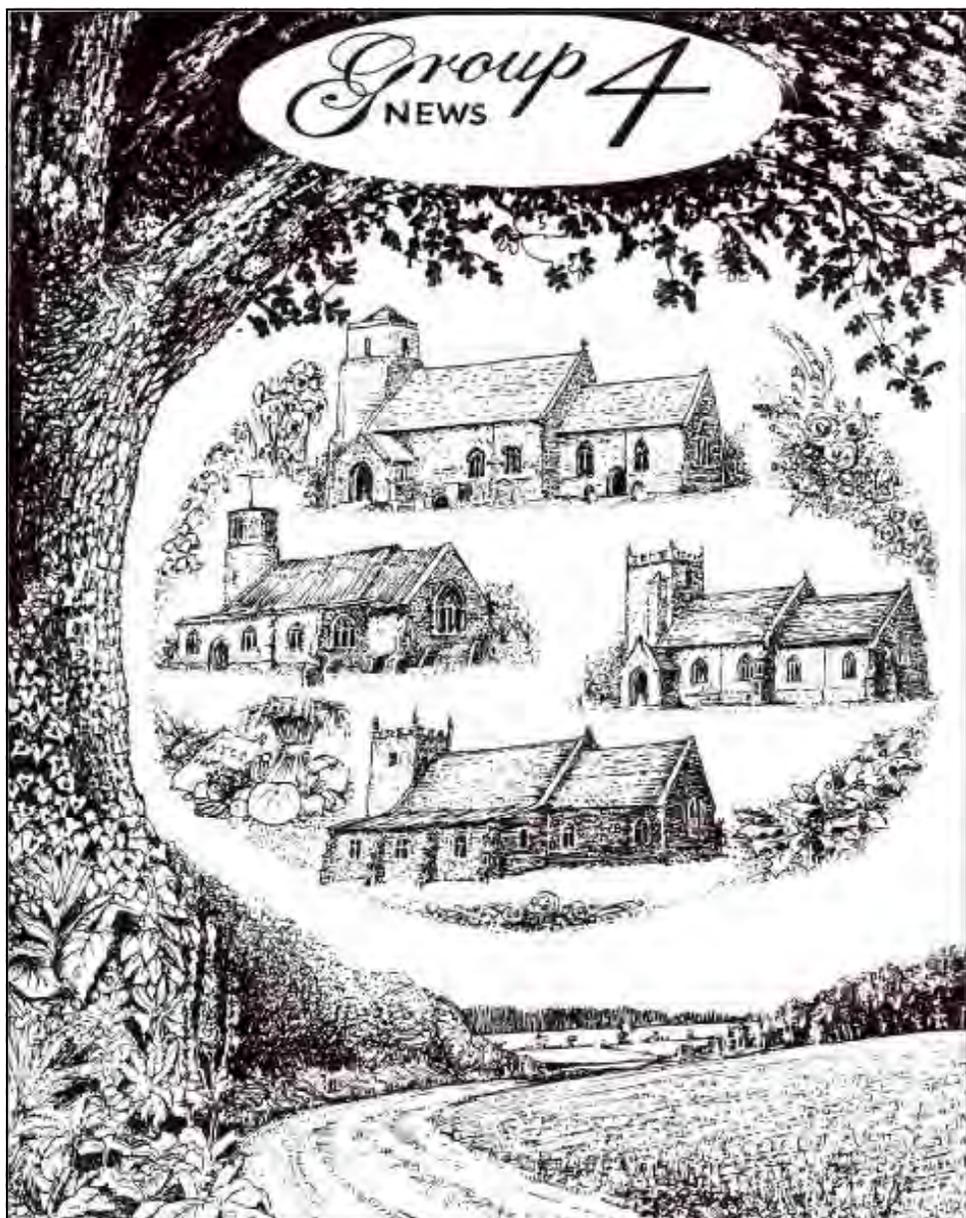


*Group 4*  
NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;  
Boughton; Wereham

**August 2018**

Cover Illustration drawn by Mark Powell, Beachamwell ©

# WELCOME



Hopefully you will enjoy this latest edition of G4N.

Once again, there are so many events taking place in the villages and surrounding area we are spoilt for choice. If you are able to attend any of those advertised the organisers will be more than pleased and appreciate your support.

'Happy Reading

***Eileen and Pam***  
***The Editorial Team***

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

**Deadline for copy for the  
September 2018 edition:**

**11th August**

## ADVERTISING

Alan Pickering 16 Tinkers Way,  
Downham Market PE38 9TQ

Tel: 07779 787499 or 01366 386125  
e:mail: [group4news@gmail.com](mailto:group4news@gmail.com)

If you use any of the advertisers in the magazine, please mention where you have seen their advertisement.

**WEBSITE** [www.group4news.co.uk](http://www.group4news.co.uk)  
Kevin Fisher, Tel 01366 502224

## ‘FROM THE RECTORY’



Rev'd Ken Waters

01366 727220

ken.waters@btinternet.com

### **ALWAYS LOOK ON THE BRIGHT SIDE OF LIFE**

Words that mean a lot. Life has many ups and downs but how refreshing it is when you bump into someone who has a presence that lifts you. None of the moaning and groaning about things but a bright and happy word to say about everything.

We all know someone who always appears cheerful no matter what; and don't we just envy them? What makes them so happy, even when their life has the same ups and downs as we have? The answer is simple - attitude. They look at life differently. They see problems as opportunities and set backs as a chance to start again. A wonderful philosophy to live by. Life has its hard knocks and it's how you see and handle them that matters.

As a Christian I already am one step ahead, as I have God permanently with me. What an advantage that is because whatever comes at you there is nothing that God and you can't sort out. He fills the gaps with his strength where I am weak and lifts me when I'm down. All He asks from me is my faith and belief that He is my Lord and Saviour. A very fair-trade as far as I'm concerned.

Getting back to the happy people – my outward expression is one that looks quite dour, however, inside I'm a rolling ball of laughter. If you meet me in the street, ask how I am, because I can only give one answer and that is "brilliant". Because I have a head start, I have the Lord!

If you want a head start – try a church near you.

God Bless,

**Ken Waters**

# Group Harvest Supper



**Wereham Village Hall  
Friday September 28th  
7.00pm**

More details in next edition of G4N

## APHORISMS

An aphorism is a statement of truth or opinion expressed in a concise and witty manner.

- ◆ I read that 4,153,237 people got married last year. Not to cause any trouble ... but shouldn't that be an even number?
- ◆ I find it ironic that the colours red, white and blue stand for freedom until they are flashing behind you.
- ◆ When wearing a bikini, women reveal 90% of their body. Men are so polite they only look at the covered parts.
- ◆ Relationships are a lot like algebra. Have you ever looked at your X and wondered Y?
- ◆ You know that tingly little feeling you get when you love someone? That's common sense leaving your body.
- ◆ My therapist says I have a preoccupation with vengeance. We'll see about that!
- ◆ I think my neighbour is stalking me as she's been Googling my name on her computer. I saw it through my telescope last night.
- ◆ Money talks ... but all mine ever says is good-bye.
- ◆ You're not fat, you're just easier to see.
- ◆ If you think nobody cares whether you're alive, try missing a couple of payments.
- ◆ Money can't buy happiness but it keeps the kids in touch!

## COUNTRYSIDE NOTES

This has been the longest dry spell for 40 years and exceedingly high temperatures combined with a moisture sapping wind have led to serious drought conditions. Following a wet winter and spring, there is apparently enough water in reservoirs and underground water levels are high but a 30% rise in consumption has led to problems delivering sufficient through the pipelines. During the severe drought in 1976 restrictions on water use were introduced. Ironically, a Minister of Drought was appointed and shortly afterwards saw the start of several weeks of heavy rain.

We've all found that some plants are better at coping with drought conditions than others. When it's really dry those at most risk quickly set seed. They themselves might die but they attempt to reproduce before this happens. Everywhere the grass is brown, but grass is very resilient and will come to life again when we get some proper rain. The immediate shortage of grass however is of huge concern to livestock farmers who not only rely on it as summer feed for their cattle and sheep but just as importantly to provide fodder for the winter. Streams which normally provide natural drinking water for livestock have dried up and alternative supplies have been needed. Locally many farmers have built reservoirs for watering their crops and the irrigating they do must have helped wildlife survive. Wheat is not normally irrigated and might look as though it's ripening but it is in fact dying off. The grain will be sub-standard and straw supplies may be an issue later on. Heath and grass fires are an ongoing problem. A layer of peat lies beneath heather moorland and once this catches light it will continue to burn underground making it extremely difficult to extinguish.

