group.

Our craft group meet on the second Tuesday of the month in the village hall at 10.30am until about 12.30pm. We will always welcome new crafters or anyone who would like to learn to sew or knit. Most of us either sew or knit but it would be lovely to have someone who can do something quite different either to join us or if you wish just to demonstrate to us, let me know what your fee is and we can book you. At our group meeting in August I will be showing the girls how to make simple cushion covers and if time allows maybe something a bit more difficult. Please do come along if that is something that interests you.

Now an appeal. WE ARE LOOKING FOR ODDMENTS OF WOOL PLEASE FOR POM POMS MAKING IF ANY BODY HAS ANY WOULD THEY BE SO KIND AS TO CONTACT ME OR LEAVE IT AT THE VILLAGE HALL. MANY THANKS. *Rosemary.*

Tel 01366 501330, or 07749240606.

E-mail rosemary.pease@btinternet.com.

Short Mat Bowls. Thursday evenings at 7pm until 9pm is when you will find us in the village hall playing short mat bowls. We will always welcome new players, no experience needed as we will show you how to play. Teas and coffee with either biscuits or cake are served during the evening. It is a lovely social evening and your first evening is free. Please give it a try. For details contact Philip on <u>01366 501330</u> or <u>07759033492</u>. E-mail <u>rosemary.pease@btinternet.com</u>.

Car Boot and Cafe ...

Car Boot and Cafe are on the last Sunday of every month, there is a happy friendly atmosphere in the village hall and the cafe is open serving bacon baps, egg baps or sausages in a long roll with lashings of tea and coffee as well. We have cold drinks for the children also ice creams and lollies. There is a safe children's play area. We also run a fifty fifty raffle which is proving to be very popular. Good clean items can be donated to go onto our donated goods table which raises funds for the village hall. We look forward to seeing you at the next car boot. Booking is advisable for an indoor table but to go outside you can just turn up on the day.

Contact Philip on 01366 501330 or 07759033492.

E-mail rosemary.pease@btinternet.com.





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Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

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Fincham History Group

The History Group had a change of venue for its latest meeting – St Martin's Church. How lovely it was to welcome our old friend, Stewart Waterston, back to Fincham to talk about the church he admires so much. During his timein the village he took an active part in campaigning for more moneyfor renovation work, and, through the years he has researched thehistory of the church and compiled a collection of fascinating slides. Research has shown thatthe building of the church was started in about 1100 and added tothrough the years. The Norman font, a unique feature in this area was brought to St Martin's in1740. There were slides taken from the roof showing unique views of the surrounding area, and slides showing the font, roof, screen, stained glass windows and other fascinating features. It is obvious that Stewart regards the church as a wonderful work of architecture, his final slide, showed the nave with the caption, "what a building!"

Refreshments of teas, coffees and cakes were enjoyed after the talk. Thanks to May and Sally for serving the refreshments and to those who provided a feast of cakes.

Hurry back Stewart, you are welcome back any time.

Fancy Volunteering?

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QUIZ TIME

- 1. Who first crossed the English Channel in an aeroplane (1909)
- 2. What role did Chas Laughton / Trevor Howard both play?
- 3. What is the name of Grimsby Town's home ground?
- 4. Which spy was exposed by book A Climate of Treason?
- 5. Who was the male star of the film Key Largo?
- 6. Which actress is married to composer Carl Davis?
- 7. Where were Butch Cassidy/Sundance Kid killed?
- 8. Where was Rudyard Kipling born?
- 9. What historical character has been portrayed more times in films than any other?
- 10. What do we call a male Kangaroo?
- 11. Who had a Hit in the 1950s with Love Letters in the Sand?
- 12. Who assassinated Abraham Lincoln?
- 13. What cemetery served the O K Corral?
- 14. Which French district produces Graves & Medoc wines?
- 15. In which town is Mork & Mindy set?
- 16. What is the Paris Stock Exchange called?
- 17. In Hi De Hi, what is Ted's surname?
- 18. Which TV personality began life as Katerina Imperiali di Francabilla?
- 19. Who played Guy Pringle in 87 TV series Fortunes of War?
- 20. What is mixed in B&B? (the drink)

,enitoibene8

1. Louis Bleriot 2. Captain Bligh 3. Blundell Park 4. Anthony Blunt 5. Humphrey Bogart 6. Jean Boht 7. Bolivia 8. Booth 14. Bordeaux 15. Boulder, Colorado Boone 12. John Wilks Booth 13. Boot Hill 14. Bordeaux 15. Boulder, Colorado 16. The Bourse 17. Bovis 18. Katie Boyle 19. Kenneth Branagh 20. Brandy and 16. The Bourse 17. Bovis 18. Katie Boyle 19. Kenneth Branagh 20. Brandy and

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