

# Group 4

NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;  
Boughton; Wereham

**August 2015**

## WELCOME

So many things to do!!

All our villages seem to have had successful Open Gardens Days in spite of unreliable weather. A great deal of work goes into these days from many people in the villages, so it's good to see that rewarded. There have been other events, the Wereham Festival Day, with a beautiful and imaginative Teddy Bears' Picnic display and a fantastic Flower Festival at Fincham ( sadly less well attended than they had hoped) Do remember the work put in for these events and spend even a short while to make it worthwhile for them.

Many other events are planned for the rest of the year—look out for posters or sign up for the online diary.

As always, 'Happy Reading '  
The Editorial Team  
Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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**Deadline for copy for the  
September edition:**

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## ‘FROM THE RECTORY’



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***Dear All,***

It seems that in today's litigation-obsessed society, every product has to carry a warning. On a packet of sleeping pills: "May cause drowsiness." On a bread pudding: "Product will be hot after heating." On a clothes iron: "Do not iron clothes on body." Bizarre though it may seem, such warnings have become a necessity for manufacturers, who live in perpetual fear of a lawsuit. And with good reason. A man sued Colgate, claiming that he suffered from "toothbrush abrasion", caused by over -vigorous brushing. Tooth-brushes that don't carry instructions are, he claimed, "unreasonably dangerous". It's enough to make you despair. Are we really so stupid that we can't be trusted to brush our own teeth? And if there are people who iron their clothes while actually wearing them, one has to wonder whether any warning would change their behaviour.

But while we are on the subject, I take this opportunity on behalf of the Church to issue the following disclaimers and general health warnings :

- Kneeling to pray whilst in church may cause back strain. It will also probably cause shininess on the knees of trousers.
- Singing hymns with gusto has been known to cause throat soreness.
- An over-enthusiastic handshake from the Vicar may cause tenderness in the knuckle joints.
- Reading the Prayer Book in the reduced lighting available at evening services may cause eye-strain.
- During maintenance work on the church building there is an increased likelihood of being asked for some money.
- Taking the Christian faith seriously will certainly change your life dramatically.

There, that should keep the lawyers happy - for a while.

## BENEFICE NEWS

*Many churchwardens will have come into contact with the DAC during their terms of office. This extract from the Ely Annual Report may help other members of the congregations understand the role of the DAC.*

*(Visitors from the Norwih DAC visited the Deanery in July to observe two examples of church reordering.)*

### **DIOCESAN ADVISORY COMMITTEE FOR THE CARE OF CHURCHES**

Chair: Richard Halsey DAC Secretary: Jane Logan

Diocesan Advisory Committee (DAC) members represent a highly effective body of knowledge, assisting parishes to meet their obligations and the mission of the Church. They give freely of their time and expertise, not only by attending DAC meetings, but visiting churches throughout the diocese looking at specific projects. In 2014, members turned out on nearly 80 occasions to give advice at site visits and many are asked for other guidance between meetings. In addition, Jane Logan and Matthew McDade visited 16 churches to give advice to parishes prior to them coming with a scheme to the DAC. Matters discussed ranged from monuments and the repair of pew platforms to major repairs and reorderings, running into hundreds of thousands of pounds.

Of the 500 or so items discussed during the year members considered 40 possible reorderings and extensions, seven memorials, 20 heating, lighting and electrical projects and the provision of noise abatement in a tower. PCCs continue to strive to maintain and repair their church building while at the same time making alterations that will enhance the building and its use for future generations. The majority of items were dealt with on the first occasion that they appeared on the agenda, due to the diligence with which PCCs prepared their applications. Some items do inevitably take a little longer and some projects of repairs, reordering or extension will come before the committee on several occasions. For such items advice will also be sought from English Heritage, the Victorian Society, the Society for the Protection of Ancient Buildings, the local authorities and the Buildings Council. The aim of the DAC is to find, with the parish, the best solution possible, recognising the needs of the parish while enhancing the building.

The DAC enjoys good relations with the specialist advisers at English Heritage and the Church Buildings Council as well as officers of the amenity societies and the local authorities. Their expertise was called upon on 93 occasions during the year for advice ranging from stained glass repair to design considerations of



**Saints in August** – This month sees the patronal festivals of some of the best known saints, as well as many very obscure ones. Here are a few, to which churches across England are dedicated.

**9th— St. Oswald:** Originally a pagan who was converted to Christianity in Scotland, he led an army to regain the throne of Northumbria and introduced the faith there, eventually being killed in battle in 642 AD. Unsurprisingly, he remains a popular saint in northern Britain. **Aug.10<sup>th</sup> – St. Lawrence,** a deacon to Pope Sixtus II who was martyred with his master in 258 AD during the persecutions of Christians by Emperor Valerian. The story goes that Lawrence was ordered by the prefect of Rome to hand over all the wealth of the church to the Roman authorities, whereupon our hero responded by presenting a host of the poor, sick, widowed and orphaned, saying, "The church is truly rich – far richer than your emperor". In a rage, the prefect ordered Lawrence to be roasted upon a gridiron, which symbol is always linked to his name. **15th – St. Mary,** the mother of Jesus and to whom a great number of churches are dedicated. Revered for 2,000 years through the Nativity, and by standing at the Cross, she epitomises the devotion of a loving, faithful, dependable mother. **18th– St. Helena:** now best remembered for the remote Atlantic island that bears her name. However, she was the mother of Emperor Constantine the Great who introduced toleration of Christianity to the Roman world. Helena herself was only converted at the age of sixty-three and made a pilgrimage to the Holy Land in her seventies! There, legend has it that she she had a temple to Venus on Calvary demolished and a church built where the Crucifixion had taken place. **Aug. 24th- St Bartholomew's Day,** notable for a terrible massacre of French Protestants on this date in 1572. One of the original 12 disciples, Bartholomew supposed saw a vision of the Risen Christ and was linked to preaching the Gospel in both India and Armenia – the latter being the place where he was flayed alive then beheaded. In art, his symbol is the butcher's knife.

Finally, **29th- Beheading of John the Baptist.** At least three churches (Coln St. Aldwyns, Glos.; Doddington, Kent; and Westbourne, Sussex) have the curious dedication to John the Baptist's execution [correctly called a *decollation*]. The biblical account of how Herod Antipas, ruler of Galilee, was afraid to lose face in front of his courtiers when his daughter requested John's head on a platter has been immortalised in literature, music and drama down the ages. The savage methods by which many saints were martyred may tempt us to think that we live in a more civilised world; but recent grim events soon dispel such notions.....

## **COUNTRYSIDE NOTES   BIRDS FEEDING**

Sitting out in the garden back in June it was fascinating to watch a pair of spotted flycatchers catching their food. Aptly named they'd sit on the fence and flit out after passing insects. It set me thinking about feeding methods used by various species of birds.

Swallows, martins, and swifts also catch their prey on the wing. Another species to hunt this way is the hobby hawk which chases such things as dragonflies and even young house martins. Kestrels and barn owls catch their food by hovering, others sit on a post waiting and watching while some quarter the ground actively hunting for small mammals and birds. Red kites and buzzards also feed on carrion. Rooks, crows, ravens, magpies and jackdaws are omnivorous and will peck at just about anything including eggs from a nest, dead animals or the farmer's corn. Pigeons feast on corn and also pick at greenstuff causing a lot of damage to crops. In autumn they tuck into beech mast and acorns which they manage to swallow whole. Predominately seed eating birds need to catch living invertebrates to feed their young in spring, otherwise they mostly pick off berries, fruits and seed heads. Tiny goldfinches can sometimes be seen feeding on fluffy dandelion and groundsel seeds or prising out those from teasels. Thrushes eat snails by bashing them open while blackbirds and robins hunt for tasty worms and grubs in the soil. However like most of the finch and tit species they are only too happy to take food put out for them although the tiny wren opts to search crevices or shrubs for tiny insects and spiders.

Other species are more specialised. Woodpeckers search out insects and grubs from the bark of trees but the greater-spotted will also take young birds out of nests and the green ones spend hours on short grassland probing deep with their beaks collecting ants with their long sticky tongues. The group of birds known as waders such as woodcock, snipe, plovers and curlew also probe in soft boggy ground for invertebrates. Most species of duck find food in the water although widgeon, like geese, will graze on grass or young corn. Herons are intriguing to watch as they stand like statues waiting for an unsuspecting fish or frog to pass by. Egrets, comparatively newcomers on the scene, shuffle their feet in shallow water to disturb their prey.