Like us animals and birds suffer from the heat and use various ways of trying to keep cool. Obviously seeking shade is the primary method. Nearly all animals sweat but to varying degrees. Perspiration evaporates providing a cooling effect and water consumption is increased to compensate. Humans, primates and horses have the most sweat glands. To a lesser degree other animals sweat not only through their skin but also the pads of their feet. Cows have only 10% of the sweat glands we have and as a last resort attempt to cool down by opening their mouths. Birds and many other animals, in particular dogs, pant to avoid overheating. Water evaporates from the moist lining of the oral cavity and pharynx. To lower their temperature species which have big ears increase blood flow to them. Pigs, hippos and rhinos however don't have any sweat glands so rely on wallowing in wet mud to protect themselves.

To date (11<sup>th</sup> July) there is little sign of the drought breaking but no doubt by the time you read this it will be raining. Nature has an amazing way of balancing things out so by the end of the year this heat wave may be but a distant memory although higher food prices may act as a reminder. ***Jill Mason***

# MASSIVE FUEL BILLS?



## INEFFICIENT OIL FIRED & LPG BOILER? STORAGE HEATERS NEED HOME INSULATION?

On any of these Governments benefits?

- Child Tax Credit
- Working Tax Credit
- Universal Tax Credit
- Pension Guarantee Credit
- Income Support
- Income Based Job Seekers Allowance
- Income related Employment and Support Allowance

## PRIVATE HOME OWNER OR TENANT?

**GOLDEN GLOBE** will do all the hard work for you using government grants funded by all the big energy companies under the watchful eye of OFGEM.

- Confirm your benefits with DWP
- Book your free survey for you
- Install your new fuel efficient oil boiler



Look forward to **A Warmer Winter, Lower your fuel bills.** A home with added warmth and an **Energy Efficient New Boiler** with an **OFTEC Certificate**

Call Golden Globe today on 020 7096 5097  
and book your appointment free of charge



## FREE HOME ASSESSMENTS ON OFFER

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life. The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes. Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

To book an appointment call the Careline Community Team on 01553 760671

**Volunteers Needed!** 

**Do you remember those early years?.....  
Sleepless nights, tantrums & teething.**

If you have parenting experience Home-Start Swaffham & District would love to hear from you. We have families waiting for support and all we ask is for a couple of hours a week commitment. We offer a prep course accredited through the Open College Network which takes place one day a week for 10 weeks. Term time 10am-2pm. So, if you think you can make a difference to a family needing a little help call us today to find out more. Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

**Home-Start Swaffham & District**  
The Community Centre, Campinglands,  
Swaffham, PE37 7RB  
Tel: 01760 721271  
Email: [admin@homestartswaffham.org.uk](mailto:admin@homestartswaffham.org.uk)

**Stow Hall  
Gardens**

**Stow Bardolph**

**Open Sunday 19th  
August and every  
Wednesday  
until 31st October**

**Admission £5  
Children free**

# COULD YOU HELP A YOUNG PERSON WITH A DISABILITY TO THINK ABOUT THEIR FUTURE?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact:

Vicki Howling, the project co-ordinator for an informal chat.

Telephone 01366 386972 or 07926 044845

Email [vhowling@csv.org.uk](mailto:vhowling@csv.org.uk)

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.



CSV, 237 Pentonville Road, London, N1 9NJ

Find out more at [www.csv.org.uk](http://www.csv.org.uk)

Like CSV UK' on Facebook: [www.facebook.com/CSVUK](https://www.facebook.com/CSVUK)

Follow @CSV\_UK' on Twitter: [www.twitter.com/@CSV\\_UK](https://www.twitter.com/@CSV_UK)

# Every minute, six people over 65 suffer a fall/

We're here to help.

To find out more, call us on 01553 616200  
or visit [www.careline-cs.org.uk](http://www.careline-cs.org.uk)



Careline  
COMMUNITY SERVICES



Care &  
Repair

Borough Council of  
King's Lynn &  
West Norfolk



## Living Independently in Later Years Information for Older People Living in West Norfolk

**ASK  
LILY**



- ☎ Telephone information line
- 📖 Online directory
- 👤 LILY Advisor home visits
- 📍 Community locations

Available online at  
[www.asklily.org.uk](http://www.asklily.org.uk)  
or by calling 01553 616200



Borough Council of  
King's Lynn &  
West Norfolk



## WHAT'S ON AT DOWNHAM MARKET LIBRARY

For further information about events or to book where necessary please call  
01366 383073

*All children must be accompanied by an adult*

Our regular events at the library for August are:

- ◆ Knit and Natter – 1st and 3rd Wednesdays in the month. 1.30 – 3pm.
- ◆ Brew and Banter – Every Friday 10am – 12 noon. 50p suggested donation. Enjoy a chat over a tea or coffee.
- ◆ Active Minds – Puzzles, board games and colouring. Every Thursday 1.30 – 3.30pm.

August events for children based on our Beano themed Summer Reading Challenge.

- ◆ 6th August – Pieface's Messy Makers Food Fun. 1.30pm till 3.30pm. Age 5+, Make Gnasher Crunchies, Bash Street Bombs, Dennis's Dirt Cups and Rubi's fruit sliders. £3 Booking Essential.
- ◆ 13th Aug – Beanotown Olympics. 1.30pm till 3.30pm Age 8+ Be a Beanotown Olympian and compete in the Beano Olympic games. £3 Booking Essential.
- ◆ Storytime and colouring – every Thursday in August 10.30 - 11.30 Drop in / Free.
- ◆ Coding Club - Every Saturday in August 10am till 11.30 - Free / Booking Essential.
- ◆ Read to Cindy the dog 3pm till 4pm Thursdays 2 and 9 August Free / Booking Essential.



## MAGPIE CENTRE NEWS

### ROLL UP, ROLL UP FOR THE CRAFT AND COUNTRY FAIR



Countdown has begun for the year's biggest event at the Magpie Centre, home of West Norfolk Riding for the Disabled Association.

Building on the success of last year's event, the Craft and Country Fair, to be staged at Wallington Hall, PE33 0EP on Sunday August 19 from 10 am to 5 pm, promises to be even bigger

and better, offering a massive range of displays and activities, including laser clay pigeon shooting, archery and pony rides, to suit all members of the family.

Crafts on display in the indoor school include 30 stalls offering popular items alongside less well-known products, such as pyrography, metal art and wicker baskets, plus a workshop showing how to use a spinning wheel.

The main arena will host displays including carriage driving and falconry, while the King's Morris Dancers will perform twice during the day.

Highlight of the day is the Lancaster flypast, subject to serviceability and weather conditions. Classic cars, bikes and tractors will also be on show, parading in the main arena during the afternoon.

Children are well catered for too, with a range of games and activities and a variety of food outlets plus a licensed bar and vintage teashop will ensure that nobody goes hungry.

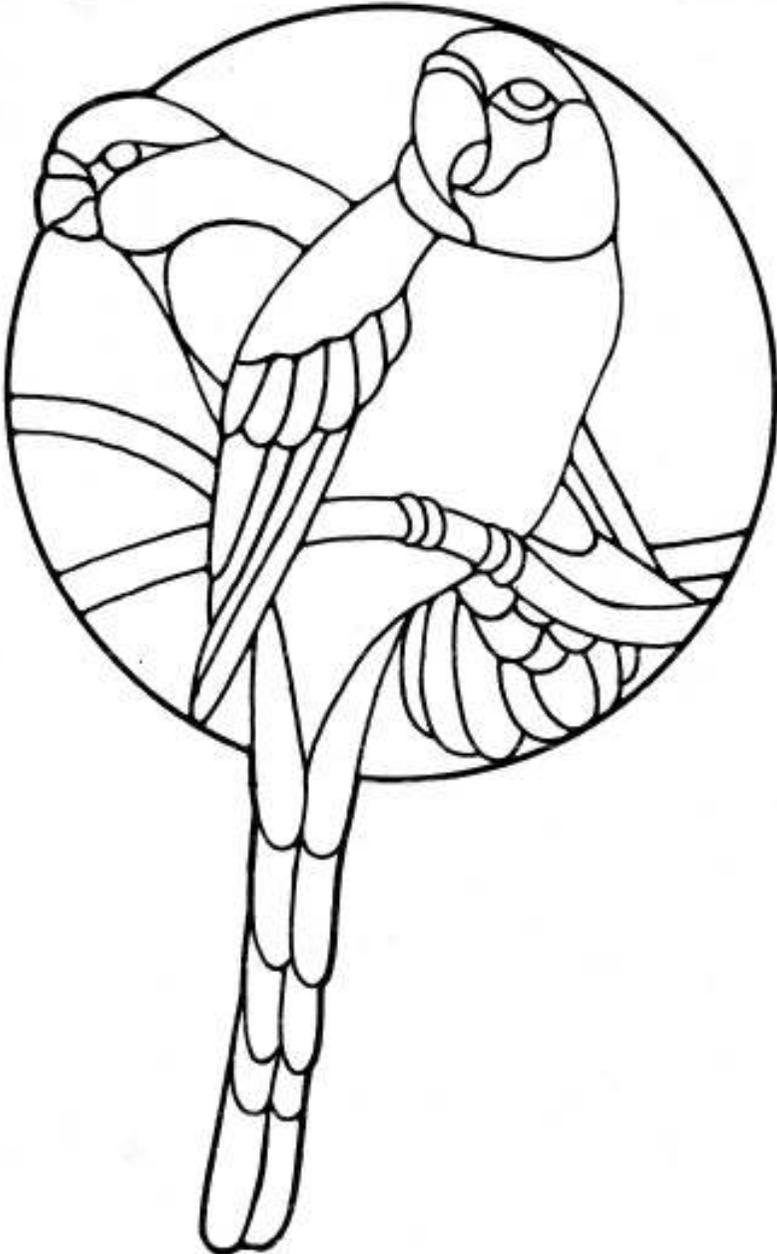
Admission is £15 for a family (two plus two), £5 for adults and children over 5, concessions £4, and under 5's Free. All tickets entitle the holder to enter a Prize Draw, the winner of which will fly in a Dragon Rapide, wing-to-wing with a Spitfire, the iconic 'war bird' of World War 2. Terms and Conditions apply.

