

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

August 2016

WELCOME



Hope you enjoy this latest edition of G4N.

Once again, there are so many events taking place in the villages and surrounding area we are spoilt for choice. If you are able to attend any of those advertised the organisers will be more than pleased and appreciate your support.

Happy Summer and as always, 'Happy Reading

The Editorial Team
Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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‘FROM THE RECTORY’



New Rectory
High Street
Fincham nr. King's Lynn
Norfolk
PE33 9AP
01366 348079

Dear All,

While cleaning out the goldfish bowl, Mildred put a few inches of water into the bath and put her two goldfish into it. When she returned, Mildred found the fish swimming in a little circle about the size of their bowl.

Just as those two fish had a huge bath to swim in, so do we live in an unlimited universe. But like the fish we can find it all too easy to stay in old set ways and not seek to expand our horizons. Yet if we have the courage to venture out, we may find treasures and freedom that we would never have experienced if we had stayed in our old set ways.

Buddha said, "To see what few have seen, you must go where few have gone." So do not be content with a life less than the one God has offered you – out there is the greatest universe possible, if only you have the courage to step into it.

Barbara

BENEFICE PAGE

STOP PRESS!

By popular demand, there will be Breakfast Church at Boughton Church in August.

14th August at 10am

Names to Sandy at 01366 500743, please.

It was intended to start again in September after a summer break but Barbara's last service is on the second Sunday in September and October is a long way away!

Do come along and enjoy food, companionship and a simple service.

Everyone is very welcome.

Pam Wakeling

SAVE THE DATE

The Harvest Supper is on Saturday 8th October at Barton Bendish.

Further details next month!!

RECIPE OF THE MONTH

Stilton and Sesame Seed Biscuits

Ingredients

4oz flour

4oz butter

¼ teaspoon cayenne pepper

4oz grated Stilton cheese

1 – 2oz sesame seeds

Method

Rub flour, butter and pepper together

Add cheese

Form dough with seeds

Refrigerate

Once chilled cut into slices

Bake 150 C

Tell Us Once - deaths

When someone has died there are lots of things that need to be done, at a time when you probably least feel like doing them. One of these is contacting government departments and local council services that need to be told.

Tell Us Once will enable you to notify the Department for Work and Pensions, HM Revenue and Customs, the DVLA and the Identity and Passport Service as well as many local services such as libraries, blue badges, housing and electoral services, to save you contacting them individually.

The Tell Us Once process for death notifications is in two stages.

The first stage is a legal requirement and is carried out immediately after a death registration: the Registrar will enter the deceased's details on the Tell Us Once national database.

The second stage can be completed at home either by telephone or online using the unique reference number given to you at the end of the registration by the Registrar.

http://www.norfolk.gov.uk/Community_and_living/Registration_services/Tell_Us_Once/NCC155798

Norfolk County Council and our district council partners provide a service to make it easier for you to tell the different government departments and local authority services that need to know about a death that happened in Norfolk.

You can use any of our nine registration offices

(http://www.norfolk.gov.uk/Community_and_living/Registration_services/Registration_Offices/index.htm)

around the county to register an event that occurred in Norfolk.

To register a death you can book your appointment online

(<https://s7.sishost.co.uk/NF/Agenda/OnlineBookings>) or call the Customer Service Centre on 0344 800 8020.

COUNTRYSIDE NOTES

One of the drawbacks of an English summer, apart from unpredictable weather, is flies. Apparently there are more than five thousand species in Britain which vary greatly in size. Some are useful, most are not. At least in England we're not plagued with *midges* like Scotland or at risk of contracting malaria from *mosquitoes* although, having said that, it was rife in England's marshes and fens until the late nineteenth century. A few such as *hover flies*, which look like small wasps and dart about as well as hovering, are beneficial to plants as pollinators while lacewings feed on aphids, mealy bugs and spider mites. Most flies however cause considerable harm. Perhaps the most familiar are *house flies* which show no inclination to go back outside once indoors. They are the major carriers of disease being attracted to food and faeces, are annoying when they settle on you and appear to be immune to fly spray (but not a swat!). *Bluebottles/blowflies* are also horrible but at least they oblige by going out the window when you open it. *Fruit or vinegar flies* also turn up indoors to aggravate us. In winter *cluster flies* seek to hibernate in lofts. It is they that appear from nowhere indoors on a sunny winter's day. Often hibernating with them are minute *yellow swarming flies*.

Outdoors in summer there are *black flies* which swarm round our heads and sometimes bite and several species which plague livestock. So called *horse flies* inflict very painful bites to both animals and humans. The males actually feed on nectar and pollen, it's the females that go for blood – their mouthparts are like miniature knives which they use to slash through skin with a scissor-like motion. *Clegs* too are painful blood suckers. *Greenbottles* lay their eggs on a sheep's dirty wool. This is known as 'strike' and the maggots when they hatch out eat their way into the sheep's flesh. Large *warble flies* are parasitic with a most unpleasant life cycle. They lay their eggs on the forelegs of cattle and deer. When these hatch the larvae migrate through the body of the animal growing larger all the time and emerge through the skin along the back showing as large bumps from which huge maggots pop out. Thankfully warbles were eradicated from the UK in 1990. Less damaging but probably more stressful are *autumn flies* which plague cattle and horses by gathering round their heads in large numbers. They breed in animal dung as do khaki coloured *dung flies* which feed on any insects attracted to cowpats.

Another familiar fly is the *Crane fly*, better known as '*Daddy Long Legs*', a large, flying, long-legged insect which can sometimes be disturbed in their thousands when walking across grassland in late summer. They themselves do not bite

COUNTRYSIDE NOTES

although their larvae, better known as leatherjackets, cause untold damage beneath the ground by eating plant roots. The *carrot fly* and the *frit fly*, which can seriously damage cereals, are other major crop pests along with *aphids*, *thrips* and *greenfly*. **Jill Mason**

GOOD NEWS FOR COMMUNITY GROUPS AND SMALL TRADERS

Community groups, small businesses and travelling tradesmen who need to dispose of commercial waste can now do so for a charge, at seven of Norfolk's largest recycling centres.

Thetford, Kings Lynn, Dereham, Ketteringham, Mayton Wood, Hempton, Caister.

The new service is aimed at small organisations who may not have the resource or the volume of waste to justify a commercial collection.

These centres will accept a wide range of materials from trade customers and prices start from a single bag charge. For more information on how the service works, material types and for a full list of charges please go to www.norfolk.gov.uk/businesswaste or call 0344 8008020

NEWS FROM THE MAGPIE CENTER (WEST NORFOLK RIDING FOR THE DISABLED)

The Magpie Centre gives more than 100 lessons a week to people of all ages, with a wide range of physical and learning disabilities. We receive no Government funding and of our £100,000 a year budget, around one-third comes from grants, one-third from riders and carriage driver donations and the remainder from our own fundraising efforts. We are based at Wallington Hall, South Runcton, PE33 0EP (just off the A10 north of the turning to Stow Bridge). We always welcome volunteers; hands-on with the horses; DIY; paddock maintenance and catering for events. Those interested should call 01553 810202 and we will find a role to suit you in our friendly team.

Now that the summer holidays are upon us, you'll need ideas to entertain the children. If they'd like a pony ride we are taking Magpie Centre ponies to Church Farm, Stow Bardolph, every Wednesday throughout August, 11.00 – 15.00, weather permitting.

COULD YOU HELP A YOUNG PERSON WITH A DISABILITY TO THINK ABOUT THEIR FUTURE?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact:

Vicki Howling, the project co-ordinator for an informal chat.

Telephone 01366 386972 or 07926 044845

Email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.



CSV, 237 Pentonville Road, London, N1 9NJ

Find out more at www.csv.org.uk

Like CSV UK' on Facebook: www.facebook.com/CSVUK

Follow @CSV_UK' on Twitter: www.twitter.com/@CSV_UK

Free magazine inspires families to get active this summer

Together with Active Norfolk, NCC Public Health has launched a free magazine which aims to inspire families in Norfolk get more active this summer.