Along the coast aptly named turnstones industriously search for flies and creepy

crawlies by flicking seaweed and pebbles over with their beaks. Oyster catchers are capable of prising open shellfish. Out at sea cormorants, gulls and terns are ever watchful and dive down into the water to catch fish while in spring puffins and guillemots hunt for sand eels with which to feed their young. However the master of them all has to be the gannet which flies high above the water. On spotting a fish it dives straight in, head first, descending several feet before bouncing back up like a cork with, or without, a fish in its dagger-like beak.

*Jill Mason*

## **GARDENING TIPS FOR AUGUST, 2015**

It is Sunday, 5<sup>th</sup> of July and at last, some cool rain to sweeten and refresh the heat soaked atmosphere of the last few days – and how very welcome it is! Rain is something we are rarely pleased to see in this country, but we have now had a prolonged period with very little precipitation of any kind. My garden, and I am sure many others, has become quite parched to the point where watering seems to have little effect and established plants are dying. Perennials do not suffer from dry conditions as much as annual bedding planted for summer colour and to fill the gaps in our borders. Perhaps there is a message there if, as we are told, things are warming up! I have grown reasonable quality exhibition dahlias for many years but I have never known them to be as poor as they are this year. That said, what a marvellous year it has been for roses, of all kinds. In view of the earlier than average season they, in company with some other plants, came into bloom rather earlier than usual but what a beautiful display they have given. If dead heading is done properly (cutting back to the first five leaf growth behind the flower) they will, weather permitting, give yet more blooms as the summer turns into autumn.

Harvesting from the vegetable garden should be well under way. Indeed, in some instances almost complete. In view of the early season this year there should be ample opportunity to produce second crops of some vegetables, but the seed will need to be sown without delay. If the dry conditions continue runner beans will need copious quantities of water to produce a good crop and their flowers may need a very light spray of clean water to help 'set' the flowers. Once again, there seems to be very few bees about the garden despite an abundance of flowers.

However, having written that I have good news! For the first time I have an active bumble bees nest in one compartment of my compost bin. Not content with that, a queen wasp tried, almost successfully, to set up home in the same compartment of the bin. Fortunately, we were able to dispose of the latter's nest before it became too big. Having contacted a local bee keeper he said he had never known that to happen before. Perhaps I have made it too cosy in there!

If you are growing your pansies, polyanthus, primroses and wallflowers from seed then they need to go in very soon – I think the last week in August is the absolute deadline to have plants ready to put out into their winter quarters in October. Last year I had very good germination with my sowings of these seeds (excluding primrose) but this season the pansies have not done well at all – I suspect it has been just too hot for them. The polyanthus look to be O.K. but only time will tell. At the time of writing the wallflower seed has yet to be sown.

I find mid August the best time to take geranium cuttings. I put five cuttings in a 4" (10cm) clay pot using a 50/50 mix of gritsand and peat (or whichever substitute you prefer). If you don't have clay pots then plastic will do but, from experience, I always get better results using clay. I normally place the pots on a shelf on the shady side of my garden shed, keeping them watered as necessary. I find they do better there than in the greenhouse which invariably becomes too hot for them.

Now, back to my troubles earlier in the year when I lost so many plants. Experiments carried out since then when potting up various plants has almost convinced me the trouble was caused by the compost I made myself! There were two differences this year: - (a) I used an alternative product when I could not purchase a supply of John Innes Base fertilizer, and (b) I had to buy a quantity of top soil. I now believe the compost was either just too strong, particularly so for plants that had been grown in a peat (or similar) based material, or possibly the topsoil was questionable. I have just recently found a source for and have purchased a supply of J.I. Base and next year I shall, as before, use my own top soil and we will see what happens!



## COFFEE WALNUT CAKE

- 175g (6oz) unsalted butter, cubed and softened, plus extra to grease
- 75g (2.5oz) walnuts, plus a few extra halves to go on top
- 175g (6oz) sugar
- 3 eggs, beaten
- 150g (5oz) self-raising flour
- ½ tsp baking powder
- 50ml cold strong coffee

### Coffee filling

- 65g (2oz) butter, cubed and softened
- 125g (4.5oz) icing sugar
- 40ml strong coffee

### Coffee icing

- 100g (3.5oz) icing sugar
- 20ml strong coffee

1. Preheat the oven to 180C/gas 4. Grease and line the bases of 2 round 20cm cake tins. In a food processor, blitz 50g of the nuts to powder. Cream the butter in a bowl with the sugar until light and fluffy. Gradually beat in the eggs then add the walnut powder and gently stir through.
2. Fold the flour, baking powder and a pinch of salt through with a large metal spoon until just incorporated.
3. Roughly chop the rest of the walnuts and stir through the cake mixture with the coffee. Evenly divide the mixture between the cake tins and bake in the oven for 20–25 minutes, until lightly golden and cooked through. Cool the cakes in the tins for 10 minutes, then transfer to a wire rack to cool completely.
4. For the filling, put the butter, icing sugar and coffee in a bowl and beat until fluffy.
5. For the icing, sift the icing sugar into a bowl and beat in the coffee to make a thick, smooth icing.
6. Place one of the cakes on a plate or board and spread with the coffee filling. Top with the second cake and drizzle over the icing. Decorate the cake with the remaining walnuts.

*Anne Carpenter*



**Free magazine inspires families to get active this summer**

Together with Active Norfolk, NCC Public Health has launched a free magazine which aims to inspire families in Norfolk get more active this summer.

Packed with ideas for cheap, fun activities and days out, **Get into Summer** aims to support cash-strapped families struggling to keep kids entertained during the summer holidays.

From free outdoor gyms and guided cycle rides, to park theatre and pond dipping, the magazine features activities to suit all ages, abilities and budgets.

Pick up your copy to find out more about a FREE six-week programme of family activities, starting this summer, with courses like Family Dance at The Garage, Norwich; Cycle Confidence on the Great Yarmouth seafront; and Swimming at St James, King's Lynn.

There's also a chance to win Halfords bikes for a family of four and a glamping holiday in West Norfolk courtesy of West Lexham, as well as money-saving vouchers to help you cut the cost of keeping your family active.

Launched in the Eastern Daily Press and some of Archant's weekly titles on June 26, copies of the free magazine are also available at Norfolk libraries and children's centres.

Part of a joint campaign by Norfolk County Council Public Health and Active Norfolk, **Get into Summer** is being launched in response to the falling levels of activity in Norfolk among adults and children and the impact of this on their health and wellbeing – now and in the future.

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# Downham Market Town Council

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Town Clerk: Mrs J M Markwell



**Saturday 4<sup>th</sup> July 2015 10.00am – 6.00pm**

Downham Market Town Hall, Summer Craft Fair.

**Thursday 30<sup>th</sup> July 7.00pm for 7.30pm**

Downham Market Town Hall Cinema – The Second Best Exotic Marigold Hotel (PG)

**Sunday 9<sup>th</sup> August 2015 10.00am – 5.00pm**

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**Thursday 27<sup>th</sup> August 7.00pm for 7.30pm**

Downham Market Town Hall Cinema – Still Alice (12a)

**Saturday 12<sup>th</sup> September 2015 10.00am – 6.00pm**

Downham Market Town Hall, Autumn Craft Fair.

**For more information please contact Nikki on 01366 387770 or at**

**[nikki@downhammarkettc.co.uk](mailto:nikki@downhammarkettc.co.uk)**



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The planning has begun for our seventh annual exhibition and sale. If you are an artist, photographer or enjoy craftwork and would like to know more about taking part in the event, then we would love to hear from you. We welcome new exhibitors each year and are always keen to encourage new people to join our regular, valued contributors.

We also need lots of volunteers to help in the running of the event, so would also love to hear from you if you would like to come and help.

*For further details contact:*

**Mhari 01366 347849 Linda 01366 347563**

**or Eileen 01366 347691**



## Road Verges

**A new Plantlife study shows that Britain's road verges are home to 703 species of wild plants, more than in any other part of our landscape, and 87 of them are either threatened with extinction or heading that way. In addition, 88% of these wild plants provide nectar and pollen for bees and other insects, making road verges essential refuges for insect life; bird's-foot trefoil alone is a food plant for 132 species of insect.**

In addition, 21 of the 25 Nation's Favourite Wildflowers grow on road verges. From cowslips and bluebells in spring to swathes of cow parsley and ox-eye daisies in early summer, our verges are home to most of the 25 favourite wild flowers as voted for by the public. And with 30 million drivers in the UK, they're the most frequently viewed habitat too, providing many people with their only regular daily contact with nature.