We look forward to seeing you there!

NO DOGS admitted, except service/assistance dogs, so please leave your canine friends at home.

**Caroline Dudley**

# A PICTURE FOR YOU TO COLOUR



## QUIZ PAGE

1. How many hairs are there on an average person's head?
2. Which is the USA's 'Mile High City'- Denver, Detroit, Nashville or Boston?
3. What is a trigamist?
4. What does poly in polyester and polyurethane mean?
5. In the game of shinty, what is a hail?
6. What's meant by the Latin phrase 'Semper Fidelis'?
7. During wartime, how were the Local Defence Volunteers better known?
8. "What would you do if I sang out of tune, would you stand up and walk out on me?" is the beginning of which well known song?
9. What's the difference between a dictionary and a thesaurus?
10. Who had hits with the songs [a] Daniel, [b] Alfie, [c] Ernie?
11. Is a farthingale a type of dance, a bird of prey, an old fashioned hooped skirt?
12. If the sun is at its zenith, where in the sky is it?
13. Which fruit grows on the opuntia cacti—prickly pear, kumquat or passion fruit?
14. What's a suspended sentence?
15. What do the Roman numerals MM stand for?
16. Who had the first number one hit- the Beatles or The Rolling Stones?
17. What was a Sopwith Camel?
18. Why do we say in the nick of time?
19. Fill in the blanks to make two words meaning calm SE\_\_ \_E
20. What word describes the act of wilfully giving false evidence in Court?

**Answers:** 1. Around 90,000 to 140,000. 2. Denver. 3. A person having three husbands or wives at once. 4. Many. 5. A goal. 6. Always faithful. 7. The Home Guard. 8. With a Little Help From My Friends. 9. A dictionary gives the meaning of words, a thesaurus gives alternative words of similar meaning. 10. [a] Elton John, [b] Cilla Black, [c] Benny Hill. 11. An old fashioned hooped skirt. 12. Directly above the observer's head. 13. Prickly pear. 14. The offender doesn't have to serve it unless they are in trouble again for the set period. 15. 2000. 16. The Beatles with 'From Me to You' in April 1963. 17. A fighter aircraft of the 1914-18 War. 18. Tally sticks were once marked with notches to keep sport scores and records of college and church attendance, payment of taxes etc. 19. Serene & Sedate. 20. Perjury.

## SWAFFHAM & LITCHAM HOME HOSPICE

Swaffham & Litcham Home Hospice Fundraisers held their “Relay Together” event on Sunday 17<sup>th</sup> June at Swaffham Rugby Club on North Pickenham Road, Swaffham.



The event took the form of a sponsored walk round the lower pitch at the club. Approximately 25 teams took part with the walk starting at 13.30 and finishing at 16.00. There were also stalls, a bouncy castle, slide and BBQ.

In addition, our Summer Draw took place which commemorated the fact the Home Hospice celebrates its 30<sup>th</sup> anniversary this year. The draw offered 30 prizes, the majority of which were donated by local businesses and clubs and tourist attractions across Norfolk.

Adrian Adcock, chair of the Home Hospice Fundraising Committee commented that it had been a brilliant day enjoyed by those attending and it is expected that

the event will have risen in the region of £3500 once all sponsorship monies are to hand. We would like to thank all of the teams who took part and the many people who supported and sponsored the event.

Thanks are due to the Swaffham Rugby Club who allowed the Home Hospice the use of their facilities, to Pot of Gold for providing music for the majority of the afternoon, to the stallholders for their support, to Subway for water provision for the walkers and to Bookers in King’s Lynn for their generous donation of items for the BBQ and refreshment stalls.

Thanks are also due to the members of the Fundraising Committee who put much effort into ensuring that the event would be the success it undoubtedly was.

**David Gulliver**

## SWAFFHAM & LITCHAM HOME HOSPICE

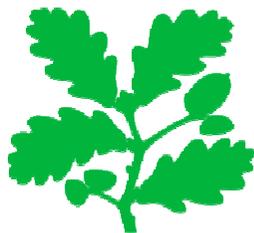


The Swaffham and Litcham Home Hospice Fundraising Committee work throughout the year organizing events but we also receive support from within the community and from members of the public who organize their own events to raise funds for the Home Hospice. With this in mind, two events to share with you are:

- ◇ On Sunday 2<sup>nd</sup> September, 5pm to 8pm, the singing and entertainer duo 'Back to Back' will be at Castle Acre Village Hall. Entrance including tea, coffee and cake, is £5. Thanks to Libby Boulton for organizing this event and kindly donating all proceeds to the Home Hospice.
- ◇ Swaffham & District Lions will be selling tickets for their annual 'trolley dash' at Swaffham Tesco on 12<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup> October. The draw will take place on 14<sup>th</sup> October at Swaffham Tesco and a date for the trolley dash will be organized with the winner. Thanks go to Swaffham & District Lions, for this year choosing Swaffham and Litcham Home Hospice Support to be the beneficiary of this event.

We hope both events are a success and that many of our supporters go along or buy tickets. If you would like to arrange an event to help raise funds for the Home Hospice do get in touch with the team on 01760 722937.

**Adrian Adcock**



# Oxburgh Hall

## National Trust

**7th, 14th, 21st & 28th August, 10.30am – 3.30pm**

### **Tudor Tuesdays**

Be transported back to 15th century England when Oxburgh was built by dressing up as the Lord or Lady of the Manor. Even become a Yeoman with shield and sword or a daughter of the house with long skirts. Suitable for kids big and small!

**Free, plus normal admission to grounds applies. Please note that this is an outdoor event.**

**Wednesdays 1st, 8th, 15th, 22nd and 29th August,  
drop in between 11.30 and 1.30pm**

### **Go Wild in the Woods – Drop-in Activities**

Come and join the Outdoors Team in Home Covert woodland and participate in a range of woodland activities. You may be whittling sticks, making charcoal, collecting firewood, toasting marshmallows over an open fire, drinking hot chocolate, den building, minibeast hunting, to name but a few.

Wear clothes you don't mind getting muddy in, plus sturdy boots or wellies. Please note there is a walk of about 20 minutes from the car park to the event area.

**Free of charge – donations welcome.**

**Saturday 11th & Sunday 12th August, 11am - 4pm**

### **War of the Roses Re-enactment**

What was life like as a medieval soldier in the 15th century? What did they use? How did they eat? What did they look like? Find out how members of the family would have lived as soldiers during the War of the Roses as Oxburgh Hall becomes a soldiers' encampment for the weekend. Real cannon fired each day! Cannon ball not included!

**Free event. Admission to garden and estate applies.**

## Swaffham Jazz Club

**Melody Brooker** *Vocals*  
and her Trio

**Tuesday 7th August**

**Bays River Jazz Group**

**Tuesday 11th September**

Swaffham Conservative Social Club  
23 London Street, PE37 7DD

7.30 pm

£7.00

Enquiries: 01366 328730 or  
01760722384

## Nar Valley Ornithological Society (NarVOS)

**Tuesday 28th August at 7.30pm**

The Barn Theatre

Sacred Heart Convent School, Swaffham.  
Access and parking from Sporle Road.

### **The Great Fen Project. A Future Wetland and More with Henry Stanier**

The Great Fen is a 50-year project – one of the largest in Europe - to create a huge wetland area between Peterborough and Huntingdon for the benefit both of wildlife and of people. Henry Stanier, from the Great Fen, will talk about the project's background, the amazing progress so far and the vision for the future.

Admission £2 on the night for non-member and visitors are most welcome.