Packed with ideas for cheap, fun activities and days out, **Get into Summer** aims to support cash-strapped families struggling to keep kids entertained during the summer holidays.

From free outdoor gyms and guided cycle rides, to park theatre and pond dipping, the magazine features activities to suit all ages, abilities and budgets.

Pick up your copy to find out more about a FREE six-week programme of family activities, starting this summer, with courses like Family Dance at The Garage, Norwich; Cycle Confidence on the Great Yarmouth seafront; and Swimming at St James, King's Lynn.

There's also a chance to win Halfords bikes for a family of four and a glamping holiday in West Norfolk courtesy of West Lexham, as well as money-saving vouchers to help you cut the cost of keeping your family active.

Launched in the Eastern Daily Press and some of Archant's weekly titles on June 26, copies of the free magazine are also available at Norfolk libraries and children's centres.

Part of a joint campaign by Norfolk County Council Public Health and Active Norfolk, **Get into Summer** is being launched in response to the falling levels of activity in Norfolk among adults and children and the impact of this on their health and wellbeing – now and in the future.

You can find out more and view the magazine online at www.norfolk.gov.uk/getinto

Free home assessments on offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

To book an appointment call the Careline Community Team on 01553 760671



HEALTH-RELATED TRANSPORT

West Norfolk Community Transport (**WNCT**) provides a variety of door-to-door transport, including the arrangement of volunteer drivers for people to attend their health-related appointments.

When you have a medical appointment, if you ring our office on **01553 776971**, we will take some information, and then try to match you with one of our volunteer drivers. We take people to King's Lynn, Norwich and Cambridge area hospitals. Volunteer drivers are paid 45p per mile, so we try to arrange the closest and most appropriate driver. We ring you a few days closer to your appointment, confirming that you still want the transport, and the driver's name is provided.

Volunteers Needed! Home Start

Support and friendship
for families

**Do you remember those early years?.....
Sleepless nights, tantrums & teething.**

If you have parenting experience Home-Start Swaffham & District would love to hear from you. We have families waiting for support and all we ask is for a couple of hours a week commitment. We offer a prep course accredited through the Open College Network which takes place one day a week for 10 weeks. Term time 10am-2pm. So, if you think you can make a difference to a family needing a little help call us today to find out more.

Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

Home-Start Swaffham & District
The Community Centre, Campinglands,
Swaffham, PE37 7RB
Tel: 01760 721271
Email: admin@homestartswaffham.org.uk

AGE UK NORFOLK CAN YOU HELP?

Small amounts of your time, could make a huge difference to an older person living in Norfolk.

Do you love listening and talking? Can you help give a vulnerable person a voice or fill in forms? Would you like to help us raise funds, give talks or help with events and marketing? If so, Age UK Norfolk would welcome you to join its volunteering team.

No experience is necessary, and whatever your talents and interests, there is bound to be a voluntary opportunity where you can share your knowledge, make new friends and have fun! There is also the chance to learn new skills, build your confidence and gain important experience.

All volunteers are offered full training and will get ongoing support and advice from the volunteer management team.

To find out more call 01603 785 234 or visit www.ageuknorfolk.org.uk

DEVOLUTION IN NORFOLK

Don't forget to complete the form you received by post from Norfolk County Council and return to them by August 19th



"Speak up"

If you or someone you know is being abused **then we can help...**

Report it on
0344 800 8020
In an emergency
call 999


United against abuse

www.norfolk.gov.uk/speakup

Norfolk Safeguarding Adults Partnership Events 2016



Countywide EVENT 1:

When: Friday 16 September 2016

Where: Mercure Hotel, Norwich

Start: Registration and coffee from 08:30 starting at 09:30. Close at 16:15

Countywide EVENT 2:

When: Wednesday 2 November 2016

Where: Green Britain Centre, Swaffham

Start: Registration and coffee from 08:30 starting at 09:30. Close at 16:15

To book a place please go to

<http://www.smartsurvey.co.uk/s/EQT6Q/>

See over for programme...

**FREE
Events**

I want your views on policing & crime in Norfolk.

**Take my survey at:
www.norfolk-pcc.gov.uk**

#TellLorne
Like | Share | Comment



Police and Crime Commissioner, Lorne Green, is asking Norfolk people to share their views and help shape his Police and Crime Plan.

Until 12 August, Lorne is running a short online survey which asks about the crime and policing issues of most concern to Norfolk's communities. Lorne will also be out and about across Norfolk speaking to people, groups and organisations about their views and experiences of crime and policing in the county. "My Police and Crime Plan will set out how we, as a county, tackle crime and disorder between now and 2020. You can have your say on what should be in it by taking my two-minute survey."

[Take the survey>>](#)

If you would prefer to complete a hard copy or require the survey in another format, please contact the PCC office on 01953 424455.

You can also choose to give your views:

- over the phone
- emailing TellLorne@norfolk.pnn.police.uk
- writing to Lorne at OPCCN, Building 8, Jubilee House, Falconers Chase, Wymondham, Norfolk NR18 0WW.

REGISTER OF ELECTORS

This year's annual registration exercise will be taking place from August onwards with publication of a revised Register of Electors following on 1st December.

The first part of the registration process is the issue of a Household Enquiry Form. This will be pre-printed with the names of anyone currently registered and a reply is needed regardless of whether or not any changes need to be made. Anyone whose name does not appear on the form and is aged 16 or over needs to be added and anyone no longer there deleted. The form will not itself register anyone new to an address; instead they will be sent an individual registration form.

The Electoral Registration Officer would very much appreciate householders' co-operation in returning the Household Enquiry Form as quickly as possible. A prompt response to any individual registration forms issued would also be helpful. Online registration is now available at www.gov.uk/register tovot e and only takes a few minutes. If anything is unclear, householders or individuals can contact:

The Electoral Helpline on 01553 616773 (or 01362 656271 if you live in Breckland Council area).

An older, tired-looking dog wandered into my yard; I could tell from his collar and well-fed belly that he had a home and was well taken care of. He calmly came over to me, I gave him a few pats on his head; he then followed me into my house, slowly walked down the hall, curled up in the corner and fell asleep.

An hour later he went to the door and I let him out. The next day he was back, greeted me in my yard, walked inside and resumed his spot in the hall and again slept for about an hour. This continued off and on for several weeks. Curious I pinned a note to his collar: 'I would like to find out who the owner of this wonderful sweet dog is and ask if you are aware that almost every afternoon your dog comes to my house for a nap.' The next day he arrived for his nap, with a different note pinned to his collar: 'He lives in a home with 6 children, 2 under the age of 3 - he's trying to catch up on his sleep. Can I come with him tomorrow?'



ANGLIAN WATER PRIVATE PUMPING STATIONS

There may be good news coming for some of you if you have a private pumping station on your property.

**SEEN HERE IN ITS
NATURAL ENVIRONMENT
THE LESSER SPOTTED
PUMPING STATION**

If you have a private pumping station at the bottom of your garden or in your street we need to know about it. You are currently responsible if anything goes wrong but the good news is that from October 2016 we will take responsibility for many private pumping stations in our region. This will include the cost to maintain and run them, but we have to find them first. If you're not sure what you're looking for our handy spotter's guide can help.

So if you have one get in touch today:
03457 145 145
Or email us at:
privatepumpingstations@anglianwater.co.uk
spotapumpingstation.co.uk

PUMP SPOTTERS

love every drop
anglian water

Currently, homeowners have to spend hundreds of pounds every year for electricity running costs, maintenance and repairs to look after these private pumping stations.

From October 2016, many of these private pumping stations will transfer over to Anglian Water and become our responsibility. We will take over all of the maintenance and the running costs too, saving customers hassle, worry and money.

Get in touch with us if you think you have a private pumping station.

www.spotapumpingstation.co.uk.