But in much of Britain road verges are still being needlessly cut down in full flower threatening the wildflowers and the wildlife that depend on them. Many councils have already started cutting verges - much too early in the year for flowers to be able set seed, and greatly reducing one of the most important food banks for our ailing bees and other pollinators.

Dr Trevor Dines, Plantlife's Botanical Specialist, explains, "Over 97% of meadows have been destroyed in England since the 1930s. In many areas, rural road verges are the last remaining stretches of natural habitat for our wildlife. Road safety is the absolute priority, but we know that verges can be managed better for wildlife whilst remaining safe for motorists. This means adopting some simple changes to management – like a delay in cutting to allow seed to be set - so that wildflowers can thrive".

Plantlife has produced new management guidelines and is urging the public to sign a petition asking local councils to adopt them. Some councils are leading the way. Trials in Dorset, for example, are investigating how to combat the over-vigorous growth of grass on fertile verges (which is both detrimental to wildflowers and obscures driver sight-lines), by stripping turf, using semi-parasitic yellow rattle to stunt grass growth and even grazing verges with sheep. Plantlife is helping to showcase the work of councils like Dorset to show others that it can be done. Our guidelines are being currently being applied to 11,700 km of verge covering 2,300 hectares of verges – that's equivalent to 2.5 times the area of remaining upland hay meadow in the UK - and with the public's support we can do even more.

Dr Dines adds, "If we just give them a chance, wildflowers can return. Meadow crane's-bill was once widespread in meadows – hence its name – but is now more commonly found on road verges. It spreads readily when cutting is delayed and it's allowed to set seed. Maybe it's time to change its name to "verge crane's-bill".

For more information and for stunning images, please contact:

**Katie Cameron** T 01722 342759 / M 07584 995929 / E [katie.cameron@plantlife.org.uk](mailto:katie.cameron@plantlife.org.uk)

**Trevor Dines** Plantlife Botanical Specialist T 01248 670691 / M 07789 685635 E  
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## Nar Valley Ornithological Society (NarVOS)

Tuesday 25<sup>th</sup> August 2015, 7.30pm at the Barn Theatre, Sacred Heart Convent School, Swaffham. Access and parking from Sporle Road.

Please come along to this illustrated talk by Jon Hornbuckle, entitled: Personal Highlights of World Birding.

Jon Hornbuckle has, it seems, visited nearly every country on the planet and has seen a staggering 9,414 species of birds. Originally from Nottingham Jon moved to Sheffield and was highly active in local birding, co-editing the Sheffield Bird Study Group's first breeding atlas. Jon started travelling following early retirement and says he doesn't list competitively, and that numbers don't really mean that much. We have a fabulous evening in prospect.

Visitors most welcome. Admission £2 on the night if you are not a NarVOS member. For more information about this meeting or NarVOS call Ian Black on 01760 724092

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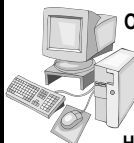
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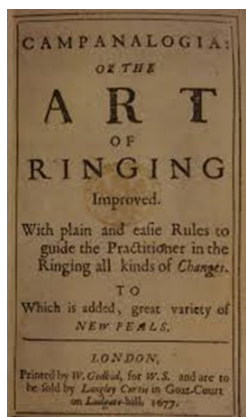
## A FAMOUS BELLRINGER



Fabian Stedman (b. Yarkhill, Herefordshire 1640, d. 1713) was a leading figure in campanology and bell-ringing. His two books *Tintinnalogia* (1668) and *Campanalogia* (1677) are the first two publications on the subject, and introduced the idea of change ringing.

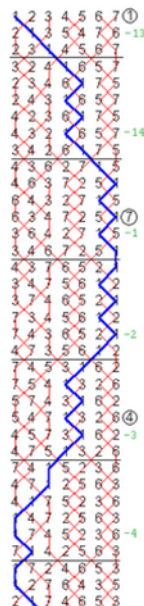
Fabian Stedman was the second son to Reverend Francis Stedman. His father Francis Stedman was born in Aston Munslow, Shropshire in 1598. He took Holy Orders in 1625 at

the parish of Yarkhill, Herefordshire in 1625. Francis had seven children by two wives. The eldest was Francis Junior who followed his father and became Rector of the parish of Stoke Lacy, Herefordshire in 1660. Fabian Stedman was born in 1640 and baptised at Yarkhill Church on 7 December of that year. Fabian being second son to the Rector followed a different profession. At the age of 15 he went to London to learn the trade of master printing, apprenticed to Daniel Pakeman. However it was while in London that he became the well-known bellringer, known as the father of change ringing. While in London Fabian became a member of the Scholars of Cheapside, a society of ringing that practised at St Mary-le-Bow; the famous great bell of Bow from the nursery rhyme. He acted as their treasurer in 1662. It seems the society disbanded and he then applied to be a member of the Ancient Society of College Youths, one of the elite societies which exists to this day. The College Youths accepted him in 1664 at the age of 23.



Fabian Stedman acted as publisher to the first book on change ringing called *Tintinnalogia*. This book was a joint effort with Richard Duckworth, who supplied much of the content while Fabian compiled and completed the book. The book was published in 1667 and is seemed to have been very popular as a second print was followed a year later. In 1670, he was appointed parish clerk to St Bene't's Church in Cambridge, where he is believed to have instructed the ringers. *Campanalogia* was written solely by Fabian in 1677, which was also the year he became steward to the College Youths. In 1682 he became the Master of the College Youths. Of his later life, little is known other than it seems it did not involve ringing. He changed jobs and became auditor to Customs and Excise for the Crown. He wrote his will on 17 October 1713 and died later that year. He was buried at the parish church of St Andrew Undershaft in the City of London on 16 November. The exact date of his death is not known. He is known to

most ringers today by the ringing method which bears his name and is still rung in hundreds of towers. A small part of it is shown above. On the first page of *Tintinnalogia* are the words that is written, "by a lover of that art" F. Stedman. Fabian will be remembered for his principle, (piece of bell ringing music) that is commonly rung as much today as it was in the 17th century. Stedman Doubles to Cinques (5 to 11 bells) is often rung in every parish church in the British Isles and the old Empire where the art is still rung.



*Acknowledgements to Wikipedia and the Central Council of Church Bellringers*



## **COMMUNITY NOTICE BOARD**

### **Could you help a young person with a disability to think about their Future?**

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email [vhowling@csv.org.uk](mailto:vhowling@csv.org.uk)

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

## COMMUNITY NOTICE BOARD

Plantlife's hugely successful 'Bee Scene' survey has been rescued by family-owned cereal maker Nature's Path, after its original funding had ended. Over 30,000 children have already taken part in the wild flower survey since its launch in 2010. Now thousands more will have the opportunity to explore the nature on their doorstep and learn about the wild flowers growing there.

Families can discover whether their local area is good for bumblebees by looking for bee-friendly wild flowers such as foxgloves, dandelions and clovers in their local green spaces. The results are then uploaded onto a virtual meadow map of **the UK**.

Full details and bee scene resources are available online at [www.plantlife.org.uk/beescene](http://www.plantlife.org.uk/beescene)

### Shouldham Ladybirds

#### Body Shop Evening

The Ladybirds of Shouldham have arranged another Body Shop evening. The date for your diary is Tuesday 20 October at 7:45. There will be fabulous prizes, makeovers and lots of lovely ideas for Christmas presents. More details to follow..

The proceeds of the sales are going towards funds being raised for a new kitchen in Village Hall. This event will take place in the Village Hall, Shouldham

**Contact** Lorna Mackay 01760 337089 or 07808 957854  
[lorna.mackay@hotmail.co.uk](mailto:lorna.mackay@hotmail.co.uk)

## Are you in need of someone to look after your garden?

Are you finding it hard to keep on top of your garden? Or maybe all you need is someone to do an extensive or light tidy up? Or to look after the garden while you are on holiday? Do you need a gardener on a weekly or monthly basis, to trim the hedge or just cut the lawn?

We can also redesign your garden and provide plans, rotovate new or old beds, and organise construction. Whatever your gardening needs, We can help. References available.