Enquiries: 01760 724092



## Baroque Season

### **Norwich Baroque**

September 22nd Saturday 7.30pm, Swaffham Assembly Rooms

### **Norwich Baroque Quartet**

*(Music for 2 Violins, Cello and Harpsichord)*

October 21st, Sunday 3.00pm, Swaffham Assembly Rooms

### **Tale Dolce Musica**

*(Music for Soprano, Flute, Oboe, Bassoon and Harpsichord Continuo)*

November 18th, Sunday 3.00pm, Swaffham Assembly Rooms

Season Ticket for all Three events

£21.00 members, £30.00 non members, accompanied children free

Otherwise

£9 for members, £12 non-members, accompanied children free

Tickets from

Green Parrot 01760 724704 and Ceres Bookshop 01760 722504

Enquiries: 01366 328648

## Wereham's

### Pop-Up Cafe

will 'pop up'

Twice Every Month

1st and 3rd Tuesdays

10.30 am till 1.00pm

The café will continue to serve a hot drink and a pastry or a slice of home-made cake for just

**£1.50**

**PLUS**

A light lunch 'dish of the day'

For an additional £2.50

Enquiries: 01366 500218

## Beachamwell

### Book Group

Tuesday 2nd August

7.30

Beachamwell Village Hall

Book to be discussed over a glass of wine

### 'My Cousin Rachel'

Daphne du Maurier

Annual Subscription **£12.50**

New members welcome

Enquiries: 01366 328536

## Beachamwell

### Wednesday Walkers

Explore the rights of way in and around Beachamwell with us

We meet at the Village Hall at 10.00 am

**FIRST WEDNESDAY OF EACH MONTH**

*Walks last between one and a half to two hours*

*All, including dogs on leads, are welcome*

Some paths may be rough underfoot, there may be stiles or fields may be ploughed: come at your own risk and please wear suitable clothing and shoes for the outdoors

Further details please telephone 01366 328452 or 01366 328536

## Wereham Weekly Cash Bingo



Village Hall

Wednesdays

Doors Open 6.45pm

Eyes Down 7.30

Raffle and refreshments with complimentary biscuits

Enquiries: 01366 500798

All proceeds go to the Village Hall  
Registered Charity Number 1151336  
Wereham Village Hall

## Beachamwell

### Creative Writing Group



Meets every  
second Monday  
Afternoon

2.30pm

Everyone with an interest in  
putting pen to paper welcome.

Enquiries: 01366 328895  
or  
james@jamesknoxwhittet.plus.com

## Wereham

### Short Mat Bowls Club



Thursdays  
7.00pm

### Village Hall

Come and meet our friendly club, find  
out what's involved, try a new  
activity, help grow our club and have  
some fun!

For more information or a chat  
contact 01366 501330

## Beachamwell

### Table Tennis



Every Friday at  
**3.00pm**  
Village Hall

Enquiries: 01366 328895  
or  
james@jamesknoxwhittet.plus.com

## Wereham

### Indoor / Outdoor Car Boot Sales and Café

The last Sunday of every month  
until end of November 2018

9am until 1pm

Cafe serving bacon rolls,  
sausage in a roll or egg in a roll, with  
plenty of tea and coffee.

A warm and friendly welcome  
is given to everyone.

Please contact  
07759033492 or 01366501330  
**e-mail**  
rosemary.pease@btinternet.com.



## Beachamwell WI

**Thursday 2nd August**  
**7.30pm**  
**Village Hall**

A demonstration of knife and tool sharpening from "Mr Norfolk Sharp"

Visitors welcome  
01366 327023 or 01366 328589

## Beachamwell

**Friends of St Mary's Church**

### Summer Lunch

**Beachamwell Village Hall**  
Wednesday 8th August between  
12 noon and 2pm



A selection of soups, filled rolls, salads and drinks will be on sale.

Join us for a light lunch and help raise money for the repairs to the thatched roof.

No need to book.  
Enquiries (07917) 693965

## Barton Bendish

### 'Summer Afternoon of Music'



Performed on Halmshaw & Sons Grade 11 Listed Historic Pipe Organ

St Andrew's Church  
12th August

Between 2 and 4pm  
Afternoon Tea available

Free  
All welcome

## Beachamwell Afternoon Tea and a Chat.....

Wednesday  
**August 15th**  
2 - 4pm

Beachamwell  
Village Hall



Enquiries  
01366  
347673



**Beachamwell WI**  
**Afternoon tea in Carole**  
**Wilson's lovely garden,**  
*(weather permitting)*

**Thursday 16th August**  
**2.30pm,**

This WILL involve jam – and scones but not Jerusalem!!!  
As always, visitors are very welcome to join us.  
01366 327023 or 328589

**Beachamwell**

**Fete & Country Fair**

**Saturday September 1st**  
**12noon - 5.00pm**

Fete and Country Fair favourites include a Dog Show and Clay Pigeon Shoot. A number of traditional games and activities including a coconut shy, hook the duck, children's activities, a duck lottery, tractor pulling and egg throwing – something to keep the whole family entertained.

Lots of refreshments will be available.

Enquiries: 01366 328536

**Barton Bendish**

**9th Annual Art, Craft & Photography**  
**Exhibition and Sale**

**The Village Hall and**  
**St Andrew's Church**

15th - 16th September  
Saturday: 15th 10:00-5:00  
Sunday: 16th 11:00-5:00

Refreshments and Light Lunches Available

Proceeds to benefit St Andrew's Church and The Village Hall

Enquiries:  
01366 347849 or 01366 347563

**Beachamwell**

 **Quiz** 

**Saturday September 29th**  
**7.30**

**Beachamwell Village Hall**

**£3.00 per person**

**Tables up to six people**  
*(essential to book a table)*

Bring your own refreshments

There will be a Raffle

All proceeds to The Friends of St. Mary's Church, Beachamwell

Enquiries and to book a table:  
01366 328648 / 328729

# BARTON BENDISH & EASTMOOR VILLAGE NEWS

## **Dawn Cuttell**

In the early hours of Friday June 22nd Dawn passed away. Fiercely independent by nature she was a few days short of her 92nd birthday.

Dawn moved into the Rectory at Beachamwell in 1966 with her husband Bob and three children Nigel, Hilary and Simon. There she established a nursery school which several local people will no doubt remember attending.

Dawn and Bob later moved into Friar's Oak, a bungalow they had built in the grounds of the Rectory. After Bob died Dawn moved to Barton Bendish where she lived for more than 20 years and where she joined in with various activities. When she gave up driving she wasn't able to venture out as much as she would have liked, but was still as bright as a button when it came to maintaining her independence. She mastered the art of shopping on line with Waitrose, getting her prescriptions delivered, etc. The charity Age Concern Swaffham and District helped her a lot by getting her to hospital appointments.

Dawn was only poorly for a day or so and died soon after they took her to hospital that evening. She'd always said she didn't ever want to move away from the bungalow and garden she loved so her wish was granted. She really was quite a character and our condolences go to her children and grandchildren, all of whom she was justifiably very proud of. **Jill Mason**

## **Open Gardens**

How many years have we had four consecutive sunny Sundays in June for the G4 group's Open Gardens? Leading up to them it is normally a case of watching the weather forecast to judge when would be a dry day to get the lawns cut and what the day itself would be like. None of that this year though, even for Barton who were last of the four. By the time our turn came it was more a case of watering every evening to stop the plants from dying and giving the lawn an occasional drink to prevent it going brown. At the time of writing this on the 11th July there has been no let up to the hot dry weather and drying wind and with water companies pleading for a reduction in use and watering kept to a minimum everyone's gardens are now well and truly parched.

Being last of the four and coinciding with England playing in the World Cup we expected the numbers to be down but we were wrong. Never has Barton been busier and there was a steady stream of visitors throughout the whole day which meant that all those helping with ticket selling and the refreshments were kept extremely busy.

# BARTON BENDISH & EASTMOOR VILLAGE NEWS

As always Albanwise gardening team ensured the village looked extremely presentable. The poppies, along with other wild flowers, sown up Buttlands Lane earlier in the year as a living reminder of the centenary of the end of WW1 timed their flowering to perfection thus adding an extra impressive dimension to the fourteen gardens open to the public.

Thanks to everyone's hard work including those who opened their gardens the day raised an incredible £3,000 for St Andrew's church.

## **Andrew Stephen's take on Village Life**

### **Community Breakfasts**

You can't fail to be impressed when you see newer members of the community doing something unselfish for the local, more established people. So it was recently when we attended a community breakfast at Oxborough Village Hall, where a feast had been laid on by newly arrived residents for those members who had been resident for much longer. Not only does this seem a good model for respect for, and care of, one another, breaking bread together is a fine way of fostering a community identity. Recently we held a Sangria Party at home and marvelled at the way people mixed and enjoyed each other's company. Liz and I have been out of the urban desert for two years now and are still getting used to the fact that, in small villages, neighbours actually care about each other.