For any other queries, please contact our Public Affairs Team on public.affairs@anglianwater.co.uk.

Anglian Water Private Pumping Stations Campaign Team

WORDS..... THEY'RE GREAT.....

- 1) The bandage was **wound** around the **wound**.
- 2) The farm was used to **produce produce**.
- 3) The dump was so full that it had to **refuse** more **refuse**.
- 4) We must **polish** the **Polish** furniture.
- 5) He could **lead** if he would get the **lead** out.
- 6) The soldier decided to **desert** his dessert in the **desert**.
- 7) Since there is no time like the **present**, he thought it was time to **present** the **present**.
- 8) A **bass** was painted on the head of the **bass** drum.
- 9) When shot at, the **dove dove** into the bushes.
- 10) I did not **object** to the **object**.
- 11) The insurance was **invalid** for the **invalid**.
- 12) There was a **row** among the oarsmen about how to **row**.
- 13) They were too **close** to the door to **close** it.
- 14) The buck **does** funny things when the **does** are present.
- 15) A seamstress and a **sewer** fell down into a **sewer** line.
- 16) To help with planting, the farmer taught his **sow** to **sow**.
- 17) The **wind** was too strong to **wind** the sail.
- 18) Upon seeing the **tear** in the painting I shed a **tear**.
- 19) I had to **subject** the **subject** to a series of tests.
- 20) How can I **intimate** this to my most **intimate** friend?

Let's face it - English is a crazy language. There is no egg in eggplant, nor ham in hamburger; neither apple nor pine in pineapple. English muffins weren't invented in England or French fries in France. Sweetmeats are candies while sweetbreads, which aren't sweet, are meat. We take English for granted but if we explore its paradoxes, we find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig.

Why is it that writers write but fingers don't fing, grocers don't groce and hammers don't ham? If the plural of tooth is teeth, why isn't the plural of booth, beeth? One goose, 2 geese. So one moose, 2 meese? One index, 2 indices? Doesn't it seem crazy that you can make amends but not one amend? If you have a bunch of odds and ends and get rid of all but one of them, what do you call it?

If teachers taught, why didn't preachers praught? If a vegetarian eats vegetables, what does a humanitarian eat? Sometimes I think all the English speakers should be committed to an asylum for the verbally insane. In what language do people recite at a play and play at a recital? Ship by truck and send cargo by ship? Have noses that run and feet that smell?

How can a slim chance and a fat chance be the same, while a wise man and a wise guy are opposites? You have to marvel at the unique lunacy of a language in which your house can burn up as it burns down, in which you fill in a form by filling it out and in which, an alarm goes off by going on.

English was invented by people, not computers and it reflects the creativity of the human race, which, of course, is not a race at all. That is why, when the stars are out, they are visible but when the lights are out, they are invisible.

You lovers of the English language might enjoy this.

There is a two-letter word that perhaps has more meanings than any other two-letter word and that is '**UP**'

It's easy to understand **UP**, meaning toward the sky or at the top of the list but when we awaken in the morning, why do we wake **UP**? At a meeting, why does a topic come **UP**? Why do we speak **UP** and why are the officers **UP** for election and why is it **UP** to the secretary to write **UP** a report? We call **UP** our friends. We use it to brighten **UP** a room, polish **UP** the silver; we warm **UP** the leftovers and clean **UP** the kitchen. We lock **UP** the house and some guys fix **UP** the old car. At other times the little word has real special meaning. People stir **UP** trouble, line **UP** for tickets, work **UP** an appetite, and think **UP** excuses. To be dressed is one thing, but to be dressed **UP** is special. A drain must be opened **UP** because it is stopped **UP**. We open **UP** a store in the morning but we close it **UP** at night.

We seem to be pretty mixed **UP** about **UP**! To be knowledgeable about the proper uses of **UP**, look the word **UP** in the dictionary. In a desk-sized dictionary, it takes **UP** almost 1/4 of the page and can add **UP** to about thirty definitions. If you are **UP** to it, you might try building **UP** a list of the many ways **UP** is used. It will take **UP** a lot of your time but if you don't give **UP**, you may wind **UP** with a hundred or more. When it threatens to rain, we say it is clouding **UP**. When the sun comes out we say it is clearing **UP**. When it rains, it wets the earth and often messes things **UP**. When it doesn't rain for awhile, things dry **UP**.

One could go on and on but I'll wrap it **UP**, for now my time is **UP**, so it is time to shut **UP**! Now it's **UP** to you to see if you can think if any more examples.....

FORTHCOMING EVENTS AT DOWNHAM MARKET LIBRARY

For further information about these events, or to book where necessary, please contact the library on 01366 383073

Downham Market Library is now on Facebook. 'Like' us to find out more about what's happening at the library!

www.facebook.com/downhammarketlibrary

Regular Summer Holiday Storytimes

Thursdays 10.30 – 11.30am. Come along for some stories and activities!

4th August, 11th August, 18th August and 25th August, 1st September

Children must be accompanied by an adult.

Fantastic Mr Fox..... and other tales!

Monday 1st August 1.30 – 3pm

Come along and make a card and other crafts from Roald Dahl's tales!

£2.50 per child. Booking essential. Ages 6+

Children must be accompanied by an adult.

George's Marvellous Medicine!

Monday 8th August 1.30 – 3.00pm

Come along for lots of activities related to George's Marvellous Medicine!

Starting at the Downham Market Heritage Centre, find out all about old medicines and remedies once used in the area, then onto the library for more activities! £2 per child.

Booking essential. Ages 6 +. Children must be accompanied by an adult.

Frothbuggling Rhymes

Wednesday 10th August 10am-11am

Share and listen to Roald Dahl's Revolting and Fantastic Rhymes

Bring along your favourite. Suitable for ages 7+. Children must be accompanied by an adult.

Gloriumptious Tales

Wednesday 17th August 10am-11am

Share and listen to Roald Dahl's phizz-whizzing stories

Bring along your favourite. Suitable for ages 7+. Children must be accompanied by an adult.

FORTHCOMING EVENTS AT DOWNHAM MARKET LIBRARY

Minecraft Monday Mayhem!

Monday 22nd August 1.30 – 3pm

Come along for lots of Minecraft activities! Make a Minecraft head!

£2 per child. Booking essential. Ages 6+. Children must be accompanied by an adult.

Regular Events

Scrabble Club

9th, 16th, 23rd and 30th August

Tuesdays 1pm – 3pm. No need to book but places on first come basis.

Reading group

Tuesday 16th August 3 – 4pm

Please contact the library to see about joining and the books being read.

Other Events!

Keeping Fit in later Years:

Tuesday 2nd August 1 – 2.30pm. £1 includes refreshments.

New Creative Writing Course:

Tuesdays 10am - 12.30pm on the following dates:

6th and 20th Sept; 4th and 18th Oct; 1st and 15th November. £30 payable on booking. Booking essential.

The Story of Ely talk:

Tuesday 6th September 1 - 2pm. £1. Booking essential.

Elena Parkin

Community Librarian. Norfolk County Council Downham Market Library

Downham Market - 01366 383073 . Mobile: 07786198618

Email: elena.parkin@norfolk.gov.uk

<http://twitter.com/NorfolkLibs>

www.facebook.com/norfolklibrariesUK

www.facebook.com/LynnLibraries

www.facebook.com/downhammarketlibrary

Wereham

Pop-Up Café



**1st Tuesday
every month
10.30 to 12.00**

Fresh coffee/tea, home-made cakes, sit and read papers or have a natter....



Just £1.00.



All proceeds go to Village Hall.