### Just the JOB Gardening

Call Jacque on:

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and quote



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and hedge trimming

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and winter 'tidy ups'

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Tree Work  
Fencing  
Winter tidy ups  
General Garden Maintenance



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: Grass Cutting / strimming :  
: Building Repairs / Maintenance :  
: Concreting :

*All jobs considered*



**David Bennett**

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## FINCHAM NEWS

### St Martin's Church



Where does one begin? I came into the Church on Thursday morning for the normal Holy Communion and our flower arrangers have already been there getting things in readiness for our forthcoming Flower Festival. After working on my own arrangement at home, I came in to set that out on the main table. The ladies were very busy setting up all the displays, and have put a lot of hard work into planning the Theme 'Name that Tune!!' We must first of all thank

Wendy and Harold Bell, for all the work they have put into this occasion and all the thought that went into it. On behalf of Wendy, we wish to thank those that sponsored most of the flower arrangements, and the Quiz, and those who paid for their own arrangements as well.

All the members of the PCC wish to say a **Very Big Thank You to You All**, and also to those who had done a lot of baking for our Refreshments area. Special thanks to May and Jackie, and to the other assistants who gave up their time over the long three days of the Flower Festival, plus those who helped sell the Raffle tickets, and the programme's quiz leaflets who also gave up their time during the event. It was all very much appreciated. Our marquees done their turn too, and for those who supplied goods to be sold. There was one left for Monday of the event as the larger marquee was blown down!



**The amount made was £1,000.**

Babs Porter (CW) PS I do hope that I have remembered everyone!!

**The winners of "Name that Tune":** 1<sup>st</sup> Prize Mr Alan Gainard, Fincham



# **BARTON BENDISH & EASTMOOR VILLAGE NEWS**

## **THEFTS FROM ST ANDREW'S and St MARY'S CHURCHES**

On the afternoon of Tuesday June 16th the collection box in St Andrew's church was broken into and the contents stolen, the lock on the door behind the organ was smashed and further damage occurred in the vestry. Fortunately the thieves got away with very little but repairs for the damage they did will cost a lot more. Apparently Fincham and Beachamwell churches also suffered the same fate on that day. A few days later the collection box from St Mary's was wrenched from the wall causing considerable damage.

It is very upsetting to discover that some people can stoop so low as to damage and steal from places of worship. It's like a slap in the face after all the hard work village communities do to keep churches operating. Once repairs are completed to the damage it is intended to resume opening the church again daily as it's a valuable accessible space and resource that belongs to all people in the village.

A report has also been received that Boughton has suffered a spate of garden pots being stolen during the night mainly from front gardens .

**If you ever see anything at all suspicious please contact the police immediately on their non-emergency telephone number 101**

## **CONGRATULATIONS TO OLLY**

Following structural repairs and with his forthcoming wedding imminent Olly Forrest took it on himself to single-handedly redecorate the inside of St Andrew's. Not only should we be congratulating him on his marriage to Tiv but also for taking on the mammoth task of giving the interior of St Andrew's three very much needed coats of limewash.

## **DEFIBRILLATOR UPDATE**

Barton Bendish now has its first trained defibrillator users. Five Barton residents have been formally approved as trainers and the first training session has taken place so we now have eight trained users. If you would like to be taught to use the defibrillator and to perform cardiopulmonary resuscitation (CPR) please contact Linda or Tim on 01366 347563. The defibrillator is located on the outer wall of the Village Hall.

## CALLING ALL WORD GAME AND CROSSWORD FANS!

The new Barton Bendish quiz sheet will be available shortly. There are 50 questions with answers all on an ANIMALS theme.

**More people are needed to sell the Quiz sheets so please contact Mhari (01366 347849) or Linda – (01366 347563) if you feel you would be able to help.**

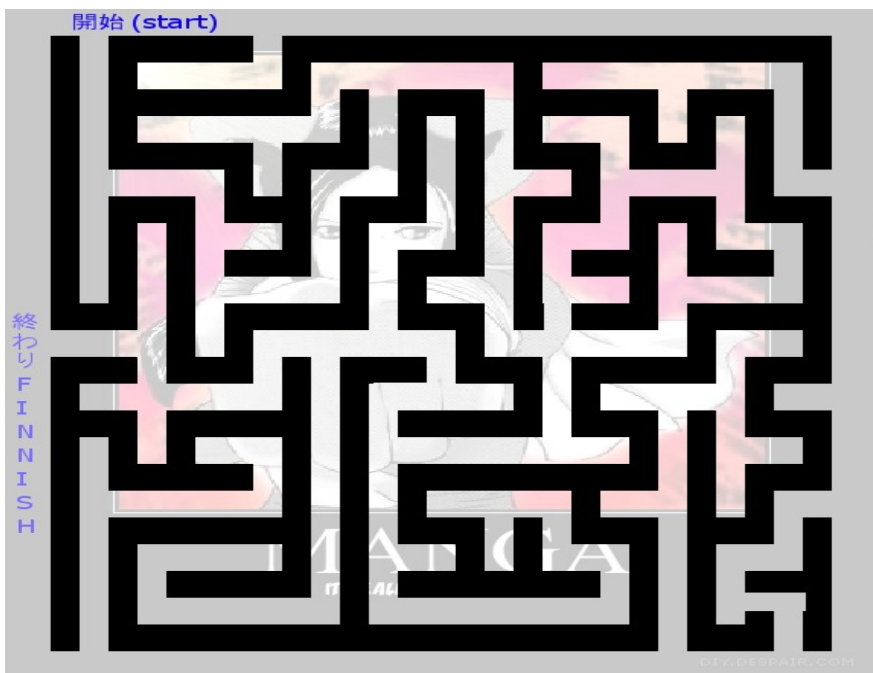
Quiz sheets will also be available at Barton Bendish fund raising events.

Proceeds in aid of St Andrew's Church

## FORTHCOMING EVENTS

SATURDAY and SUNDAY 19th and 20th SEPTEMBER

ART, PHOTOGRAPHY and CRAFT EXHIBITION and SALE



## **BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS**

### **St. Mary's Church**

Beachamwell Open Gardens' Day

The Churchwardens and the PCC would like to thank everybody who supported our Open Gardens' Day on Sunday 28<sup>th</sup> June.

The gardeners who worked so hard to make their gardens look wonderful.

Judith Blatchford and her team who produced and served the Ploughman's Lunches.

Carole Wilson and her team who produced and served the Afternoon Teas.

Pat and Maurice O'Donnell for organising the Raffle.

Gill Sanderson for organising the Cake Stall and everyone who provided cakes.

Pat and Steve Clarke for organising the refreshments on the Village Green.

Eileen and Mark Powell and Trudy Pocock who sold tickets on The Green.

Eileen Powell and the ladies who decorated the church.

Steph Brown for producing the maps.

William Bird for organising the car parking.

Allan Butler, Mark Southwell and Harry for providing muscle on the day to erect marquees and all the other work needed on The Green over the weekend.

The Hall's Committee who let us use the Village Hall.

The Parish Council for allowing us to use The Green and Eileen Powell for ensuring the grass was cut a few days before the event.

Everyone who came to the Open Gardens' Day and supported us in any way.

The event raised £1,300 for church funds despite the rainy and wet start to the afternoon.

### **WE THANK YOU ALL VERY MUCH INDEED**

A number of people in the village are concerned so this is an update on the bird door project. As most of you know the PCC has agreed to install

## BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

having discussions with the Diocese and we are in contact with English Heritage as we can't just install the doors. The suggestion that the doors are removable and not attached to the actual structure of the porch is now being followed up as it will be easier to get approval for the work. Drawings are currently being done and advice taken so hope to have news soon.

It is Beachamwell's turn to host the Group of 4 Parishes Harvest Supper and this will take place on Friday 18<sup>th</sup> September in Beachamwell Memorial Hall. Please see separate advertisement for full details. We do hope you will be able to join us for a very enjoyable evening.

Scrabble Afternoons will resume on Wednesday 9<sup>th</sup> September. Please contact Sonia Williams (07802 155662 – [williamsoldies@gmail.com](mailto:williamsoldies@gmail.com)) for details.

**Graham Williams (Church Warden)**

### **Flower and Brass Cleaning for August**

2<sup>nd</sup> Heidi Hale, 9<sup>th</sup> Vesna Hudson, 16<sup>th</sup> Diana Lambert, 23<sup>rd</sup> Olwyn Locke  
30<sup>th</sup> Betty Phillpot [*Bank Holiday Weekend*]

If anyone is interested in joining the Flower Rota please contact me and I will explain what is involved.

**Eileen Powell**

### **Mobile Post Office**

The opening hours are as follows:-

Monday and Thursday: 11.30 - 12.00

Tuesday, Wednesday and Friday: 11.15 – 12.00



### **Parish Council**

If you have any items for the agenda please give them to me in writing at least a week before the meeting.