Barton Bendish held a Breakfast Church in its own Village Hall on July 7<sup>th</sup>. Starting the day in the company of your neighbours is a hugely productive and



enjoyable way to spend time. Well done to all those who organised these events and who recognise that serving others is perhaps the only worthwhile way to live a life. At a time of increasing alienation, isolation and loneliness we must try harder to spend time in the company of others and to take responsibility for each other.

# BARTON BENDISH & EASTMOOR VILLAGE NEWS

## **Barton Bendish Open Gardens June 24<sup>th</sup>**

I think I am just beginning to realise the significance of this annual event to the village. This year the Bendish had to compete with scorching sunshine, England vs Panama and following in the footsteps of a number of other similar local events.

We needn't have worried. £500 worth of tickets were sold in the first half an hour, cars lined the streets, the Village Hall was thronged and even after the close time of 5pm, groups of people were still wandering the gardens. Visitors are always complimentary about Barton Bendish and rightly so. People worked very hard to get the village looking good. I was particularly pleased to see how many people had made the effort to plant poppies and red flowers in their front gardens to recognise the fact that the First World War ended one hundred years ago. We are all grateful for the display of flowers by the War Memorial and along Buttlands Lane. We Will Remember Them.

## **Book Project**

Despite a disappointing response, I am working on editing the responses of Barton Bendish people to my request for stories about events affecting people known to them from WWI. I haven't got very far yet – so it is not too late.

## **The Green Britain Centre**

Following the sudden closure of the Green Britain Centre. I have started a Facebook group called The Friends of the Green Centre, Swaffham which can be joined by anyone on Facebook who is interested in the future of the centre.

**Finally.....**as a lover of railways I sometimes come across fascinating postcards. Recently I found a splendid example from Great Eastern days. Its message:

“Fair Be All Your Paths  
and Prosperous Your Life.”

Amen to that.

**Andrew Stephen**

# BARTON BENDISH & EASTMOOR VILLAGE NEWS

## **Village Hall Update.**

Prior to our Open Gardens Robin very kindly cut the hedge so that the Village Hall grounds were spic and span.

Following positive feedback and support resulting from the Consultation meeting an application for planning permission will be made in the near future. This is the first step towards activating the Management Committee's plans for improving the Village Hall.



## **Music in St Andrew's church August 12th 2pm – 4pm**

A 'drop in' afternoon of music in St Andrew's church is planned for Sunday August 12th between 2 and 4pm

## **Art, Craft and Photographic Exhibition. Weekend September 15th/16th**

The weekend is drawing closer!! If you're interested in entering anything in this year's Exhibition please contact Mhari (01366 347849) or Linda (01366 347563) for details and entry forms or email [bartonbendishevents@gmail.com](mailto:bartonbendishevents@gmail.com).

**Application forms including payment must be returned by Saturday September 1st**

Mhari and Linda would also love to hear from you if you would like to come along and demonstrate your particular craft. Books by local authors will also be available at this year's event.

## **Forthcoming Events**

Sunday August 12<sup>th</sup> 2pm – 4pm Afternoon of music in St Andrew's church.

Weekend September 15th and 16th Art, Photography and Craft Exhibition

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## Parish Council



The Parish Council had its meeting in July and several matters were included. The highlight had to be the arrival of the Certificates for the participants of the Defibrillator Familiarisation Course held in June. Cllr Diane Lambert our Vice Chair awarded District Cllr Peter Wilkinson with his.



There were a few matters arising from the meeting including Footpaths and their accessibility which the County Council have been along to cut and one remaining which is being pursued by the relevant authorities. Planning permission has been granted to Warren Cottages and to a garage on Chestnut Walk. An update about the 'travellers' from Cllr Wilkinson explaining that their situation is being

dealt with. Speeding by vehicles through the village is becoming an increasing concern, there are options available which we are looking into. Our Good Data Protection Procedure is current and we are meeting all the necessary criteria to protect individuals contact information from being used without permission.

If you would like more details about all the issues currently being dealt with please look at the Parish Council Website where all the official information is available as public documents and our Facebook page which has several posts about our village and the area around us.

### ***Cllr Karen Bridge***

The next Parish Council meeting will take place on September 10<sup>th</sup> at 7.30pm.

If you have any items for the agenda please give them to me in writing at least a week beforehand.

As always, if you have a query or a problem, you can consult the Councillors at any time – they are more than willing to listen and help if they can.

The Parish Council website is [beachamwell-pc.norfolkparishes.gov.uk](http://beachamwell-pc.norfolkparishes.gov.uk)

***Eileen Powell (Parish Clerk)***

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## St Mary's Church

As the third Sunday of the month, when our second service would have been, was a joint Deanery service at Stow Hall in Stow Bardolph, where all 33 of our Deanery Churches join to worship together in an open air service, there was only one service in St. Mary's in July, which was a Service of the Word. It was another beautiful summer morning with the sunlight streaming through the stained glass and creating moving patterns across the stone floor. We and some lovely hymns including one of my favourites, *Dear Lord and Father of Mankind* which asks God to *forgive our foolish ways*. Considering that the congregation consisted of five people and that number included the preacher and the organist, one couldn't help but wonder how many more services will be held in this church before it is reduced to the status of a museum. Of course, there is no telling how long people will be willing to preserve a building which has lost its purpose and St. Mary's might well end up like the ruins of St. John which only serves now to shade sheep from the hot sunshine.



After the service, we had an interesting discussion about the role of the church in rural communities where the population is much more concerned with preserving the building than in using it as a place of religious observance. The preacher talked about his past life working as a detective in the Metropolitan Police which involved the investigation of gruesome murders. His later conversion to Christianity has enabled him to perceive his past life and the people he dealt with in a more forgiving light and hope has come to transcend despair. In the light of our discussion, he suggested the possibility of arranging a monthly discussion group in which interested people could explore their beliefs. **James Knox Whittet**

We've finally obtained the necessary permissions from our insurers and the Ely Diocese to proceed with the repairs to the church tower roof.

The tower roof was badly damaged by the last winter's high winds and the remedial work will renew the affected lead covering in order to prevent further water ingress to the timber structures below.

The works are scheduled to commence on 6th August and will last for about four weeks. In order to access this area safely there will be scaffolding to the north face of the tower. The church use will not be affected by these works.

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Every attempt will be made by the contractors to minimise any inconvenience to the occupiers of properties around the church.

As lead theft is unfortunately very common, please let us know if you see any suspicious activities outside the contractors hours of work.

**Vesna Hudson (Church warden) (07854) 231273**

## Update from the Friends of St Mary's



There was a joint meeting of FoSM and The Parochial Church Council in mid June to keep up to date with fund raising efforts. The open Gardens was an amazing success for the PCC and so far the FoSM have had the following successful events.

- ◆ Craft sales pre-Christmas 2017, thanks to Mary Riches & Verena Hartley
- ◆ 2 x Quiz Nights, thanks to Eileen Powell & Peggy English
- ◆ Auctioneer talk, thanks to Mary Riches
- ◆ Half- Marathon, thanks to Carole & Brian Wilson

Our current bank balance is £3,429 which is enough to start taking preliminary steps to apply for grants to undertake the most urgent work on the Church, which is repairs to the thatch ridge and associated work. The immediate priority is repairs to the organ and this is already in hand.

Forthcoming Fund raising events are:

- ◆ 8th August Summer Lunch. See advert on page 20
- ◆ Providing the tea and cakes at the Village Fete and thank you to all those who volunteered to bake!
- ◆ 29<sup>th</sup> September we are having another Quiz which is always a fun evening. See advert page 21
- ◆ We are also organising a Beachamwell calendar for the end of the year (and as a great Christmas present for those who love the village), so there will soon be a call for your best photos of the village or area.

If anyone has any other imaginative ideas of how to raise money please let us know – the target is large but we are making great headway so far!

**Peggy Ray (Chair of FoSM)**

## Flower and Brass Cleaning Rota for August

5<sup>th</sup> Susie Rix; 12<sup>th</sup> Gill Sanderson; 19<sup>th</sup> Sonia Williams; 26<sup>th</sup> Carole Wilson

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## **Beachamwell Fete and Country Fair September 1st 12 noon - 5.00**

What better way to end the summer holidays than at a Fete and Country Fair in one of the area's prettiest villages? This event is being held on the village green next to the picturesque thatched church of St Mary's.

Fete and Country Fair favourites include a Dog Show and Clay Pigeon Shoot. There will be a number of traditional games and activities for you to enjoy including a coconut shy, hook the duck, children's activities, a duck lottery, tractor pulling and egg throwing – something to keep the whole family entertained.

Beachamwell Bric-a-Brac Marquee has become a legendary place for picking up bargains, and if you want to treat yourself to something special, or need a gift for a friend or family member, there will be stalls selling a wide range of work by local artists and crafts people. Local groups like the WI and Book Group will also have stalls

If you get hungry or thirsty you can treat yourself to a barbecue, teas and homemade cakes, authentic Indian food and delicious ice cream – not to mention the bar tent which will be serving real ale, wine and soft drinks.