Beachamwell

Book Group

Tuesday 2nd August

7.30 - 8.45pm

Beachamwell Memorial Hall

Book to be discussed over a glass of wine

'Longbourn'

by Jo Baker

Annual subscription £15.00

New members welcome

Enquiries: 01366 328536

Beachamwell Wednesday Walkers

**Explore the rights of way in and around
Beachamwell with us**

We meet at the Village Hall at 10.00 am

FIRST WEDNESDAY OF EACH MONTH

*Walks last between one and a half to two
hours*

All, including dogs on leads, are welcome

Some paths may be rough underfoot,
there may be stiles or fields may be
ploughed: come at your own risk and
please wear suitable clothing and shoes
for the outdoors

Further details please telephone
01366 328452 or 01366 328536

Wereham Weekly Cash



Wereham Village Hall

Wednesdays

Doors open 6.45 pm

Eyes down 7.30 pm

*Raffle and Refreshments
with complimentary biscuits*



**Enquiries: Doreen Rolph
01366 500218**

All proceeds go to Village Hall
Registered Charity Number 1151336 Wereham Village Hall



Beachamwell WI

Thursday 4th August

7.30pm

Beachamwell Memorial Hall

**'Oh, I Do Like to Be Beside
The Seaside'**

*Participation Event – stories to
share.....*

Visitors Welcome

Tickets £3.50

Enquiries: 01366 328325

Boughton

Children's Flamenco Workshop



Saturday

13th August

12.30-3.30pm

Boughton Church

£2 per child

All ages welcome

Enquiries:

boughtonplayground@gmail.com

*In support of Boughton
Playground*



Beachamwell WI

'Craft Evening 2016'

Tuesday 16th August

7.30 - 9.30

Beachamwell Memorial Hall

Learn, improve and share a wide
range of yarn and fabric crafts
Non-WI members and beginners
very welcome

£3 inc refreshments

More Details: 01366 328589

Beachamwell Afternoon Tea and a Chat.....

Wednesday

August 17th

2 - 4pm

**Beachamwell
Memorial Hall**

Enquiries

Graham & Sonia Williams

01366 347673

Barton Bendish



Film Club

Proudly Presents:

‘Shakespeare in Love’

In recognition of Shakespeare's 400th anniversary

Saturday 20th August 7.30pm

Barton Bendish Village Hall

Tickets £4

Raffle and refreshments

Box Office: 01366 347849

email: cinemabarton@gmail.com

www.bartonbendishfilmclub.btck.co.uk/

Beachamwell

Annual Horticultural and Craft Show 2016

Sunday 21st August

Beachamwell Memorial Hall

Open to the public 2.00pm
Free admission, light refreshments
and raffle

Cups and prizes presented at
3.00pm

Enquiries: 01366 328536

Barton Bendish Summer Afternoon of Organ Music

Pop in to

St Andrew's Church

Barton Bendish

on

Sunday 21st August 2016

Any time between

1.30pm and 4.30pm

for

A Reflective Afternoon of Organ
Music

Refreshments available

Beachamwell Craft Group

Thursday 25th August

2 - 4.00pm

Beachamwell Memorial Hall

Bring along something you are
already working on or start a new
hobby in a friendly group of like
minded people.

£2.00 + Bring and Buy

All welcome.

Enquiries: 01366 328536

Beachamwell

"Pop Up"

French Restaurant

Saturday 27th August

7.30

Beachamwell Memorial Hall

3 course meal with coffee

£16.00 per head

(bring your own wine)

Bookings open 1 August

Telephone: 01366 328536

A Beachamwell Memorial Committee
Event

Oxborough

Fun Day

Sunday 28th August

Gates Open at Midday for CAR BOOT
sale: £2 per pitch.

DOG SHOW at 1pm – Fun Classes,
(NB – not licensed by Kennel Club),
judged by Sheila (bribes accepted).

Everyone welcome, with or without a dog.

Many SIDESHOWS, including: Mystic
Gladys, Face Painting, Scalextric racing,
Crockery Smashing, Dartball, Whack a
Rat,

History Group Display... and many more.
All Sideshows and Ice Creams: 50p each.
60's and 70's MUSIC.

Admission to event: FREE!

Proceeds to Oxborough Village Hall, Reg.
Charity: 268868



THE BOUGHTON

CRICKET CLUB

BCC POSH HOG ROAST

*Fund raising event - all proceeds to BCC
Pavilion Fund. Dress: Casual/Smart*

Sunday 28TH August

6.30pm / Music and dancing till 11pm

Boughton Cricket Club

Sit down Hog Roast, Salads, trimmings
and Pudding. Vegetarian option
available, please advise when booking.
Quality Raffle / Licenced Bar

Tickets: £20 Adult, £15 students and
U18s, £5 U10's

Tickets can be purchased individually or
get your own table of ten together!

Ticket sales:

Karen Short Tel 07990 970783 or
Clare Insall Tel 01366 501595

Nar Valley Ornithological Society

(NarVOS)

Tuesday August 30th 7.30pm

The Barn Theatre

Sacred Heart Convent School, Swaffham.
Access and parking from Sporle Road.

Birding around South

America

with Gunnar Engblom

Gunnar runs Kolibri Expeditions which
provides birding trips to all corners of
South America.

He describes himself as a birder, biologist,
runner, post-punk-rocker, daddy, husband
and owner, manager and guide of Kolibri
Expeditions.

We can look forward to a fascinating
evening.

Visitors most welcome. Admission £2 on
the night if you are not a NarVOS member
Enquiries: 01760 724092

Beachamwell Fete and Country Fair

Saturday 3rd September

12noon to 5pm

Beachamwell Memorial Hall

**A fun day out for all the
family!!**

...and in the evening ...

Pop up Pub and Live Music

Enquiries: 01366 328536

WRETTON THE RETROVATES

'Hits of Yesteryear'

Saturday 17th September

7.30pm (Doors open 7pm)

All Saints' Church

Tickets £10 each (under 16 £5)

Includes sausage and mash supper
with punch or soft drink.

Tickets from:

Elaine at Bonnets

Rona: All Saints Academy Stoke Ferry

Kathleen: The Old School House Wretton

01366 501523

Helaine Pangle: Cottage Wretton

01366 500165

Davina: Cherry Trees Whittington Hill

Whittington 01366 500517

or call 01366 500704

All proceeds in aid of new heating and
lighting in All Saints Church



Barry Tyler's Original Dixieland Jazz Band

Saturday September 24th

7.30pm

Swaffham Assembly Rooms

£9.00 for members

£12 non-members

Accompanied children free

Tickets from

Green Parrot 01760 724704

Ceres Bookshop 01760 722504

Enquiries

01366 328648

Barton Bendish



Film Club

Proudly Presents:

'ChickLit'

Filmed in North Norfolk

Saturday 24th September 7.30pm

Barton Bendish Village Hall

Tickets £4

Raffle and refreshments

Box Office: 01366 347849

email: cinemabarton@gmail.com

www.bartonbendishfilmclub.btck.co.uk/

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Open Gardens June 26th

This year the weather for Open Gardens looked very doubtful and heavy rainfall the day before was not very encouraging either – not to mention the hail storm. On the day the odd shower between sunny spells was not enough to put off the many people who came to support us by visiting the 14 gardens open in the village. Ploughman's lunches in the village hall along with tea, coffee and baking kept everyone fed and watered throughout the day. Many thanks to Fiona and Fran for helping to set up in the morning and to Joan and Elizabeth for their help over the whole day. Thank you Maureen for looking after the Home Baking stall and to Olly for his very successful Plant Stall; to Chris and Janice for the wonderful Pimms and to Terry for rounding up all the beautiful vintage cars on display at All Saints House. Thank you as well to those who did a spell on the ticket sales in the Church. Thank you also if yours was one of the gardens that opened to the visiting public and a further thank you to everyone who donated refreshments and raffle prizes.

It was a fantastic community effort that raised about £1800.

At 5pm it was a quick dash up to the church for a Gardening Songs of Praise. It was lovely to have so many people wait and share in the hymns inspired by gardens and gardening along with readings with a gardening theme. What a great way to end a great day. Thanks to Robin and Pippa for taking the service; to those who read and to Tom and the Choir for the beautiful music and singing.