As always, if you have a query or a problem, you can consult any of the Councillors at any time – they are more than willing to listen and help if they can.

Don't forget to look at the Parish Council Website

([www.beachamwell-pc.norfolkparishes.gov.uk](http://www.beachamwell-pc.norfolkparishes.gov.uk)) and the Parish Council Notice Board.

Next meeting will take place September 14<sup>th</sup>. Everyone is welcome

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## **Beachamwell Memorial Hall (Charity registration number 303900)**

The Beachamwell Barn Dance 26 June, was a great success. Over 180 people came along to St John's Farm for a night of music, dancing, eating and drinking. It was a beautiful evening and everything went with a swing. As ever, a huge thank you goes to Caroline and Tom Sanderson for their generosity and hard work in making this biennial event such a landmark in the village calendar. The committee would also like to thank all those individuals who helped prepare the barn and the food beforehand and then came back to clear up on the Saturday morning. It currently looks as if over £1,500 was raised to be shared between the village hall and St Mary's Church.

Although August is generally a quiet month for the committee, we will continue to make progress with our accessibility project. Architectural plans are currently being drawn up and we will then be in a position to cost the project and start applying for grants.

Thanks to the grant we received from Breckland earlier in the year, we have been able to subsidise 3 months of Tai Chi classes in the Memorial Hall. Football posts and nets should be upgraded soon, ready for the new season, and we will then choose a suitable table tennis table for the hall. It's great that there are so many opportunities to get active and keep fit in Beachamwell. If you have any new ideas please let us know!

## **Beachamwell Memorial Hall Committee**

**Contact: Susie Rix, secretary ([suedavis@afiweb.net](mailto:suedavis@afiweb.net))**

## **Beachamwell Horticultural Society Annual Show - Sunday 16 August**

Don't miss this year's show. If you have lost your schedule, there are spare copies available in St Mary's Church or from Carole Wilson (01366 328628). You can enter vegetables, fruit, flowers, houseplants, preserves, a Victoria sponge or handicrafts - and for families there is a Scarecrow Competition. Make sure you read the rules carefully and then have a go - the more entries the merrier!

Entries are to be taken to the village hall between 8.30 -10am. The show is open to the public from 2pm, with refreshments and a raffle. Cups and prizes will be presented at 3pm.

**Leah Spencer**

## BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

**Beachamwell Local History Group** welcomed a very special guest speaker on 12<sup>th</sup> July: Lady Young.

In an illustrated talk, entitled "Banned from Beachamwell", she entertained us with the fascinating story of the life of her father, the famous sculptor, Oscar Nemon, and his marriage to Patricia Villiers-Stuart of Beachamwell Hall.



When they met and fell in love, Croatian-born Oscar Nemon was a penniless refugee from the Nazi persecution which was to cost the lives of many of his family. Patricia's parents, Lt. Col. Villiers-Stuart and his wife Constance, strongly disapproved of the relationship and, having failed to prevent their marriage, banned the sculptor from visiting Beachamwell. Nemon went on to become internationally famous for his sculptures of many of the prominent figures of his day, including the Queen and Queen Mother, Churchill and Margaret Thatcher.

Aurelia Young illustrated her talk with many wonderful photographs of her father's remarkable work, and a couple of news reels showing the unveiling of two of

his most famous pieces, statues of Winston Churchill. She also recalled her own childhood visits, with her brother and sister, to her grandparents' home in Beachamwell and her many connections with the village over the years. Sadly her famous father was never invited.

The next meeting of Beachamwell Local History Group will be on Tuesday, 8<sup>th</sup> September, at 7:30 pm, in Beachamwell Memorial Hall. This will be a chance for members to report back on progress with the projects they are undertaking. New members are always welcome.

Proceeds of the event were in aid of AFB The Soldiers' Charity.

**Maggie Mackenzie Photograph by Philip Spencer**

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## WI

As Programme Secretary I need to organise speakers and events that span a range of interests for all members to enjoy and benefit from. I try to include a health related event or speaker in the yearly programme. One of our members



Ann Lewing from Eastmoor is a Yoga Teacher trained through The British Wheel of Yoga and has a Teaching Diploma. I asked Ann if she would do a short session for all members to sample Yoga. Some did exercises while sitting on chairs, and others rolled out their mats and were happy on the floor. We all enjoyed the session very much and I am sure some will be joining Ann at her Yoga class in Stoke Ferry. Thank you Ann.

The usual business side of things took place after refreshments and members were told of the next meeting on August 6th which will be our annual Garden Meeting and will be held at Maggie McKenzie's garden at 2pm. At this meeting we will be discussing the Programme for 2016 and possible outings and workshops. We welcome new members and for more information contact our Secretary Jenny Gabrielsen on 01366328297

**Carole Wilson**

**Photograph by Eileen Powell**

## Wednesday Walkers



It was a hot, sunny day when eight intrepid walkers set off from Larchwood for the July Wednesday Walk. Our reward was a wonderful sighting of bee orchids!

Why not join us 10am Wednesday 5 August and as it is school holidays why not bring the children? For more information contact Sue Pennell 01366 328452

**Leah Spencer**

**Photograph by Sue Pennell**



## COMMUNITY NOTICE BOARD

### MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesday 4th August	Beachamwell	Post Office	10:05 am
	Drymere	Telephone Box	10:40 am
	Boughton	Sycamore House Mill Road	15:20 pm 15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
Monday 17th August	Wereham	The Pond	9:30 am
		Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - [www.norfolk.gov.uk/Leisure\\_and\\_culture/Libraries/Mobile\\_libraries](http://www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries)

### VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 ([www.traveline.org.uk](http://www.traveline.org.uk))

### FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	Third Friday 9:00am to 2:00pm
Swaffham	First and Third Sunday
Watton	Sadly no longer trading

For information:- [www.farmersmarkets.net](http://www.farmersmarkets.net) or your local Tourist Information Office

### VILLAGE AND PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Boughton	Pam Wakeling	01366 500429
Beachamwell	Caroline Sanderson	01366 328244
Wereham	Doreen Rolph	01366 500218

# CHURCH SERVICES

## August 2015

### Sunday 2nd August

Shouldham	09.30 am	Morning Prayer
Marham	10.30 am	Café church
Beachamwell	No service because of Half Marathon	
Wereham	6.00 pm	Evening Service

### Sunday 9th August

Shouldham Thorpe	9.30 am	Holy Communion
Boughton	NO SERVICE	
Marham	10.30 am	Morning Prayer (HT)
Barton Bendish	11.00 am	Family Communion
Fincham	6.00 pm	Evensong

### Sunday 16th August

Shouldham	09.30am	Holy Communion
Marham	10.30 am	United Service of the Word
Beachamwell	11.00 am	Morning Prayer
Wereham	11.00 am	Holy Communion

### Sunday 23rd August

Fincham	09.30 am	Holy Communion (BCP said)
Marham	10.30 am	Holy Communion
Boughton	11.00 am	Holy Communion
Barton Bendish	6.00 pm	Evening Service

### Sunday 30th August

Group service at St Margaret's Wereham 10.00am Holy Communion

**Thursdays at 10 am** - short service of Holy Communion followed by coffee.  
August 13th at Boughton, the remainder at Fincham.

### CHURCHWARDENS

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
	Graham Williams	01366 328774
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

### BAPTISMS AND WEDDINGS

## BOUGHTON VILLAGE NEWS

### A BIG Thank You!

A warm summer evening saw over 40 people come along to the BVC Social gathering on Saturday 4<sup>th</sup> July. The evening was not a fund raising event but just an opportunity to say thank you for supporting the BVC over the past 9 years and for fellow villagers new, and those more established, to say hello!

It was great to see everyone chatting and catching up with neighbours over a glass of wine and a nibble or two.

Thank you all for taking the time to come and join us and for making the evening a success. A special 'thank you' must go to Wendy Roberts for the very tasty supply of homemade sausage rolls!

Quote of the evening from a long standing resident- "it was nice to speak to someone for the very first time, who has lived in the village for over 27 years".

We look forward to seeing you at future events.

Boughton Village Caravan

### **Boughton Challenge. 2015**

#### ***Best Picture of Boughton.***

A reminder that judging day is 8<sup>th</sup> August. Bring entries down to the church between 1pm and 3pm. Angela and Sandy will register your entry and display your picture for the Judges. Once the Judges have completed their deliberations the presentation of prizes will begin.