Come rain or shine, this year's event promises to be bigger and better than ever, so put it on your calendar. For more information contact 01366 328536

### ***Leah Spencer***

#### **Bric-a-Brac Stall**

The Bric-a-brac team are back for the Beachamwell Village and Country Fair

#### ***WE SELL ALMOST ANYTHING!***

Now is your chance to get rid of those items you no longer need, that may be cluttering up your shed, garage or loft, back of the wardrobe etc. We do accept clothes (clean and in good condition), but cannot accept large electrical items, computers and/or printers. All funds raised go towards the running and maintenance of the Village Hall. Your support for the bric-a-brac stall in the past has been amazing. Temporary storage can be arranged if required.

Phone 01366 328999 if you have items you need storing or that you are unable to deliver to the Village Hall yourself.

Books are very welcome and Beachamwell Book Group are running a book stall to raise funds for their group. Please leave any books on the stage in the Hall.

Please note the Hall will be open on Tuesday 28th, Wednesday 29<sup>th</sup> Thursday 30<sup>th</sup> August from 10am to 5pm. Friday 31<sup>st</sup> August from 10am onwards

### ***Mary Riches***

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## **Beachamwell Book Group**

Fundraising: We are having a stall at the Village Fete & Country Fair.

Books are needed to sell to raise money for the Group, so why not take ten minutes to de-clutter your bookshelves of books you'll never read again / don't have any use for / or will never ever read and make room for new books. We can put monies raised to good use in the Group.

We meet every first Tuesday in the month 7.30pm to 8.45pm. Why not come and join our friendly group for a glass of wine and discussion about our book of the month?

Books can be dropped off at the Village Hall on the following dates and times when it will be open

- ◆ Tuesday 28th, Wednesday 29<sup>st</sup>, Thursday 30<sup>th</sup> August from 10am to 5pm.
- ◆ Friday 31<sup>st</sup> August from 10am onwards ***Pat Stringer and Chrissy Barr***

## **Wednesday Walkers**

As the June heat wave continued into July, the Wednesday Walkers drove up to Murgot's Lane before setting off to explore the dusty tracks to the West of the village, with wide open views across to Eastmoor, Boughton and beyond. The hedgerows were alive with butterflies, and the blue of the chicory along the field margins matched the sky above. A thoroughly enjoyable morning was rounded off with refreshments and a tasty lunch at the Berney Arms. Next month's walk offers a contrasting landscape, taking in forest rides from Drymere to Narford Wood. Join us! 10:00am Wednesday 1st August at Beachamwell Village Hall.

***Simon Smith***

## **Beachamwell Local History Group**

Preparations are now well underway for our special event about the Churches of Beachamwell. This will be on Sunday 23<sup>rd</sup> September from 11- 4 and will comprise two exhibitions, in the village hall and in St Mary's Church, a guided walk to St Botolphs, art, poetry and music! All free of charge. There will be local history items for sale and refreshments in the village hall, with profits going to the Friends of St Mary's. More information in next month's G4N. We hope you will come along.

***Maggie Mackenzie***

## **Mobile Post Office**

Monday and Thursday 12.55 – 13.15: Tuesday and Wednesday 11.10 – 11.40

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## Bollywood comes to the Beachamwell WI



Who said the WI was all Jam and Jerusalem? In July we had a chance to let our hair down with a Bollywood workshop led by Tina Vallance from Jaya Dance. Tina put us through our paces learning a real Indian dance routine, which involved non-stop action, seemingly moving all body parts at once in opposite directions! A real workout! There were some creaky joints and mis-steps on the way, but soon we were ready to perform the whole routine, suitably dressed in colourful outfits. The evening ended with some Indian refreshments and social time. We were very pleased that a number of guests came to join us and we hope they enjoyed themselves. An interesting evening with good company and lots of laughter! Now, THAT is what the WI is all about!

In total contrast, in August we will have a demonstration of knife and tool sharpening from "Mr Norfolk Sharp" on our usual meeting night and later in the month, a bonus afternoon tea in Carole's lovely garden on 16<sup>th</sup> August at 2.30, weather permitting. This WILL involve jam – and scones but not Jerusalem!!! As always, visitors are very welcome to join us.

**Maggie Mackenzie 01366 327023**

## BOUGHTON VILLAGE NEWS



### **All Saints' Church**

It was lovely to see so many people at Breakfast Church today (8<sup>th</sup> June). Frank, Sandy and their team do a wonderful job making everyone welcome – four people who had come to hear banns read found themselves sitting down to a cooked breakfast in the church where they will marry in September. Before that, we have the wedding of Sarah and Stuart at the end of July. It's unusual to have weddings in Boughton, but both young couples have family connections to Boughton and we are delighted that they have chosen our church for their weddings. We wish them all a beautiful day and a long and happy married life.

We continue to hold the Thursday service at Boughton on the second and fourth Thursdays. This is a short service of communion, but several of the people who come regularly are not communicants, so please don't feel that it isn't for you if you haven't been confirmed. Everyone is welcome, and of course, we finish the morning with coffee, biscuits and chat. On other Thursdays, the service is at Fincham, where we continue to have strong links of community and friendship.

***Pam Wakeling (Churchwarden)***

## BOUGHTON VILLAGE NEWS

### **Bottle at the Kim Jong Un – Trump Summit.**

Our Bottle was very confused at this Historic meeting between the two leaders. He thought at first that he was at a convention of funny haircuts. While he was getting settled in to unfamiliar surroundings he was asked if he would like a hair cut by the government barber. The bottle politely declined.

As for “The Donald”, who never ventures out on a windy day, the meeting went reasonably well. If you recall the event was initially cancelled a couple of weeks before. We were informed that this was due to a diplomatic incident involving War games with South Korea and the US. That was pure propaganda, the weather forecast for that day indicated heavy winds, and Donald could not face the prospect of his hair being blown into disarray. However a later more accurate forecast indicated a very calm day, so meeting back on.

He does have a box incidentally that he can shelter in on windy days. It has a little slot in the top so that he can see out, hear what people say, and can speak himself through the opening, and it’s got a dome to accommodate the hair. The bottle was quite impressed with the technology installed on the box. It is on a carriage of little wheels and can move along pretty sharpish, turn, reverse and get up steep gradients, and of course a GPS system, oh, also a telephone and Wi-Fi. All to protect the integrity of Donald’s hairstyle. When the bottle asked “The Donald” if he really was scared of windy days Donald replied “Fake News”. Or “Fake nieews”.

However Singapore was delightful. The Bottle stayed at Raffles – where else ? and had a very comfortable few days.



The only problem being, neither North Korea nor the US picked up the bill. We really did expect that having invited the bottle they would have ensured all expenses were fully reimbursed. We had to pay Raffles invoice. So we would be very grateful if you could pop

a few notes into the bottle as you are passing.

Many Thanks, **Frank Reid**

## BOUGHTON VILLAGE NEWS

### **Boughton Parish Council**

#### **Parish Council and Committee meetings 2018/19**

Boughton Fen Committee meeting	Friday 7 September 2018
Parish Council meeting	Friday 28 September 2018
Boughton Fen Committee meeting	Friday 7 December 2018
Parish Council meeting (Budget & Precept setting)	Tuesday 10 January 2019
Boughton Fen Committee meeting	Friday 15 March 2019
Annual Parish Meeting	Friday 12 April 2019
Parish Council meeting (Follows annual parish meeting)	Friday 12 April 2019
Annual Parish Council meeting (election of Chairman etc)	Tuesday 14 May 2019
Boughton Fen committee meeting (election of Chairman etc)	Friday 31 May 2019

#### **Meeting Times**

Parish Council meetings commence at 7.00pm;

Boughton Fen Committee meetings commence at 6.30pm

#### **Other Important dates / events**

May 2019 – Internal audit

2 May 2019 (date tbc) – Borough & Parish Council elections



## COMMUNITY NOTICE BOARD

### MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Thursday 28th August	Barton Bendish	Hatherley Gardens	09:55 am
	Beachamwell	Old Post Office	10:15 am
	Drymere	Telephone Kiosk	10:40 am
	Boughton	Mill Road	14:20 pm
Thursday 13th August	Wereham	Church Road Queen's Close	09.30 am 16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - [www.norfolk.gov.uk/Leisure\\_and\\_culture/Libraries/Mobile\\_libraries](http://www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries)

### VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888

Traveline 0871 200 22 33 or ([www.traveline.info](http://www.traveline.info)) Call cost 12p per minute

### VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

### FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	First Thursday 12.00pm to 5.00pm
Swaffham	No longer trading
King's Lynn	Third Friday

For information:- [www.farmersmarkets.net](http://www.farmersmarkets.net) or your local Tourist Information Office