Animal Service

Dogs in church are not an uncommon sight at St Andrews church but on Sunday 10th July we had 10 dogs and a hamster bring their humans to our Animal Service. There was tough competition with Wimbledon (well done Mr Murray) and the British Grand Prix but 17 of us had our beloved pets blessed by Robin and Pippa without any major scrapping or barking just a little whining! Thank you Elizabeth for the scrummy homemade doggie treats - the dogs certainly devoured them quickly and for their owners some delicious American 'pudding'. To David Millburn for his wonderful organ playing and to Robin and Pippa for taking the service.

We hope to repeat it again later in the year for those who could not make it this time and for those who enjoyed it so much.

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Organ Recital

The Grade II listed organ in St Andrews Church recently had its annual MOT and since then the sound from it at the recent services has been amazing. This is due to the various organists who have been playing and also the fact that the pipes have had a jolly good clean out! There is still more work to be done to bring it up to its full potential. To help raise the funds necessary to do this we would like to invite you to our Summer Afternoon of Organ Music on Sunday 21st August. Pop in to St Andrews church any time between 1.30 and 4.30pm and spend some reflective time listening at your leisure to the organ being played by some wonderful organists. Refreshments will be served all afternoon.

Conservation Award

Farming company Albanwise won this year's prestigious Mills and Reeve Grey Partridge Award in recognition of the species management work carried out across 1,800 hectares at Hill Farm in Barton Bendish.

Albanwise wildlife manager David Chandler said "There were 41 pairs of wild partridges on the estate when I arrived in 2009 even though there had been little game management previously. Within four years, with no artificial fostering or rearing at all, 310 pairs had been counted. From then on we started to change the farming practices and we brought in environmental stewardship – we are doing all we can to help them."

Anthony Blanchfield, environment manager for Albanwise, said "It was a great privilege to win the trophy. The grey partridge is such an iconic bird and is a barometer of the health of our countryside."

The trophy was presented at the Royal Norfolk Show.

St Mary's Churchyard

This year Ernie Percival has taken it upon himself to keep the churchyard at St Mary's trimmed and what an admirable job he has been making of it. This little, quintessentially English, church, which wouldn't look out of place in one of Thomas Hardy's films, is on the redundant churches list and receives very little attention which is a great pity. It is hard work to keep it neat and tidy and grateful thanks are surely due to Ernie for taking on this unenviable task.

It is the best it has looked for many years.

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Barton Bendish Film Club

In recognition of Shakespeare's 400th anniversary, we thought we would go all rom-com and screen the 1999 film, *Shakespeare in Love* on August 20th at 19:30 in Barton Bendish Village Hall. The film which picked up seven Oscars in its release year stars Gwyneth Paltrow, Joseph Fiennes, Colin Firth, Geoffrey Rush, Ben Afflick and Judi Dench. Running time 2 hours and 3 minutes.

In September we have been able to secure a new British Comedy called *ChickLit* starring Christian McKay, Dakota Blue Richards, Caroline Catz, David Troughton, Miles Jupp and John Hurt. Filmed in North Norfolk it looks like being the hit of the summer and we will have it during its cinema release. Screening will be on September 24th at 19:30 in Barton Bendish Village Hall.

Tickets £4.00 are available by phone on 01366 347849 or from our website <http://www.bartonbendishfilmclub.btck.co.uk/>

Art, Craft and Photography Exhibition 2016

Planning is well underway for our annual Art, Craft and Photography Exhibition which is taking place over the weekend of September 17th and 18th. Please contact either Mhari (347849) or Linda (347563) if you, or anyone you know, would like to exhibit work at this popular event or would be willing to help in any way

Forthcoming Events:

Saturday August 20th at 19:30 Film 'Shakespeare in Love'

Sunday August 21st Afternoon of organ music St Andrew's 1.30pm – 4.30pm

Weekend September 17th -18th Art, Craft and Photography Exhibition

Saturday September 24th at 19:30 Film British Comedy 'ChickLit'



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Mobile Post Office

Monday and Thursday 12.45 – 13.05

Tuesday and Wednesday 11.25 – 11.55

Parish Council



Philip Spencer is now the councillor in charge of 'Footpaths' so any queries please contact him on 01366 328536 or pgs@wissey.co.uk

Dates for future meetings are: 2016: September 12th
November 14th 2017: January 9th March 13th May 8th

If you have any items for the agenda please give them to me in writing at least a week beforehand.

As always, if you have a query or a problem, you can consult the Councillors at any time – they are more than willing to listen and help if they can.

The Parish Council website is beachamwell-pc.norfolkparishes.gov.uk

Eileen Powell [Parish Clerk]

St Mary's Church

The month of August brings us two important dates in the Christian calendar. On 6th of August we celebrate 'The Transfiguration of Our Lord'. This is an event reported in the New Testament describing how Jesus is transfigured and becomes radiant in glory upon the Mount of Tabor. In these accounts, Jesus and three of his apostles, Peter, James and John, go to the mountain to pray. On the mountain, Jesus begins to shine with bright rays of light, then the prophets Moses and Elijah appear next to him and he speaks with them. Jesus is then called "Son" by a voice in the sky, assumed to be God the Father.

The Transfiguration is one of the miracles of Jesus from the Gospels. This miracle is unique in that the miracle happens to Jesus himself.

In Christian teachings, the Transfiguration is a pivotal moment and the setting on the mountain is presented as the point where human nature meets God: the meeting place for the temporal and the eternal, with Jesus himself as the connecting point, acting as the bridge between heaven and earth.

Mount Tabor is located in Lower Galilee in Israel, 11 miles west of the Sea of Galilee. It is shaped almost like a perfect half-sphere, suddenly rising from rather flat surroundings and reaching a height of 575 metres (1,886 feet), thus dominating by a good 450 metres the next town in the plain below.

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

On August 15th The Assumption of the Blessed Virgin Mary is celebrated by Christians all over the world. It marks the day that God assumed the Virgin Mary into heaven following her death, according to popular Christian belief.

If you happen to be on a foreign holiday during this festival you might observe some interesting traditional customs. In Italy it is celebrated by decorating streets with different colours of light and firework displays. People take the statue of the Virgin Mary through beautiful archways of flowers toward a statue of Christ symbolizing his awaiting for her to arrive in Heaven. The Assumption of Mary is also a very popular summer festival in Greece and some of its surrounding islands. This festival is a sign of love and harmony and is respected as a sacred festival.

We hope you can join us for the two monthly services at our church, either to discover more about the Christian belief or simply to enjoy hearing 'the word' and saying a prayer within the tranquil atmosphere of the beautiful ancient building we are lucky to have in our midst.

The monthly 'Tea and Chat' afternoons continue, thanks to the ongoing support of Sonia and Graham who, despite their move remain loyal to the village and our church.



It is with regret that we have to inform you Rev. Gillian Mann is no longer able to administer at our church due to health problems.

We shall miss her enthusiasm and passion with which she prepared services, participated in our village events and undertook the preparation of our church's Development Plan, in response to the 'Ely 2025 Strategy'.

We wish her all the best in her retirement and we shall pray for her recovery.

Vesna Hudson (Churchwarden)

Flower Rota for August

7th Mary Riches; 14th Susie Rix; 21st Gill Sanderson; 28th Sonia Williams [*Bank Holiday Weekend*]

If anyone is interested in finding out more about the Flower Rota please contact me and I will explain what is involved.

Eileen Powell

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

BEACHAMWELL CHURCHES

A Brief Guide

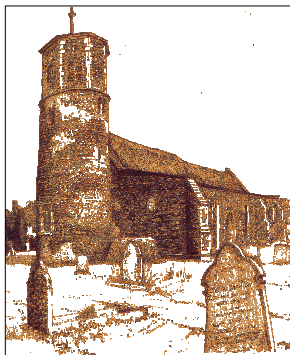


Postcards showing four views of St Mary's Church.....