The event will be concluded with a Hog Roast, liquid refreshments, and some music. Hog roast tickets are very modestly priced at £2.50 per adult, children will be free.

Tickets available from. Andy Beeston, Angela Faherty, Frank Reid.

Any profit accrued will be donated to East Anglia Childrens Hospice ( 25% )  
and Boughton Playground restoration fund (75% )

## **WEREHAM VILLAGE NEWS**

### **SAYING IT WITH FLOWERS**

Very many thanks to all those who gave so generously after my appeal for flowers to decorate St Margaret's Church, on Open Gardens weekend.

It was strangely exciting to see what the buckets contained! Some interesting items, including herbs; bay leaves, chives and fresh mint .... so refreshing, also long stemmed alliums and some lovely foliage in various shades and sizes - some items more challenging to use than others.

It was a great joy to find the little posy of garden flowers, lovingly placed outside the church in their own plastic container...including home grown freesia, in shades of blue and purple...just simple and delicate. I had a great time using the offerings, both garden flowers and cut bunches; making use of everything you kindly put in the buckets.

I really do hope those who contributed went into church to see....where the flowers had gone!

**THANK YOU for 'saying it with flowers'.**

Hopefully you have all been generous again for Festival Sunday, 19<sup>th</sup> July (this item being written in late June) and I have been fortunate to spend several hours in the company of flowers and the church clock once again!

Thank you, in anticipation, of a flower decked church on Festival Sunday,

My thanks again. Sue Candler .

### **WEREHAM OPEN GARDENS**

I would like to take this opportunity to thank everyone who so kindly contributed in any way to make our 13<sup>th</sup> year such a success over the two days this year that the gardens were open.

Firstly, the people who opened their nine beautiful gardens - without you there couldn't be an Open Gardens so thank you.

A big thank you to Doreen, Wendy, Pauline & Nicola who prepared and served the delicious lunches and teas and decorated the village hall which was transformed. To Faye and Ellie our super waitresses, well done, you did a brilliant job. Thanks to Elizabeth for the table arrangements and Sue for the church and porch floral arrangements.

Thank you Sarah, Christine, Pammie & Jane for selling the maps and raffle tickets.

To all the cake and quiche makers. I am not sure who you all were as cakes arrived on the day like magic without my having to ask. They looked so special and are an important part of teas. I am unable to write to you all to thank you but thank you sincerely.

Our green fingered Ronnie with her plant stall was busy both afternoons and tempted us with her lovely healthy plants. Thank you for the superb display of plants for sale. Also, for the plants for the stall that arrived by wheelbarrow when all was quiet.

If I have forgotten to thank anybody it isn't because I don't value your contribution, I know this day depends on lots by people at the front of and behind the scenes so to all of you, thank you.

Our total for the weekend after expenses was a brilliant £1026.12.

*Lizzie Baddock*

**Wereham Parish Council** met on 14<sup>th</sup> July. Draft minutes of the meeting can be requested from the Clerk as below.

The Parish Council is hoping to have two new Councillors joining at the July meeting (not held at time of writing) – so watch this space!

We are also working on the development of a website where you will be able to view meeting dates, agendas and minutes along with some more information about your Councillors– coming soon!

The remaining Wereham Parish Council meetings scheduled for 2015 in Wereham Village Hall are:

Tuesday 8th September 7:30pm Ordinary Meeting

Tuesday 10th November 7:30pm Ordinary Meeting

Please keep watch on the Wereham Parish Noticeboard and Facebook Page for any new meeting dates as monthly meetings are a possibility to be discussed at the July meeting (outcome not known at time of writing).

The Agendas for the meetings are always published on the Wereham Village Notice Board three clear days before the meeting and also on the Wereham Parish Council Facebook page. If you have any items that you wish to be

discussed by the Parish Council please always ensure that these are with the Clerk, Mrs N Cooper at werehampc@gmail.com or Clavering House, Stoke Road, Wereham PE33 9AT or 01366 500527 **by the end of the month before the meeting** to ensure that they are included on the agenda.

Also - Once again a reminder for all to use the village dog waste bins and clear up after their pets - **dispose of any dog waste responsibly at all times**;

### **June's Pop-Up Cafe...**

Just to say Thank you to everyone who made Cakes, and came to the Pop-up, we made £60.00 for the Village Hall. It was a lovely morning, and a great atmosphere, lots of friendly chatter. This was mine and Karen's last Pop-up, we both just want to say a **Massive Thank-you** to everyone who has helped by making cakes, bringing extra tea & coffee, washing and wiping up and most of all just coming up to buy a slice of cake. I have had a fantastic 27 months of Pop-ups and met some lovely, lovely people in the Village and surrounding areas - whom I now regard as good friends. The "Pop-up" will go on and August is booked for the next date. Mary, in Flegg Green is making a fruit cake for this Pop-up, you promised Mary!!?! Keep coming as normal and I'll see you there, but on the other side of the counter.

*Jacqueline Butcher.*

### **New Skills Focus Group and Pasta Making event**

There was a powerful sense of shared community involvement in the Village Hall during the Pasta Making session, plus laughter and merriment, in a group ranging from teens to retired. Our lovely demonstrator, Sandie introduced us to the basic skills and techniques required to make pasta using flour, eggs and salt. Those incorporating their ingredients with fingers looked decidedly sticky at one point! After mixing and kneading the dough was left to rest – a perfect opportunity for a refreshment break and to sample the delicious array of cakes and scones provided by FOWVH contributors. There was then time to respond and reflect on our own ideas for further learning with a wide range of suggestions from PC skills to rug making. Gilly, Community Development Manager for NCC, is using this feedback in a letter of support for Wereham VH's Stage 2 Lottery application.

After the break, the pasta was kneaded, shaped, folded and rolled before being repeatedly put through the rollers of the pasta machine to thin the dough. Curious shapes started to emerge (including one every long scarf-like piece and another resembling a pop sock!). Teamwork was very much in evidence and a few very enthusiastic participants were, like their pasta, liberally spattered with

flour! Following further rolling and thinning, pasta shapes started to emerge – from machine processed linguine, hand-cut tagliatelle, to artistically shaped pasta bows. After instructions on drying, freezing, cooking and storing, the pasta was boxed up ready to be transported home.

Sandie then demonstrated 4 different no cook sauces – pesto, a delicious smelling avocado sauce, and 2 different tomato-based sauces, each assembled in minutes. By this time many of us were feeling hungry and delighted to learn we would be able to take samples of the sauces home to try. Participants left, many still laughing and smiling, with a feeling of achievement in creating something delicious and having fun at the same time.

22 people attended and registered, earning £11 per head to go towards our next Adult Education led New Skills event.

Thank you to those who participated, the 'clean up' team who stayed on to get the hall spick and span again afterwards and the wonderful cake makers for their yummy contributions. I'm already looking forward to the next event, whatever that might be. We are all acutely aware of the limiting factors of the present hall, but have had our eyes opened to the potential for future ventures in a modern purpose built facility.

*Sue Smith, New Skills Mini Project Co-Ordinator*

### **July Update from Wereham Village Hall Committee**

This month saw the last Pop up Café, run by Jacqueline and Karen. Little did Jacqueline know, two years' ago, when the doors opened on the very first Wereham Pop up Café, quite what a success it would become. There have been visitors from far and wide including passing holiday makers and returning customers who have travelled halfway across Norfolk to enjoy the delicious homemade cake and relaxed ambience. A huge thank you from all of us to both Jaqueline and Karen for their enthusiasm and dedication that have made this such a friendly, welcoming and enjoyable event.

**BUT PLEASE DON'T WORRY.....WHILST JAQ AND KAREN ARE TAKING A WELL EARNED BREATHER, THE CAFÉ WILL CONTINUE ON THE FIRST TUESDAY OF THE MONTH SO PLEASE DO CONTINUE TO SUPPORT US**

It is now just a month until the Annual Village Fayre on Sunday 6<sup>th</sup> September – make sure it's in your diary and if you would like to know more or get involved contact Doreen on 01366 500218, there are still a few spaces available if you

would like a stall.

We will also be holding our AGM on Monday 7<sup>th</sup> September at 7.30pm in the Village Hall, to which everyone is invited. Do join us to find out exactly what has been achieved in the last year.

If you would like to get involved with the Friends Group, we are always looking for new volunteers – there are jobs for everyone. Contact Doreen on 01366 500218.