# CHURCH SERVICES IN AUGUST (Wissey Valley/Southern Group)

## Sunday 5th August

9.30am	Methwold	Service of the Word
11.00am	Beachamwell	Holy Communion
11.00am	West Dereham	Family Service
6.00 pm	Wereham	Evensong
6.00 pm	Whittington	Songs of Praise at the caravan park

## The Tenth Sunday after Trinity

## Sunday 12th August

9.30 am	Methwold	Service of the Word
9.30 am	West Dereham	Holy Communion
9.30 am	Whittington	Service of the Word
10.00 am	Boughton	Breakfast Church

## The Eleventh Sunday after Trinity

## Sunday 19th August

9.30am	Methwold	Holy Communion
9.30am	West Dereham	Service of the Word
9.30am	Wretton with Stoke Ferry	Service of the Word
11.00am	Beachamwell	Service of the Word
11.00 am	Wereham	Holy Communion

## The Twelfth Sunday after Trinity

## Sunday 26th August

9.30 am	Methwold	Service of the Word
9.30am	West Dereham	Service of the Word
10.00 am	Whittington	All Age Service
11.00 am	Boughton	Holy Communion
6.00 pm	Barton Bendish	Evensong

## The Thirteenth Sunday after Trinity

## Midweek Services

Holy Communion 10.00am Boughton Thursdays 9th and 23rd  
Holy Communion 10.00am Wretton with Stoke Ferry Tuesday 23rd  
Compline 5.30pm Whittington Thursday 16th

## Baptisms and Weddings

Please contact the Churchwarden in your Parish  
Barton Bendish: Mhari Blanchfield 01366 347849 / Linda Webster 01366 347563  
Beachamwell: Vesna Hudson 07854 261273  
Boughton: Pam Wakeling 01366 500429  
Wereham: Sheila Smith 01366 858165

## CHURCH SERVICES IN AUGUST (Priory/Northern group)

### Sunday 5th August

10.00 am	Fincham	Family Communion
10.00 am	Shouldham	Morning Prayer
10.30 am	Marham	United Worship (Methodist Chapel)
10.30 am	Stow Bardolph	Holy Communion
11.00 am	Wormegay	Holy Communion

### The Tenth Sunday after Trinity

### Sunday 12th August

9.30 am	Shouldham Thorpe	Holy Communion
10.30 am	Stow Bridge	Holy Communion
10.30 am	Marham	Morning Worship (Holy Trinity)
11.00 am	Runcton Holme	Holy Communion
6.00 pm	Fincham	Evensong

### The Eleventh Sunday after Trinity

### Sunday 19th August

10.00 am	Shouldham	Holy Communion
10.30 am	Marham	United Worship (Methodist Chapel)
10.30 am	Nordelph	Holy Communion in the Village Hall
11.00 am	Tottenhill	Holy Communion

### The Twelfth Sunday after Trinity

### Sunday 26th August

9.30 am	Fincham	Holy Communion (said BCP)
10.30 am	Marham	Holy Communion (Holy Trinity)
10.30 am	Wimbotsham	Holy Communion
11.00 am	Watlington	Lay led service

### The Thirteenth Sunday after Trinity

### Thursday Services at 10am

Holy Communion Fincham 2nd, 16th and 30th

### Baptisms and Weddings

Please contact the Churchwarden in your parish

Fincham	Cathy O'Brien	01366 347279
Marham	Philip Fay	01760 444199
Shouldham	Brian & Ann Hullah	01366 347814
Shouldham Thorpe	Gordon Reid	01366 347253
Shouldham Thorpe	Gary Eggleton	01366 347829

## WEREHAM VILLAGE NEWS

### **Wereham Parish Council**

**Next Meeting:** Tuesday 11 September at 7.00 pm in the Wereham Village Hall  
Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at [werehampc@gmail.com](mailto:werehampc@gmail.com). The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the website [www.werehamparishcouncil.co.uk](http://www.werehamparishcouncil.co.uk) You will also find minutes of all meetings here too.

**Wereham Cemetery Memorial Safety** - The Parish Council are trying to trace relatives or those responsible for memorials. The Wereham Parish Council have recently reviewed its responsibilities for health and safety within the Wereham Cemetery and commissioned a report with a registered qualified inspector of all memorials. The inspector advised the Parish Council of 17 memorials in the cemetery that they classify as 'dangerous' to public safety and therefore in order to remedy they recommend fitting what is called a 'naam bar' for the current memorial to remain in use, these 17 are memorials that we would like to hear from people about. Please contact the Clerk if you are responsible for a memorial in the cemetery. Other options that could be considered other than this, would be for the creation of a new memorial, or arrange for it to be laid down on the ground if your memorial is one of the affected ones. The Parish Council recommends that purchasing records are checked for any guarantee of workmanship which it may be possible to claim from. The inspecting company is able to provide costs of fitting a 'naam' bar. If you are the person responsible, relative or have knowledge of contact, a response would really be appreciated, as you will have realised, this is a health and safety issue which the Parish Council are obliged to resolve as soon as possible. The Parish Council will be reviewing responses in July 2018.

**Dog Fouling** -We will all agree that this is just not acceptable for dog owners to not collect and dispose of their dog's mess, and it has been going on for far too long all over the village where this has not happened. Latest that the Clerk had noticed was dog fouling about 10 steps from the bin at the end of Lammas Lane! The Row in particular is an area where dog owners at times do not pick up their dog mess, sometimes outside residents front gardens. This is not acceptable and if you are someone that does this please refrain from doing so. The Clerk has noticed that walkers particular who let their dogs off on leads almost certainly do not know where their dogs are going and need to keep their dogs on

## WEREHAM VILLAGE NEWS

a lead if they cannot collect their dogs fouling. The boundary of Wereham extends past the houses and this includes the country walk roads and pathways which are there to be enjoyed by all. For a resident of Wereham to not collect their dogs mess in the village or in the surrounding countryside is without due care and is just not acceptable. Wereham Parish Council and the majority of residents do not want this blighting the village any longer and the Clerk will be stopping any dog walker in the village to check they have the necessary dog bags for the foreseeable future. The Parish Council has supplied and pays for three dog bins and for them to be emptied across the village but unless certain dog owners take their responsibility they are in vain. This has been increased to four with one now installed at the Wretton Road sign at the bottom of The Row, and soon another on Church Road/Back Lane Junction. The other three are located at the end of Lamas Lane (Flegg Green end); along Cavenham Road towards the public footpath field end; and on the playing field near the village hall entrance.

[https://www.westnorfolk.gov.uk/info/20094/animals\\_and\\_pests/157/dog\\_issues](https://www.westnorfolk.gov.uk/info/20094/animals_and_pests/157/dog_issues)  
All are welcome to attend meetings in 2018, if there are topics or ideas that you wish to share or be discussed with the Parish Council at any time during 2018, please email me on [werehampc@gmail.com](mailto:werehampc@gmail.com).

***Helen Richardson Wereham Parish Clerk and Finance Responsible Person***  
***Email [werehampc@gmail.com](mailto:werehampc@gmail.com) or Phone/Text: 0779 500 6811***

### **June Update from the Wereham Village Hall Committee**

The official launch on the new village hall took place over the weekend of 30<sup>th</sup> June – 1<sup>st</sup> July and proved a huge success. There were free taster workshops in Line dancing, Body tone, Pilates, Yoga, Buggy Cross, Fit camp and Zumba. We were also visited by Norfolk Community Learning who ran focus groups on what local people would like to learn and The Swan Centre from Downham Market introduced themselves as they will shortly be setting up a Youth Club for young people aged 8 and over.

There were also demonstrations by the Heritage, Short mat bowls and Craft groups.

The atmosphere was amazing and it was wonderful to see the hall so full of people – just exactly why we needed it! Thank you to everyone who supported this event - trustees, FoWVH and visitors - we had a fab time and hope you did too!

The launch weekend was also the last opportunity to 'buy-a-brick' in support of the new hall. The campaign has now closed and we are extremely grateful to

## WEREHAM VILLAGE NEWS

everybody who donated – we actually beat our fundraising target which was a fantastic effort!

We have launched our new Website and online booking system. It has been developed and supported by local business, Lingo in Downham Market and we think it looks brilliant. It should also make bookings a very simple process.

There is still much to be done with more fundraising required and many new groups and activities going live over the coming weeks. Watch out for the daily café and first cinema showing, both coming in August, and the new Youth Club starting in September. For all the updates, follow us on our Facebook page.

**Victoria, John E, John M & Rachel**

### **Wereham Village Hall Bonus Ball Club**

The lucky winners of £60 each in March were Roy Smith and Linda Newstead – congratulations to you both!

**Helen Richardson, Secretary.**

### **Events list**

**Bingo**—Wereham Village Hall "Cash Prize" Bingo every Wednesday, doors open 6.45, eyes down 7.30pm. Teas/coffees available with complimentary biscuits. For enquiries contact Angela (01366500115) or Diane (01366500798).