A Brief Guide to Beachamwell Churches booklet has been reprinted and is available, together with four postcards, in St. Mary's Church.

All money raised will continue to be used for Church funds



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

WI

Mark Taylor gave a fascinating and thoroughly enjoyable talk on the life of Howard Carter including finding Tutankhamen's tomb and his connection with Swaffham.



Our next meeting, 4th August, is "Oh I do like to be beside the Seaside". The Craft evenings, held on the third Tuesday

of the month, are continuing to be very popular.

If you would like to find out more just call Irene Ranner on 01366 328325

Eileen Powell

Beachamwell Memorial Hall (Charity registration number 303900)

The weather was fine for the Pop Up Pub on 8 July and it was great to see lots of villagers meeting up for a chat over a drink and barbecue. The next Pop Up will be on Saturday 3 September – a great way to relax after the Fete and Country Fair 12 – 5pm that same day.

What better way to end the fete than with fish and chips, real ale and live music on our village green – an afternoon and evening of fun for all local families!

Fish and chips will be served from 5.30-6.30pm and the Pop up Pub will run until 10.30pm. To order Fish and Chips phone 01366 328536.

There will be a French themed Pop up Restaurant on Saturday 27 August. Three courses + coffee for £16.00 per head (bring your own wine!). The chefs are Cliff and Moyra who served the delicious Italian meal in February – so it promises to be an excellent evening! To avoid disappointment bookings will not be taken until Monday 1st August. Telephone 01366 328536.

Beachamwell Memorial Hall Committee

Contact: Leah Spencer 01366 328536/leah@wissey.co.uk

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell Horticultural Society – Annual Show

If you are a Beachamwell Parish resident, you should now have your 2016 Schedule for the Annual Show and we hope it has given you lots of ideas for what you can enter. The show will be held in the Memorial Hall on Sunday 21 August. We hope there will be lots of entries in the traditional vegetable and flower categories, as well as in the preserves and crafts sections. There will be another Family Scarecrow competition, based on the Olympics. Let's have lots of entries in all sections to make it a show to remember.

The show is open to everybody living in the G4News distribution area. If you need a schedule please contact

Carole Wilson 01366 328628 or Leah Spencer 01366 328536.

Beachamwell Book Group Fundraising

We are having a stall at the Village Fun Day 3rd September

Books are needed to sell to raise money for the Group, so why not take ten minutes to de-clutter your bookshelves of books you'll never read again / don't have any use for / or will never ever read and make room for new books. We can put monies raised to good use in the Group.

We meet every first Tuesday in the month 7.30pm to 8.45pm. Why not come and join our friendly group?

Books can be dropped off at the Memorial Hall on the following dates and times.

a) Tuesday 30th, Wednesday 31st August, Thursday 1st September from 10am to 5pm.

b) Friday 2nd September from 10am onwards

Pat Stringer

Beachamwell Fete and Country Fair

Saturday 3 September, 2016

What better way to end the summer holidays than at a Fete and Country Fair? This event is being held on the village green Beachamwell from 12 noon to 5pm on Saturday 3 September.

Fete and Country Fair favourites include a Dog Show and Clay Pigeon Shoot. There will be a number of traditional games and activities for you to enjoy

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

including a coconut shy, hook the duck, bouncy castle, children's activity tent, tractor pulling and egg throwing to keep the whole family entertained.

Beachamwell Bric-a-Brac Marquee has become a legendary place for picking up a bargain. If you want to treat yourself to something special or need a gift for a friend, there will be stalls selling a wide range of work by local artists and crafts people.

If you get hungry or thirsty you can treat yourself to a barbecue, teas and homemade cakes, authentic Indian food, ice cream and homemade fudge – not to mention the bar tent which will be serving real ale, wine and soft drinks.

Come rain or shine, this year's event promises to be bigger and better than ever, so put it on your calendar. For more information, telephone: 01366 328536

Leah Spencer



The Bric-a-brac team are back for the
BEACHAMWELL VILLAGE FETE ON SUNDAY 3RD SEPTEMBER 2016

WE SELL ALMOST ANYTHING!

Now is your chance to get rid of those items you no longer need that may be cluttering up your shed, garage or loft, back of wardrobe etc. We will accept clothes but unfortunately we cannot accept large electrical items, computers or printers. Temporary storage can be arranged if required or bring your items to the hall from
Tuesday 30th August to Friday 2nd September from 10 am each day.

Please phone **Mary on 01366 328999** if you have items you need storing or that you are unable to deliver to the hall yourself.

All funds raised go towards the Village Hall; especially this year for the disability access project. Your support for the bric-a-brac stall in the past has been amazing and contributed tremendously toward the upkeep and improvement of the hall.

We are also collecting for the Beachamwell Book Group who are running a book stall to raise funds for their group. Please leave any books on the stage in the hall.

THANK YOU!!

Mary Riches

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesday August 2nd and 30th	Barton Bendish	Hatherley Gardens	9.55 am
	Beachamwell	Old Post Office	10:15 am
	Drymere	Telephone Kiosk	10:40 am
	Boughton	Mill Road	14:20 pm
Monday August 1st and 15th	Wereham	The Pit	9:30 am
		Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely Fakenham King's Lynn RAF Marham Swaffham	Second and Fourth Saturday of each month 8:00-2:00pm Fourth Saturday of each month 8.30am to 12:00pm Third Friday of each month Third Friday of each month 9:00am to 2:00pm Second Saturday of each month with the Saturday Market 7.30am—3.00pm
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For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

CHURCH SERVICES IN AUGUST

Sunday 7th August

9.30 am	Trinity 11	Morning Prayer
10.30 am -11.30 am	Shouldham	Cafe Church
11.00 am	Marham	Holy Communion
6.00 pm	Beachamwell	Joint service for Group B, meeting at
	Wereham	Whittington Caravan Park

Sunday 14th August

9.30 am	Trinity 12	Holy Communion
10.00 am	Shouldham Thorpe	Breakfast Church (Banns to be read)
10.30 am	Boughton	Morning Prayer (Holy Trinity)
11.00 am	Marham	Family Communion
6.00pm	Barton Bendish	Evensong
	Fincham	

Sunday 21st August

9.30 am	Trinity 13	Holy Communion
10.30 am	Shouldham	United Morning Worship (MC)
11.00 am	Marham	Family Service
	Beachamwell	Morning Prayer
	Wereham	

Sunday 28th August

9.30 am	Trinity 14	Holy Communion BCP said
10.30 am	Fincham	Holy Communion
11.00 am	Marham	Holy Communion
6.00 pm	Boughton	Evensong
	Barton Bendish	

THURSDAY SERVICES

4th Fincham; 11th Boughton; 18th Fincham; 25th Fincham Service at 10 am, followed by coffee and biscuits. Everyone welcome, even if you don't wish to take communion.

CHURCHWARDENS

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
	Vesna Hudson	07854 261273
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

BAPTISMS AND WEDDINGS

Please contact the Rev'd. Barbara Burton or the Churchwarden in your parish.

BOUGHTON VILLAGE NEWS

All Saints' Church

A rather quiet time at the moment. We are missing the usual Breakfast Church, but a select few of us gathered together 10th July for Morning Prayer, taken by Pippa. It's a service we rarely use at Boughton, so it made a change for us. We followed it with good coffee and excellent cake provided by Pippa, which encouraged friendly and stimulating conversation. For a 10 am service, we were there for quite a long time. Many thanks to Pippa.

Pam Wakeling

Boughton Challenge 2016

Yes the Boughton annual Challenge is alive and well. This year's award will be for outstanding service to our community - Adult and Junior.

Award ceremony is to be held in Boughton community facility on Saturday 3rd September, starting at 3.00pm.

Refreshments will be provided.

WE HOPE TO SEE YOU ON THE DAY

Frank Reid and Geoff Proctor

Rainfall during the first half of 2016

As everyone must be aware, the first half of this year has seen appalling weather.