### **Update from the New Build Project Team**

Our end-of-July deadline is looming and we're hard at work. The project architect, Liz from Parsons & Whitley, has been commissioned to create a report to resolve queries raised by the Stage 1 Lottery Application. To keep up to date on when the application is submitted, click 'Follow' on our facebook page [www.facebook.com/werehamvillagehall](http://www.facebook.com/werehamvillagehall)

We also ran two focus groups during June to help evidence the community's requirements for the new village hall. Our mini-project managers Rosemary Pease and Sue Candler organised and ran an afternoon tea event for the retired community, whilst Sue Smith arranged a 'Learning new skills' workshop. Thank you to all of you for your amazing enthusiasm and hard work (and also to Colin for help with setting up and Gordon for providing the fantastic afternoon tea!). Both events were hugely enjoyable and very well attended and have provided us with a wealth of new evidence to support our lottery application - you can read more about them elsewhere in the Wereham Village News section.

We also have another exciting opportunity to become part of the project. We're looking for a volunteer or volunteers who would be interested in co-ordinating the creation of a youth group/youth activities. This is for the purpose of delivering activities in the new hall and to evidence to the lottery that we have the resources to meet the communities needs. There will be full support and guidance from the Project Team, plus start up costs will be funded via the project. Interested? Give Victoria a call on 501277 or email on [darren.gray@tesco.net](mailto:darren.gray@tesco.net).

Thank you all for your continued support from the project team - *Victoria Gray*,



## Events list

**Bingo** - Wereham Village Hall "Cash Prize" Bingo every Wednesday, doors open 6.45 eyes down 7.30pm. Teas/coffees available with complimentary biscuits. For enquiries please contact Doreen on 01366 500218.

**Pop up Café** – first Tuesday of the month, 10.30-12. Next dates are Tuesday 4<sup>th</sup> August and Tuesday 1<sup>st</sup> September. Join us for a slice of homemade cake. a hot drink, a natter and a read of the daily papers – all for just £1. Cake donations/ queries to Doreen on 01366 500218.

**Indoor/Outdoor Car Boot** – last Sunday of the month, 9am-1pm (café opens at 8am). Next dates Sunday 30<sup>th</sup> August and Sunday 27<sup>th</sup> September. Café serving bacon butties, hot dogs and hot drinks. £5 pitch or, if you have earned time credits, there are two pitchess/tables available at a cost of 4 time credits each. To book call Colin on 07961130251/01366 502281.

**Wereham Village Fayre** – Sunday 6<sup>th</sup> September 10am – 4pm. Including car boot, dog show, vintage cars and tractors, games and competitions and much, much more. Contact Doreen on 01366 500218.

**AGM** – Monday 7<sup>th</sup> September, 7.30pm

**For all the pictures and feedback** from our events, log onto [www.facebook.com/werehamvillagehall](http://www.facebook.com/werehamvillagehall). By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

If you have any queries with regards to the plans for funding a new village hall, or anything we're doing, please contact Victoria Gray, Chair, Wereham Village Hall Committee

Home: 501277 Mobile: 07725513583

### Fincham Chorus

Fincham Chorus held its 2<sup>nd</sup> AGM with Chairman, J Delderfield and Musical Director, R McKie, both reporting on a highly successful year. The Chorus has performed publicly on 6 occasions, and, in the process, enhanced both its confidence and reputation. Later this year, on 26<sup>th</sup> September, the Chorus will be performing several songs at the Aspires Cabaret Night. In December the group will celebrate 10years since its debut singing "The Twelve Days of Christmas," in St Martin's Church. It has come a long way since then. A concert is planned for Saterdag 12<sup>th</sup> December.

The Committee remains the same – Chairman -J Delderfield, Treasurer – J Lunan, Secretary – S Westwood and S Reid. The Chorus meets every Thursday, (with a break through August,) at 7.00pm in Fincham Memorial Hall. New members will be made most welcome, especially tenors, who are in short supply! The Chorus is also looking for a

Email: [darren.gray@tesco.net](mailto:darren.gray@tesco.net) or via [www.facebook.com/werehamvillagehall](http://www.facebook.com/werehamvillagehall)

### **St Margaret's Festival Teddy Bears' Picnic**

Dear Human Friends from Wereham

I write on behalf of all the bears who were invited to Margaret's Festival Teddy Bears' picnic, in the church on 19<sup>th</sup> July.

It was a truly lovely afternoon full of fun, laughter and good company. We were in beautiful peaceful surroundings and had the bonus of good weather. To be honest I was not sure what to expect.. ..you see we bears get taken to all sorts of places...mostly I have to say...to bed! Also to the bath, on holiday, on trains, in cars. Sometimes we are forgotten and have to go in bags to police stations and lost property offices to wait for ages to be collected. Sometimes we lie in gutters and sometime we are left on planes. Anyhow to be invited 'to tea' was a bit special....

.....So on the evening before the tea we had to be put in bags, with labels, and spend the night with two nice ladies in Wereham...then we were to taken to church. (I think they were a bit worried they would lose us). Some bears had special outfits and wore best clothes. The ladies showed us where to sit and it was all organised very well. There was even music in the church....a lovely version of 'the teddy bears' picnic' and other nice tunes played by 'Mr. Tom'.



There were lots of bears there, some I had never meet, some from Norwich (a very long way to come for tea!). Others I had not seen for years....do you know there where two 'oldies' of 60 and 67....how amazing to still be loved after so many years!

There was lots going on outside but we were very happy to stay inside on our picnic blankets. At 'home time' we all left with a little present for our owners...a

very small bear to join our families.

*That evening I was thinking what Winnie-the-Pooh said:- 'Some People care too much....I think it's called love'*

Thank you all for asking us to visit and a big thank you to ALL THE PEOPLE who helped make the whole day such a success.

## **Beachamwell Book Group**

**Tuesday 4th August**

7.00 - 9.00pm

Beachamwell Memorial Hall

Book to be discussed at this meeting  
'Girl Under the Olive Tree'  
by Leah Fleming

Annual subscription £15.00  
**New members welcome**

Enquiries:  
Leah Spencer 01366 328536



## **Beachamwell WI**

**Thursday 6th August**

2.00pm

**42 The Green**

### **'Garden Meeting'**

Visitors Welcome

Tickets £3.00

Enquiries:  
Jenny Gabrielsen 01366 328297

## **Beachamwell Horticultural Society Annual Show Sunday 16 August**

Beachamwell Memorial Hall

Entries to hall: 8.30-10am  
Open to public: 2pm  
Cups and Prizes: 3pm

Enquiries:  
Leah Spencer 01366 328536

## **Beachamwell & Fincham Family History Group**

**Tuesday 18th August  
2 – 4pm**

Beachamwell Memorial Hall

'Family Occupations over time ...'

£2 All welcome

Enquiries:  
Janet Lynskey 01366 347694  
or  
Leah Spencer 01366 328536

## **Beachamwell WI Craft Evenings**

**Tuesday 18th August  
Tuesday 15th September**

7.30 - 9.30

Beachamwell Memorial Hall

Share a wide range of yarn and  
fabric crafts

Non-members very welcome  
£3

Enquiries:

Helen Ranger 01366 328589

Maggie Mackenzie 01366 327023

## **Beachamwell Afternoon Tea and a Chat.....**

**Wednesday  
19th August**

**2 - 4pm**

**Beachamwell  
Memorial Hall**

Enquiries

Sonia Williams

07802 155662

## **Beachamwell Craft Group**

**Thursday 27th August**

2 - 4.30pm

Beachamwell Memorial Hall

Bring along something you are  
already working on or start a new  
hobby in a friendly group of like  
minded people.

£2.00 + Bring and Buy

All welcome.

Enquiries:

Leah Spencer 01366 328536

## **GROUP HARVEST SUPPER**

**FRIDAY 18<sup>TH</sup> SEPTEMBER**

BEACHAMWELL MEMORIAL HALL

STARTING AT 7.30 P.M.

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**AUGUST**

**Civil War Re-enactment**

**Saturday 1 and Sunday 2 August, 11am – 4pm**

The Civil War comes to Oxburgh. See the 17<sup>th</sup> Century Life & Times re-enactment group and learn more about this notorious period of history. Wonderful fun for all the family. N.B. There will be loud musket & cannon fire at this event.

**Normal admission**

**Tudor Tuesdays**

**Each Tuesday in August**

Discover what it was like to be the milk maid or the master in Tudor Britain. Using replica costumes our volunteers will transport you back in time.