**Pop up Café** – first and third Tuesday of the month, 10.30-1pm. Join us for a slice of homemade cake, a hot drink, a natter and a read of the daily papers all for just £1.50. Light lunches also available – look out for our monthly specials! Cake donations/queries to Doreen on 01366500218.

Next dates are Tuesday 7<sup>th</sup> and Tuesday 21<sup>st</sup> August.

**Car boot and Café** – last Sunday of the month, 9am-1pm (café opens at 8am). Next dates are Sunday 26<sup>th</sup> August and Sunday 30<sup>th</sup> September. Café serving bacon butties, hot dogs and hot drinks. £5 per pitch. Contact Philip on 07759033492/01366 501330 email [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com).

**For all the pictures and feedback** from our events, log onto [www.facebook.com werehamvillagehall](http://www.facebook.com/werehamvillagehall).

By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress on the new village hall.



# WEREHAM VILLAGE NEWS

## **Wereham Craft Group**

We have just spent the past weekend in our fabulous new village hall for the launch of activities. Quite a number of ladies showed interest in our activities. As well as making items to sell on the craft stall, we are also making items for worthwhile charities, cancer being the main one at the moment. I am making small heart shaped cushions which the hospital give to all cancer patients who have had any type of surgery, they are tucked under the armpit to make things more comfortable in bed. I am also making drain bags which are in effect very small tote bags which hang over the shoulder under clothes when they have a drain put in after surgery. If any ladies out there would like to make these items but do not necessarily want to join the group then please do contact me. The knitters in the group are knitting blankets for terminally ill babies up to teenagers; these again go to the hospital via The Linus Project to be given to patients to keep as a comfort blanket. New members welcome any time, we are a social group as much as a craft group.

**Contact: Rosemary 01366 501330 or 07749240606**

**Email [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com)**

## **Short Mat Bowls**

There were two sessions of short mat bowls at the village hall launch weekend, quite a number of people showed an interest including a little boy of 5 or 6 who was very good. We would welcome teenagers and young people who would like to play. We play every Thursday evening 7pm until 9pm. Please contact us for information.

**Contact: Philip on 01366 501330 or 07759033492.**

**Email [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com)**

## **Car Boot and Café**

Our stall holders love the new village hall, it is so light and airy and now the better weather is with us we can use the field as well. The car boot and cafe continue to thrive and raise money for the village hall. For indoor tables please book but to go outside you can just turn up on the day. The cafe serves bacon rolls, egg in a roll or sausage in a roll or any combination of those three items, there is always plenty of tea and coffee, ice creams and canned drinks. There is a children's playground and a warm and friendly atmosphere all round

## **Macmillans Biggest Coffee Morning**

In the village hall on Sat 29th Sept. 10.30am till 12.30 pm. Raffle - books-bridal-crafts. More information next month.

## WEREHAM VILLAGE NEWS

### **Back to School in August!**

Yes, I know the children don't go back until September, but a number of ex-Wereham School pupils (long out of school uniform) are gathering on 4th August for a reunion meeting. Spread the word to any former pupils from far and wide who you know attended the school – reunion organisers are keen to attract people who haven't been to previous meetings. Please read Richard Yallop's article in this section of the magazine detailing what's planned; if you'd like to attend, do give Richard as much notice as you can as lunches need to be booked in advance.

Wereham Heritage Group will be working in collaboration with reunion organisers during the afternoon. The foyer and community room in the village hall will be open from 2.00pm to 4.00pm with a display of Wereham photographs and other village images projected onto screen, with tea, coffee and biscuits available. The village hall event is not restricted to those attending the school reunion, so if you are curious about Wereham and its history please pop in to see us. We are always keen to acquire more old photographs and will have a scanner set up to make copies of any images you are able to bring us on the day. With demolition of the old hall scheduled soon we are especially keen to build up an archive of pictures taken both inside and outside the building. So many events have been held there over the years – parties, weddings, celebrations and dances, and I'm sure many photographs exist– do bring along your pictures for us to scan!

We will also have copies of Wereham entries in the 1939 Survey for people to look at. This document, showing address, name, date of birth, occupation and marital status was then referred to as the National Register and was drawn up following visits by enumerators to every civilian household in Great Britain and Northern Ireland on 29 September 1939. The Register was a critical tool in coordinating the war effort at home, and was used to issue identity cards, organise rationing and more. Amazingly this extensive record remained in use by the NHS until 1991 when paper records were discontinued, and name changes between 1939 and 1991 are shown. The records of people still alive and born less than 100 years ago are not viewable (closed records). If you had family members living in Wereham at the time this document may be of particular interest to you.

Wereham Heritage Group members look forward to seeing you at the hall on the 4<sup>th</sup>. If you have photographs but can't make it on the day, please contact a Wereham Heritage Group member (***Doreen, Nicola, Wendy, Greg, Ian, Debbie or Sue***) or email us on ***werehamheritagegroup@gmail.com***

## WEREHAM VILLAGE NEWS

### **Wereham Heritage Group and Wereham School Reunion Joint Event – Saturday 4<sup>th</sup> August 2018 12 Noon - 4 pm approx.**

Wereham Heritage Group and Wereham School Reunion plan to repeat their joint event of July last year by holding another combined day on Saturday 4 August 2018. We hope it will be as happy and successful as last year and even more people will attend both from Wereham and surrounding areas and other visitors interested in a day of history, recollections and renewed/new friendship - and hearing and seeing more of Wereham's fascinating history and some of those involved.

We plan to start with a School Reunion drinks and lunch at the George & Dragon pub at 12 noon where chat and friendships new and old can be made over a buffet lunch (*if you would like to have lunch please order it in advance*).

At approx. 1.30 pm we will leave the G & D for a short walk round Wereham seeing first the Old Chapel and Old School (where we studied to ages 14 or 11) and then visiting the Church (seats for resting available too of course) - all located around the hill/pond. Our walk will be leisurely and guided by some of our old school mates with support and discussion added from Wereham Heritage Group members who will provide some of their research findings into Wereham's entries in the National Register of 1939. The Heritage Group personnel will also welcome chatting with walkers as they wish to research/hear of Wereham experiences and life of earlier days.

Part way up the high street we can pause at the Old Bakery for some interesting and unusual information by a former resident whose Dad made excellent bread and pastries, famous for miles around. At the junction with Back Street we can then turn down and make our way along the Alley and back towards the hill/pond, pausing at the former Mansion site and listening to some of its residents of their stays there, some as evacuees.

We can then return to enjoy the new Village Hall, rest weary legs take refreshments and comfort breaks and indulge in even more excellent chat and history photos and experiences etc. These will largely reflect the hard work of the Wereham Heritage Group, but do please bring along any of your old photos, newspapers or experiences to share.

We hope the day will be relaxed, sunny and with good old and new friends.

Wereham is a lovely village and was great to grow up in - it brings back excellent memories and friendships. We hope you will come along and enjoy this with us. See you there,

**Richard Yallop. 01953 889363 [richard@richardyallop.com](mailto:richard@richardyallop.com)**



# RECIPE PAGE

## Carrot and Ginger Soup



### Ingredients

- ◆ 2 tablespoons of olive oil
- ◆ 1 large chopped onion
- ◆ 1 - 2 crushed cloves of garlic
- ◆ 1 tablespoon of finely grated fresh root ginger
- ◆ 12 oz sliced carrots
- ◆ 1 and 1/2 pints vegetable or chicken stock
- ◆ 2 tbsp fresh lime or lemon
- ◆ Salt and pepper

### Method

- ◆ Heat oil in saucepan over a moderate heat, add the onion, garlic and ginger and cook gently for 5 - 6 minutes until softened.
- ◆ Add sliced carrots and stock. Bring to the boil then reduce the heat and simmer for 15 - 20 minutes until the carrots are tender.
- ◆ Puree the soup in a liquidiser or food processor with the lime or lemon juice (in batches if necessary) until smooth.
- ◆ Strain the soup through a sieve and return to the saucepan to reheat.
- ◆ Serve with soured cream in each dish of soup and sprinkle with chopped parsley

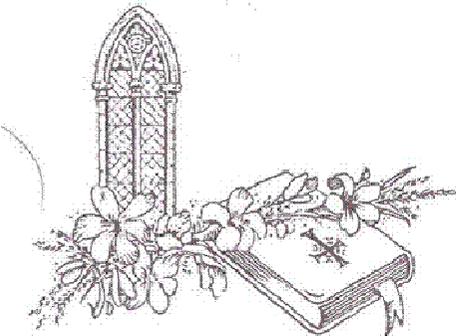
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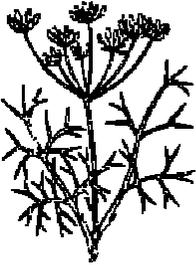
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