Whilst the winter was never cold, the spring and summer have been cool, windy and very, very wet.

The year to date has seen rainfall 40% higher than normal and June was the wettest with more than double the usual amount. We had 116.1mm here, with a storm on 26th giving an inch of rain in an hour, causing conditions close to flooding. Anyone who attempted to drive through Crimplesham that afternoon, with the road closed due to the depth of water would think that Boughton may have got off lightly, by comparison.

Heavy downpours have been frequent and half of May's rainfall fell on 31st. The total for the month was 60.9mm.

We can only hope for an Indian summer!

Mark Pogmore

BOUGHTON VILLAGE NEWS

Children's Flamenco Workshop

Hi Everyone, especially children and those who like to dance!



There will be a flamenco dancing workshop for children, with live guitarist, on Saturday 13th August, in Boughton Church, to raise funds for the new village playground.

Doors open at 12.30 and the first class will begin at 1.00pm. It will be very simple basics for beginners and a little dance for you to take home with you. I am going to teach The Bulerias, which is a very popular little flamenco dance, often done at parties and fiestas.

There will be two sessions with a break for refreshments and pauses as we go along of course!

The second class will commence at 2.30pm

to continue with the dance and will conclude at 3.30pm.

It is open to any age group and little ones can bring their Mummies to help!

Flamenco is lively and lots of fun and girls will need full dresses or skirts to swish and maybe flowers for their hair...

Teresa Payne

Boughton Therapy Day

We had a good turnout of attendees for our Therapy Day eager to try some of the holistic treatments on offer, which included Hand Reflexology, Reiki, Foot Reflexology, Bach Flower Remedies and Crystal Therapy in the relaxing surroundings of All Saints' Church. Very many thanks to our three therapists Susi, Michelle and Karen who not only kindly donated a proportion of their takings to the church but are also keen to participate in another event sometime in the future.

The Boughton Village Caravan

BOUGHTON VILLAGE NEWS

Boughton Fen Family Walk

How much fun can you have out and about in nature? Lots! Wellies were a must due to the recent deluge but armed with their insect repellent stickers and mini beast spotter sheets the children all had great fun exploring Boughton Fen. Special thanks to Paul Smith who provided our families with a nature and wildlife talk (along side having fun with playdoh!!) and "the gang" that helped set up the marquee down at the fen. Thanks also to Mark Pogmore and Angela Faherty for their assistance with and risk assessment advice. Great to have so many in the village lending a hand and giving us their support.

Our next event is the Children's Flamenco workshop on Saturday 13th August at Boughton Church. Doors open at 12.30pm with the first of our tutored dance sessions beginning at 1pm. Boys and girls of all ages are welcome, priced at £2 per child. With accompaniment by a local guitarist it's all set to be a great foot stamping occasion!! So please do come along and join us. If you've any questions then drop us an email at

boughtonplayground@gmail.com

Boughton Cricket Club



Posh Hog Roast (fund raising event — all proceeds to BCC pavilion fund)

Sunday 28TH August 2016. 6.30pm / Music and dancing till 11pm

Boughton Cricket Club

Sit down Hog Roast, Salads, Trimmings and Pudding.

(Vegetarian option available, please advise when booking)

Quality Raffle / Licenced Bar

Tickets: £20 Adult, £15 students and U18s, £5 U10's

Tickets can be purchased individually or get your own table of ten together!

Ticket sales: Karen Short Tel **07990 970783** or Clare Insall Tel **01366 501595**.

Dress: Casual/Smart.

WEREHAM VILLAGE NEWS

Wereham Parish Council

Next Meeting is Tuesday 12 September 2016, 7.00 pm, Wereham Village Hall
Agenda items must be received before the end of August for this meeting.
Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk. You will also find minutes of all meetings in these places too.

An update of the meeting held in July will be provided in the next issue.

Helen Richardson

Wereham Parish Clerk and Finance Responsible Person

Email werehampc@gmail.com or Phone/Text: 0779 500 6811

Wereham's 1st Food and Craft Fair

I would like to say a very big thank you to all the ladies of the Wereham Craft Group for their help in the run up to the fair and on the day itself. Also to Colin and his team for their invaluable help putting up gazebos and directing stall holder traffic. The weather in the main was very good to us and we had a very good turnout. I think everyone had a brilliant day. Thank you also to everyone who donated lovely homemade cakes for the cake stall and raffle prizes.

We raised a total of £550 for the village hall. Thank you to everyone including visitors on the day.

Rosemary

July Update from Wereham Village Hall Committee

Well, it's been another busy month.....

The Queens' 90th birthday picnic proved a real success; the rain held off for most of the afternoon and there was a real celebratory atmosphere. There were games and sports day style races for all ages and even when the rain did finally arrive, it did nothing to hamper competitive spirits in the adults 3¹/₂ legged race! The afternoon was rounded off with rousing renditions of Happy Birthday and God Save the Queen, followed by cutting of (and eating) the most beautiful birthday cake and distribution of commemorative coins to the children which was funded by a grant from the Borough Council.

The now well established Wereham Craft Group co-ordinated our first Food and

WEREHAM VILLAGE NEWS

Craft Fair at the beginning of July. This was another excellent event and all credit must go to Rosemary and her expanding group of 'crafters' who pulled together such a varied range of stalls as well as spinning demonstrations and children's crafts.....already looking forward to the next one!

The pop up café goes from strength to strength and July saw a delicious lunch of paninis in addition to the usual hot drinks and cakes on offer. Likewise, the monthly car boot and café is continuing to pull in regular and new customers alike.

A huge thank you must go out to everyone involved in running all of our regular and one-off events as well as all those who attend and support them. We have raised more than £1000 in the last month alone and without all of you, this would not be possible.

Sunday 4th September sees the annual Village Fayre with the usual car boot, dog show, bouncy castle, displays, stalls and attractions – it's always a great day out! This year, there will also be a fly past by a Battle of Britain Dakota – definitely not to be missed!

If you would like to get involved with the Friends of Wereham Village Hall Group, we are always looking for new volunteers and, now really is the time that we need as much help as possible. There are jobs for everyone so contact Doreen on 01366 500218.

Update from the New Build Project Team

We had a conference call with the Lottery at the beginning of July to discuss and answer queries on our business plan. The call went very well and we were able to feed back that our community fundraising is going well. Our bid will now be submitted to a panel at the lottery for further comment and is still on schedule to be presented to the committee for final decision in mid-September.

In the meantime, we are still progressing other grant opportunities and are developing a fundraising buy-a-brick campaign that will launch following a positive result from the lottery.

Victoria, John E, John M and Rachel.

Wereham Village Hall Bonus Ball Club

The lucky winners of £60 each in July were Jean Filby and Gerald Gott – congratulations to you both!

Helen Richardson, Secretary

WEREHAM VILLAGE NEWS

Events list

Bingo - Wereham Village Hall "Cash Prize" Bingo every Wednesday, doors open 6.45, eyes down 7.30pm. Teas/coffees available with complimentary biscuits.

For enquiries contact **Doreen on 01366 500218**

Pop up Café – first Tuesday of the month, 10.30-1pm. Next dates Tuesday 2nd August and Tuesday 6th September. Join us for a slice of homemade cake, a hot drink, a natter and a read of the daily papers all for just £1.50. Light lunches also available for £1.50.

Cake donations/queries to **Doreen on 01366 500218**

Indoor/Outdoor Car Boot – last Sunday of the month, 9am-1pm (café opens at 8am). Next dates Sunday 28th August and Sunday 25th September. Café serving bacon butties, hot dogs and hot drinks. £5 pitch or, if you have earned time credits, there are two pitches/tables available at a cost of 4 time credits each.

To book call **Colin on 07961130251/01366 502281**

Village Fayre – Sunday 4th September, 10am-4pm.