**Normal admission**

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**The Community Centre, Campinglands,**  
**Swaffham, PE37 7RB**

Tel: 01760 721271

Email: [admin@homestartswaffham.org.uk](mailto:admin@homestartswaffham.org.uk)



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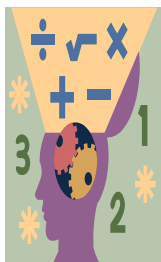
**Rebecca Judge RNMH, BSc, MSc, MAREBT, BABCP**

**EMDR & Psychotherapist on:**

Tel: 01366 320782 Mob: 07530 928070

Email: [enquiries@cbtnorfolk.co.uk](mailto:enquiries@cbtnorfolk.co.uk)

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**New research from the British Trust for Ornithology (BTO) just published in the international journal Biological Conservation, shows how data collected by an army of volunteer citizen scientists have been used to map bats in unprecedented detail. The 'Norfolk Bat Survey' began in 2013, and has since been extended to some neighbouring parts of East Anglia by popular demand.** The Survey's organisers have taken advantage of advances in technology to map bat distributions, and activity on a scale never before seen. Bat monitoring has traditionally been challenging, because most species are nocturnal, wide-ranging and difficult to identify. Developments in passive bat detectors, which automatically trigger and record passing bats, along with software for semi-automating the analysis of resulting sound files, have allowed BTO scientists to overcome these obstacles. The Norfolk Bat Survey relies on a network of 'Bat Monitoring Centres' from which members of the public borrow passive bat detectors. With 786 1-km squares (about 15% of Norfolk) covered over two years, the Survey has generated over 600,000 bat recordings, making it one of the most extensive high-quality datasets for bats from anywhere in the world after only two seasons. The project has improved our understanding of spatial patterns of bat distribution and activity of all species, from the near-ubiquitous Common Pipistrelle to the locally scarce Leisler's Bat for which the number of records has increased from 10 to almost 300. The study also reveals how bat activity varies through the year. For example, the project shows how several species disperse after breeding into areas that they are not reported from earlier in the season.

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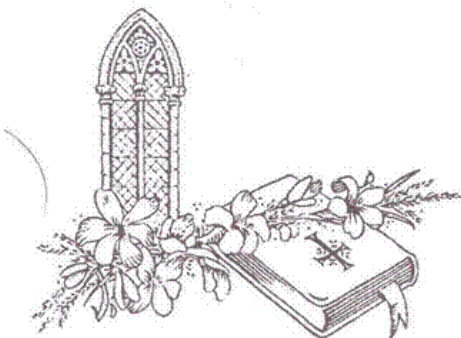
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## Children's Bible Quiz

1. What was the first thing that God created?
2. Which day did God create plants?
3. What was the boat Noah built called?
4. How many of each type of animal did Noah have on the ark?
5. What is the symbol of God's promise to Noah?
6. Who received the 10 commandments from God?
7. What are we told to do in the fifth commandment?
8. What was the name of Moses' brother?
9. What food do we ask God to give us in the Lord's prayer?
10. People look on the outward appearance, but what does God look on?
11. His father gave him a coat of many colors.
12. Who was thrown into a lions' den by King Darius? This person prayed to God three times a day.
13. This young boy defeated a giant.
14. This prophet was swallowed by a fish.
15. What animal was often used for transportation in the Bible?
16. Who was the Son of God?
17. What was the name of Jesus' mother?
18. What did Jesus' father do for a job?
19. Jesus told a parable about a prodigal \_\_\_\_\_.
20. What is the shortest verse in the Bible?
21. How many disciples or apostles did Jesus have?
22. Which of the apostles betrayed Jesus?
23. What is another name for the sermon on the mount?
24. What did Jesus feed to 5,000 people?
25. What was the name of the Sea where Jesus calmed a storm?

25. the sea of Galilee

23 the Beatitudes 24 five loaves of bread and two small fish

wept 12. twelve 22. Judas

nah 15. camel or donkey 16 Jesus 17. Mary 18. carpenters 19. son 20. Jesus  
mother 8. Aaron 9. bread 10. the heart 11. Joseph 12. Daniel 13. David 14. Jo-  
1. light 2. third 3 an ark 4. two 5. Rainbow 6. Moses 7. honour our father and our



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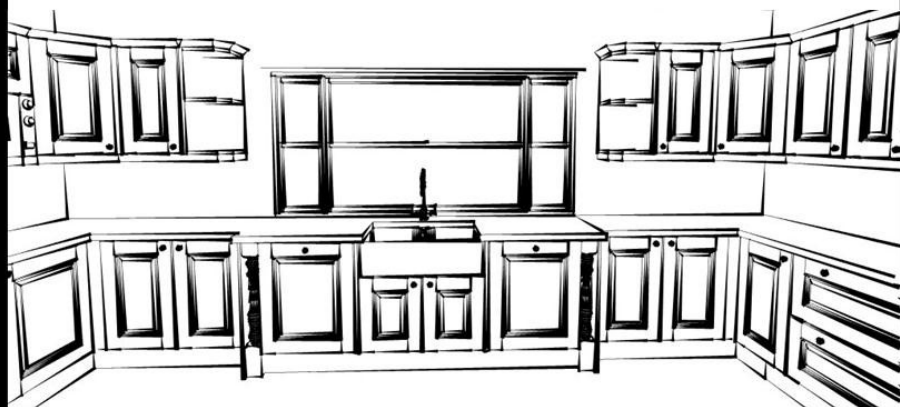
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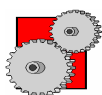


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Bells have been part of the English way of life for many years. They have been used as a means of warning (especially from a church) and horses had them on their harness to herald their approach. Court jesters wore tinkling bells. Public clocks announced the hours to those without a clock of their own. Churches used them (and still do) to call the faithful to worship and to remind others that a service was about to take place. Church bells were used to call people to the fields. There was a Seeding Bell, a Harvest Bell and a Gleaning Bell to warn that it was time to start or finish work. A Pancake Bell was rung to remind of Lent and an Oven Bell to warn that the Lord-of-the-Manor's ovens were hot and they could bake their bread. Curfew bells were also sounded. William I had one rung to warn all men to put out their lights at 8 pm and to rest, although this was later abolished by Henry I in 1100. It is said that the ringing of a bell told sightseers at "Bedlam" (the Hospital of St Mary of Bethelhem which was at Bishopsgate, London, until 1815) that the inmates of the asylum could be seen. Visiting an asylum to watch the antics of its inmates was a recognised form of entertainment.

Small bells attached to certain public clocks gave free entertainment. These performing clocks go largely unnoticed. Few have time to watch the giant wooden figures (known as "jacks") on the Church of St Dunstan-in-the-West, in London's Fleet Street, strike the quarter hours. The same is true for the Grenadier at Wimbomborne Minster, the contest of the two Knights at Wells and the two soldiers on Carfax Tower in Oxford.

When bells are mentioned, one tends to think of those which hang in churches, rather than those found elsewhere. Church bells, the bitter-sweet sound of just one or the majesty of a whole peal, have been mentioned in poetry and song. They have become part of the English heritage. A visitor to a church may have seen a band of ringers pulling the ropes, the bells and their inscriptions or the peal boards on the walls, and have become curious about this ancient English tradition.



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## CHILDREN'S PAGE

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## BIBLE QUIZ

1. How many books are there in the Bible?
2. How many books are there in the Old Testament?
3. How many books are there in the New Testament?
4. Which is the shortest book in the Bible?
5. Which is the longest book in the Bible?
6. Which is the shortest chapter in the Bible?
7. Which is the longest chapter in the Bible?
8. Which is the shortest verse in the Bible?
9. Which is the longest verse in the Bible?
10. Which chapter of which book has been calculated as being at the middle of the Bible?
11. Which is the first book in the Bible?
12. Which is the last book in the Bible?
13. Which is the first book in the New Testament?
14. Which is the last book in the Old Testament?
15. In what year was the Authorised Version of the Bible first produced?
16. Which English monarch was responsible for the Authorised Version of the Bible?
17. What are the first three words of the book of Genesis?

1. Sixty Six (66)
2. Thirty Nine (39)
3. Twenty Seven (27)
4. 2nd Epistle of John (by number of verses: 13) 3rd Epistle of John (by number of words)
5. Psalms (150 Chapters)
6. Psalm 117 (2 verses)
7. Psalm 119 (176 verses)
8. John 11 v 35 (2 words: "Jesus wept")
9. Esther 8 v 9 (78 words)
10. Psalm 118
11. Genesis
12. Revelation
13. Matthew
14. Malachi
15. 1611
16. King James
17. "In the beginning"





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