Contact **Doreen on 01366 500218**

For all the pictures and feedback from our events, log onto www.facebook.com/werehamvillagehall. By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

If you have any queries with regards to the plans for funding a new village hall, or anything we're doing, please contact:

Victoria Gray

Chair Wereham Village Hall Committee

Telephone: 01366 501277

Mobile: 07725513583

Email: darren.gray@tesco.net

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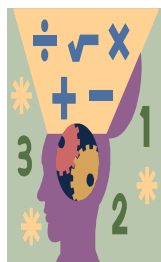
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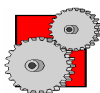
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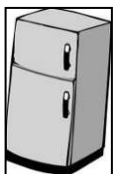
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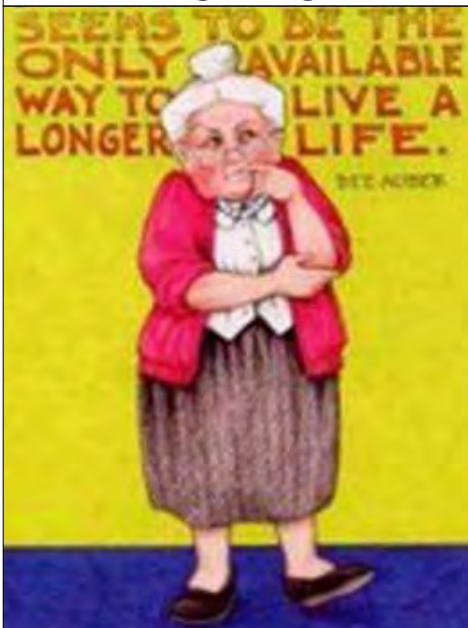
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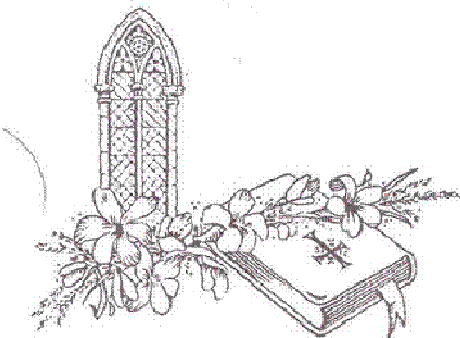
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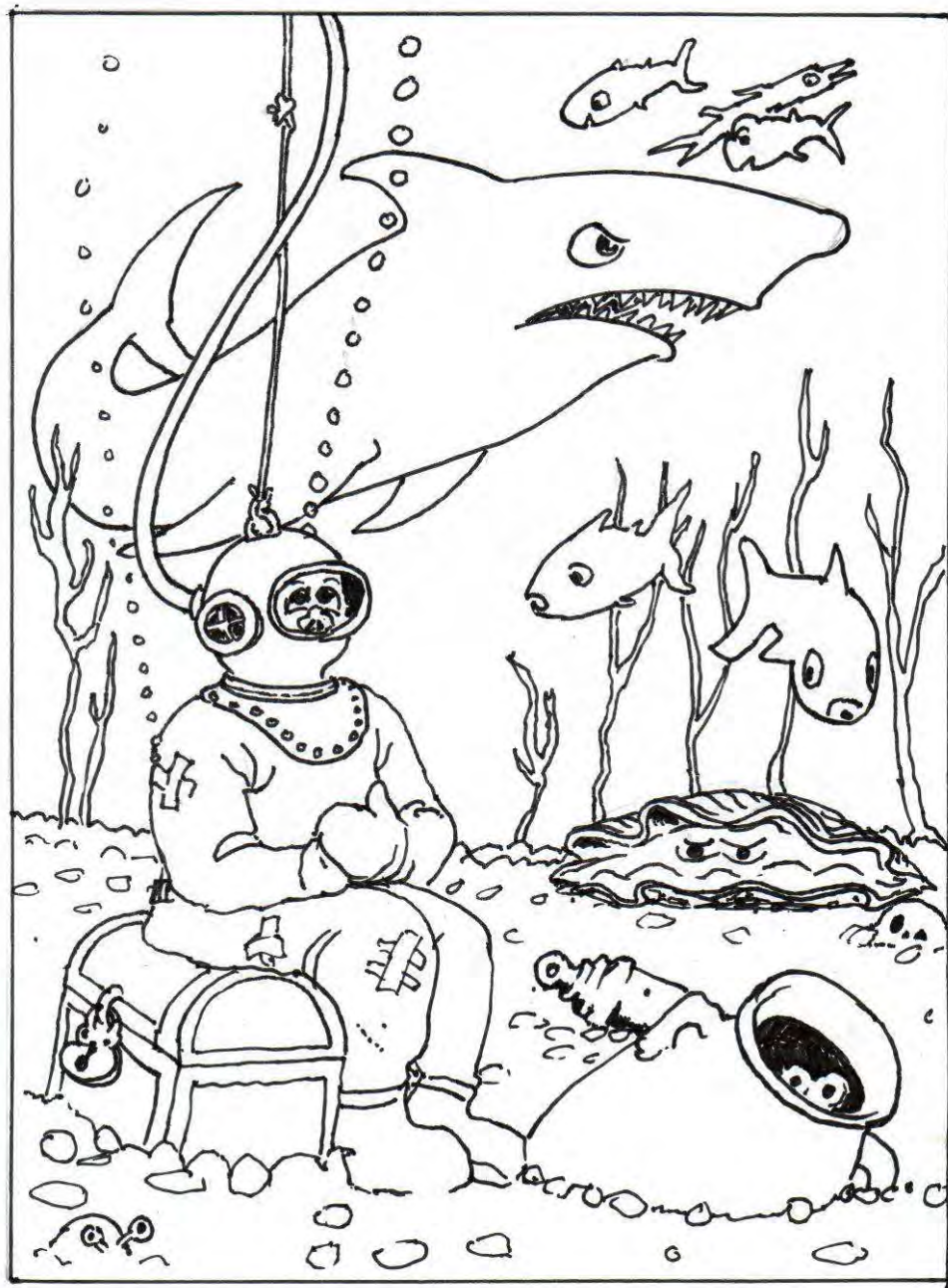
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PUZZLE PAGE

1. Is there a 4th of July in England?
2. How many birthdays does the average man have?
3. Some months have 31 days; how many have 28?
4. In baseball how many outs are there in an inning?
5. Is it legal for a man in California to marry his widow's sister?
6. Divide 30 by $1/2$ and add 10. What is the answer?
7. If there are 3 apples and you take away 2, how many do you have?
8. A doctor gives you three pills telling you to take one every half hour. How many minutes would the pills last?
9. A farmer has 17 sheep, and all but 9 die. How many are left?
10. How many animals of each sex did Moses take on the ark?
11. How many 5p stamps are there in a dozen?

Answers: 1) Yes, it comes after the 3rd of July; 2) Just one; 3) 12 - all of them; 4) 6, three per side; 5) No, because he is dead; 6) 70 (30 divided by $1/2$ equals 60); 7) 2, you took them, remember; 8) 60 minutes, start with the 1st pill, 30 minutes later take the 2nd pill, then 30 minutes later take the 3rd pill; 9) 9; 10) 0, Moses didn't have an ark, Noah did; 11) 12

How many 'F's' are there in the following sentence?

Finished files are the result of years of scientific study combined with the experience of years.

There are 6 -- no joke. Read it again. The reasoning is the brain cannot process of.

This little puzzle is doing the rounds in various forms so you may have seen it - see what you can make of it...

Three men go into a hotel. The receptionist said the room is £30.00 so each man paid £10.00 and went to the room. A while later the receptionist realised the room was only £25.00 so he sent the porter to the three men with £5.00.. On the way the porter couldn't figure out how to split £5.00 evenly among the three men, so he gave each man £1.00 and kept the other £2.00 for himself. This meant that the three men each paid £9.00 for the room, which is a total of £27.00, add the £2.00 that the porter kept = £29.00. Where is the other £?



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